

INSIDE



3 Artist works to open gallery in Iowa City for indigenous people

Meskwaki artist Dawson Davenport wants to open an art gallery and event space locally for indigenous people to create a community, display their art, and educate others about their culture.



5 UIHC raising awareness about medication assistance

As pharmaceutical prices rise across the nation, the UIHC wants to raise public awareness about the medication-assistance programs that it offers.



5 Organization breaks mental-illness stigma in rural areas

Online resources, compiled by agricultural researchers with the Great Plains Center for Agricultural Health, offer farmers an understanding of mental illness.



8 Hawkeye baseball drops series finale against Cal-Irvine

Iowa baseball toppled No. 18 Cal-Irvine twice this past weekend but fell, 15-4, in the series finale. Despite the tough loss that included a rough outing on the mound, the Hawkeyes are set up to reach their postseason goals.



8 Wrestling wins DI's Men's Team of the Year

The Hawkeye wrestling squad had a big season in 2018-19. With an NCAA champion and Big Ten champion, Iowa finished undefeated in Big Ten duals en route to a fourth-place finish at nationals. With seven returning All-Americans, Iowa could make some more noise next season.



Tune in for LIVE updates

Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at dailyiowan.com.



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Harreld ponders future



Katie Goodale/The Daily Iowan

UI President Bruce Harreld sits down for an interview with *The Daily Iowan* in the Adler Journalism Building on May 2.

UI President Bruce Harreld discussed how the UI can advance the Diversity, Equity, and Inclusion Action Plan as the division responsible for the plan's implementation prepares for a paradigm shift.

BY KATIE ANN MCCARVER
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As the University of Iowa prepares for a paradigmatic shift in its diversity, equity, and inclusion plan, President Bruce Harreld said his administration has successfully surveyed campus, identified real issues in the area, and set a fairly aggressive set of actions.

While many universities wait until a plan is solidified to recruit its leader, Harreld said TaJuan Wilson, the new UI associate vice president for Diversity, Equity, and Inclusion, was selected among three candidates to see the plan in its early states, shape it further, and own it.

"I think TaJuan is going to hit the ground pretty aggressively here," Harreld said. "I'm really pleased with his personality, and I think a lot of us are. We've got a lot to do."

Harreld said Wilson was the most action-oriented of the candidates, and Wilson probably looks forward to the amount of work coming to his plate. Primarily, Harreld said, the university wants to broaden the scope of the Chief Diversity Office by adding equity and inclusion.

"This is really about doing all that work in diversity, equity, and inclusion on our behalf," Harreld said. "It's about their creating an environment where they engage us, motivate us, support us, and actually measure how supportive we are as a community."

Now that data have been collected and the paradigm shift is at the starting line, Harreld said, the rest will be fun to implement. Among other things, he said, one of the two dimensions of the issue at the UI is a lack of minority representation in staff, faculty, and students on campus.

"We don't have enough people of all sorts of minority groups in our midst," Harreld said. "So we've got to make it better, broaden slates in our recruiting pools and our search pools. The more diverse our faculty is, the more likely the students will see their mentors in the group."

He compared those metrics to a chicken and egg, saying the UI needs to work from both ends, faculty and students, to improve diversity, equity, and inclusion on campus. The second biggest barrier, he said, is the need for a shift in culture, which he believes is a much more powerful tool.

SEE DIVERSITY, 2

His contract ends in November 2020, but UI President Bruce Harreld indicated he hopes to serve as president after his five-year agreement expires.

BY MARISSA PAYNE
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The University of Iowa community may keep current President Bruce Harreld beyond the five years stipulated in his contract — if Harreld has his way and the state Board of Regents asks him to continue serving.

In a May 2 interview with *The Daily Iowan*, Harreld said "yes," he would like to continue being UI president after 2020.

"Of course, and I love it," he said. "... I think my wife and I love that charm and love that energy, love that passion, and you know I think you all know I love students, I love being around them. I'd rather be with students than anything else all day long, so yeah, that certainly wouldn't be the issue."

He noted there are issues he faces on the job that he doesn't enjoy dealing with as much — the ongoing legal disputes with Cedar Rapids construction company Modern Piping, for example — but overall, he said the charm of the UI and Iowa City is that people actively engage with the surrounding world and force a conversation about issues.

"I think the agenda is exciting, but it's up to the Board of Regents to decide who should lead, and I need to get comfortable to figure out that I am the right person, as well," he said.

The regents offered Harreld a five-year contract, starting Nov. 2, 2015, when he was selected as the 21st UI president in September 2015. Harreld's salary has not been bumped beyond his initial base pay of \$590,000 with a \$200,000 annual deferred compensation package to be paid

SEE CONTRACT, 2



For the full transcript of the UI President Bruce Harreld interview, go to dailyiowan.com



NATIONAL POLITICS

Klobuchar outlines mental-illness, addiction plan

Sen. Amy Klobuchar, D-Minn., made a campaign stop in Iowa City on May 4 to discuss her latest policy proposal with local politicians and mental-health advocates in a panel discussion.



Katie Goodale/The Daily Iowan

Sen. Amy Klobuchar, D-Minn., addresses supporters at the Iowa City Public Library on May 4. Klobuchar and various community leaders discussed such issues as mental health.

BY EMILY WANGEN
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Sen. Amy Klobuchar, D-Minn., spoke in Iowa City on May 4 about her newly released plan to expand access to mental-health care and addiction services. She discussed the matters during a panel discussion with area legislators and mental-health advocates that was attended by approximately 30 people at the Iowa City Public Library,

123 S. Linn St.

Her policy proposal, which includes increasing funding for early intervention and suicide-prevention programs, was published online May 3. Klobuchar said the policy would begin with substance-abuse prevention with such measures as prescription monitoring and early intervention for mental illness and addiction through training and awareness campaigns. The second part calls for an in-

SEE KLOBUCHAR, 2

Bill would allow stun guns on campus

A bill awaiting signature from the governor would allow people to carry stun guns on college campuses in Iowa, overturning the UI's weapons policy.

