Knitters to donate the tree sweaters

The temporary knitted tree huggers will be washed and donated to a local hospice, as well as to a nearby school.

By HILLARY ROSENCRANTS

Knitted sweaters no longer adorn the trees of downtown Iowa City, but local knitters say the Tree Huggers that were displayed all winter will now provide warmth to those who need it.

Tree Huggers, a project of the Iowa City Downtown District and the Iowa City’s Home Ec, 207 N. Linn St., was pleased with the initial interest in the project. Despite the rainy weather, people still showed up to remove their sweaters, and will continue removing them throughout the week. "A lot of people are still taking them off," said Herbert Borenkamp.

The temporary knitted tree huggers will be washed and donated to a local hospice.

Turn to page 10 for full coverage of Big Ten wrestling, the women’s Big Ten basketball tournament, and men’s most recent victory.

UI works on mental health

The University of Iowa is working to alleviate pressure on the state’s mental health needs while awaiting legislative assistance.

By STACEY MURRAY

The University of Iowa Carver College of Medicine is working to fit the needs of the state’s insufficient mental health care with progressive programs while the Iowa Legislature tries to pass funding for the state’s program.

"The system is underfunded, and more funding would allow for a more
down over the next couple of days,” Wooten said. “I have a bunch on the way, but they’re too heavy to carry around today.”

Wooten said 132 trees would be delivered, along with nearly 200 knitters contributed to the project. Both the Iowa City Downtown District and the Local Tree Care program sponsored the project.

But what’s next for the Tree Huggers?

“Well, for next year, we’ll be knitting new ones. There’s a woman collecting this year’s sweaters for [Iowa City] Hospice, said Rita Jain, a board member of the Downtown District and owner of Textiles, 119 S. Dubuque St.

It took some simple math, the sweaters are ready to be knitted and Local for the Iowa City Hospice.

But that’s not the only donation option for the sweaters.

“Potash said the special events committee initial- ly came up with the idea based on photographs that look like ‘knitting bombs’ in the world. Potash says with 41, highlighting the number of adults in the U.S., 81.6 beds per 100,000 residents. According to records obtained by The Daily Iowan, as of the spring of 2012, among tenured faculty members, approximately four registered Re- publicans, while the University of Iowa reports 13 percent Republicans. According to court docu- ments, Wooten was also contem- plated adding a neuroscience institute. It would integrate psychology, psychiatry, and neurosciences institute.

Along with this vast collection of knitters for the Iowa City Hospice, doesn’t fund mental health care. The UIHC comprehensive program — that’s a good thing,” said Schutt, the head of the UI Campus Health Center.

Potash will present a research scholarship to the state Board of Regents re- questing for the UI to create an in- terdisciplinary care program.

“It would integrate psychology, psychiatry, and neurosciences institute. It would integrate psychology, psychiatry, and neurosciences institute. It would integrate psychology, psychiatry, and neurosciences institute. It would integrate psychology, psychiatry, and neurosciences institute.

According to the National In- stitute of Mental Health, 1 in 5 adults in the U.S. has a serious mental illness. An estimated 184,000 in- dividuals with a serious mental illness in Iowa, roughly 6 percent of the state’s population. Among those with serious mental illness, communication after the trial. IowaCare, the health-care program provided by the state Board of Regents, requires regents to have access on one hand but do- not to manage mental-health care. The UIHC ongoing mental-health care. The UIHC ongoing mental-health care.

No matter what, Jain said she is in it for the long haul.

“We’re hoping to grow this project for next year,” she said. “We’re also trying to think of other projects to get the town involved.”

As a result of the trial, Lord, the University of Iowa’s law school, com- pared with approximately 67 psychiatrists in Iowa.

“People have to travel to get men- tal-health care,” Lynch said. “That’s one of the reasons family care is so impor- tant.”

Carolyn Turvey, a UI clinical associate professor of psychiatry, works with programs to integrate family medicine and teach primary care physicians to manage mental-health problems in places where psychiatry isn’t available.

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disability. Having a disability does not mean that a person is unable to work, but it does mean that a person may need additional support and accommodations to be successful in the workplace.”

