The Daily Iowan Iowan Coverage

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IOWA'S MATERNAL CARE CRISIS

Midwives are working to provide higher access to care in Iowa's rural communities.





Emily Nyberg Visuals Editor emily-e-nyberg@uiowa.edu

fter several hours in the Swanson family home, Midwife Moira Weitz crouched at the edge of the bed in the main bedroom. Weitz was advising soon-to-be father James Swanson on how to catch his baby while another midwife supported Megan Swanson through her final contractions.

Once the healthy baby boy was born, Weitz's counterpart, Allie Kubik, left to take care of the paperwork and check the vitals of the newborn. Weitz turned her attention to Megan Swanson, helping the mother start to deliver the placenta, and bringing ingredients from her garden to help control postpartum bleeding and discomfort.

Weitz delivered all her children using a midwife and, after her fourth child, she looked into becoming a midwife herself. Weitz shadowed her own midwife at multiple births and was inspired to work toward her certification.

Weitz and Kubik started their own practice, Rooted in Love Midwifery, which

has seen an increase in workload in recent years as communities across Iowa have lost access to maternity care.

In August, the national nonprofit organization March of Dimes — dedicated to improving the health of mothers and babies in the U.S. — released a report designating a third of Iowa's counties as maternity care deserts, meaning they have no obstetrics and gynecology services or birthing hospitals.

Weitz's career

Weitz has been a practicing midwife for 19 years.

In 2005, Weitz started an apprenticeship, working to become a primary midwife. Seven years later she became a Certified Professional Midwife through the North American Registry of Midwives, the licensing board for CPMs that utilizes a Portfolio Evaluation Process and skills testing.

Weitz practiced midwifery for six years before she went back to school and

MIDWIFE | 2A

Emily Nyberg | The Daily Iowan

(Top) Allie Kubik, a Certified Nurse Midwife with Rooted in Love Midwifery, helps Megan Swanson after delivering her first child in the Swanson family home in Cedar Rapids on Sept. 21. Kubik started Rooted in Love Midwifery with Moira Weitz, a fellow CNM. (Middle) Kubik uses a stethoscope to check Swanson's newborn son's heartbeat after her home birth on Sept. 21. (Bottom) Kayla Harajli, a CNM with With Women Midwifery working out of West Des Moines, shows Abby and Carson the sonogram of their first child on Sept. 19.

Lifelong Hawkeye fan honored with annual memorial bike ride

'Lude Ride' reached its ten-year anniversary this year.

Isabelle Foland

News Reporter isabelle-foland@uiowa.edu

Mark Lebeck had many qualities that made him stand out in a sea of Hawkeye fans, with bright blonde hair, piercing blue eyes, an infectious smile. But most of all, his intense passion for all things Hawkeye sports.

His wife, Christy Lebeck, said he used to stretch before watching any Hawkeye game because he would be up cheering so often. His son, Hayden Lebeck, said he remembers him as being the loudest fan in their section at football games, and maybe even the entirety of Kinnick Stadium.

When Mark Lebeck died of an unexpected aneurysm in March 2014, his loved ones knew they had to find a way to commemorate him in a way that is as special as he was.

This desire was how "Lude Ride" was created. Every year since 2014, Mark Lebeck's friends and family have met up in Iowa City and biked to various loca-

M K

tions Lebeck liked to frequent, including the Hilltop Tavern and George's Buffet. This year marked the 10th year of the Lude Ride.

Mark Lebeck, whose nickname in high school was "Lude," was a diehard Hawkeye fan who owned the same seats in section 130 of Kinnick Stadium from 1999 up until his death, when they were transferred to his wife, Christy Lebeck.

When Mark Lebeck died at 45 years old, he had received two master's degrees from the University of Iowa and was working on obtaining his doctorate in industrial hygiene.

His son, who was 8 years old when Mark Lebeck died, said he cherishes his memories of his dad as well as the stories shared with him by his father's friends at the rides.

Hayden Lebeck, named after iconic Hawkeye football coach Hayden Fry, is now a first-year student at the UI studying chemistry. Hayden Lebeck said his dad is the source of inspiration for a lot

BIKE | 3A

ELECTION



Grace Smith | The Daily Iowan

lowa City voters cast their votes at the Iowa City Community School District administration building on Dodge Street during Election Day on Nov. 7. Iowa City residents voted Nov. 7 for city and school board elections. Seven candidates were on the ballot for four spots on the Iowa City Community School Board. Two At-Large seats plus one seat in District A and one seat in District C were on the ballot for the Iowa City Council.



More online

See *The Daily Iowan's* coverage of the Nov. 7 Iowa City City Council and school board elections at **dailyiowan.com**.

MIDWIFE from 1A

pursued a degree in nursing. She first attended Kirkwood Community College in 2017 to get an Associate of Science degree while working as a labor and delivery nurse.

In 2019, Weitz left the state and earned a Bachelor of Science in Nursing from the University of Cincinnati, and in May, a Master of Science from Bethel University.

While working in labor and delivery, Weitz met her business partner, Kubik. At the time, Kubik was a labor and delivery nurse working toward her Certified Nurse Midwife license.

The two Certified Nurse Midwives created Rooted in Love Midwifery, a midwifery practice serving people around the Cedar Rapids area. The practice previously served a 40-mile radius but has moved toward a tighter margin in recent years as demand has grown.

lowa's maternal care desert

The care disparity in Iowa is largely credited to hospital closures after depopulation in rural communities, which was worsened by the COVID-19 pandemic. Between 2020-21, eight Iowa hospitals saw the closure of their labor and delivery units, and 40 more were at risk of total closure in 2022 due to low or non-existent financial reserves, and a negative financial margin over three years.

According to March of Dimes, the farther a woman travels to receive maternity care, the higher the risk of maternal morbidity and poor outcomes for infants.

On average, women in Iowa travel nearly 11 miles, and over 16 minutes to a hospital with birthing resources. Women in maternity care deserts travel three times farther than women in areas with full maternity care access.

March of Dimes reported that nearly 22 percent of babies born in Iowa are born to women in rural communities, while only 9 percent of maternity care providers practice in those rural communities.

What are midwives?

Most people associate midwives with delivering babies. Kayla Harajli, a Certified Professional Midwife at With Women Midwifery, based out of West Des Moines said their scope of care is much broader.

"It's not just delivering babies, because I know a lot of people just think about delivering babies and that is definitely a highlight of it, but we can really care for women throughout their lifespan," Haraili said.

A licensed Certified Nurse Midwife can provide care for clients from puberty through menopause, Harajli said. Care can include, but is not limited to, annual physicals, preconception and contraception education, and birth.



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Emily Nyberg | The Daily Iowan

Analee Heckart and her family attend a prenatal appointment with Kayla Harajli, a certified nurse midwife with With Women Midwifery out of West Des Moines, Iowa, on Sept. 19. In August, March of Dimes, a nonprofit dedicated to improving maternal health in the U.S. designated one-third of Iowa's Counties as maternity care deserts, meaning they have no OB-GYNs or birthing hospitals, however, midwives like Harajli are working to fill this is disparity.

"Right now there is not much accountability if something happens. So it will hold the midwives accountable to a standard of care." Weitz said. "[People] can go and say, 'Hey, I have issues with a midwife,' and the Board of Nursing will say to us, 'Hey, this wasn't your standard of care."

The council will advise the board regarding licensure, continuing education requirements, scope of practice, and other standards.

The law also allows midwives to order labs, ultrasounds, and certain medications, which they will also be able to administer to their clients. Weitz said some midwives are already doing this out of necessity for their clients, however, the law will make providing the proper care more accessible.

Harajli, who has practiced since 2012, currently operates in a 90-mile radius around West Des Moines. She said the legislation will greatly impact maternal health care in Iowa.

"I think we all know that we had maternity deserts in Iowa, and there's a lot of people that live very long ways from maternal health care," Harajli said. "Creating a license for a CPM and making them legal will encourage more people to become a CPM and become a midwife and provide those services."

mon fetal cause of death.

According to the Iowa Legislative Services Agency, the startup costs of establishing a new licensing board would require an estimated \$149,000 in fiscal 2024. Ongoing costs are anticipated to be an additional \$43,000 annually.

It has not taken long for this legislation to make an impact. In September, Iowa saw its first nurse-midwifery degree program at the University of Iowa Hospitals and Clinics.

The program is part of the Iowa Maternal Health Innovation Program. It is meant to be a five-year collaborative effort by the Iowa Department of Health and Human Services and UI Health Care to create more access to obstetric and gynecologic care in Iowa.

Life as a midwife

Being a home birth midwife means always being on call. Weitz said she has to have backup plans every day. The plans must consider how far away she is from her clients, whether she will have cell phone reception, and what she will do with her own children if she is called to a birth.

"Sometimes it affects your

"I think the fact that they were asking about me, how I was doing mentally, how I was doing physically, just made me feel like they cared more about me and not just the pregnancy. They cared about me as a whole person. So I felt really close to my midwives."

> Megan Swanson Client of a midwife

throughout pregnancy, delivery, and postpartum.

Swanson's interest in natural home birth began before her pregnancy. She did not come across Rooted in Love Midwifery until after her first obstetrics appointment where she was unsatisfied with the level of care that was provided. She said she felt rushed and didn't receive the attention she felt was needed.

"I had only one appointment in an OB office and that one appointment I felt like was just really short," Swanson said. "The OB came in and answered, like maybe one question that I had, and then was just kind of on her way to go to the next patient.'

At her appointments, Weitz and Kubik would take her blood pressure, measure the baby, listen to her heart, and answer Swanson's questions. Swanson said she felt the con-

versation was geared toward her health and well-being while working with a midwife. "I think the fact that they were

asking about me, how I was doing mentally, how I was doing physically, just made me feel like they cared more about me and not just the pregnancy," she said. "They cared about me as a whole person. So I felt really close to my midwives.'

During a client's pregnancy, they will have around 12 visits with their midwife, starting with an office visit every four weeks until the 28th week, when the frequency steadily increases until around 36 weeks. That's when the first home visit takes place.

"Oftentimes people are like, alright, we want to hire you and we're like, well, just go and think about it at least overnight and then get back to us," she said. "Typically, people get back to us right away ... we're the only

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Harajli said a majority of her non-maternal client load comes from those who were seen throughout their pregnancy and continued to seek care afterward.

"As you increase licenses, it's just going to increase access to midwives throughout Iowa," she said. "I think as we have more midwives and have increased access to midwives, they will become more the norm."

A path to midwife licensure in Iowa

Until June, Iowa was one of 15 states without a licensing process for Certified Professional Midwives. However, in June, House File 265 was signed into law requiring practicing midwives to obtain a license through the Iowa Board of Nursing beginning in July 2024.

CPMs, unlike Certified Nurse Midwives, practice mainly at home and are not required to have a nursing license. However, under the new legislation, they will have more eyes on their practice and standard of care through the creation of a Midwifery Advisory Council under the Iowa Board of Nursing.

Supporters of this legislation include Iowa Rep. Bobby Kaufmann, R-Wilton, the bill's floor manager, along with U.S. Rep. Ashley Hinson, R-Iowa, who has been active in the effort to increase maternal health care in Iowa through midwives.

Hinson hopes to make maternal health care a national conversation through proposed legislation.

In a press release on June 2, Hinson introduced a bipartisan act with New Jersey Rep. Bonnie Watson Coleman, D-Ewing. The Midwives for MOMS Act aims to expand access to midwifery in the U.S.

'Many women in rural Iowa have to drive over an hour to see their OB-GYN. With the growing maternity care provider shortage, increasing midwifery services is a proven way to help expecting moms get the care they need," Hinson said in a press release.

As of 2021, the maternal mortality rate in the U.S. is 32.9 deaths per 100,000 births, according to the Centers for Disease Control. Iowa's fetal mortality rate was 3.23 percent the same year, with maternal conditions being cited as the third most comsleep if you know that a mama is just kind of tending toward labor. Sometimes you're a little more anxious," Weitz said.

The Iowa midwife community is trying to combat the stresses of the occupation by working with those from other practices in the area to cover for each other.

Harajli said With Women Midwifery is in the process of creating a coverage agreement with other midwives in eastern Iowa, where if a midwife is unavailable, another could take on the care of a laboring mother. Currently, they work with another practice to guarantee at least five days off a month.

"It's nice just because I can plan that on my kids' birthdays, I know that I'm not going to have to rush out in the middle of cupcakes,² Harajli said.

