

A call for peace

Several community members, some with ties to Ukraine or Russia, stood on the Pentacrest on Sunday to protest Russia's invasion of Ukraine.



Gabby Drees/The Daily Iowan

Demonstrators gather during a pro-Ukraine demonstration at the Pentacrest on Sunday. Around 60 people attended the demonstration.

Rachel Schilke
Senior Print Editor

The sky was clear and the sun was shining on the Ukrainian flag as more than 60 people gathered on the Pentacrest, holding signs and waving blue and yellow flags, to stand in solidarity with the people of Ukraine in a call for peace.

According to CNBC, as of Sunday, Russia is continuing to advance into Ukraine and has surrounded Kyiv, but the Ukraine administration states the capital remains "completely controlled by the Ukrainian army and defense."

The Ukrainian Defense Ministry has agreed to send representatives to meet Russian delegates at the Ukraine-Belarus border at an unknown date "with no preconditions." According to the United Nations, over 360,000 people have fled Ukraine since the beginning of the invasion.

For Iowa City resident Veronica Tessler, the conflict between Russia and Ukraine is personal, as her father is a Soviet Union immigrant from Kyiv.

Tessler, owner of Iowa City's Yotopia Frozen Yogurt and Nosh Cafe & Eatery in Des Moines, said her father left Ukraine in 1973, but still has childhood friends in the country, who her family attempts to keep in contact with daily.

She said her initial reaction to the violence was devastation.

"This is a country that's faced so much in the 20th century, and we never thought that the day would come that this kind of terror would be brought to the ground there in Kyiv and across the country," she said.

Tessler added it was amazing to see how many people came to gather to call for peace.

"I think connecting with others who are peace-loving people from all sides to lend our support for the Ukrainians — it's just nice to

gather and to meet others who have different stories, but we share a connection," she said.

Among the protesters were veterans from Veterans for Peace, University of Iowa students and faculty, and several Ukrainian and Russian Iowa City residents.

The official demonstration was canceled after the organizer, a UI professor, received threats, according to UI professor of Russian language and culture Anna Kolesnikova Dyer. That, however, did not stop the crowd from coming to support the cause.

Kolesnikova Dyer, who is from Russia, said she could not believe the nation launched war with Ukraine.

"The whole idea that Russia is the aggressor of the war, it just, like, shatters my whole heart," she said with tears in her eyes.

Kolesnikova Dyer reached out to several of her students to come to the demonstration

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CDC: Mask rules eased in most U.S. counties

Johnson County is at a "medium" COVID-19 community level based on metrics announced Friday.

Anthony Neri
News Reporter

Johnson County is now at a "medium" level when it comes to COVID-19, according to new metrics outlined by the Centers for Disease Control and Prevention on Friday. The agency says healthy people in medium and low level counties do not need to wear masks in public indoor settings.

People at high risk of severe illness should consult their health care providers about wearing masks and taking other precautions in medium-level transmission areas, the CDC said, and people can still choose to wear a mask at any time.

Iowa City has a requirement to wear masks in public spaces, but Mayor Bruce Teague said on Friday he's evaluating changes to the policy with the updated guidance.

"This is great news that the CDC has come out with this guidance, and I'm super excited to hear that and taking it under full consideration, absolutely," Teague said. "I would just tell you to stay tuned."

The CDC website's updated metrics to determine what COVID-19 Community Level a given county has include the number of hospital beds in use, hospital admissions, and the number of COVID-19 cases in a county.

The change comes at a time when Iowa's COVID-19 case count and hospitalization rate is declining as the omicron variant's transmission slows. Iowa's seven-day average for daily COVID-19 cases has been going down since late January, and on Saturday the average was 474 cases per day, according to the *New York Times*.

The CDC's COVID Data Tracker states that Johnson County has accrued 241 more positive cases over the past seven days.

Other recommendations on the CDC website include:

- Stay up to date with COVID-19 vaccines.
- Get tested if you have COVID-19 symptoms.

The CDC website also states that "people may choose to wear a mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask."

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INSIDE



Discriminatory housing practices, racial wealth gap impact Black Iowans

Iowa had the fifth-lowest Black homeownership rate in 2019. From zoning to restrictive deed covenants, the lingering effects of discriminatory housing practices and an \$11 trillion racial wealth gap continue to be felt by Black Iowans.

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Iowa City's M.C. Ginsberg passed down to next generation

The Iowa City art and jewelry store has been passed down from father Mark Ginsberg, who bought the store from his dad in 1984, to his daughter, Lizzie. Lizzie is the fifth generation of Ginsbergs to own the shop.

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DITV

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"Class act": UI archivist to retire

After 21 years combing through the university's special collections, David McCartney has made his mark on the people he worked with and the community he served.



Ayrton Breckenridge/The Daily Iowan

University archivist at University of Iowa Special Collections and University Archives David McCartney poses for a portrait in the UI Libraries Special Collections on Feb. 16.

Eleanor Hildebrandt
News Editor

David McCartney holds history in his hands.

The university archivist has combed through the University of Iowa's Special Collections and University Archives for over two decades, seeking stories to understand and share.

McCartney said his profession is a family passion.

"My mother is to blame for my historical interest, and my father, too," he said. "My parents loved history. At

one time, my dad, who was a lawyer, thought about going back to graduate school to teach history ... he did not pursue that, but he instilled a love for history in me at a young age."

McCartney will retire on March 1 after 21 years at the UI.

Archival work is McCartney's second career. Formerly, he spent 15 years in journalism. After graduating from the University of Wisconsin-Madison in 1979, he went into radio, playing stations in Iowa, Wisconsin,

and Alaska.

Then, at 38, McCartney returned to school and earned his master's degree in library science and history from the University of Maryland-College Park.

"I think what brought me to [changing careers] was a recognition that earlier in my life, and even in college, I had a very strong interest in public history," he said. "I didn't connect the dots until many years later, but better late than never I guess."

As McCartney moves into retirement, his impact will

echo through the aisles of archives on the Main Library's fourth floor. His friend and coworker, UI Community and Student Life Archivist Aiden Bettine, said he will miss having regular conversations with McCartney.

"One thing I find really beautiful about David is, somehow, he can always find a connection to Charles City, Iowa, which is where he's from," Bettine said. "I'm always amazed that he can find a through line to Charles City in so many different people and things

that happen. He's so aware of his local history and it amazes me."

McCartney has dug into the university's history and uncovered stories that could have been lost to the passage of time, Bettine said. From protests to the digitization of historical documents, he said McCartney's work is essential to continuing the documentation of the UI's 175-year history.

Specifically, McCartney has paved the way for oral

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Rise and grind



Larry Phan/The Daily Iowan

Local skater William Vietor prepares for a trick in downtown Iowa City on Sunday. His favorite area to skate is "usually Van Allen," Vietor said. "I love this spot."

