

BREAKING BARRIERS

Iowa women's basketball player Caitlin Clark is waking up the world to women's sports.



Ayrton Breckenridge | The Daily Iowan

Iowa guard Caitlin Clark signs autographs during a welcome home event for the Iowa women's basketball team's NCAA national championship runner-up finish outside of Hyatt Regency Hotel in Coralville on April 3. The championship game garnered a record-setting 9.9 million viewers on ABC. The team will play on Oct. 15 at Kinnick Stadium in front of about 50,000 fans.

Kenna Roering
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The 2023 national runner-up Iowa women's basketball team can't go anywhere without getting recognized. The title game featuring Iowa's Caitlin Clark and Louisiana State University's Angel Reese in April averaged a record-setting 9.9 million viewers across ABC and ESPN.

Across state lines, Nebraska volleyball set an all-time attendance record for a women's sporting event when 92,003 people dressed in red packed into Memorial Stadium on Aug. 31 to watch the Huskers defeat the Omaha Mavericks in three straight sets. And on Oct. 15, Clark and Co. will set the all-time attendance record for a women's basketball game as nearly 50,000 tickets have been purchased for Crossover at Kinnick, an exhibition game between the Hawkeyes and the

DePaul Blue Demons. Such national attention was unheard of across women's sports just a couple of years ago. "I want my legacy to be the impact I have on young kids and the people of Iowa," Clark said with tears in her eyes after the title game loss against LSU. "I was that young girl. All you have to do is dream, and you can be in moments like this."

HISTORY | 2A

INSIDE



Finding the University of Iowa's Sudanese community

UI student and *Daily Iowan* Amplify reporter Noora Minalla joined a Sudanese student organization to reconnect with her culture.

AMPLIFY | 6A



Tattoos: The story behind the ink

Getting tattoos over scars can be emotional for those who choose this unique form of therapy.

80 HOURS | 1C

ONLINE

• See detailed coverage of the Crossover at Kinnick Iowa vs. DePaul women's basketball scrimmage on Oct. 15 at dailyiowan.com.

• Listen to the latest episodes of *The Daily Iowan's* weekly podcasts, Above the Fold and Press Box Banter, where the *DI* covers the latest news and sports on streaming platforms and at dailyiowan.com.

DITV

Streamed live at 8:30 a.m. on Mondays, Wednesdays and Fridays. Always available on dailyiowan.com

Family pushes for sickle cell awareness

After the death of two sisters, an Iowa family is holding sickle cell blood drives in Coralville.

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Sister Beleta and Barbara Brewer from Des Moines died in their 40s from sickle cell disease in 2013 after spending most of their lives in the hospital because of multiple surgeries.

Their younger sister, Betrina Brewer, said they lived a full life. Since their deaths, their family has held sickle cell blood drives since 2018 at the non-profit blood center ImpactLife in Coralville.

Many people who live with the disease are often unaware that they possess the sickle cell trait, let alone have the disease. Sickle cell disease is a genetic disease of the blood in which both parents carry the sickle cell trait.

Beleta Brewer was born in 1972, a time in which there was very little research on sickle cell disease. Barbara was born soon after in 1973, and the two inherited the trait and contracted the disease.

Shyneeta Rush, a cousin to the Brewer sisters and an ImpactLife volunteer ImpactLife in Coralville, has organized the blood drives for five years. Rush and her husband began hosting these drives at their church and later at the African American Museum of Iowa in Cedar Rapids.

ImpactLife now holds sickle cell blood drives once or twice a year, Rush said, and collected 12-15 units of blood at the July 2023 drive in Coralville. Territory Manager at ImpactLife Michelle Stebral said during these drives, they typically see about 15-20 people.

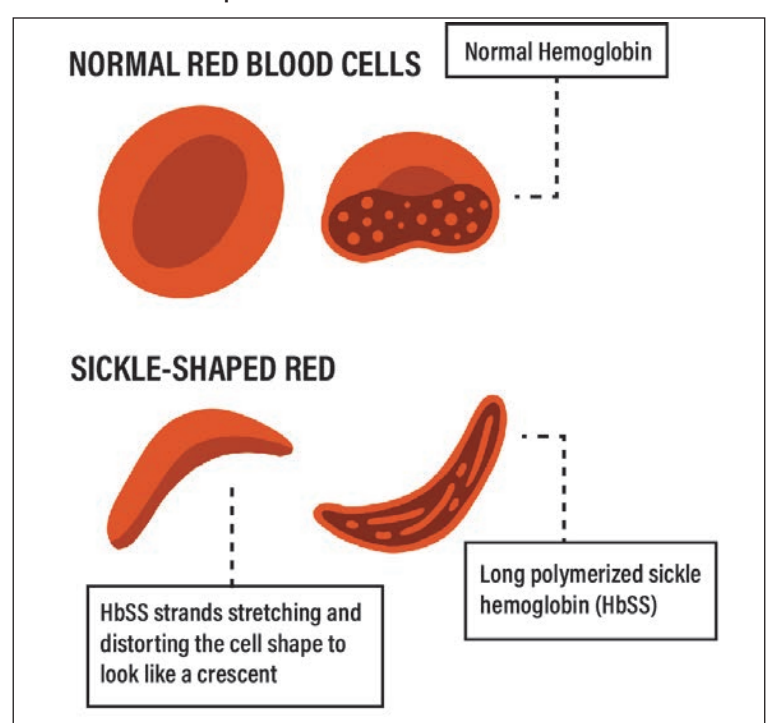
Symptoms of sickle cell anemia

Betrina Brewer said both her sisters had sickle cell anemia, which affected their organs, and was "the worst type" of sickle cell disease. The two women had strokes, heart attacks, ulcers, and joint pain due to their disease.

"I remember how tired and depleted they would be and how severe the

Sickle cells and their differing appearance

Sickle cell disease affects hundreds of individuals every year. The disease affects red blood cells and alters their shape.



Graphic by Amy Scott | The Daily Iowan

CELLS | 8A

Amish residents oppose construction on JoCo road

Despite concerns on the project's price, county officials approved the plan to start in spring.

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Despite concerns from the Amish community, the Johnson County Board of Supervisors is moving ahead with a plan to repave a county road outside of Kalona, Iowa.

The project will resurface a portion of 540th St. S.W., which passes in front of Stringtown Grocery in Kalona, Iowa. The road will change from a chip-seal surface to an asphalt surface as part of the county's five-year plan.

The project was approved 4-1, with Supervisor V Fixmer-Oraiz as the sole dissenter. A roughly \$983,000 contract was awarded to L.L. Pelling for the project at the Sept. 28 formal session. There are about 10,200 Amish people in Iowa, according to a 2022 Elizabethtown College study.

Less than a half mile long, the project is the beginning of a larger plan involving 540th St. set for 2024 or 2025.

Ed Schlabach, a previous owner of Stringtown Grocery and a member of the Amish community, said the county is looking at the situation from a different angle than his community.

Schlabach said the chip-seal road is better for horses, and the community does not want it to be changed, especially considering the price tag attached to the project.

"Why spend the million dollars, especially when we have a horse-friendly road already?" Schlabach said.

Schlabach said his community doesn't think the road is a wise way to spend tax dollars.

Supervisors Fixmer-Oraiz and Jon Green visited the site to meet with residents and discuss the project before voting on it.

Fixmer-Oraiz said they wanted to signal to constituents that the supervisors listened to their concerns, and further the conversation for next time.

"I didn't feel comfortable ... having just heard from residents that that was something that they had concerns about," Fixmer-Oraiz said. "I am deeply appreciative of the work that our county engineers have done, and I also want residents to



Fixmer-Oraiz

JOCO | 8A

HISOTRY
from 1A

Title IX paves way for women in sports

Women in sports would not have the opportunities they do today without Christine Grant and her push for full implementation of Title IX, the federal legislation passed in 1972 that required equal opportunities for all in athletics and academics.

Grant earned her master's degree in physical education from Iowa in 1970. Three years later, she was named the Hawkeyes' first director of women's intercollegiate athletics and remained in that position until she retired in August 2000. She also served as a consultant for the Civil Rights Title IX Task Force.

Grant hired Iowa women's basketball head coach Lisa Bluder in April 2000. Grant died on Dec. 31, 2021, at 85 years old, but her impact on Bluder has been deep and long-lasting.

"She was my mentor — she was a role model for me," Bluder said of Grant. "She taught me how to think in a different way. I'd always been aware of the inequalities, but she taught me to sit in a room and listen with a different ear set and listen for those subtle inequalities that people were talking about and have the courage to bring them to attention."

Volleyball coaches, like Wisconsin's Kelly Sheffield, have been fighting for more national exposure of the sport for over a decade.

This season, a record-setting 64 Big Ten volleyball matches will be televised nationally on Big Ten Network, FOX, FS1, and FS2. The FOX network is broadcasting its first-ever Big Ten volleyball matches on Oct. 29, featuring Ohio State at Michigan and Minnesota at Wisconsin.

ESPN and the NCAA announced on June 29 that the 2023 NCAA Women's Volleyball Championship will be broadcast live on ABC for the first time on Dec. 17.

Nebraska's match inside Memorial Stadium drew 518,000 viewers to Big Ten Network, the second most watched regular-season volleyball game ever across all networks.

Emily Ehman, a volleyball analyst for Big Ten Network, emphasized how important these events are for women's sports, noting that they exceed the platform of general sports viewership into the viewership of the average person.

"It's not just platforms like ESPN or Big Ten Network covering these events, it's the *New York Times*, CNN, FOX, etc.," Ehman wrote in an email to *The Daily Iowan*. "Growing sports starts from the top, and events like these show what's possible for women's sports when they finally get the investment they deserve."

The landmark event also caught Clark's attention, who commented on Bleacher Report's video of the Huskers walking out of the tunnel on X, formerly known as Twitter, and said "Sheesh" with a fire emoji. Her post ultimately garnered over 4,000 likes and 160 reposts.

The point guard said on Oct. 4 that she has always been a Nebraska volleyball fan and can't imagine what it feels like to walk out to 90,000-plus fans screaming for you.

Nebraska head coach John Cook was visibly emotional throughout the event. Cook told media members following the historic match that he had "probably cried five times today."

"That match in Memorial Stadium in Lincoln, Nebraska, has to go down as one of the seismic, most important events in the history of the sport, not only in the United States but in the world," Michael Calderon, Big Ten Network senior vice president for programming and digital media, told *Volleyball Magazine*.

Room for growth

Although Title IX was enacted over 50 years ago, much work still needs to be done.

The NCAA women's basketball tournament wasn't allowed to use March Madness marketing and branding until 2022, unlike the men's national tournament that has used the term since 1939.

Things started changing when former Oregon forward Sedona Price voiced her concerns on TikTok about the disparity in weight room



Shivansh Ahuja | The Daily Iowan

Grant Field namesake Christine Grant watches the Iowa field hockey team in action against Indiana on Sept. 16, 2018. Grant was a founding member of the Association of Intercollegiate Athletics for Women.



Ayrton Breckenridge | The Daily Iowan

Iowa women's basketball head coach Lisa Bluder gives directions to players during Iowa women's basketball media day at Carver-Hawkeye Arena on Oct. 4. Bluder leads the program in all-time wins as head coach.

equipment and food between the men and women during the 2021 NCAA Tournament. There were also complaints about the difference in "swag bags," as the women's items paled in comparison to the men's and were not branded with March Madness or The Big Dance.

Star NBA guard Steph Curry and Billie Jean King, arguably one of the best tennis players to date and a well-known gender equality advocate, joined the outrage on social media over the disparities.

The NCAA implemented changes for the 2022 women's tournament following the outcry and has since seen positive results.

The 2022 women's tournament averaged 634,000 viewers per game, a 16 percent increase from 2021, according to The Associated Press.

The title game between the Tigers and Hawkeyes peaked at 12.6 million viewers at one point during the contest. Iowa's win over top-ranked and unbeaten South Carolina in the Final Four drew 5.5 million viewers, shattering the previous semifinal record of 3.23 million viewers for UConn against Stanford.

"Our game has grown tremendously just over the past few years, and it needed to because things weren't equal," Clark said.

Clark 'makes the young ones believe'

Clark hasn't just changed the game at the collegiate level.

High school and youth athletes imitate Clark while in the gym and at home in their driveway, shooting long-range 3-pointers and attempting no-look passes.

Her range and confidence from deep, as well as her court vision, is something the women's game has arguably never seen.

Reagan Pagniano, a junior point guard and 2022 state basketball champion at Pleasant Valley High School, said she tries to push the tempo like Clark when she's on the hardwood.

"Girls want to play like her," Pagniano said. "I mean, she's just so good. Like, I don't know how to explain it. She just knows where

everyone's at. And she can teach me some pretty cool passes, too."

Clark's former coach at Dowling Catholic High School, Kristin Meyer, said she sees young girls and boys sporting the point guard's gear around Des Moines and has even seen people throw Clark-themed birthday parties.

