

After Bryce became sick



ABOVE: The Draisley family stands for a portrait on Tuesday, March 5, 2019. (Nick Rohlman/The Daily Iowan)

TOP RIGHT: Bryce Draisley plays a computer game in his hospital room. Computers offered a different form of entertainment from movies or crafts. (Courtesy of the Draisley family) **BOTTOM RIGHT:** Bryce and Brooklyn Draisley sit with Jen, one of Bryce's nurses, on the eighth floor of the hospital. The hospital had a special movie room for patients, and the Draisley family often went there to get out of the room. (Courtesy of the Draisley family)

BY BROOKLYN DRAISEY
brooklyn-draisley@uiowa.edu

Even before my brother's heart started to fail, I defined myself by him. I was more obedient than him, did better in school than him, and could do more on my own than him. I wasn't as good at video games, making people laugh, or being genuine.

After he got sick, everyone else began to do the same thing.

Being the sibling of a child with an acute illness turns you into a new person. I probably had an advantage since I had always taken care of Bryce, even if I was two years younger, but I still had to relearn how to act around him and others. I had to learn how to be gentle, how to step aside, how to deal with the fact that everyone would always ask how he was doing before they asked about me — not an easy feat for a 9-year-old, but the staff at



A DI staffer's life changed in a fundamental way when she became the sibling of a terminally ill child. This is the story of how the University of Iowa Children's Hospital's Child Life program helped her family get through hard times.

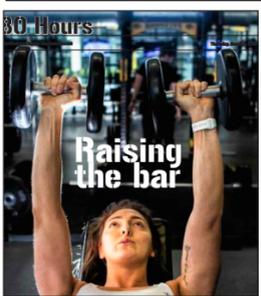
Child Life at the University of Iowa Children's Hospital helped me get through, along with siblings all over the U.S.

On the morning of Feb. 19, 2008, my brother and I went to Willowbrook Elementary School unaware of what the day would bring. While I was in class, Bryce went to the nurse's office because he couldn't stay awake. He had been dealing with a virus for a while, and it had made him tired. This time, though, after he went to sleep, his fingers and lips turned blue. Our parents brought him to the emergency room in Des Moines, where they transferred him to the UI Children's Hospital, an hour and a half away from our home in Altoona.

I wasn't able to see Bryce for a few days after he went to the hospital, so I stayed with my grandmother. All I knew at the time was my brother was

SEE **BRYCE**, 2A

INSIDE



Gender roles influence UI gym culture

The culture around building a strong body is largely male-dominated, but there's a strong female standing in the UI weightlifting community.

80 HOURS, 1B

Hawkeye men set to take on Badgers

Iowa men's basketball takes on Wisconsin in Madison tonight. The Hawkeyes look to avenge an early-season loss to the Badgers and jump out of a two-game losing streak.

SPORTS, 6A



Tune in for LIVE updates
Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at dailyiowan.com.



City officials respond to aftermath of \$1 million fire

The fire at a construction site near Clinton and Burlington Streets on Tuesday was caused by a heater, officials said.



Ryan Adams/The Daily Iowan

Construction workers on Wednesday remove debris in the aftermath of a fire on Tuesday. The construction site is near the intersection of Clinton and Burlington Streets.

BY BROOKLYN DRAISEY AND CALEB McCULLOUGH
daily-iowan@uiowa.edu

The Iowa City Fire Department has determined the fire at Hieronymus Square was caused by a heater coming in contact with combustible adhesives.

The investigation into the fire, which began Tuesday afternoon near Clinton and

Burlington Streets, included a physical investigation and interviews. Fire Marshal Brian Greer said the cause of the fire was determined in interviews with construction workers at the scene.

According to an email from the city of Iowa City, there was a room on the third floor of the north side of the building that housed

SEE **FIRE**, 2A

Barker to serve as new regent

Gov. Kim Reynolds recently named an appointment to the state Board of Regents.

BY MARISSA PAYNE AND ANDY MITCHELL
daily-iowan@uiowa.edu

An Iowa Republican Party official will be the newest member of the state Board of Regents later this spring, maintaining the majority-Republican political balance of the nine-member governing board of Iowa's public universities and special schools.

Gov. Kim Reynolds announced new appointments to state governing boards, including regents, on March 1. David Barker, 57, of Iowa City, will replace Regent Larry McKibben, whose term expires April 30.



Reynolds

If confirmed by the Iowa Senate, Barker, along with current Regents Milt Dakovich, a registered Republican, and Jim Lindenmayer, who has no party affiliation, will serve six-year terms as regents.

The appointment keeps the regents' political balance at five Republicans, one Democrat, and three with no party affiliations. It also maintains the gender balance of five women and four men.

SEE **REGENT**, 2A



Courtesy of the Draisey family

Bryce and Brooklyn Draisey play video games on a PlayStation 2. Bryce often played video games at home, so it was one of his favorite pastimes while he was in the hospital.

BRYCE

CONTINUED FROM FRONT

very sick, he wouldn't be leaving the hospital anytime soon, and my parents had to be with him. We spoke on the phone when we could, but obviously, it was a crazy time, so I didn't know everything that was going on.

My clearest memory from those few days was trying to hold it together with my grandmother, before finally asking her, "Is everything going to be OK?" and crying. Everything was uncertain, and I didn't really know how to handle it.

Before I got to see my brother, I was given a packet full of information about the Children's Hospital and what Bryce was going through. It had pictures of the hospital rooms and descriptions of what Bryce might look like. Child Life makes packets like these to prepare siblings for what they were going to see and what was going to happen.

While the whole experience was kind of scary, getting to see the floor and his room number beforehand was a huge relief. I basically had no idea what I was walking into and having information such as when I need to wash my hands and why Bryce would be hooked up to so many machines went a long way in helping me not to freak out. I loved learning, so the packet gave me something to focus on other than the fact that Bryce was really sick.

Child Life is a program embedded in many children's hospitals to help kids and their families cope with illness and being in the hospital. They create distraction through different activities and work with all members of the family to make sure the transition is as smooth as possible.

Bryce didn't leave the hospital for five and a half months, until he got his heart on July 16, 2008. What followed was a year and a half of the best of times, and the worst of times. He got to come home a few weeks after the transplant and lived like a normal kid. We even got to go on a Disney Cruise for free through the Make-A-Wish Foundation.

Four months later, Bryce's body began to reject his new heart, and in March 2009, he went back on the transplant list. He had to go back to the hospi-



Courtesy of the Draisey family

The Draisey family poses for a photo with Goofy on their Disney Cruise. The cruise, Bryce Draisey's Make-A-Wish trip, was filled with Disney characters of all kinds.

tal for a while, but eventually he got well enough to come home. He had a nurse with him and was home schooled more often than not, but he was home.

I remember feeling happiness in the back of my mind all the time, no matter what was happening. We bickered and fought about stupid things, and I was jealous that he didn't have to get up early and go to school, but he was around, and that's all I cared about.

In April 2010, his heart got worse again, so he had to go back in the hospital. After Bryce's last surgery to get put back on the LVAD, he suffered a stroke too damaging to recover from. Bryce died on May

of the week, then came home to Altoona with my dad and me after our Wednesday visit. A lot of the time grandparents were around to stay with Bryce when we couldn't.

Many people picture hospitals as how they look on TV — cold, with white walls and a bleak atmosphere. That is the exact opposite of how I saw, and still see it. The Pediatric Intensive Care Unit on the seventh floor was my playground, and everyone there was my friend. I can still remember the carpet underneath my bare feet as I ran down the hallways, my brother ticking along behind me. The machine that kept him alive, his LVAD, made a clicking

tion 2, and I was still the dumb younger sister who was always whining about something.

"When you would come, Bryce would be better," he tells me today.

We would take toys from the cabinets behind the nurses' station, "borrow" craft supplies that we never gave back, and even steal gloves and saline syringes if we were in a mischievous mood, which Bryce was almost always in. Gloves were turned into balloons, and saline solution was sprayed on unsuspecting doctors and nurses.

One of my dad's favorite memories from the hospital is the music videos Bryce and I made with action figures. It was just us joking around with nothing weighing on our minds, and we didn't even know he was recording.

To keep us from descending into too much chaos, Child Life was there.

"We help to keep the environment as normal as we can for patients and their families," UI Child Life specialist Racheal Niensteadt said. She and Robin Ostedgaard, another Child Life specialist, worked with Bryce and me while he was in the hospital and after.

For us, that meant crafts, games, and the occasional prank. Bryce also used music as a way of expressing himself and worked with the music therapist to learn guitar and record songs. A large portion of Child Life is dedicated to the patients themselves, but there is also programming dedicated specifically to siblings.

Child Life gave me the space to be a kid, not having to worry about anything for a while. Going to late-night bingo and afternoon play dates got me out of the room and out of my own head.

"Always in the back of our minds we're thinking, 'We can't forget about that brother or sister at home,'" Niensteadt said.

