

INSIDE



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UI awards to honor first-generation excellence

Two new awards for first-generation students, the First-Generation Student Achievement Award and the Award for Outstanding First-Generation Student Advocacy, will be given on Nov. 8 after a week of celebration of the first-generation community nationwide.



5

New clinical trial treats depression with brain stimulation

A new clinical trial is testing the effects of Transcranial Magnetic Stimulation on patients who suffer from depression. Researchers are stimulating the cerebellum to see if it helps improve the negative symptoms found in people with brain disorders.



5

UI first-year students take over social media as 'influencers'

In an effort to engage with a wider audience, the University of Iowa's social media team has recruited 20 freshmen to be social media influencers. The social media team's top three priorities are authenticity, a complete lack of filters, and transparency.



8

Freshman cross-country runner starting strong

Lea Kralovitz, freshman cross-country runner, is adjusting to both being on the team and learning the ropes of college life while emerging as a strong member of the cross-country team.



8

Devonte Young overcomes uncertainty of future as a Hawkeye

Iowa football's Devonte Young could have left the Hawkeye program years ago, but he instead decided to stay with his first choice. Now a senior, Young made a play against Iowa State that will live in Hawkeye lore for a long time.



Tune in for LIVE updates
Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at dailyiowan.com.



UI student dies while studying abroad

Senior computer-science major Nathan Molinski died Sept. 14 while studying abroad in Portugal.

BY KATIE ANN MCCARVER
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Molinski

The University of Iowa announced Monday that UI student Nathan Molinski died Sept. 14.

Molinski was a senior computer-science major and was enrolled in UI study abroad in Portugal, according to an email to the UI community.

The university offered its condolences to Molinski's loved ones, and forwarded a request from his family asking for memorial statements and remem-

brances to be shared in Portugal.

While no obituary information is currently available, according to the email, Molinski's LinkedIn page says he had worked as a front-end web developer intern for Vail Systems in Chicago over the summer.

The last UI study-abroad death was in 2011 when UI student Thomas Plotkin slipped and fell into a river while in India.

According to an article published in *The Daily Iowan* in July 2017, U.S. universities aren't required to report how many student deaths happened abroad, making the data incomplete.

Interim Associate Vice President and Dean of Students Angie Reams encouraged affected students to reach out to the following resources for support:

University Counseling Services (319-335-7294)
Faculty and Staff Services Employee Assistance Program (319-335-2085)
CommUnity (319-351-0140)

Potential breakthrough in Parkinson's research



Katie Goodale/The Daily Iowan

Researchers Philip Polgreen (top left), Jacob Simmering (bottom left), Jordan Schultz (center), Michael Welsh (top right) and Kumar Narayanan (bottom right) pose for a portrait outside of the Pappajohn Biomedical Discovery Building on Monday.

New UI research suggests that the market drug terazosin could change the trajectory of Parkinson's treatment.

BY KATIE ANN MCCARVER
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Collaboration among researchers, clinicians, and scientists at the University of Iowa led to the release on Monday of new Parkinson's research, which suggests that a drug used to treat enlarged prostates could slow progression of the neurodegenerative disease.

UI Pappajohn Biomedical Institute Director Michael

Welsh, senior study author, said it was his co-study author Lei Liu in Beijing who discovered that the medication terazosin could increase cellular energy metabolism.

After assembling a team, the pair began investigating how the drug might slow neurodegeneration, or the death of cells, in Parkinson's patients.

Based on information compiled from databases, the re-

SEE PARKINSON'S, 2

National initiative seeks UI assistance

The Association of American Universities has selected the UI Graduate College to help students who are transitioning into post-doctoral careers.



Ashley Morris/The Daily Iowan

UI Graduate College Dean John Keller speaks in the Old Capitol Senate Chambers on Oct. 24, 2017. Keller is serving as the UI Graduate College project leader and an advisory member of the Ph.D. Education Initiative.

BY ANNIE FITZPATRICK
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The national organization of leading research schools Association of American Universities has chosen the University of Iowa Graduate College as one of eight schools to participate in its Ph.D. Education Initiative. The initiative aims to prepare doctoral students for a number of career paths beyond academia.

Among selected universities, UI Graduate College Dean John Keller is the only person in his position to

serve as both his institution's project leader and an advisory member of the Ph.D. Education Initiative. Through this initiative, he said the graduate school is creating a cultural shift for doctoral students to expand their career options.

"It gives them more empowerment in terms of directing their own doctoral experience," he said.

Traditionally, Keller said most of the Graduate College's focus was on training doctoral students to be-

SEE INITIATIVE, 2

Beer funds used 'For The Kids'

A joking plea from an Altoona man for beer-money donations turned into thousands of dollars in contributions to the UI Stead Family Children's Hospital.

BY KINSEY PHIPPS
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The Hawkeyes won in more ways than one at the Cy-Hawk game on Sept. 14 when Altoona man Carson King's plea for Busch Light money turned into \$6,000 — and counting — in donations to the UI Stead Family Children's Hospital.

Hundreds of people woke up early that morning to be part of ESPN College GameDay as they covered the Cy-Hawk rivalry for the first time ever. King was among the crowd with a sign reading, "Busch Light Supply Needs Replenishing." King featured his Venmo username as well in hopes of receiving a little extra beer money from kind strangers.

Unexpectedly, dozens of people from across the country saw the request and sent him money. At 12:53 p.m. Sept. 14, King had raised more than \$1,600 and wanted to do some good. He said that's when he decided to donate all of it to the UI Children's Hospital — and purchase just one case of Busch Light.

SEE FUNDS, 2

DAM GOOD FISHIN'



Jenna Galligan/The Daily Iowan

Isaac Paxton fishes next to the Burlington Street Dam on Monday. Paxton has fished here for three to four years. While he considers it the best fishing spot in Iowa City, he had one complaint: "I just wish I was catching some fish."

PARKINSON'S FROM FRONT

searchers discovered that older men with Parkinson's who were prescribed terazosin for unrelated reasons had decreased motor and cognitive symptoms, as well as fewer complications. Animal experiments produced similar results.

"I've been falling off my chair several times now, because this is really exciting," Welsh said. "It's a unique study because of the aggregation of data from animals and human databases. That hasn't really been possible to do before."

Researchers may have the

opportunity to change the lives of people with Parkinson's, Welsh said, although just the association of animal and human results is not yet an answer.

"I want to let people know that there's real hope," he said. "But it's not yet proof."