BY CALEB MCCULLOUGH
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A bill in the Iowa Legislature would conflict with a University of Iowa policy that bans stun guns on campus.

The bill in question, Senate File 188, passed in both chambers of the Legislature in April, and it awaits a signature from Gov. Kim Reynolds to become law.

The UI bans weapons including "guns, knives intended for self-defense as opposed to cooking, stun guns, batons, martial-arts weapons, and other items," according to the Student Legal Services website.

The restriction applies to all on campus, including students, faculty, and visitors. Penalties for students carrying weapons on campus include sanction, suspension, and expulsion.

Rep. Matt Windschitl, R-Missouri Valley, said during a debate on April 16 that the bill was aimed at providing protection for college students and other members of



Windschitl

SEE BILL, 2

CAPPING COLLEGE CAREERS



Ryan Adams/The Daily Iowan

UI seniors pose for photos at the Old Capitol on Sunday.

DIVERSITY
CONTINUED FROM FRONT

"In culture, first of all, we should understand the more diverse we are, the better the con-

versations, the more innovative the teams are, so the more diverse we are as a community," Harreld said. "In many ways, the better we'll do against our entire strategic agenda." According to the data, Harreld said, when there are teams

composed only of similar people, that team's filters fall short. Over time, he said, the UI should start recognizing diversity isn't just the right thing to do, it's the smart thing to do. "It builds a broader base for creativity and innovation,"

Harreld said. "I think that'll take a while, but I think it starts with me and my management team, and I think it starts with us insisting that we have diverse candidate pools. We've got a lot to do — it's an important issue."

CONTRACT
CONTINUED FROM FRONT

out after five years.

Harreld's response to the *DI* is a change in tune from previous answers he has given to inquiries about how long he plans to stick around the UI. He told the *Gazette* earlier this year simply, "Five-year contract" when asked about whether he would stay beyond his initial five-year agreement,

Gazette reporter Vanessa Miller wrote on Twitter.

As Harreld indicated, it is up to the regents to hire presidents, extend their contracts, or increase their pay.

"Each presidential contract, including length of time and compensation, is unique," regent spokesman Josh Lehman wrote in an email to *The Daily Iowan*. "The board does annual evaluations in June of each university president in closed session. If there is a change in a president's compensation, or

an extension of a contract, it would be voted on by the board in open session at a meeting."

But one question loomed over Harreld's head as he pondered his future as a Hawkeye: "... What needs to get done ahead — do I have the mandate to get it done from the board and other constituencies on campus?"

Controversy clouded Harreld's hiring given his background as a businessman leading companies such as Kraft Foods, IBM, and Boston

Market. The other three finalists had experience in higher-education administration, leading to doubts about Harreld's qualifications.

On top of that uncertainty, reports emerged around the time of Harreld's hiring that several regents met with him privately in a manner that circumvented Iowa open-meetings law — an opportunity they afforded no other candidate. That chain of events prompted lawsuits against the regents and 2015 presidential-search

committee, alleging violations of state open-meetings and open-records laws.

A judge ruled on the former lawsuit in the regents' favor, determining there was no violation of open-meetings law. The latter was settled with the UI admitting no wrongdoing.

For Harreld to continue leading the university on issues such as advancing diversity, equity, and inclusion, as well as pushing the state for more funding, he said, the "hooting and hollering" of his

first year on campus — the fallout of his hiring — need to factor in.

"... Is that over? Or is that still an undercurrent? Because if that's the case, fine, let someone else come in and take us to the next level. I'm fine with that," he said. "... So I just go back to that period, and I just wonder, have we healed and moved on? If I don't think we have, it might not be productive to have me continue to lead on a number of really sensitive issues ..."

KLOBUCHAR
CONTINUED FROM FRONT

crease in mental health beds and personnel.

With a \$100 billion price tag, Klobuchar said, she plans to fund the proposal through a 2-cent fee on each milligram of active opioid ingredient in a prescription pain pill, paid by manufacturers or importers, and creating a

master settlement agreement. She noted that these two pieces are estimated to bring in 80 percent of the total cost.

"I actually don't think you guys should be paying for it," Klobuchar told a packed crowd of more than 150 people at a meet-and-greet at the Mill, 120 E. Burlington St., later in the afternoon. "I think that we should be paying for it from the people that caused this epidemic."

Klobuchar said her policy

arose from hearing stories of people having family members who deal with addiction and mental illness alongside her own experiences, noting her father, who is 91 years old, struggled with alcoholism while she was growing up before getting treatment after being faced with the choice of jail or treatment for his third time being picked up for DWI.

The group also discussed mental-health-care shortfalls in

the state. Panelists pointed to the privatization of Medicaid services in Iowa, which took place in 2015 under former Gov. Terry Branstad, as contributing to the state's low rankings in psychiatric hospital beds and providers.

A May 2018 report from the state Human Services Department reported that Iowa has 26 hospitals and two state mental-health institutes with inpatient psychiatric beds spread out

across 20 counties.

"Providers aren't being paid — it's threatening rural hospitals," a panelist, Sen. Joe Bolocom, D-Iowa City, said during the discussion. "We really need to look at privatization across the country, it's been this thing that has swept across the nation."

He also thanked Klobuchar for her proposal, noting he believes it takes a comprehensive approach to this issue.

"There's not a family in this country that's not affected by mental-health or substance-abuse issues," Bolcom said.

Another panelist, Rep. Molly Donahue, D-Cedar Rapids, said in her 29 years as a special-education teacher, she saw the lack of mental-health resources in public schools firsthand and called for the addition of licensed counselors in schools.

"As a teacher, I'm considered a behavioral specialist, but what I'm doing is just kind of helping them get some coping skills to make it through the day," Dona-

hue said. "I'm not a doctor; I can't help in that way nor can any of my co-workers who do the same job, and there are a lot of us, but we aren't enough."