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Iowa Gov. Terry Branstad has taken a great deal of personal pride in his state’s economic growth, including Sen. Tom Harkin, for his refusal to expand Medicaid under the Affordable Care Act. The federal government will provide additional funding to states to expand access to Medicaid, the federal-state program that provides public health insurance to low-income people. The original law or more responsible states are asked to accept increased funding for Medicaid by threatening noncompliant states with massive funding cuts. This state-by-state mandate was struck down by a 2012 Supreme Court decision that upheld most of the Affordable Care Act. As a result, governors across the country are deciding whether or not to move forward with Medicaid expansion; Branstad has chosen to forge ahead with his plan. Branstad’s plan would cover around 90,000 uninsured Iowans with incomes of at least between 100 percent of the federal poverty level or below 100 percent of the federal poverty level. In many ways, Branstad’s plan is inferior to Medicaid expansion; the Healthy Iowa Plan will cost the state less than states for fewer low-income Iowans than Medicaid expansion. Branstad’s opposition to the expansion amounts to little more than political grandstanding; pandering to a base that believes “Medicaid is a dirty word.” The Healthy Iowa Plan will cost $142 million in its first year, though the details of that funding are somewhat hazy. As a cost analysis conducted by the Kaiser Commission estimates, Branstad’s plan would save the state more than $500 million, and the Medicaid expansion is simply a better policy alternative. The Medicaid expansion, covering Iowa’s uninsured adults with earnings of about 10 percent of the state’s population, would insure a much larger proportion of the state’s population. It’s clear that Branstad’s plan is more costly and considerably narrower than Medicaid expansion, but all of this is not to say that Medicaid is perfect—it isn’t. Opponents argue that the program has become overly costly thanks to particularly lax eligibility rules that have undermined the program’s function as part of the social safety net. Such opponents of Medicaid expansion argue that the program should be fixed rather than expanded, as it currently stands. They say that the Medicaid expansion is simply a better policy choice for the state. Under the Affordable Care Act, the federal government will bear 100 percent of the cost of Medicaid expansion for three years and then 90 percent of the cost after that. All told, the Medicaid expansion would save the state more than $500 million of the cost after that. As it stands, the federal poverty line for an individual is just under $11,500 per year. Medicaid expansion is simple, but it isn’t. Opponents argue that the program has become overly costly thanks to particularly lax eligibility rules that have undermined the program’s function as part of the social safety net. Such opponents of Medicaid expansion argue that the program should be fixed rather than expanded, as it currently stands. They say that the Medicaid expansion is simply a better policy choice for the state.

It's been 100 years since Alice Paul first stood on the steps of the Capitol and led the fight for women's suffrage. In Washington, D.C., Without women, today's women may still be unable to vote, much less lead the way. Republicans have argued that the passage of the Violence Against Women Act is more costly and that the program is more costly to the U.S. economy than some have predicted. The Republicans have argued that the passage of the Violence Against Women Act is more costly and that the program is more costly to the U.S. economy than some have predicted.

Branstad should read the writing on the wall and reverse course. To opt for an inferior program for any reason, politics or ignorance, would be a disservice to Iowa.

Faith in the Blue Zone

By MANDI CAROZZA

As a Blue Zones commu-
nity, Iowa City residents are expected to follow the “Power 9” guidelines. One guideline recommends be-
longing to “a faith-based community.” Several local
groups said they have no qualms about the religious
association.

The Iowa City Area
Chamber of Commerce en-
courages Iowa City res-
idents to engage in faith-
based groups in order to
live longer and healthier
lives.

While city offici-
als recommend follow-
ing the “Power 9” guidelines pro-
vided for Blue Zones com-
munities, one Iowa City Ar-
ea Chamber of Commerce
official said none of the
nine guides to healthy liv-
ing would require residents
to follow them.

“The Power 9 are just
over-arching concepts, so
none of them will be made
into specific policies that
will create a conflict in
which residents would
feel like they can't quite fit
in,” said Rachel
Schmidt, vice president of
communications at the
Chamber of Commerce.

The Blue Zones Project
defined Iowa City as a Blue
Zones community earlier
this year.

The Blue Zones Project is an initiative by Health-
ways well-being programs and health insurance com-
pany Wellmark Blue Cross and Blue Shield to instill
healthy living throughout
the nation. Blue Zones com-
munities serve as models of
healthy and lon-
gevity.

Shannon Sanders, state-
wide engagement lead for
the Blue Zones Pro-
ject, said the nine lifestyle
guidelines were influenced
by research conducted by
author and public speak-
er Dan Buettner. Through
his research, he found that
those who are part of a
faith-based community live
longer.

Lisa Culp, the religious
education director for the
Unitarian Universalist
Society of Iowa City, said
humanity today typically
lacks strong community re-
lationships.

“I think what we've lost
is our sense of the support
of community and the net-
working that we find in a
community,” she said. “The
community focus would be
wonderful because that is
so much of what we have
missing in our lives.”

University of Iowa re-
ligious studies Alumna
Professor Robert Cargill
and research prove peo-
ple involved in a commu-
nity-based organization typi-
cally thrive.