My favorite thing about Child Life was Sibling Support Group. Once a month on Saturday morning, I would head down to a tucked-away corner of the first floor of the hospital, which housed a game room and a gym. For a few hours, siblings of sick kids played sports, instruments, and video games and learned about procedures that patients might have to go through. One day we learned about biopsies, another day we got to put IVs in dolls. Getting to operate on toys was always my favorite.



Courtesy of the Draisey family

Bryce Draisey poses for a photograph in his hospital room in the Pediatric Intensive Care Unit.

The Daily Iowan

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BREAKING NEWS

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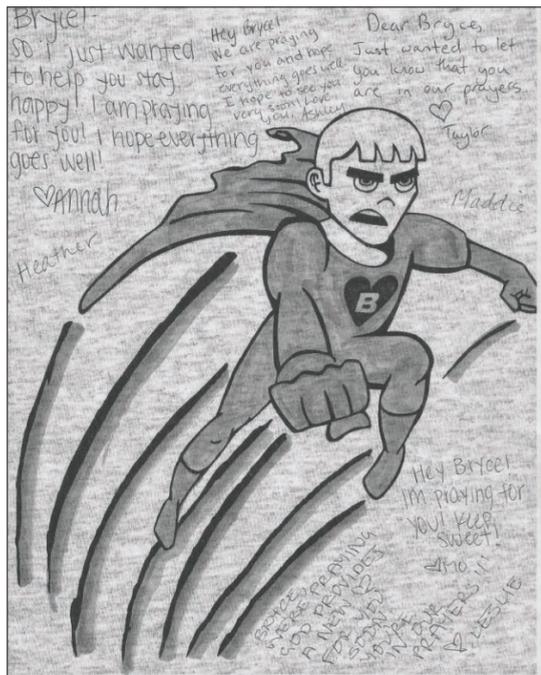
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Courtesy of the Draisey family

A card given to Bryce Draisey by classmates. This was one of many cards; they were continually delivered to him by friends and family.

The Child Life specialists and volunteers also led us through exercises on identifying and dealing with emotions. I remember one day where each of us got a sketchbook, and we drew our emotions while listening to specific songs. I mostly used colors to express what I was feeling, then just drew random doodles in those colors. Mint green for calm, blue for sad, orange for happy. Then we would talk about what we were feeling, which helped us work through them.

"It let you hang out with kids who were there for the same reason as you. Although their siblings weren't there for the same reasons he was, necessarily, you knew that you weren't alone," my mom, Michelle Draisey, said to me recently.

Sibling Support Groups now are only held three times in the spring and three in the fall, Niensteadt said, and they've been moved to Thursday evenings to allow more kids with busy schedules to come.

Ostedgaard said sibling programming has grown over the years, especially with the construction of the UI Stead Family Children's Hospital. In the old PICU, toys and games were either stored in the Family Lounge or behind nurses' stations. Now, they have a playroom specifically for siblings in the NICU and a playroom in the new PICU.

Child Life has also added more events, including a camp for siblings at the Children's Hospital. The camp, put on by UI students through a class, is an opportunity to bring the kids together as a community and have some fun.

"I think there's more awareness ... nationwide about how much support siblings really need," she said.

If Child Life hadn't been around when Bryce was sick, I'm sure we would have all gone insane, me most of all. When- ever I was feeling sad, or anx- ious, or even jealous that my

brother was getting all the at- tention, Racheal, Robin, or one of the many wonderful special- ists would be there to get me off the floor and make me feel like everything would be OK.

After Bryce died, I received a bag with different materials to help me understand why he was gone and cope with what I was feeling. It was filled with reading on how to deal with the death of a loved one and explain- ing why they're gone, a couple of charms with cards explaining their meanings of strength and resilience, and some toys.

I didn't read the books or play with the stress toys; I couldn't really bring myself to. I didn't need a book to explain what happened or how I should deal with it. I had no illusions of what happened; my parents did an amazing job of explaining ev- erything to me, and it's not like it was sudden. I knew I would deal with it the same way I dealt with everything else — by working everything out in my head and being there for my friends and family, who were dealing with just as much as me.

Besides, nothing on paper would ever give me more than what everyone in Child Life and the hospital gave me. Just the fact that these people thought of me enough to try to help, through all of it, that's what I'll always remember. I realized that as they continued to be there for us through Bryce's death, and after, and even now. My family goes back to the hospi- tal to visit occasionally — not as much now with the staff we knew being in different parts of the new hospital — but when we see them, we all care just as much about each other now as we did a decade ago.

"It was such a communi- ty ... everyone played a role in making us feel at home there, because that was ... our home away from home," Michelle said. "It wasn't so bad. It was bad, but it was very tolerable because of all of them."

FIRE
CONTINUED FROM FRONT

a temporary tent structure to warm combustible subfloor adhesives, along with a propane-fueled radiant heater. Liquid propane was stored outside the tent. The heater and combustibles came into contact, which started the fire. The propane tank began to vent as flames grew and eventually exploded. Strong winds carried the flames throughout the structure quickly.

"One of the workers from Hodge Construction was actually up on the third floor in the hallway ... and he smelled something [and] noticed that the tent was starting on fire," Greer said.

He said some of the workers in the area attempted to put out the flames with fire extinguishers, but the fire grew too large to control. Officials estimate initial losses at \$1 million. The investigation is pending any additional information.

"The only thing that's really uncertain would be the loss estimate," he said. "There are still a lot of questions to be answered."

Greer said there are uncertainties around whether certain parts of the building

will need to be replaced, such as the third-floor flooring and the concrete in the elevator shaft around the damaged area.

The estimate is likely to change as those uncertainties are solved, he said.

"As things progress, we'll get a more true number from either Hodge or [an insurance company]," Greer said.

Hodge declined to comment at this time.

The planned facility, with a roughly \$40 million price tag, will be seven stories high, with two towers connected by a two-story portion on the bottom, Assistant

how the fire will affect the construction timeline. The project was slated to be completed around August.

Andrew said the city is doing everything possible to support the next steps.

"Going forward, they're going to have to assess their situation and what the state of the building is," he said.

The 100 block of East Burlington Street will likely be closed through Saturday, and that will have an impact on traffic through downtown, according to an email from the city. Burlington Street will be closed between Dubuque and Clinton Streets.

"The damaged construction project is currently being torn down, and the immediate site being cleared," according to the email. "Reopening

the block is dependent upon upcoming weather conditions."

Traffic will be detoured onto Dubuque, Court, and Clinton Streets while the block is closed. All other streets downtown will remain open.

Burlington Street's partial closure is expected to affect traffic throughout the area. City officials ask that people use caution when commuting.

Alexandra Skores contributed reporting.

'Going forward they're going to have to assess their situation and what the state of the building is.'

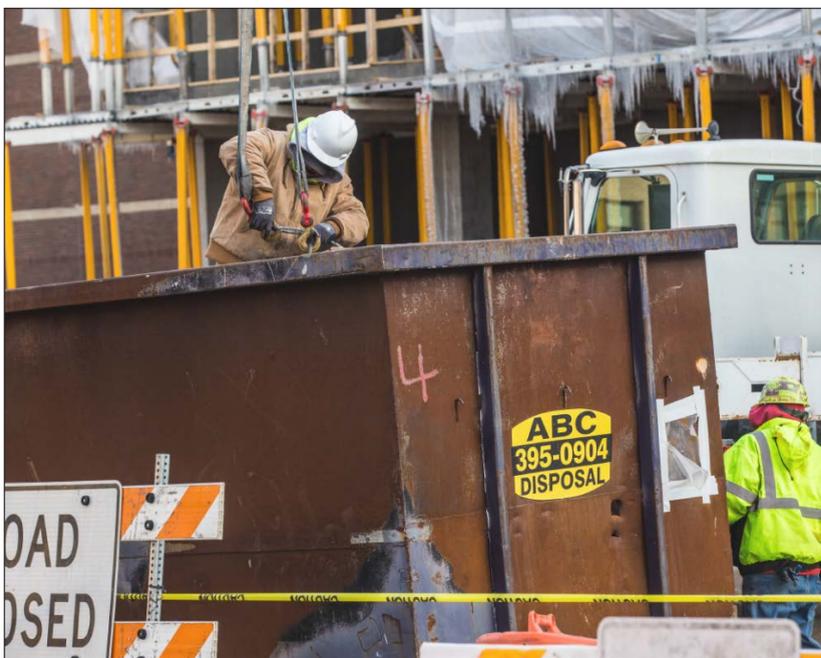
—Simon Andrew, assistant to city manager

to the City Manager Simon Andrew said.

One section is planned to be an extended-stay hotel, he said. The other portion is planned to have a retail section on the lower stories with apartments above.