This is Klobuchar's sixth visit to Iowa since announcing her campaign for president. She last visited Iowa in March, when she made stops in Waterloo, Dubuque, Independence, Cedar Rapids, and Davenport and spoke about investing in infrastructure, strengthening antitrust laws, and touted her bipartisan legislative record in the Senate.

Klobuchar was first elected to the Senate in 2006, becoming Minnesota's first female U.S. senator. She serves on a multitude of committees, most notably the Senate Judiciary Committee and the Rules and Administration Committee. Prior to that, she served as the Hennepin County attorney. She announced her bid for the White House on Feb. 10 during a rally on Minneapolis' Boom Island.



Megan Nagorzanski/The Daily Iowan

Sen. Amy Klobuchar speaks to the crowd during a meet-and-greet at the Mill on May 4. Klobuchar discussed her policies on such topics as mental health, addiction, and climate change.

BILL
CONTINUED FROM FRONT

the college community against violence and sexual assault.

"It merely says that community colleges and universities cannot enforce policies that would restrict students, faculty, people on the campuses from being able to have a self-defense tool," Windschitl said.

The Legislature authorized the carrying of non-projectile stun guns for people over the age of 18 in 2017. Windschitl said the bill would help bring universities more in line with state law and expand options for self-defense.

"This is about people being able to make the decision for themselves ... and be able to

hopefully avoid having a tragic attack and or assault perpetrated upon them," Windschitl said.

The bill received some bipartisan support in the House but received backlash from some Democratic members. Rep. Mary Mascher, D-Iowa City, said she was concerned that stun guns could easily be taken by perpetrators and used on victims, especially when alcohol is involved.

"When you add alcohol to a stun gun, I think that's a recipe for disaster," she said on April 16. "And that's why these should be prohibited on campus. These are dangerous weapons. They can kill."

Amendments to the legislation restricted the extent of the bill. One prohibits convicted felons from carrying stun guns on campuses, and the second prohibits the carrying of stun

guns in university stadiums and hospitals.

Lobbyists for the state Board of Regents have not registered a position on the bill. Each campus is responsible for creating its own policy on weapons on campus, regent spokesman Josh Lehman said in an email to *The Daily Iowan*.

Governing boards, such as the regents, are also prohibited from adopting or enforcing a stun-gun ban under the bill.

"Student safety has been, and will continue to be, a top priority for the board and its institutions," Lehman said. "Making our campuses the safest environments possible, which allows for high-quality learning, is something we take seriously."

Matty Smith, the communications specialist for the Iowa Coalition Against Sexual As-

sault, said he thinks the bill will not be an effective measure in preventing sexual assault.

"It puts the responsibility back on the victim or potential victim, which doesn't make sense," he said. "And really what we should be teaching is for people not to sexually assault in the first place."

Additionally, Smith said, the bill wouldn't help prevent the majority of sexual assaults that are committed by someone whom the victim knows.

"A majority of sexual assaults are perpetrated by someone known to the victim," he said. "It could be a classmate or someone that you study with or a good friend, and typically you're not going to be carrying a stun gun when you go over to that person's house ... It doesn't make sense."

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Local artist works to open gallery for indigenous people

Dawson Davenport, a Meskwaki artist and UI art and graphic-design student, is in the process of opening an indigenous art gallery and event space in Iowa City.

BY KELSEY HARRELL
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From doing traditional Native American beadwork, sculpting, and poetry, having his own clothing brand, and much more, Meskwaki artist Dawson Davenport sees himself as a jack-of-all-trades. With the help of all his interests, Davenport is working to open an art gallery and event space specifically focusing on indigenous art.

cultures to come and learn about indigenous people, Davenport said.

There will be poetry readings and standup comedy events to attend, he said.

"I think it'll contribute to the community," Davenport said. "It'll teach Iowa, it'll teach Iowa City people that real history, which is important because of a lot of reasons, but just to kind of show that we're still here as native people, as indigenous folks."

'I think it'll contribute to the community. It'll teach Iowa, it'll teach Iowa City people that real history, which is important because of a lot of reasons, but just to kind of show that we're still here as native people, as indigenous folks.'

— Dawson Davenport, UI student

The gallery will give Native American people in the area a central place to show off their art and tell their stories, Davenport said. As not only an artist but an entrepreneur, he wanted to bring everything he's passionate about into one space, he said.

The focus of the gallery will be on the tribes that are native to Iowa and give them a voice in the community, Davenport said. The gallery will be a way to educate people about the history of the tribes native to the state.

The gallery will be a place for Native American students at the University of Iowa to come together and a place for people of other

Davenport is still finalizing a location for the gallery and is still raising funds for the space, but he hopes to open during the summer, he said. Over the summer, Davenport will host some small events. Indigenous People's Day is in October, and he hopes to hold large events to celebrate the month, he said.

The space will be a place for indigenous students to feel comfortable while also learning about different indigenous tribes and their own "indigeneity," said UI junior Adriana Peterson, the president of the Native



Hannah Kinson/The Daily Iowan

Artist and writer Dawson Davenport is seen on April 25. His art promotes diversity in the Native American communities and works to encourage younger artists to continue their artwork.

American Student Association, in an email to *The Daily Iowan*.

The gallery will be a place Native American students can be proud of and will be an opportunity to create a community of indigenous and nonindigenous people, she said.

"I think the gallery will create a sense of community

for those who want to be a part of it and for those who didn't know that this is what they needed to be a part of," Peterson said. "I am a big believer in journeys and purpose, so I believe that people will be given the opportunity to find theirs in the gallery."

The gallery will give native students a space on campus to gather and express them-

selves, UI graduate student Cinnamon Spear said.

"The impact that it will have for both the native community here is validation in a sense, and then for non-native students, I think it's important that we make cross-cultural communication a priority," Spear said.

It will be a space dedicated to native students that they

can call home and feel comfortable in as well as a place for non-native students to feel welcome to learn more about the culture, Spear said.