Meyer said Clark, who hails from West Des Moines, was happy to help with youth camps and skill sessions in high school. She said Clark has the same goofy personality now.

"I don't know if she necessarily had even an idea of the impact she could have. But she always kind of wanted that wow factor," Meyer said. "When she stepped on the court, she wanted to play in a way that was fun for her. And for it to be fun for her, it had to be a challenge."

While Clark's been in Iowa City, she has tried to attend the youth basketball camps at Dowling each summer. This last summer, Clark couldn't attend because she held her own youth camp, which sold out just a few hours after the sign-up link was posted, but she made sure to send a special video to Meyer to inspire the Dowling campers.

Meyer believes that Clark has had an impact on youth and high school girls' basketball enrollment numbers. The head coach said she thinks Dowling will see the highest numbers it's ever had for girl's basketball this upcoming season.

"I think Caitlin has shown, especially female athletes, female basketball players, that they can do more than maybe most thought they could, whether it's a more difficult

sink right through," Grimm said. "It just makes the young ones believe."

Crossover at Kinnick

Not even two weeks after falling to LSU in the national championship, Bluder proposed the idea of hosting an exhibition game at Kinnick Stadium to Interim Athletic Director Beth Goetz.

Bluder remembered when Iowa wrestling hosted Grapple on the Gridiron in 2015, a dual meet between the Hawkeyes and Oklahoma State Cowboys at Kinnick that drew 42,287 spectators. She knew Iowa fans would show out the same way for her squad.

It didn't take much convincing, if any at all, for Goetz to hop on the opportunity. All proceeds from the event will go to the University of Iowa Stead Family Children's Hospital.

"When I went to our athletics director, Beth Goetz, she said yes without blinking, and all of our administration took on so much added work," Bluder said. "This is an away football weekend, and it's going to be treated like a football weekend almost."

The current attendance record for a women's basketball game is 29,619 fans and was set during the 2002 national championship game between UConn and Oklahoma. The Huskies went 39-0 that season with basketball legends Diana Taurasi, Sue Bird, and Swin Cash all on the roster.

The Iowa women's basketball team ranked second in attendance in the 2022 season, averaging 11,143 fans per game. This year, Clark and

"I think Caitlin has shown, especially female athletes, female basketball players, that they can do more than maybe most thought they could, whether it's a more difficult move or a deeper shot."

Kristin Meyer

Clark's former coach at Dowling Catholic High School

move or a deeper shot," Meyer said. "So, I think we're going to see some changes in the game, just by her showing what's possible and people trying to imitate her."

Ashley Grimm, an assistant girls' basketball coach at Cedar Rapids Prairie High School, alongside head coach and former Hawkeye basketball player Kenyon Murray, said she notices girls at the prep level taking more difficult and deeper shots thanks to Clark.

Grimm added that her fifth-grade daughter, Gi'a, instantly chose Clark as her favorite player when she watched the star compete for the Hawkeyes.

Clark, a three-time All-Big Ten and All-American selection, is just the second player in Big Ten women's basketball history to have registered more than 2,000 points, 550 assists, 520 rebounds, 110 steals, and 40 blocks in a career.

"It's just kind of like magic when you see Caitlin make almost what seem like impossible shots, and they

her teammates will play in front of a packed Carver-Hawkeye Arena every game, as season tickets sold out for the first time in program history.

In April, Iowa Athletics had to pause season ticket requests after receiving deposits for 6,700 new season tickets. Before selling out the 2023-24 season, the Iowa women had only sold out three regular season games.

Clark hopes to continue her and the Hawkeyes' impact this season and keep giving people a reason to watch and get excited about women's sports. She currently has 2717 career points—just 811 points from surpassing all-time leading scorer Kelsey Plum.

"I've always loved the game of basketball," Meyer said. "But getting to be around Caitlin for four years in high school and now watching her play in college and her impact on the game has made me love the game even more. I'm just 'so happy for her to have that impact and get to live out her dream every day."



Cody Blissett | The Daily Iowan

Interim Athletics Director Beth Goetz speaks during a press conference on Aug. 17. Goetz started her role as interim athletics director on Aug. 2.

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The Daily Iowan strives for accuracy and fairness in reporting news. If we've made an error or a report is misleading, let us know about it: daily-iowan@uiowa.edu.

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Building up to the big stage

After years of success, women's sports are becoming marquee events.



Dylan Widger | USA TODAY Sports

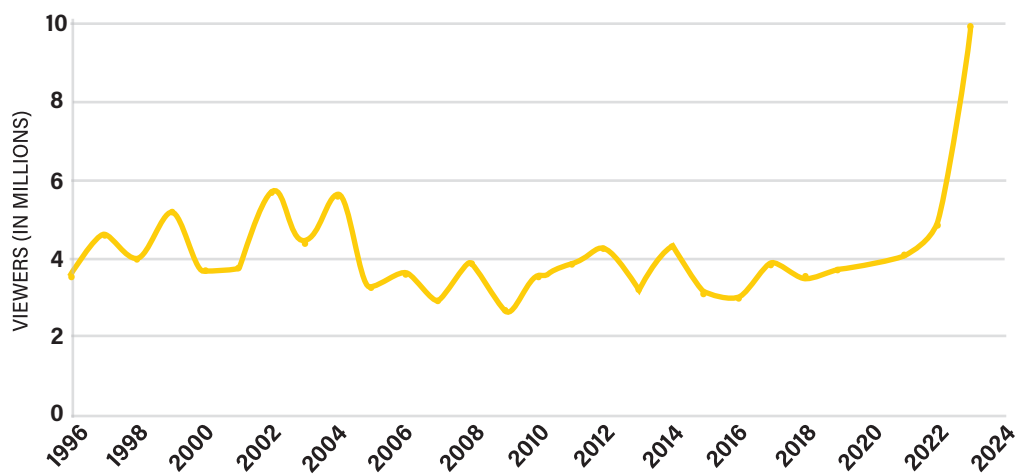
Aug. 30; Lincoln, NE., USA; Fans hold up cellphone lights before the third set between the Nebraska Cornhuskers and the Omaha Mavericks at Memorial Stadium.

WOMEN'S SPORTING EVENTS GROWING IN POPULARITY

Carver-Hawkeye Arena is sold out for the 2023-24 women's basketball season.

VIEWERSHIP OF MARCH MADNESS

In 2023, the final March Madness game had the highest record of viewers, averaging at 9.9 million. The game was also the most viewed men's or women's sporting event to date on ESPN+.



BREAKING ALL-TIME ATTENDANCE RECORDS

A Nebraska volleyball set broke the all-time attendance record for women's sports, which was previously held by a Champions League match in Barcelona, Spain, in 2022. Iowa women's basketball is expected to break their own record in the upcoming Crossover at Kinnick event.



Sourced from Sports Media Watch, ESPN, and UI Athletics

Infographic by Marandah Mangra-Dutcher and Jami Martin-Trainor | The Daily Iowan



Staff | The Daily Iowan

University of Iowa women's sports include basketball, cross country, field hockey, golf, gymnastics, rowing, soccer, softball, swimming and diving, tennis, track and field, volleyball, and wrestling.



INFINITE

A NEW MULTIDISCIPLINARY FESTIVAL

PRESENTED BY HANCHER AUDITORIUM AND THE OFFICE OF PERFORMING ARTS AND ENGAGEMENT

WED, OCT 11

5:00 PM
FREE!

RECONSTRUCTING: WHO & HOW ARE WE TOGETHER?

A Conversation on Process with Jillian Walker and Emma Orme of The TEAM
Featuring Johanna Kasimow (moderator)
@ Riverside Theatre

7:30 PM

SPHINX VIRTUOSI

Presented in collaboration with The Englert Theatre
@ The Englert Theatre

THURS, OCT 12

5:00 PM
FREE!

HEREIN LIES THE TRUTH: A WORK-IN-PROGRESS CONVERSATION

Featuring Aaron Pang, Christopher-Rasheem McMillan, Tisa Bryant, and Adam Knight
@ The Stanley Museum / Lobby

7:30 PM

LOVE IN EXILE FEATURING AROOJ AFTAB, VIJAY IYER, AND SHAHZAD ISMAILY MAKAYA MCGRAVEN: IN THESE TIMES

Presented in collaboration with Feed Me Weird Things
@ Hancher Auditorium / Hadley Stage

FRI, OCT 13

5:00 PM
FREE!

REGARDING THE CONTINUUM: AN EXPLORATION OF DREAMS FULFILLED

Featuring LaTasha Barnes and Rebekah Kowal (moderator)
@ Old Capitol Museum / Senate Chamber

7:30 PM
FREE!

JOHN IRVING IN CONVERSATION WITH LAN SAMANTHA CHANG

@ Hancher Auditorium / Hadley Stage

SOLD OUT

9:30 PM

MODEL/ACTRIZ WITH SPECIAL GUEST: KLING

@ Gabe's

SAT, OCT 14

1:00 PM
FREE!

STORYTELLING ACROSS THE ARTS: A CONVERSATION WITH LONNIE HOLLEY & KURT VILE

Presented in collaboration with the Iowa City Book Festival
@ Old Capitol Museum Senate Chamber

2:00 PM
FREE!

UNCHARTED MYTHS: RECKONINGS, REFLECTIONS, AND RIFFS ON AMERICAN STORIES

Presented in collaboration with the International Writing Program and Department of Dance
@ North Hall / Space Place

7:30 PM

KURT VILE AND THE VIOLATORS SPECIAL GUESTS: LONNIE HOLLEY AND MOURNING [A] BLKSTAR

@ Hancher Auditorium / Hadley Stage



INFINITE DREAM

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@ Hancher Auditorium / Hadley Stage

SUN, OCT 15

7:30 PM WERNER HERZOG

Presented in collaboration with The Englert Theatre, Refocus Film Festival, Prairie Lights Bookstore, and Iowa City Book Festival
@ The Englert Theatre



TUES, OCT 17

6:00 PM FREE! NOW IS WHEN WE ARE (THE STARS): A CREATIVE MATTERS CONVERSATION WITH ANDREW SCHNEIDER AND JECCA BARRY

Featuring Daniel Fine (moderator)
Presented in collaboration with Creative Matters, a program of the Office of the Vice President for Research
@ Hancher Auditorium / Stanley Café



WED-SAT, OCT 18-21

CHECK WEBSITE FOR TIMES NOW IS WHEN WE ARE (THE STARS) BY ANDREW SCHNEIDER

SOLD OUT

Presented in collaboration with Creative Matters, a program of the Office of the Vice President for Research
@ Hancher Auditorium / Hadley Stage

WED, OCT 18

5:00 PM FREE! REFLECTING THE INFINITE DREAM: VISIONS OF THE AMERICAN STORY

Presented in collaboration with the International Writing Program
@ Hancher Auditorium / Stanley Café

THURS, OCT 19

5:00 PM FREE! MOBILIZING DANCERS FOR WAR IN IRVING BERLIN'S THIS IS THE ARMY

A Presentation and Discussion by Professor Rebekah Kowal
Presented in collaboration with the Department of Dance
@ The Stanley Museum / Lobby

FESTIVAL PASSES AND INDIVIDUAL TICKETS ON SALE NOW!

→ [HANCHER.UIOWA.EDU/INFINITEDREAM](https://hancher.uiowa.edu/infinite-dream)

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DREAM

SUN, OCT 15

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A Presentation and Discussion by Professor Rebekah Kowal Presented in collaboration with the Department of Dance @ The Stanley Museum / Lobby

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→ HANCHER.UIOWA.EDU/INFINITEDREAM

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Finding University of Iowa's Sudanese community

UI student Noora Minalla joined the Sudanese Student Association to reconnect with her own heritage.



Noora Minalla | The Daily Iowan

Photo contributed by Noora Minalla of her with her family.

Noora Minalla
Amplify Reporter
noora-minalla@uiowa.edu

I was born in California in 2004 to parents who immigrated from Sudan in the 1990s. My upbringing was a blend of American and Sudanese culture, and I used Arabic and English in a constant rotation.

The values my parents tried to instill in me were both from their home country and the one they chose to raise me in.

I, like many other third-culture kids, faced the struggle of understanding my identity and who I was, basically the premise of every Logic song — an artist

commonly talked about on Black Twitter, now known as X, for his frequent mentioning of his biracial identity.

So, I decided to attempt to connect to my culture, with the Sudanese Student Association at the University of Iowa.

The Sudanese Student Association at the UI is focused on connecting Sudanese students while also connecting the community in the city. While the Republic of Sudan is a country located in North Africa, over 7,000 Sudanese individuals live in Iowa, according to the World Population Review. The number of Sudanese immigrants who came to Iowa from 2005 to 2009 was almost 1,000, according to the Arab American Institute.

When I first arrived at the meeting, I was intimidated and felt out of place.

They spoke in fluent Arabic and sounded like the locals from back home. Their mannerisms, the dialect they spoke, and the way they carried themselves all made them seem indistinguishable from someone born and raised in Sudan.

They chatted about their summers, when they last saw each other, and how much they missed one another. It felt wrong being there, but it also felt wrong feeling out of place — why did I feel like a foreigner with people who had my exact background?