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history to have a space in the UI's archives, Bettine said.

"There's a strong legacy of oral history in the university's archives and I think David has had a very heavy hand in maintaining that," he said. "It's essential because you can't always have material examples of how history has happened because if someone didn't know something was important enough to keep, we can still go get those stories, and that's something David is always up for."

Over McCartney's 20 years at the university, Iowa Magazine Editor Shelbi Thomas said he has made history more accessible to the general population and the Hawkeye community.

"He's knowledgeable and passionate about history and making it accessible to the average person," she said. "And I think you can see that in a lot of his columns and his virtual course he's hosting for alumni to celebrate the 175th anniversary. His exhibits also show how he reaches out and is able to share history with new audiences."

Thomas said McCartney wrote more than 25 columns for the magazine. His final edition of "Old Gold" comes out in March.

McCartney has also been essential to finding new materials to add to the archives. Jane Roth, a donor to UI Libraries, wrote in an email to *The Daily Iowan* that McCartney made donating 48 original Herky the Hawk drawings to the university simple for her and her mother.

"David has made such a positive difference in setting an outstanding example to the university community and his colleagues in similar positions across the U.S. for the importance of preservation to the university's legacy to future generations," Roth wrote. "He is truly an exemplary ambassador for the University of Iowa Libraries and Special Collections."

Roth added that McCartney has also cared for and preserved the archives she donated, and he serves as a great mentor for younger archivists learning and working at the UI.

"Overall, the University of Iowa community is going to miss a kind gentleman, who is truly a class act," she wrote.

Bettine said McCartney

has an incredible energy when it comes to caring for people's histories. He said the retiring archivist works to remind people history still matters in the 21st century, by connecting stories to people in the past and present.

"[David] is such a humble and kind person," Bettine said. "And he is someone who has really been committed to finding the student voice in the university's archives and the personal voice, whether that's faculty or staff. He doesn't work just to read the material; he's always working to humanize the record."

McCartney's work will continue to be essential to the UI's history, Bettine said, as he's poured his heart into understanding the stories of various underrepresented populations at the university.

As he retires, McCartney said the university is looking for his replacement to usher in a new generation of history keepers.

McCartney said he looks forward to wrapping up some projects he's been working on. His final collection for the UI continues until July and showcases the university's history as it celebrates its 175th anniversary.

McCartney said he was lucky to work at the UI because of the university's commitment to the written word.

"The university's commitment to the written word is clear," he said. "To be an archivist at a university that values that is a very clear privilege and it's an honor."

He said he will miss the special collection team and the Hawkeye community as he moves away from the university in a professional capacity, though he will remain in Iowa City. He said he hopes students will continue to listen to history long after he leaves his archival post, as history can be a source of information and guidance.

"It's not simply reenacting or remembering the past, but it's a way for us to make better informed decisions today. I really think history is linked to our future in that regard," he said. "And if you're a Hawkeye and you come across a story you find particularly compelling, allow yourself to be enveloped by it and absorb that story. Take from history whatever you can, because it never stops."

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How discriminatory housing still shapes IC

Though redlining was made illegal by the 1968 Fair Housing Act, Black Iowans continue to feel the lingering effects of discriminatory housing practices.



Larry Phan/The Daily Iowan

A map of Iowa City is seen with outlines around areas impacted by restrictive deed covenants, which blocked Black residents from purchasing homes in those areas.

Arabia Parkey
News Reporter

Discriminatory housing practices like redlining, zoning, and restrictive deed covenants have contributed to racial disparities in homeownership rates in Iowa City, continuing to this day.

Iowa had the fifth lowest Black homeownership rate among all states in 2019, at a rate of 23.4 percent, with a white homeownership rate of 74.2 percent.

Sara Barron, executive director of the Johnson County Affordable Housing Coalition, said the belief that Black neighborhoods are less desirable is still perpetuated in the community and across the country.

Redlining, the practice of limiting bank loans and other financial services based on the neighborhood where a person lives, was made illegal by the 1968 Fair Housing Act, though the term is often used as a catch-all for other forms of housing discrimination.

"At the core of it, redlining implies that neighborhoods where Black people live are less desirable and less valuable than neighborhoods that are filled with white residents," Barron said.

Redlining in Iowa City

Colin Gordon, a professor of history at the University of Iowa, was the lead author on a project that mapped racially restrictive deed covenants in the Iowa City area between 1921 and 1947.

These deed covenants were formal agreements written into a subdivision or property sale that restricted sale to Black residents, Gordon said.

Gordon said restrictive deed covenants may not have had a major effect on Black residents of Iowa City at the time, as they

were put into place in multiple subdivisions such as Cottage Reserve and University Heights, when Iowa City only had about 100 people.

"It wasn't nearly as impactful as the segregation practice by the university itself, which until the late 1940s wouldn't allow African Americans to live in the dorms," Gordon said.

Until the late '40s, Black Americans could simply be excluded from deeds, Gordon said, but when this was made unenforceable by the 1948 Shelley v. Kraemer Supreme Court case, municipalities in-

“There’s a longstanding motive to segregate the population by race and income, and depending on what’s sort of common practice or legal practice at the time, this takes all sorts of different forms.

— Colin Gordon, UI history professor

stead engaged in other discriminatory practices.

"There's a longstanding motive to segregate the population by race and income, and depending on what's sort of common practice or legal practice at the time, this takes all sorts of different forms," Gordon said.

One such practice still used in Iowa City that limits housing opportunities for underprivileged communities is zoning, a tool used to regulate land use.

Anne Russett, City of Iowa City senior planner, said about 80 percent of residential land in Iowa City is allotted for single-family zoning. Generally, that means only houses designed for one family can be built in those neighborhoods. Some flexibility exists in the code, allowing for duplexes in higher-density single-family zones, according to the Iowa City City Code.

Russett said widespread single-family zoning

doesn't allow for a diversity of housing choices, including cheaper options, for individuals and families.

To remedy this, the City of Iowa City adopted a new code at the end of 2021 for an undeveloped area of Iowa City's South District, which has a higher proportion of Black residents than the rest of the city, that will require a variety of housing types.

"The goal here is to increase housing choice, have smaller units that hopefully are more affordable and also will aim to create more connected communities, and hope-

fully in the future — as this area builds out — it will be easily accessible by transit," Russett said.

Barron described other Iowa City programs designed to increase homeownership, such as the South District Program, which uses government funds to buy duplex units in the south district of Iowa City and rehabilitate them.

"In most cases, someone who participates in that program and buys the home through that program pays less for their mortgage than they would to rent the same home, which is a targeted way to take an area that's been impacted by discrimination over the years and try to right that wrong," Barron said.