"I think in order for us to make a better world, a better community for young people, I think [the gallery] is one of the ways we can do it, by understanding other cultures," Davenport said.

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A keepsake edition to be published on Friday, May 10, 2019



The Daily Iowan

Graduation EDITION

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While at The University of Iowa, The Daily Iowan newspaper has been a part of every day, giving information and news to keep students up to date on what's going on in the world.

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EXAMPLES

*actual size



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Opinions

COLUMN

How to make the most out of your school year

Concluding the semester offers solace as I recount my growth in the last year, including my experience with UI Counseling Service and being involved in the campus community.



TAYLOR NEWBY
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With final projects wrapping up and the ever-present onset of exam week, it's easy to forget what the end of the school year means for me. I'm lugging suitcases out of storage, accounting for rented textbooks, and finalizing ICON assignment submissions.

But more than that, I'm preparing to bid a heart-filled farewell to the city that serves as the home to my university and my community.

It's a whirlwind feeling — watching the remaining days of this semester and this season in Iowa City dwindle. And I know that it can't be that solemn of a circumstance, because we'll arrive right back on this campus in a matter of months.

But still, the conclusion of this chapter offers a certain solace as I begin considering my growth this last year.

In August, I arrived back in Iowa City for my sophomore year. I anticipated a year filled with weighty course loads and countless lunch dates with friends during the gaps in our overbooked schedules.

Instead, what I encountered this school year was growth, courage, and hope in ways I could have never otherwise comprehended.

At the beginning of the fall semester, I was bogged down with a depression that felt more unbearable and big than it felt manageable and understood.



The Old Capitol is seen on Sept. 17, 2018.

And so, during syllabus week, as I checked out textbooks and unpacked boxes, I called the University of Iowa Counseling Service and asked for help. I received a response immediately.

'Meeting with a counselor each week offered me the freedom to sit and ask the hard questions in the middle of a wild, overwhelming season.'

Meeting with a counselor each week offered me the freedom to sit and ask the hard questions in the middle of a wild, overwhelming season. It allowed me a safe space to unload and talk through circumstances while being incomparably encouraged throughout it all.

Through those 30-minute meetings in my counselor's warmly lit room, I realized it's OK to ask for help when you're hurting. And even before that, it's OK to hurt.

It's OK to wake up one day and realize something about your mental health is a little bit off — and perhaps you want to do something about it.

Along with all of that, I realized there is freedom in

asking for help — and the UI works diligently to stand alongside its students in their need.

While I make the trek each week to Westlawn for the UI Counseling Service, I also sat with advisers and UI staff and faculty members — talking through future plans and current dreams.

Additionally, I actively served in a student ministry — working to play a part in one of the many student or-

ganizations on campus. The community of students that overwhelms organizations and offers a place for people to go with their passions and pursuits is unparalleled.

For me, I found my home in Salt Company, an organization in which more than 500 students gather together each week to share in the hope of something greater. Through being part of an organization, I have found an army of people chasing after the same thing.

And so, the most surprising thing out of this stressful season of planning had less to do with the fact that my life is quickly changing and more to do with the way staff, faculty, and my community out of Salt Company fought alongside me in my pursuit of what's next.

That is what Iowa City and the UI have exemplified time and time again: community.

THE DOCTOR IS IN

What is your gut trying to tell you?

The bacteria in the gut plays a larger role in your overall health than you might think.

There are trillions of bacteria that live in the intestinal tract, and for the most part, we just ignore them, letting them do their job by digesting food on a daily basis and absorbing the nutrients we put into our body. It's known that changes to this microbiota can be associated with inflammatory bowel disease and autoimmune diseases, but research is now showing that the gut microbiome seems to play a much larger role in people's mood and behavior than what scientists and experts had previously thought.

Several diseases and conditions such as autism, depression, anxiety, and hyperactivity have also been linked with variations in the gastro-

six weeks, the men and women in the study underwent workouts that ranged from 30 minutes of walking to an hour of jogging three times a week. The researchers found that there were increases in certain microbes that help reduce inflammation, bolster metabolism, and work to fight insulin resistance, a precursor to diabetes. The volunteers were then asked to completely stop exercising for an additional six weeks. Unsurprisingly, all those changes in the volunteers' microbiome went back to their baselines after they had stopped exercising for six weeks. This change in activity and composition from exercising could improve overall health.

'These little guys in the gut secrete a lot of chemicals such as dopamine, serotonin, and GABA, which are all substances that our brain uses to communicate and regulate mood.'

intestinal bacteria. These little guys in the gut secrete a lot of chemicals such as dopamine, serotonin, and GABA, which are all substances that our brain uses to communicate and regulate mood.

One study by researchers at the University College Cork in Ireland showed that mice who didn't have microbiomes became more anti-social, often staying away from other rodents. Scientists found that in those mice, certain connections are changed in the amygdala, an area in the brain that is important for social emotions.

So, knowing this, what can you do to make sure your microbiome is in tip-top shape? We know that exercise is beneficial for us in all sorts of ways from its cardiovascular benefits to helping to reduce stress levels, strengthening muscles, and shrinking waistlines — exercise can also change the composition of the microbiomes in the gut.

One study from researchers at the University of Illinois-Urbana/Champaign showed just this. Over the period of

Research has also shown that a Mediterranean diet, which is rich in seafood, whole grains, and leafy vegetables, can help encourage a diverse and healthy microbiome, and that could influence some of the neurotransmitters that help to regulate mood. Additionally, probiotics are often advertised for their many benefits, but there are certain drawbacks and side effects that can occur when using them, so you should consult with your doctor if it is appropriate.

It's important to keep in mind that research is still in early stages, and we know very little about the true relationship between our gut bacteria and our overall well-being. But when you choose the right foods and you put on those headphones and go for a run, you may be helping more than just your heart, you could also be helping those tiny organisms in your gut. Just some food for thought.

