

INSIDE



UI IHR celebrates 100 years of research

IHR-Hydroscience and Engineering at the University of Iowa has been studying water resource management for a century. The institute is celebrating with a two-part exhibit that focuses on the Mississippi River research at the Old Capitol Mall.

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ONLINE



Iowa City, Johnson County leaders lean toward non-police confrontation

Iowa City and Johnson County leaders are looking into giving some of law enforcement's responsibilities to community-focused organizations such as CommUnity Crisis Services and moving away from police responding to situations of homelessness.

dailyiowan.com



Iowa City audits homes to assess energy consumption

The City of Iowa City and Green Iowa AmeriCorps are conducting free home energy efficiency audits for homeowners to help residents reduce their energy emissions and utility bills. The city has conducted this program every year since 2016, and the audits address the city's climate action goals.

dailyiowan.com



Review: All Too Well short film

On Nov. 12, Taylor Swift released *All Too Well: The Short Film* in New York City and on YouTube. The film was set to the 10-minute version of "All Too Well," which was released earlier in the day on Swift's rerecording of *Red*. The film starred Dylan O'Brien and Sadie Sink and told the story of a romantic relationship gone awry, bringing tears of joy and excitement to all who watched.

dailyiowan.com

UPCOMING

The *Daily Iowan* will host its third Community Chat of the semester via Zoom this Friday at 10 a.m. Jabari Butler, Sign1News co-chief executive, University of Iowa ASL program director Becca Clark, and lecturer Sandra Anderson will talk about inclusivity in media, specifically on how American Sign Language is integrated into the news. All are welcome to attend!

DITV

Watch for campus and city news, weather, and Hawkeye sports coverage at dailyiowan.com



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UI International Programs opens passport station

The University of Iowa International Programs office is opening a passport acceptance station on campus for students and community members.

Marandah Mangra-Dutcher
News Reporter

Students can now renew or apply for passports on campus.

The University of Iowa

International Programs will open a passport station for students and the surrounding community, joining the list of resources for study abroad programs offered by UI International Programs.

Russell Ganim, associate provost and dean of UI International Programs, said the program has wanted to open a station at the UI since 2014. The passport acceptance facility opens

Nov. 17 in the Old Capital Mall.

"The University of Iowa applied for approval to become a U.S. passport acceptance facility," he said. "And we were turned down. I'm

not exactly sure what the reasons were, but we did fill out an application that we sent to the U.S. Department of State and were denied."

PASSPORT | Page 2

ETHICS & POLITICS NATIONAL POLITICS

Fresh faces to represent Johnson County

In 2022, four new Iowans will be elected to represent Johnson County in the Statehouse, and both parties hope to bring new faces and new ideas to the foreground.



Graphic by Caleb McCullough

Ryan Adams and Lily Smith/The Daily Iowan

From left: Democrats Sen. Joe Bolcom, Rep. Christina Bohannon, and Rep. Mary Mascher, who all represent Iowa City, in front of a map of Johnson County's updated House districts.

Lauren White
Politics Reporter

At least four new faces will represent Johnson County under the golden dome in Des Moines following the 2022 election. Political leaders from both parties in Iowa said it will be a refreshing change that brings new ideas to the Statehouse.

The four available seats in 2022 will be Iowa

Senate District 45 and Iowa House Districts 89, 90, and 91, a newly-drawn district.

Rep. Christina Bohannon, D-Iowa City, is running for Iowa's newly drawn 1st Congressional District, which means her seat in the Legislature will be available.

Rep. Mary Mascher, D-Iowa City, announced on Nov. 8 that she will not run for reelection. Mascher represents Iowa's 86th House district, and under the new maps she would be in the 89th.

"It's an opportunity for new blood, new life, new people coming in with new perspectives. And I think that's always healthy for a system," Mascher said.

Mascher has held her legislative seat for 20 years, but said her experience wouldn't necessarily make her better for the seat as every representative is replaceable. She said she wants

ELECTION | Page 3

Think Iowa City releases digital gift card for holiday season

The nonprofit's digital gift card program can be used at over 80 different businesses in the Johnson County area.



Photo Illustration by Cecilia Shearon

Sam Knupp
News Reporter

Think Iowa City has teamed up with Yiftee and MidwestOne Bank to release digital gift cards that can be used at over 80 different local businesses in the Johnson County Area.

The gift card, part of the Shop JoCo Community Gift Card program, was released on Nov. 7 and can be found by going to the Yiftee website.

Stacey Houseman, special projects manager for Think Iowa City, a nonprofit that promotes tourism and events in Johnson County, said one goal of the program is to foster collaboration between local businesses.

"Keeping that money local, you're giving money to your friends, your neighbors, and it just continues to cyclically work," Houseman said. "That gets more people to want to open businesses here and all works in a circle."

Houseman said, thanks to a sponsorship

from MidwestOne Bank, the gift card can be bought with no additional fees through November and December.

Houseman said businesses have been very receptive to the digital gift card in its first week of release.

As of Sunday, the gift card can be used at 87 Johnson County businesses, including Mickey's Irish Pub, High Ground Cafe, and Joe's Place, according to the Shop JoCo website.

"By Christmas ... I'm guessing, I'm hoping we're going to have 200 to 300 businesses in total."

Houseman said consumers have the option to choose how much they want to put on the gift card up to \$250, along with what day it is sent to the recipient. She said it can be redeemed at any of the participating businesses.

GIFT CARD | Page 2

College of Medicine Latinx Faculty Council work to improve representation

The council, in its organization phase, is working to get all Hispanic and Latino/a/x people involved in the hospital.

Madeleine Willis
News Reporter

The University of Iowa Carver College of Medicine recently established the Latinx Faculty Council to bring together faculty members to serve the broader Latinx and Hispanic community and improve representation in the health sciences.

Tahuanty Peña, clinical associate professor of internal medicine, is currently serving as the president of the new council.

"I'm very attracted to the concept of improving diversity, equity and inclusion. Though I carry that title, in reality this is a joint effort by the whole council, and we are dividing the efforts equally to achieve our goals," Peña said.

Peña said the council is working with the UI Latinx Council to plan to mentor pre-med students and College of Medicine faculty and students in the future.

"In the organization process, efforts include to get many Hispanic and Latinos engaged in the hospital," he said.

The council stemmed from the UI Office of Diversity, Equity, and Inclusion at Carver College of Medicine and the model of the African American Council that was formed at the Carver College of Medicine a few years ago. The council is currently meeting on a monthly basis.