Working with midwives

Megan Swanson gave birth to her first child in her and her husband James' home in September. Weitz and Kubik served as Swanson's midwives and provided care for her



Emily Nyberg | The Daily Iowan

Analee Heckart and three of her four children sit on the floor of their home in Marshalltown, Iowa, on Sept. 25. Heckart is due to deliver her fifth child in November, with the care of Kayla Harajli, a certified nurse midwife who works at With Women Midwifery out of West Des Moines.

nurse midwives in the area, so we typically are the ones that get hired."

Navigating home birth

At the end of Swanson's pregnancy, she was faced with the potential of being transferred to a hospital because of high blood pressure.

[Weitz and Kubik] always made it clear that that was potentially going to happen, and I appreciate their honesty" she said. "I trusted them with my care and knew that they would do what was best for me."

Home birth is typically a route for low-risk pregnancies like Swanson's, Weitz said. Even with this being the case, things can change throughout delivery, she said.

When changes need to be made to the birth plan, Weitz respects the wishes of the mother but always puts the safety of mothers and their babies first.

"We have conversations with moms and partners and oftentimes are like, 'Alright, let's just [go] two more hours and we will keep trying," she said. "It's like, yes, of course ... but we also want to make sure that we're going in before you're completely exhausted."

When a transfer is needed, Weitz will call the hospital and let them know she and the mother are on the way, or if emergency services are needed, place the call to the ambulance company.

Weitz and Kubik will provide postpartum care but also help clean up, do laundry, and check that the parent and baby are okay before heading home.

After birth, Weitz and Kubik returned to the Swanson family home for a wellness check 24 hours after birth. Typically they stay on call for clients for six weeks postpartum before seeing them for a closing visit. For the babies they deliver, midwives are allowed to provide care until the child is 28 days old.

"I just felt like the birth experience was so empowering. And I would do it all over again in a heartbeat," Swanson said. "I just think that it's just really cool having a baby, the way that your body was designed to have a baby but also doing it in the comfort of your own home.

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JoCo recorder recognized for LGBTQ+ advocacy

Kim Painter received the Rick Graf award for her help legalizing gay marriage in Iowa 19 years ago.

Roxy Ekberg News Reporter *roxy-ekberg@uiowa.edu*

Kim Painter described the topic of gay marriage as "politically volcanic" before it was legalized. Painter, the Johnson County recorder, advocated for the LGBTQ+ community and gay marriage through protest.

Painter received the Rick Graf Award from the Iowa City Human Rights Commission on Oct. 25, which recognizes the longterm commitment to a specific cause or for the benefit of a specific group of persons. Painter was awarded for her advocacy for the LGBTQ+ community, which helped legalize gay marriage in Iowa.

The award comes 19 years after Painter assisted in a demonstrative protest for same-sex marriage licenses.

Iowa City protestors and Painter set up an event on Feb. 27, 2004, during which forty couples came to the recorder's office requesting same-sex marriage licenses and Painter would deny them the license.

Painter referred to the event as a "ceremony of denial," saying she felt as though the rejection should be dignified in the same way as a marriage license.

The couples knew beforehand that they would be denied, but Painter said denying them was still hard. However, Painter said if she had accepted the licenses, the backlash could have led to a constitutional amendment banning gay marriage which would make it impossible for gay marriage



Sara Stumpff | The Daily Iowan

Kim Painter, recorder for Johnson County, poses for a portrait in Iowa City, on Oct. 31. Painter recieved the Rick Graf award from the Iowa City Human Rights Commission for her help legalizing gay marriage in Iowa.

to be legalized in the future.

The event garnered heavy media attention and pushed the conversation of marriage equality, highlighting the constitutionality issue of equality and same-sex marriage.

Five years later in 2009, gay marriage became legal in the state of Iowa, making it the third state to allow same-sex couples to marry.

Painter recalled being in the Johnson County boardroom when the legalization was announced.

"Everybody just went crazy. So it was

really a moment," Painter said. "It was very cool, of course, and you just think 'This is history."

Painter said gay marriage wasn't a topic of conversation when she ran for recorder in 1998.

"When I ran for recorder, [gay marriage] wasn't even on the radar, it wasn't even a thing people were talking about," Painter said.

When the topic of gay marriage came to her office, Painter had to decide what to do. She said saying no to the licenses was the right thing for everyone, and even though the reward came much later, it was well worth it.

Painter said the award was more special because she knew Rick Graf personally, as the two worked together during the AIDS crisis in Iowa City.

As well as serving as county recorder since 1999, Painter has been involved with the Women's Resource and Action Center, the Iowa Commission on the Status of Women, and served as vice president for the Iowa State Association of Counties.

Painter was nominated for the Rick Graf award by Johnson County Board of Supervisors Vice Chair Rod Sullivan. Both county officials attended the University of Iowa at the same time.

"I was super impressed by her, and when I started to realize all the important work she was doing, I really admired her from the beginning," Sullivan said.

Sullivan said he thought it was shocking that Painter had not yet won the award considering her involvement was largely based in the early 2000s.

Doug Kollasch of the City of Iowa City's Human Rights Commission helped evaluate the nominations for the award, and said Painter stood out for her record and reputation in Iowa City "as a staunch defender and supporter of the rights of LGBTQIA individuals."

Kollasch said it is important to recognize individuals for work like Painter's because it is a testament to the impact one person can make, and individuals like Painter and other award recipients improve our community, society, and world.

BIKE from 1A

of what he does, and he strives to be as great of a person as his dad.

"He was one of the best people that anybody can ever really talk to," Hayden Lebeck said. "I aspire to be like him because everybody loved him."

Two of Mark Lebeck's friends, Brad Dunlap and Kirk Fellows, plan the entire ride each year, including where the stops are, the route to get to each stop, and spreading the word to Mark Lebeck's friends and family. Generally, the ride takes place on a Saturday in mid-September to early October.

Dunlap said it has been easy to keep the tradition going for so long because Mark Lebeck meant so much to his loved ones.

"At the end of the day, it's not that hard to pick a Saturday and to find a few places around town and make it happen," Dunlap said. "[Fellows] and I both take the mindset that it doesn't have to be perfect, we just have to do it."

Fellows said the ride has been a way to stay in touch with Mark Lebeck's family and to make new connections with people who also loved and cared for him.

Christy Lebeck said the ride has built a strong connection between her and Mark Lebeck's loved ones, and they've helped her through many tough times, including raising her son without his dad.

"People lose hope in humanity all the time, like people don't help other people," Christy Lebeck said. "That is not my experience. They've always been here for me [and] they've always been there for Mark."

"I aspire to be like him because everybody loved him."

> Hayden Lebeck Mark Lebeck's son



Jordan Barry | The Daily Iowan

Brad Dunlap stores a bicycle in the Black Pearl, a team support bus used in RAGBRAI, during the tenth annual Mark Lebeck "Lude" ride in Iowa City on Oct. 28.



Kick-Off June Pride Month

JOINUS National Philanthropy Day: STUDENTS GIVING BACK

FEATURING:

*AJ EDIGER and KYLIE FEUERBACH -Iowa women's basketball

*JASMINE SANASINH -UI Student Advancement Network

*SUSHMA SANTHANA - UI Dance Marathon

MODERATOR:

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WEDNESDAY, NOVEMBER 15 | 4 p.m. Iowa Memorial Union, Black Box Theater





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> We are happy to link arms with the Coralville Pride Festival this year as a partner and are grateful for their support. It's a beautiful collaboration!

> > – John Boller, Executive Director, Coralville Community Food Pantry

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KEEPING CARE CLOSE: IOW

From working as a labor and delivery nurse to starting her own midwifery practice, Moira Weitz has worked to provide maternal care for women in Iowa over the past 19 years. One of her clients includes first-time mother Megan Swanson, who Weitz and her business partner Allie Kubik cared for through her pregnancy, delivery, and postpartum period. Weitz and Kubik provided emotional support and coaching to make Swanson feel safe and comfortable delivering at home.





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KEEPING CARE CLOSE: IOWA'S MATERNAL LANDSCAPE

rom working as a labor and delivery nurse to starting her own midwifery practice, Moira Weitz has worked to provide maternal care for women in lowa over the past 19 years. One of her clients includes first-time mother Megan Swanson, who Weitz and her business partner Allie Kubik cared for through her pregnancy, delivery, and postpartum period. Weitz and Kubik provided emotional support and coaching to make Swanson feel safe and comfortable delivering at home.





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Emily Nyberg | The Daily Iowan (Top left) Moira Weitz makes Fire Cider in her home in Marion, Iowa. Fire Cider is a holistic healing beverage Weitz and her family drink and give to friends and family to help treat clients with issues like postpartum bleeding and to ease discomfort. (Top middle) Weitz and her youngest son prepare the ingredients for Fire Cider in the kitchen of their home in Marion. Weitz has seven childen who were all delivered at home with a midwife. Her relationship with her midwife is what led her down the path of midwifery after the birth of her fourth child. (Top right) Weitz digs turmeric from her garden at her home on Sept. 24. She uses ingredients grown in her garden and purchases from co-op grocery stores to make natural health and wellness supplements like fire cider, an immunity blend of fruits, spices, and herbs. (Middle) Weitz supports Megan Swanson as she delivers her first child in her and her husband James' home in Cedar Rapids on Sept. 21. Weitz started Rooted in Love Midwifery with Allie Kubik, a fellow CNM. In August, March of Dimes, a nonprofit dedicated to improving maternal health in the U.S., designated one-third of Iowa's counties as "maternity care deserts," meaning they have no OB-GYNs or birthing hospitals. Midwives like Kubik and Weitz are working to fill this gap. (Bottom left) Swanson and her husband James look at their newborn son during their 24-hour check up with Kubik on Sept. 22. Midwives like Kubik can provide care for the babies they deliver for up to 28 days after birth. For clients, midwives can provide primary care from puberty through menopause. (Bottom middle) Weitz helps Swanson clean up and use the restroom after delivering her first child, while her husband holds their son in the bathroom of their home in Cedar Rapids. Swanson labored for four hours before her son was born. (Bottom right) Weitz comforts Swanson through a contraction during her home birth. Swanson brought Weitz and Kubik onto her care team after the first trimester of her pregnancy, after having a negative experience with a clinical setting at an obstetrics office. Swanson said having a midwife made her feel more comfortable and supported through her pregnancy and delivery.

Find more online:

Read more about Weitz and the role of midwives in Iowa's maternal landscape online at **dailyiowan.com**.

"I think it is also really important that women give birth where they are most comfortable, whether that is in a home or a hospital, because if you are uncomfortable; or if you are stressed in any environment, your labor is just not going to progress as well as it could or should."

> Moria Weitz Certified Nurse Midwife



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A'S MATERNAL LANDSCAPE







Emily Nyberg | The Daily Iowan

(Top left) Moira Weitz makes Fire Cider in her home in Marion, Iowa. Fire Cider is a holistic healing beverage Weitz and her family drink and give to friends and family to help treat clients with issues like postpartum bleeding and to ease discomfort. (Top middle) Weitz and her youngest son prepare the ingredients for Fire Cider in the kitchen of their home in Marion. Weitz has seven childen who were all delivered at home with a midwife. Her relationship with her midwife is what led her down the path of midwifery after the birth of her fourth child. (Top right) Weitz digs turmeric from her garden at her home on Sept. 24. She uses ingredients grown in her garden and purchases from co-op grocery stores to make natural health and wellness supplements like fire cider, an immunity blend of fruits, spices, and herbs. (Middle) Weitz supports Megan Swanson as she delivers her first child in her and her husband James' home in Cedar Rapids on Sept. 21. Weitz started Rooted in Love Midwifery with Allie Kubik, a fellow CNM. In August, March of Dimes, a nonprofit dedicated to improving maternal health in the U.S., designated one-third of Iowa's counties as "maternity care deserts," meaning they have no OB-GYNs or birthing hospitals. Midwives like Kubik and Weitz are working to fill this gap. (Bottom left) Swanson and her husband James look at their newborn son during their 24-hour check up with Kubik on Sept. 22. Midwives like Kubik can provide care for the babies they deliver for up to 28 days after birth. For clients, midwives can provide primary care from puberty through menopause. (Bottom middle) Weitz helps Swanson clean up and use the restroom after delivering her first child, while her husband holds their son in the bathroom of their home in Cedar Rapids. Swanson labored for four hours before her son was born. (Bottom right) Weitz comforts Swanson through a contraction during her home birth. Swanson brought Weitz and Kubik onto her care team after the first trimester of her pregnancy, after having a negative experience with a clinical setting at an obstetrics office. Swanson said having a midwife made her feel more comfortable and supported through her pregnancy and delivery.

Find more online:

Read more about Weitz and the role of midwives in Iowa's maternal landscape online at **dailyiowan.com**.

