Scientists embrace new media

By AYB BROWN

University of Iowa science officials are using social media more than ever to engage the public and colleagues with new research developments.

Several hundred students who will attend Borlaug Elementary in the fall—320 to be exact—will find a school that is both larger and greener.

Principal Celeste Shoppa said the school would set itself apart from the other elementary schools in the district with new technology in every classroom. "This difference is we're opening with every instructional room having a smart board, camera, and projector," she said.

Paul Schulte, the School District's director of the Physical Plant, said because the new building was built in accordance with Leadership in Energy and Environmental Design standards, it will be a more environmentally focused structure. "It's a very efficient building," he said.

Schulte said the new building has two stories and 67,000 square feet, and it cost $10.9 million to build.

Borlaug Elementary is set to open this fall. The new, 67,000-square-foot school will cost the district $10.9 million to build.

Bike thefts up in area

By AMY SKARNULIS

There have been 22 bikes reported stolen in the first two weeks of July in Iowa City.

By AMY SCHRUNK

The Iowa City police have received 22 reports of bike thefts in the first two weeks of July, and surrounding law-enforcement agencies are seeing similar trends.

Figures for the total number of reported bike thefts for 2012 are not yet available on Monday.
Title: Forum probes sustainability

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**BREACHING NEWS**

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**TOP STORIES**

1. **Official: University enrollment quality over quantity.**
2. **Genton: Retail, Cola teams up in prime time.**
3. **Quick fix not enough for student loans.**
4. **Feldman does matter, sometimes.**
5. **LGBTQ community in protest: Chick-Fil-A "Chickens in Appreciation Day."

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The Iowa City campus police chief is the recipient of this year's Police Officer of the Year Award. The award was presented by the Iowa City Police Department's Professional Police Association.

**NEWS**

**Forum probes sustainability**

**By ELEANOR MARMOND**

"Now we meet our needs today without harming our ability to meet our needs tomorrow." It was a solemn warning scrawled in email handwriting in front of a crowd of 200 community members attending an event held Monday by the Kettering Foundation in conjunction with CEPA. Julia Just, a University of Iowa assistant professor of environmental studies and the director of the RIS (Rural, Urban, Sustainable) citizen program. "The forum and matching event is funded by a grant from the Iowa City Public Library.

**METRO**

**Physician charged with indecent contact**

**By COURTNEY GRAVÉ**

The doctor has been accused of inappropriate behavior with a patient.

Therese Morey, 44, was charged Monday in the Iowa City police's public safety division with indecent contact.

The doctor was seen standing outside the police station, where he had attended the police station.

**BLOTTED**

**Man charged with assault on police officers**

**By COURTNEY GRAVÉ**

A Cedar Rapids police officer was charged with assault on police officers.

The officer, William L. Smith, 19, was charged Thursday with assault on police officers.

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There is a big difference between the number of thefts in Iowa City and Coralville during the summer or early fall, Beddow said.

The Cedar Rapids Police have heard the same complaints so far in 2012. That is an increase of 27 thefts over the 74 reported between January and July 2011, said Cedar Rapids police Chief Troy Hillman.

"That is significant growth from the previous year," said Corvalle.

Corvalle said they met with the Cedar Rapids Police Department about the summer months as they have seen fewer thefts than Iowa City because there are fewer people riding bikes, Corvalle said. Police Chief Barry Bedford said.

"People [in Corvalle] bring their bikes into their homes and apartments and leave them locked up outside outside their building [like they do in Iowa City]," he said.

Corvalle has reported two thefts so far in 2012, but only one was reported by the Iowa City Police Department. Both Iowa City officers and Corvalle police officers were trying to get information on the thefts.

"They would need an electric saw to cut through their lock," he said.

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Sick addition

Is it now known that addition is an illness? I became aware of it many years ago when I read a book called "Addiction: A New Understanding of the Disease," written by Dr. David Samson and Dr. Robert J. Rosen. The book argues that addiction is not a disease, but a psychological condition that causes people to engage in behaviors that are harmful to their health. The authors contend that addiction is a result of environmental factors, such as peer pressure, that cause people to develop a tolerance for substances, and a desire to continue using them, even when it is harmful to their health. The book is a comprehensive guide to understanding addiction and helping those who are struggling with it to overcome it.

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BORLAUG

CONTINUED FROM 1

the district a little less than $11 million. The building also has ground-source heat pumps and more efficient outdoor LED lighting in the parking lots.