I did not find the “overly Americanized” Sudanese girls I hoped to meet. I was trying to suppress the feeling of running.

Once I was able to get past my nerves, I began to start a conversation with other members. The usual conversations of your year, major, and dorm turned into conversations about what area of Sudan we were from and who our families were.

Our first meeting of the year was filled with introductions and icebreakers, including guessing the executives from their baby pictures, bonding over our least favorite Sudanese foods — although I think the stew dish banya was unrightfully slandered — and arguing over which city in Sudan was superior.

Afterward, I spoke to the association's executives about their own relationships with Sudanese culture. The association's president, Afraa Adam, shared her experience as a Sudanese person growing up in Des Moines.

“My family immigrated in 2005, I was their only child at the moment, I was 6 months old,” Adam said.

Adam said her parents implemented their language and culture in the home, and Arabic was consistently spoken. Food, clothes, and conversations about where they came from were always being given to her.

Her sister, Hifaa Adam, who works as the association's treasurer, agreed that their parents made sure to always remind them where they came from.

There is a crossroads most immigrants come to when deciding how they want to raise their children, whether to hold on to their own culture, embrace the culture of the country they moved to, or find an in-between.

Although there are varying opinions within the immigrant community, most of the members of the association felt like their parents fell into the first option, with Sudanese culture being the dominant influence in their upbringing.

The Adam sisters mention their homelife being more conventionally “Sudanese.”

As someone who was raised in multiple countries surrounded by numerous cultures, I have often struggled with how I define myself and the cultures that have influenced me. What does it mean to be Sudanese? What does it mean to be American? Was I “white-washed”? What does that even mean? Can you

even define what it means to a part of a certain culture?

When asked how to define being Sudanese, Hifaa Adam used the word “strong”. Even with the wars and struggles back home, the people of Sudan have continued to show their strength.

I see this strength in the communities we have formed all around the world. I see this strength when the people of Sudan continuously fight against the authoritative regimes that try to suppress them. I see this strength when I watch the people of Sudan stay hopeful and kind, even during the bleakest circumstances.

One attendee of the SSA meeting, Waad Abdella, also touched on this topic.

“I feel like you can't really define it [being Sudanese] to be honest,” Abdella said. “If you're Sudani, you're Sudani ... That's still your heritage, your culture, that's

“I feel like you can't really define it [being Sudanese] to be honest. If you're Sudani, you're Sudani... That's still your heritage, your culture, that's your blood.”

Waad Abdella

Sudanese Student Association member

your blood.”

When asked if they felt in touch with their culture, most members interviewed said they definitely do, although there are times when that could change.

Abdella mentioned feeling the most “in touch” with her culture when she visited Sudan, but when returning to America felt a “disconnect.” She described her middle school era as one where she felt confused and conflicted about who she was, although she has since grown out of that.

“I'd say now, I have a better sense of self,” Abdella said. “I know who I am, I know my culture, and I know my people.”

The SSA seems to be developing a strong community in the UI, and the room is filled with both Sudanese and non-Sudanese students.

The members said the club helped them get to know the people in their communities better and helped them form friendships with them.

“It's easy to find people to study with, or even just go out with, talk to, ask questions with, or just chill with,” Abdella said.

Afraa Adam said this association is the place to find people who share your culture and experiences.

“It helps me be surrounded by people that have similar values, similar culture,” Adam said. “I like being able to bond over food, music.”



Cody Blissett | The Daily Iowan

Noora Minalla poses for a portrait on the Pentacrest in Iowa City on Oct. 9.

GUEST OPINION

Living Memoirs Project: In the mirror

Iowa City resident Katryn Duarte shares her story on life as a multiracial American Peruvian individual.

Nikash Pradhan
Guest Columnist
nikash-pradhan@uiowa.edu

The Living Memoirs Project promotes greater understanding and appreciation of diversity, religion, and culture in the Iowa City community. This article is part of a series of guest columns to showcase the project's work.

Iowa City resident Katryn Duarte was born in Peru and had trouble finding belonging because of her height and multiracial American Peruvian background.

Whether in Peru or the U.S., she said she has always felt like she's “in-between.”

Living in Lima, Peru, her childhood had its fair share of social and economic challenges from inflation running rampant over 3,000 percent in the 1980s to terrorists causing destruction via car bombs placed throughout the city. On her walk to school, she said it wasn't unusual to see dead bodies litter the streets.

Her home life didn't prove to be much better — her family only had power in their home on Tuesdays and Thursdays, and her aunt's perception of her as a “third-world”

person because of her heritage caused even greater hardships.

On one occasion, she accidentally relayed an incorrect message to her uncle to go and pick up her cousin instead of telling him he didn't have to. As punishment, her aunt grabbed her by the neck and threw her to the floor to kiss her uncle's feet. Her aunt had even forced her to wash her toilet with her bare hands despite having people to clean the house.

Her life was made more difficult because other family members, who were fully Peruvian, did not face such disci-

plined measures.

Her feelings as an outsider still followed her into adulthood in Peru.

Because of her 6 foot 2 inch stature, people frequently mistook her identity. Similar to her 13 cousins' experiences, she always had to justify her gender with Peruvian paperwork. Because of her two passports and lighter skin tone, Peruvian individuals would sometimes think she was a spy and didn't belong in the country. Other times, they viewed her as a tourist, further solidifying her sentiment of feeling like a stranger in her homeland.

OPINIONS

DAILYIOWAN.COM

COLUMN

Vote Bohannon, not Miller-Meeks, for Iowa

U.S. Rep. Mariannette Miller-Meeks is more concerned about her donors than her voters.



Grace Smith | The Daily Iowan

Democratic candidate in Iowa's 1st Congressional District Christina Bohannon speaks during a Democratic watch party at Big Grove Brewery and Taproom in Iowa City on Nov. 8, 2022. "We have to carry on. Don't be discouraged. I know some of the results tonight have been discouraging, but don't give up," Bohannon said. "We have to pick ourselves up, dust ourselves on, and we must carry on."



Aaron El-Kerdani
Opinions Columnist

Out with the old, in with the new.

Iowa Republican U.S. Rep. Mariannette Miller-Meeks has served as the representative for Iowa's First Congressional District since 2021. Christina Bohannon, a University of Iowa law professor, is running for the seat as a Democrat.

This isn't the first time the two candidates have faced off. Miller-Meeks and Bohannon ran against each other in 2022, with Miller-Meeks coming out on top by with 53.4 percent of votes.

This year, should Bohannon win the Democratic primary, Iowans should vote for her simply because Miller-Meeks is weak on policy and has a sketchy record with campaign finances.

In all fairness, Miller-Meeks is far from the worst Republican in Congress. She voted to codify same-sex marriage, expand the Violence Against Women Act, approve legislation to investigate the Jan. 6 insurrection, and even co-sponsored America's Children Act in order to protect immigrant children's VISA from expiring.

Miller-Meeks, like many conservatives, is against lowering the expensive costs of prescription drugs, against gun reform, and against abortion.

When it comes to the expensive costs of prescription drugs, Miller-Meeks explained how lowering prices would "interfere with the doctor-patient relationship." This vague argument makes more sense when you know that Miller-Meeks is likely influenced by drug companies, considering she has accepted contributions from healthcare companies.

Miller-Meeks can use whatever excuse she wants,

but it's obvious she will listen to companies and not people. Bohannon has explained on X, formerly known as Twitter, that she's all for lowering the cost of prescription drugs.

Miller-Meeks also falls short when it comes to the issue of abortion. As of 2023, 61 percent of adult Iowans are in favor of abortion while 70 percent of Iowa women are also in favor. Miller-Meeks has stated that she is against abortion except in the cases of rape, incest, and life of the mother. She endorsed a bill from Senator Lindsey Graham that would prohibit abortion after 15 weeks.

Meanwhile, Bohannon has expressed her support for abortion rights. This is not to mention Miller-Meeks did co-sponsor the "Life at a Conception" bill that criminalizes abortion at the national level, and prosecutes any woman who would attempt an abortion.

Miller-Meeks also has questionable views on gun control. Miller-Meeks opposed the bipartisan "Safer Communities Act," which increased background checks for people ages 18 to 21 who want to buy a gun and sent millions of dollars toward mental health and school safety programs, due to "constitutional" concerns despite a lack of an explanation on how it infringes on gun rights.

Bohannon, however, respects the Second Amendment but does advocate for safer gun reforms so Americans can buy guns safely.

It's not just Miller-Meeks' policy that voters should be concerned about. Since 2021, Iowa Democrats called for an investigation into Miller-Meeks' non-disclosed income. It turns out that Miller-Meeks failed to disclose \$34,646 in income from the Iowa Great River Health System and a state pension.

Miller-Meeks is simply not trustworthy and does not have your best interests in mind. It's time to try something new, and if it works, then our lives can change for the better. Let's make it happen.

COLUMN

Gun violence in rural areas is overlooked

The narrative around gun violence in rural America needs to change.



Kennedy Lein
Opinions Contributor

Gun violence, especially in rural areas, has been an overlooked issue for many years.

According to NBC News, two decades of data shows that gun violence is a bigger issue in rural areas than big cities. This issue is largely overlooked by the public and lawmakers alike.

As stated in a study from the American Medical Association, "high rates of gun homicide in urban centers have been the sole focus of many policymakers and used as justification to loosen gun laws, when in fact gun violence is an issue in counties of all sizes."

Rural gun violence needs a larger focus in the conversation around gun control as gun violence has been a growing issue for far too long. Only when rural gun violence is addressed on a larger scale, will we be able to answer what we can do to stop it.

Because of the misconception around gun violence in rural areas, some states' laws around guns in small towns aren't discussed or are nearly as strict. Iowa is one of these states.

"In Iowa, the rate of gun deaths increased 56 percent from 2011 to 2020, compared to a 33 percent increase nationwide," according to Everytown for Gun Safety.

This year alone, 31,761 people have died from gun violence. It was also reported by the Public News Service that from 2015 to 2020, gun sales in Iowa have gone up 83.7 percent.

Iowa the 12th highest rate of gun violence in the nation.

Politicians are ignoring the statistics and not putting enough focus on rural gun violence. Those who are pro-gun have failed to make any changes to this growing crisis because they believe that Democrat-led cities and counties have experienced more gun homicides, but this is not true.

In an analysis on gun homicides in rural America from the Center for American Progress, it is stated that many rural communities of Republican-led states actually have a higher or matched gun violence rate than the democratic-led communities.

From 2016-20, the two highest U.S. counties to experience most gun homicides were rural, according to the center.

The center also mentions that gun ownership in rural areas is much higher than in urban areas, which leads to more gun violence.

Intimate partner homicides are much more likely to happen in communities with high gun ownership, according to the Center for American Progress: "If an abusive partner has access to a firearm, they are five times more likely to kill their victim."

Gun laws have loosened up over the years despite the rising number of deaths from guns. Especially in rural areas where laws, like the red flag laws, are ignored. Because of this, access to guns is much easier than ever before, especially for the youth.

"Children between the ages of five and 14 in rural areas are hospitalized for gunshot wounds at significantly higher rates than their city-dwelling peers," according to the center's article.

Among the young people surveyed in a Public News Service poll, 40 percent said they have "somewhat easy" access to a gun, and 21 percent reported having "very easy" access.

If we don't want to put our children in danger, something needs to change.

Politicians and citizens have the power to change the narrative about gun violence. The facts are there, and this will only get worse if nothing is done.

Rural areas need to have stricter gun laws, but most importantly, there needs to be light shed on the gun violence crisis that is happening in rural America. Before we lose any more innocent lives to gun violence, let's put an end to it.

COLUMN

The quiet benefits of taking a gap year

American college students are missing out on exploring their skills with a year off.



Jordan Coates
Opinions Columnist

Children are often asked about their college and career aspirations at a young age. In America, the earlier students begin striving to get ahead, the more advantageous it is perceived to be. Taking a gap year from your educational journey is often unheard of and deemed irresponsible.

However, choosing to take a gap year and deviating from this societal norm can yield significant rewards. Delaying one's college enrollment by a year can have a substantial impact on the overall trajectory of one's life. In fact, it is highly likely to provide a significant advantage in the long term.

This period away from traditional learning, typically lasting a year, provides students with time to explore new places, participate in community service, intern in their desired field, or work to save money.

Research by the Gap Year Association has proven that taking a gap year between high school and college is an excellent opportunity.

This period away from traditional learning, typically lasting a year, provides students with time to explore new places, participate in community service, intern in their desired field, or work to save money.

According to research done by The Gap Year Association, it was revealed that students who took a gap year had higher college GPAs than their counterparts who didn't. Moreover, according to a survey by the Gap Year Association, 97 percent of gap year participants experienced increased self-confidence, while 98 percent reported personal growth.

Additionally, "60 percent of polled gap year participants said they took their education more seriously due to their experiences ... and outperformed their peers in college with

positive effects lasting throughout their four years at school."