"I think it is also really important that women give birth where they are most comfortable, whether that is in a home or a hospital, because if you are uncomfortable; or if you are stressed in any environment, your labor is just not going to progress as well as it could or should."

> Moria Weitz Certified Nurse Midwife



DAILYIOWAN.COM

Banned books can shape personal identity

Local literary voices emphasize the importance of access to information for kids.



Archie Wagner Amplify Editor archie-wagner@uiowa.edu

Despite rereading "The Perks of Being a Wallflower" every year since I first picked up the book at 13 years old, I didn't consider it controversial until I noticed its title on a list of 68 books removed from the Iowa City Community School District.

Senate File 496 restricts literature available to public school students in Iowa with an emphasis on banning books containing "depictions or descriptions of sex acts." The law was signed in May, and Iowa City schools removed the banned books in October.

Personally, many of the removed books from Iowa City schools informed me of different identities and cultures.

The list includes titles such as "All Boys Aren't Blue," "Red, White, and Royal Blue," and "Song of Achilles."

Gov. Kim Reynolds argues that students

Iowa City Community School District has so far banned 68 books. The list is set to be complete on Jan. 1, 2024.

The first 10 books alphabetically are:

- "101 Questions about Sex and Sexuality"
- "All Boys Aren't Blue"
- "American Roommate Experiment"
- "Beach Read"
- "Beyond Magenta"
- "Black Girl Unlimited"
- "Blankets"
- "Bluest Eye"
- "Boy Toy"
- "Boyfriend Material"

A complete list can be found on **dailyiowan.com**.

and teachers deserve tools to succeed rather than face distractions in books, she said on Oct. 25.

Sex is not anywhere near what comes to mind when I think of "The Perks of Being a Wallflower." I remember its depiction of adolescent loneliness, the non-linear mental health trajectory that Charlie experienc"If someone is trying to hide any sort of knowledge from you, it's probably important knowledge, right?" Selvarajaguru said. "People who are looking to erase or change perceptions of history, or are trying to create power for themselves, can't do it when there is open access to information."

As a student studying education, she said a main question she poses to professors relates to book bans and how educators should approach them.

"I think that book bannings are not an issue that are going to go away in the next few years before we get into the classrooms, unfortunately," she said.

Selvarajaguru said while she wants to teach students a well-rounded curriculum with both classic and contemporary literature, there's the pressing question of where the line is drawn.

In terms of books containing sex, Selvarajaguru poses the issue of what qualifies as sex. Is it a teenager getting their first kiss? Is it menstrual health? Is it conversations of consent?

"I can't teach about real-life events anymore out of the fear that I might get fired or blacklisted from the entire teaching career just because I want to teach 'To Kill a Mockingbird," she said. "It's like we're always walking on these terrifying eggshells when all we really want to do is give kids a good education."

She said that while the rationale of protecting children from harmful materials in classrooms sounds great on the surface, looking into reasons prompts questions of what legislators are truly banning.

"You can't say I want to protect the kids and also want to deprive them of knowledge," Selvarajaguru said. "Those are two opposite sides of the spectrum."

Selvarajaguru noted how children will learn about difficult topics and that they should learn about them in a space that is safe and controlled.

"It really is hypocritical, this idea of protecting the kid because it's not for their protection. It's for your own protection," Selvarajaguru said.

Glass said talking about sex through the frame of literature can give children a more positive learning experience in navigating mature topics, rather than looking it up on the Internet.

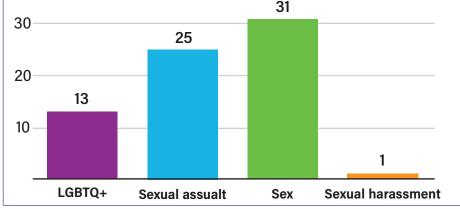
"The Internet is not there to help us teach our kids," Glass said. "That's there for a dump of every possible kind of thing you can imagine."

He said books containing sex, such as "Brave New World" and "1984," were for a long time standards of the high school English curriculum, indicating a history of discussions around sex in literature in public schools.

"A lot of folks now are demanding that they don't want to be made uncomfortable," Glass said. "It's hard for teachers because of course, we frequently do feel that teaching reading is to introduce students to new things that might make

Themes seen in Iowa City schools banned books

The Daily Iowan categorized the themes in the 68 books removed from Iowa City public schools. There were three books with more than two overlapping themes and one book the *DI* could not determine the sexual theme depicted.



Sourced from ICCSD banned book list

them uncomfortable."

Glass said context of what students are reading in classes is important.

For example, he said first graders aren't assigned "Ulysses" because they aren't at the comprehension and development level to understand it.

"The legislature needs to understand

Graphic by Staff | The Daily Iowan

"I remember holding up paperback books to the light, trying to see what my grandparents had marked out in black," they said.

Helmick said finding libraries was a major part of helping them reconcile ideas counter to perspectives they were brought in and or currently hold.

"A lot of folks now are demanding that they don't want to be made uncomfortable. It's hard for teachers because of course, we frequently do feel that teaching reading is to introduce students to new things that might make them uncomfortable."

Loren Glass University of Iowa English professor



that there are professionals who have already established this," Glass said. "There are people who have spent their lives studying child development and appropriate levels of reading." Sam Helmick, who serves

as the community and access services coordinator for the Iowa City Public Library, highlights the history and importance of libraries in the state of Iowa.

"Iowa has more public libraries per capita than any other state in the nation, and because before they were adopted nationally, the Library Bill of Rights were "I encountered new ideas and new arguments and new theories and new perspectives that I wish I had access to [during] my upbringing," they said.

Helmick said their position at the library allows for continual learning.

"You have collection development policies that try to uphold representation of multiple perspectives and tries to mitigate any unintended favoritism or exclusion of ideas ..." they said.

Helmick said there's a decades-old reconsideration process facilitated by the library board at the library where community members petition if they think something doesn't belong.

es over his first year of high school, and its scenes involving the Rocky Horror Picture Show.

Upon longer recollection, yes, the novel "Perks of Being a Wallflower" contains sex, which may have led to its ban.

The first reference I recall is the letter Charlie writes when he first learns about masturbation, or when a major plot point reveals that Charlie's aunt sexually abused him as a child.

It's then that I remember perhaps the most condemning aspect of "The Perks of Being a Wallflower." I think again, and I remember the queerness inherent to the "Rocky Horror Picture Show."

I remember Charlie's significant friendship with Patrick, the stepbrother of Charlie's love interest. Not only is Patrick gay, but he tells Charlie about gay sex.

In an interview with *The Daily Iowan*, Loren Glass, a University of Iowa professor in the English department, highlighted the



demographics included in the book ban.

"It's such a hodgepodge of texts, both popular and high cultural," Glass said. "I think it's pretty heavy on writers of color and queer writers, but it really cast a very wide net." Glass said he is against

book banning both as an educator and a teacher, highlighting his conversations with his kids about what they are reading and what is available to them to read.

"The people I feel most sympathy for are the teachers and the librarians and the people who have to deal with this on the ground, who I know have our kids' best interests at heart and want to be able to teach them and have the texts that they want to be able to use," Glass said.

He said he feels angered by this recent legislation in its mistrust of teachers and public education.

UI third-year student Amritha Selvarajaguru, studying creative writing and secondary English education, advocates for access to literature.

Selvarajaguru serves as co-president of the English Society student organization at the UI.

She highlighted an

earlier English Society meeting where members wrote letters of protest to Reynolds and the Urbandale school district regarding the book bannings.

+ C M 😗 1

actually drafted in Des Moines in 1938," Helmick said.

Helmick said they were homeschooled and grew up in an environment where censorship was encouraged including in the household library. "What's been disappointing about what's taking place in Iowa with the second-most library adverse bills in the nation currently is that we're no longer trusting ourselves to do the good work," Helmick said.



OPINIONS

DAILYIOWAN.COM

COLUMN **Affordable housing would improve IC**

In light of Iowa City's move toward more affordable housing, the benefits should not be overlooked.



Evan Weidl Opinions Editor evan-weidl@uiowa.edu

Affordable housing is the answer to assist those in need while producing serious economic benefits.

The City of Iowa City is applying for a \$5.6 million federal grant to remove barriers to building affordable housing and is committing another \$2.85 million for its planned affordable housing projects.

Iowa City is doing the right thing in its push to make affordable housing more accessible and available. Adequate affordable housing should be in every city in Iowa and across the country.

Housing is not a luxury. Having a decent home is the foundation of living a stable, quality life for any individual or family. Being a student, having a job, and having a family all require the resources and benefits of a home.

Additionally, there are substantial economic benefits that affordable housing brings to the table. Many opponents of affordable housing are only concerned that it will attract "less desirable" residents, or that the buildings will be of lesser quality and ultimately be bad for business. Affordable housing is always in demand, and rent is reliably paid through voucher systems.

Those who work in real estate and surrounding industries are not the only ones who stand to see these benefits. People who live in affordable housing will enjoy increased spending power. Without the burden of high rent, residents will have more money for literally anything else you can imagine: food, local businesses, health care, etc.

Naturally, it will take many new jobs, such as property managers and construction workers, to help build and sustain affordable housing projects.

Furthermore, this will inspire



lowa City City Council holds a meeting in Iowa City on Aug. 15. The City of Iowa City is applying for \$5.6 million federal grant to remove barriers to building affordable housing

businesses to build around these communities. Restaurants, stores, health care services, and recreation would have major motives to move in and around these communities, meaning even more jobs. The increased spending power of the residents would help sustain these businesses

On top of all of these remarkable benefits, 100 affordable rentals in the U.S. could generate \$2.2 million in sales, taxes, and other government revenue,

according to the Campaign for Housing and Community Development Funding.

Economic benefits aside, cities should construct and maintain affordable housing simply because no one in one of the richest countries in the history of the world should be sleeping out on the streets in the middle of winter or have to choose between paying for medicine or rent.

There are countless benefits to constructing more affordable housing, and many of the common grievances against it are just not true. People may object because they are needlessly afraid of those who live in affordable housing units, but there is no reason their aesthetic preferences should take priority over the needs of disadvantaged people.

Iowa City is doing the smart and right thing in moving toward allowing the construction of more affordable housing, and our success could be an example for cities and towns all over Iowa.

COLUMN Recent legislation against drag performers is baseless

Right-wing outrage against drag performers has come to light in

COLUMN Grassley, Ernst are turning their backs on college students

the last year through conservative legislation.



Natalie Nye **Opinions Columnist** natalie-nye@uiowa.edu

For the past couple of years, conservatives have made baseless accusations of grooming against the LGBTQ+ community and drag performers in response to events catered to children fueling violence and bigotry.

This ideology has been amplified since the emergence of Drag Story Hour, an event where drag queens read and reenact children's books paired with learning activities of LGBTQ+ inclusive and diverse topics to groups of kids. Conservatives are pushing to end Drag Story Hour and to ban all drag events in public spaces; they believe drag queens are trying to push 'gay media' on kids to groom them.

There is a plethora of misinformation, based solely on fear, surrounding drag queens. Those who have deep grievances against them need to turn away from these bad sources and realize that there is no reason to be afraid of drag queens, and certainly no reason to silence and censor them. This wave of hate is a sign that we need to better educate people on the history of the LGBTQ+ community.

The nonprofit Drag Story Hour was created in 2015 by author Michelle Tea in San Francisco. In 2017, the New York Public Library and Brooklyn Public Library helped fund this event. Drag queens who wish to participate receive compensation and training to effectively speak with children about gender identity and the art of drag.

The drag event sparked outrage among conservative commentators and politicians, creating even more anti-LGBTQ+ rhetoric among their audiences.

In 2019, Larry Householder, the Republican Speaker of the House of Representatives, said on X, formerly known as Twitter, that libraries "should not be a resource for teenage boys to learn how to dress in drag."

There were over 100,000 signatures on a petition to the American Library Association, protesting its support for the organization.

In 2022, many children-friendly drag events and drag story hours faced threats and protests.

According to NBC, Proud Boys members protested a drag story hour event with shirts saying "Kill your local pedophile" while screaming obscene language and homophobic slurs where children were present. A story-hour event in Oregon was littered with armed protestors.

A bill was introduced in the Iowa Legislature this year banning minors from attending any drag events, and people are concerned that this may lead to stricter policies on drag events. According to WeAreIowa, the bill defines a drag show as a performer who sings, dances, reads, or lip-syncs in front of an audience in drag. Similar bills against drag performers are being introduced or passed in Kansas, Oklahoma, Texas, Arizona, and North Dakota.

The bigotry from right-wing conservatives and our government is based on a lack of education on drag as an art form. I believe schools should teach classes about the history of the LGBTQ+ community.