Next, the UI research team will conduct a randomized, double-blinded study to prove terazosin's effectiveness in Parkinson's patients, Welsh said.

UI neurologist Kumar Narayanan said the data is only retrospective so far, and researchers must gather prospective evidence in order to convince others that the drug can treat Parkinson's.

Narayanan said the team is currently in Phase 1 of trials

to determine the feasibility and safety of the drug. It's important to test each aspect of the drug's effects rigorously, he said, because many promising medications fail in the second and third phases.

There are currently no disease-modifying therapies to slow down motor regression in Parkinson's, Narayanan said. Approaching Parkinson's through metabolism is a new path, and UI researchers are lighting the way.

Narayanan mentioned that Parkinson's affects 1 percent of people in the U.S. older than 65, and as age increases, so will the relevancy of Parkinson's.

Patients who struggle with symptoms such as slow movement, autonomic dysfunction,

and more, Narayanan said, have been an intense motivator to move forward with research.

"Parkinson's is a big problem in Iowa, so this is something that really hits close to home," Narayanan said. "I've learned to be an optimist ... because what's the alternative?"

In terms of treatment, patients use Levodopa, dopamine antagonists, and brain stimulation. Other trials have been largely negative, Narayanan said.

"It's an incredibly debilitating and dehumanizing disease," Narayanan said. UI Pharm.D. Jordan Schultz said he could only initially find 13 people with Parkinson's taking the medication,

INITIATIVE FROM FRONT

come faculty members, which led to preparing more students for a position with only a certain amount of available openings. This led to a population boom in doctoral education, he said.

Association of American Universities President Mary Sue Coleman, the 18th UI president, inspired the project, Keller said. Coleman's goal of making higher education via-

ble, vital, and visible — which she coined the "three Vs of higher education" — became the focus of the initiative, Keller said.

"The idea here is that we're trying to make this information as transparent as we can to current students and prospective students," Keller said.

In an email to *The Daily Iowan*, the association's Associate Vice President for Policy Emily Miller said the UI has proven its commitment to creating various career pathways for Ph.D. students.

"The [association] is ex-

pected to see the institutional commitment that the University of Iowa has made toward this initiative," she said.

"The departments that will be participating from Iowa have demonstrated that they are ready to promote the types of change necessary to support a diverse set of career pathways for Ph.D. students and to advance the goals of [this] effort."

The initiative will work with four departments on campus — two in STEM and two in the humanities: mathematics, physics/astronomy, English,

and history. Keller said he chose these programs because of their preparedness for the planned cultural shift.

All four departments unanimously voted to participate in the initiative, and their respective staffs are eager to help students build their careers and understand the changing career trajectories of students, Keller said.

"A lot of the younger faculty and mid-level faculty know that they need to do better for their students to help them with their career options," he said. "So, they're all on board with

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but the results were undeniable.

Now, Schultz said he will translate the findings from mice into humans. There's an eager group of patients for trials, and researchers are hopeful to expand to larger studies within the year.

"The first step is to make sure the dose, the route of administration, formulation, are all going to be safe in this new patient population," Schultz said. "We have to ensure that we're doing right by the patients."

Schultz credited the UI

for its collaborative culture, which allowed researchers to work in a way that's really beneficial and impactful for their patients.

Narayanan said the team believes a terazosin-centered treatment for Parkinson's could decrease the disease's rate of progression by two-thirds.

"It's been difficult to be a Parkinson's neurologist," Narayanan said. "Hopefully [this drug's] effect would be the motor symptoms will progress less and develop less complications."

helping with this particular project."

Katie McKibben, the UI Graduate College's new external-relations director, said this is an exciting initiative for the school to participate in. She added that each department involved is excited for the opportunities the initiative will provide to students.

"The departments are really open to the innovative change, and they're really excited about it, too," she said.

A key aspect of the initiative is data transparency and

expanding the information available on the UI Graduate College's website, Keller said. Providing current and prospective students with general information, demographics, numbers of applicants, completion rates, and more shows the career options students have, he said.

"We want to show how vital and visible it is and how transparent our information is, so that students can look and say, 'Oh, I went to Iowa in program X, what are my career options?'" he said.



Shivansh Ahuja/The Daily Iowan

Spectators watch the show during ESPN College GameDay before the annual Cy-Hawk football game between Iowa and Iowa State in Ames on Sept. 14.

FUNDS FROM FRONT

"Originally I was like, 'Well, this would be a funny idea. I might make a couple of dollars for some beer,'" King said. "Once people started sending me money, I realized there was something worthwhile I could be doing with it."

King took to social media to share his desire for donations. By Monday eve-

ning, his tweet reached 107 retweets and 710 likes.

King's brother Josh King made a post initially speaking about Carson's sign. Later, he updated the post with information about donating to the Children's Hospital. That post now has more than 1,500 reactions, 206 comments, and 788 shares.

Carson King's Facebook post also has 469 reactions, 44 comments, and has been shared 336 times.

King's Venmo account

shows donations from 691 people, and that number is growing. Captions changed from "Busch Light. Go State!" to "For the kids!"

King was interviewed by multiple news sources this week. He hopes to keep the traction going and get local businesses to donate for a greater impact, he said.

King will keep the donations open until the end of the month before sending the grand total to the Children's Hospital.

"I think it shows that Io-

wans are there to help one another. It doesn't matter if you're a Cyclone fan, Hawk-eye fan, or Panther fan — we are all Iowans," King said. "When you say Iowa nice, you really mean it."

No matter the team, no matter the rivalry, Iowans can usually bond over three things: football, beer, and anything for the kids.

"All I did was make a sign," King said. "I'm just glad something special came out of it."

ROSS	TONTO	MET	5	6	7	3	9	1	4	2	8
OSLO	SPOON	LODE	2	3	1	8	4	7	9	5	6
CHILD	PROOF	ERIE	9	8	4	6	5	2	7	1	3
KATIE	ANTI	ANTS	1	4	3	9	2	6	8	7	5
DASH	PREVENTS		6	5	2	7	8	4	1	3	9
SILENT	ALOE	INGOT	8	7	9	1	3	5	6	4	2
ACER	CROSSED	DNA	4	1	8	2	6	3	5	9	7
BEA	GETS	MEAT	7	2	6	5	1	9	3	8	4
LASSO	EXTERIOR	TRAWLS	3	9	5	4	7	8	2	6	1
OXEN	KEEL	GAIN									
WIFI	KEEL	SALSA									
IRAS	STRIKE	GOLD									
FILM	INANE	ENID									
ESL	NASTY	DEMS									

Reminders for Bicycle Parking

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Taking Writing University talents to the small screen

The new TV Writing Club provides a space for students to work on their writing and scripts among like-minded students.