Financial roadblocks

Despite steps toward the creation of opportunities for potential homeowners, there are additional roadblocks affecting marginal-

ized communities in this process, especially those with financial barriers, Barron said.

"When qualifying for a mortgage, we continue to use a household credit score to determine whether or not they're eligible for a mortgage, and the ways that credit scores are determined often disadvantage people who come from generational poverty," Barron said.

Though Black spending power has reached a record increase in 2021, there continues to be an \$11 trillion wealth gap and a 14 percent decrease in the net worth of Black families nationwide.

Mark Edelman, board chair of Iowa Community Capital, said homeownership is a major asset in personal wealth and net worth growth. He said Black Americans have historically faced barriers to these assets, creating multi-generational impacts on wealth.

"In the case of African Americans in the U.S., part of the current generation trends can be somewhat traced to redlining policies that affected housing mortgages, clear back to the 1930s," Edelman said.

In finding ways to address racial disparities in housing and wealth, Gordon said it's difficult to make a substantial dent in addressing racial disparities in housing and wealth because of the economic losses that Black Americans faced from events such as the Great Recession, which contribute to generational barriers.

"It's very hard to turn this ship around because it rests on this huge background disadvantage unless you actually find the right resources to put people into the housing market that might otherwise not afford it," Gordon said.

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Iowa City's M.C. Ginsberg passed down to fifth generation

M.C. Ginsberg: Objects of Art in Iowa City has been passed down from father to daughter. Lizzie Ginsberg, who recently took over the store, plans to add new custom pieces and unique artwork.

Sam Knupp
News Reporter

Lizzie Ginsberg O'Neill is taking the helm at Iowa City's M.C. Ginsberg: Objects of Art, making her the fifth consecutive generation of Ginsbergs to own the small business.

Her father, Mark Ginsberg, took over the Iowa City store from his dad in 1984 when it functioned as a pawn shop. Upon taking over, Mark turned the business into a jewelry store and began incorporating 3D printing into the business over time.

Mark said Lizzie's best qualities as a businessperson are her creativity, independence, and patience.

"She's not purely a retailer," he said. "She's an educator, she's an engineer, she's an art teacher, she's an inventory manager, she's a mother, and she's a business owner."

Lizzie said she didn't always want to take over the family business. She worked as an intern at the store after earning her bachelor's degree in 3D Design at the University of Iowa in 2011 and went on to be an art teacher for a few years at an elementary school.

Over time, the business moved more toward 3D design and art, prompting Lizzie to make her return.

"I realized that was my passion. And what better opportunity than to do it at my family store?" she

said. "And now that I'm at the spot where I can take it over, I have complete control over doing what I love, and [what] would be appealing to a lot of people."

The COVID-19 pandemic made Mark and Lizzie the store's lone employees.

The father-daughter duo said that, when they first started working together, they tended to butt heads. Lizzie said most of the disagreements came from how similar they are — the moment they started to listen to each other was the moment they started to click.

Mark said it was during that time when he realized Lizzie was fit to take over the business.

"One day, it was just him and I, and he's like, 'I'm comfortable walking away,'" Lizzie said.

Today Lizzie runs the business on her own with her newly hired employees, she said, as Mark enjoys his winters in California.

On top of being a business owner, Lizzie is also a wife and a mother of two kids, including an eight-month-old who sometimes comes to work with her.

"It's probably the hardest thing I will ever do, being a working mom with my kids at work with me, but also the most rewarding," she said, "If I can do that, I can do anything. It's given me more confidence, and just so much respect for all the other women who have gone down this path. For



Isabella Cervantes/The Daily Iowan

Asher Ginsberg, Asher's mother Lizzie Ginsberg O'Neill, and Nancy Ginsberg, photographed on Feb. 23 at M.C. Ginsberg: Objects of Art. Lizzie Ginsberg recently took over running the family business from her father, Mark Ginsberg.

me, it's amazing."

Lizzie said that, now the store is in her hands, she wants to focus more on custom design and one-of-a-kind pieces for jewelry, medical prototyping, and unique artwork.

She also wants to continue her work as an educator by offering classes to elementary-aged

kids at the store.

"I wanted to be able to be involved in that side of things and be able to give back something that's so priceless," Lizzie said.

Lizzie said taking over the store has been a learning process for her that she's weathered by surrounding herself with good workers.

"I think we work so cohesively together," she said. "I think we're all learning a lot from each other, and it makes a really good group."

Among the group is her cousin, Nancy Ginsberg, who has worked in the jewelry industry for 30 years.

Nancy said that, after years in the industry living

outside of Iowa, now was the time to come home and work with Lizzie.

"She's in her 30s. I'm in my 60s," she said. "We look at things differently, but we have the same common goal. It's important to us that our family business thrives."

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UKRAINE

Continued from Front

with her, and one, India Clay, attended. Clay has been to Russia before and said she believes Americans have the wrong idea about the opinions of most Russian people toward the invasion.

"I met the people, I spent time there, and I know that there is a difference between the people and the government," Clay said.

Oleg Timofeyev, 59, orig-

Timofeyev, who has lived in the U.S. for 33 years, taught a course at the UI about Ukrainian culture. He said he hopes he can teach that course again in Iowa City in the future.

"What we see right now is terrible news, and as we can see, a lot of people are here, neither from Ukraine, from Russia — Iowans get it," he said. "I think they should know more. That's the problem with our news machine, that when there is a

“It's not like its anything new, it's just the world wasn't paying attention. And now, everybody woke up and realized, 'Oh, yeah, this is what is going on.'”

— Iowa City resident and Ukrainian Olena Betts

inally from Moscow, said taking a job teaching in Kyiv was an illuminating experience for him, as he was able to distinguish between what he was taught about Ukraine and what was reality.

He said growing up, he was taught that Kyiv was the origin of his country, and that Ukrainians were unreliable and traitors to Russia. He said learning the whole history of Ukraine, however, changed his outlook completely.

military operation, we hear about it. When it's quiet, we forget completely about the country."

Olena Betts, who is originally from Ukraine and has lived in the U.S. for 21 years, said there is a lot of misinformation about Ukrainians, and she hopes through this conflict that Iowans will begin to understand that Ukraine is a peaceful nation that wants to be left alone.

Betts said because she cannot be with her family in



Gabby Drees/The Daily Iowan

A child holds up a Ukrainian flag during a demonstration for peace in Ukraine at the Pentacrest at the University of Iowa in Iowa City. Around 60 people attended the demonstration.

Ukraine, she made it a priority to come to the demonstration.

"Right now, there's bombs flying over the buildings where the civilians live. It's not about military action somewhere on the outskirts of cities — it's

within towns," she said. "It's aggression against peaceful people."

So far, Betts said she has been able to keep in contact with her family using social media.

When she first heard the news about the inva-

sion, she said she was not shocked because to her, the war started in 2014 when Russian President Vladimir Putin invaded Crimea.