The faculty council was initiated after the hospital sent a survey to gather interests from



Peña

COUNCIL | Page 2

Soaring, flying



Ayrton Breckenridge/The Daily Iowan

F-35A Lightning II fighter aircraft fly over Kinnick Stadium before a football game between No. 19 Iowa and Minnesota at on Saturday. Two of the pilots were University of Iowa alumni.

PASSPORT

Continued from Front

After the application was turned down, the International Programs office worked toward different goals instead, Ganim said. At the beginning of the pandemic, however, Ganim and his team decided to try the application process again.

"During COVID, we said to ourselves 'well, let's re-start this passport acceptance application process,'" he said. "And so we did, and this time around we were approved."

Ganim said the process of applying for a passport has become difficult for the public.

According to the United States Postal Service website, first-time applicants must complete a six-page application form and provide a photocopy of proof of identity, and a photocopy of proof of U.S. Citizenship. An applicant must also take a photo that adheres to the photo guidelines and have a post office employee witness their signature before submitting. At times, there can be passport fees that vary depending on the situation.

"It's logistically difficult to go through the process," Ganim said. "We wanted to create a community resource where people could find us easily."

The UI is also one of the few schools left in the Big Ten to not have a passport station on their campus, Ganim added. The University of Indiana Bloomington,



Dimia Burrell/The Daily Iowan

The International Programs office located in the University Capitol Centre is seen in Iowa City on Nov. 11. The IP office is opening the University of Iowa Passport Office within the same space.

University of Illinois, Purdue University, and University of Wisconsin all have Passport Acceptance Facilities.

"There are many offices of international programs within the Big Ten that also have passport acceptance facilities," he said. "We wanted to emulate our Big Ten peers and then provide the service, as well."

Another driving factor for the International Programs office to create this resource was because Iowa City no longer has a post office downtown, Ganim said.

Colin Behr, a second-year UI student planning to study abroad in Lyon, France, in spring 2023, said the new resource will make renewing his passport easier.

"I can't go home very often," Behr said. "It would

be nicer to have [a passport center] on campus, and I would have quicker access to it."

Ganim said some staff from International Programs had to undergo extensive training before they opened the passport station.

"They've gone through the official instructions that the U.S. Department of State requires for officials to process passports or to handle applications," he said.

Ganim said those who were trained are a part of the International Students and Scholars Services staff and study abroad staff.

In an email to *The Daily Iowan*, Assistant Provost of International Programs Douglas Lee wrote that the program is looking forward to serving UI faculty, staff,

students, and the Iowa City community with the station.

"We have a great team of [International Programs] staff who have completed extensive training and are ready to go," he wrote.

Ganim said the passport station is not only a UI resource but also a community resource.

"We think, as part of our outreach mission, obviously we want to serve the University of Iowa committee, but we want to serve the community at large," Ganim said. "And so anyone really from the corridor can come in and get their passport, or apply for a first-time passport or get their passport renewed."

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COUNCIL

Continued from Front

Hispanic and Latino/a/x faculty. He said it is the first council of its kind to be implemented in the Carver College of Medicine.

"The staff gathered in interest from Hispanic and Latinx faculty, and immediately there was a lot of interest," Peña said.

Peña said a little over 40 percent of the faculty and staff at UI Hospitals and Clinics identify as Hispanic and Latino/a/x. This is based only upon self-identification, the number could be higher because this question is not always answered, Peña said.

Adrian Silva, lead Spanish interpreter at UIHC, immigrated to the U.S. from Mexico at the

age of 8, so he stressed the importance of representing underrepresented people.

"The worries of patients aren't heard sometimes due to miscommunications from Spanish to English, sometimes when the doctors leave the room patients are more confused than when they came, they have more questions, and are concerned the doctors did not get what information they needed to," Silva said.

Improving representation throughout the hospital is a goal for the Latinx Council.

"University of Iowa Hospitals and Clinics strive to provide world class medicine to all populations and cultures."

Maria Bruno, executive director for belonging and

assistant to the Vice President for Student Life and member of the UI Latinx Council also stressed the importance of a Carver College of Medicine Latinx Council.

Bruno served as the Chair of University of Iowa's Latinx Council in 2018-2019.

She said the Latinx Council was designed to bring staff and faculty together at a predominantly white institution. Bruno said the council offers a community and increased faculty retention to serve the institution as well.

"The more people that can focus on these things the better. There's more power in numbers and communication," Bruno said.

Peña said creating an inclusive and diverse en-

vironment starts with individual people making an effort to create change.

"I believe that if we truly want to create more diversity, equity, and inclusion, then we need to be proactive about it and create conscious efforts to lead the change," Peña said. "These efforts need to happen in our personal lives, our communities, our workplaces, and other environments. If we approach it that way, I think we truly have a chance of making things better."

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MOUNT VERNON

Shop Small Saturday

Saturday, Nov. 27 | 9am-5pm

30 Retail Stores
10 Food Service Businesses

Gift Certificates, Giveaways, Prizes, Specials

First 25 shoppers to check in at Headquarters will be eligible to win a \$100 bonus prize sponsored by Bauman's Clothing Store

Shop Small Saturday will include a sign-up fishbowl event, where shoppers are encouraged to stop by Shop Small HQ, fill out a form with a cell phone number before they begin shopping. Customers who sign up will have an chance to win up to \$25 in Community Cash good for any business in Mount Vernon or Lisbon. A total of \$500 in Community Cash and merchandise will be given away throughout the day.

GIFT CARD

Continued from Front

"Just like a phone order that they would take, they will just punch in the number manually," Houseman said. "Really all they just do is run an activation card that our partner Yiftee emails to them. And then that just integrates their POS into the program."

Houseman said the digital gift card is especially beneficial for sustainability.

"You're obviously giving people this without countless other layers of tissue paper or wrapping paper or boxes," she said. Betsy Potter, Iowa City Downtown District direc-

tor of creative services, said the Shop JoCo Community Gift Card program is a great opportunity for the community to "put their investment in locally owned and small businesses as an easy way to give the gift to spend dollars collectively throughout the entire county."

The Iowa City Downtown District also has its own gift card program that has been running for eight years. Potter said this has allowed the employees of the Iowa City Downtown District to see how a community-wide gift card can benefit local businesses.

"We're expecting great support from the community during the holidays," she said. "People

are starting their shopping earlier. So any different ways that people have the ability to spend and think about shopping locally here in Iowa City is a great thing."

Sheila Davisson, owner of Revival, said the Shop JoCo gift card has the potential to help local businesses by incentivizing people to keep money local.