There is a plethora of misinformation, based solely on fear, surrounding drag queens.

The discrimination of drag queens affects everyone in the LGBTQ+ community, who are nine times more likely than non-LGBTQ+ people to be victims of violent hate crimes and discrimination. If conservative politicians stopped this discriminatory rhetoric, we would have fewer harrowing statistics.

Conservatives have the right to remain ignorant of the art of drag, however, their ignorance shouldn't affect how drag performers and the LGBTQ+ community live their lives. Drag events are not meant to "groom" or "convert" anyone.

Schools should teach students about the history of drag and the LGBTQ+ community about its influence on Hollywood and mainstream media today. This action would encourage young minds to be accepting of marginalized communities.

It is only just to let the LGBTQ+ community thrive and be accepted by newer generations.

U.S. Sens. Chuck Grassley and Joni Ernst, R-lowa, support blocking efforts to cancel student loans.



Aaron El-Kerdani **Opinions Columnist** fouad-el-kerdani@uiowa.edu

Not only are Iowa's senators harming students, but they are also going out of their way to do so.

Student loan debt is a crucial issue facing college students and graduates across the country. One may think the government should do whatever it can to erase all \$1.75 trillion of debt; however, Sens. Chuck Grassley and Joni Ernst, R-Iowa, have decided that their pride is more important than the financial well-being of students.

On Sept. 5, the Biden administration announced it was providing student debt relief to 39,900 Iowans. This plan will calculate payments based on the borrower's income and family size and then forgive the balances for a set of years. The Department of Education estimated under this new plan that borrowers may save about \$1,000 per year

Unfortunately, Republican legislators including Ernst and Grassley are going out of their way to make sure students don't get that much-needed relief. On Sept. 7, it was announced that Ernst and Grassley had teamed up with 15 other Republican senators to block this previous plan of President Biden.

On Oct. 4, the Biden administration announced they provided over \$9 billion in student debt relief, and they approved \$5.2 billion in debt relief for 53,300 borrowers under Public Service Loan Forgiveness programs, including \$1.2 billion for 22,000 borrowers who have disabilities.

It has been estimated that 57 percent of Iowa College graduates will graduate with student loan debt, averaging almost \$25,800 per person.

If students have to grow up with thousands of dollars in debt, they won't be able to move on with their lives and buy things like houses and cars because they have to put their lives on hold to pay their debt.

Why would Ernst and Grassley possibly block this plan? Their actions demonstrate that they care that you don't get help. They see this relief coming your way, and they decide to block it.

Ernst claimed the plan was a "student loan socialism scheme." Grassley's main point of argument has to do with saving money.

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CONGRATULATIONS to the newsroom staff of The Daily lowan! Winner of three 2023 national **PACEMAKER AWARDS Newspaper - Online - Multiplatform** The DI has won six Pacemaker awards in the last two years – the most in the country. The Pacemaker is considered the Pulitzer Prize of college journalism. NEWSPAPER One of 12 national winners The Daily Iowan **Final Four Preview** NCAA Championship The Daily Iov LOADED Final Four Preview DEBAT Grassley, Ernst on Silicon Va **DESTINED FOR** Tippie faculty using ChatG lowa sees push to ease gun restrictions USG hopeful for renter checkli ONLINE DI ONLINE MULTIPLATFORM One of 14 national winners One of 14 national winners The Daily Iowan The Daily Iowan The Daily Iowan **TORNADO CLEANUP BEGINS** f = = 3



2023 ACP BEST OF SHOW

Newspaper/Newsmagazine 1st Place

IOWA'S MISSED SIGNALS

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Online 2nd Place



Broadcast News Program 2nd Place



SPORTS



PREGAME: Iowa vs. Rutgers

Check newsstands Nov. 10 for The Daily *Iowan's* tenth edition of Pregame.

 Hawkeye Updates Quote of the Week

INSIDE 2B:

Stat of the Week

Point/Counterpoint

WEDNESDAY, NOVEMBER 8, 2023

DAILYIOWAN.COM

SOCCER **IOWA TAKES BIG TEN TROPHY**

The Iowa women's soccer team defeated No. 12 Wisconsin, 1-0, in the title match.



lowa defender Sam Cary hoists the Big Ten Trophy as the lowa soccer gets recognized during a home opener basketball game between No. 3 Iowa and Fairleigh Dickinson at Carver-Hawkeye Arena on Nov. 6. The Hawkeyes, defeated the Knights, 102-46.

Isaac Elzinga Sports Reporter isaac-elzinga@uiowa.edu

The Iowa women's soccer team won the 2023 Big Ten Tournament Championship after barely squeezing in as the eight-seed. With the win, the Hawkeyes clinched automatic qualification to the NCAA Tournament. Iowa was the lowest seed to reach the Big Ten title match since 2005 and the lowest to ever win the tournament.

'Being here with this team, I mean, I don't think anyone really thought we would [win the tournament]," fourthyear goalkeeper Macy Enneking told Big Ten Network following the title match. "We're the only ones that really believed

in us. That being said, I think we all kind of knew we were going to be here, and it's just a great feeling."

The Hawkeyes faced several challenges during the season but started the year off undefeated in non-conference play, giving the players a solid foundation to build on during the season.

Iowa secured quality results against

tough non-conference opponents, includ-ing a 1-0 away win over Mississippi State on Aug. 31, a 1-1 away draw against Virginia on Sep.7, and a 2-1 victory over in-state rival Iowa State to kick off the 2023 Cy-Hawk series.

However, Iowa faced some troubles once the conference schedule started. The Hawkeyes were winless in Big Ten play through their first three games, with draws against Illinois and Minnesota and a loss against Wisconsin.

Fifth-year defender Samantha Cary's leadership became crucial during some of the rough stretches throughout the season. Cary, along with co-captains Enneking and Maggie Johnston, offered stability to the team and encouraged the younger players to bounce back from adversity and finish the season strong.

The Hawkeyes responded well after they struggled, earning back-to-back wins against Purdue and Rutgers, putting the team back on track in the closing weeks of the season.

However, the Hawkeyes once again faced a dip in form, losing back-to-back games against Nebraska and Northwest-

Despite this setback, the team kept its cool and didn't overreact. In fact, some of the Hawkeyes saw the struggles coming.

Throughout the season, both the players and Dilanni reiterated that they think the Big Ten is the best women's soccer conference in the country.

Dilanni constantly preached that the 'highs are never as high as you think and the lows are never as low." Iowa was forced to take the losses as opportunities to grow.

The Hawkeyes finished the regular season with a dominant win against Maryland, a draw against Michigan, and a loss against Michigan State.

The players thought they had missed the Big Ten Tournament after the Hawkeyes' 3-0 loss to the Spartans.

However, once the team found out it narrowly qualified as the eight seed, Iowa had renewed motivation that was the catalyst

SOCCER | 3B

WOMEN'S WRESTLING Hawkeyes start off hot New season,

Women's wrestling showed dominance to open the year.

BASKETBALL familiar faces



Grace Smith | The Daily Iowan

Sisters Brianna and Emilie Gonzalez pose for a portrait during the inaugural lowa women's wrestling media day in the Dan Gable Wrestling Complex at Carver-Hawkeye Arena on Oct. 16. The duo wrestled at Arroyo High School in El Monte, Calif.

Kenna Roering

Sports Editor mckenna-roering@uiowa.edu

M K

The Iowa women's wrestling team's performance showed the athletes will be a force to be reckoned with in its inaugural season.

Eighth-ranked Iowa traveled to Pennsylvania to take on No. 7 East Stroudsburg on Nov. 4, and the Hawkeyes dominated from the first whistle en route to a 43-1 victory.

Iowa announced in September 2021 that it would become the first Division I Power Five program to add women's wrestling. At the helm of the new program is Clarissa Chun, a two-time Olympic medalist and former assistant coach for the women's national team from 2017-21

"I think the women that are here know and understand that no one person is bigger than the next, and the fact that they want to push each other to be better. So that way they can reach their goals of becoming a college national champion but also beyond to world and Olympic stages, Chun said at media day on Oct. 18.

The dual meet with East Stroudsburg took less than 40 minutes from start to finish. This was not only because of Iowa's superiority on the mat but also the unique freestyle wrestling rules.

Freestyle matches are two three-minute periods. Takedowns can be worth two, four, or five points depending on the execution. Exposure points, which are achieved when a wrestler turns their opponent's back to the mat, are two points apiece. Reversals and step-outs are a point each.

A wrestler earns five team points for a pin, four points for technical superiority or tech fall, which is when a competitor leads by 10 or more points at any point in the match, and three points for a decision.

An individual earns one team point if they score during a match but still lose - this is how East Stroudsburg finished with a single point on the scoreboard. In the 136-pound bout, Warrior Zoe Gress scored a takedown against thirdranked Hawkeye Nanea Estrella before the Iowa grappler pulled away for a 12-2 tech fall.

Iowa did not surrender a point in any of the other nine bouts and finished with seven technical superiorities and three pins.

Second-year Sterling Dias made her Hawkeye debut at 101 pounds and only needed 1:14 to get the job done, defeating Olivia Klein, 10-0. Ava Bayless showed out in her home state and took down Madi Mansmann, 10-0, in the 109-pound match.

Brianna Gonzalez inked her name in the history books and recorded the first pin in program history. It took just 44 seconds for the 116-pounder out of El Monte, California, to force sixth-ranked Emily Klein to her back for the fall.

Felicity Taylor, a fifth-year and homegrown Iowan, kept the momentum on the Hawkeyes' side at 123 pounds. She defeated second-ranked Mia Macaluso, 10-0, in just 47 seconds after tying up a tight leg lace. Taylor took home a U23 national title at 53kg in April. First-year Emily Frost followed suit at 130 pounds with a 10-0 win over Gianna Amendola in 46 seconds.

WRESTLING | 3B

lowa women's basketball returns the same players in new roles.

Colin Votzmeyer

Assistant Sports Editor colin-votzmeyer@uiowa.edu

The Iowa women's basketball 2023 season is underway, with the same team boasting familiar faces in new roles amid a tougher plan of attack.

After an adjective score win over Fairleigh Dickinson to open the season at Carver-Hawkeye Arena on Nov. 6, the No. 3 Hawkeyes will turn around quickly to battle No. 8 Virginia Tech on a neutral court in Charlotte, North Carolina, on Thursday in just the second game of the season.



"I think we're as prepared as we can be. This team is ready to go," Iowa head coach Lisa Bluder said. "We're not easing into it, though, and that's the hard part. I think it's a real opportunity for us and it's a real opportunity for Virginia Tech. That game doesn't make or break this season, but it is great national attention for us, and it's going to be a wonderful event."

Bluder

The Hokies joined the Hawkeyes as two of the four teams in the NCAA Tournament Final Four last season before they fell to the eventual champions LSU Tigers, 79-72, as Iowa did in the National Championship, finishing runner-up.

"Really tough, really tough," Bluder said of the con-test. "I know a lot of people have sometimes scheduled some easier ones up front, but this was an opportunity we thought would be a really neat thing for women's basketball.

The highly anticipated contest comes in light of magnified attention put on the Hawkeyes after last year's postseason run, exemplified by their record-breaking Crossover at Kinnick event in October.

Bluder doesn't quite want to silence that attention the team has earned, citing its benefits for the university, sport, and state of Iowa.

"I don't want to [reduce the attention] because I think it is something that you work hard to receive, but certainly with that brings more pressure," Bluder said. "That's what I want to taper down with our team is not the attention but the pressure that it does bring.

This time around, despite losing stars Taylor Soule and Kayana Traylor to the WNBA, the Hokies retain standout guard Georgia Amoore, a lights-out three-point shooter who was named last year's most outstanding player of the Seattle Regional.



Virginia Tech will also return fifth-year center Elizabeth Kitley to the post as she looks to win her third-straight ACC Player of the Year nod after a historic season last year that culminated in her being named a second-team All-American as well.

As always, though, Caitlin Clark will receive the bulk of the shots and subsequent attention in each of the Hawkeyes' games.

UPCOMING **SCHEDULE**

Men's basketball

Friday, Nov. 10 vs. Alabama State 7 p.m., Peacock and Hawkeye Radio Network

Tuesday, Nov. 14

Gavitt Tipoff Games vs. Creighton 9 p.m., FS1 and Hawkeye **Radio Network**

Women's basketball

Thursday, Nov. 9 vs. Virginia Tech 7 p.m., ESPN2 and Hawkeye Radio Network

Sunday, Nov. 12

at Northern Iowa 2 p.m., Hawkeye Radio Network

🦇 Men's and women's cross country

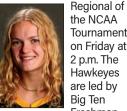
Friday, Nov. 10 at NCAA Midwest Regional 10 a.m.