— **Pavane L. Gorrepati**
Second-year M.D. candidate
UI Carver College of Medicine

20 OUT OF 20

Can Gabbard make waves in Iowa, elsewhere?

A young female veteran of color seems like a promising candidate on paper, but the Hawaii congresswoman finds herself starting near the back of the primary field.



ELIJAH HELTON
elijah-helton@uiowa.edu

A 30-something from a marginalized community with a record in military and local government is running for president. And no, I'm not talking about Pete Buttigieg. Even though she has a compelling background and plenty of experience for her age, Rep. Tulsi Gabbard, D-Hawaii, has yet to receive a lot of attention for her campaign for the Democratic presidential nomination.

She faced criticism for meeting with Syrian President Bashar al-Assad and for her previous anti-LGBTQ

positions. She's been largely drowned out by more prominent candidates who occupy any lane in which she could conceivably run. However, it's still early in primary season, and with a line of candidates so long they could form a bridge from Los Angeles to Honolulu, I'm not ready to count the Hawaiian out.

So, what does Gabbard have to offer? Could she pick up some momentum, or is her candidacy dead in the water?

How could she win the nomination?

Gabbard's biggest selling point seems to be her commitment to her antiwar stances. She has seen the effects of American meddling in foreign conflicts as a major in the U.S. Army, and she's not happy with the results. This sentiment seems to have broad appeal across the political spectrum.

After all, President Trump included anti-intervention positions in his predominantly far-right platform.

As *Daily Iowan* Opinions Editor Marina Jaimes wrote in her article on Gabbard's visit to Iowa City, "[Gabbard], unlike politicians of the left and right, acknowledges the damage done on foreign soil in the name of freedom."

Also, unlike other young presidential candidates such as Buttigieg, she hasn't made her youth a main bullet point of her presidential pitch. In fact, it's hardly a footnote; Gabbard knows she won't win the nomination by mobilizing the youth vote with so many others dividing up the millennials and college activists. She's going for appeal that spans generations and lifestyles. Again from Jaimes' piece — when she spoke to an older attendee of Gabbard's event — "I'm from the '60s. We don't like war."

If she can manage to overcome her sticky past with Syria and anti-gay politics, it's conceivable that Gabbard could sneak her way up the polls. If Beto-mania could be replaced by Boot Edge Edge, then maybe someone who isn't a white man could have a turn as the trendy pick.

Realistically, this isn't very likely. I don't think she stands much of a chance, but crazier things have happened.

How could she beat Trump?

If she somehow manages to get on the top of the ticket, it's probably safe to say that her antiwar and big-tent attitude won over Democrats and the independents that voted for her in the primaries or caucuses. Gabbard has mostly avoided going on the offensive against Trump, but I can imagine her pivoting in the general election. I



Rep. Tulsi Gabbard, D-Hawaii, listens to a question during a meet-and-greet at Yotopia on April 16.

mean, what's the opposite of an old, white, Christian man who dodged the draft? I'm not sure, but a young, mixed, Hindu woman with multiple deployments comes pretty close.

The best-case scenario for Gabbard is for her calm, realistic approach to government to outshine Trump's loose-cannon leadership and tirades. Of

course, that's true for Democrats regardless of who their nominee happens to be. But that tactic might work better for Gabbard than it would for Sen. Bernie Sanders, I-Vt., who calls for radicalism albeit a type a world apart from Trump's.

She's definitely not the favorite, and Gabbard definitely has a lot of work to do if she wants her shot at the White House.

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UIHC provides medication assistance

The UIHC facilitates the only Medication Assistance Center in Iowa City. In the past year, the UIHC granted patients \$17.7 million worth of medication.

BY JULIA SHAHANAN
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Amid rising pharmaceutical prices nationwide, the University of Iowa Hospitals & Clinics facilitates the only Medication Assistance Center in Iowa City — the UIHC granted patients \$17.7 million worth of medication from July 2018 to March.

Wenda Ostrem, a pharmacist financial counselor at the UIHC Medication Assistance Center at the UIHC, wants more people in the Iowa City community to know that assistance programs exist. In the last year, the programs have saved patients more than \$27 million between cost-saving education and medication given.

“We don’t make the hospital money, we cost the hospital money,” Ostrem said. “But I think we make a good argument for cost avoidance. If patients can get the drugs they’re supposed to take, take them like they’re supposed to — hopefully, we are cutting down on ER visits, we’re cutting down on hospitalizations.”

The Medication Assistance Center only serves patients in UIHC network, but the staff hopes to partner with other assistance programs across the state, Ostrem said.

Patients can access a wide variety of medica-

tions, including expensive cancer drugs and insulin to treat diabetes. Patients typically fill out applications that identify the circumstances in which they cannot afford medication, and the center decides the best route to help the patients.

This could be in the form of a rebate, coupon, or co-pay card.

“I feel bad for the patients who are elderly or who have a lot of health concerns who just aren’t quite up to the task of doing [medical-assistance research] on their own, which is why we’re happy to step in and help,” Ostrem said.

When she started working at the UIHC 32 years ago, the only group of patients that typically needed financial help were those without insurance, she said. Now, insurance is more complicated, she said, and patients with high deductible plans are the primary group of patients the program assists.

Ostrem contacted the *DI* after the paper published an article about Jesse Lutgen who passed away after he could no longer afford insulin to treat his Type 1 diabetes.

The price of insulin rose nearly 200 percent from 2002 to 2013, according to the American Medical Association.

From 2008 to 2016, the cost of oral medications increased annually by 9.2



The UI Hospitals & Clinics is shown on Sept. 17, 2018.

Katie Goodale/The Daily Iowan

percent, and the cost of injectable drugs increased annually by 15.1 percent, according to a 2019 report from the *Journal of Health Affairs*.

Ostrem said her program works closely with pharmaceutical manufacturers, and that programs such as the one at UIHC fosters a more positive image of manufacturers — one reason the manufacturers cooperate.