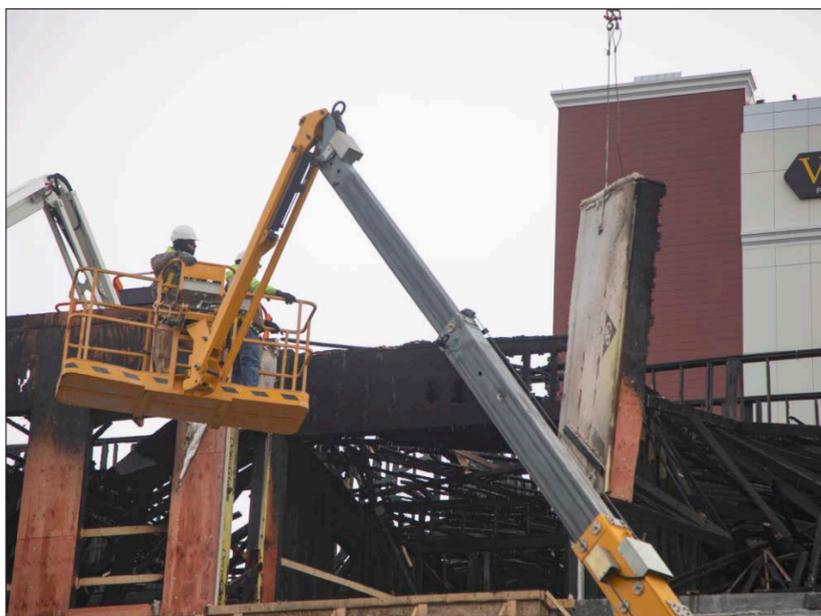
The construction team is working on removing the damaged portions of the building and assessing the damage, Andrew said. The cleanup should be completed today.

It is unknown at this time



Shivansh Ahuja/The Daily Iowan

Construction workers clean up damaged materials at the intersection of Clinton and Burlington on Wednesday.



Ryan Adams/The Daily Iowan

Construction workers on Wednesday remove debris after Tuesday's fire. The fire occurred at the intersection of Clinton and Burlington.

REGENT
CONTINUED FROM FRONT

Iowa Code requires the state's governing boards, including the regents, have a political and gender balance, so the regents cannot have more than five members of one gender or political affiliation.

Campaign-disclosure reports show Barker has provided \$30,500 in contributions and \$32,883.21 in in-kind contributions to Reynolds' political-campaign committee since December 2016.

In addition to being an Iowa Republican Party official, Barker is a former economist for the Federal Reserve and a partner in Barker Apartments, owning a number of

apartments in the Iowa City and Coralville area including Emerald Court, Westgate Villa, and Parkside Manor. He also serves on the board of directors for the Center of American Entrepreneurship.

At the University of Iowa, Barker taught real estate and corporate finance as an adjunct professor. His research has appeared in media outlets including the *New York Times*, *The Economist*, and *Time*.

The Iowa City native graduated from Iowa City West. He earned a B.A. from the University of California-Berkeley, as well as a master's and Ph.D. in economics from the University of Chicago.

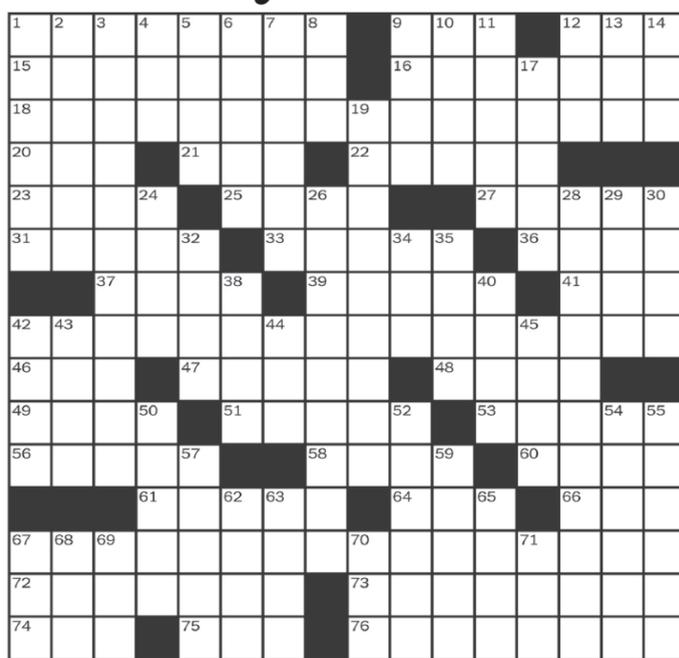
Only one regents' meeting on April 18-19 remains for McKibben. During his term, the regents hired presidents for each of the three regent universities — UI President

Bruce Harrel in 2015, University of Northern Iowa President Mark Nook in 2016, and Iowa State University President Wendy Wintersteen in 2017.

McKibben was one of five regents involved in the 2015 private meetings with Harrel during the UI presidential search. The move prompted two lawsuits — one against the regents and another against the UI presidential search committee, alleging violations of Iowa open-meetings law.

In the former case, a judge in January upheld a 2017 ruling that the meetings were held in compliance with state law, because a majority of regents never met with Harrel simultaneously. The UI settled the latter case without admitting wrongdoing.

The Daily Break



The New York Times
Crossword

Edited by Will Shortz No. 0131

Across

- 1 Intelligible
- 9 Ticker test, for short
- 12 Leaves after dinner?
- 15 Formal defense
- 16 Homing (in on)
- 18 68-Down
- 20 Tropical black bird
- 21 Number between cinque and sette
- 22 Economic crisis
- 23 Exploit
- 25 Sporty auto feature
- 27 Commercial lead-in to film
- 31 Let in or let on
- 33 Novelty singer/songwriter ___ Sherman
- 36 Symbol in the logo of the Democratic Socialists of America
- 37 Starting
- 39 Pile for a record company exec
- 41 Cancel
- 42 68-Down with a "r" inside it
- 46 Like 2001
- 47 Relative whose name sounds like a city in France
- 48 "Didn't you get the ___?"
- 49 Capital on the Dnieper
- 51 Giggly outburst
- 53 Development sites
- 56 One loitering
- 58 Suffix with psych-
- 60 Term of address in "The Wizard of Id"
- 61 Right-hand page
- 64 Palindromic relative
- 66 Carpet quality
- 67 68-Down with a "er" after it
- 72 Steak accompanier
- 73 Like many classical statues
- 74 Some I.R.S. forms
- 75 Dispirited
- 76 Sen

Down

- 1 Powerhouse in curling
- 2 Went on first
- 3 Game show host with a shaved head
- 4 Cambridgeshire cathedral city
- 5 Bush critters
- 6 Old plume source
- 7 1986 Elton John love song
- 8 Lab instructors, often
- 9 Book after II Chronicles
- 10 Sharp
- 11 Holy ___
- 12 Quinceañera attendee, perhaps
- 13 Expire
- 14 At least 35, for a U.S. president
- 17 Transpire
- 19 Alternative to TGI Fridays
- 24 CD part
- 26 Traditional
- 28 Timeshare unit, often
- 29 Section of *The Economist*
- 30 Fetching
- 32 Bugs Bunny or Jessica Rabbit
- 34 Self-reflective question
- 35 Standard
- 38 Move like a moth
- 40 Mishmash
- 42 Aesir trickster
- 43 Terse admission
- 44 Once named
- 45 Med. insurance groups
- 50 Vice ___
- 52 Former Disney exec Michael
- 54 Soccer star Chastain
- 55 Snow White's housemates, for instance
- 57 + A + , for catalogs, e.g.
- 59 Summation symbol, in math
- 62 Part of a white script on a red can
- 63 Not up or down
- 65 Short drive
- 67 Hem's partner
- 68 Palindromic number
- 69 Predecessor of the C.I.A.
- 70 German 101 verb
- 71 Carry___ (some luggage)

PUZZLE SOLUTIONS ON PAGE 5

••••• **WHAT'S HAPPENING TODAY** •••••

- **Creative Matters: Lawrence Brownlee & Eric Owens**, 7 p.m., Hancher
- **"Live from Prairie Lights," Frye Gaillard**, 7 p.m., Prairie Lights, 15 S. Dubuque
- ***How I Learned What I Learned***, 7:30 p.m., Riverside Theater, 213 N. Gilbert
- **Gaelic Storm**, 8 p.m., Englert, 221 Washington
- **Thesis I Concert: M.F.A. Choreography, Christine Howe & Ailey Picasso**, 8 p.m., Space/Place

SUBMIT AN EVENT

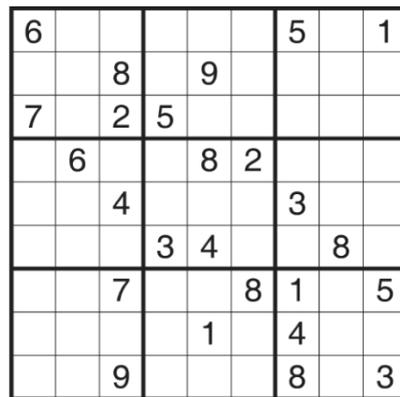
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THURSDAY'S SCHEDULE

- DITV Crossover** 8:45-9am
- MERGE: Homeland to Heartland** 12-1pm
- Four Star Show** 2-3pm
- DJ Training** 3:30-4:30pm
- A Moment with Diviin** 5-6pm
- The 606** 6-7pm
- Stereocilia** 9-11pm
- Take Five!** 11pm-12am



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Opinions

COLUMN

Censorship isn't black and white

Before the word 'censorship' is flung around wildly, we should remember that asking for safety in public circles is not necessarily the same as demanding censored language or activity.