"It gets more people in the downtown area and gets somebody to try something they haven't tried before," Davisson said. "It's an easy gift. And I think it just helps dollars stay local, which is what I think is the most important thing."

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DEPARTMENT OF THEATRE ARTS

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by Dakota Parobek

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IOWA

ETHICS & POLITICS

ELECTION

Continued from Front

to encourage people to run and hopes to mentor incoming legislators in order to smooth their transition.

"None of us has a lock on the seats, they belong to the people and people get to decide who they want to represent them," Mascher said.

Sen. Joe Bolkcom, D-Iowa City, announced that he will not run for reelection in 2022 because he wants fresh ideas and voices to take his place in the Iowa Senate. He has served in the Iowa Senate since 1999.

"It'll be good. I'm just saying, it's new people who will come in and learn the process just like I did and Representative Mascher did when we joined up years ago," Bolkcom said.

Bolkcom said that it's important for new members to reach across party lines and get to know colleagues from both parties, especially those who work on topics and issues they are interested in.

Bohannon sent tweets honoring Mascher and Bolkcom and their decisions not to run for reelection and thanking both for their public service.

Frederick Boehmke, a University of Iowa political science professor, said it is not uncommon for legislators to make decisions about whether to run for reelection based on how their district gets redrawn every 10 years. Legislative district maps, proposed by the nonpartisan Legislative Services Agency, were signed into law by Gov. Kim Reynolds this month.

"When you change the lines for incumbents who have invested in getting to know their constituents, you know, ideally across all the different

parts of their district, that also creates uncertainty for them," Boehmke said.

Mascher said that she did not choose to retire due to redistricting because the lines of her district did not change much, but rather that the timing was right.

She hopes to see people run who reflect the goals and values of Johnson County constituents, Mascher said. She said the Legislature needs to diversify in order to represent Iowans.

"I think that's important as well, to have the population in Des Moines reflect our population," Mascher said. "And I think it's important to encourage people within our community who have an interest in doing that, helping them and identifying what they can do to be able to get themselves on the ballot."

Democrats in the Iowa Legislature are in the minority, and that is why Bolkcom said his goal for new Democratic legislators will be to flip seats and gain a majority in either the House or Senate.

Bolkcom said flipping a chamber is most important for Democrats because making legislative moves will continue to be a struggle when in the minority party.

"The issues are less important when you're in the minority party and working to get into the majority is more important," Bolkcom said.

Johnson County is the most Democratic county in the state, and Democrats have traditionally won all of the districts in the county in recent years.

Rep. Bobby Kaufmann, R-Wilton, is the only Republican representing Johnson County. His district covers Cedar County and the eastern portion of rural Johnson County.

The newly drawn House districts split Cedar and



Becca Ball/The Daily Iowan

University of Iowa student and Iowa House of Representatives candidate Andrew Dunn stands on the steps of the Old Capitol Building in Iowa City on Sept. 14.

Johnson Counties, and Kaufmann would no longer represent Johnson County if he wins reelection in 2022.

Kaufmann said seeing new faces representing Iowans in Johnson County can be a good thing, but legislators need to keep in mind that the county is made up of both rural and urban residents and to work for both.

"I'm still going to be taking people's phone calls. I'm still going to respond to people's emails, and I'm still going to be pushing for very important legislation," Kaufmann said.

Kaufmann said he has

heard from Republicans in his district who plan to run for a seat in the Legislature under the new boundaries. He said rural Johnson County will be easy for Republicans to win and will be an opportunity for Republicans to fight for their priorities.

"I think with the atmosphere that is in our favor, so tremendously due to a failed federal administration, I think that Republicans are going to be playing offense in all counties in Iowa, not just defense," Kaufmann said.

Kaufmann said there is a learning curve for new legislators throughout the first year of serving. He

said the Iowa Legislature gives freshman representatives and senators an opportunity to jump right in through committee and subcommittee work.

"I think the process in Iowa is conducive to allowing people to basically work as hard as you want to work, and the harder you work, the more opportunities you get," Kaufmann said.

Immediately after the redistricting process is when the majority party has the best chances of gaining seats in the Legislature, Boehmke said. Over time, the general demographic features of the district slowly change as people move and constituents no longer have the same priorities.

Boehmke said that the chances of either chamber of the Legislature being flipped is small. It would take a more regional, or even national, wave — through a presidential candidate, or political movement — to flip the seats drastically, he said.

Andrew Dunn, a University of Iowa student and candidate for Iowa House District 85, said he is sad to see Bolkcom and Mascher leave, but that a change in legislators will give intelligent and principled people an opportunity to fill their shoes.

Climate change, education funding, access to affordable housing, and affordable child care are some of the priorities Dunn hopes new legislators will bring to light. He said he wants the upcoming round of legislators statewide to reach across the aisle for more legisla-

tion that will benefit rural and urban Iowans.

"We have to figure out how to build the relationships with rural communities to, you know, really break through a massive political culture war," Dunn said.

So far Dunn is the only candidate to publicly announce a bid for a seat in the Iowa Statehouse to represent Johnson County.

Janice Weiner, current Iowa City city councilor, told *The Daily Iowan* she will announce her election campaign for the Iowa Senate soon.

Weiner said a change in representation is healthy for democracy. She said bringing new people into the Statehouse will help shine light on new issues.

"That's the real positive of it. It will help integrate democracy and bring new people into the process here. I hope we'll see multiple candidates from both parties," Weiner said.

Boehmke said that the longer a legislator is in office, the more they can get done — both policy-wise and passing governmental requests, like grants — because of the relationships they have made. This is one reason, he said, it is interesting when incumbents step down or retire.

"There's a very large number of open seats, two of which haven't been open for decades. So, I think that creates an interesting political situation to see what develops there and who chooses to run for those seats," Boehmke said.

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Gabby Drees/The Daily Iowan

Iowa City city councilor Janice Weiner poses for a portrait on Oct. 5.

Bohannon gathers supporters to door knock

University of Iowa law professor and state Rep. Christina Bohannon is running as a Democrat in Iowa's 1st Congressional District.



Grace Kreber/The Daily Iowan

U.S. congressional candidate and State Rep. Christina Bohannon, D-Iowa City, addresses supporters on Nov. 14, ahead of door knocking.

event of her congressional campaign. The group gathered to hear from Bohannon before going door knocking to get signatures for Bohannon to be on the ballot in 2022.

Standing outside in 35 degree weather, Bohannon said the 2022 elections will come down to a handful of swing districts and called the midterms a window of opportunity.

"This is where we decide, are we going to move forward? Or are we going to go back to the dark days we've seen over the last several years?" she said.