Other statewide medication-assistance programs exist in Iowa, including the Iowa Prescription Assistance Program.

Sen. Chuck Grassley, R-Iowa, the chairman of the Senate Finance Committee, held committee hearings in February with seven pharmaceutical manufacturers to address rising prices.

Grassley said in a statement that he is aware of

some patients having to ration doses of medication because they cannot afford to buy the amount they need.

“I’m not a doctor, but rationing one’s medicine doesn’t sound like a safe prescription for health and wellness,” Grassley said in the statement. “Others have told me about leaving their prescription on the pharmacy counter because it cost too much.”

Ostrem said it’s frustrating that pharmaceutical manufacturers set their prices so high.

“My suggestion would be, ‘Why don’t you just lower the price of your insulin and then we don’t have this program, and then, you know, we’ve taken the middleman out,’” she said. “But we’ve learned to work within the constraints of the way this system goes.”

Center breaks stigma on rural mental illness

May is Mental Health Awareness Month, and the Great Plains Center for Agricultural Health is doing its part to raise awareness for mental illness in the agricultural community and break the stigma on acknowledging a need for help.

BY ANNIE FITZPATRICK
anne-fitzpatrick@uiowa.edu

May is Mental Health Awareness Month, and the work one center is doing will try to start a discussion about mental health and agricultural workers.

The Great Plains Center for Agricultural Health has joined the effort to break the stigma around mental illness among agricultural groups. The organization has created a website, social-media pages, and hashtags to encourage individuals to seek help and learn more about mental illness.

Farmers’ suicide rates are double the rate of the general population, said Jenna Gibbs, the Great Plains coordinator, and individuals living in rural communities have a difficult time seeking help.

“We’re looking more

to promote awareness to overcome stigma so that when people get stressed out, they’re not afraid to talk about it,” Gibbs said. “And we hope ... that our viewers will be more likely to seek help early in the game.”

She was responsible for making resources available to members of the agricultural community in hopes that it would encourage individuals to seek help. When developing online materials and resources, she said, she looked at mental-health resources nationwide and found the ways they specifically target farmers to compile the materials in one location.

In an email to *The Daily Iowan*, Great Plains Director Renée Anthony said that over the past year, her role has been to reach out to mental-health experts and advocates in order to

build relationships and connections in support of the agricultural community.

“Our main goal is to try to bring light to on-farm stresses that farmers may

The center has focused its efforts on improving physical health among agricultural workers, but it is now starting to focus on the importance of mental health, Gibbs said.

very important issues, but we have learned that mental health is also important,” she said.

The online materials were created with the goal of reaching large organizations with a social-media presence and then “trickle down” the messages into agricultural communities, Gibbs said.

Communications coordinator Jennifer Patterson said that because she has family members who farm, the project was particularly important and personal for her.

Her main role was to create the website and social-media pages for the organization and gather resources for mental health. She hoped that having a large presence on social media will bring to light the issues of mental health all year, not only in May, she said.

“There’s really, as I understand it, a lack of resources and support for farm workers and their families, and that’s led to economic difficulties and higher rates of suicide in rural clinic and agricultural communities,” Patterson said. “... We wanted to do something to try to give people resources to turn to.”

Gibbs said the goal of the social-media pages and online resources is to create a community for agricultural workers experiencing mental illness to share their experiences and seek help.

“I hope to see people talking to one another and sharing stories about their own struggles,” she said. “... and I really hope that this campaign allows people feel like they have space to open up and talk about these things.”

‘I hope to see people talking to one another and sharing their own struggles.’

— Jenna Gibbs, Great Plains Center coordinator

face, to let everyone know that many face similar financial and personal hardships, to let everyone know they are not alone,” Anthony said.

“In the past, our organization has done a lot of studies on agricultural safety, and chemical exposures, and musculoskeletal disorders, which are all

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Iowa's Grant Judkins pitches against Cal-Irvine at Banks Field on Sunday.

Michael Guhin/The Daily Iowan

BASEBALL
CONTINUED FROM 8

Sunday's loss was a stark contrast to the two previous matchups — both Hawkeye wins, and both contests that featured stellar efforts from the mound.

On May 3, Cole McDonald lasted seven innings, allowing just 2 runs (1 earned) and 5 hits while striking out 5. Trace Hoffman came in to relieve the Friday-night starter, and he gave up just 1 run in the final two innings of the 6-3 win.

On May 4, the Hawkeye

arms threw a shutout in the best pitching performance of the season.

Saturday starter Cam Baumann tossed 5 innings, allowing just 5 hits. Then, Foster and Grant Leonard filled in, and no Anteater could muster a hit against the pair.

Regardless of Sunday's outcome, the two wins over top-25 Cal-Irvine is a major step in the right direction. This past weekend marked the sixth-straight series win for the Hawkeyes, who have taken down three top-30 teams in that span and remain four games above .500 in conference play.

"Obviously, you want to capitalize on those sweeps

because you don't get those opportunities very often, but at this point, I think Coach Heller has done a great job of letting us know, 'Hey, we're still winning series,'" Iowa's Chris Whelan said.

The Hawkeyes will have some time before their next contest. With no midweek game this week, Iowa will wait until Friday to take on Michigan State in a three-game series starting at 6:05 p.m. at Banks Field.

"It wasn't very good [Sunday], and everyone knows that — we don't need to belabor it," Heller said. "Wipe it away, and have a good week of finals, and then get ready to go for Michigan State."

COLUMN
CONTINUED FROM 8

After all, Iowa already did wonders for its postseason hopes by securing its sixth-straight series victory on May 4 after taking Game 2 against the Anteaters, 1-0.

It was the kind of gritty game the Hawkeyes are made for. It played out to be as grind-it-out as a college baseball game can get.

All three Anteater starters entered the series with ERAs under 2.63. Cal-Irvine owned the 26th-best team ERA mark in the country, sitting at 3.55.