Members of Young Americans for Freedom clash with counter-protesters on the T. Anne Cleary Walkway on Feb. 21. Charles Peckman/The Daily Iowan



ANNA BANERJEE
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As Americans, we love our First Amendment rights. The constitutional freedom of speech we enjoy is as integral to our culture as it gets, priding ourselves on our self-appointed free-speech. This is why the boogeyman of censorship feels like such a dangerous threat — it is the tangible, undemocratic enemy to everything we hold important. But, what even is censorship? What counts as censorship? Who is being censored right now, and who is doing the censoring? For such an ever-present danger, there is a large distance between the legalese that defines censorship and the people who believe their speech to be inalienable.

The American Civil Liberties Union defines censorship as “the suppression of words, images, or ideas that are ‘offensive,’ ” which

seemingly applies to a whole slew of language. Over time, the U.S. has worked to parse down its definition, trying to reduce the opportunity for misunderstanding. For example, obscenity was decided to be something censorable in *Miller v. California* (1973).

Censorship protects at-risk speech, including language that may potentially be offensive. In order for speech to be legal-

for it to be taken down. The existence of a table and posters promoting anti-immigrant behavior like this is actively hostile to students. It is nearly impossible to have a student who has no connections to immigrants, either as an immigrant, as the child of immigrants, or as the friend of someone for whom immigration is an important aspect of their identity.

‘People have the right to complain about what they perceive as an attack on them and even ask for its abolition, without it being censorship.’

ly censored, it must be directly harmful or leading to direct danger for someone — language that feels simultaneously particular and deeply vague.

College campuses have been in the hot seat when it comes to perceived censorship for a long time, ranging from complaints against silencing potential speakers and trigger warning. But, legal governmental censorship and private “censorship” are not necessarily the same entity either.

When a protest against immigrants called for the building of the wall on the T. Anne Cleary Walkway on Feb. 21, people asked

of individuals on “censoring” the speech of others by asking them to not protest their existence is severely limited, and certainly not worthy of being called censorship. The government shutting down the people’s voice is not the same as students asking other students to stop hating their existence in front of them as they try to walk to class.

Before anyone cries out censorship, there should be some sort of understanding of what censorship really is and when it is applicable. Using censorship to bemoan the way a hateful protest was asked to be shut down belittles what censorship really is and the way it can actually be a danger in modern society. The workings of a university, which even if public is still governed by its internal set of rules and regulations to a large extent, are not the workings of a country. If people on Twitter call for the dismantling of something they deem offensive, they also aren’t asking for a statewide censor. There certainly are legal protections for speech, even if it is deemed offensive to some, and those are valid protections, but that doesn’t negate other people’s ability to demand equality and safety in their circles.

COLUMN

We have to stop our oversharing online

Constant social-media updates are unneeded and can be just as unsafe as talking to strangers online.

BY SUCHAETA HEGDE
suchaeta-hegde@uiowa.edu

We’ve all heard the “don’t talk to strangers” rule, and the guideline quickly extended to the internet with the rise of social media. However, what about sharing endlessly with people you believe you know?

I understand the need to be heard. While it is true that social media’s purpose is to share your life with others, there is also a difference in updating your friends and family of an interesting happening and sharing whatever memory comes to your mind at any given moment.

But hey, your friends and family probably care about your life, what’s the harm in a little oversharing? Maybe when social media first

Another point to consider is that oversharing isn’t just annoying — it can be unsafe. Where you are, who you were with, and what you were doing can be disclosed in one post. Now, imagine numerous posts in a few days.

Additionally, nowadays it isn’t just oversharing through posts that can get people in trouble. Information can be collected in many different forms. Scrolling through Facebook, it is easy to find people sharing bizarre, eye-catching links from “See yourself as the opposite sex” to “Find out what kind of Poptart you are.” Many of these sites are phishing schemes, trying to accumulate information about you to gain access to your personal accounts. What could a harmless survey do?

‘There is also a difference in updating your friends and family of an interesting happening and sharing whatever memory comes to your mind at any given moment.’

became popular, a person’s main following consisted of close family and friends. In a time when everyone has social media, it is increasingly likely that many of your friends or followers are not so close to you as you might believe. My friends’ list on Facebook includes past coworkers and friends from middle school that I haven’t seen in years. It is not just about how your following will feel. Are the people you are sharing with really going to read through your personal rant or will they scroll through without a second glance?

Often, your acquaintances aren’t the only ones on your social either. According to Career Builder, more than 70 percent of employers use social media as a means for better understanding their prospective employees. Should your future boss or coworker really be able to know everything about your life with one glance at your profile?

Minimal damage would be third-party sources knowing your personal interests and hobbies — leading to a bombardment of related advertisements. At most, accounts containing private information could be obtained and exploited by hackers. According to a survey conducted by the University of Phoenix, almost two-thirds of U.S. adults with social-media profiles know that they, at some point, have been hacked. We have all been told to be wary of internet scams — but I guess it is hard to resist when scams are wearing such captivating disguises.

In the end, social media exists so people can share however much they want. After all, if your friends or followers are annoyed, they can just unfollow you. However, people should always reflect on their social-media use, because in the end the overall consequences for oversharing will affect the person posting.



Jaap Arriens/NurPhoto/Sipa USA/TNS
An illustration of the Facebook logo on May 9, 2016.

bates arise in discussion among different communities on campus. And often, disband people in wake of such heavy-hearted conversation. Because it’s hard to be honest, and it’s hard to actively extend understanding.

When we become a more compassionate people, our community sees benefit — and so do we, in our everyday lives.

“Research on compassion interventions show improvements in psychological well-being, compassion, and social connection,” according to the Association for Psychological Science website.

But despite the level of effort that would be required of us to exalt in attempting to soften our speech and become better listeners, I think it’d be helpful if we consciously humanized our language.

The point of confronting conflict in the media spotlight, around campus and in our own smaller communities, can either band us together or break us apart. And I think it’s more than important that we do whatever it takes to come close together in order to see change spread throughout our University of Iowa community.

COLUMN

How our words shape our communities

Discussions surrounding conflict or divisive issues can either bring people together or pull them apart. Steps must be taken in real life to confront racism within white institutions.



TAYLOR NEWBY
taylor-newby@uiowa.edu

There is a lot of chatter on campus around social movements, political agendas, and the occasional push for religion. There are signs and banners cluttered with offensive language scattered across the T. Anne Cleary Walkway — promoting split sides and edged arguments.

And as a columnist, student, and member of a faith-based organization, I have access to

a front-row seat when it comes to the way we navigate these controversial conversations that continue overwhelming our campus.

Lera Boroditsky, an associate professor of cognitive science at the University of California-San Diego and editor-in-chief of *Frontiers in Cultural Psychology*, studies the relationship between how the mind responds to the way language takes form.

“The language guides our reasoning about events,” Boroditsky said in her TED Talk.

Using this as an “example of how language can shape things that have personal weight to us — ideas like blame and punishment or eyewitness memory.” And stating that “these are important things in our daily lives.”

The way we talk about conflict or guide discussion around divisive political views or brokenness that exists in the justice system can offer others an invitation to join in and pursue change. Or it can keep people apart — rather than allowing them the opportunity to participate in conversation together.

#DoesUIowaLoveMe, a hashtag used by students to rally and share their experiences of heartbreak, surged through social media just last week. And what I saw from each student — aside from their willingness to share — was another student’s or faculty member’s willingness to lean in and listen.

The way we talk about issues and injustices, whether we are speaking gently or harshly, has the ability to shape the entire

conversation unraveling before us — bringing smaller communities closer together or separating them even further.

Subjects such as sexual assault and harassment, victim-blaming and victim-shaming, the push for people with felonies to have their voting rights restored, the conversation about discrimination, and the many more sensitive subjects each deserve to be spoken about with understanding and compassion.

And if we want to seek change in a system so set in its rhythms of discrimination and confusion, or if we want to see different people in different political positions, it’s time we began talking with one another rather than at one another.

The waves of wondering, asking, and discerning these de-

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BASKETBALL

CONTINUED FROM 8

the stretch after leading 61-60 with 1:36 remaining, but Wisconsin closed the contest on a 12-5 run to take the game. Iowa proceeded to start 0-3 in conference play.

The early season loss to the Badgers, combined with a two-game double-digit losing streak, provides plenty of motivation for a Hawkeye squad trying to get back on track in time for the postseason.