BY RYLEE WILSON
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Some students at the Writing University are looking to bring their talents to the small screen.

With few options at the University of Iowa to explore TV writing in the classroom, a group of students came together to form the TV Writing Club. The group aims to help members find fellow TV writing enthusiasts and provides them with a space to improve their writing.

The group meets for more than an hour-and-a-half on Sundays, taking up conference tables in the IMU. Students work on writing exercises and workshop scripts together.

The club's president Brett Shaw said his dream job is writing for a comedy show. He saw a need for more opportunities for students interested in TV writing to work on their craft after taking a screenwriting class.

"It was this really cool, fun class — it was the only TV writing class there was at the university at the time, and now there isn't even that," he said. "There was obviously a need for more experiences for people like me and tons of other people who have those goals and interests for writing for TV."

Although the UI currently has no screenwriting major, the UI will propose the creation of a screenwriting-degree program to the state Board of Regents Academic and Student Affairs Committee on Thursday.

Shaw said the club has around 18 members, although attendance can vary at each meeting.

The TV Writing Club has groups for students interested in different genres of TV writing, including sitcoms, sketch comedy, and drama, Shaw said. He added that he hopes to accommodate a variety of interests in the club.

"I don't know everything; I've only taken one class," Shaw said. "I am acting as a facilitator to get everyone together, and then everyone can teach each other from there."

While writing comedic and dramatic scripts requires some of the same skills and formatting, Shaw said the focus when writing either type of script differs.

"I just think it's [about] working with different voices when it comes to the actual writing. When you're doing comedy or drama, some people will be more tuned into the way a joke comes off, but in drama you're working a lot with lead charac-



The University of Iowa TV Writing Club is seen working on a set of scripts in the IMU on Sunday. The TV Writing Club is a new organization that brings together students who are interested in screenwriting.

ter and conflict," Shaw said.

First-year student Haley Williams said she came to the UI to pursue her goal of becoming a TV writer. She's interested in writing comedies such as *Bolack Horseman* and *It's Always Sunny in Philadelphia*. She said the club provides a space for

students to concentrate on their writing.

"It's awesome to have people to bounce your ideas off of that are also knowledgeable and care about TV," she said. "We're doing a lot of workshop activities, which helps with writing in general. The hardest part

is just sitting down to actually write."

First-year student Axel Ohrvall is interested in writing dramatic scripts. While he isn't sure if he wants to write for TV after college, he said he enjoys the creative outlet that the club provides.

"I'm already enjoying the ideas of everyone else. I enjoy their personalities. They really bring their ideas to life, and I'm just trying to live up to that," Ohrvall said. "I'm trying to create something that's not only original, but impactful and meaningful."

First-generation students get first place at UI

The University of Iowa will offer awards this fall to celebrate and raise awareness of its first-generation population.

BY MITCHELL GRIFFIN
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When Angela Lamb was a college student — the first in her family to pursue higher education — she said she initially struggled.

Now, she said that experience motivates her to advocate for first-generation students facing a similar journey.

"If I can help just one student to not struggle like I did, then I've won," said Lamb, the University of Iowa assistant director of Academic Support & Retention.

In recognition of its first-generation population, the UI will host its first 1stGen@Iowa Awards ceremony Nov. 8. The week leading up to the award ceremony will be filled with celebration for the first-generation community nationwide.

According to UI fall 2018 enrollment data, first-generation undergraduates comprise 23 percent of enrolled students. Lamb said a goal of hosting such an event is to increase awareness of first-generation status as an identity that deserves to be celebrated.

"[The award's purpose is] to recognize achievements, and in the process recognize faculty and staff helping to ensure success," Lamb said.

The awards include the First-Generation Student Achievement Award and the Award for Outstanding First-Generation Student Advocacy — both of which will be granted to students.

"Anything I've done related to the initiative, I've been blown away by the support and interest from members of the campus," Lamb said. "This campus is so supportive, and it always amazes me the amount of support from this community. It's not just the undergrads; it's truly campus-wide."

Iowa's success as an institution recognizing its first-generation population hasn't necessarily been mirrored elsewhere, Lamb said.

"It's something other colleges have struggled to find their footing in," she said of supporting first-generation communities.

Associate Provost for Undergraduate Education Tanya Uden-Holman said the task force plays a vital role in the future of

UI first-generation students.

"[The First Generation Task Force] has helped us all consider how our policies and practice impact students who may not have the same social and cultural capital of students whose parents attended college," Uden-Holman said in an email to *The Daily Iowan*.

Cody Pritchard, project director of TRIO Student Support Services, said his department and the First Forward team are additional initiatives that focus on helping first-generation students thrive. The First Generation Task Force was developed through the work of a team of students and faculty, Pritchard said.

He added that the idea to offer the awards came from the task force, which he described as very broad and far-reaching.

"It was a conversation of, 'How do we celebrate?'" he said. "Not only celebration with a week [of events], but to say look at these incredible things that are happening around us that are connected to this first-generation identity."

Lamb, Pritchard, and UI senior Alexia Sánchez are all

first-generation students.

"I didn't know I was a first-gen," Pritchard said. "It wasn't until I got to grad school that I actually learned what it meant to be a first-generation college student. I had that 'a-ha' moment of, 'That makes so much sense [as to] why there were things that happened that I was clueless to.'"

Sánchez, who co-directed the First-Generation Summit this spring and has worked closely with Lamb on the task force, said it isn't uncommon for first-generation students to not recognize what that identity means.

From a student perspective, Sánchez agrees with Lamb and Pritchard on the importance of the 1stGen@Iowa Awards.

"I think [the awards] are really special in the fact that they are celebrating an identity that has been in the shadows for a very long time and we're definitely



Emily Wangen/The Daily Iowan
Academic Support and Retention Assistant Director Angie Lamb poses for a portrait outside of Calvin Hall on Sept. 10.

able to see a cultural change here on campus," Sánchez said.

She also said she recognizes the role the UI plays in raising awareness of the first-generation identity.

"Other institutions and universities across the nation are looking at Iowa because of what we're doing, what we've been doing, and where we're going in the future," Sánchez said.

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SPEAKER - ROBIN MERMELSTEIN PH.D | FOLLOWED BY A PANEL DISCUSSION

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Opinions

COLUMN

Accessibility still needed in Iowa caucuses

There's still work to do to make the Iowa caucuses a truly democratic event that includes everyone who wants to participate.