Yet, the Hawkeyes clawed their way into the lead with a Tanner Wetrich RBI single in the fifth and fought to hold on to the shutout the rest of the way.

It's the same fight Iowa showed after it got swept by Indiana to open Big Ten play. The series marked the first time the Hawkeyes started

Big Ten play 0-3 since 2008. But the Hawkeyes bounced back to win six-straight weekend series, and they now own four series wins over top-30 teams.

Although Sunday's loss to Cal-Irvine hurt, there's a bigger picture, and that's what Iowa focused on.

"It's like losing the second game of a doubleheader after winning the first; you kind of feel like you lost both," outfielder Chris Whelan said. "I think the biggest thing is to not forget what we did here and what we've done the last six weeks, and that's rally off big series wins."

Just like in each of the past six series, Iowa will be ready.

Michigan State and Maryland may not look like much on paper, but this is the point of the season where NCAA Tournament berths are made and broken and bubbles are burst.

The Hawkeyes were in the same situation last season and unraveled. After they likely reach their sixth 30-win

season in a row, they don't want to break their hearts again.

"Nothing's going to happen," infielder Brendan Sher said. "We got our foot on the gas pedal, and we're not letting up. No letdowns anymore. We're going to hammer these last couple weekends out, and we're going to show them what we're made of."

Iowa has done enough to earn a bid. But the Spartans and Terrapins stand in the way as obstacles.

The two teams have posted a combined 13 Big Ten wins on the season, and Iowa has 11 on its own. The Hawkeyes will suffer the consequences if they fall short.

Now, Iowa turns its focus to the bigger picture of what it has done the last six weeks and what is to come.

"There is no shot at a regional if you don't play well," Heller said. "I'm just being realistic with it. We have to play really well against anybody to have a chance to win."

WRESTLING
CONTINUED FROM 8

ican here, how close were they? I mean, they were so close, and it's heartbreaking. I feel for them; it sucks," Marinelli said. "We're only going to get better, and that's what's scary to these other guys. We've got returning guys and we're going to be really good."

Before the performance at the NCAAs, the squad won all of its Big Ten duals in the regular season and finished the year with a dual record of 14-1, losing only to Oklahoma State in the regular-season finale.

Marinelli recorded a perfect dual-meet season, going 15-0 with 8 pins. Last season, the 165-pounder also had an undefeated Big Ten record, so the sophomore is now 17-0 all-time in Big Ten duals. He went on to win a Big Ten Championships with a 9-3 upset over Penn

State's Joseph Vincenzo.

"It means everything," Marinelli said after his Big Ten Championship win. "Coming away with a Big Ten title, it's huge from last year losing the first match. It's terrible, and you don't want to feel that way ever again."

Iowa finished third at the Big Ten Championships.

The Hawkeyes won the Midlands Championships and crowned two champions at the tournament: Marinelli and DeSanto. DeSanto won 15-5 after watching Lee fall short of the title to Northwestern's Sebastian Rivera.

"[Lee's match] fueled me a little bit," DeSanto said. "It fueled me because I don't want that to happen. I don't want that to happen to me. I don't want that to happen to [Lee]. I don't want that to happen to anyone on my team."

Because of all of these accomplishments, *The Daily Iowan* voted the Iowa wrestling team the men's team of the year.

However, these feats weren't enough for the Hawkeyes.

They still want more, and it's completely feasible for Iowa, which will have seven returning All-Americans in the lineup next season.

Iowa's last returning All-American is Michael Kemmerer, who was forced to sit out the 2018-19 season after undergoing surgery.

"Whether or not you have this coming back or that coming back, we have to get better," Iowa head coach Tom Brands said. "And yeah, we have some good fire power coming back, but we have to get better."

So, this fourth-ranked team went back to the drawing board to get ready for next season after NCAAs.

"We have to start right now, phase one," Brands said after NCAAs. "These guys who are here have got to have a break, and those young guys are getting ready for the international season. After a couple weeks, these guys will start getting into the strength and developmental phase."

and so much more."

The other senior for the Hawkeye is third baseman Mallory Kilian.

She has been dynamite at defending the hot corner for the Hawkeyes during her four years at Iowa with a .961 fielding percentage.

"Mallory has always been that solid rock for us," Gillispie said. "Never getting too high or low. She's kind of bringing up the energy when we need it and is able to calm the team down when they get too high. She's solid rock for us at third base, and we always knew she could get it done at the plate."

She certainly got it done at the plate. Kilian has a .244 ca-

reer batting average, but her best year was last season, when she hit .290.

"As I'm reaching the end [of my career], I'm coming to realize that I couldn't be more content," Kilian said. "I am proud of what I was able to accomplish, and more importantly, experience beside many seasons' worth of teammates who were all impactful in their own ways."

While it's a small group, it was an important core for Gillispie's first year at the helm for the Hawkeyes.

"It's going to be hard losing them," she said. "I wish I had four years with them, but it was great to be able to have them this year."

The Daily Break



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The New York Times
Crossword