"It's not like its anything new, it's just the world wasn't paying attention," Betts said. "And now, everybody woke up and realized, 'Oh, yeah, this is what's going on.'"

Ed Flaherty, a member of Veterans for Peace who served in Germany from 1966-68, spoke to the crowd about the danger of a potential nuclear war, and said in an interview that there hasn't been this close of a threat since Cuba in 1962.

He said there needs to be a peaceful deescalation in the long run, but in the meantime, Americans should support Ukrainians who are defending their homes and Russians who are protesting the war.

"The world needs peace, and you don't get peace by just talking," Flaherty said. "...The people of Russia who are on the sidewalks are being carted off to jail one after another. That's immense courage. If what would come out of this would be some sort of 'Hate Russia' kind of thing, that would totally miss the point."

Michelle "Shelly" Ser-

vadio Elias, state chairwoman of the Iowa Democratic Party's Veterans Caucus, said she checks the news every morning to see if Ukraine made it through the night.

She said if the world doesn't stand up to Putin now, she fears the situation could escalate into a world war.

"It's just like what happened in history with Hitler: appeasement never works. That's so important for us to learn from history," she said. "If you just say, 'Oh, give him this little bit and see what happens, maybe he'll stop, he will not stop.'"

Servadio Elias said that, if Russia gets through Ukraine, Putin will be at the backdoor of several NATO countries.

"They hold the line," she said.

She added that every human deserves basic human rights, and in this conflict, it should not be anti-Russia, it should be pro-democracy and pro human rights.

"The Russian people see that in their fellow human beings, that their sovereign rights to be self-governed be treated with dignity and respect," she said.

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Gabby Drees/The Daily Iowan

Veterans for Peace member Ed Flaherty talks to another demonstrator during a demonstration for peace in Ukraine at the Pentacrest at the University of Iowa in Iowa City. Around 60 people attended the demonstration.

Opinions

COLUMN

Welcome to the new Cold War

With the invasion of Ukraine, Putin has officially declared that the age of a new Cold War has arrived.



Peter Anders
Opinions Columnist

It's a common theme in works of fiction that another Cold War between global superpowers would occur, after the previous one ended with the failure of the Soviet Union and ushered in an age of American dominance.

As Russia invades Ukraine, it seems that the new Cold War will be between the democracies of the West and the autocratic regimes of China and Russia.

Now that Russian President Vladimir Putin has launched a full-scale attack against Ukraine, he has officially started the second Cold War: now between the Western alliance and Moscow, with its new ally in Beijing.

What Putin hopes to gain from this is something even military experts are unsure of. If he expects this invasion to cause ruptures in NATO immediately and lead the European and Western allies to drift apart, he seems to have miscalculated to a devastating degree.

NATO, once seen as an alliance seeking some form of relevancy, seems to have been galvanized and almost resurrected because of this crisis. It is seemingly more relevant and united than it has been in quite some time.

If Putin expects this war not to hurt Russia in some capacity, he is also hopelessly naive, as the Western powers seem ready to place an endless number of sanctions upon the Kremlin, which will hurt the economy and thus the Russian people.

If he thinks the Ukrainian people will welcome his army with open arms and accept Russia as their new rulers, he may also not be understanding the people of Ukraine, or their culture, very well.

But it also may be the case that Putin is not what he once was. Previously considered one of the most intelligent of the world leaders, his increasing paranoia and age may, along with the pandemic, have driven his sanity to a breaking point.

One only has to listen to the televised speech Putin gave on Feb. 21 — which comes off like it was written by a man who has fallen down a rabbit hole of conspiracies and pseudo facts. Putin's inability to read

what his people want, and how to communicate with them, may be a byproduct of this.

Those in Russia live in fear of speaking their mind. Putin's inner circle seems terrified of him, as the ex-KGB man seems to grow more paranoid by the second. Opposition at home is always a possibility.

Alexi Navalny, one of Russia's loudest critics—who Putin had arrested and who now resides in a labor camp in Vladimir Oblast — spoke out against the war Thursday. Navalny, speaking from prison where he is currently on trial, said the attack against Ukraine is a tactic by Putin to distract from real issues in Russia.

The risk is that, if Putin blunders his next moves in Ukraine badly enough, he may have forces at home to contest with as well as the West.

Many Russians have taken to the street since Thursday to protest Putin's invasion, and thousands have been arrested.

Beijing has voiced support of Moscow and opposition to NATO, but the degree of support it is willing to provide is unknown, especially if it goes against its own self-interest. And Asia's economy has already shown some signs of suffering from this crisis as it is.



Gabby Drees/The Daily Iowan

Demonstrators talk to each other during a demonstration for peace between Ukraine and Russia at the Pentacrest at the University of Iowa in Iowa City on Sunday. Around 60 people attended the demonstration.

Putin does not seem to care what this does to Russia's reputation when it goes back on its own word, as he promised not to invade Ukraine, yet now he has. How are other nations to take what Russia says at face value as long as Putin is in charge in the future, when it has proven to be so untrustworthy?

All of this leads to the question: Why should we, as Americans, care about this? The reality is that we live in an interconnected world. The crisis in Ukraine

will affect the price you pay for gas right off the bat, not to mention the possible effects it could have on global markets. Inflation will also be affected.

Make no mistake: this will matter to our daily lives, and not just for those of us who have relatives and friends who live in Ukraine. The world has changed, and a new Cold War between the West and the East has kicked off once again.

Things will not go back to how they were before. Putin has shown a sense

of desperation previously uncharacteristic of him, and there is no indication it will ever recede. Ukrainian and Russian delegations will meet for talks Monday — but Ukrainian president Volodymyr Zelenskyy says he does not believe these talks will end the war. How this plays out is anyone's guess, but it is time to acknowledge that the new Cold War is finally here.

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COLUMN

New building projects benefit metro area

New projects are the key to keep population booming in the Iowa City metro area.



Sophia Meador
Opinions Columnist

Whenever I visited Iowa City as a child, I was astonished by the Old Capitol.

Just 10 years ago, the Old Capitol was one of the biggest buildings in Iowa City. But now, it's barely visible in the Iowa City skyline among the number of newly built high-rise buildings. With no doubt, Iowa City has grown tremendously in just 10 years.

Growth in the Iowa City metropolitan area makes a positive difference. While we should be proud of the progress made, we need to look to the future and plan how we can continue to improve our communities.

The Iowa City population grew 10.3 percent in just the last 10 years, according to the U.S. census. Along with a growing population, the racial makeup of Iowa City has changed significantly. From 2010-20, the Black population nearly doubled, while the population who identifies as two or more races tripled.

This follows a trend of booming growth across the county. Johnson County grew 16.8 percent, with substantial growth in suburban communities such as Tiffin, Solon, and North Liberty.