Democrats currently hold a slim majority in the House and are split in the Senate 50-50 with Republicans, and a recent poll shows President Joe Biden's approval rating at 38 percent.

Bohannon is running as a Democrat against

current U.S. Rep. Marianne Miller-Meeks, R-Iowa. In 2020, Miller-Meeks won in the Southeast district by six votes over Democrat Rita Hart. The newly drawn 1st Congressional District has 23,000 more registered Democrats than Republicans.

Bohannon told *The Daily Iowan* she is excited about those numbers, but that she hopes to form a broad coalition of people.

"We have to reach out to all different voters, not just Democrats," she said. "I am working very, very hard to reach out to independents, to Republicans. I'm talking to Trump voters. I'm talking to Biden voters, I'm talking to Bernie voters."

Bohannon's campaign manager Sarah Prineas said the Democratic Party in Iowa had a reckoning after the last election,

in which Republicans won three out of four U.S. House seats and Sen. Joni Ernst won reelection.

"We lost a lot of ground, and I think there's been a lot of work in the party, both at the county level and at the state level, to say what did we do wrong and what can we do right?" Prineas said.

Bohannon said Iowa City has been fortunate to have Mascher and Bolkcom as representatives, but there always comes a time when public servants are ready to transition into retirement.

"So this is a really exciting time, an opportunity for new people to come on and to serve the community," Bohannon said. "And I think that I think we're going to see some really great candidates come out of it."

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Natalie Dunlap
Politics Editor

About a dozen support-

ers gathered at a shelter in Iowa City's City Park on Sunday for Iowa City

Democratic state Rep. Christina Bohannon's first field organizing

Opinions

COLUMN

Get your COVID-19 booster shot

While people are gearing up for the holidays, it's important to stay safe and get your COVID-19 booster shot.



Elise Cagnard
Opinions Contributor

While you may have already gotten a full series of a COVID-19 vaccination, your job is not over yet. If you got vaccinated on May 15 or earlier, it is time to get your booster shot, if you're eligible.

As we're trying to get back to a semi-normal life, it is important to take the necessary steps to stay safe. With the holiday season approaching, people are traveling from all over the country to be together. For the sake of immunocompromised people and high-risk individuals, such as grandparents, everyone should get the booster shot as soon as they are eligible.

For the students at the University of Iowa, life is

back to a near normal, for the most part, since the pandemic started. Classes are mostly in person, we have stopped wearing masks around friends and family, and we can gather in large numbers.

While this is a relief to many, it makes it hard to remember that no matter what it feels like, the pandemic is still not over.

Positive case rates are back on the rise after falling through September and October. And with the upcoming holidays, it is imperative that you stay safe and take the proper precautions. Many families are gathering this holiday season for the first time in large numbers. While this is a joyful time, it will raise the risk of contracting COVID-19.

Because the age of eligibility for vaccination was recently lowered from 12 years old to 5 years old, there is more optimism surrounding COVID-19 rates going into the upcoming holiday festivities. This optimism will only survive if adults are also taking safe-

ty measures and getting the booster. If kids are fully vaccinated while the adults' vaccinations have worn off, no one will truly benefit.

The need for a booster shot does not take away from the effectiveness of the vaccines. Additionally, you might wonder, "Why is it so important to get my booster shot if I'm already fully vaccinated? I already did my part."

COVID-19 boosters are likely to become a yearly thing, similar to the flu shot. With many vaccines, it is necessary to get boosters because a certain period after your initial vaccination, the vaccines can start to wane and lose their effectiveness. Due to this, you need another dose of the vaccine, and thus booster shots were made.

You can get your booster shot six months after the last COVID-19 vaccine shot you received if you meet certain criteria, like being over 65 or having certain underlying conditions.

As college students, this

might feel like a hassle. Many of us do not have access to cars and finding a place to get a booster while studying for exams might not feel worth it.

Unfortunately, college students are the perfect spreaders for COVID-19 as we travel across the country visiting our homes and other relatives. This makes it even more vital that we stay on top of this and get

our booster shot.

Thankfully, getting your booster has never been easier. Through the UI, Pfizer and Moderna vaccines and booster shots are available at either Student Health locations Monday through Friday. Appointments are preferred, but Student Health also accepts walk-ins.

There is a single easy step you can take to maximize your chance of having a safe

and protected holiday season. While you are enjoying some much-needed family time, you should not have to worry about what you're being exposed to or what you're exposing your relatives to.

To protect yourself and your loved ones, get the COVID-19 booster shot as soon as you're eligible.

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Jeff Sigmund/The Daily Iowan

A medical student receives the Moderna vaccine on Jan. 28.

COLUMN

You are not alone

A *DI* news reporter writes about their journey with mental health struggles.



Lillian Poulsen
News Reporter

Content warning: this article mentions suicide, eating disorders, and self-harm.

Mental health is something I've struggled with my entire life. I grew up as a chubby, closeted bisexual, unsure of myself and afraid to share some parts of my identity.

It wasn't until eighth grade that I recognized that my thoughts, feelings, and experiences meant something deeper than teenage angst.

After a rough night, I cried to my mom about my fears of having anxiety and depression. A few weeks later, I attended my first counseling appointment with a therapist and began the long journey of finding myself.

While I always had a feeling that I had a mental illness, I waited until high school for the confirmation. My first therapist, Emily, shared that I had symptoms related to Generalized Anxiety Disorder and severe depression. At the time, I had little knowledge of what that meant or how it would change my life.

I wasn't alone in this struggle, however. According to the National Alliance on Mental Illness, one in six U.S. youth aged six to 17 experience a mental health disorder each year. Additionally, suicide is the second-leading cause of death among people aged 10 to 34.

Throughout high school I saw Emily, and she helped me through many problems. While she

walked me through traumatic events in my life, she mainly helped me build the confidence to live each day.

Body image affected me a lot throughout middle school and high school. I worried about watching my weight, controlling what I ate, and exercising often.

According to Park Nicollet Melrose Center, 53 percent of 13-year-old American girls are unhappy with their bodies, and this number grows to 78 percent by the time they reach 17. Around 30 percent of 10 to 14-year-olds are actively dieting, and adolescent girls who diet frequently are 12 times as likely to binge eat as girls who don't.

Throughout my journey with Emily, I formed lifelong friendships, found value within myself, and felt confident in my future.

When I first started therapy, I was a young teenager struggling with body image issues, self-harm, and suicidal ideation. Therapy opened a door for me that I didn't know existed, and I wouldn't be the same without it.