PEYTON DOWNING
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Democratic presidential-nomination candidates are swarming Iowa leading up to our first-in-the-nation caucuses in February. However, not everyone in the Hawkeye State will be able to participate in this democratic function.

The Iowa Democratic Party has attempted to expand the accessibility of caucuses, but has thus far been unable to find a suitable solution. As caucuses take place

during Monday evenings, it is difficult for some people to take time off work, find transportation, or have other time commitments, such as parenting.

In order to combat the barriers to caucusing, Iowa Democrats attempted to create a phone-in option. The way this would work is that a week before caucuses begin, people would be allowed to phone-in and pledge their support for up to five candidates in a ranked order. If the caucusgoer's first pick doesn't receive enough support, their vote will go to the second choice and so on.

The issue with the phone-in system, according to the Democratic National Committee, is that it is incredibly vulnerable to hacking. With all the drama surrounding Russian interference in the

2016 elections, it seems foolish to implement something that could be targeted in the next election to determine who will assume the Oval Office.

So why does Iowa have a caucus rather than simply switching to a safer method of having a primary with paper ballots? Then, it would lose its first-in-the-nation caucus. New Hampshire has a state law that allows it to host a primary before any other state, so Iowa would become less important on the national level. Switching to a primary system would not work, as that would remove Iowa from the nation's gaze during election cycles.

Paper absentee ballots seem like the obvious solution to all the technical issues the Iowa Democrats have experienced. If our state's caucuses were

set up identically to how the phone-in system was put forward with ranked choice and if the caucus was still in place, it seems absurd that New Hampshire would attempt to argue that this was a form of primary and jump the gun on Iowa. This would still allow people who are unable to attend a caucus to have their voice heard while still keeping the caucus system.

If Iowa still doesn't want to take the risk of butting heads with New Hampshire, there is another way to change the caucus to make it more inclusive. That would be to have the caucus during the weekend.

There is no legitimate reason why the caucus can't include everyone who wants their voices to be heard. There is no need to hold the caucus so late in the evening on



Alex Kroeze/The Daily Iowan

Voters start the caucus at the Iowa City Public Library on Feb. 1, 2016.

a weekday during the school year. Even if the time did not change and it was moved to the Sunday prior, there likely would still be a greater number of people who would be able to attend.

While there are many issues with the caucus system

that may warrant its removal, its removal would be detrimental to the state of Iowa. While having primaries may be easier, the next best course of action is to have paper write-ins and hold the caucus on the weekend to increase accessibility.

COLUMN

Students should make the effort to learn politics

Young people in college have the chance to spend the beginning of their adulthood to develop their understandings of the world.



TAYLOR NEWBY
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During the 2018 midterm elections, Iowa experienced its highest voter turnout in the last 10 years. Despite the record-breaking number of Iowans who voted, only 37.7 percent of people ages 18 to 24 showed up.

As a student, it's easy to meander without a second thought as to what's happening on state and national levels when we're not being bombarded with

news and information that impacts our college sphere every day.

Though we have access to journalists who work tirelessly and diligently to inform us of what's happening around us and make clear what that means for us, we often don't dig deeper beyond the surface-level bouts of information presented.

It may seem challenging to bother paying attention to politics as a full-time student, employee, student-organization representative, or occupants of other positions. That's why now is the perfect time to steward a political voice — it's accessible, easy, and achievable. All it takes is leaning in with a willingness to learn.

Because we wear so many titles, we bear a lot of be-

liefs and opinions. We make conscious decisions about where we will direct our time and energy, and then we pursue that with clarity, intention, and direction.

'As students, we have an unparalleled opportunity during our time at the University of Iowa to ask hard questions, challenge our beliefs, and develop our world views.'

There are opportunities to mobilize the beliefs and opinions we carry with us.

As students, we have an unparalleled opportunity during our time at the University of Iowa to ask hard questions, challenge our beliefs, and develop our world views.

The voter-turnout statistics best demonstrate that if our predominantly retired population recognizes the value of a single vote, our up-and-coming generation

organizer Casey Gillette said. "Sit in a couple meetings, see what they're all about, hear their stories — and maybe you can find some commonality and work together."

The purpose of politics isn't to pit people against one another; it's to bring people together in agreement, shared understanding, and putting words to action. There are countless conversations unfolding on campus about what certain political agendas mean for our generation and how we can best be involved together.

Iowa City has hosted numerous political candidates. Earlier this year, Sen. Kirsten Gillibrand, D-N.Y., was at the center of the viral "Ranch Girl" moment in The Airliner, wedged between a crowd of cameras and a UI

student elbowing her way to ranch. Just last week, Sen. Bernie Sanders, I-Vt., rallied supporters on the Pentacrest.

"The best way to be informed is to listen, and everyone here has their own experiences that may shape how you look at the broader picture," UI senior Ian Jongewaard said. "It's not something that should divide people, but something we continue to dive into together to figure out the best solutions."

And that isn't just because Iowa City is a fun place to visit; it's because political candidates know that our voices are influential when it comes to our country's future. We're able to flesh out our views and beliefs with a single vote — together.

20 OUT OF 20

Andrew Yang needs to be more than a meme to win

The internet-centric tech entrepreneur is enjoying a relatively strong presidential campaign, but he still lacks a real chance.



ELIJAH HELTON
elijah-helton@uiowa.edu

I first heard about entrepreneur Andrew Yang the way a lot of people do: on Twitter. What started as a very long-shot bid for the Democratic presidential nomination has since turned into one of the top 10 campaigns in a primary cycle that has featured more than 20 candidates. He's fueled by a small but devoted

group of supporters based largely online — known as the "Yang Gang" — and has a loud albeit minor voice thus far.

He's done well relative to the vast number of presidential also-rans, but Yang hasn't polled much higher than the low single-digits and he doesn't have an obvious path forward. What would it take for him to jump into the top tier of the Democratic primary, and what would it look for him to take on President Trump?

How could Yang win the nomination?

The obscure tech entrepreneur threw himself into the pile of Democrats running for the party's presidential nomination in November 2017. Back then, Yang's candidacy looked like some sort of publicity stunt, but now, he's sharing the debate stage with top contenders such as Massachu-

setts Sen. Elizabeth Warren and former Vice President Joe Biden.

'What Yang lacks in governmental experience, he makes up for in enthusiasm.'