"For me personally, I want a little payback because we had them here," forward Ry-

an Kriener said. "If the ball bounces a little differently, we win that game here. That would be another quality win that would be on our résumé. That's extra motivation for me. I think a lot of the other guys feel the same way."

If Iowa wants to get its revenge, it will have to handle Ethan Happ. That's a lot eas-

ier said than done, though — he has torched the conference this season.

The Badger senior ranks fifth in the Big Ten with 17.8 points per game, third with 10.1 rebounds, and third with 4.7 assists.

Happ's one downfall, however, is his free-throw shooting. A career 54 per-

cent shooter from the charity stripe, he knocks down his freebies at just a 45 percent clip this season.

His lack of efficiency from the line could cause teams to hack him, but whether acting head coach Kirk Speraw chooses to do that or not, he won't be an easy matchup.

"He's probably the tough-

est guy in the Big Ten to guard for big guys because he has a little bit of an unorthodox game for a big guy," Kriener said. "He's constantly spinning, dribbling, such a gifted passer, a really crafty finisher ... You really have to keep your wits about you when you play him."

WRESTLING

CONTINUED FROM 8

sition and wrestling the whole match hard. For me, it was just getting back to myself and getting ready for the postseason."

Following the match, media reported on speculation that Lee was hurt, but head

coach Tom Brands cleared these rumors up, describing Lee's state as "typical of a high-level competitor that's getting ready to go to the next step, which is a very important step, and he's going to make it right."

As far as his experience with all the social-media attention he's gotten this season, Lee chooses to stay away from it as

much as possible because with everything he wants to accomplish, he must focus only on the positive energy.

"I haven't really been on social media very much in the last two months just because, well, there's a lot of positivity in social media, but there's been a lot of negativity to it for me this year," Lee said. "Right now, I'm not really worried about that.

I'm worried about the next big thing, and that's this weekend and getting ready for the Big Ten Championships."

Earlier this season, Lee fell by decision to Northwestern's Sebastian Rivera in the Midlands Championship, his only other loss. With the Big Ten Championships at hand, Lee will likely get a second shot at Rivera this weekend, and he

believes he has more to offer than he has shown.

"I feel like I'm a pretty diverse wrestler, and I can do a lot of different things that maybe I haven't shown yet, to be completely honest," Lee said. "I think that's just wrestling with more confidence and believing in my coaching staff and how they believe in me. I've just got to go out

there, relax, and wrestle."

So, with the rumors all cleared up, let it be known that Lee will be ready to go this weekend in Minneapolis.

"I believe in my coaching staff, and they believe in me," Lee said. "I'm getting ready to go — that's the plan. We're moving forward and getting ready for this weekend. It's going to be fun."

BASEBALL

CONTINUED FROM 8

The next weekend series, though, was even better, both for Judkins and the Hawkeyes as a whole.

Iowa bested No. 19 Oklahoma State in a three-game series, but Judkins' series finale on March 2 kept an explosive Cowboy offense at bay.

"I think my ability to mix pitches, keeping [batters] off balance, keeping them guessing was the thing working most for me," he said.

Judkins pitched 5 innings, allowing just 3 hits and holding Oklahoma State scoreless — his second scoreless outing in three attempts.

"Desi [Druschel, former pitching coach] and I talked first semester,

and we thought he was really coming on," Heller said. "He was developing some stuff with his pitches we thought would be really helpful and effective to get him over the hump. So far, so good."

Judkins said that this offseason, he has spent time focusing on adding a cutter to his arsenal.

Both Heller and Judkins' teammates have noticed. Friday-night starter Cole McDonald pointed to Judkins' cutter specifically as one of the reasons he's started 2019 on a roll.

"Adding the cutter was a huge thing," McDonald said. "It runs out the barrel for a lot of righties, it's a swing-and-miss pitch. He just goes out there. He's pretty low-key, doesn't really say too much, but he just goes out there and battles, even if he doesn't have his best stuff. You know you're going to get

a good start out of him. He's going to buckle down and get the job done."

Judkins' hot start may have surprised him, but Heller said he expected it.

One of his goals for the Pella native this offseason was to work on his command. Judkins has walked 11 batters, the most on the Iowa team.

Still, that Judkins has been able to keep batters guessing while still a work in progress bodes well.

"The funny thing is, his stuff's been good — the first game, he was really unhittable, he had great stuff — but his command has been a little off," Heller said. "Even though he's pitched extremely well, I think there's more ceiling to go as he gets his command down and is able to control secondary pitches."



Katrina Zentz/The Daily Iowan
Iowa's Grant Judkins pitches during against Oklahoma State at Banks Field on May 6, 2018.

MORGAN

CONTINUED FROM 8

second-team All-American honors. He has also coached 13 NFL Draft picks, including five first-rounders. Three players coached by Morgan have gone on to earn NFL All-Pro honors.

"A genuine and authentic person, Reese handled every challenge we threw his way in magnificent fashion," Ferentz said in a release. "Every player and coach who had the opportunity to work with Reese Morgan is much better for it. It's

like losing a great player — Reese's shoes will be hard to fill."

Before joining the Hawkeye staff, Morgan served as the head coach at Iowa City West for eight years. Morgan, who left the program on a 26-game winning streak, led the Trojans to state titles in 1995, 1998, and 1999. He was also inducted into the Iowa High School Coach's Hall of Fame.

"My wife, Jo, and our family have been so supportive over all these years allowing me to enjoy the sport that I love," Morgan said in a release. "I can never thank them enough. Now, it is time for me to give back to them."

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HAWKEYE UPDATES

Hawkeye baseball dealing with early season injuries

It's still early in the season for Iowa baseball, but the team is already dealing with injuries to some of its biggest producers.

Tanner Padgett is expected to miss at least a week of action, coach Rick Heller said on Wednesday. The first baseman/outfielder experienced a hamstring injury

in cold weather during the team's series against Oklahoma State. "It's a big down because he's really been swinging it well," Heller said.

Padgett — the team's RBI leader thus far — has three doubles and 6 RBIs on 15 total hits. Joining Padgett on the injured list is sophomore Jack Dreyer, who hasn't seen action since Feb. 23. The team hopes Dreyer can return to practice within two weeks.

The left-hander gave up 2 runs in two innings at Hawaii in his last appearance. He has posted a 2.45 ERA this season in two appearances and put up 5.1 scoreless innings in an appearance against Pittsburgh on Feb. 16.

McCaffery to travel with team during suspension

Iowa basketball head coach Fran McCaffery will travel with the team to Madison for its matchup with Wisconsin tonight, despite it being the last game of his suspension.

McCaffery was suspended on Feb. 27 for two games following an outburst on officials in Iowa's loss to Ohio State on Feb. 26.

He will not be in the Kohl Center for the team's game against Wisconsin, but he said he will still travel with the team and have a similar amount of involvement. Since he isn't permitted to enter the locker room, he said, it is better to stay out of the arena and out of the way.

"It doesn't really pay to go to the arena," he said. "The best bet is to just let them go and then watch it somewhere else."

McCaffery said it can be tough to watch the games without having a hand in decisions. But he has placed his full trust in his coaching staff.

"What you do is you're sort of coaching the game anyway," he said. "... a lot of the things I was thinking to myself, I thought our staff did."

Big Ten Women's Basketball

1. Maryland
2. Iowa
3. Rutgers
4. Michigan
5. Ohio State
6. Minnesota
7. Northwestern
8. Nebraska
9. Michigan State
10. Indiana
11. Purdue
12. Penn State
13. Wisconsin
14. Illinois

QUOTE OF THE DAY

"During warm-ups, I might just go to the spot I hit a game-winner."

— Jordan Bohannon on returning to Wisconsin, where he hit a last-second 3-pointer in 2017

STAT OF THE DAY

Grant Judkins has posted a 0.56 ERA this season as Iowa baseball's Sunday starter.

0.56
ERA

Hawkeye football's Reese Morgan retires

Iowa defensive-line coach Reese Morgan will hang up the whistle after 19 years with the Hawkeyes.

BY PETE RUDEN
peter-ruden@uiowa.edu

Iowa defensive-line coach Reese Morgan has announced his retirement, head coach Kirk Ferentz said on Wednesday. Morgan will leave the program before spring practice begins.

"Coach Ferentz took a chance on me, and I have nothing but appreciation and gratitude for the opportunity to be part of this wonderful Hawkeye program — it's been an amazing experience," Morgan said in a release. "I've always

felt that we learn as much from our players as they learn from us. They teach us lessons that go beyond football. And when a player arrives lacking a little maturity and confidence but leaves as a young man prepared to tackle life, that's the real reward for me."

Kelvin Bell, who serves as the recruiting coordinator, has assisted Morgan with the defensive line for the past three seasons and will become the interim defensive-line coach during spring practice.

Morgan cited his family as a reason for his retirement and said he didn't want to take away from anything the program held recently, such as Junior Day.