While I was fortunate to have a mom who believed me when I said I needed help, it was a struggle to explain my mental health to other people in my family who viewed it as something that I could just overcome.

After I graduated high school, I felt ready for college. At my last session with Emily, she told me I was in a good spot and ready to face the new adventure ahead.

Since I felt so certain of myself, I went into college thinking I wouldn't need a therapist. I quickly learned this wasn't the case after struggling for months on my own.

During my sophomore year of college, I continued

to struggle but found some help at University Counseling Services. I attended a couple of sessions when I was really struggling and felt it was enough for me.

In 2017, 2,376 students visited University Counseling Services, according to a 2017 annual report. People spent 6,344 hours in individual counseling in 2017.

Junior year of college was a turning point for me in my mental health journey, one that I never saw myself taking after my first therapy session at 15.

While I struggled my first semester of junior year because of the COVID-19 pandemic, it wasn't until my second semester that I had reached a breaking point.

After letting my anxiety and depression build for several months surrounding various issues in my life including sexuality, religion, academics, and body image, I found myself having the worst panic attack of my life in March 2021.

After spiraling for the entire night while with my friends and sister, I made a phone call to my mom the next morning.

I told my mom I needed her to come to Iowa City immediately and that I wasn't safe. I also called my boss and the suicide hotline, because I was afraid of what I would do if I was alone.

My mom made the two-hour drive from West Des Moines to pick me up. On the way back to my house, I continued to panic and thought I might die. It was the scariest thing I've ever experienced.

I struggled for weeks at home before my parents took me to a psychiatric unit in Des Moines. The hospital didn't have enough bed space, so I ended up going home. More weeks passed as I struggled with the inability to sleep through the night or go a

single day without a panic attack.

In July, my mental health had deteriorated so much that my parents decided to drive me to the University of Iowa Hospitals and Clinics to get help. There, I spent a week in the medical psych unit while physicians attempted to figure out what was going on with my brain.

After that, I was transferred to the psych unit of the hospital, where I spent a week struggling with my mental health. While there, I learned that I had Post Traumatic Stress Disorder and Obsessive-Compulsive Disorder — two mental illnesses of which I had minimal knowledge.

While it was the most difficult time of my life, I leaned on people to help me through it. Without this support, I wouldn't be where I am today.

When I went to the psych unit in Iowa City, I lost friendships, including one with my best friend at the time. She decided that my struggles were too much for her to handle, even though I was at the lowest point of my life.

I learned a valuable but painful lesson: The people who care about me will stick by me even when it's hard. Even though I lost this friendship, I gained my confidence back, built stronger relationships with my friends and family, and finally got the help I needed.

Mental health is something that will always play a role in my life. I'm grateful for the people who continue to check on me and make sure I'm doing OK.

If you're struggling, I can only hope that the people in your life will be there for you. But if you're like me and ever feel alone in your struggle, just know that I'm right there with you, cheering you on.

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COLUMN

Mike Pence said nothing

The former vice president failed to deliver anything of note during his campus visit.



Peyton Downing
Opinions Columnist

Yet again, we as Iowa students are subjected to political machinations at the national level from visitors. The most recent individual to do this is former Vice President Mike Pence. He gave the usual spiel of conservative rhetoric which I feel I must do my part and, if not debunk, then at least give an alternative viewpoint to.

One of the most notable and egregious series of statements Pence made was about COVID-19.

Pence celebrated former President Donald Trump's efforts battling COVID-19 and mentioned the fact that under his administration, the three coronavirus vaccines were created.

While the president put money toward vaccine development and cut red tape, vaccines were already in development through a myriad of other international agencies. Without Trump, all of them probably would have been made regardless and within the same timetable.

In addition, a panel from the university of Harvard's Center for Health and Human Rights came to the conclusion that up to 40 percent of coronavirus deaths could have been avoided had Trump altered his policies.

Though to be honest, it's not surprising that Pence would either ignore or not care about the deaths that were a direct result of Trump's policies. After all, he said that he looks up to the former President Ronald Reagan.

This being Reagan who, among other things, oversaw one of the worst epidemics in America and did nothing to stop it or, in some cases, made the situation worse.

Downplaying the virus, ignoring warnings, doing very little-policy wise to address the situation — the similarities are

astounding.

And from there, Pence then referred to the greatest culture war issue Americans are facing this year — critical race theory.

The critical race theory that no one seems to be able to give concrete examples of, like Tucker Carlson, who recently admitted he doesn't even understand what critical race theory is.

Critical race theory is a type of legal analysis that exists in upper-level legal schools and is not in fact being taught to kids in K-12 in the slightest.

What some people refer to as critical race theory is actually stuff like Martin Luther King Jr.'s famous "I Have a Dream" speech. At least, that's what it is according to Texan Republicans who attempted to ban critical race theory some time ago.

The last major thing of note was the only real policy that Pence talked about — people getting unemployment benefits. You know, the thing that politicians are meant to focus on.

Specifically, Pence said the Biden administration's unemployment benefits were preventing people from getting back to work and not jump starting the economy fast enough.

But unsurprisingly enough, studies are showing that cutting unemployment benefits doesn't get people back to work. Kicking people off support that they need while we are still in the middle of a pandemic will not get them back to work. It will only make their lives worse, for no benefit to anyone whatsoever.

It just goes to show that Republicans, even when they're touring and attempting to get their party fired up, don't always offer anything of substance or value that will help people's lives in any fashion.

All they can do is gesticulate wildly at the opposition and make wild claims about critical race theory, Marxism, and how big government is going to destroy your life. All the while, the Democrats are attempting in some capacity to do something for the people.

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IIHR-Hydrosience and Engineering celebrates 100 years

IIHR-Hydrosience and Engineering has been studying water resource management for a century. The University of Iowa-based hydrosience lab is featured in an exhibit on its history in the Old Capitol Museum.

Simone Garza
News Reporter

The University of Iowa's IIHR-Hydrosience and Engineering, formerly known as the Iowa Institute for Hydraulic Research, is celebrating over 100 years of research and education with UI students and faculty to maintain water and solutions in hydro-science.

Carmen Langel, IIHR director of development and communications, said the institute currently has 93 graduate students, 37 faculty affiliates, and 60 professional staff.

For its centennial celebration, IIHR is hosting a two-part exhibit that focuses on the 100 years of the Mississippi River research, housed at the Old Capitol Museum. The group is hosting two "Exhibition Spotlights" throughout the semester, the second slated for Wednesday.

People can also view a virtual exhibit at the Old Capitol Museum's website.

"IIHR is unique for the amount of primary archival material and objects available for an exhibit," Langel said.