His platform is probably the most unique in the drove (the scientific term for a group of donkeys). In Yang's words, he's "not left or right, but forward." Instead of settling into progressive or moderate lane, his plans for America are zeroed in on policies that look to the future, such as what to do about the rise of automation. The proposal that gets the most attention online and elsewhere is a universal basic income, which would give every American adult \$1,000 per month.

I would say that the income plan is the key to him somehow breaking into the truly

competitive realm of the primary. But given that strategy hasn't worked so far, nor have

any of his fellow Democrats bought into it, it looks unlikely that plan is Yang's ticket to become the first Asian American nominated for president.

How could Yang beat Trump?

Let's suppose Democrats decide the way to unseat Trump is to nominate their own eccentric millionaire from Manhattan who has never held elected office before. What happens then?

Well, Yang has already made one of his taglines "the opposite of Donald Trump is

an Asian man who likes math," and he'll surely get good use out of the phrase should he become the Democratic nominee. More than most other presidential hopefuls, Yang's best plan of attack is painting the incumbent as an incapable leader who doesn't think things through.

Although he's never been elected to public office, he has published more policies on his campaign site than most political junkies care to read. What Yang lacks in governmental experience, he makes up for in enthusiasm. He promises to have a genuinely fresh take on policy-making, even if most Washington types dismiss him as someone who isn't worth serious consideration.

I don't know if Yang could necessarily beat Trump, but if both men are on the ballot next November, anything could happen.



Ryan Adams/The Daily Iowan

Presidential hopeful Andrew Yang speaks at the Iowa State Fair on Aug. 9.

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UI clinical trial uses tech to treat depression with brain stimulation

UI researchers have been studying the effects of brain stimulation on patients with depression to change their brain activity.

BY LAUREN WHITE
lauren-white@uiowa.edu

A new University of Iowa clinical trial treats patients who suffer from depression with technology that stimulates activity in a certain part of the brain to treat the mental illness.

University of Iowa Hospitals and Clinics Psychiatrist Nicholas Trapp and his team are studying the effects of repeatedly stimulating the cerebellum — the part of the brain in charge of cognition and planning — to improve negative symptoms in people with brain disorders. The team is using Transcranial Magnetic Stimulation to alter patients' brain activity.

Transcranial Magnetic Stimulation is a treatment created 30 years ago that uses a magnetic field that can pass through the skin and skull to inhibit parts of the brain and change brain activity, Trapp said.

With new technology called brain-sight, doctors can use 3D reconstructions and infrared light to stimulate exact locations on the brain within millimeters, Trapp said.

By stimulating the cerebellum he said doctors can see induced change and determine if it is therapeutic to the patient.

Patients turn to this method after failing multiple medications and other treatments, Trapp said. He emphasized that Transcranial Magnetic Stimulation requires patients to return to the hospital every day for treatment.

With this clinical trial, patients with depression are given two treatments each day for five days, Trapp



Tate Hildyard/The Daily Iowan

University of Iowa researcher Nicholas Trapp operates a monitor for his Transcranial Magnetic Stimulation system on Sept. 13. Nicholas and his team are studying transcranial magnetic stimulation and how effective the treatment would be in cases of bipolar disorder, autism, and schizophrenia.

said. Stimulation treatment for other mental disorders such as schizophrenia, autism, and bipolar disorder vary in dosage and length, he said.

Trapp said 50 to 60 percent of patients improve with stimulation treatment. However, he said there is no way to know why patients respond the way they do, so additional research is being conducted to figure out which patients would respond to the treatment.

“Right now, we are also looking at patients before and after treatment to see if they can pick up specific biomarkers to figure out what patients will actually respond to treatment,” Trapp said.

Without following safety parameters, repetitive brain stimulation can cause seizures, he said. Other health risks involved would be headaches and migraines, but any symptoms are localized to the part of the

brain that was specifically stimulated, Trapp said.

UI Health Care Research Assistant Benjamin Pace is working alongside Trapp to better understand what changes can be made to brain activity.

“I am really interested in the cognitive neuroscience side of all that is going on here with the [Transcranial Magnetic Stimulation] study,” Pace said.

The researchers follow up

with patients two months after receiving treatment to see if the positive effects are still there, Pace said.

University Counseling Services Director Barry Schreier described depression as the second-most common concern for the office behind anxiety.

Suicide is the leading cause of death for people ages 18 to 25, Schreier said, and the university environment can affect students in different ways. For some, he said, college provides

structure to their lives and makes them feel better, but the stress of school can trigger others.

On average, Schreier said, students who utilize the service reach their mental-health goals within five or six sessions.

“Medication and counseling are the best approach to mild to severe depression, but as each case is different, [stimulation] has proven [to be] helpful to others,” Schreier said.

Hawkeyes take on UI social media

In a new program, 20 first-year students were selected to represent the UI on their social media as UI-official “influencers.”

BY LAUREN WHITE
lauren-white@uiowa.edu

The University of Iowa social-media team announced that 20 first-year students, all coming from varying backgrounds, were selected to represent the UI on their personal social-media accounts as “influencers.”

The UI's social-media team is recognized as the “Most Engaged” among similar institutions, according to the 2019 Higher Education Social Media Engagement Report. Trailing behind are Virginia Tech, The Citadel, and James Madison University.

UI Social Media Director Michael Benning said the term “influencers” was appropriate because people put their trust in peers, experts, and trendsetters.

“Social-media influencers are gaining popularity on many different platforms, and I believe this is a valuable way to connect to a broader audience,” Benning said.

The social-media team's top three priorities are authenticity, a complete lack of filters, and transparency, Benning said. The team wants selected students to be themselves at all times; they are never told what to say and do not lie about the experiences they share with their followers, he said.

Student influencer Braydon Simms said one of his favorite things about the program so far is making new friends while growing his personal brand.

“My goal through being a student influencer is to show those who are skeptical that the University of Iowa is home and that the school truly does care about its students,” Simms said.

Simms shares his experiences on social media and hopes to spread positivity, as well as display that the UI is accepting of all identities.



Katie Goodale/The Daily Iowan

Braydon Simms views his social-media account on Sept. 12. Simms is one of the social-media “influencers,” a university-wide initiative to have student representatives for the campus on social media.

Students are not paid, Benning said, but rather given alternative incentives to highlight their UI experiences.

“Our goal is to provide social-media influencers with real and unique opportunities on campus that show what it's like to be in school at the University of Iowa,” Benning said. “For instance, an influencer might receive tickets to a performance at Hancher Auditorium, or we may suggest that they show off their residence hall or favorite spot on campus.”