He has held three positions under Ferentz at Iowa. He coached tight ends and served as the recruiting coordinator from 2000-02 before becoming the offensive-line coach from 2003-11. He spent the last seven seasons working on Iowa's defensive line.

He said he will miss recruiting trips because of the people he meets and noted it wasn't hard to sell recruits on Iowa because of Ferentz, whom he called a Hall of Fame coach. After he rose from the high-school ranks, it's clear to see Morgan got into coaching for a specific reason.

"Everyone is in this business because someone made a difference in our lives," Morgan said. "We want to

teach, help, and make a difference in the lives of other people. Every teacher and coach in America wants to do that."

Morgan coached three Outland Trophy winners in offensive linemen Brandon Scherff, Robert Gallery, and Chad Hennings while at Benton Community High and one John Mackey Award winner in Dallas Clark. He has coached four athletes who were named Big Ten Player of the Year and three consensus All-Americans during his tenure.

Morgan worked with seven players who went on to win first or

SEE MORGAN, 5A

Revenge on the brain



Jordan Bohannon and the Hawkeyes want a repeat of their last trip to the Kohl Center.

BY PETE RUDEN
peter-ruden@uiowa.edu

The Kohl Center is home for Jordan Bohannon. He grew up watching his brothers, Zach and Jason Bohannon, play for Wisconsin in the arena. But after he hit a 3-pointer with 10 seconds left after trailing by 1 in 2017, he made his own memories there, and he wants to make sure Badger fans remember.

"During warmups, I might just go to the spot I hit a game-winner," Bohannon said. "I might not have a ball — just stand there with the form I had freshman year."

"We're running out of games there, so you got to do something fun, right?"

Ever since Bohannon's game-winner, there has been a certain trend in games between Iowa and Wisconsin. The Hawkeyes won one of their four Big Ten games over the Badgers last season, but Wisconsin got revenge earlier this season by picking up a 72-66 victory in Carver-Hawkeye.

While the win in 2017 was certainly an impressive one, it's still like others that have taken place in Madison.

"Kind of similar to a lot of the games we've had over there," Iowa head coach Fran McCaffery said. "They've been good games, very competitive atmosphere, really good. There's always some Hawk fans over there."

The Hawkeyes opened Big Ten play this season with the 6-point loss to the Badgers, and Iowa views it as a game that got away.

The Hawkeyes had the opportunity to win the game down

SEE BASKETBALL, 5A

Katina Zentz/The Daily Iowan

Men's Basketball @ **Kohl Center** **6 p.m.** **ESPN**

Iowa 21-8 (10-8) @ Wisconsin 20-9 (12-6)

Lee's eyes on post season

Spencer Lee was pinned for the first time in his college career on Feb. 24. But he's ready to bounce back.



Iowa's Spencer Lee wrestles Indiana's Elijah Oliver in Carver-Hawkeye on Feb. 15.

BY SARAH ALTEMEIER
sarah-altemeier@uiowa.edu

After Oklahoma State's Nick Piccininni pinned Iowa's No. 2 Spencer Lee in the final seconds of the second period in their matchup on Feb. 24, wrestling social media lit up.

Fans were shocked by Piccininni's upset over the 2018 125-pound national champion. Lee was shocked, too.

"It's just like every other loss — it sucks," Lee said. "It's going to hit you hard. I was more shocked than anything after the match just be-

cause that's never happened to me before really, one time. But I was just getting ready to move on, and the coaching staff was telling me to keep a positive mindset and get ready for practice on Monday and Tuesday."

The 125-pounder has only been pinned twice in his wrestling career — the last time, he was in elementary school.

"The last time I was pinned, I think I was 9 in the state finals, 9 or 10," Lee said. "So [after the match], the coaches were on me about staying in good po-

SEE WRESTLING, 5A

Hellerball encouraged by Judkins

With two scoreless outings this season, Grant Judkins has been a force as the Hawkeyes' Sunday starter.

BY ADAM HENSLEY
adam-hensley@uiowa.edu

In his first game of the 2019 season, Hawkeye pitcher Grant Judkins held Marshall hitless. The junior pitched six innings, walking just three and kicking off the season emphatically with 11 strikeouts.

"I didn't want to take him out with a no-hitter ... [But] the last thing you want to do is have someone get hurt in the first weekend," head coach Rick Heller said.

His performance against the Thundering Herd acted as a springboard, and Judkins' hot streak on the mound continued — something that didn't come as expected.

"I definitely surprised myself — I didn't know what to expect going out there," he said. "I was definitely happy with my performance."

So far this season, Judkins has a 0.56 ERA — the best mark among the Hawkeye starters by far. Judkins also leads the team with 20 K's.

In his next appearance, Judkins allowed 3 hits in 5 innings against Hawaii, giving up his lone run of the season so far. He also struck out three batters.

SEE BASEBALL, 5A



Raising the bar

Into the world of weightlifting: cutoffs, hoodies, and how gender roles have changed in gym culture.

BY ADRIAN ENZASTIGA | adrian-enzastiga@uiowa.edu

Loud, clanking metal weights shake the ground. Gym goers lift gargantuan-sized plates above their head, threatening to collapse under the intense pressure any second. They wear black or gray jogger shorts, Nike tennis shoes, and a homemade cutoff. Faces contort in a strange mixture of pain, anger, and self-determination.

For weightlifters and bodybuilders, the culture around achieving a strong body is often male-centered. While time spent at the gym can serve as an escape from school or somewhere to socialize, “gettin’ swole” is almost always seen as a male-driven world. However, there is a strong standing in the weightlifting community that is female.

Walking into the University of Iowa Campus Recreation & Wellness Center, the first-floor weightlifting area may seem like a boys’ club.

“On the first floor, you get your mix between gym bros, which are the guys who clearly work out and seem to know what they’re doing and also the guys who have no idea what they’re doing,” UI senior Matt Buhr said. “It’s interesting because each floor has its own posse.”

UI senior Brittany Larson also said she notices a particular difference demographically in where people are and what they’re doing at Campus Rec.

“It’s almost always male [weightlifters] in the show areas. If you go to the area where they’ve got the big windows, it’s almost always male,” she said. “[Women] almost always do the more inner concepts. If it’s showboating, it’s definitely male. But as you go up into the cardio, respiratory fitness levels, like running, that’s more of a female aspect.”

Larson said many stereotypes are perpetu-

ated in the world of fitness.

“With the way society is and the way everybody judges one another, I feel like men have to be muscular and built, which definitely is not true,” she said. “That’s the way people are perceived and pushing it. A lot of women don’t do [weightlifting] because they want to stay petite.”

These societal expectations can hinder women’s ability to perform at their best.

Certified personal trainer Andrea Parkinson said she makes an effort to be more encouraging of other women.

“When it comes to female-to-female weightlifting, it’s more encouragement and talk-up, and there’s no judgment, really. We’ll make improvements, we’ll steadily increase,” she said. “I feel when it’s a female and a man, women get a lot of judgment, or they’re looked down upon for how much they

SEE LIFTING, 4B

PHOTO: Camille Lazzarotto lifts weights at the Campus Recreation & Wellness Center on Wednesday. Lazzarotto is an athletic trainer at the Campus Rec and works out between the times she has clients. (Katina Zentz/The Daily Iowan)

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WEEKEND EVENTS ● ● ● ● ● ● ● ● ● ●

● TODAY 03.07



- MUSIC**
- **DIRT BAGZ TOUR, FEATURING CRUCIFIX AND HARD TARGET**, 8 P.M., GABE'S, 330 WASHINGTON
 - **GAELIC STORM**, 8 P.M., ENGLERT, 221 WASHINGTON
 - **HEP CAT**, 8 P.M., MILL, 120 E. BURLINGTON

- FILM**
- **WOMEN'S MARCH: DESTROYER**, 3, 8:30 P.M., FILMSCENE 118 COLLEGE
 - **WOMEN'S MARCH: CITIZEN FOUR**, 3:30 P.M., FILMSCENE
 - **WOMEN'S MARCH: CAPERNAUM**, 5:45 & 8 P.M., FILMSCENE
 - **WOMEN'S MARCH: ROCKS IN MY POCKET**, 6 P.M., FILMSCENE

- THEATER**
- **HOW I LEARNED WHAT I LEARNED**, 7:30 P.M., RIVERSIDE THEATER, 213 N. GILBERT

- LITERATURE**
- **"LIVE FROM PRAIRIE LIGHTS," FRYE GAILLARD**, 7 P.M., PRAIRIE LIGHTS, 15 S. DUBUQUE



● FRIDAY 03.08

- MUSIC**
- **GABRIEL KWOK**, 3 P.M., VOXMAN RECITAL HALL
 - **JAZZ AFTER 5 WITH ROSS CLOWSER**, 5 P.M., MILL
 - **PAUL BASLER**, 7:30 P.M., VOXMAN RECITAL HALL
 - **LAWRENCE BROWNLEE AND ERIC OWENS**, 7:30 P.M., HANCHER
 - **KANTOREI UNIVERSITY CHOIR**, 7:30 P.M., VOXMAN CONCERT HALL
 - **WHITE MYSTERY, DELETERS, ANTHONY WORDEN & THE ILLITERATI**, 9 P.M., GABE'S
 - **SOULSHAKE**, 10 P.M., GABE'S