Swimming and diving

Friday, Nov. 10 at Nebraska 4 p.m.

Field hockey

lowa field hockey fell in the first round of the Big Ten Tournament to Maryland, 1-0, on Nov. 2. It was the second time this season the Hawkeyes have been held scoreless. Iowa will face Louisville in the Evanston



Freshman van Aalsum

of the Year Dionne van Aalsum, who leads the nation with 27 goals. Last season, Iowa fell in the Elite Eight, 2-1, to Northwestern.

Men's wrestling

The lowa men's wrestling team kicked off its 2023-24 season with a trip to Riverside, California, to take on the California Baptist Lancers. Despite some uncertainty with its starting lineup, lowa flexed its tremendous depth, shutting out Cal Baptist, 40-0, on Saturday. This marked the first time the Hawkeyes have competed in the Golden State since 2005. Iowa and Cal Baptist met last season inside Carver-Hawkeye Arena, with the Hawkeyes winning, 42-3. After a runnerup finish in last season's NCAA championships, Real Woods entered his fifth season with one goal on his mind — "to

Stevens embraces opportunity

The kicker has had several clutch moments since joining the program.

Cooper Worth Pregame Reporter cooper-worth@uiowa.edu

FOOTBALL

Since his arrival on campus, Tory Taylor has been "the guy" for Iowa football special teams.

The 26-year-old from Melbourne, Australia, has over 69,000 fans at Kinnick screaming his name every time he booms a punt, and even started a movement with the "Punting is Winning" T-shirts you can spot at every tailgate in Iowa City.

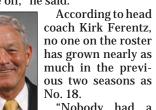
However, after nailing a 53-yard field to give the Hawkeyes the lead over Northwestern with 14 seconds remaining - his second game-winner in two seasons — placekicker Drew Stevens might be making a case for that title himself.

'As soon as I kicked it, I started celebrating ... I was prepared," Stevens said following the win over the Wildcats. "Shoutout for my coaches for believing in me."

With the score all tied up, Iowa's offense drove down the recently constructed turf at Wrigley Field with less than two minutes remaining in the fourth quarter to put Stevens in fieldgoal range. All eyes were on the second-year kicker warming up on the sideline as he missed a 53-yarder earlier in the game.

Stevens said if he was asked two years ago to hit the game-winner after missing a field goal earlier in the contest, he wouldn't be able to do it.

"It's like one or two minutes [of thinking] that sucks, but your team needs you in close games like that, so it wasn't that difficult to shake off," he said.



"Nobody had a worse spring camp Ferentz than [Drew] when

he first got here," Ferentz said at an Oct. 31 press conference. "He left high school early and was God-awful out there. Little did I know that three, four years later, this is what it would look like. He's done a great job."

Growing up in North Augusta,



Ayrton Breckenridge | The Daily Iowan

lowa kicker Drew Stevens kicks the ball during the 2023 Wildcats Classic, a football game between lowa and Northwestern at Wrigley Field in Chicago, on Nov. 4. Stevens won the game with a 53-yard field goal.

South Carolina, with parents from Iowa, Stevens was no stranger to rooting for the Hawkeyes when they played on Saturdays. However, he had no aspirations of ever playing himself. "Soccer was my favorite sport,"

Stevens said at an Oct. 25 media availability.

Stevens grew up excelling at soccer and only gave football a chance as a 14-year-old after his high school team needed a kicker.

"The freshman coach asked me to come do it, and then I ended up liking it more than soccer," he said.

Stevens went on to become a three-year letterman on a North Augusta football team that made it to the state playoffs in three consecutive seasons. He earned firstteam all-state honors his fourth high school year, receiving attention from Division I schools such as North Carolina State, Virginia Tech, and Coastal Carolina.

Stevens decided to walk on at Iowa for a multitude of reasons including the amount of playing time he would receive, familiarity with the area and a connection he made with fellow Carolinian and

former Iowa kicker Keith Duncan.

"I went to my kicking coach, and it was a small session, and Keith Duncan was there. So, I met him, and he put in the good word with coach [LeVar] Woods, and that's how I got on their

radar," Stevens said.

L. Woods

Ferentz wasn't so confident he found another clutch placekicker like Duncan when he first learned of Stevens' story.

"Let me get this straight: He's from South Carolina [and] going to come to Iowa as a walk-on. Why would that make sense? He looked like he was 12 at the time," the head coach said jokingly.

Even with some struggles early on, Stevens never let the low points get to him and eventually earned the chance to start in Week 3 of his first collegiate year. He was behind Aaron Blom, who went one-forthree on field goals in Iowa's first two games last season.

"If I'm called upon, I'm not going to shy away from an opportunity," Stevens said.

Stevens never let go of the starting spot and set the Iowa first-year record, going 16-for-18 on field goal attempts and a perfect 24-for-24 on extra-point attempts. He was named a semifinalist for the Lou Groza Award, which is given to the nation's best placekicker.

So far this season, Stevens has made 14 of his 18 field goal attempts while being perfect on all 16 extra-point attempts. His 18 attempts rank eighth in the Big Ten. Even Taylor is looking to give up some of his reps if it means giving Stevens the chance to kick.

"Because whenever it's a shorter punt, it hurts him on the stat sheet," Stevens said of Taylor. "He's almost a bigger advocate to Coach Woods than I am.³

Stevens getting more opportunities to boot it 50-plus yards is uncertain, but given Iowa City's love of special teams, if he delivers more game-winners like last weekend, it is almost guaranteed you'll see Drew Stevens hitting the "go to sleep" pose on a RAY-GUN T-shirt soon.

POINT | COUNTERPOINT Who will be the men's basketball breakout player?

Hailing from Waukee, Iowa, the



as well, so it puts a lot on me. I've been here before, and I can lead a team [and] put them in the right

direction. I have to lead them the

way that [players have led me] the

basketball team has held a two-game

slate in Europe against the Barcelona

All-Stars and Valencia All-Stars in

mid-August as well as an exhibition

In those three games, Per-

kins averaged 13.3 points, three

rebounds, and 3.3 assists on

game against Quincy on Oct. 30.

So far this season, the Iowa men's

previous years."



win it all." The first step to achieving his ultimate prize was a matchup against Darren Green,

R. Woods

who he demolished, 15-0, by tech fall before the first period ended. Fifth-years Abe Assad and Nelson Brands confirmed to the Des Moines Register's Eli McKown on Oct. 25 that they are involved in the sports gambling investigation. The pair, who did not wrestle against Cal Baptist, are the only Hawkeye wrestlers who have publicly said they are involved. Sixth-year Tony Cassioppi and fifth-year Cobe Sibrecht were also absent from the starting lineup.

QUOTE OF THE WEEK

"It felt like a home game. They was getting booed when they came out, and I could've sworn this was an away game for us. Obviously, we have the best fans in the nation, no matter what."

Running back Leshon Williams following the 10-7 win over Northwestern on Nov. 4

> **STAT OF** THE WEEK

The number of games this season linebacker Jay Higgins has made double-digit tackles.

M 🖌 K



Payton Sandfort

In recent years, the Iowa men's basketball program has had its fair share of breakout players.

Luka Garza, Keegan Murray, and Kris Murray all had breakout seasons that led to them becoming NBA players.

Little is expected of the Hawkeyes this year after losing Murray and veteran player Connor McCaffery. After all, Iowa was ranked ninth out of 14 teams in the Big Ten preseason poll.

Under head coach Fran McCaffery, the Hawkeyes have been one of the most potent offensive teams in the country, leading the conference in scoring over the last three seasons.

For a roster in desperate need of a breakout star, though, there's only one player on this team that fits the mold: Payton Sandfort.

6-foot-7 forward has been one of the most lethal three-point shooters in the Big Ten with his quick release and long range.

He's one of the most confident shooters I have ever seen wear a Hawkeye uniform, and his ability to score inside gives him tremendous upside against some of the best shot blockers in the conference.

Sandfort also has a reputation for being a clutch performer, and his game-tying three-pointers against Michigan and Michigan State gained Iowa two critical home wins that kept them in the tournament picture. Without those shots, I don't think the Hawkeyes would have made the NCAA Tournament.

Though he suffered through a slump to begin last season, the third-year will be one of the key focal points in Iowa's offense this season, and I expect his number to be called in key situations where the Hawkeyes need him the most.

With a lot of new faces on the roster, Sandfort's leadership and experience will be a key factor if Iowa wants to make the Big Dance for the fifth consecutive season.

Q&A | CAMERON KALAWAY

Tony Perkins

Look out for Tony Perkins to take over the workload for the Hawkeye men's basketball team this season.

Over the 2022-23 season, Perkins averaged 12.3 points, 4.1 rebounds, and 2.8 assists on .44/.33/.76 shooting splits. He was third on the team in scoring, third in rebounds, and second in assists for the season.

Now without their two leading scorers and rebounders in Kris Murray and Filip Rebrača as well as the team's leader in assists in Ahron Ulis, Perkins is the ideal guy to take the leftover weight on his shoulders.

Considering the overall balance of the team, Perkins told Hawk Central his biggest challenge he faces this season will be filling in that leadership role rather than the stat sheet.

Motivation is high because I've got the young kids looking at me," Perkins said. "They want to play

.52/.33/.63 shooting splits. Perkins expects to have a big season for the Hawkeyes, telling Hawk Central he traveled to Vegas to work with his brother who trains professional basketball players. '[I would train] for, like, fourto-five days straight," he said.

"The other two days, it's been really important to get my body together. I'm working on improving my shot, my balance, and my ability to run the floor.'

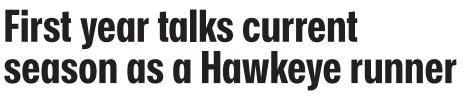
As the season opener comes around and the Hawkeyes progress into mid-season form over the next few months, Hawkeye fans can expect those improvements to show.

Cameron Kalaway

Mount Prospect, Illinois

First-year Distance

Pre-business



Mia Boulton Sports Reporter mia-m-boulton@uiowa.edu

The Daily Iowan: Who have you learned the most from during your first season as a Hawkeye?

Cameron Kalaway: Probably [assistant distance coach Shayla Houlihan]. She has a ton of experience from a bunch of different places and athletes that she's coached. Her pre-race advice is always very specific and helpful.

What is your favorite Iowa cross country memory so far?

On the days before races, we have time to walk around and spend our money on dinner or whatever we find in the town. It's really fun to hang out with my teammates and distract myself from thinking about the race.

What's your favorite place you've traveled to so far this season?

Notre Dame. The town was cute. The course was pretty. The school is just pretty in general.

If you could run anywhere next season, where would you choose to schedule a meet?

If I could race anywhere, I would probably choose the course in Terre Haute, Indiana. I had a ton of fun races there in high school because we raced Nike Cross Regionals there every year. It's a fun course and just has good vibes. Not a lot of the girls on the team have been there, so it would be cool to be on a new course as a team and continue the tradition of racing there — but in an Iowa jersey.

What's been the biggest change coming to Iowa?

The biggest change has probably just been managing my time. With practices - sometimes multiple a day and trying to balance schoolwork with traveling, it's been a little bit of a learning curve. I'm starting to get the hang of it, and my teammates and coaches have been super helpful through it all.

What's your major?

I'm pre-business right now. I'm in the Tippie [College of Business] right now, so I am just feeling it out.

Did you always know what you wanted to study?

I bounced around between a lot of different things. In high school, my business teacher was also my track coach, so I was super close with him. He gave me some good advice, and I always enjoyed his class, so that's partly why I am majoring in business now.

Where do you see yourself after graduation?

Well, if I could live anywhere, I would go to Colorado. It's super pretty there with fun stuff in the summer and the winter. There are also pretty places to run. I just feel like there's a lot to do and amazing scenery.

CROSS COUNTRY Second-year success at lowa

Brayden Burnett is making early leaps for the lowa cross country team this season.

Mia Boulton

Sports Reporter mia-m-boulton@uiowa.edu

Iowa second-year distance runner Brayden Burnett never thought it would be possible to run cross country at the Division I level. Now, Burnett is making a name for himself on the team ranked No. 15 regionally.

Hailing from Cedar Falls, Iowa, Burnett started his running journey in middle school as a multi-sport athlete.

With so many experiences in so many sports, Burnett attributes his competitiveness to his experience with the handful of youth athletics he participated in.

"I was always that kid who went hard in the [physical education class] mile," Burnett said. "And that came with doing five different sports growing up, mostly soccer and basketball."

In seventh grade, Burnett looked to add to his athletic experience arsenal and went out for cross country. Shortly after, he put the basketball and soccer down in exchange for a pair of spikes - and never turned back.