The benefits extend beyond simply prioritizing one's studies. A staggering 80 percent of individuals who opted for a gap year affirm that the skills they developed during their time away from formal education will greatly contribute to their future professional achievements.

Additionally, students in the medical field report significantly lower levels of burnout. Specifically, during analysis, according to the National Library of Medicine, gap years were independently associated with lower levels of burnout, and burnout decreased stepwise with students who took gap years.

While taking a gap year can be beneficial, it is important to consider the potential challenges. Falling behind in one's academic studies and struggling to readjust to the academic rigors upon returning to school is a valid concern. Additionally, finding meaningful work or volunteer opportunities during a gap year can be difficult, leading to feelings of boredom or isolation.

But the truth is that only some students who gain college admission are prepared to embark on that journey, and by taking a break between high school and college, however long, that student may gain the experience needed to succeed in university.

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CELLS
from **Front**

pain crisis truly was for them," Betrina Brewer said.

Stebral explained the differences between a normal red blood cell and a sickle cell. Normal red blood cells are round and move throughout the body, carrying oxygen. Sickle cells, however, are red blood cells that are shaped like a "sickle," or a crescent-like shape.

Due to this shape, the cells often clump together and do not move throughout the body, causing clots, pain, and sometimes death.

Stebral noted that the disease disproportionately affects the African American community. She said one in three African Americans live with the sickle cell trait.

Though not all carry the trait, African Americans are the most likely to inherit

it, as are individuals of Middle Eastern or Latinx descent.

Stebral said the best way to determine donor eligibility is to go to a health care provider or donor center and get tested.

It is possible for individuals to carry the sickle cell trait but not have the disease itself. Those who carry the trait, however, are the best donors for individuals with the disease, as they already carry the antigen in their blood. The antigen helps decrease the sickle cell hemoglobin in the blood.

Receiving blood from someone who matches closely with the patient is important as it will help eliminate any complications, such as the body rejecting the blood, during a transfusion.

Betrina Brewer is an example of this. She and her late sisters had sickle cell disease. Betrina Brewer said she had reproductive issues due to the sickle cell trait, but was still

able to have her son.

Betrina Brewer visited multiple pain specialists in her lifetime and has gone to hematologists to help alleviate the pain.

"When I was a teenager, I ended up in the ER due to my low iron that occurs due to sickle cell and I have had to continue to go to physical therapy to build myself back up," Betrina Brewer said.

Betrina Brewer said the hardest part about living with the sickle cell trait is that some individuals may exhibit no symptoms whatsoever, which is why it is important to get tested.

"My sisters were very resilient," Betrina Brewer said. "Doctors told them they weren't going to live past 5, or past 12, or past 21, and both my sisters lived to be 40 and 41 years old."

Beleta and Barbara Brewer lived a full life in those 40 years despite seeing the inside of a hospital for the majority of their lives. Both

"They were beautiful, beautiful girls who were so, so strong and learned to live with the circumstances they were given."

Betrina Brewer
Beleta and Barbara's younger sister

women were songwriters, Betrina Brewer said.

Even though they could not do much physically like play sports, both women were able to write, crochet, and present their creative sides despite their illness.

"They were beautiful, beautiful girls who were so, so strong and learned to live with the circumstances they were given," Betrina Brewer said.

JOCO
from **Front**

know that I try and make decisions fully informed and with a lot of their input as well."

Green said he is sympathetic to the community's concerns, but also feels that the process progressed to a point where it was irresponsible to not move forward.

"I want to be sure that we are intentional and forward thinking about this in the future, rather than being so reactive a day before we're set to open the bids on a project," Green said.

The road resurfacing project will use a new paving technique to make the road optimal for different modes of transportation, including vehicles and horses.

Ed Bartels, assistant Johnson County engineer, said this technique is unprecedented for the county in his 17 years at the county engineering office. He said the county has not found a solution to making roads better specifically for Amish buggies, but this project aims to improve roads for all vehicles and travelers.



Green

Called "perpetual pavement," the road project will allow for a more flexible, resilient base to allow for easier travel of cars and Amish buggies. Perpetual pavement consists of hot mix asphalt that is more oil-rich and flexible, preventing moisture intrusion, reducing cracks, and quickening the process of repaving in the future.

The paving technique will make the road less damaging to horses' hooves, and flex instead of cracking. Road cracking is unavoidable, but perpetual pavement will crack from the top, allowing for easier corrections to the road later on.

Bartels said perpetual pavement is more economical for the life cycle of the road. When the road needs to be fixed, instead of replacing the depth of the pavement, the top of the road can be ground off and paved over.

The project will widen the road by 33 feet, allowing more space for vehicles to move around Amish buggies safely. As a part of the county's five-year plan, the project will also lower the speed limit in the area. Bartels said the changes will allow Amish buggies to coexist with more conventional vehicles.

The start date of the project is projected to be April 2024.



Lua Rasga | The Daily Iowan

Horse and buggies are seen at Stringtown Grocery Store in Kalona, Iowa, on Sept. 28. Members of the Amish community oppose the repavement of a road in Kalona, Iowa, from a chip-seal surface to asphalt because the new road wouldn't be horse friendly.

Composting expands for growing IC population

A \$4 million grant will help make the Iowa facility larger and more accessible to curb waste in the area.



Shaely Odean | The Daily Iowan

A Vermeer horizontal grinder sits next to compost piles at the Iowa City Landfill and Recycling Center on Sept. 26. The facility will soon increase from 5 to 7 acres.

Isabelle Foland
News Reporter
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Iowa City's composting facility is expanding to address the needs of Iowa City's growing population.

The facility will receive an upgrade in spring 2025 after the city was awarded a \$4 million federal grant.

According to a release from the city, the grant came from the U.S. Environmental Protection Agency and will be used to increase the processing capacity of the composting facility as well as make the facility more accessible.

The Iowa City Landfill and Recycling Center spans a total of 425 acres, and 5 acres make up the current composting facility, said Jennifer Jordan, the city's resource management superintendent.

The grant will help fund the expansion of the composting facility from five to seven acres, Jordan said, which means the facility will go from being able to process around

15,000 tons of waste a year to 20,000 tons.

City Manager Geoff Fruin said the additional waste will help the city account for the needs of Iowa City's growing population.

"These funds will enable us to expand and modernize our existing compost facility to better meet the future needs of our growing community," Fruin stated in the release. "This grant award clearly demonstrates our shared commitment with the federal government toward waste reduction and climate action in

"These funds will enable us to expand and modernize our existing compost facility to better meet the future needs of our growing community."

Geoff Fruin
Iowa City City Manager

ways that add value to the public."

Jordan said the ability to divert more food waste from the landfill into the composting facility helps address the city's climate action goals because composting food means it won't decompose in the open air and release harmful carbon emissions.

According to the release, the grant money is a part of the Bipartisan Infrastructure Law passed by President Joe Biden in 2021. This law allocated \$550 billion nationwide to help invest in essential infrastructure, including roads, bridges, and carbon emission reduction efforts.

Meg McCollister, the EPA administrator for the region, said in the city's press release that this funding, which came from a law passed by President Joe Biden, will end up helping the entire Midwest region become more sustainable and clean.

"These funds will also ensure that our overburdened communities get the resources needed for a cleaner and healthier environment for all," McCollister said in the release.

Iowa City will also use the grant money to

create more composting drop-off locations throughout the community, Jordan said.

The city currently offers a curbside composting pick-up program for households that are single family up to four-plex apartments, which makes up about 16,500 total households, Jordan said.

This program does not serve around 17,000 households because they do not fit the criteria of the program, she said.

Some apartment complexes that are larger than a four-plex do have pick-up services, but that is only at the discretion and payment of the landlord, Jordan said, and this grant would create several composting drop-off stations in underserved, high-density communities to make composting easier and more accessible.

Jordan said construction for these projects are expected to begin in spring 2025.

This grant is one of the biggest the city's composting and recycling departments have ever received, Jordan said.

"The city is very proud of this, and we're going to work really hard to put it to good use," she said.

Increase of waste to be processed by the city

The 2-acre expansion of the Iowa City composting facility will allow the city to process



of waste versus the old amount of 15,000 tons.

Graphic by Bri Brown

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PREGAME: Iowa vs. Wisconsin

Check newsstands Oct. 13 for *The Daily Iowan's* seventh edition of Pregame.

INSIDE 2B:

- Hawkeye Updates
- Player of the Week
- Stat of the Week
- Point/Counterpoint

WEDNESDAY, OCTOBER 11, 2023

THE MOST COMPLETE HAWKEYE SPORTS COVERAGE

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FOOTBALL

All-in mindset moving forward

Transfer tight end Erick All is a bright spot on the team after two key injuries on offense.



Cody Blissett | The Daily Iowan

Iowa tight end Erick All catches the ball during the Iowa homecoming football game between Iowa and Purdue at Kinnick Stadium in Iowa City on Oct. 7. All had 97 receiving yards and one touchdown. The Hawkeyes defeated the Boilermakers, 20-14. All is slated to be an asset to the team this season after quarterback Cade McNamara and tight end Luke Lachey suffered injuries.

Cooper Worth
Pregame Reporter
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At every step of the way in Iowa tight end Erick All's collegiate career, Cade McNamara has been there.

From starting their careers at Michigan together in 2019 to later being two key pieces in the Wolverines' 2021 College Football Playoff run, the two developed a bond not many quarterback-receiver duos can imitate.

All followed McNamara to Iowa after the NCAA 2022 regular season as Michigan chose J.J. McCarthy and Colton

Loveland to replace McNamara and Hall, respectively.

However, after McNamara's season ended following a left ACL tear in the Hawkeyes' Week 5 win against Michigan State, All will have to adjust to not seeing No. 12 in the backfield.

"As long as I have been in college, Cade has been the one throwing me the ball, [so] it's kind of weird looking back and seeing Deacon [Hill] back there," All said at the press conference following the Michigan State game.

Adjusting to life's uncertainties is nothing new for All. Over the last 14 months, the 23-year-old received "life-changing" sur-

gery, welcomed a baby boy named Houston, and visited schools across the country deciding where to play his remaining two years of eligibility.

Since arriving in Iowa City this past winter, All has made an immediate impression on teammates and coaches, not only for using his athleticism at 6-foot-5, 250 pounds to make spectacular receptions but also for being one of the more lively characters in the locker room.

Iowa tight ends coach Abdul Hodge said in the offseason that All is a great addition to the tight ends unit, and he's a positive role model on and off the field.

"He has a really good personality that the

guys take to on the field," Hodge added.

For All's parents Kelly and Erick Sr., seeing their son reach his current level of success was a long shot giving Erick's brush of death while he was a newborn.

"I don't think Erick knows how close he was to dying," Erick Sr. said.

On the morning of Feb. 13, 2001, All, at five-months-old, was asleep inside his playpen on the second floor of his Richmond, Indiana, home. Shortly after 8 a.m., a fire broke out a few doors down from where the infant was sleeping.

Within minutes, the Richmond fire de-

FOOTBALL | 2B

CROSS COUNTRY

Jack Pendergast uses experience to lead

The distance runner from Iowa shows leadership as the only fourth year on Iowa men's cross country.

Mia Boulton
Sports Reporter
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Distance runner Jack Pendergast is the only fourth-year athlete on the Iowa men's cross country roster this season. Although he plans to utilize his fifth year of eligibility to compete as a Hawkeye, Pendergast is making the most of his fourth season.

Pendergast's journey to the Black and Gold started during his senior year of high school at Cedar Rapids Prairie.

"We had a high school cross country meet at the University of Iowa cross country course, and I ended up winning that [meet]," Pendergast said. "That very night I called Coach [Hasenbank] and asked to be part of the team."

Iowa distance coach Randy Hasenbank recalls this interaction and remembers recruiting Pendergast for his potential.

"[Pendergast] has a lot of talent, so obviously that's what got him a roster spot," Hasenbank said.

However, Pendergast believes physical

talent can only push a cross country runner so far. He argues the mental side of the sport is just as important as physical fitness.

"You've got to do it for yourself," Pendergast said. "The reason I run and am on the team is because I want to see how good I can get and how good the team can get."

Pendergast has seen both individual and team improvements at Iowa. Comparing the 2021 to 2022 Big Ten Championships, the Iowa men's team made a jump from 11th place to seventh place. Pendergast was the seventh Hawkeye to cross the line in 2021, while he improved to the fourth Iowa finisher in 2022.

"At the conference meet, it was really great to see that improvement," Pendergast said. "In practice, we see people work hard every day, so it's good to see those results in races."

According to Pendergast's friend and teammate, cross country third-year Ian

PENDERGAST | 3B



Ayrton Breckenridge | The Daily Iowan

Iowa's Jack Pendergast competes in the 4x1600 meter relay during day two of the 2023 Drake Relays at Drake Stadium in Des Moines on April 28. Pendergast is the only fourth-year runner this season.

WOMEN'S BASKETBALL

Leaders on the team, ready to step up in the paint

Guard Caitlin Clark, coach Lisa Bluder talk importance of not comparing big players to Monika Czinano.