Courtney Jones, another student influencer, uses the

program as an opportunity to reach out to families who may not have the UI on their

at Hancher Auditorium and documented it with her followers.

ter to anyone, whether it be a club, organization or group,” Jones said.

spective on the UI.

“I think this is a good program to start up due to the very social media-oriented society we have today, and I'm excited to see where it goes,” Kositzke said.

The students hope to use their platforms to grab the attention of prospective students and show them different events that occur at the university.

“The program is really great, because it uses normal people rather than authority figures or celebrities to find other normal people and tell them the truth about the university,” Jones said.

‘I am glad to be able to show that the university offers something that can cater to anyone, whether it be a club, organization or group.’

— Courtney Jones, student influencer

radar. JONN recently attended CNN commentator Van Jones' Sept. 10 guest lecture

“I am glad to be able to show that the university offers something that can cater

Student influencer Katharine Kositzke said the program presents a unique per-

Raygun partners with Iowa City Senior Center to expand outreach

The Iowa City Senior Center is collaborating with Raygun to create a T-shirt and host an art exhibition to raise funds to celebrate National Senior Center Month during September.



Raquel Decker/The Daily Iowan

Raygun is pictured on Sept. 12 in downtown Iowa City. The store is partnering with the Iowa City Senior Center to raise money for National Senior Center Month.

BY MITCHELL GRIFFIN
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In the spirit of celebrating life, the Iowa City Senior Center is collaborating with the popular Iowa shop Raygun to raise money for National Senior Center Month with a full slate of scheduled events.

Members are able to enjoy their many free activities, such as a workout center, dance studio, lunches, and classes on subjects such as the CIA and introducing Buddhism, said LaTasha DeLoach, the Iowa City Senior Center coordinator.

"We don't play bingo," she joked.

The organization's partnership with Raygun has also created T-shirts that will help raise the needed Senior Center funds. Ten percent of funds will be given to Friends of the Center, a sister organization that handles any financial operations.

"It just makes sense," DeLoach said. "Everyone's into T-shirts."

The shirts ask, "Is this heaven?" and answer "No, it's retirement."

Currently sold online, T-shirts will hopefully be available at Raygun within the next week, the Iowa City Raygun's Creative Director

Jennifer Leatherby said. The Senior Center brainstormed the T-shirt ideas and approached Raygun with those ideas, Leatherby said, and Raygun approved the final design.

Raygun gives back to the community in more ways than its promotion of the Senior Center. Other projects include helping groups such as Reach Out and Read and On With Life, Leatherby said.

Next month, the store is planning a domestic-violence intervention program. The shop does anywhere from three to five partnerships per month, Leatherby said.

Jessi Simon, development specialist at Friends of the Center, said she is enthusiastic about the Raygun partnership and other upcoming events at the Senior Center.

"We think it's an awesome way to do community outreach and help people learn about the center," Simon said. "It's a fun place to stay involved, stay active, and connected in your later years of life."

How Friends of the Center helps the Senior Center financially doesn't stop with the Raygun T-shirts.

"We have always done a variety of different fund-

raising events throughout the year," Simon said. "We actually have our first big fundraiser coming up this month; we are doing an Art is Ageless auction."

A large variety of work from local artists will be on display at the auction, some of which will include work done in the various art classes that the center offers and in art presented at past exhibitions. The auction will be held Sept. 27.

The National Council on Aging designates September as the National Senior Center Month, Simon said.

During this time, senior centers are encouraged to

reach out to their communities, form multigenerational bonds, and spread awareness that senior centers can be the ideal future for aging.

"It's a hidden gem in our community," Simon said. "It's a fantastic resource."

The next closest Senior Center is in Davenport, making the Iowa City Senior Center a popular destination for people in the surrounding area to take part in the center's hub of creativity.

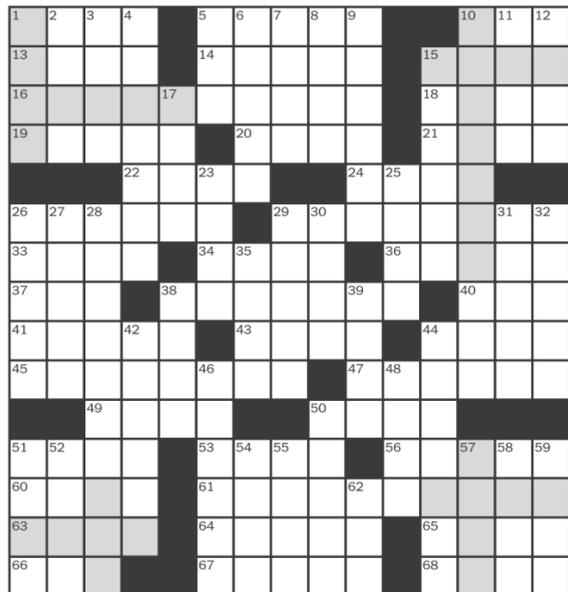
"One of our missions here is to enhance the quality of life and stay engaged in the community," DeLoach said.

The Daily Break

PUZZLE SOLUTIONS ON PAGE 2

The New York Times
Crossword

Edited by Will Shortz No. 0813



- 16 Class for U.S. citizen hopefuls, in brief
- 17 Disgustingly dirty
- 18 Pols like Pelosi

DOWN

- 1 Alternative to rap and R&B
- 2 Fed. monitor of workplace hazards
- 3 Narrow cut
- 4 More substantial
- 5 Small recipe amt.
- 6 Founder of Harpo Productions
- 7 Common lunchtime
- 8 Drinking spree
- 9 Ablaze
- 10 Droplets seen early in the day
- 11 Tend to some p's and q's, say
- 12 Golfer's bagful
- 15 Cause to expand, as bread
- 17 College V.I.P.
- 23 With 38-Across, like Romeo and Juliet ... and like the shaded words?
- 25 Fervent
- 26 Expensive dark fur
- 27 Tool for a Himalayan climber
- 28 Lowest in importance
- 29 Baffling question
- 30 Musical pause
- 31 Based on major and minor scales
- 32 H.R.s and R.B.I.s
- 35 Bitten-into apple, for Apple
- 38 Apple throwaway
- 39 "Cómo ___ usted?"
- 42 Gender discrimination
- 44 Made do despite difficulties
- 46 Finishes, as a cartoon
- 48 Move up
- 50 Sparkle
- 51 Desdemona, to Othello
- 52 Flower named for a goddess
- 54 Sicilian tourist draw
- 55 Prohibition and Victorian periods
- 57 Solitary
- 58 Svelte
- 59 Throws into the mix
- 62 Critically important