“It’s the first elementary school that has had a two-story design since the 1950s,” he said. The school will also feature a gymnasium — a joint project between the district and Coralville Parks and Recreation. Coralville agreed to pay for part of the gym so residents are able to use it for community purposes.

Scott Prochaska, the Coralville recreation superintendent, said this is the third school Coralville has worked with, and city officials jumped on the opportunity to help build the school’s gym.

“We have had success in the past with those partnerships, so we decided to go with Borlaug when we had the chance,” he said.

Prochaska said Coralville gave $726,000 toward the construction of the Borlaug gym, and the city plans to use the gym for before- and after-school programs designed to keep children busy after being dropped off or while they wait for parents to pick them up.

Coralville would also use the gym after school hours as well as renting out the building on the weekends and have a free gym time where the gym is open to the public.

School officials say they’re pleased to see Borlaug opening after receiving significant feedback from the community.

Kate Miersland, the district’s community-relations coordinator, said there was plenty of community involvement in the redirecting for the new schools through community forums.

“We had good turnout from those and the principals from all three schools were involved,” she said.

Shoppa said there was a great amount of community involvement in informing parents of plans for the new school.

“We’ve been working on this for two and a half years, so we’re very proud of how we’ve been able to communicate with the public,” she said.

Yet not all parents and community members agreed on the location of the new school.

Iowa City parent Phil Hemingway criticized the placement of the school, saying it was too far outside of town.

“Iowa City School Board member Karla Cook said she didn’t get a chance to visit the new school building earlier this summer, but she believes that it is always good when the district can build a new school.

“I always think that new schools are helpful; with our population growing, more can always help,” she said.
Summer in Iowa City:

- Running on the Pan- American Highway.
- wolves find dogs.
- Six Elephants on the Loose.

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SOLO MARIMBA CONCERT "Six Elephants"
April 20-May 20
Discussions will help you resolve an issue you have with a friend, relative, or neighbor. Your reluctance to be an instigator will be your downfall. You must take control if you expect to make a difference in the opinions of those around you. If you take charge, and you will grab the attention of someone who can offer a different opinion or help you resolve your issue. The more you rely on others to resolve your issue, the more likely it is that you will not be satisfied with the result. It is important to take control of your own life and your own destiny, and not to rely on others to do it for you. You are the one who has the power to make a difference in your life, and you are the one who must take charge of your own destiny.

Taurus

- The Women of Lockerbie, 8 p.m., Library-Community Writing Center, 2 p.m., Coralville Public Library.
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UTV schedule

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mostly based on age, but skill level was also taken into consideration.

The younger and less experienced girls worked the Iowa practice field on Monday, but their training session was no easier than that of the more advanced kickers.

The younger girls divided into two teams and ran through drills in which they took a shot on goal and then turned around and defended a shot taken by a player on the other team. This drill helped the girls practice their ball handling while also honing goalkeeping skills, which a lot of girls don’t always have the opportunity to experience.

To challenge the girls even further, they had to take some of their shots on goal with their non-dominant foot. The girls wouldn’t typically use their opposite feet in a game setting, but it’s good to practice just in case they find themselves in a position where they can only use the off foot.

“A big thing we work on is movement of the ball and possession,” Rainey said. “We also focus on defense, working together as a team.” Even though the drills the girls were working on weren’t specifically defensive drills, the campers still supported each other. When someone had a good shot on goal or made an impressive save, the other girls let her know.

“It’s OK to celebrate if someone makes a good save or shot,” Rainey said to the girls as they ran through their drills. “It’s OK to get excited.”

Working together in their mini teams not only teaches the girls to work as a unit, it also helps them meet new people.

Lewis said the camp is a great opportunity for the girls to have fun with others who are interested in the same things as them. Friendships come out of the camps. At the end of their steamy morning session, the girls walked off the field together with smiles and laughter all around.

“We’re just trying to keep the camp as fun as possible,” Rainey said. “Even with these warmer days.”
Barry Breffle's endurance, inspiring the day and keeping the smoke going. 

Breffle was athletically able to get between high school and starting his family, and he has trained for a friend in the University of Iowa's Marathon. His training has undergone changes. He's increased his mileage, slowed his pace, and improved his nutrition. He hasn't looked back. 

"We're trying to play as a family of four: mom, dad, and the two children," Breffle said. "We're really working as a family to get the hang of it.