Langel said IIHR provides a course for students to gain a global perspective or issues of water management.

The course, International Perspectives in Water Resources Science & Management, takes students abroad every year, Langel said.

The program allows students to appreciate different management and cultural perspectives related to water, Langel said. During the past few years, UI students have traveled to India with IIHR.

"They consider how people from those areas manage what water resources they have and how they are resolving

it," Langel said.

Gabriele Villarini, director of IIHR, said faculty, staff, and students have always been instrumental in the institute's success over the past hundred-plus years.

"One of the things that has made us successful is that we complement the strong understanding of fundamentals and basic science with applied research," he said.

Villarini said COVID-19 made an impact on work and research.

"We have been adjusting to a new normal," he said. "There are certain events, certain activities, certain relationships

that need to be nurtured on a personal level rather than in the virtual world."

Jessica Smith, communications coordinator for the UI Pentacrest Museums, said the IIHR exhibit on display serves the mission of the museums and the UI.

"The Museum of Natural History works to inspire a sense of wonder, discovery, respect, and responsibility for our natural and cultural worlds, and IIHR's work illustrates this excellently," she said.

Smith said the Pentacrest Museums serves to strengthen the vital

role of both museums, the Old Capitol Museum and the Museum of Natural History.

"The story of Iowa cannot be told without our rivers and the peoples who use, study, coexist, interact with, and tame them," Smith said.

Villarini said visitors will gain insights into the different areas of ex-

perize that IIHR has at the exhibit.

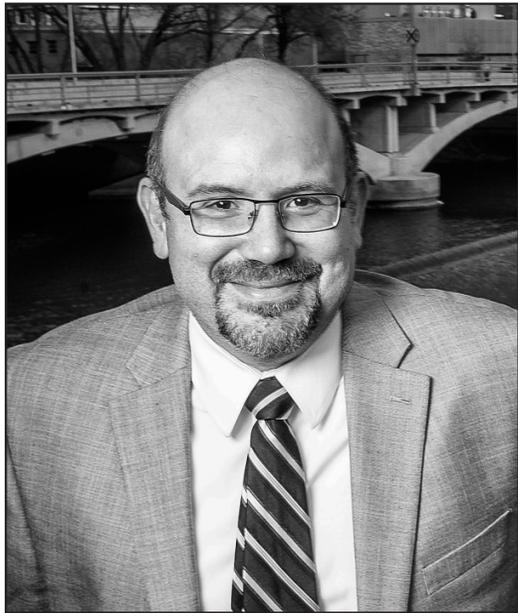
"From river hydraulics to sediment transport to ship hydrodynamics, [they] get a sense of how our history evolved as we adapted to the research landscape in which we were operating," he said.

Villarini said it's almost like going back in time, highlighting the

kind of work IIHR did during much of the 20th century.

"Visitors can see, for instance, instruments and devices used in research, but also the dedication to teaching and educating the next generations of leaders in this field," he said.

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James Year/The Daily Iowan

Professor of civil environmental engineering and IIHR director Gabriele Villarini on Jan. 23, 2018.

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The Daily Break

The New York Times
Crossword

Edited by Will Shortz No. 1011

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- Across**
- Large seashell
 - "Uncle ___ Wants You"
 - Social influence
 - Director Kurosawa
 - Uncle: Sp.
 - Reddish-brown dye
 - "This is my final offer"
 - What may have the solution to your vision problems?
 - Sign up
 - Attire for Caesar
 - Next-___ technology
 - Like something that's polarizing
 - Licoricelike flavoring
 - Mentions by name, in a tweet
 - Word after "That's my" or "right on"
 - Opening of an article, in journalism lingo
 - Put off until later, as a motion
 - Lip service?
 - King Kong or Donkey Kong
 - Forbidden action
 - Official language of Iran
 - "Get out of the way!"
 - Bird in a barn
 - Tip (over)
 - D.C. mayor Muriel
 - Not-quite-in-shape male physiques

- Having no middle ground between success and failure
 - Country singer Steve
 - Try to win over romantically
 - German river to the North Sea
 - Material for Cinderella's slipper
 - "On the Basis of ___" (film about Ruth Bader Ginsburg)
 - Like some hills and prices
- Down**
- Actress Blanchett
 - "Sure, why not"
 - Brand with a swoosh logo
 - Good reputation, in slang
 - Ponytail necessity
 - Halting, as rush-hour traffic
 - Put on TV
 - Small mammal that lives mostly underground
 - Homes in the Alps
 - Adam ___, longtime panelist on "The Voice"
 - Half of the digits in binary code
 - Cubit or karat
 - Pic that might use 16-Across
 - Play a trumpet, e.g.
 - Command to the helmsman from Jean-Luc Picard

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Puzzles provided by sudokusolver.com

WEST

Continued from Page 8

about November football, just in general,” Iowa head coach Kirk Ferentz said Saturday. “One of three things are happening. You’re either ascending, you’re tanking, or you’re just kinda like getting through it. In a lot of conferences, this is where things get decided ... We’ve had two good weeks now this month.”

“I’m not worried about it,” Ferentz added. “I’m worried about it, but I’m not going to say we’re going to run the table or end up in Pasadena. It’s possible, I guess. I know this, we gotta try to win nine [games] first.”

Even with the race for the Big Ten West title heating up, Ferentz’s team has bought into his week-by-week view of the regular season.

“We were just coming into the day getting ready to play Minnesota,” sophomore defensive lineman Logan Lee said. “We’re not looking down the road at all right now. We’re just doing our best to focus on the game ahead of us. That’s what we’re gonna end up doing



Iowa defensive lineman Logan Lee dives at Minnesota running back Mar'Keise Irving during a football game between Iowa and Minnesota at Kinnick Stadium in Iowa City on Saturday. Lee recorded five tackles. The Hawkeyes defeated the Gophers, 27-22.

this week too. We’re not looking down the road at all. We’re just going to take it one game at a time.”

Kick times have already been announced for the Hawkeyes’ last two games of the season. Nov. 20’s Iowa-Illinois matchup

will begin at 1 p.m.

Iowa and Nebraska will play their Week 13 matchup on Black Friday at 12:30 p.m., as has been tradition

for about 10 years. The Hawkeyes have won the Heroes Trophy for the last six seasons.

The 2021 Big Ten Cham-

pionship Game will be played Dec. 4 at Lucas Oil Stadium in Indianapolis.

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COLUMN

Continued from Page 8

Oct. 1. Padilla also averaged 8.6 yards per attempt, the second-highest for an Iowa quarterback in a game this season, and an incredible 18.7 yards per completion, the best mark for an Iowa quarterback in a game since 2011. And, maybe most importantly, Padilla has yet to personally turn the ball over in a little over seven quarters of leading Iowa’s offense.