Kenna Roering
Sports Editor
mckenna-roering@uiowa.edu

The past three seasons, Iowa women's basketball fans witnessed the dynamic duo of guard Caitlin Clark and former Iowa center Monika Czinano.

With Czinano's departure, younger Hawkeyes like Addison O'Grady, Hannah Stuelke, AJ Ediger, and Sharon Goodman will have the opportunity to showcase their skills in the paint.

Clark, the reigning National Player of the Year, believes she and her teammates down low can be successful this season but said

it's a work in progress. Clark added how there were miscues between her and Czinano, who now competes in Hungary for TFSE-MTK Budapest, the first season they played together.

"I think the biggest thing for me that I'm trying to live by is just instilling confidence in them," Clark said Oct. 4 of Iowa's post players. "They understand how great Monika was, but they don't need to be Monika. That's something we always talk about, is they're going to be different. They shouldn't be expected to be Monika."

Head coach Lisa Bluder echoed the importance of avoiding the comparison of this year's centers to Czinano, who averaged 17.1

points and 6.5 boards last season.

At 6-foot-4, O'Grady played some of her best basketball in the 2023 NCAA Tournament and helped lead the Hawkeyes to their first national title game appearance.

The third-year played in all 32 games in 2023 and answered the call against undefeated South Carolina in the Final Four after Czinano picked up her third foul less than a minute and a half into the third quarter. O'Grady then racked up season-highs with five rebounds and three blocks in 18 minutes of play against LSU in the championship.

O'Grady said playing in the national tournament helped build her confidence and

showed her she can compete with the best post players in the country. The third-year said she has worked on conditioning and being more assertive on the floor this off-season, adding that she hasn't played a full basketball game since high school because she's been backing up Czinano.

O'Grady also impressed in the Hawkeyes' three exhibition games during their 11-day tour of Italy and Croatia in August. She scored 16 points and went a perfect 8-for-8 from the field in Iowa's 116-46 victory over Italy's Team Slammers. Bluder said if she had to name a starting five right now,

BASKETBALL | 3B

UPCOMING SCHEDULE

Soccer

Thursday, Oct. 12 Iowa vs. Northwestern 7 p.m., Big Ten Network

Sunday, Oct. 15 Iowa vs. Maryland Noon., Big Ten Plus

Field Hockey

Friday, Oct. 13 Iowa at Indiana 2 p.m.

Sunday, Oct. 15 Iowa at Louisville 11 a.m.

Volleyball

Friday, Oct. 13 Iowa vs. Penn State 7 p.m., Big Ten Network and Hawkeye Radio Network

Saturday, Oct. 14 Iowa vs Michigan State 6 p.m., Big Ten Plus and Hawkeye Radio Network

Tennis

Oct. 12-16 at ITA Central Regionals

Men's and Women's Cross Country

Friday, Oct. 13 at Bradley Pink Classic 1:30 p.m.

UPDATE ON SHANNON



Iowa defensive lineman Noah Shannon, who was suspended by the NCAA for the entire

season for betting on a non-Iowa football game, was cleared to practice by the NCAA, head coach Kirk Ferentz announced Tuesday. Shannon has not been cleared to participate in games. The NCAA announced its Division I Council will re-examine sports wagering reinstatement guidelines. Previously, any athletes found to have bet on sports involving their own school would permanently lose eligibility. Under new possible guidelines, there would be no eligibility loss on a first offense, but the athlete would be required to go through education on sports gambling rules and prevention. Head coach Kirk Ferentz has vocalized his disapproval of Shannon's suspension.

WELCOME RETURN



Iowa running back Kaleb Johnson returned from an injury against Purdue and rushed for 134 yards in

the Hawkeyes' 20-14 win. Johnson started the first two games of the season but missed the next three contests due to a high ankle sprain. Hailing from Hamilton, Ohio, Johnson said he was not 100 percent at the beginning of the year when he was on the field. He added that defensive lineman Yahya Black accidentally landed on his ankle in fall camp, so it had been hurting throughout the first two games. The rusher now feels fully healthy, and it was evident when he burst up the middle untouched for a 67-yard touchdown against the Boilermakers. Johnson's best two games on the ground were against Purdue as he put up a career 200 rushing yards in Iowa's 24-3 victory last season.

QUOTE OF THE WEEK

"Logan is like coaching a 40-year-old guy."

Head football coach Kirk Ferentz on defensive end Logan Lee

STAT OF THE WEEK

0 The number of completions Iowa wide receivers had against Purdue

Q&A | BROOKE MCKEE

Iowa distance runner talks fifth-year eligibility



Brooke McKee Fourth-year Distance runner Johnston, IA

Mia Boulton Sports Reporter mia-boulton@uiowa.edu

Daily Iowan: I have a few quick one-on-one questions for you today. First, how did you get started running?

Brooke McKee: For my whole life, I've wanted to be like my sister, so I followed her through everything she did. I actually wanted to play volleyball, but she ran cross country, and I would come with her to morning practices when she was a freshman and I was a seventh grader. The reason she started was because we had a neighbor who saw us always running through the neighborhood playing tag. She was the middle school cross country coach, so she told us we should do cross country because we never got tired when we ran.

What made you look up to your big sister so much?

She is really good at always including me in everything. She's always super sweet and nice. She's the kind of person that when you talk or make a joke, she'll laugh even if it isn't funny. She just makes you feel good no matter what.

Would you say you were always a good runner, or did this talent come with time?

For the most part, I've always been a good runner. A chunk of it was talent, but since we were always out playing and running around without realizing it, I was training.

When was the shift in your career when you realized you

had talent?

The first year I began running was in seventh grade, and my sister took me to some of the summer practices where I got to run with the high school girls. I was actually able to keep up with them and run beside them. They were all really impressed with that.

What's your favorite hobby outside of running?

I really like to visit different coffee shops. One of my go-to places is Panera. While I'm there, I won't use my headphones or anything. I'll just look around and people-watch. It's really fun to see certain encounters people have with others. I just like to see the kind gestures people do.

What's your go-to order at Panera?

It depends on what time of day it is. If it is breakfast, I will do a cinnamon toast crunch bagel with a yogurt stick because that's what I use for my cream cheese. I'll get a black coffee and add the Core Powers that we get at the facility to it. For lunch, I get a "pick two" with a tuna salad sandwich, broccoli cheddar soup, and chips.

What are you going to do after college?

I had an internship with a company back home [Zirous] and I went in as the data analyst. They asked me to come back. First, I am looking to hopefully take a fifth year. After that, I would go work at Zirous in the Managed IT Services division.

POINT | COUNTERPOINT

Is Taylor Swift good or bad for the NFL?



Kate Perez Senior Reporter

Helping the NFL

For die-hard football fans, I know the recent increase of Taylor Swift in the NFL might be too much to handle. However, Swift's attendance at games is helping the league more than harming it.

Swift recently started attending NFL games after rumors began swirling that she is dating the Kansas City Chiefs' star tight end Travis Kelce. Since then, everyone from announcers to the pregame commercials has found a way to involve Swift throughout the games she has attended.

While I understand that the frequent Swiftie references used during Kelce's football games might take away from the game, Swift could bring in more viewer-

ship for the league in the long run. NBC News reported on Oct. 2 that an average of almost 27 million people watched the Chiefs vs. Jets game on Oct. 1, immortalizing it as the most-watched Sunday TV show since the Super Bowl in February.

Even more telling is that the NBC network saw multiple demographic gains in viewership compared to other weeks of "Sunday Night Football" this season.

The biggest demographic increase included girls ages 12 to 17 at 53 percent. Additionally, the network saw increases in viewership from women ages 18 to 24 and older than 35.

From a financial standpoint, Swift is helping out Kelce himself. According to Fanatics, a sportswear and fan merchandise company, sales of Kelce's jersey saw almost a 400 percent increase following Swift's attendance at the Sept. 24 Chiefs vs. Bears game.

NFL games are reaching more people. Shouldn't that be celebrated, even if it comes with the cost of more Taylor Swift references and shots of her cheering on the Chiefs?



Cooper Worth Pregame Reporter

Hurting the NFL

Let me start off by saying I'm not another incel who hates any given female celebrity because they are getting involved in a male-dominated sport like football.

This is not the case. I like Taylor Swift — I think she is one of the most talented and influential musicians over the past 20 years, and you're just a hater if you deny not singing along to one of her numerous hit songs once in your life.

All this being said, it has been slightly infuriating seeing how much the NFL and broadcasters of its games have highlighted Travis Kelce and Taylor Swift's newly-published "relationship"

— instead of actually relevant information and content related to the football game we are watching.

I get showing the star once to let people know she's in the building, but after every commercial break?

And if you couldn't escape the Swift-Kelce debacle on television, then you for sure saw it on social media. The NFL posted numerous updates on its Instagram and X, formerly known as Twitter, accounts highlighting the two, including changing its Instagram bio to include Swift's Instagram handle and putting a picture of her as the header of the NFL TikTok account.

If you don't want to take my word for it, how about straight from one of the individuals involved, as Kelce himself said on his podcast the NFL is "overdoing it a little bit."

But I think, in the long run, the universe will correct itself when the two eventually split and Swift undoubtedly writes a hit song about the breakup.

I can already picture the title of the album: "Endzone Heartaches: Taylor's Version."

ERICK ALL from 1B

fire had strengthened and smoke was filling the room All was in. Eventually, firefighter Tom Broyles rescued Erick from his room, though whether the infant would survive was undetermined.

"Somebody, to be upstairs in a fire like that, is usually not a good outcome," Richmond EMT Shawn Phenis, who was at the scene of the fire, said. "When they passed Erick to me, I thought he was dead."

Phenis revived All using CPR, and the newborn spent a week sedated in the hospital as his airway was severely swollen from smoke inhalation.

To the surprise of many, All sustained no lasting lung or

throat damage, which would come in handy as he excelled in sports.

"I never would have dreamed he would have this opportunity," Erick said. "I don't think Erik understands how close he was to dying."

The Big Ten Network highlighted All's story last September in a video story interviewing his family, and prior to Michigan's 2022 football season opener, the then 21-year-old got to meet the men who saved his life.

In the Big Ten's documentary, Phenis shared how he has a picture of a baby All in his hands from that morning in 2001.

"It hangs beside my bed, and I look at it every morning," a teary-eyed Phenis said. "I have kids of my own, so it hits home."

Stepping up in his role

After witnessing postseason success firsthand during his time at Michigan, All is determined to reach this level again as a Hawkeye.

He and McNamara decided to come to the UI because they had played against the Hawkeyes before.

"I know what they represent, which is tough, gritty football," All said. "When I entered the transfer portal, I already knew that about them, and that's what type of team that I was hoping to be on."

The program's reputation as a "tight end university" definitely played a factor in All's decision, too, as 12 Iowa tight ends have been drafted in the NFL since Ferentz joined as head coach.

"They use their tight ends a lot too, which was another

perk, and when I came for my visit, I thought it was the best environment and the best fit," All said.

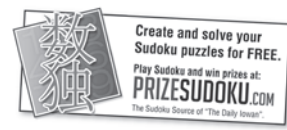
After starting tight end Luke Lachey's injury last year, All has been expected to play a bigger role. He's delivered thus far, leading the Hawkeyes in all major receiving categories.

During Iowa's 20-14 victory against Purdue, All finished with 97 yards and a touchdown on five receptions, including a 33-yard jumping catch between two defenders.

Iowa wide receivers coach Kelton Copeland compared All's work ethic to that of LaPorta's, who was taken in the second round of the 2023 NFL Draft by the Detroit Lions.

"Erick is the real deal," Copeland said. "He's impressive in a lot of ways, and he's doing a tremendous job."