The biggest downfall to being inactive for 11 years was that he had to catch up. But when he does go all out, in training, he's hard to catch.

Lorenz credits Breffle's mental strength, something she said mereped in her own Ironman endeavors. "To do Ironman, you have to be a mental pusher." Breffle is one of the mental pushers with whom I can get along.

"Am I going hard enough? " or "Am I going slow enough?" Those are the questions that motivate me to do the training," Breffle said. 

That focus has to be on the run, on the bike, and on the swim. "You can feel all the energy," Breffle said. "The ocean is swirling ever fast. I like it because Hawaii is an amazing place.

Breffle runs in the ocean early in the morning and works full time. He said he doesn't do it all. She works for the Marine Corps and works full time. She said she doesn't do it all.

"I don't watch TV," Breffle said. "Our defense has to pick up. " or "Our defense has to pick up. " or "Our defense has to pick up. 

"We're all super competitive, and we love playing with our teammates. We don't play with our teammates every day," Johnso said. 

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Barry Breffle runs in the International Triathlon Union Long Distance Triathlon World Championships in Las Vegas in November 2011. Breffle, a Cedar Rapids resident said, "When I'm running an Ironman, I have less tolerance for things. I have a little bit of extra focus," the Cedar Rapids resident said. "When I'm going to run an Ironman, I have less flexibility and compromise with training." Breffle has raced in six Ironmen in the past 12 years.

By ADAM WESLEY
PhD student regularly runs in triathlons and Ironman endurance races, and he has competed in six Ironmen in the past 12 years. (Contributed photo/Barry Breffle)

BY HOSTESS
The heat didn't keep everyone inside on Monday — the Iowa elite soccer camp was out in full force training on the fields in the first full week of training.

The main concern at the camp was keeping the girls hydrated — because they are in a high-intensity level camp, that can be hard. But the counselors also focus on mixing fun into the training. This camp is different from the other soccer camp that the Iowa soccer staff conducts because it isn't an introductory camp, senior Hawkeye player Kat Lewis said. But no matter how tough the girls work, they're still kids and need a fun environment to stay engaged.

"A lot of time, girls come here because they want to get recruited, so they come here to get looks from coaches," Lewis said. "But then, the younger ones just want to come out and play."

The camp is under the direction of Hawkeye head coach Raina Ryan and assistant coaches Shane Meredith and Julie Hasley.

The camp accepts girls age 10 to 18 with varying levels of skill. But the camp is not on the introductory level, so the girls need to have some knowledge of the game before stepping on the field.

Even the least experienced of the players are able to dribble, shoot, and pass, and they understand basic plays.

"Some of the girls are more on the beginning side of the sport," camp assistant Ivan Sanchez said. "But they already have the skills for the game, so it is easier for us to show a drill, and they pick it up right away." Upon arrival at the camp, the girls were divided into two groups

Panther frost learns the ropes
Northern Iowa incoming freshman Erin Dohnalek is still recovering from a torn ACL, but that doesn't stop her from getting aggressive during a physical Game Time season.

By TONI GOLDSHAMMER
Monday night's Game Time League action was physical — 20 fouls were dished out between Vinton, Merchant-McCorry's and Canton Painting/Monica's and Bob's Sour Uncle.

And incoming Northern Iowa incoming freshman Erin Dohnalek was happy to take part in the physical play.

Dohnalek tore her ACL in June 2011, and she was sidelined for nine months in a brace. It didn't take long after those grueling months of rehabilitation before she found herself back on the court, however.

Dohnalek's knee looked up to speed, as she kept up with her more experienced competition on the defensive end of the court. Her shining moment came early in the first half, when Iowa midfielder junior Theairra Taylor failed to overtake the fresh- man. Taylor, who was able to free herself up from head coach Randy Larson's defense for the Iowa transfer Kathryn Thomas said, "We needed to stay committed on defense and finding the extra pass on offense.

The making of an Ironman
41-year-old software engineer Barry Breffle has competed in six Ironman endurance races in the past 12 years.

New Hawkeyes shine in Game Time
Recent Iowa transfer Kathryn Thomas led her team to a Game Time League win on Monday after playing an aggressive defensive game.

By CARLOS SOSA
The heat didn't keep everyone inside on Monday — the Iowa elite soccer camp was out in full force training on the fields in the first full week of training.

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