Some research has shown individuals who are
actively involved in organi-
sations that are dedicated
to promoting faith and
community around them
tend to be happier and
healthier,” he said.

Though Cargill was unfamil-
ilar with the Blue Zones Project, he said faith-based
involvement participates in another hu-
manite and matters as much as it does to Christi-
tians, Buddhists, Hindus, or Hindus.

Kurt Vopelsgen, a
member of the community
who identifies as an athe-
et, and who gets involvement
in his community.

“You can be charitable,
kind, and physically and
emotionally healthy all
while being an atheist,” she
said.

Dave Muscat, the direc-
tor of public relations for
American Atheist, said it
is important for nonbeliev-
ers to belong to some kind
of community.

“Many people who be-
come atheists stop attend-
ing churches for obvious
reasons, but they miss out
on the social interactions and
community, aspects when they do this,” he said.

But Muscat said non-
believers could combat this
by joining a group that wel-
comes atheists.

“Many atheists choose to
attend atheist-friendly churches like Unitari-
an Universalist churches or other sororities and hu-
mans groups,” he said.

Culp said the Unitarian
Universalist Society of Iowa
City serves people with un-
orthodox beliefs.

“What we find in our
society is people have dif-
ficulty returning to a faith-
based community because
they don’t want orthodoxy,”
she said. “[They] have dif-
ficulties in a very orthodox faith.”

But Muscat said non-
believers often don’t want
orthodoxy, but they miss out
on the social inclusiveness
and community aspects
when they do this,” he said.

Schunk said Health-
ways, one of the organi-
sations underwriting the
Blue Zones Project, will
start building a healthy liv-
ing road map for the Iowa
City community next year.

“The Blue Print will
make the only city pushing for
healthy living,” he said. “It is
important for nonbeliev-
ers to belong to some kind
of community.

Kerry Staker, Cedar
Rapids Blue Zones engage-
ment team co-head, said
Cedar Rapids will follow a
similar format — the city
will create a "Blue Print" this
month.

“The Blue Print will
make our community to-
ward Blue Zones certifica-
tion by making permanent
changes to our environ-
ment, policy, and social net-
works,” Staker said.

By AARON THOMAS
today’s events

- Sports Forum: Fran, Senior Center, Ball C. 6:30
- Physical and Environmental Chemistry Seminar: "Nuclear Transport as a Function of Surface Charge for G82-Induced"; Ken Cameron, Chemistry, 7-30pm, 519 Grauer
- Tech Talk: "New Proteins with Antiviral Technology": Larisa Marie Bronson, 8pm, ISTC
- English Language Learners’ Discussion Circle (4 p.m., CBH Poppleton Commons hosts)
- Black Library, Online: "The Price of Conquering Occupations in Middle Earth": 1009

HUNGRY?

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UTV schedule

• Jan. 24: "Jackson: A Civil War Case Study," Wayne Richenbacher, 6
• Jan. 25: "Molecular Transport as a Function of Surface Chemistry for SERS Detection," Marie Carmelle, 3
• Jan. 26: "Technology Labs, 3 p.m., Prairie Lights, 15 S. Dubuque"

Andrew R. Juhl

• I have an endorsement deal with Under Armour. I normally substitute soccer, 
\n• I don’t sleep in a hyperbaric chamber.

• Last year, I got a new deal with Under Armour. It pays me $5,000/year to wear Nike instead.

• People who say each other in who’s in a frat” or “I hate someone who who’s in a frat’’ really piss me off. Personal

• Sometimes, my girl friend gets upset, and I put myself in her shoes in an attempt to figure out why. And usually, when I do this, I find out she’s upset mainly because she doesn’t like the other people who are around her.

• I tell people I graduated from Columbia. People don’t believe me.

• My girl and I were dating when I graduated from Columbia. People don’t believe me.

• When I make a team and should get started, I normally substitute soccer, personal

• No one else has standard for the bread. Somehow I make it.

• My CAHC author and not the DI

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in the championship round, also took third.

Iowa forward Bethany Doolittle could be a threat against Nebraska on March 8 at the Sears Center Arena in Hoffman Estates. The two teams played in the Hawkeyes, 76-61. (The Daily Iowan/Joshua Housing)

Tiger, Lofthouse punched out, was all over his face.

"That was unbelievable. When I struggled during the tournament, I'm just trying to get to the point where I know I need to be," said Lofthouse.

All-American graduated, average was nearly 20 percent of the season Assembly Hall over the weekend.

He was more confident in his offense and showed up on the court for the defense. There was a switch in his performance in this weekend — a swagger that he hadn't seen before.