The Iowa City metro is currently the fifth fastest growing community in the Midwest. While this is a great accomplishment, we need to think new ways to continue this growth.

New construction projects in the Iowa City metro are an obvious factor in the population growth. From new high-rise buildings, to sports arenas and hotels, the area has grown remarkably. As someone who grew up in Eastern Iowa, I can testify that the Iowa City metro area looks almost unrecognizable from the outdated look I remember from my childhood.

Leaders in Johnson County recognize this

trend as well. On Feb. 17, The Iowa City Area Development Group hosted representatives from Johnson County, the University of Iowa, and MidAmerican Energy at its Build Johnson County event at Kirkwood Regional Center.

During this event, Johnson County special projects manager Ray Forsythe presented new projects for Johnson County — including commercial revitalization in Solon and affordable housing projects in downtown Iowa City.

"Our growth in population, the vision of our communities and the investments they're making in placemaking, community development, housing is all going to serve us well," Iowa City Area Development Group President Kate Moreland told the *Iowa City Press-Citizen*.

A growing metro area benefits everyone. We need to continue these projects to improve our communities and continue our population growth.

New housing, such as the project proposed by Forsythe, is vital to keep our cities growing. As a student, I can personally attest to the difficulties of finding housing that is both affordable and close to campus. More housing not only helps students find more ideal living, but it also brings new people into the metro area.

Projects also add new excitement and pride in communities. While it is important to keep the history that charms Johnson County, we need to invest in our communities by updating existing infrastructure and building new facilities. New projects should make people want to live in Johnson County, rather than visit.

Additionally, new projects increase the value of our communities, which benefits the local economy. With local economies growing, our communities can continue to flourish.

We should be proud of the progress our county has made, but also look to improve our communities. That's why we need to continue with new projects and developments.

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DOCTOR IS IN

Calling attention to ADHD stimulant misuse

College is a challenging experience. All too often, academic and social pressures can lead students to misuse stimulant medications.

Stimulant medications such as Adderall, Vyvanse, and Ritalin are effective treatment options for ADHD and other hyperactivity disorders. However, an increasing number of college students are misusing these medications. It is important for students and parents to understand what the potential risks are when using these medications, what role stimulants play in treatment, and what can help students stay sharp and focused

“As a student, if you are worried about an inability to focus or complete tasks, you should make an appointment with your primary care provider.

during their studies.

Total stimulant usage has doubled in the U.S. in the past decade, making these medications readily available on college campuses. Misuse among college students has been estimated to be between 23-42 percent.

Furthermore, students who have valid prescriptions have reported misusing their medications. Students have reported several motives for misusing stimulant medications such as: finishing homework on time, staying concentrated in class, being able to stay awake, and increasing test performance.

However, several studies have shown no meaningful association between misusing prescription stimulants and improvements in academic success. When these medications are used outside of the prescribed method, side effects are more likely to occur, and can be serious.

Common side effects of stimulant medications for ADHD include high blood pressure, increased heart rate, stomach pain, weight loss, headaches, and trouble sleeping. These medications also come

with a warning regarding their high potential for misuse and dependence, as well as a warning that sudden death and serious heart events such as abnormal/life-threatening heart rhythms, heart attack, and stroke may occur.

As a student, if you are worried about an inability to focus or complete tasks, you should make an appointment with your primary care provider, or with student health. If your provider prescribes a stimulant, it's important to take it only as instructed.

Never give your medication to friends or family to take and monitor any side effects that you think you might be having and let your provider or pharmacist know. Also, do not hesitate to ask your pharmacist or healthcare provider questions about your medications if you have any.

Additionally, it's important to know there are a multitude of non-prescription ways you can set yourself up for success, and to give yourself an edge in your studies. As with all aspects of health, a proper diet, consistent exercise, and quality sleep are foundational, and are often underappreciated aspects of a successful college career. Additionally, improving your time-management, using a healthy self-reward system, and practicing mindfulness are great strategies to boost performance.

If you have been diagnosed with ADHD, there are resources on campus that can connect you with people who you can talk to about your diagnosis, and support groups that can provide an environment to connect with other students going through the same difficulties (see resources below):

1. ADHD Support Group - Student Disability Service
2. University Counseling Services

John Voller, third-year pharmacy student, Class of 2023

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From crowd to field: UI fan freelances for 'Hawkeye Report'

Dennis Scheidt, @HawkeyeImages on Twitter, went from a Hawkeye fan to an official photographer with *Hawkeye Report* for six years, after his Twitter account gained traction.

Marandah Mangra-Dutcher
News Reporter

@HawkeyeImages, a Twitter account with over 13,000 followers, began when an Iowa Athletics fan posted photos he had taken of the game from where he sat in the crowd.

"I've always been a season ticket holder," said Dennis Scheidt, creator and publisher of the account. "My seats were down fairly low to the field, so I had kind of the same viewpoint as an on-field photographer."

Scheidt said he began taking photos at Hawkeye sporting events in 2013. He originally bought some quality camera gear to photograph his daughter's show choir competitions.

Scheidt used a photo editing app called Snapseed, and said that's when his Twitter started to gain traction.

"I started doing some edits of shots that I have taken, and I post those and people will be like 'Wow, that's really cool,'" he said. "I don't think we really were doing a lot of edits and what you see today."

Through a bit of networking, the traction eventually landed him a dream job.

Scheidt was first credentialed with online outlet *Hawkeye Report* in 2015, covering football and men's basketball. His journey with the outlet began with Blair Sanderson, a writer for *Hawkeye Report*.

"Blair is a guru of recruit-



Jerod Ringwald/The Daily Iowan

Dennis Scheidt takes photos during a men's basketball game between Iowa and Michigan State at Carver-Hawkeye Arena on Feb. 22. Scheidt takes photos for *Hawkeye Report*.

ing, and he had a lot of followers," Scheidt said. "He followed me, and I noticed that when I was doing these kinds of simple edits way back when I was still sitting in the stands, he would like a lot of them."

One day, Scheidt said he

got brave and reached out to Blair, who connected him to Tom Kakert, the publisher of *Hawkeye Report*.

Kakert said he was already thinking of hiring a photographer before he talked with Scheidt.

"I had been thinking about adding a photographer, but I didn't really have anybody," he said. "I felt like that was always kind of a hole in what we did."

When he's not taking photos on the field, Scheidt works for a software company.

"Career" is certain-

ly probably inaccurate for what I do," he said. "I'm purely a freelancer. I learned everything on my own. I have a separate career professionally, away from taking photos, but it's definitely my passion."

Brian Ray, University of Iowa athletics director of photography, said Scheidt was welcomed onto the field.

"We are pretty selective on who we let out in the field," he said. "If a photographer or an organization is not being professional, we

do bring that up with the people in credentials and let them know that maybe we shouldn't be credentialing these people."