THE BREAK

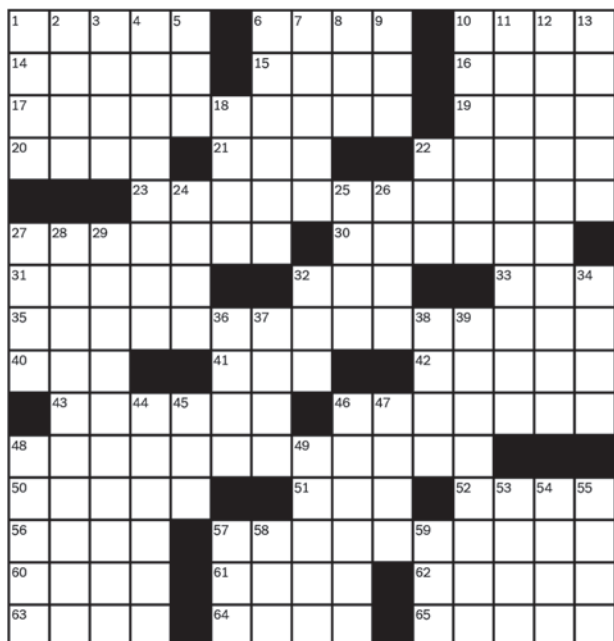


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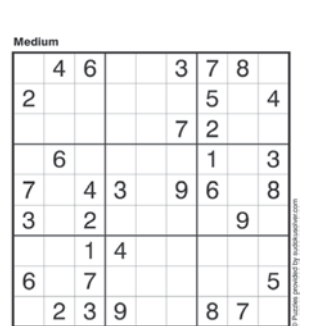
Edited by Will Shortz No. 0906



- Across 1 1964 title role for Shannon Quinn 6 Where to do one's bidding, maybe 10 Not that 14 Like more than half of the earth's population 15 Some fancywork 16 "The ___ of the Ancient Mariner" 17 Suddenly cut off all communication with ... but do so nicely? 19 Great Plains people 20 Leave full 21 Something that may be up one's sleeve 22 Joker 23 Cordial shipbuilders? 27 Rude rejoinder popularized by

- the Fonz of 1970s TV 30 For real 31 Like cheering audiences 32 Something up one's sleeve? 33 Classroom projectile 35 Pens a seafaring tale? 40 ___ Paradise, narrator of "On the Road" 41 X a box, say 42 Superman's baby name 43 Flap of skin hanging from a bovine's neck 46 Fence-sitter's question 48 Sacramental friars? 50 Oxford and Surrey in "Richard III" 51 Novelist Chang-___ Lee 52 Tooth trouble 56 Con Ed, e.g.: Abbr. 57 "It's a plan" ... and what might be said of 17-, 23-, 35- and 48-Across 60 In the public eye 61 Let go 62 Marathoning powerhouse 63 Phonetic initialism along Canadian roadways 64 Nosegay 65 Black tea region

- 6 Draw out 7 6-0 set, in tennis lingo 8 Bavarian "Bah!" 9 So far 10 Horse's watering spot 11 What a marathoner may do around mile 20 12 Cry from one who's fuming 13 Oozes 18 Shankar at Woodstock 22 Prefix with gender 24 As to 25 Radio station on TV 26 Canning tomato 27 Maxims 28 Lightens up? 29 Travel kit filler 32 Back on a cruise 34 Kind of counter in a supermarket 36 Take off 37 Dirt-digging research, for short 38 Heath bar shelfmate 39 Many links 44 "Uh ... huh-uh" 45 Scale units: Abbr. 46 Lemony quaff 47 Obey 48 Second rule of waste reduction 49 Makes even 53 Swindles 54 Georgetown athlete 55 North Holland cheese town 57 Syrupy stuff 58 Good Grips kitchen brand 59 Rocksteady precursor



PENDERGAST from 1B

Geisler, Pendergast's leadership and passion for running is apparent in team workouts. "His [leadership] is little things like getting the team moving and reminding everyone what needs to be done," Geisler said.

ple and experience. "He is a pretty quiet guy, but he is very consistent," Hasenbank said. "He has put in a tremendous amount of work, and I really hope it pays off for him." Pendergast realizes the advantage his experience as a Hawkeye has given him but also knows there is something to be learned from the younger runners.

"A lot of the younger guys are super enthusiastic, bring a lot of high energy, and are very optimistic," Pendergast said. "It's nice to feed off of that." However, Pendergast and the underclassmen understand they are all in constant competition. While some may assume this creates tension on the team, the Iowa men see value in competition as it brings the team closer.

know that we are friends and teammates above anything." This team comradery will be essential to Iowa's success as Pendergast closes out his fourth cross country season. Although Pendergast looks forward to utilizing his fifth year of eligibility granted to him by the COVID-19 pandemic, he is making it a priority to run every race as if it were his last.



Ayrton Breckenridge | The Daily Iowan

Iowa forward Hannah Stuelke prepares to shoot the ball during Iowa women's basketball media day at Carver-Hawkeye Arena on Oct. 4. Iowa finished runner-up in the 2023 NCAA women's national championship. Stuelke is a top player on the team this year.

BASKETBALL from 1B

O'Grady would be included because of her size and experience. "Give Addie time to come of her own," Bluder said. "Addie is a good basketball player. She's a darned good basketball player, just like Megan [Gustafson] was, just like Monika was, but comparisons don't do anybody any good, so just give her a little bit of time." The head coach said there is not a huge gap between O'Grady, Goodman, and Ediger, who all roomed together last season.

opponents. Hailing from Lime Springs, Iowa, the 6-foot-3 athlete played in just 13 games last season and put up 22 total points, eight rebounds, two assists, and two blocks. Ediger earned 54 minutes last year and averaged 1.7 points and 1.1 rebounds. Bluder said playing Stuelke at power forward is "obvious." Hailing from Cedar Rapids, Iowa, Stuelke won Big Ten Sixth Player of the Year as a first-year last season, averaging 6.5 points and 3.9 boards in just 13 minutes per game off the bench.

SOCCER

Eva Pattison makes impact in rookie season

The 5-foot-9 defender from Chicago has impressed early in her Hawkeye career on Iowa women's soccer.

Isaac Elzinga Sports Reporter isaac-elzinga@uiowa.edu

The Iowa women's soccer team has had a stingy defense all season, and first-year defender Eva Pattison recently played a key role in the Hawkeyes' firm backbone.

Pattison has started in five of Iowa's six contests in the Big Ten after not starting in any of the Hawkeyes' non-conference games.

"The transition from club to college soccer was different," Pattison said. "We focus a lot more on tactics and film, so I can't just walk on the field, I actually have things I have to focus on and work on."

Pattison said she wanted to start right away — like any competitor — but thought watching the team from the sidelines and learning Iowa's system helped calm her nerves, and eased her into collegiate soccer.

"[Pattison's] patience and work ethic to continue to get better without any promise of playing time is the reason why she's succeeding right now," Iowa head coach Dave DiIanni said.

Fourth-year defender Samantha Cary said she was impressed with Pattison after their first practice together in July. It was just a matter of figuring out how Pattison fit into Iowa's formation.

Having team captains Macy Enneking and Cary surrounding her made Pattison's transition into a starting role that much easier.

"There's just constant support from the leaders," Pattison said. "When I become a senior and hopefully a leader for the team, I hope I act the same way they do."

Cary relates to Pattison, as she was also once a first-year starting on Iowa's back line. As a captain, Cary has taken Pattison under her wing to help her grow.

"Eva lived in my house this summer. We had dinner together every night," Cary said. "Being able to have that foundation is important, that way in a game if it's me giving her direction or hyping her up, she knows it's because I truly mean it."

Iowa stood out to Pattison right away. She said she visited and knew that Iowa City was where she wanted to play soccer. She added that she fit right in with the Hawkeyes' defensive approach, and Iowa checked all the boxes.

Hailing from a club team in Chicago, Pattison welcomed the physical tactics and overall play of the Big Ten; she thinks it suits Iowa's style. She said she enjoys the competitive challenge every game brings.



Theodore Retsinas | The Daily Iowan

Iowa defender Eva Pattison takes a corner kick during a women's soccer game between Iowa and Rutgers at the Iowa Soccer Complex in Iowa City on Oct. 1. Pattison said she wants to be a leader for the team when she is a senior.

DiIanni is impressed with how quickly Pattison has adapted to the Big Ten and how well she found her role within the team.

"She's one of those teammates that every team needs," Enneking said. "She's the one that will kind of start throwing punches for you if something happens, so I think she's a personality fit for this team."

DiIanni thinks Pattison still has some growing to do before she consistently plays all 90 minutes in a match, but said she has been open to learning so far, and if she continues on that path, she will see success.

"I've been working on the tactics and transitioning from a four-back from club into a three-back," Pattison said. "I think the more the team plays it, the more I get used to it."

As Pattison continues to grow and establish herself within the team, she hopes she can be seen as a leader.

"I just want to keep playing and showing what Iowa soccer can do and be a part of that," Pattison said.

Pattison is one of 13 first-years on the team, and Cary thinks that the group is not only filled with great soccer players but also phenomenal people who will leave their mark on the program.

"I feel like they totally embody what it means to be a confident female athlete at a time that not everyone loves confident female athletes," Cary said of the first-years. "I'm extremely proud to be able to get on the field with them."

Scrabble board with letters: 1 7 8 5 9 6 8 2 4, 5 4 6 2 7 3 8 9, 2 9 8 8 7 4 7 6 5, 7 6 4 9 8 5 2 3 1, 8 2 4 6 1 3 4 7 8, 9 3 6 2 7 8 9, 6 9 3 5 4 7 2 1, 4 6 2 5 3 7 8 9

Scrabble board with letters: 6 9 4 6 5 8 7 8 1 2, 1 5 9 6 2 7 7 3 8 4, 2 3 7 8 4 5 6 1 9, 9 2 6 7 8 4 5 2 1 9, 9 7 8 7 1 2 5 3 6, 1 5 4 6 9 3 2 7 8, 8 6 7 2 4 9 1 1 8, 4 2 5 3 7 1 8 6 9, 3 9 1 8 6 9 7 2 4

Scrabble board with letters: 6 8 4 1 3 9 5 2, 1 5 9 6 2 7 7 3 8, 2 3 7 8 4 5 6 1, 9 2 6 7 8 4 5 2, 9 7 8 7 1 2 5 3, 4 1 8 9 7 6 2 1, 8 2 5 3 7 1 8 6, 9 2 5 3 7 1 8 6, 9 2 5 3 7 1 8 6

Scrabble board with letters: W A N E K G D E X V N E S S E, G O O G S L N O O S T I U V, H O C V A E V R C S T I R N, I D T L O H S J V T M A C O, T E L L V K L J O S, Q W W S V V J J O S E I I R A, Q W W W R V J S O R I R, R E H S O R M T I N O I A I S, S I H P I R O M T I A I C, J N I I N O C E O V E J A V S, E O I O I H P I R I S O H O, E W I R E O V T N V I S V, S I H T A V B E V B R O Z

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Public Notice of Storm Water Discharge Family Dollar intends to submit a Notice of Intent to the Iowa Department of Natural Resources for coverage under the NPDES General Permit No. 2 "Storm water Discharge Associated with Industrial Activity for Construction Activities" The storm water discharge will be from construction activities. The project is located at the northeast Quarter of Section 27, Township 8 N, Range 14 W in Johnson County. Runoff from this project will be discharged from 1 point source and will be discharged to the following streams: Ralston Creek and Iowa River.

HOMECOMING DRAWS CROWDS

The UI held its homecoming weekend in Iowa City Oct. 6-8. The weekend started with a parade and ended with an Iowa football game. Iowa defeated Purdue, 20-14.



Cody Blissett | The Daily Iowan

Top: Fans watch the Iowa homecoming football game between Iowa and Purdue at Kinnick Stadium in Iowa City on Oct. 7. The Hawkeyes defeated the Boilermakers, 20-14.

Ava Neumaier | The Daily Iowan

Right: Football fans of all ages tailgate before a football game between Iowa and Purdue in Iowa City on Oct. 7.

Kathy Le | The Daily Iowan

Below left: Caitlin Clark waves during the University of Iowa Homecoming Parade in downtown Iowa City on Oct. 6.

Shuntaro Kawasaki | The Daily Iowan

Below right: Attendees acknowledge the camera during a discussion between Iowa guard Caitlin Clark, ESPN analyst Stephen A. Smith, and media executive Mark Shapiro on the University of Iowa Pentacrest in Iowa City on Oct. 6. Smith, Shapiro, and Clark participated in a publicized conversation titled "Beyond the Game" as part of 2023 UI Homecoming.

Cody Blissett | The Daily Iowan

Bottom: Iowa defensive end Joe Evans tackles Purdue running back Devin Mockobee during the Iowa homecoming football game between Iowa and Purdue at Kinnick Stadium in Iowa City on Oct. 7.



80 HOURS

ARTS & CULTURE | WEDNESDAY, OCTOBER 11, 2023

TATTOOS FOR TRAUMA THERAPY

Getting a tattoo can provide a healing experience for those transforming their scars.

CALENDAR WEEKLY EVENTS

THURSDAY

OCTOBER 12

- CONCERT BAND AND SYMPHONY

Performance by a UI student ensemble; will be free and open to the public.

7:30 P.M. | VOXMAN MUSIC BUILDING, 93 E. BURLINGTON ST.

FRIDAY

OCTOBER 13

- IWP PANEL: "ON THE BODY"

Award-winning writers from the UI's fall 2023 International Writing Program invite local writers and readers to come and converse with the panel about writing.

12 P.M. | IOWA CITY PUBLIC LIBRARY, 123 S. LINN ST.

- DREAMWELL THEATRE PRESENTS: WYRD SISTERS

Dreamwell Theatre's production of "Wyrd Sisters," a Terry Pratchett twist on Shakespeare's "Macbeth," is a must-see witch-fest.

7:30 P.M. | THE JAMES THEATER, 213 N. GILBERT ST.

SATURDAY

OCTOBER 14

- WARLOCK HOUR FESTIVAL 2

The Warlock Festival will feature an array of artists and performances, with ticket sales donated to the Iowa Trans Mutual Aid Fund.