"It naturally happened," Burnett said of trying out for the cross country team. "I knew my talent was in long-distance [running], so I went from doing five sports a year to only

track and cross country." After finally finding his niche in running, Burnett quickly made an impact for the Cedar Falls Tigers.

Scott Gall, Burnett's high school cross country coach, recalls Burnett making immediate contributions to the program upon joining the team - so much so that he ran varsity as a freshman.

'I think his mom was worried about it because it's a lot of pressure on a ninth-grade student-athlete," Gall said. "One of her questions was something to the point of, 'Are you sure he needs to be running varsity as a freshman?' and I said, 'yes.'

Burnett and Gall developed a tight-knit bond over the art of running, as Gall doubled as Burnett's coach and boss at Gall's local running store

"He started working for us real young, so I hung out with him at the store and at practice," Gall said. "Poor guy had to hang out with me a lot.

When Burnett wasn't working on selling shoes in his coach's store, he was working on his speed.

During his high school career, Burnett was named fourtime first team all-conference and three-time first team all-district, and he placed 11th at the state cross country meet his senior year.

In the classroom, Burnett was a Gold Scholar graduate with a 4.01 grade-point average, erasing any concerns his mother had for his grades when he first started running.

Following graduation, though, Burnett's commitment to continue his academic and athletic career at the University of Iowa — and rep the Black and Gold day in and day out - came unexpectedly.

"I was actually raised an [Iowa State] Cyclone fan, unfor-tunately," Burnett recalled. "Plus, I just never thought it was even a possibility for me to run at the college level.'

SOCCER from 1B

for the team's magical tournament run. Heading into the conference tournament, the Hawkeyes adopted a "Why not us?" mentality

From there, Iowa won three straight matches against ranked opponents to claim the Big Ten title, including a 1-0 victory over No. 12 Wisconsin in the finals after veteran Josie Durr scored on a penalty kick in the first half.

"Act like you have been here before, right?" Durr said. "Just place it and go for it. Don't overthink it."

Enneking added that the Hawkeys have a great bond and their focus on strong preparation before matches has been key to the team's success.



Kathy Le | The Daily Iowan Iowa's Brayden Burnett warms up during a practice outside the Hawkeye Indoor Track Facility in Iowa City on Nov. 2.

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Despite this, Burnett proved himself worthy to be a Hawkeye student-athlete early on in his career with the Black and Gold.

He ran collegiate bests in the 6,000-meter and 8,000meter races with finishes of 22:42.20 and 25:41.20, respectively, in 2022 before running season bests in the mile and 3,000 meters in 2023.

Burnett's teammate and Hawkeye second-year Carson Houg attributes Burnett's early successes to his teammate's immense dedication to the sport.

"[Burnett] had a good opening freshman track season, but you could tell he wasn't satisfied," Houg said. "He went home this summer and worked his tail off. When he got back to school, we were all just blown away with how far he had come over the summer.'

This season has been one of explosive leaps for Burnett. At the Hawkeye Invite on Sept. 1, Burnett ran 18:33.10 in

the 6,000-meter races for a college best. At the Wisconsin Badger Classic on Sept. 9, he ran a 25:39.60 in the 8,000meter race for yet another college best.

At the Joe Piane Invitational on Sept. 29, Burnett ran a 25:17.0 in the five-mile – his third college best three weeks in a row.

Burnett's most recent highlight as a Hawkeye came at the Big Ten Championship meet on Oct. 27 where he finished third among the Iowa men's squad. In the 8,000-meter race, Burnett finished 65th with a time of 26:03.70.

"At this point, it is just an honor to sit back and watch him continue to progress," Gall said. "He's just a really good person who is having some good things going his way.'

Iowa plays with a high press play style, which relies on running, so having multiple players you can trust helps eliminate some injury concerns that come with a high-pressing system.

The depth the first-years provided also offered positional flexibility. Fourth-year midfielder Maggie Johnston had started all the Hawkeyes' non-conference games as a member of the back line, but once DiIanni felt rookie defenders Eva Pattison and Millie Greer were ready to be regular starters, he pushed Johnston back to her more natural position in midfield.

This allowed Johnston's creative passing and long-shottaking ability to flourish and impact games - a key part in Iowa's 1-0 upset win over No. 5 Penn State in the Big Ten Tournament semifinals.

"[McGroarty] is just a winner, she is a goal-scorer," DiIanni told Big Ten Network following the Hawkeyes' win over the Nittany Lions. "She finds herself in the box, and good things happen. She is starting to figure out how to play at the Big Ten level, and we are really proud of her."

McGroarty also came up clutch for the Hawkeyes in their semifinals against Penn State, scoring the winning goal in overtime to send Iowa to the championship.

"I feel like a lot of that [mentality] could be attributed to my dad," McGroarty said about her clutch moments for the Hawkeyes. "If we were ever behind or losing, it wasn't the fact that the clock was ticking down and we need a goal, it was 'we're going to get a goal, and we're going to tie it up, and then we're going to find a way to win.'

"That mentality has always stuck with me." McGroarty

"We've been asking a little bit more from [the team] all year long," DiIanni told Big Ten Network. "Just a little bit more investment, a little bit more attention to detail, and honestly the last three games, they've been rock solid, and I'm so very proud of them."

The Hawkeyes have a healthy mix of veteran leadership and youth on the team. Older players helped establish the system DiIanni wanted to run. This helped freshmen play more prominent roles as the season went on, creating valuable depth.

WRESTLING from 1B

U20 Pan-American Champions Ella Schmit and Haley Ward also showed up big in their Iowa debuts. At 143 pounds, Schmit recorded an 11-0 technical fall with 55 seconds left in the second period over Jayla Hahn.



Ward recorded the second pin for the Hawkeyes in 2:23 against Jade Huerta in the 170-pound bout.

Reese Larramendy came in at 155 pounds and tallied a 10-0 win over Paityn DeLong in the first period. Iowa finished the dual meet strong at 191 pounds as Alivia White took just 17 seconds to pin Ariel Ofri-Akman.

Larramendy Two notable names missing from the

starting lineup were Kylie Welker and Marlynne Deede. Welker, a U20 World Champion and U23 World bronze medalist, was the first recruit to commit to Chun and the Hawkeyes. She is listed at 170 pounds.

Deede, a 155-pounder, will compete in the National Wrestling Coaches Association All-Star Classic presented by Cliff Keen on Nov. 21. Deede transferred from Augsburg in the offseason, where she was a four-time All-American and 2023 national champion.

"I'm the older one on the team, so now I really figured out, like, who I am and the things that I enjoy," Deede said.

The Hawkeyes' season-opener was just one of few dual the team will compete in this season in addition to open tournaments. The two duals the Hawkeyes will host inside Carver-Hawkeye Arena this season will feature four teams.

"If there is a dual meet, it's typically a dual tourna-

BASKETBALL from **1B**

However, Iowa guards Molly Davis and Sydney Affolter have m ade confident leaps during the offseason, and Kylie Feuerbach is healthy after missing last season to injury.

While Clark and guards Kate Martin and Gabbie Marshall return to keep the same Hawkeye backcourt, the team will boast a different look down low.

In place of Monika Czinano, who graduated last year and now plays overseas in Budapest, third-year Addison O'Grady now holds the center position.

> "Certainly, when Caitlin leaves the floor, we're a different team."

> > **Lisa Bluder** Women's basketball head coach

"We've asked a lot of them this year," Dilanni said of the rookies on Big Ten Network. "Every situation in different games is new to them, and they've been able to be resilient and adjust to it and really quite honestly be good leaders for us."

The rookies weren't the only additions that made a valuable impact, as transfers Kelli McGroarty and Shae Doherty also made their presence felt.

McGroarty, a veteran midfielder, scored the equalizer and assisted the game-winner in Iowa's first-round upset against Michigan State in the conference tournament.

"Couldn't be more grateful for the team that we have built together, and we're so excited to be able to have our first dual in Carver Hawkeye Arena. No better place to host a wrestling event, let alone a women's wrestling event."

Clarissa Chun Women's wrestling head coach

ment style. As women's wrestlers, we wrestle freestyle, so because of the rules in itself, the wrestling can tend to go faster than a folkstyle men's collegiate match, which is why our first home dual is a quad," Chun said.

The Hawkeyes capped off their trip to the East Coast with an appearance on Nov. 5 in the Princeton Tiger Collegiate Open.

Six Hawkeyes took home first place in their respective weight divisions, including Taylor, White, Ward, twins Brianna and Emilie Gonzalez, and Ava Bayless. Emilie Gonzalez defeated Dias, her Hawkeye teammate, 7-0, in the 101-pound title match. Iowa also had two runner-up and two third-place finishers, as well as four other medalists.

The Hawkeyes will be back in action on Nov. 12 at Carver-Hawkeye Arena for the Trailblazer Duals. The quad-dual will feature fifth-ranked Sacred Heart, 11th-ranked Lindenwood, and 13th-ranked Presbyterian. It will broadcast on Big Ten Plus and begin at 11 a.m.

O'Grady will play a massive role in the post for the Hawkeyes after seeing her minutes from her first to second season drop from 319 to just 179 despite playing almost half of last year's National Championship game alone.

In the power forward position, McKenna Warnock, who also graduated last year, is replaced by second-year Hannah Stuelke, last year's Big Ten Sixth Player of the Year.

Frequently coming off the bench as a center to replace Czinano last season, Stuelke took the offseason to develop her jump shot, better suiting her to stretch the floor as a four this time around.

"It's a mindset more than anything," Bluder said. "It's understanding that she belongs ... She doesn't have a clue how good she is. That's endearing, but you want somebody to own it [and to] understand how good they are because that brings a level of self-confidence to their game and to the floor.

Although it may sometimes be "The Caitlin Show," as Stuelke agreed to call it after Iowa's exhibition matchup against Clarke University on Oct. 22, last year's AP Player of the Year has plenty of support around her.

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STEALING HOME

The Hawkeyes defeated the Wildcats, 10-7, at Wrigley Field on Nov. 4. Iowa sealed the deal after kicker Drew Stevens made a 53-yard field goal with 14 seconds left.



Ayrton Breckenridge | The Daily Iowan Fans celebrate after Iowa tight end Addison Ostrenga scored a touchdown during the 2023 Wildcats Classic, a football game between Iowa and Northwestern at Wrigley Field in Chicago, on Nov. 4. The Hawkeyes defeated the Wildcats, 10-7. This was Iowa's first time playing at Wrigley Field.





Grace Smith | The Daily Iowan

Grace Smith | The Daily Iowan

Iowa kicker Drew Stevens kicks a game-winning field goal during the 2023 Wildcats Classic, a football game between Iowa and Northwestern at Wrigley Field in Chicago, on Nov. 4.

Iowa kicker Drew Stevens waves to spectators after kicking a game-winning field goal in the fourth quarter during the 2023 Wildcats Classic.





Grace Smith | The Daily Iowan Iowa running back Leshon Williams carries the ball during the 2023 Wildcats Classic, a football game between Iowa and Northwestern at Wrigley Field in Chicago, on Nov. 4.

"It felt like a home game. They were getting booed when they came out, and I could've sworn this was an away game for us. Obviously we have the best fans in the nation, no matter what ... They had our backs."

> Leshon Williams lowa running back

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A Northwestern fan reacts during the 2023 Wildcats Classic, a football game between Iowa and Northwestern at Wrigley Field in Chicago, on Nov. 4.



THEBREAK

PUZZLE SOLUTIONS ON 3B

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Edited by Will Shortz No. 1004

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- 30 Go to _
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- 37 Tickle pink or top-notch40 Walks fancily or some rulers
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- 58 Green land or garland
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 - Galaxy" trilogy
- 67 Apt name for a karaoke star
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72 Abate

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- 31 Make a choice
- 32 Singer Grande, to fans
- 33 Sensational scoring feats or
- sensational songs
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IOWA RESIDENTS

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- 55 Picked dos
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- 57 Social group 60 Boats or bothers
- 61 Australian export
- 62 Hollywood's ____ Rachel Wood
- 64 Comedy club division
- Create and solve your Sudoku puzzles for FREE. Play Sudoku and win prizes at: PRIZESUDOKU.COM The Sudoku Source of "The Daily Iowan".