Scheidt has good character, Ray said.

"He's a great guy who did it the right way," he said.

Ray said at the beginning of COVID-19, credentials for Hawkeye sporting events were limited to university photographers only. The university photographers used a platform called PhotoShelter to share images with

media outlets.

"And what we were doing was, since we had the only access to the floor, we would take images and try to file them as soon as possible to an area," he said.

Kakert said not taking photos was disappointing for Scheidt.

"I'll tell you; it was hard on him not being there," he said. "I know it was and they missed it, and I missed having him there."

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"I've always been a season ticket holder. My seats were down fairly low to the field, so I had kind of the same viewpoint as an on-field photographer.

— Dennis Scheidt

Englert's Mardi Gras Mambo to bring piece of New Orleans to IC

On March 2, the Englert Theatre will host the 2022 Mardi Gras Mambo, with Louisiana bands The Dirty Dozen Brass Band and Nathan & The Zydeco Cha Chas.

Olivia Augustine
Arts Reporter

In Iowa City, Mardi Gras is a holiday that comes and goes without much fanfare. But for Louisiana bands The Dirty Dozen Brass Band and Nathan & The Zydeco Cha Chas, Mardi Gras is an import-

"You know when you make a gumbo you put a little bit of everything in it? That's what I got in my music, so it can reach all different types of people.

— Nathan Williams, founder of Nathan & The Zydeco Cha Chas

ant holiday that celebrates the deep culture of jazz music — which they're bringing to Iowa City.

On March 2, The Dirty Dozen Brass Band and Nathan & The Zydeco Cha Chas will perform at the Englert Theatre's Mardi Gras Mambo, enriching Iowa City's arts community with jazz music.

Arts leaders in Iowa City are actively trying to create a home for jazz music in the community. Englert Theatre Development Director Katie Roche said that some of these efforts include the University of Iowa's growing jazz program, KCCK's jazz radio programs, and the Iowa City Jazz Festival, which will return in early July.

As a jazz musician herself, Roche said that her band, Dandelion Stompers, played a Mardi Gras show at The Mill for five

years before the venue's recent closing, and that she looks forward to having a space to celebrate the holiday this year after the COVID-19 pandemic put a pause on celebrations. She also said the bands playing have a deep-rooted culture in regard to Mardi Gras and

jazz music.

"As a jazz musician and an accordion player, this is a dream bill and I know this music brings them joy, helps people let loose, move their bodies, and forget their worries. We all need a little of that right now," she said. "It's the perfect show in the long days of winter and new jazz fans are sure to be born from this night."

Nathan & The Zydeco Cha Chas play a wide range of jazz music, but Nathan Williams, who formed the band in 1985, said it has a heavy focus on Zydeco music.

Zydeco music is a blend of many jazz subgenres, like blues, Cajun, and R&B. Williams said that Clifton Chenier, from Louisiana, was the "king" of zydeco music, putting a snap on the usual sound of blues. Zydeco music also regularly features an accordion, which is

Williams' instrument of choice.

"You know when you make a gumbo you put a little bit of everything in it? That's what I got in my music, so it can reach all different types of people," Williams said. "I got a little blues in there, I got a little reggae, I got a little R&B in it, a little Cajun in it, I got a little everything, you know what I'm saying? It's all fused together."

Williams said that Nathan & The Zydeco Cha Chas have played at all sorts of venues, from the Des Moines area to Lincoln Center in New York City, and even collaborated with musicians like Buddy Guy and Cyndi Lauper.

The Dirty Dozen Brass Band was founded in 1977 and has been visiting Iowa City since the early 2000s. The band is currently on tour with Nathan & The Zydeco Cha Chas.

Roger Lewis, who plays the baritone saxophone and sings vocals for the Dirty Dozen Brass Band, said Mardi Gras is a huge celebration full of life and dancing, and the band's music reflects that.

"Mardi Gras is a traditional thing, you know, people don't celebrate Mardi Gras like that [in Midwestern towns]," Lewis said. "They have an opportunity to experience some of that when the Dirty Dozen comes to town — it's a treat."

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Grace Smith/The Daily Iowan

Iowa guard Caitlin Clark shoots during a women's basketball game between No. 21 Iowa and No. 6 Michigan at Carver-Hawkeye Arena on Sunday. Clark led the team in points with 38. The Hawkeyes became regular season Big Ten Champions after defeating the Wolverines, 104-80.



Grace Smith/The Daily Iowan

Iowa center Monika Czinano and guard Caitlin Clark hug during a women's basketball game between No. 21 Iowa and No. 6 Michigan at Carver-Hawkeye Arena on Sunday. Czinano and Clark had a combined 57 points. The Hawkeyes became regular season Big Ten Champions after defeating the Wolverines, 104-80.



Grace Smith/The Daily Iowan

Iowa center Monika Czinano gets introduced before a women's basketball game between No. 21 Iowa and No. 6 Michigan at Carver-Hawkeye Arena on Sunday. The Hawkeyes became regular season Big Ten Champions after defeating the Wolverines, 104-80.



Grace Smith/The Daily Iowan

Iowa celebrates their regular season Big Ten Champion title after a women's basketball game between No. 21 Iowa and No. 6 Michigan at Carver-Hawkeye Arena on Sunday. The Hawkeyes became Big Ten Champions after defeating the Wolverines, 104-80.

The Daily Break

Puzzle solutions on page 2

The New York Times
Crossword

Edited by Will Shortz No. 0124

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- Across**
- 1 Drains of strength
 - 5 Top celebs
 - 10 Witch
 - 13 Jazzy Fitzgerald
 - 14 Tongue sense
 - 15 Contented cat's sound
 - 16 It doesn't need time to rise before baking
 - 18 Monster often seen wielding a club
 - 19 Actress Thurman
 - 20 Rarin' to go
 - 21 Commence
 - 22 Bed-and-breakfast, e.g.
 - 23 Bill known as the "Science Guy"
 - 24 "___ word is a lamp unto my feet ...": Psalms
 - 26 Director DuVernay
 - 27 The "N" in TNT
 - 29 One of two "royal" sleeping options
 - 31 U.K. award
 - 33 Web address
 - 34 "What ___ have you got?"
 - 35 Social crafting event
 - 38 Created yarn or tales
 - 40 Industrial tub
 - 41 Help
 - 42 ATV with four tires
 - 44 ___ nodes
 - 48 Coffee dispenser

- 49 "___ your head!"
 - 50 "Chairman" of Chinese Communism
 - 52 U.N. agcy. awarded the 1969 Nobel Peace Prize
 - 53 Fall bloom that resembles a daisy
 - 55 Big name in shapewear clothing
 - 57 Apt rhyme for "grab"
 - 58 Actor Guzmán of "Traffic"
 - 59 Key member of a football team, in brief ... or a feature of 16-, 29-, 35- and 42-Across?
 - 61 Elevate
 - 62 Spooky
 - 63 Chimney duct
 - 64 Pig's wallowing spot
 - 65 Rises and shines
 - 66 Sediment in a wine barrel
- Down**
- 1 Sparkly bit on a gala gown
 - 2 College reunion attendees
 - 3 Flexible
 - 4 Cul-de-___
 - 5 Kept in check
 - 6 Size above medium
 - 7 "Now it's clear"
 - 8 Breakout movie role, say
 - 9 CNN founder Turner
 - 10 Cuddle-worthy

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CHAMPIONS
Continued from Page 8

regular season. Next up for the conference's 14 teams is the Big Ten Tournament at Gainbridge Fieldhouse in Indianapolis.