4 P.M. | GABE'S, 330 E. WASHINGTON ST.

SUNDAY

OCTOBER 15

- SUNDAY FUN DAY: PAPER TUBE MONSTERS

Bring your little ones — or big ones, as all ages are welcome — to Sunday Fun Day at the library and make some spooky paper tubes.

2 P.M. | IOWA CITY PUBLIC LIBRARY, 123 S. LINN ST.

MONDAY

OCTOBER 16

- ALL AGES LOTERÍA!

With Dia de los Muertos coming up, celebrate early by participating in Lotería, a version of bingo popular in Mexico that uses common symbols instead of numbers.

3 P.M. | IOWA CITY PUBLIC LIBRARY, 123 S. LINN ST.

TUESDAY

OCTOBER 17

- DALLES JACOBUS

Come see former UI defensive lineman-turned-country artist Dalles Jacobus perform live on stage.

8 P.M. | ELRAY'S LIVE & DIVE, 211 IOWA AVE.

WEDNESDAY

OCTOBER 18

- QUEER ELDERS SOCIAL GROUP

The senior center is hosting a social group for LGBTQ+ senior citizens to converse about their experiences.

2 P.M. | IOWA CITY SENIOR CENTER, 28 S. LINN ST.

ASK THE AUTHOR

Nathan Hill

Nathan Hill, author of "Wellness," discusses his newest novel and an upcoming appearance in Iowa City.

Riley Dunn
Arts Reporter
riley-dunn@uiowa.edu

Nathan Hill initially declared his major as biomedical engineering when he arrived at the University of Iowa in 1995, but shortly after, he realized the pen was mightier than the beaker. Hill graduated from the UI with a degree in journalism and mass communications in 1999.

Hill, now an author, is known for his best-selling novel, "The Nix," as well as various pieces of nonfiction and short stories. He is on tour for his latest novel, "Wellness," which tells the story of Jack and Elizabeth — a married couple struggling with the realities of marriage and child care.

Hill will read from his newest novel at the Iowa City Public Library on Oct. 14 as part of the Iowa City Book Festival.

The Daily Iowan: Your novel "Wellness" tells the story of a couple as they work through a complicated marriage. Why did you decide to tell their story?

Nathan Hill: I wrote a short story in my mid-20s about this couple who were spying on each other across the alley from their separate apartments. They were catching glimpses of each other and slowly falling in love, and I thought that was a very romantic story, so I wrote it, published it, and forgot about it, at least until about 15-20 years later.

I looked back at that couple, and I was like "Well, that was naive": Maybe they

were hopeless romantics, but they were also idiots thinking that was true love. It just made me really interested in how relationships change over time and how you think about love that changes over time. I decided to revisit that couple, so between chapter one and chapter two of "Wellness," there's about a 15-year gap, but hopefully the reader will find it seamless.

What was your favorite part of writing "Wellness"?

In this book, I wanted to capture the experience of having access to all of this information about how to live, but if you really followed all that information you'd drive yourself mad. There is a chapter in "Wellness" called "The Unraveling" where I dramatize one hour of toddler childcare, which was enjoyable to write because I was supplementing it with all the research I did on developmental psychology. With that, the character Elizabeth is not only being driven crazy by the chaotic needs of the toddler but also driven mad by simply an information overload.

You are visiting Iowa City on October 14th for the book festival. Why did you choose to come to Iowa City?

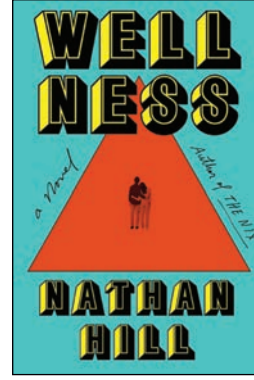


Photo contributed by Nathan Hill of himself.

I wanted to come back to Iowa City because I lived there for a long time. I went to the UI for my undergrad and wrote for *The Daily Iowan* and *The Cedar Rapids Gazette* for another couple of years after I graduated. I feel very connected to the state and to the town. The Iowa City Book Festival brings extraordinary people, and I feel lucky to have been invited and that I get to meet all these other great writers.

Do you have any new projects coming up that you are looking forward to?

Right now, the only thing I'm focused on is this book tour. It's a pretty substantial book tour — 25 stops — and then I'll go overseas for some more work. Frankly, after a pandemic lockdown where I felt quite lonely, I like getting out and interacting with readers. So, right now I'm focused on the book tour and once that's over, I'll get to work on the next one.

REVIEW

New 'Percy Jackson' novel entertains both new, existing fans

Rick Riordan's newest contribution to the popular series makes amends for the nearly decade-long wait.

Riley Dunn
Arts Reporter
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Riordan

When I first heard that Rick Riordan was writing another book in his famous "Percy Jackson" series, I was instantly excited. Having read the first five novels growing up, as well as the sequel series "Heroes of Olympus," I considered Percy Jackson to be one of the stories that helped me fall in love with reading.

Published on Sept. 26, "Percy Jackson and the Chalice of Gods," tells the story of a 17-year-old Percy Jackson during his senior year of high school.

As the son of Poseidon, Percy is used to going on dangerous quests and saving the world. However, this year, he simply wants to tackle the arduous task of college admissions and leading a normal life.

Unfortunately for him, the Greek gods have other plans. Almost immediately, Percy is literally flushed into Poseidon's palace and told that he must complete three quests to earn college recommendation letters from the gods.

These crazy — and often

unlucky — situations are common for Percy, but one does not have to be a fan of the original books to enjoy this one.

Sure, there are small jokes and name-drops here and there that serve as callbacks to prior novels, but the humor, friendship, and themes of the book can be enjoyed by anyone, regardless of any Olympian background knowledge.

While Riordan does write in the "middle-grade" genre, his writing is still well-received by all kinds of readers, including myself. I delighted in diving into this adventure just as much as I did in elementary school.

Percy's willingness to grow up and accept change, even when he is unsure of his own future, is a recurring theme in the novel. He must also deal with the repercussions of his past choices — in this case, refusing Zeus's offer of immortality at the end of the original series.

Through all of this, Percy remains a funny and sarcastic protagonist with a clear narrative voice. It was always clear that this was his story from his perspective.

Annabeth and Grover are a huge part of Percy's journey as well. This trio depicts a healthy and supportive group of friends who will do anything to help one another, even volunteering to help Percy on his quest, though



'Kaala Paani'

Genre: Survival drama

Cast: Ashutosh Gowariker, Mona Singh, Amey Wagh, Sukant Goel, Arushi Sharma, Radhika Mehrotra, Vikas Kumar, Chinmay Mandlekar and Poornima Indrajith.

Number of Episodes: 7

Stella Shipman

Arts Editor
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Set in the Andaman and Nicobar Islands, a diverse cast of characters

tries to escape a natural environment intent on killing them — the upcoming Netflix series "Kaala Paani" will premiere on Oct. 17. Over the course of seven episodes, the invisible island battle between humans and nature reveals that the fates of these people are more intertwined than they first realized.

"Kaala Paani" marks a return to acting for filmmaker Ashutosh Gowariker, who is most notable for acting alongside Shah Rukh Khan in the 1989 show "Circus." His most recent acting project was in the 2016 Marathi-language drama film "Ventilator."

This show is the second collaboration between Netflix and Posham Pa Pictures and directed by Sameer Saxena, who has also directed the film "Jadugaar."



NOT LIKE OTHER ROCK

TOO BAD | Nickelback

ONE | Creed

BRING ME TO LIFE | Evanescence

NUMB | Linkin Park

BULLET WITH BUTTERFLY WINGS | The Smashing Pumpkins

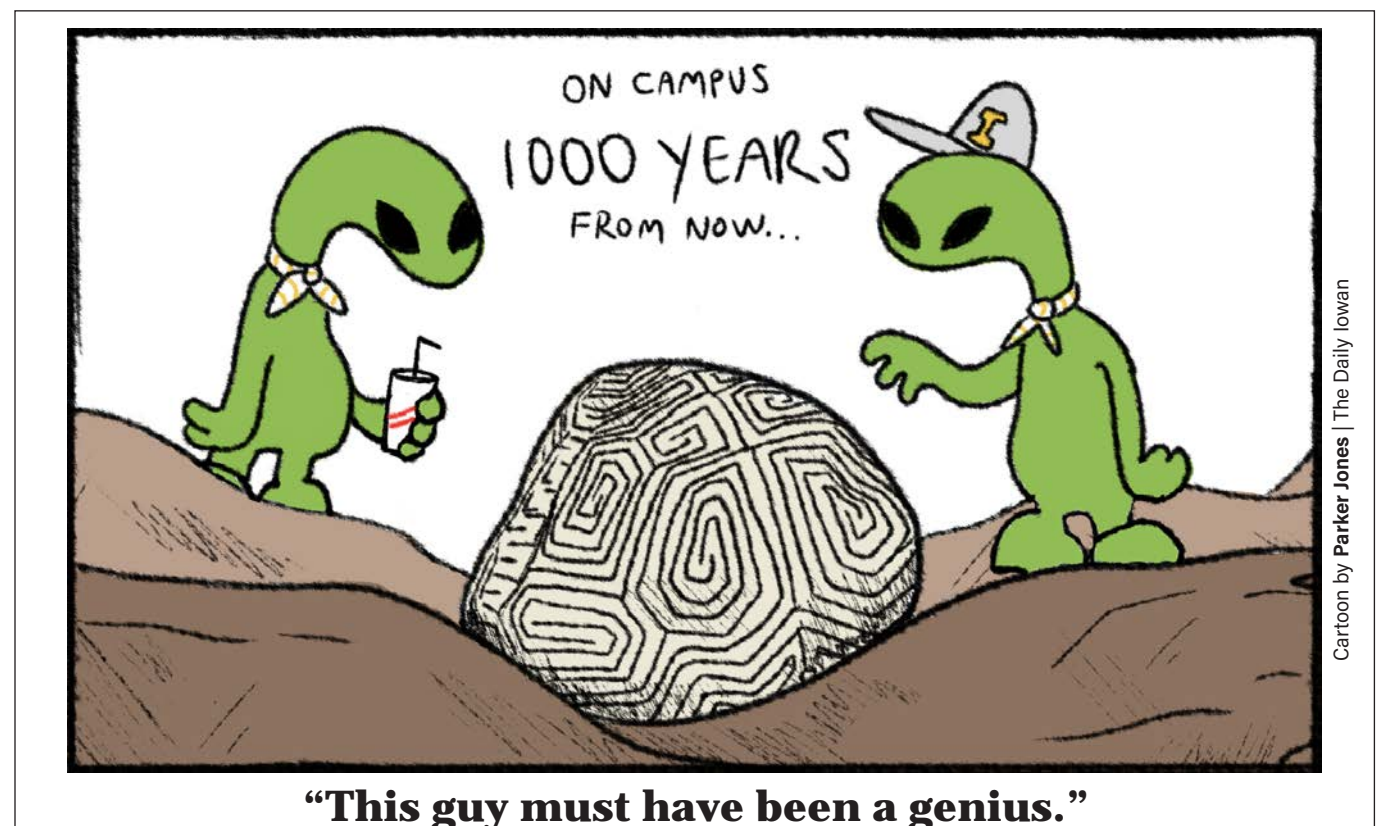
ALL MY LIFE | Foo Fighters

helping the gods is proven to be dangerous and, sometimes, deadly.

All in all, "Percy Jackson and the Chalice of

the Gods," was a funny, thought-provoking, and relatable read that I highly recommend for readers of all ages.

CARTOON



Cartoon by Parker Jones | The Daily Iowan

Scars and tattoos: The story behind the ink

Getting tattoos over scars can prompt an emotional experience for those who choose this form of therapy.



Emily Nyberg | The Daily Iowan

Iowa City tattoo artist David Rich draws a stencil before tattooing Mori Venus for her birthday at Golden Tattoo & Piercing in Iowa City on Oct. 9. Rich has been tattooing for 19 years. While Venus was not getting a scar covered, Rich has worked with clients looking for that service in Iowa City.

Caden Gantenbein

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When David Rich sits down with a client to begin a tattoo, he always considers the concerns and safety of his clients. Rich has worked at Golden Tattoo & Piercing in downtown Iowa City for 14 years.

The cover-up process revolves around comfort, safety, and execution to ensure the comfort of the client, the safety of the scar tissue and the site, and execution of a tattoo that will make the client happy.

"Since receiving [my] tattoo, it has given me so much confidence," said Tia Scheitlin, a children's assistant at Mount Pleasant Public Library.

Scheitlin sought tattoo coverage for keloid scars — raised scars that cover more skin than the original injury — she received from an infected vaccine site on her upper-left arm. The raised bumps were noticeable, Scheitlin said, and became a point of insecurity for her.

"People would stare and that made me feel uncomfortable," Scheitlin said.

One of the main complications when tattooing a scar is that the skin can often be different in depth throughout the site of the injury. The ink may also work its way out or the site can bleed much more in areas where the tissue is inconsistent.

Rich said the process entails more than just "running it through" like a typical tattoo.