Edited by Will Shortz

No. 0401

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|---|---|
| Across | Down |
| 1 Part of a jacket where a hands-free mic is attached | 1 Apartment in an old warehouse district, say |
| 6 Powder for a gymnast | 2 Not much |
| 10 Part of a constellation | 3 Breathe like a tired runner |
| 14 Michelle with the 2018 hit memoir "Becoming" | 4 Give off |
| 15 Gymnast Korbut | 5 Band's closing number |
| 16 Columbus's home | 6 Drum with a repetitive name |
| 17 The end | 7 Tons and tons |
| 18 Unruly crowds | 8 Rainbow symbol of pride |
| 19 Nevada casino city | 9 Chess move involving the king and rook |
| 20 Tea set? | 10 Out of ___ (discombobulated) |
| 23 ___ Paulo, Brazil | 11 "Here's what you have to realize ..." |
| 24 Five cards of the same suit, in poker | 12 Slangy negative contraction |
| 25 Tune you just can't get out of your head | 13 Tree anchor |
| 29 On fire | 21 What cigarette filters are supposed to block |
| 30 Suffragist ___ B. Wells | 22 Egyptian boy king |
| 33 Rice or wheat | 25 Certain frozen waffles |
| 34 Slowly swivel sideways, as a camera | 26 Squabble |
| 35 Unknown author, for short | 27 1980 Scorsese/De Niro classic |
| 36 G-string? | 28 What many of the founding fathers wore |
| 40 French assents | 31 Old Venetian rulers |
| 41 Bit of financial planning for old age, in brief | 32 An obtuse one is more than 90° |
| 42 "The Little Mermaid" princess | 34 Links org. |
| 43 Cory Booker or Cory Gardner: Abbr. | 35 Home of the Taj Mahal |
| 44 Spanish article | 37 Supreme Court justice nicknamed "The Notorious R.B.G." |
| 45 All together, as a crowd | 38 Shade similar to slate |
| 47 Like many people after eating beans | 39 N.B.A. souvenir |
| 49 Main squeeze, modernly | 44 Thumb drive port, for short |
| 50 Beeline? | 45 ___ Field, onetime home of the Brooklyn Dodgers |
| 57 Earsplitting | 46 Catch red-handed |
| 58 Peter Fonda title role of 1997 | 48 Paula who once judged on "American Idol" |
| 59 "... and sometimes y" preceder | 50 When tripled, "and so on and so forth" |
| 60 Org. fighting for immigrants' rights | 51 ___ Raton, Fla. |
| 61 Lack of practice, metaphorically | 52 Common email sign-off word |
| 62 Touches down on the tarmac | 53 Lover |
| 63 Corridor | 54 Microsoft search engine |
| 64 Receives | 55 Be an omen of |
| 65 Olympic sleds | 56 Kiss |

PUZZLE SOLUTIONS ON PAGE 3

• • • • WHAT'S HAPPENING TODAY • • • •

- **Finals@IMU, Flippin' into Finals Pancake Breakfast**, 6:30-10:30 a.m., Main Lounge
- **Finals@IMU, Free Popcorn**, First Floor
- **Popcorn in the Learning Commons**, 1:30-3 p.m., Main Library
- **Finals@IMU, Healthy Snacks**, 2 p.m., Throughout
- **Finals@IMU, Therapy Dogs**, 6:30-8 p.m., North & South Rooms
- **Finals@IMU, Free Pizza**, 7 p.m., First Floor
- **Finals@IMU, Massage**, 8 p.m.-Midnight, Hubbard Commons
- **Finals@IMU, Yoga**, 9-10 p.m., South Room

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MONDAY'S SCHEDULE

- DITV Crossover** 8:45-9am
- Debatebabble** 2-3pm
- The Ozone** 3-4pm
- News** 4-4:30pm
- Science for Sixty** 5-6pm
- It's a Date!** 8-9pm
- Soul Sample** 11pm-12am

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BECOME A BIOTEST PLASMA SUPERHERO!

Softball snags spot in conference tournament

Ohio State spoiled Iowa softball's Senior Day on Sunday, taking down the Hawkeyes, 5-0, at Pearl Field.

BY PETE MILLS
peter-mills@uiowa.edu

A beautiful weekend at Pearl Field helped Iowa softball clinch a berth in the upcoming Big Ten Tournament and honor graduating seniors at the same time.

The Hawkeyes desperately needed things to go right to keep from being left out of the top 12 in the conference. The team grabbed a win in the first game of the weekend series against Ohio State, 1-0, and a Maryland loss lifted it into the postseason.

Since all of this figured itself out before Sunday's rubber match against the Buckeyes, it made for a stress-free Senior Day. That may have hurt the Hawkeyes' production at the plate, because Sunday's game proved to be a slow day at the office for Iowa bats.

"We came out on [May 3] and did what we needed to do, locking that in for us to be able to get into that Big Ten Tournament," head coach Renee Gillispie said. "We would've liked to have this game for the seniors, that was kind of the goal, [to come] out hard and play for them. We had opportunities [with a] bases-loaded situation, but I'm proud of them."

Senior Erin Riding took the

circle in her final game on the home diamond, and it was a struggle from the get-go. The Buckeyes didn't get anything going in the first inning, but hard-hit fly balls predicted a rough game for the right-hander Riding.

After she gave up 2 runs on 3 hits in the second, freshman Sarah Lehman relieved her.

Lehman pitched two scoreless innings following the change, but the Buckeyes manufactured two runs in the top of the fifth to take a 4-0 lead heading into the stretch.

The rest of the matchup was a story that has been told for much of the season. Iowa managed to get two runners in scoring position with no outs and even loaded the bases following a walk by Liz DeShields. But an inability to hit in the clutch rendered it futile. Lehman entered the game and slowed things down from the circle for the team, but the offense was unable to respond.

But grabbing that berth in the conference tournament transcended these small in-game goals. Instead, getting the seniors extra time in their uniforms was a great focus of the last week.

"I'm really glad we got that first game," Lehman said. "It was a really big one, and we needed it. We came out fo-



Ohio State's Lilli Piper slides safely home against Iowa at Pearl Field on Sunday.

Shivansh Ahuja/The Daily Iowan

cused again [on Sunday] and really wanted it, but we came up a bit short."

At the forefront has been senior Mallory Kilian. The consistent batter has compiled 99 hits and 54 RBIs

during her career. But an injury in the team's game against Northern Iowa on April 30 limited her availability, so the team was focused on getting her more playing time to end her career.

"Mal is just that solid rock," Gillispie said. "Never too up, never too down. If we're getting too low or not getting enough energy, she's bringing us up, and if we're too high, she's keeping us level ...

[She] twisted her ankle about a week ago at Northern Iowa. It was tough in this game because we wanted to be able to get her at least an at-bat, so we've got to get her healthy and ready for this weekend."

Classifieds

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