The tournament starts on Wednesday with two play-in games.

As the No. 2 seed, the Hawkeyes clinched one of four double-bye spots. The Buckeyes, who hold the season head-to-head victory over the Hawkeyes, secured the conference's top seed.

Michigan and Maryland occupy the final two double-bye spots with 13-4 records. Michigan took down Maryland twice in the regular season, giving the Wolverines the No. 3 seed. The Terrapins will be seeded fourth.

Indiana, which once ranked as high as No. 4 in the nation, narrowly missed out on a double-bye. The Hoosiers are fifth in the conference with an 11-5 record.

The Hawkeyes will start play on Friday at 5:30 p.m. Iowa will play the winner of tenth-seeded Minnesota and seventh-seeded Northwestern in the quarterfinals.

In 2021, Iowa rallied from the No. 6 seed in the conference tournament to make an appearance in the Big Ten Women's Basketball Tournament Championship Game. The Hawkeyes lost to top-seeded Maryland, 104-84, missing out on a Big Ten title.

"Obviously, we're going to enjoy this and celebrate this," sophomore point guard Caitlin Clark said



Iowa head coach Lisa Bluder waves a piece of the net during a women's basketball game between No. 21 Iowa and No. 6 Michigan at Carver-Hawkeye Arena on Sunday. The Hawkeyes became regular season Big Ten Champions after defeating the Wolverines, 104-80.

"But we're going to get back to work, and why not win two Big Ten titles? I mean, we were in the championship last year in Indianapolis. We played really well there [in 2021], so go back

and get a little revenge and bring home another one."

In ESPN's latest women's basketball bracketology on Feb. 25, analyst Charlie Creme put Iowa as a No. 5 seed in the NCAA Tourna-

ment.

With a solid showing in the 2022 Big Ten Tournament, the Hawkeyes have a chance to nab a top-four seed in the national tournament to claim home

court advantage for the first two rounds.

"I think, obviously, this is when you want to be playing your best basketball," Clark said. "And we are playing our best bas-

ketball. If we can get home court advantage for the NCAA Tournament, that's huge, and getting to do that will be a lot of fun."

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NOGARD
Continued from Page 8

that he can come and talk to and kind of introduce him to everyone."

But the old connections Nogard is making in the Hawkeye State don't stop there. He also linked the fast style of play of the ECHL Central Division back to his college days.

Nogard has competed with the Norfolk Admi-

ral, Florida Everblades, and Gladiators — all part of the ECHL South Division — since the 2018-19 season.

"He's adjusting to the different division," Heartlanders head coach Gerry Fleming said. "Each division is different. He says the pace and physicality of this division is a lot tougher than maybe it is in the south where they have a lot of experienced American Hockey League

players that are poised with the puck that are highly skilled. So, it's different. It's taken a little while to get used to, but he's enjoying it."

Physicality is a main feature of Nogard's game. In 31 games with Atlanta in 2021-22, he accumulated 107 penalty infraction minutes. The forward incurred 41 more penalty infraction minutes during his first nine games in a Heartlanders sweater.

Fleming described Nogard as someone that brings everyone into the battle.

Nogard said that, as an older player, he notices that some players need to step it up at this time

of the season. He said that he hopes his work ethic and what he brings can wear off on his teammates.

"I'm definitely that type of player, for sure," Nogard said. "Just play hard, play

on the line, and just sort of the type of the player I am, and I think it's a piece of the puzzle of this team that will help us get into a playoff position."

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Heartlander forward Luke Nogard skates back to the bench during a hockey game between the Iowa Heartlanders and the Tulsa Oilers at Xtream Arena in Coralville on Feb. 16. The Heartlanders defeated the Oilers in a shootout, 4-3.

Grace Smith/The Daily Iowan

PCP
Continued from Page 8



Chloe Peterson
Assistant Sports Editor

BIG Championship Game appearance

The Iowa women's basketball team has surprised me over the past couple weeks.

After going most of the season with zero wins over Associated Press Top 25 teams, Iowa took down ranked Indiana twice in a row on Feb. 19 and 21.

Now, with victories over the then-No. 5 and No. 10

team in the country, the Hawkeyes have clinched a double-bye in the 2022 Big Ten Women's Basketball Tournament in Indianapolis this weekend.

But I still don't think the Hawkeyes have the chops to win the Big Ten Tournament title.

Indiana lost four of its last five games of the 2021-22 regular season to be the No. 5 seed in the Big Ten Tournament — losing out on the double-bye. For a team that was ranked as high as No. 4 in the nation this season, it was a lackluster ending.

The Hoosiers, who average 72.7 points a game this season, will come into the postseason with a vengeance. Indiana was projected to be a top-four seed in the NCAA Tournament, set to host the first two rounds.

If they don't perform well, they'll lose their host-

ing spot. Indiana has everything to lose, and nothing to gain. Iowa will also have to contend with No. 6 Michigan, who has stayed near the top 10 all season.

I just don't believe that the Hawkeyes' defensive abilities can keep up with the Hoosiers and the Wolverines. Iowa head coach Lisa Bluder said that the Hawkeyes are an offensive-minded team, but Iowa's defense ranks 308th out of 348 Division I teams, allowing 71.3 points per game.

Although the Hawkeyes average 84.7 points per game, there will be a score that comes along to team more points against Iowa's listless defense. Whether it be against Indiana, Michigan, or another top Big Ten women's basketball team, I think that time will come in the conference tournament championship game.

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Big Ten Champions

No. 21 Iowa women's basketball clinched its first Big Ten regular season title since 2008 with a victory over No. 6 Michigan on Sunday.



Grace Smith/The Daily Iowan

Iowa celebrates its regular season Big Ten Champion title after a women's basketball game between No. 21 Iowa and No. 6 Michigan at Carver-Hawkeye Arena on Sunday. The Hawkeyes became Big Ten Champions after defeating the Wolverines, 104-80.