- FILM**
- **WOMEN'S MARCH: DESTROYER**, 4, 6:45, & 10 P.M., FILMSCENE
 - **WOMEN'S MARCH: CAPERNAUM**, 4:30, 7:15, & 9:45 P.M. FILMSCENE

- THEATER**
- **HOW I LEARNED WHAT I LEARNED**, 7:30 P.M., RIVERSIDE
 - **SUNDAY IN THE PARK WITH GEORGE**, 8 P.M., THEATER BUILDING MABIE

- LITERATURE**
- **"LIVE FROM PRAIRIE LIGHTS," MARK CONWAY & ADAM GIANNELLI**, 7 P.M., PRAIRIE LIGHTS



● SATURDAY 03.09

- MUSIC**
- **SABRINA GAFRICK**, 5:30 P.M., VOXMAN RECITAL HALL
 - **BROADWAY THROUGH THE DECADES: MACKENZIE FULLER**, 7:30 P.M., VOXMAN RECITAL HALL
 - **RANDALL HARLOW**, 7:30 P.M., VOXMAN CONCERT HALL
 - **RATTLEBOX**, 8 P.M., MILL
 - **CYCLES**, 9 P.M., GABE'S

- FILM**
- **WOMEN'S MARCH: CAPERNAUM**, 1, 3:45, & 8:45 P.M. FILMSCENE
 - **WOMEN'S MARCH: DESTROYER**, 1:30, 4:15, 7, & 9:45 P.M., FILMSCENE
 - **WOMEN'S MARCH: URBANIUM DERBY**, 6:30 P.M., FILMSCENE
 - **BIJOU AFTER HOURS: WOMEN'S MARCH: THE BLING RING**, 11 P.M., FILMSCENE

- THEATER**
- **HOW I LEARNED WHAT I LEARNED**, 7:30 P.M., RIVERSIDE
 - **SUNDAY IN THE PARK WITH GEORGE**, 8 P.M., MABIE

● SUNDAY 03.10

- MUSIC**
- **DEREK VANDENTOP**, 1:30 P.M., VOXMAN STARK OPERA STUDIO
 - **WOLFGANG DAVID, DAVID GOMPPER**, 3 P.M., VOXMAN CONCERT HALL
 - **MICHAL BRAUHN**, 5:30 P.M., VOXMAN RECITAL HALL
 - **GOLD CONNECTIONS, VOLT, KRANTZ**, 6 P.M., GABE'S
 - **CHUN-YA PIEN**, 7:30 P.M., VOXMAN RECITAL HALL

- FILM**
- **WOMEN'S MARCH: DESTROYER**, 11:15 A.M., 4:30, & 7:45 P.M. FILMSCENE
 - **WOMEN'S MARCH: CAPERNAUM**, 11:30 A.M., 2:15, 5, & 7:45 P.M., FILMSCENE
 - **NATIONAL THEATER LIVE: WOMEN'S MARCH: JULIE**, 2 P.M., FILMSCENE

- THEATER**
- **HOW I LEARNED WHAT I LEARNED**, 2 P.M., RIVERSIDE
 - **SUNDAY IN THE PARK WITH GEORGE**, 2 P.M., MABIE
 - **THEATER LOVETT: THEY CALLED HER VIVALDI**, 2 P.M., HANCHER

- LITERATURE**
- **"LIVE FROM PRAIRIE LIGHTS," AMBER TAMBLYN**, 3 P.M. PRAIRIE LIGHTS



OPENING MOVIE

GRETA



Following its successful debut at the Toronto International Film Festival, *Greta* has garnered acclaim for the performances by Chloë Grace Moretz and Isabelle Huppert — the film's two leads. The film follows an isolated widow, Greta (Huppert), and a guileless young woman, Frances (Moretz), who develop a friendship when Frances returns one of Greta's lost possessions. Horror ensues as Greta begins to reveal her authentic self.

— Naomi Hofferber

ALBUM PICK



Hozier's *Wasteland, Baby!*

Wasteland, Baby! is only Hozier's sophomore album, but easily furthers the Irish artist's status as a powerful indie-rock icon. With gospel elements heavily laced through another album, Hozier shouts and croons through 13 songs that range from bluesy bops to upbeat indie to quiet prayers. *Wasteland, Baby!* marks an exploration of genre that was slightly present in his first album but to a greater extent on this, ensuring there is a song for every listener on the album.

Song pick: "Movement"

— Naomi Hofferber

STUDENT FASHION



Haley Triem/The Daily Iowan

Name: Beck O'Brien
Year: Senior

What's your fashion style?:
Normally, it's a grandpa-chic. I like comfortable clothes, so anything that's comfortable but looks like I put a little effort into it. I like loose-fitting flannels, sweaters; I really like fall fashion.

How has your fashion changed over the years?:
It's really more how hasn't it changed. When I was little, the boys section of Old Navy was my thing. It kind of goes with my gender though, because when I was younger I really expressed my gender, and then I had a period where I was suppressing that, and I was dressing a lot more feminine. When I realized that wasn't doing me any good, I started to re-embrace the fashions of my childhood.

If you could only shop at one place the rest of your life, where would it be?:
The boys section of Old Navy. Well, the men's section now.

DinnerDrinksDiversions

UI Department of Theatre Arts

SUNDAY IN THE PARK WITH GEORGE
music and lyrics by **Stephen Sondheim**
book by **James Lapine**
directed by **Alan MacVey**
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MARCH IS FOR MUSIC AT HANCHER!



Danú

Saturday, March 2, 2019, 7:30 pm

Danú—a longtime Hancher favorite featuring musicians from Counties Waterford, Cork, Dublin, and Donegal—returns just in time to get you ready for the most Irish of holidays. The band offers virtuosic performances of traditional music from the Emerald Isle, capturing the elation and melancholy of a sound cherished far beyond the borders of the musicians' native land. The West High School choir will join the band for selected numbers.

\$10 STUDENT TICKETS

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TICKETS

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COLLEGE STUDENT: \$40 | \$10
YOUTH: \$22 | \$10



Lawrence Brownlee and Eric Owens

Craig Terry, Piano
Friday, March 8, 2019, 7:30 pm

Two dazzling singers share one harmonious musical friendship. Tenor Lawrence Brownlee and bass-baritone Eric Owens—two of opera's most acclaimed voices—come together for a recital of arias and spirituals that will highlight their individual talents and combined brilliance. Each has performed on the most prestigious opera stages, and their performance on the Hancher stage will be extraordinary.

\$10 STUDENT TICKETS

EVENT SPONSORS:

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ADULT: \$50 | \$40 | \$30
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Havana Cuba All-Stars
Asere! A Fiesta Cubana

Thursday, March 14, 2019, 7:30 pm

Asere means "friendship"—and once you've been to this party, you'll consider these spectacular musicians and dancers friends for life. Weaving the entire tapestry of Cuban music and dance with contemporary thread, the Havana Cuba All-Stars bring energy, joy, and, yes, a spirit of friendship to the stage. Will you be able to stay in your seat when the rhythms fill the room? Friend, we'd be surprised.

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The United States Air Force Concert Band and Singing Sergeants from Washington, D.C.

Friday, March 15, 2019, 7:30 pm

The United States Air Force Concert Band is the premier symphonic wind ensemble of the United States Air Force. Featuring 53 active duty Airmen musicians, the Concert Band performs throughout the United States via biannual tours, live radio, television, and internet broadcasts, as well as at local concerts across metropolitan Washington, D.C. The Singing Sergeants is the official chorus of the United States Air Force, and features 23 active duty Airmen musicians. The Singing Sergeants present more than 200 performances annually, performing a wide range of musical styles, from traditional Americana, opera, and choral standards to modern Broadway and jazz.

FREE TICKETS AVAILABLE AT HANCHER.UIOWA.EDU



CLUB HANCHER

Kaia Kater

Saturday, March 30, 2019, 6:30 & 9:00 pm

No Depression, the journal of roots music, doesn't pull any punches: "You want some authenticity in your folk music or bluegrass—I give you Kaia Kater." Of African-Caribbean descent and born in Québec, Kater has immersed herself in Canadian folk music as well as the music of Appalachia. With superb banjo skills, a jazz inflected voice, and a gift for song craft, she respects tradition while pushing her music forward.

\$10 STUDENT TICKETS

EVENT SPONSORS:

Jo Ellen Ross

TICKETS

ADULT: \$25
COLLEGE STUDENT: \$10
YOUTH: \$10



Brentano String Quartet

Sunday, March 31, 2019, 3:00 pm

A collaboration with the University of Iowa String Quartet Residency Program

Named for Antonie Brentano—believed by many to be Beethoven's "Immortal Beloved"—the Brentano String Quartet is beloved by audiences whether they are performing immortal repertoire or contemporary compositions. Currently the quartet-in-residence at Yale University, the members of the ensemble will share their expertise with student musicians as part of the University of Iowa String Quartet Residency Program.