Leading up to the game, Petras — Iowa’s starter for the previous 17 games who is nursing a shoulder injury — had some pertinent advice for Padilla on how to approach his starting debut.

“You can start to overthink things when you’re making your first start, try to force stuff,” said Padilla, who led Iowa to a field goal on its first possession of the game and a touchdown on its second. “Spencer’s word of advice was just, ‘Rip it.’ That kind of eased my nerves a bit.”

Rip it? That’s what Padilla did.

The Coloradoan consistently pushed the ball deep down the field against the Gophers.

With Minnesota’s rushing attack eating up clock, the Hawkeyes only ran 49 offensive plays against the Gophers. Padilla made the most of them — with some help from his playmakers.

Padilla completed passes of 34 and 72 yards to wide receiver Charlie Jones. The latter of those completions went for a long touchdown after Jones worked his way open over the middle of the field on a double move. Padilla’s second touchdown through the air on the night was a 27-yarder to freshman Keagan Johnson, who was almost certainly going to be tackled for a loss on a screen play before he powered through two tackles on his way to the end zone.

Even when Padilla wasn’t connecting on passes, he was still aggressively taking chances deep down the field. And he was doing so consistently. That strate-

gy has largely been absent from Iowa’s offense over the last two seasons.

“We thought there would be some favorable coverages for us to take some shots on,” Padilla said. “They were starting to load the box with those safeties, the corners were playing outside. The stuff down the middle of the field was open.”

Ferentz said Iowa’s game plan hasn’t changed much with Padilla leading the offense, but the offense looks noticeably different. Offensive coordinator Brian Ferentz is rolling Padilla out of the pocket to take advantage of his mobility, utilizing play-action and taking advantage of Padilla’s quick release, and actually allowing his new quarterback to take shots deep.

“I felt like this was our best game offensively as far as moving the ball,” Johnson said. “... I didn’t feel like we had the ball forever, but I felt like we produced when we needed to. This was well-needed, and I think we will grow from here.”

At first glance, Iowa’s statistics weren’t all that impressive against Minnesota. Actually, it looks like a wonder that the Hawkeyes won. The Gophers had the ball for over 40 minutes of game time and held Iowa to under 100 yards rushing. Padilla completed less than 50 percent of his passes. With possessions a rarity, the Hawkeyes committed the game’s only turnover, which led to Minnesota taking a halftime lead, its first lead at all against Iowa since 2016. Oh, and Iowa’s defense allowed touchdown passes of 37 and 68 yards on the day.

So, how did Iowa beat Minnesota for the seventh consecutive season?

Some well-timed Iowa sacks late in the game didn’t hurt. A blocked field goal by Logan Lee didn’t, either. But largely, it was quality quarterback play out of Padilla and the previously missing big-play ability he’s brought to Iowa’s offense that won



Iowa quarterback Alex Padilla drops back to pass during a football game between Iowa and Minnesota at Kinnick Stadium in Iowa City on Saturday. Padilla’s longest completion went to wide receiver Charlie Jones for a 72 yard touchdown. The Hawkeyes defeated the Gophers, 27-22.

the game.

Padilla kept the credit away from himself post-game and seemed to stay very level-headed on the field, but in the moment, couldn’t help but passionately celebrate a quarterback sneak that accounted for his first touchdown. He joked that next time, he’d tone the celebration down a little bit. And you better believe there should be a

next time.

Padilla had an encouraging first start. It was a performance that should leave Iowa’s coaches, players, and fans wanting to see what he can do next.

Petras dressed against Minnesota, but is still not healthy enough to throw effectively, Ferentz said after the game. Iowa’s starter to begin the year is still recovering from a

shoulder injury he suffered against Wisconsin on Oct. 30. Even if Petras is healthy enough to start against Illinois next week, he shouldn’t. Iowa, a team tied with Wisconsin atop the Big Ten West, needs to roll with Padilla’s hot hand over the final two games.

The offense showed too many encouraging signs to take him out.

“We have two good quar-

terbacks,” Ferentz said. “I think all of us trust at least everybody internally. We all trust both of them ... We all have a lot of confidence [in Padilla] because he prepares hard and works hard and he really cares. There’s no specific thing that he is lacking, other than experience.”

That last part should take care of itself soon enough.

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Ayrton Breckenridge/The Daily Iowan

Iowa defensive end Joe Evans and defensive back Jack Koerner carry the Floyd of Rosedale trophy after a football game between Iowa and Minnesota at Kinnick Stadium on Saturday.



Jerod Ringwald/The Daily Iowan

Iowa wide receiver Charlie Jones puts his hands up to catch a pass during a football game between Iowa and Minnesota at Kinnick Stadium in Iowa City on Saturday. Jones caught two passes for 106 yards.



Ayrton Breckenridge/The Daily Iowan

Minnesota head coach P.J. Fleck talks to a referee during a football game between No. 19 Iowa and Minnesota at Kinnick Stadium on Saturday.

27 - 22

HAWKEYES

GOPHERS

The Floyd of Rosedale Trophy is staying in Iowa City for another year. The Iowa football team defeated Minnesota, 27-22, at Kinnick Stadium on Saturday for its seventh consecutive win in the series. Iowa improved 8-2 on the season and 5-2 in Big Ten play with the win.



Ayrton Breckenridge/The Daily Iowan

An Iowa fan yells during a football game between Iowa and Minnesota at Kinnick Stadium on Saturday, Nov. 13. By the end of the game, temperatures reached a wind chill of 22 degrees.



Jerod Ringwald/The Daily Iowan

The Hawkeyes and Gophers line up for a field goal attempt during a football game between Iowa and Minnesota at Kinnick Stadium in Iowa City on Saturday.

Postgame

MONDAY, NOVEMBER 15, 2021

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Iowa - 27 Minnesota - 22

And then there were two

Iowa and Wisconsin are tied atop the Big Ten West Division standings with 5-2 league play records.



Jerod Ringwald/The Daily Iowan

Iowa head coach Kirk Ferentz calls a timeout during a football game between Iowa and Minnesota at Kinnick Stadium in Iowa City on Saturday.

Austin Hanson
Sports Editor

Before Week 11 of the college football season began, there was a four-way tie at the top of the Big Ten West Division standings. Iowa, Purdue, Wisconsin, and Minnesota all boasted 4-2

conference records. When Week 11 concluded, only two teams were tied for first place in the Big Ten West: Wisconsin and Iowa.