Chloe Peterson
Assistant Sports Editor

Iowa women's basketball seniors Logan Cook and Tomi Taiwo checked out of the game for the final time at Carver-Hawkeye Arena on Sunday to raucous cheers from a sold out crowd.

After giving out hugs down the bench, they watched their Hawkeye teammates tie the bow on

No. 21 Iowa's 104-80 victory over No. 6 Michigan.

With the Hawkeyes' victory on Sunday, Taiwo and Cook not only left Carver-Hawkeye Arena as seniors, but also as Big Ten regular season champions.

Head coach Lisa Bluder, who led the Hawkeyes to their first Big Ten regular season title since 2008, was held nearly speechless postgame, staring at the sellout crowd with a micro-

phone in her hand.

"This is so much more fun than the 2008 championship," Bluder told the crowd. "When we won, we won on the road. We didn't have any of you with us. This Big Ten Championship belongs to these women, but it also belongs to you. You fans are the best, we're so thankful for all of you."

In 2008, the Hawkeyes didn't have the chance to cut down their net. In 2022,

every Hawkeye got a piece.

Clad in "Big Ten Champions" T-shirts, Iowa's players clipped off portions of the victory net one by one. Bluder was the final person to climb the ladder, swinging the detached net around her fingers.

"Today, you couldn't have scripted it any better," Bluder said in the Hawkeyes' postgame press conference. "Big Ten Championship, beating the

No. 6 team in the country. Having our seniors go out on a high like that, being able to cut down the net as a Big Ten Championship team, I'm almost beyond words."

Iowa will share the Big Ten regular season title with Ohio State. The Hawkeyes and Buckeyes have identical 14-4 records in conference play.

"I think that we're not done yet," junior guard

Gabbie Marshall said. "Like, this is obviously something we really wanted, and something that has been on our mind since the first game of the season. And I think that just having this under our belt will make us work harder in Big Tens and NCAAs."

Iowa's game against Michigan capped off the Big Ten women's basketball

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HAWKEYE UPDATES

NCAA releases conference allocations for men's wrestling national tournament

The NCAA released its final rankings and conference allocations for the 2022 national men's wrestling tournament on Feb. 24.

There will be 33 wrestlers at each of the 10 weights at the NCAA Tournament, held from March 17-19 at Little Caesars Arena in Detroit.

The NCAA has already allocated 29 spots at each weight, except 285 pounds, to top men's wrestlers from the ACC, Big 12, Big Ten, EIW, Mid-American Conference, Pac-12, and Southern Conference. Heavyweight only has 28 spots allocated to conferences.

There will be four at-large spots for each weight with the exception of 285, which will have five at-large spots for wrestlers who do not automatically qualify in their conference tournaments.

Big Ten allocations for the NCAA Tournament, by weight:

- 125 — 10 spots
- 133 — 10 spots
- 141 — seven spots
- 149 — seven spots
- 157 — seven spots
- 165 — seven spots
- 174 — eight spots
- 184 — 12 spots
- 197 — 11 spots
- 285 — nine spots

The Big Ten will hold its conference and national qualifying tournament in Lincoln, Nebraska, March 5-6. Automatic qualifiers for each weight will be determined by place-finish at the Big Ten Men's Wrestling Tournament.

QUOTE OF THE DAY

"95 percent of people truly have no clue about anything."

— Iowa men's basketball senior guard Connor McCaffery

STAT OF THE DAY

56

— Games it took for Iowa women's basketball sophomore Caitlin Clark to surpass 1,500 career points

Nogard back in familiar territory

Iowa Heartlanders forward Luke Nogard has returned to the Midwest after skating at the University of Nebraska at Omaha.



Grace Smith/The Daily Iowan

Heartlander forward Luke Nogard and Oiler forward Jimmy Soper prepare to fight for the puck during a hockey game between the Iowa Heartlanders and the Tulsa Oilers at Xtream Arena in Coralville on Feb. 16. The Heartlanders defeated the Oilers in a shootout, 4-3.

Isaac Goffin
Sports Reporter

When forward Luke Nogard was traded from the Atlanta Gladiators to the Iowa Heartlanders in early February, Coralville felt familiar to him.

The left-handed shooter hails from Ontario, Canada, but Nogard played collegiate hockey for the University of Nebraska at Omaha from 2014-18. Nogard played junior hockey for the British Columbia Hockey League, and the Mavericks offered a scholarship to play at Omaha.

"It's good to be back in the Midwest," Nogard said. "Everyone kind of asked me how the adjustment [was] coming to the Midwest now, but because I was in Omaha before, it's pretty similar."

Though Xtream Arena opened in 2020, the Heartlanders' home facility reminded Nogard

of his collegiate days.

"I like this rink a lot because whoever built it, assuming it's similar to all the college rinks in our conference," Nogard said. "Like this is identical to like Minnesota-Duluth, Colorado College, our rink in Omaha, the same type of building, so it's nice."

The Midwestern landscape and arena design weren't the only recognizable facets of the 28-year-old's new home.

Heartlanders defenseman Adrien Beraldo skated with Nogard in the summers while the two were back home in Hamilton, Ontario. Despite their six-year age difference, their skating sessions included both professional and junior players, causing them to meet.

"So, it made it a little bit more comfortable for him when he came here," Beraldo said. "I'm someone that he knows and someone

POINT/COUNTERPOINT

How far will the Hawks go in the Big Ten Tournament?

The *DI*'s women's basketball beat reporters debate where the Hawkeyes will end up in the conference tournament.



Dawson Moore
Sports Reporter

Big Ten Tournament Champions

No. 21 Iowa women's basketball has picked up steam over the last week with two consecutive top-10 wins over Indiana on Feb. 19 and 21.

For that reason, I think the Hawkeyes will climb the mountain and win the 2022 Big Ten Women's Basketball Tournament this upcoming weekend in Indianapolis.

It's no secret that Iowa has one of the most explosive offenses in the country, as the Hawkeyes rank third in the nation in scoring as of Sunday.

Iowa also boasts two elite scorers in sophomore guard Caitlin Clark and senior center Monika Czinano.

Clark is a superstar. When a team has a player with the prowess of Clark, odds swing in their favor down the stretch in March. Clark leads the country in scoring, averaging 27.1 points per game.

Czinano has been consistent her whole career for the Hawkeyes and is the thunder to Clark's lighting.

This season, Czinano is averaging a career-best 20.8 points, and making 66.3 percent of her shots as the anchor in the middle for head coach Lisa Bluder's squad.

The Hawkeyes have proven that they can compete with any Big Ten opponent this season, and after clinching the double-bye after defeating Rutgers, the sky's the limit.

With one of the nation's best offenses seeming to find its stride at the perfect moment, Iowa will be a tough out in the Big Ten Tournament. The Hawkeyes will prove that a great offense can swarm even the best defenses on their way to a Big Ten Tournament title.

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