"On parts where it's deeper, you actually have to really saturate it to get it to stay," Rich said.

Catherine Norwood, the director of clinic operations and therapist at Psychiatric Associates in Iowa City, cited the mental health benefits of this process.

"The scar itself is often not chosen by the individual but the tattoo is, which helps the individual have some control over the uncontrollable," Norwood said.

Norwood believes cover-ups can offer a psychological sense of empowerment, confidence, purpose, and positivity that increases self-esteem and confidence, while also giving the individual an opportunity to control the narrative surrounding their scar.

In most cases, the process of scar coverage requires extreme delicacy from the artist. Establishing a partnership and trust between an artist and their client is paramount, according to Rich.

"You have to make them feel comfortable as much as possible," Rich said, noting the experience of tattooing over a client's self-harm scars.

Rich said he establishes honest, open communication with his clients by first explaining the tattoo process to them thoroughly, including showing them the needles he intends to use and their respective expiration dates to reassure the client.

"They need to feel like they're safe," Rich said. "I let them play their music on the speaker and really try to make them feel at home."

Many times, clients experiencing insecurity are in a rush to conceal their wound, but Rich noted the client's scar must be adequately healed before it can be tattooed to prevent further injury.

According to Rich, a telltale sign of a scar being ready is that it no longer has redness and matches the client's skin color.

"The scar itself is often not chosen by the individual but the tattoo is, which helps the individual have some control over the uncontrollable."

Catherine Norwood

Therapist at Psychiatric Associates

Steve Barjonah, owner of Crossroads Tattoo on 508 second Ave. in Coralville, has similar tattoo processes to Rich. As a tattoo artist with over 36 years under his belt, he has applied a certain approach to the art of cover-ups.

"Usually, you try to do a design that's bigger than the scar and will help mask where the scar tissue is," Barjonah said.

Regarding the risk of the tattoo, there's no guarantee that the ink will stand the test of time on damaged tissue. "Sometimes the lines will spread, sometimes the color won't hold," Barjonah said.

However, Barjonah noted that this risk, though elevated when dealing with scars, is a point of consideration for any tattoo job.

While there are many reasons one might want a tattoo

over a scar, Norwood has also seen clients who face some potential drawbacks from the process.

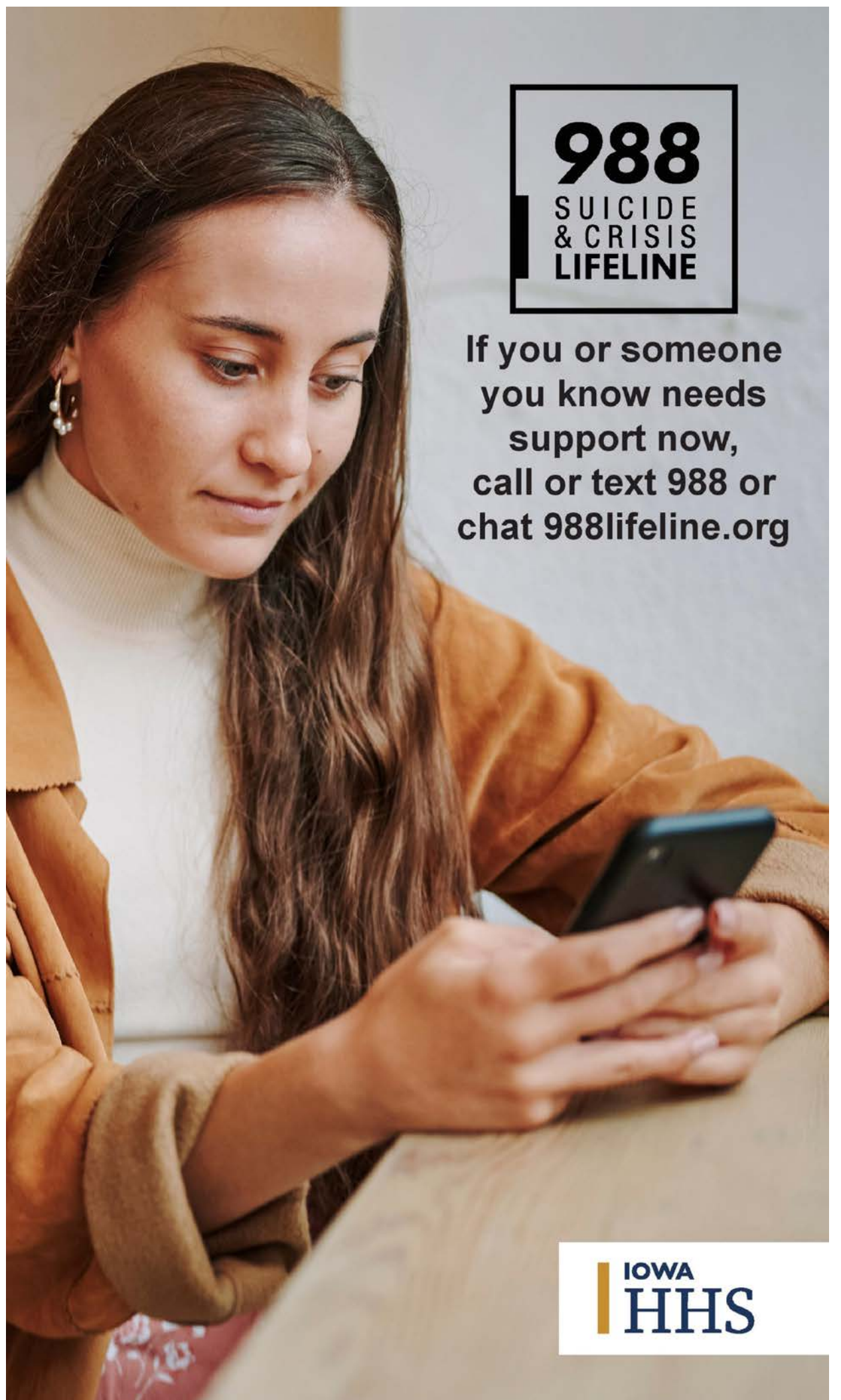
"Discoloration, aging, or the individual changing their mind at some point in their life," Norwood said, are all possible at any point after getting a tattoo.

The artists shared the sentiment of considering permanence for future clients interested in scar coverage. If the decision is made in haste or out of insecurity, it can quickly lead to regret, nullifying the purpose of this reformative process.

While this is only one of many potential solutions for healing, tattooing over scars can be a form of therapy in which an individual is able to reframe their view of oneself and their struggles, gaining a greater sense of resilience, encouragement and purpose behind a dermal imperfection.

Now five months after receiving her tattoo, Scheitlin has a newfound confidence for her scars.

"I don't even care if people stare at it, besides, I can now show off my guns," she joked.



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IOWA
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Art worth buzzing about

University of Iowa assistant professor houses roughly 100,000 bees atop the university's Visual Arts Building.



Photo contributed by Thalassa Raasch of their exhibit.

Lily Czechowicz
Arts Reporter
lily-czechowicz@uiowa.edu

While some people rely on a stiff drink to unwind at the end of the day, French-American artist Thalassa Raasch turns to honeybees.

Raasch, an assistant professor at the University of Iowa, started beekeeping as a 17-year-old living in Minnesota. Wanting to spend more time in nature, their mom handed them a jar of farmer's market honey and told them to call the number on the label.

Soon enough, Raasch spent the next two summers apprenticing with a local beekeeper, checking on hundreds of hives and asking thousands of questions.

In April, they installed two honeybee colonies on the third-floor terrace of the UI's Visual Arts Building in an exploration of interspecies art as their creative research project.

After teaching at various institutions on the east coast, namely Rhode Island School of Design and Maine College of Art and Design, Raasch brought their expertise to the UI in 2020. They still have their own hives in Maine, checking on them as often as they're able, but finally having bees with them in Iowa has made them feel more settled.

Caring for bees connects Raasch to the landscape, the seasons, and the weather of their environment. Likewise, the bees also bring them a certain internal peace.

"It's an excuse to slow my breathing down, notice patterns in front of me, and figure out through observation what's happening," Raasch said.

Raasch teaches photography at the UI but considers themselves an interdisciplinary artist. Their work uses different media like audio, photography, and other materials to explore boundaries, translation, and loss.

"There's something really creative and

wonderful about interacting with other animals or species because they have such a different way of encountering the world," Raasch said.

As an artist, one of Raasch's goals is to help shift perspectives and to view their subjects differently.

In a 2023 article, *The Guardian* reported that scientists have only recently started to study the complex behaviors and emotions of bees. Raasch's project merges their love for bees and interest in animal behavior by presenting the bees with different materials.

Bees communicate through touch, feel, and sound. Raasch plans to place a bee-sized microphone inside a hive, through which viewers will be able to listen to the colony without intruding on them.

Raasch's methods also include offering the bees images, work from their personal archive including images of their family, and placing them near the top of the hive where they make their honey. They wait a few days before checking the bees' work, letting them spend time with the image.

Then, when the image comes out, Raasch searches for signs that would indicate the bees' reaction to the images. They look for whether they chewed the image, built scaffolding on it or produced honey on it.

Though Raasch is still working on these interpretations, they see the bees as a way to connect to family history and loss.

"Suddenly you're the size of a honeybee, and the way you're experiencing the hive is at their level," Raasch said.

Raasch is still in the early stages of a project they expect will last two to three years. They described the bees as "another collaborating artist," which means they will have to trust the bees with their art and be patient with the process.

"As much as I would like to have expectations of the bees, I'm always sort of delighted when they subvert those," Raasch said.

Let's tackle

Chlamydia

Kick off this fall by making a game plan to get tested for STIs

Chlamydia is a common & curable sexually transmitted infection (STI). Many people experience no symptoms. If you are sexually active, make STI testing part of your regular health routine.



Find a testing location near you:
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Public Health
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IOWA CITY Book Festival 2023

Presented by the Iowa City UNESCO City of Literature

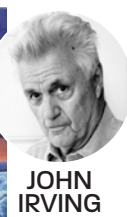
OCTOBER 8-15

Featuring:



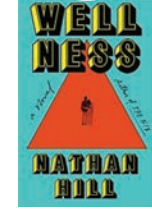
JOANNE RAMOS
The 2023 One Community, One Book selection is *The Farm* by Joanne Ramos. Told from the perspective of four women, *The Farm* explores gender, race, and class, and of who has access to power, freedom, and choice.

October 8, 1:30-2:30pm
Room C20 Pomerantz Center



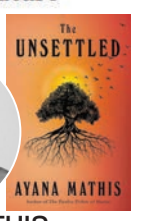
JOHN IRVING
John Irving is one of the foremost writers of the 20th and 21st centuries. Irving returns to Iowa to discuss his life and creative process.

October 13, 7:30pm
Hancher Auditorium



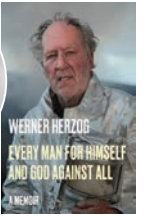
NATHAN HILL
Moving from the gritty '90s Chicago art scene to a suburbia of detox diets and home-renovation hysteria, *Wellness* mines the absurdities of modern technology and modern love to reveal profound, startling truths about intimacy and connection.

October 14, 2:30pm
Iowa City Public Library



AYANA MATHIS
From the best-selling author of *The Twelve Tribes of Hattie*, a searing multi-generational novel—set in the 1980s in racially and politically turbulent Philadelphia and in the tiny town of Bonaparte, Alabama—about a mother fighting for her sanity and survival.

October 14, 4pm
Prairie Lights



WERNER HERZOG
Legendary film director Werner Herzog will receive FilmScene's Cinema Savant award and appear in conversation to discuss his life in film and read from his soon-to-be-released autobiography.

October 15, 7:30pm
Englert Theatre

Full schedule at

iowacityofliterature.org/icbf

THE IOWA CITY BOOK FESTIVAL IS A CELEBRATION OF BOOKS, READING AND WRITING.

THE UNIVERSITY OF IOWA OPERA THEATRE PRESENTS

L'AMICO FRITZ

BY PIETRO MASCAGNI
DIRECTED & CONDUCTED BY WAYNE WYMAN



A wealthy landowner, a country girl, and cherries...

October 13, 2023 at 7:30 p.m. | October 15, 2023 at 2:00 p.m.
Coralville Center for the Performing Arts

FREE SHUTTLE INFORMATION
UI CAMPUS TO CORALVILLE CENTER FOR THE PERFORMING ARTS

Friday, October 13, 2023 (Performance #1):

1 shuttle to CCPA – departure time 6:40pm
1 shuttle to UI Campus – departure time 20 minutes after show ends

Sunday, October 15, 2023 (Performance #2):

1 shuttle to CCPA – departure time 1:10pm
1 shuttle to UI Campus – departure time 20 minutes after show ends



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\$5 UI Students | \$10 Non-UI Students and Youth (17+ under)
\$15 Seniors (65+) | \$20 Adults

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MACBETH

By William Shakespeare
Directed by Mary Mayo



October 6–14, 2023
E.C. Mabie Theatre | UI Theatre Building

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