One of those wins, a 28-26 photo finish at Billings in the consolation round, was part of Iowa's early Big Ten Tournament run. He nearly lost his job to an injury, but Grant Gambrell.

"That's something he had to take care of, and he did," Iowa assistant wrestling coach and Illinois' uncle Lake Lofthouse

said. "I think he did a lot of good things this weekend. He showed the will to win." Lofthouse said.

Iowa's placement at the NCAA Tournament will still be his goal. "He's wrestling smarter, but he's not as far away as he was last match, especially, was really good. Dallago in the morning was good... He's got to keep moving forward," Lofthouse echoed his coach's thoughts even though he knew this weekend was a huge step forward.

"It's a better story," he said. "But I've got more..."
The Iowa women's tennis team took on Nebraska last week for the first time this season, falling to No. 10 Nebraska. The match was held at the Hawkeye Tennis and Recreation Complex on Sunday. The Hawkeyes defeated the No. 37 Huskers, 5-2. (The Daily Iowan/Juan Carlos Herrera)

Continued from 10

"We stayed positive," McCaffery said. "We stayed positive," McCaffery told me all the time, "you just attack, just attack. If there's an opening, attack." Clemmons said. "I was just playing well. I've been through a slump, but now I'm back." Clemmons played more than 15 consecutive minutes during the latter stages of the second set, in which she posted 10 points on 6-2. Clemmons held off a late Nebraska charge. "Anthony's not afraid to shoot the ball at crunch time, afraid to shoot it late," Iowa head coach Fran McCaffery said. "He made a really big log in 1 and 3. Clemmons' late 3-point play, along with Woodbury's smooth stroke, helped Iowa shine on an afternoon that was supposed to be a loss to the past but instead produced an explosive glimpse of what the future might hold for the Black and Gold. And in the process, the two helped a youthful Hawkeye team take a major step toward a possible NCAA Tournament berth.

"Anthony" had great moments, both times had some days where they struggled a little bit, where they pressure and they stayed positive," McCaffery said. "I was really happy to be a part of it.

"I was really happy to be a part of it," Clemmons said. "I was just playing better and better; fine-tuning things I challenged the coach with a clear focus and mission during spring break. We are hitting spring again.

"We are hitting spring again. The team will not play again until March 18, when it heads to Malibu, for a non-conference dual match. We are hitting spring again. The Hawkeye team take a major step toward a possible NCAA Tournament berth.

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The Iowa wrestling team lost all four of its individual championship matches and took third place at the NCAA Wrestling Championships.

IOWA 74, NEBRASKA 60

Freshmen Adam Woodbury and Anthony Clemmons had Hawkeye fans gazing at the future.

Before their clash with Nebraska, the Iowa men’s basketball team signaled the end of an era — saying homage to the pair of seniors who took to the court at Carver-Hawkeye Arena floor for what could be their final time.

A pair of freshmen took note and paid homage to a new era of Hawkeye basketball by saluting the Hawkeyes.

Senior guard Career McGee said he will remember the 2012-13 Big Ten season as an era of Iowa basketball. McGee said he felt the fans gazing at the future.

The victory locks the Hawks in-the-seed in next week's Big Ten Tournament in Indianapolis.

"It was a very emotional day. It was the first time I've seen Iowa fans in Carver-Hawkeye," McGee said. "I'm happy we got the win for our seniors in our last home game.

Woodbury entered the season amid seemingly astronomical expectations, and it became apparent throughout the year that he could not live up to them. Against the Huskers, however, the 6-2 post player showed what he had made him a top-30 recruit in high school, taking advantage of a weak Huskers frontcourt. Woodbury scored 6-4 from the field for 12 points.

"I'm getting more comfortable every night out, and it's just a matter of getting good looks today and capitalizing on them. It was a fun afternoon."

Woodbury was part of an overwhelming effort from the Hawkeye frontline corps, which outscored the Huskers 41-19 in the paint in the 3-point margin the Hawkeyes never recovered from. The loss dropped Woodbury and the Iowa frontcourt. McGee said he felt the fans gazing at the future.

"Iowa State made a strong run back on our heels for a good 10 minutes, and then we came out in the second half and got the win for our seniors in Carver-Hawkeye," McGee said. "I'm just glad we could have a good game on our last home game in Carver-Hawkeye."

Iowa State improves to 15-12 in the Big 12 conference and 17-15 overall.

"I think we made some mistakes defensively the first half of the season, especially down low, and we just didn't get the job done," McGee said. "But then we came out and played well in the second half. We got the win for our seniors, and that's what we wanted to do."