Medium

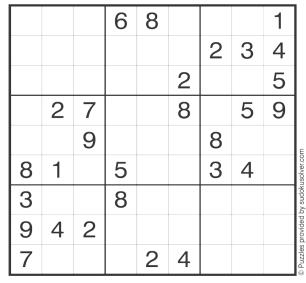




Photo 1 | Ayrton Breckenridge | The Daily Iowan

DAILY IOWAN PHOTOJOURNALIST GETS GOLD

A lthough it was his first time ever photographing the sport, photojournalist Ayrton Breckenridge won gold for College Photographer of the Year for his shot of the steeplechase during the Drake Relays this year. Breckenridge is a fourth-year student studying journalism, cinema, and history at the University of Iowa, and is the Managing Visuals Editor at *The Daily Iowan*. Breckenridge won gold in Sports Action and was second place for Sports Portfolio.

 (1) Drake Relays on April 27. (2) Greater Ottumwa Rodeo on July 2. (3) No. 18 Iowa and Rutgers gymnastics meet on Feb. 18. (4) Pella Christian Eagles and Dallas Center-Grimes Mustangs baseball game on June 2.
 (5) No. 2 Iowa and Illinois wrestling dual on Jan. 6. (6) Greater Ottumwa Rodeo on July 2. (7) No. 2 Iowa and No. 9 Michigan wrestling dual on Feb. 10. (8) No. 2 Iowa and No. 9 Michigan wrestling dual on Feb. 10.





Photo 3 | Ayrton Breckenridge | The Daily Iowan



Photo 5 | Ayrton Breckenridge | The Daily Iowan



Photo 4 | Ayrton Breckenridge | The Oskaloosa Herald



Photo 6 | Ayrton Breckenridge | The Oskaloosa Herald



Photo 7 | Ayrton Breckenridge | The Daily Iowan



Photo 8 | Ayrton Breckenridge | The Daily Iowan

ARTS & CULTURE | WEDNESDAY, NOVEMBER 8, 2023

J. R. BAUMAN BORMALMODEL FORM.INC



Dressing for the stage

Hancher Auditorium costume shop crafts attire for each performance.

Emma Gaughan Arts Reporter emma-gaughan@uiowa.edu

When entering the University of Iowa Dance and Opera Costume Shop in Hancher Auditorium, every color and texture of fabric imaginable is illuminated in a bright, sunlit room. Since the spring 2022, the costume shop has worked to make outfits for the performers in Dance Gala, which will occur Nov. 10-11.

9

Dance Gala is a longstanding tradition at the UI and requires much effort from the costume shop. In total, there are 57 costumes for the gala's five unique dances. After their initial planning meeting last spring, every costume designer involved immediately set to work.

When it is not preparing for a perfor-

mance, the costume shop is ready to go with organized rows of fabric, thread, and empty racks for costumes to be hung. As performance dates approach and activity increases, the shop is filled with costumes of varying colors and styles, dancers being fitted or getting alterations, and all sorts of other preparations.

COSTUME | 3C

CALENDAR WEEKLY EVENTS

THURSDAY NOVEMBER 9

CAROL ROH SPAULDING IN CONVERSATION WITH LAN SAMANTHA CHANG

Drake University professor Carol Spaulding will discuss her new book, "Waiting for Mr. Kim and Other Stories" with Lan Samantha Chang, the Director of the Iowa Writers' Workshop and a professional author.

7 P.M. | PRAIRIE LIGHTS BOOKSTORE 15 S. DUBUQUE ST.

FRIDAY NOVEMBER 10

PLEASURE PLAY

UI MFA Playwright Eli Campbell presents this work about being confronted by the past and deciding what is worth sacrificing to reconnect.

7 P.M. | DREAMWELL THEATRE 120 N. DUBUQUE ST.

- TRUTHSGIVING

Celebrate Indigenous culture and history during this illuminating night of truth-telling about Thanksgiving, featuring music and guest speakers.

7:30 P.M. | ENGLERT THEATRE 221 E. WASHINGTON ST.

SATURDAY NOVEMBER 11

HOLIDAY MARKET AT THE ROBERT A. LEE RECREATION CENTER

Enjoy the annual Iowa City's Parks and Recreation Department's Holiday Market selling handmade gifts from local farmers and artisans.

8 A.M. | ROBERT A. LEE RECREATION CENTER 220 S. GILBERT ST.

SUNDAY NOVEMBER 12

ASK THE ARTIST

From the track to the stage, the former UI runner recently competed on season 24 of NBC's "The Voice."

Avi Lapchick Arts Editor

olivia-lapchick@uiowa.edu

At just 21 years old, former University of Iowa long-distance runner Eli Ward has accomplished more than many of his college-aged peers.

Hailing from Waterloo, Illinois, Ward competed on season 24 of NBC's hit singing competition show "The Voice" this spring, bringing a heartfelt rendition of Lewis Capaldi's "Bruises" to the blind auditions.

Though Ward was voted off the competition after the second round, he has garnered positive reactions from both the star-studded cast of coaches — Gwen Stefani, Reba McEntire, John Legend and Niall Horan — and the show's more than 6 million average weekly viewers.

Ward, who dedicated what would have been his final year of undergrad at the UI to competing on the Emmy-award-winning series, is working on his first EP.

The Daily Iowan: As a former long-distance runner at the UI, how did you balance running with your other passions, like music?

Eli Ward: I think the word balance is made up. I'm convinced. I mean, I'm just kidding, but I never got enough sleep and that's how I got through it. [To get] as much of a balance as I could, I had to prioritize things and use my time wisely. Running, especially at a Big Ten level, the work is daily, day in and day out. You have to set aside time to get to practice, leave from practice, lift weights, and account for nutrition and for sleep. It was a lot of hours each week. It's really fun. I mean, I made some incredible friends — I loved everything about the whole experience. However, I decided

to not continue running this year because I was in Burbank for "The Voice" when the school semester started and there was no way I could run like 80 miles a week on top of filming. I thought, "You know what? Probably time to stop this one."

How did you feel when you learned that you were going to Burbank, California, for the blind audition in front of music icons like Stefani and Legend?

It was the craziest thing ever. Even through all the callbacks, I would get another email that said "Hey, you've made it again," and I was like, "Okay, sure." I never really believed it. I still don't think I've even processed it. Hanging out with Gwen Stefani? That doesn't feel real.

Stefani and McEntire turned for you during your audition. Why did you ultimately choose Stefani as your coach over McEntire?

Ward: My blind audition was on the last day of auditions - when I performed, there were very few spots left on each team. I think there was one on Reba McEntire's, one left on Niall Horan's, one left on John Legend's, and three left on Gwen Stefani's. At this point in the taping, though, I spent at least a month getting to know each contestant and getting to know which ones I could not beat in a battle. So, I was making my choice between Reba McEntire and Gwen Stefani from a logical standpoint – I stood out more a lot on Gwen's team; she had 10 girls and four guys, whereas Reba had a lot of talented country cowboys and there was just no way I was going to be a cowboy in a country song. So, I'd like to say that I went for Gwen solely for the logic, but really, all I could think of when I was on stage was, "Do I want a hoodie, or do I want tater tots?"

Hoodies and tater tots?

Gwen's coach gift was a hoodie and Reba's coach gift was tater tots.

Did you end up getting tater tots anyway?

No, I didn't, actually, but you could smell them from the stage. Apparently, they were really good; I have a lot of friends on Team Reba who told me so. But, while tater tots are great — don't get me wrong — I wanted something that could last.

How do you envision your music career unfolding over the next few years?

From "The Voice," I have a lot of connections in Nashville, Tennessee, and I would like to explore that down the road. I've got a lot of stuff coming up, but I don't have anything on the calendar for Iowa City, so that's next on the docket because I think it'd be fun to play here. While I'm not currently enrolled in school, it would be silly not to finish my degree, so I plan to do that by either re-enrolling in the UI this spring or by moving to Nashville and finishing online.

REVIEW

'The Holdovers' is the next big holiday classic

Director Alexander Payne's latest flick is already generating Oscar buzz, despite being his first film in six years.

Will Bower

son to war, I believe Da'Vine Joy Randolph will win the Academy Award for Best Supporting Actress for "The Holdovers." From a story standpoint, "The Holdovers" knocks it out of the park. The emphasis is moved away from visuals (though the film does look incredible) and placed on character. Writer David Hemingson developed his characters in a way most modern films neglect, and the result could not have been more rewarding. In this career resurgence, Payne righted the wrongs committed with his 2017 film, the critically-panned "Downsizing." Payne's direction of "The Holdovers" reminds me of his hilarious 2004 film "Sideways," also starring Paul Giamatti. With this film, Payne has certainly proved he's still highly capable of producing quality work, and, with the holiday season right around the corner, "The Holdovers" is a wonderful way to celebrate with the family - if your kids are old enough. I firmly believe that "The Holdovers" will be seen as a holiday classic for decades to come.

DI HEADLINERS Meet Fishbait

Fishbait is one of four bands featured in Headliners, a concert video series by *The Daily Iowan*.





• SEAN TYLER ALBUM RELEASE WITH LUCKY MAN

Singer/songwriter Sean Tyler will be presenting music from his new album in collaboration with guitar duo Lucky Man.

7:30 P.M. | THE JAMES THEATER 1 N. CLINTON ST.

MONDAY NOVEMBER 13

- DEATH CAFE

Discuss death in a safe place with others to make the most of life.

2 P.M. | IOWA CITY SENIOR CENTER 210 S. DUBUQUE ST.

TUESDAY NOVEMBER 14

HOLIDAY POP-UP MARKET IN IOWA CITY

The market on the Iowa City Pedestrian Mall in the center of the city features baked goods, clothing, jewelry, and art. Small businesses are selling items in the two popup storefronts open to the public.

11 A.M. | IOWA CITY PEDESTRIAN MALL 210 S. DUBUQUE ST.

WEDNESDAY NOVEMBER 15

BENNETT SIMS

+ C M Y K

Bennett Sims is a Writers' Workshop alumni and award-winning author who will be reading from his new collection "Other Minds and Other Stories."

7 P.M. | PRAIRIE LIGHTS BOOKSTORE 15 S. DUBUQUE ST. Arts Reporter william-bower@uiowa.edu

Over the weekend, Iowa City's FilmScene offered early-access screenings of director Alexander Payne's newest holiday comedy-drama, "The Holdovers." The film is highly anticipated by cinephiles across the nation and has already generated Oscar buzz.

Produced by University of Iowa alum Mark Johnson, known for his Academy Award-winning work with "Rain Man" as well as his work on "Breaking Bad" and "Better Call Saul," "The Holdovers" stars Paul Giamatti, Da'Vine Joy Randolph, and newcomer Dominic Sessa, with the plot set in the 1970s New England.

The cast's performance was especially impressive, but special praise should be directed towards Giamatti and Randolph who both delivered incredibly candid performances, as well as Sessa, making his feature film debut with "The Holdovers."

With her heart-wrenching and hilarious performance as a mother grieving the loss of her

CARTOON



Emily Nyberg | The Daily Iowan Iowa City band Fishbait performs during *The Daily Iowan* Headliners in the *DI* newsroom on Oct. 28.

Jami Martin-Trainor

Managing Digital Editor jami-martin-trainor@uiowa.edu

Fishbait is an Iowa City band with members J.J. Razor, Thomas Halligan, and Nathan Ward. The funk metal group's first album was released on Oct. 28 and is available on streaming platforms.

Fishbait is one of four groups of musicians The Daily Iowan invited to perform for a video series of live concerts called Headliners, a recorded and edited version of these concerts to bring Iowa City's music scene beyond the community. The first episode of The Daily Iowan Headliners will be live on Nov. 10.

This interview has been edited for length and clarity.

DI: How have you found yourselves slotting into the Iowa City music scene?

Thomas Halligan: The scene is alive and beautiful right now. There are so many great bands, and I'm just happy that we can offer our own little piece. I think that the music we make is a little weird, a little eccentric. It finds its own little niche, which is really fun because the people who like it are weird like us.

Cartoon by Avi Lapchick | The Daily lowan

J.J. Razor: We moved here to pursue the band because we knew that if a scene was happening, it was here, and it definitely is. It's just a place where people appreciate music, man.

What's your favorite part of performing in front of a live audience? Razor: I think it's really cool to make something and have somebody respond to it. Just connecting with people through something you made is a very cool feeling. Catching one person's face in the crowd, like, stank-facing at a certain part, is just a really cool feeling. It's just cool to see people enjoy this stuff you make.

Halligan: I mean, it's why you do it — to be on stage and then to kind of hear what started in your bedroom blossom into something. Like J.J. said, people are grooving with, and just to think about all the progress we've made as a band. Then you get those moments on stage where we all lock in together, and then you just can't miss it.

How was your experience participating in *DI* Headliners?

Razor: That was awesome. Very cool. I didn't know what to expect.

Halligan: It was a nice, intimate experience. Some great bands, for sure.

Razor: I'm excited to see how the edited video comes out. There's a lot of cool angles you guys got.