\$10 STUDENT TICKETS

EVENT SPONSORS:

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TICKETS

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LIFTING

CONTINUED FROM FRONT

can lift. It's not a big female-related sport. It's very awkward because you feel like you're judged; you're looked down upon. It's a lot of negative downplay on [female weightlifting]."

There are certainly negative stereotypes perpetuated regarding women, but UI senior and certified personal trainer Camille Lazzarotto identified one regarding men as well.

"I feel like the biggest stereotype is the biggest guys have really big egos and they're full of themselves, but when you get to know them, they're some of the most humble people you've ever met," she said. "It's more of dedication and lifestyle that they want to lead, and it's just their preference on how they want to look rather than egocentrism."

Parkinson said that in addition to hurtful stereotypes, women might avoid the gym because of sexual harassment.

"Definitely more males try to pick up women at the gym, and I've been a subject to that, which is uncomfortable," she said. "I've come here to work out myself, and it doesn't matter what I'm wearing or what I look like, it doesn't mean that I'm here to meet men. Fitness has been sexualized so much that a lot of sexual harassment has come out of it."

Parkinson said she's witnessed harassment at the gym firsthand.

"I've caught people taking pictures of me or other people," she said. "I've been interrupted in the middle of training a client and somebody asking me if I could start training them and what's my number. [Sexual harassment] happens all the time."

The threat of harassment and intimidation at the gym has led women to avoid weight areas and often congregate around other areas.

"Women feel uncomfortable. You're gonna find more women doing cardio machines because they feel comfortable with that," Parkinson said. "That solely comes from the culture in which we've developed and grown up in. I think that's changing now that the next generation is coming up. Lifting weights is becoming more female-friendly."

Parkinson started the first all-female weightlifting class at Campus Rec.

"It started off kind of slow. It took off and still goes on today," she said. "Making sure that there's something special for women has been beneficial because they feel more included. I think that's been very helpful, giving them the tools so that they can do stuff on their own. Not everyone can afford a personal trainer."

UI fitness instructor Cody Schlitter, who teaches weightlifting classes at the Field House, said weightlifting

can offer a lot for every lifter, regardless of gender.

"It's very important for long-term health," he said. "Anyone can do this; there are no requirements. You don't have to lift a certain amount of weight. We all want to live a high-quality life, regardless of who you are, male, female, young, old, no experience, experience, whatever it is. Everyone should benefit."

Despite stereotypes, Schlitter believes a community of weightlifters varies depending on where they are. In fact, he said that his Intro to Weight Training class is more female than male and overall, weightlifting culture is improving in encouraging diversity.

"To truly understand a culture, you have to be in it," he said. "For people who aren't exposed to [weightlifting] culture, might have the perception of a more guy-related thing and testosterone-driven, which isn't true, or at least it shouldn't be true. It probably is in some places, so I understand that aspect, but it doesn't have to be the case."

Despite the intimidating aspects, there are lifters in the gym trying to create a culture of support for new and old lifters alike.

"Instead of being ashamed of a girl having muscle, I feel like it's becoming more accepted," Lazzarotto said. "It's not just us in general, but I feel like as a nation and a generation, we're becoming more inclusive of every



Katrina Zentz/The Daily Iowan

UI senior Dady Mansaray works out at the Campus Recreation & Wellness Center on Monday.

body type, every shape, every size, every color, just normalizing that."

UI senior and avid weightlifter Dady Mansaray believes that through community support, all people can reach their potential.

"When I see [other lifters] performing a type of specific exercise and not doing it correctly, I try to go out of my way and help them," he said. "Sometimes, people feel a little intimidated by that, but I try to do it in a way that makes them feel like this is just me encouraging them,

not me trying to put them down."

Mansaray said he wants to build a fitness empire in Iowa City.

"I have made it my mission to be engaged with members of this community. I've been seeing people doing the same, trying to be engaged with other students," he said. "What we have at the weightlifting environment is pretty positive. People are pretty friendly, pretty helpful."

Mansaray said those in the weightlifting community

support each other, offering tips and feedback to less-experienced individuals.

Buhr agreed it is common to help other lifters in the gym.

"I've been approached with this, so I'll approach other people saying, 'Hey, can I give you a tip?' instead of saying, 'You should do it this way.' They can say no, and that's fine," he said. "The one reason everybody's here is to better themselves in one way or another, and it's just a matter of what level everybody is on."

STUDENT SPOTLIGHT

Iowa City's very own 'Funny Girl'

University of Iowa junior Clara Reynen, a comedian and singer/songwriter, is a triple threat.

BY MADISON LOTENSCHTEIN
madison-lotenschtein@uiowa.edu

What to do when the world laughs at you? Laugh with it.

Twirling a strand of her hair into a pseudo-mustache across her top lip, UI junior Clara Reynen pondered her approach to her vocation. For her, comedy and music are ways of life, each making stakes in her outlook and career choices.

Growing through typical teenage turmoil, she channeled the bullying aimed toward her into songwriting and comedy. After being told countless times to

shut up because she wasn't funny, she found that her humor came out in writing songs. Her songs often became joking stories about her life, so she chose to take them to the stage. Reynen packs her collected wit and commentary of life in the back of her mind and an assortment of notebooks and voice memos, then releases it in a flavor of self-deprecating humor or song.

"I've been laughed at my whole life, but now I can control when they're laughing," Reynen said.

Her jokes focus on herself, an approach she's found to be the best path

to connecting with the audience and expressing herself. The 21-year-old's first successful comedy experience was at Secret Standup, a small event that she now hosts. Her jokes consisted of a torn ACL and high-school missteps, which resonated with the audience. Comedians can receive criticism for their jokes if they target and direct them toward the audience, but she refuses that approach, opting for a loop of connection.

"If you want people to laugh and enjoy their time, why would you make fun of the crowd — that just isolates them," Reynen said. "Instead, make fun of yourself; then they can laugh at themselves through my experience or just laugh at me, that's fine."

Reynen performed at the at the Floodwater Comedy Festival on March 2.

Telling stories is worth more than just laughs to Reynen — it helps her work through her thoughts and emotions in her songwriting. It's her process to unwind before bed and relax. Folk defines her musical genre with an utmost importance of connecting with herself and a community.

Similar to her approach to comedy, the theater ma-

jour aims to reach out to her audience with her voice. There isn't a spot on the wall for her to visually bore through. Instead, she makes eye contact to share an emotional connection with her audience.

"The core of my love for performing is that I hope it's transactional," she said. "I get a joy from sharing. I want the audience to feel like they're getting something out of it, and not that they just have to stare at me."

Staring isn't half bad, however. Deft finger movements from Reynen draw attention to her guitar or piano, whichever she turns to. The instruments add to her storytelling, working as a bridge between her soul-baring lyrics and the audience. Simultaneously, her instruments provide a barrier, a semblance of separation to prevent what would be an awkward conversation without music.

"You can sit, and have a conversation, and not be comfortable sharing your life story," she said. "Once you put it into song format, it's easier to share that story."

She is attempting to write a story that incorporates comedy, music, and life's true grit. She com-



Alyson Kuennen/The Daily Iowan

UI junior Clara Reynen poses for a portrait at the Theatre Building on Wednesday. Reynen writes her own folk music and performs on stage when not doing stand-up comedy.

pares this process to cooking: You should incorporate different things to make a well-rounded product, even if you have to redo it several times to get what you want, she said.

Even if it turns out horribly, she plans to keep trying to incorporate her musicianship and comedy into her musical. She

doesn't plan to abandon either practice and will pursue comedy as a career and music as a meditative home base, she said.

"When I die alone in my small single apartment, my neighbor who discovers me a week after I've died will probably find mountains of songs I've written," Reynen said and chuckled.

FAST FACTS

Hometown: Burlington, Iowa

Year in School: Junior

Age: 21

Top artist she listens to: Lizzo

Dream place to live: New York City

Dream place to work: "Saturday Night Live"

Favorite place for a late-night bite: Her own kitchen

Favorite movie: *When Harry Met Sally*

Last song stuck in her head: "10,000 Emerald Pools"

(BØRNS)

Instagram: @clara_reynen

UI Department of Theatre Arts

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SUNDAY IN THE PARK WITH GEORGE

music and lyrics by **Stephen Sondheim**
book by **James Lapine**
directed by **Alan MacVey**

March 8-16, 2019 | E.C. Mabie Theatre, UI Theatre Building

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Sunday in the Park with George is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI, 423 West 55th Street, New York, NY 10019. Tel.: (212) 541-4684 Fax: (212) 397-4684 www.MTIshows.com

Georges Saurat, *A Sunday on La Grande Jatte* — 1884, 1884–1886, The Art Institute of Chicago.

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