Iowa defeated Minnesota, 27-22, at Kinnick Stadium. The Hawkeyes' league record improved to 5-2, while the Gophers'

win-loss total dropped to 4-3.

Wisconsin handily defeated Northwestern at Camp Randall Stadium in Madison, 35-7, to move to 5-2 in league play. Purdue fell to 4-3 in the conference following its 59-31 loss to No. 4 Ohio State in Columbus.

Iowa and Wisconsin both have two games left on their 2021 regular season schedules. The Badgers have a home matchup with 3-7 Nebraska next week and a road game against Minnesota the following week.

Iowa will play 4-6 Illinois in Iowa City and Ne-

braska in Lincoln in Weeks 12 and 13, respectively.

The Badgers currently hold the Big Ten West Division tiebreaker over the Hawkeyes. Wisconsin beat Iowa head-to-head in Madison on Oct. 30.

To make the Big Ten Championship Game, Iowa will likely need to

win out and hope Wisconsin loses to Minnesota or Nebraska. If the Hawkeyes and Badgers have identical league play records at the end of the regular season, the Badgers would be the west division's representative in the Big Ten Championship Game.

"I talked to the guys

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HAWKEYE UPDATES

Game ball

Sophomore quarterback Alex Padilla scored three touchdowns in his first-ever college start Saturday. Padilla threw two touchdowns and ran for another.

At the end of Iowa's 27-22 win over Minnesota at Kinnick Stadium, Padilla had completed 11 of his 24 pass attempts for 206 yards.

Turning point

Defensive lineman Logan Lee blocked a Minnesota field goal attempt on the first play of the fourth quarter while Iowa led, 17-16.

After that blocked field goal, Iowa only needed six plays to extend its lead. Hawkeye wide receiver Keagan Johnson broke through two Minnesota tackles on a wide receiver screen play and ran 27 yards to the end zone to give Iowa an eight-point cushion in the fourth quarter.

"I don't have an answer," Johnson said when asked about how he managed to score on the play. "In my head, all I was thinking was, 'Stay up and run.' When I did stay up, all I saw was green grass."

Up next

The now-7-2 Hawkeyes will take on the 4-6 Illinois Fighting Illini at Kinnick Stadium Nov. 20.

Illinois will travel to Iowa City fresh off a bye week. The Fighting Illini have won two of their last three games.

Kickoff between Iowa and Illinois is scheduled for 1 p.m. The contest will air live on FS1.

Big Ten West Division Standings

1. Wisconsin (5-2)
2. Iowa (5-2)
3. Minnesota (4-3)
4. Purdue (4-3)
5. Illinois (3-4)
6. Nebraska (1-6)
7. Northwestern (1-6)

QUOTE OF THE DAY

"We've got good officials in this league."

—Iowa head football coach Kirk Ferentz on Big Ten referees.

STAT OF THE DAY

7

Consecutive victories against Minnesota for Iowa football

COLUMN

Keep rolling with Padilla

Alex Padilla accounted for three touchdowns in his first college start and showed he deserves to remain the starter.



Jerod Ringwald/The Daily Iowan

Iowa quarterback Alex Padilla throws a pass during a football game between Iowa and Minnesota at Kinnick Stadium in Iowa City on Saturday. Padilla threw for 206 yards on 24 attempts for two touchdowns. The Hawkeyes defeated the Gophers, 27-22.

When Iowa head coach Kirk Ferentz and his staff determined that Alex Padilla was going to start at quarterback for the Hawkeyes against Minnesota, there was no panic.

"We just all acted like it's his turn," Ferentz said. "It's his time."

After Iowa's 27-22 win over Minnesota on Saturday at Kinnick Stadium, which ended with the Hawkeyes escorting the 98-pound Floyd of Rosedale trophy through a snow flurry and into the home locker room, there's no doubt that it's Padilla's time — or that it should remain his time.

Padilla repeatedly attacked deep down the field in the passing game, a rare strategy for Iowa

recently, and accounted for three total touchdowns in his first collegiate start to improve the Hawkeyes to 8-2 on the season and 5-2 in Big Ten play. Postgame, Ferentz declined to name a starting quarterback for next week's Illinois game. The 23rd-year Hawkeye head coach said how Padilla and Spencer Petras look in practice this week will determine who starts against the Fighting Illini. But Iowa needs to keep things rolling with Padilla under center.

Because Iowa's confidence in the redshirt sophomore was warranted.

"[I was] a little nervous, but really excited to go once I got out there," Padilla said. "It was everything I dreamed of."

Padilla finished his first start 11-of-24 passing for 206 yards, two passing touchdowns, and a rushing touchdown in front of a sold-out Iowa crowd.

While that statline may look subpar at first, helps to realize that this is the first time Iowa has surpassed the 200-yard passing mark since

REPORT CARD

Grading Iowa's win over Minnesota

Well, that game was weird.

Robert Read
Pregame Editor

Daily Iowan Pregame Editor Robert Read graded the Iowa football team's performance in all three phases after the Hawkeyes' 27-22 win over Minnesota.

Offense

B-

Iowa only gained 277 yards, but its offense looked as good as it has in over a month.

Quarterback Alex Padilla accounted for three touchdowns in his first start. Offensive coordinator Brian Ferentz called plenty of plays that moved Padilla out of the pocket, while also allowing him to take shots down the field. Padilla isn't afraid to sling it, which was apparent on his 72-yard touchdown to wide receiver Charlie Jones. Freshman wide receiver Keagan Johnson made the play of the day on a 27-yard touchdown that saw him break multiple tackles.

Defense

B-

Minnesota had the ball for 40 minutes of game time and ran for 189 yards, plus allowed scoring passes of 37 and 68 yards, but Iowa's defense made plays when it had to. Defensive ends Zach VanValkenburg and Joe Evans both had timely sacks late in the game to preserve Iowa's lead.

Linebacker Jack Campbell didn't let any fatigue prevent him from being effective. Campbell recorded 17 tackles against the Gophers.

Special teams

A

Logan Lee's blocked field goal to start the fourth quarter, which prevented Minnesota from taking the lead, was one of the most pivotal plays from Iowa's victory.

All around, it was a pretty solid day from LeVar Woods' special teams unit. Tory Taylor had a couple below-average punts, but overall averaged 45.6 yards per punt and downed two inside the Minnesota 20-yard line. Charlie Jones was quiet in the kick return game. His longest return was only 25 yards. Kicker Caleb Shudak nailed both his field goals on the day, including one from 50 yards out.



Robert Read
Pregame Editor

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