"Just connecting with people through something you made is a very cool feeling."

> J.J. Razor Fishbait member

COSTUMES from 1C

Costumes must be fitted to performers, and, with dance in particular, each performer may have different preferences about how the clothing impacts their movement.

Even before casting for the gala was complete, the costume shop began working. Margaret Wenk-Kuchlbauer, the UI performing arts costume and scenery designer, typically starts working on costume design and planning as soon as she hears the initial ideas for a performance.

"That first conversation would inform fabric choices, color choices, pedestrian shapes, abstract shapes, all of those kinds of things - even, 'Do you want to see buttons, do you not want to see buttons?"" Wenk-Kuchlbauer said. "Some of the simple questions like that, but really just to understand the meaning of what they want to say.'

Most choreographers wait until they see the performers and the space before developing ideas she said. Because of this and the costume shop's tight schedule, costume designers have to stay as organized as they can.

When creating a costume, Wenk-Kuchlbauer considers several things, including working with choreographers to understand the meanings behind their performances and the looks they want to create.

One piece was in celebration of the arrival of the monarch butterfly to Mexico, but also explored the deeper meaning of what it means to be an immigrant, Wenk-Kuchlbauer said. "In these clothes are mutable parts because of the liquidness of the fabric - it makes it look like they are burdened. At the same time, there's a lightness. We have a kind of an abstraction of all of those notions coming together in the clouds.'

Each piece in the Dance Gala has its own

original, but some of it is also inserted as

Sara Stumpff | The Daily Iowan

new and rearranged on different people." Not only does body type impact costumes, but the naturally well-lit costume shop in Hancher also looks much different than the lighting of a stage. As a result,

the costumes will look like is one thing, but Wenk-Kuchlbauer said that adjustments

typically happen once she sees the dancers

bodies, and so things have been tweaked

up," Wenk-Kuchlbauer said. "A lot of it is

There are different people, different

and the actual pieces and performances.

with several washers and dryers.

see their ideas come to life - that's really neat," Wenk-Kuchlbauer said. "And ultimately when the performers are happy that they understand and can click why they're in that particular garment on stage telling this particular story and message, it's good.'

is Cindy Kubu, the Dance and Opera Cosof the process is budgeting. The costume shop budget runs on a show-to-show basis, so each show has its own budget.

mates how much she thinks the costume designers will need and keeps a tight record that she can refer back to. Each performance may have more than 1,000 re-

of my head I'm going to have that, looking at this show," Kubu said. "I'm going to have 40 or 50 pounds of dry cleaning. And I know what my rate is for that. So every-

place, the costuming process can really begin. While some costume pieces are made by hand, others are purchased from stores across the world for more specialized projects. Additionally, many pieces are bought from stores and then altered

"I love that moment where I can look across the shop, and we've brainstormed, and we've planned, and things are working, it's just magic," Kubu said. "And that's one phase here — then it changes, and we move into another phase."

Sewing stations are seen at the University of Iowa Dance and Opera Costume Shop at Hancher Auditorium in Iowa City on Nov. 3. Costumes must be fitted to performers, and each performer may have different preferences about how the clothing affects their movement.

Wenk-Kuchlbauer is responsible for the technical aspects of creating costumes. In the shop, she uses a large, kitchen-grade soup kettle to dye clothes. Besides the kettle, the costume shop is also equipped

"When a choreographer or director can

Working alongside Wenk-Kuchlbauer tume Shop manager. For Kubu, a key part

At the start of the process, Kubu esti-

ceipts, according to Kubu. "Dry cleaning — I just know off the top thing is very tightly accounted for."

Once ideas and projects are set into by cutting, hemming, or dyeing.

ing, time runs short. When pieces are late, Wenk-Kuchlbauer and Kubu have to find backup plans. For the Dance Gala, in particular, the costume shop provides dancers with everything for the performance, including dance shoes and even socks.

We want to make sure that it will survive the run of the show because all of a sudden if something blows out during the run of the show, and it's their own [costume], you hate to do that to someone," Kubu said.

Kubu said the Dance Gala is one of the dance performances at the UI that focuses on equity among dancers, so everyone can take away educational experiences.

How to attend the Dance Gala

Dates: Nov. 10 and Nov. 11 When: 5:30 p.m. Where: Hancher Auditorium Ticket prices:

- Adults \$20 Youth/Non-UI student \$10
- UI Student \$5

"The students just get so jazzed," Kubu said. "To hit the big stage, the dressing rooms, the whole ambiance of it, and to see their families after in the lobby - it's very exciting."

Once Dance Gala is over, the strike process for the costume shop happens almost immediately. Costume plans are already being made for spring performances in both opera and dance, so there is little downtime. While fittings cannot happen over winter break, the costume shop rolls back into action as soon as students return to campus.

Concept art for costumes is displayed on one of the walls in the Costume Shop of Hancher

Auditorium in Iowa City on Nov. 3. "When a choreographer or director can see their ideas

come to life - that's really neat," Margaret Wenk-Kuchlbauer said.



to other performances, one featuring different shades of green, purple, blue, and another with only black and white.

rack in the costume shop. The rack for the

piece mentioned by Wenk-Kuchlbauer was

a blend of oranges and browns, mimicking

the colors of a monarch butterfly. Other

racks in the costume shop were dedicated

Having an idea in her head about what

costumes may appear differently in design than in performance.

designing costumes, Besides

With pieces already coming from across the world, and more pieces needing alter-

Kubu said. "When this closes, we roll into our projects for next spring. "We're always thinking next steps.

DANCE GALA

November 10 & 11 / 7:30 p.m. / Hancher Auditorium

Co-produced by the Department of Dance, Performing Arts Production Unit, and Hancher Auditorium

The Department of Dance presents a rich program of both new and restaged works by faculty members and creative collaborators as well as a work by distinguished guest choreographer Aaron Samuel Davis.

\$5 UI Students | \$10 Non-UI Students and Youth (17 + under) \$15 Seniors (65+) | \$20 Adults

GET TICKETS: HANCHER.UIOWA.EDU/2023-24/DANCE-GALA



12 DANCE HANCHER PRODUCTION THEATRE ARTS



Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact Paris Sissel in advance at (319) 467-4849 or at paris-sissel@uiowa.edu.

MEN ON BOATS **By Jaclyn Backhaus Directed by Mary Beth Easley**

November 3-11, 2023 David Thayer Theatre | UI Theatre Building



RE.UIOWA.EDU/EVENTS

on with a disability who requires a reas ate in this program, please contact the Hancher Box Office in advance at 319-335-1158



Artist brings sashiko art form to lowa City

Local artist Mai Ide taught the 300-year-old Japanese technique at Public Space One.

Caden Gantenbein

Arts Reporter caden-gantenbein@uiowa.edu

The cozy room inside the Public Space One Close House provided an intimate setting for those participating in a sashiko lesson on Oct. 31.

Sashiko, the art of mending old garments in a therapeutic or holistic manner, is a long-lasting Japanese tradition that prioritizes saving everything and not wasting usable material.

Mai Ide, a multidisciplinary artist who focuses on cultural intersectionality and ambivalence toward her identity as a Japanese woman, immigrant, and mother, led a group of around 10 participants on the ancient art form's creation process.

started instructing, Before Ide participants already felt an intimate and close connection to others in the room. The group, some of whom were strangers to each other before the workshop, had spent a good part of the workshop sharing deeply personal stories and anecdotes, a conversation fostered by the safe and private environment that Ide established.

Though sharing stories with fellow participants was encouraged, according to Ide, the identities of each participant were to remain anonymous to respect the lesson's involvement with personal trauma, recovery, and healing.

'You have to understand yourself before you can understand your art," Ide said.

"Sashiko focuses on slowing down, intention, and mending both yourself and the garment," she shared. "If you are sewing in a therapeutic or purposeful way, that's sashiko."

Mai Ide Multidisciplinary artist

Ide prioritized the sentimental value that embodies the art form and spoke to the importance of self-understanding, a key insight into how personal and intentional this meditative art form is.

'Sashiko focuses on slowing down, intention, and mending both yourself and the garment," she said. "If you are sewing in a therapeutic or purposeful way, that's sashiko.



Artist Mai Ide welcomes people to her sashiko workshop at Public Space One in Iowa City on Oct. 31. Sashiko is the traditional Japanese practice of embroidery and stitching, and it can be used to mend trauma and heal.

Likewise, Ide places a heavy emphasis on the human body, using it as a natural starting point off which she works: abstract nipples, breasts, genitalia, and even a pair of shoes designed to look like bare feet are among her creations made with the purpose of reclaiming one's body.

However, according to Ide, many Western brands have popularized and reduced the art form's sentiment in the pursuit of trendiness. She also spoke of the harm and frustration this trend has caused to the traditional practice and the artists affiliated with it.

'When I moved to the United States, I realized that sashiko became just fashion and that people were teaching how to make sashiko without deeper meaning," Ide said, choking up as she spoke. "I was shocked."

For Ide and other artists like her, the Westernization of this cultural art form is reductive of their work as it is often mass-produced, sold for cheap and lacking any of the personal charm that is usually embedded ino the work.

Apologetically breaking into tears at one point, Ide spoke about the way in which sashiko is taught in the United States. While the technique is appropriately taught, the tradition and emotional aspects of the craft are not prioritized the way in which they should be.

Most often, sashiko pieces take considerable effort and time, made to resemble strength, resilience and spirituality — something completely lost when the item is produced in a factory. Not only does it strip away the intention and passion for the art, but also the individuality, Ide said.

"An understanding of the history is often forgotten in the Western world when making sashiko," Ide stated. "People tend to focus on only the visual aspect, which is why it's so important that we continue to teach it properly.'

Ide highlighted the concept that sashiko is tied to spirituality just as much as it is culture, and to leave out the spiritual aspects of the art is to discard the most transcendental part of the practice.

Participants first practiced on a small hand towel that outlined a unique pattern and floral design before being given the chance to work on garments brought from home.

Attendees worked on their pieces individually, ever-so-delicately weaving while light music and the sounds of chirping birds played in the background.

The ambiance of the evening and the gracefulness of the instructor fully encompassed the passion Ide had for the art of sashiko, with participants seeming to thoroughly enjoy the learning experience and intimacy with this delicate, ancient art form.



TAKÁCS QUARTET

Thursday, November 9 / 7:30 p.m. The Englert Theatre

\$10 STUDENT & YOUTH TICKETS

Formed in Budapest in 1975, the Takács Quartet garnered international attention two years later by winning first prize and the critics' prize at the International String Quartet Competition in Evian, France. Now the quartet-in-residence at the University of Colorado, the Takács is renowned for "marrying aristocratic elegance and red-blooded energy to everything they play." (Seen and Heard International) Presented at The Englert to increase the immediacy of the performance, the concert will put the audience up close to one of the world's legendary string quartets.

TICKETS Adults \$40 Students & Youth \$10

HANCHER EVENT PARTNERS Artemus Bush-Helen Jones Trust

MIDORI AND FESTIVAL STRINGS LUCERNE

Tuesday, November 14 / 7:30 p.m. Hancher Auditorium

Grammy Award-winning violinist Midori made her professional debut with the New York Philharmonic in 1982-when she was 11 years old. In 2021, she was a recipient of the Kennedy Center Honor for her lifetime artistic achievement. Rightly recognized as one of the most outstanding violinists of our time, she is also an activist and educator who is devoted to crafting connections between music and the human experience. The Washington Post says, "Midori is still the singular sound of familiar from her long affiliation with the virtuosic standards: big, focused, strongly projected, uncannily smooth and consistent bowing across a broadband spectrum of volume and color."

TICKETS Adults \$75 / \$55 Students & Youth \$10 HANCHER EVENT PARTNERS Robert J. & Sue B. Latham

ROOMFUL OF TEETH AND GABRIEL KAHANE

Thursday, November 16 / 7:30 p.m. Hancher Auditorium / Onstage Seating

A HANCHER CO-COMMISSION

Founded to "mine the expressive potential of the human voice," Roomful of Teeth delivers performances that can be summed up in a single word: exquisite. The Grammy-winning ensemble-self-described as a "vocal band"-is dedicated to creating and performing meaningful and adventurous music that amplifies voices old and new. The Boston Globe says, "Experimentation may be this group's calling card, but its essence is pure joy."

Gabriel Kahane is a composer and singer-songwriter who has collaborated with and composed for everyone from Sufjan Stevens to the Los Angeles Philharmonic.

TICKETS Adults \$25 Students & Youth \$10 HANCHER EVENT PARTNERS Mark & Fran Lundy



→ LEARN MORE AND GET TICKETS AT **HANCHER.UIOWA.EDU**



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