- ACROSS**
- 1 Diana who led the Supremes
- 5 Masked man's sidekick on old TV
- 10 Assembled
- 13 Norwegian city with the Munch Museum
- 14 "Hey Diddle Diddle" runaway
- 15 Rich supply of ore
- 16 Safe for youngsters
- 18 One of five Greats
- 19 Leducky who has been named World Swimmer of the Year five times
- 20 Bill killer's position
- 21 Cookout crashers
- 22 Bit of salt
- 24 Shankar with a sitar
- 26 Mum
- 29 Averts
- 33 Computer company with a Predator line
- 34 Soothing lotion ingredient
- 36 Valuable bar at Fort Knox
- 37 Actress Arthur with a Tony for "Mame"
- 38 See 23-Down
- 40 Kind of testing done at Ancestry.com
- 41 Rodeo rope
- 43 Acquires
- 44 "Turf" half of surf and turf
- 45 Outside surface
- 47 Deep-sea fishing nets
- 49 Yoked pair in a field
- 50 Profit
- 51 Flight amenity that costs extra
- 53 Backbone of a boat
- 56 Zesty chip dip
- 60 Savings plans for one's later years, in brief
- 61 Hit the jackpot
- 63 Old camera need
- 64 Idiotic
- 65 Oklahoma city named for an

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5	7	9	4		
		8			
8		6		7	1 3
4	3	2	8		
	9	3	6	4	
4	1	8		3	9
			9		
	5	7	2		1

XC
CONTINUED FROM 8

"I started running cross country my sophomore year but did not really start seriously training until my junior year," she said. For Kralovetz it came naturally, as one year on she captured the Wisconsin High School State Cross Country title. "That was a feeling that was almost hard to describe. It was so

amazing hugging my family and my coaches," she said. She was contacted by Wisconsin the day after her state title, but Kralovetz already had decided Iowa was the right school and program for her. She was heavily recruited and also received offers from Minnesota, Kansas, and Illinois State. Kralovetz first ended up on Iowa's radar after running a two mile race in 11 minutes. Iowa's head coach Randy Hassenbank then reached out to her

high school coach. It is also clear that her high school coach was a major inspiration for her and helped her get to where she is today. "You could tell that he cared about me as a person, and he's the one who saw this gift that God gave me, and he wanted me to use it to the best of my ability, not for him," Kralovetz said. Running at Iowa has been a very different experience for Kralovetz. "Here I have a solid team to

run with on my workouts, and it really helps me and makes it more enjoyable," she said. "Everyone has so much positive energy and is so passionate about running, so it helps everyone start on a positive note and be excited." Through preseason and her first few weeks of training, Kralovetz has connected with some of her teammates through her faith such as Anna Hosteler and Elyse Prescott. "Leah has been a wonderful

teammate and is such a sweet and kind hearted girl," Hosteler said. "She has so much ability and I think she is going to accomplish amazing things, and it's awesome to see how she incorporates her faith into her running." Faith has been a guiding force for Kralovetz in her athletics. "My faith has been the motor to all my successes and even the drawbacks that have come along," Kralovetz said. With so much talent and a unique drive, Kralovetz seems

poised to break out as a freshman. "She's a big talent, and she's going to make a difference for us immediately. She's got a bright future," Hassenbank said. With a big performance already in the Hawkeye Invitational, expectations will be high for the freshman from Wisconsin. Kralovetz and the rest of the Hawkeyes will have another week to prepare before their next meet in Lincoln.

FOOTBALL
CONTINUED FROM 8

and you never know what could happen," Young said. "In the future, somebody could lose their job, but that doesn't mean they're done for the rest of their lives. You got to go out and find a new job

over a minute-and-a-half remaining, Iowa State set itself up to get the ball back for a chance at a game-winning drive. The Cyclone offense would never take the field. When Iowa punter Michael Sleep-Dalton kicked the ball away, Iowa State's Datrone Young ran into teammate Deshaunte Jones,

niors who's really done a great job on special teams now for a couple years." In the end, the win came down to special teams and leadership from Iowa's veterans. After enduring two lightning delays, a team needs to stay focused. The Hawkeyes did just that. Senior Nate Stanley led the Hawkeyes on offense and managed the game just the way he needed to. Juniors Smith and Smith-Marsette combined for 7 receptions and 97 yards. Junior Geno Stone forced a key fumble to keep the Cyclones from scoring before halftime. Junior Keith Duncan nailed a 39-yard field goal to give the Hawkeyes a 1-point lead in the fourth quarter.

TENNIS
CONTINUED FROM 8

Hawkeyes made the NCAA Tournament was 2011. According to Schmid, Iowa will have to climb up 20 spots from where they finished in 2018-19 in order to make this year's NCAA tournament. Schmid and the Hawkeyes believe they have what it takes to make the jump in 2019-20. "We've really been focusing on three areas as a team. One is being completely in control of our fitness. The second thing we want to do is improve our consistency. The third thing we're really focusing on is maintaining a good balance of emotional stability and control. I think focusing on those three main areas will help us emerge from the pack in the Big Ten, as well as in the national rankings," Schmid said. Schmid is entering her fourth season as head coach of the Iowa women's tennis program. Her overall record as head coach of the Hawkeyes is 39-35. Before becoming Iowa's head coach, Schmid was head coach of the Missouri Tigers from 2012 to 2016. The weight of expectation looms heavily over the Hawkeyes in 2019-20. However, Schmid and her team are leaning into the expectations. The Hawkeyes are hungry for whatever the



Shivansh Ahuja/The Daily Iowan
Iowa head coach Sasha Schmid (right) talks with Danielle Burich during a women's tennis match between Iowa and Nebraska at the Hawkeye Tennis and Recreation Center on April 13.

'In the future, somebody could lose their job, but that doesn't mean they're done for the rest of their lives.'

— Devonte Young, defensive back

and stuff like that, so I look at it like that. "Switching from offense to defense, finding my role on special teams, you just got to find where you fit at." Everything Young went through paid off in the Hawkeyes' fifth-straight win over the Cyclones. With a 1-point lead and just

who attempted to field the punt. The ball bounced off the Cyclone Young's back, and Iowa's Young jumped on the ball to secure the Cy-Hawk victory. "Devonte I think came up with the ball down there," Iowa head coach Kirk Ferentz said. "He's been hustling, working hard. One of our se-

And Young, the senior special teamer, locked the game up with a fumble recovery to become a Hawkeye hero. "Guys were just telling us, 'We got to stay focused, we got to stay loose, keep our mind right,'" Iowa defensive end A.J. Epenesa said. "The guys did a really good job of that. The seniors were an example of that. They showed us the way."

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Sports

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HAWKEYE UPDATES



Hawkeye Marching Band troubled by ISU

University of Iowa Athletics Director Gary Barta released the following statement on Monday regarding conduct toward the Hawkeye Marching Band during the Iowa vs. Iowa State football game on Sept. 14:

"University of Iowa Athletics has been made aware of inappropriate actions made toward student members and staff of the Hawkeye Marching Band while attending the Iowa State football game Sept. 14. We have contacted Iowa State Athletics administration and are working to gather additional information.

"Our main priority is the safety of all Iowa students, staff, and coaches when attending events away from Iowa City."

Both Iowa and Iowa State are looking into this matter.

"We were contacted by Mr. Barta and, like Iowa, are working on gathering more facts," Steve Malchow, Iowa State senior associate athletics director said in an email to *The Daily Iowan*.

Iowa special teams' stars earn Big Ten Honors

Iowa kicker Keith Duncan and cornerback D.J. Johnson earned recognition from the Big Ten after stellar performances in the Hawkeyes' 18-17 win over Iowa State.

Duncan earned Special Teams Player of the Week honors, while Johnson picked up co-Freshman of the Week along with Northwestern's Drake Anderson.

Duncan hit four field goals against the Cyclones — one in each quarter — to score 12 of Iowa's 18 points. His last field goal from 39 yards out gave the Hawkeyes a 1-point advantage with 2:51 remaining.

The Weddington, North Carolina, native also made field goals from 25, 40, and 42 yards.

Duncan, who is seeing his first action since 2016, has converted 8-of-8 field goals and 8-of-8 PATs this season.

Johnson, a redshirt freshman from Indianapolis, Indiana, made his first start against the Cyclones, posting 8 tackles — including 6 solo stops — and 2 pass breakups.

Johnson saw action in three games in 2018 but ended up using the year to redshirt.

The honor marks Johnson's first, while Duncan was previously recognized after nailing a 33-yard game-winning kick to down Michigan in 2016.

QUOTE OF THE DAY

"Hopefully, we score some more touchdowns, but we go out there and try to execute every rep that we get, so if that leads to the Heisman, let's do it."

— Iowa kicker Keith Duncan on a "Duncan for Heisman" Twitter campaign

STAT OF THE DAY

Iowa State averaged

13.1

passing yards per completion against Iowa's defense on Saturday.

Freshman XC star ready for breakout

Leah Kralovetz has started her freshman season strong with the help of her teammates and coach.



Jenna Galligan/The Daily Iowan

Freshman runner Leah Kralovetz (far right) kicks off the women's race at the Hawkeye Invitational at Ashton Cross Country Course on Sept. 6. The Hawkeyes defeated six other teams to finish first overall for both men's and women's races.

BY BEN PALYA

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With a major difference in training and a busier schedule all around, adjusting to college as a student can be particularly difficult as a first year. However, freshman cross country runner Leah Kralovetz has taken it all in stride.

Kralovetz recently posted a fifth-place finish at the Hawkeye Invitational — good for second on the team and only three seconds off of Iowa's top runner, Megan Schott. Going into the Hawkeye Invitational, she had been training with some of the team's top runners.

It is clear that Kralovetz is going to be leaned on heavily this season as a freshman, something that she is ready to take on.

"It feels amazing. It's so nice to have such a supportive team and family backing me up," she said.

Kralovetz has been an athlete her entire life, playing soccer, basketball, and volleyball. Despite being involved in many different sports as a child, she did not start competitively running until recently.

SEE XC, 7

Young stays the special teams course

Hawkeye senior Devonte Young could've left Iowa years ago. Instead, he made a game-defining play against Iowa State.



Shivansh Ahuja/The Daily Iowan

Iowa defensive back Devonte Young celebrates after a football game between Iowa and Rutgers at Kinnick Stadium on Sept. 7.

BY PETE RUDEN

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Devonte Young could have transferred long before he secured a muffed punt to help Iowa beat Iowa State, 18-17, on Sept. 14.

Entering the 2017 season, Young could have been an integral part of an offense that lost three of its top four pass-catchers from a year before.

Neither scenario unfolded.

Instead, junior college transfer Nick Easley, along with freshmen Ihmir Smith-Marsette and Brandon Smith, climbed up the depth chart and found time on the playing field.

So, Young waited.

"I was just thinking, 'I committed here. I'm on this team. This is what I want to do. I'm giving this my all my four years,'" Young said. "It's just a family environment. We help each other through the ups and downs."

After the 2017 season, Young moved from wide receiver to defensive back.

Although he hadn't seen the field much on the defensive side of the ball, he became a key player on special teams. That's been Young's niche at Iowa.

"You always go through ups and downs,

Iowa tennis aiming high for NCAAs

Iowa women's tennis head coach Sasha Schmid is ready for her team to make a prominent return to the NCAA Tournament.

BY AUSTIN HANSON

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Often times, shouldering the weight of expectations is difficult. For head coach Sasha Schmid and the Hawkeyes, it is no different.

"Last year was probably the best we've had as program since 2010," Schmid said.

Iowa finished 65th overall in the Intercollegiate Tennis Association standings last season and posted an overall record of 13-12. This feat is quite impressive considering the inexperience of last year's Hawkeyes. In 2018-19, four out of nine players on Schmid's squad were freshmen, a year in which the Hawkeyes posted an overall record of 34-38 in the singles matches.

After a season of learning, Schmid's young

Hawkeyes appear ready to turn a corner in 2019-20.

"We had a good year. We built a strong foundation. I have good high expectations, and everybody is really on the same page and motivated," Schmid said.

Iowa's young players will also get leadership boost from senior Elise Van Heuvelen Treadwell. Currently, Van Heuvelen Treadwell is 29-24 in career singles matches.

"Elise is really just a phenomenal asset for our program. She's a wonderful young lady and a great athlete. She's not content to be a four-time all-Big Ten selection; she really wants to step up on the national stage," Schmid said.

The goal for Iowa tennis this season is to get back to the NCAA Tournament. Schmid's overarching goal for the program is to get into the tournament annually. The last time the

SEE TENNIS, 7

SEE FOOTBALL, 7