

## INSIDE

### LinkedIn scammer impersonates UI president

The University of Iowa president requesting to connect with an Iowa State University graduate on LinkedIn — it just didn't add up.



An account impersonated UI President Bruce Harreld on the networking website, asking people to purchase iTunes gift cards and requesting bank-account information to reimburse them. The account has since been shut down.

ISU graduate John Batchelor took screenshots of the account's attempts to request money from him and messaged the account to say he had notified Harreld of the impostor account. The account delivered a response with grammatical errors: "Ok suit yourself and if you have forgotten am the President."

Batchelor then emailed Harreld on Sunday, seeking to verify the account. In an email, Harreld thanked Batchelor for notifying him and said, "This is clearly an impostor."

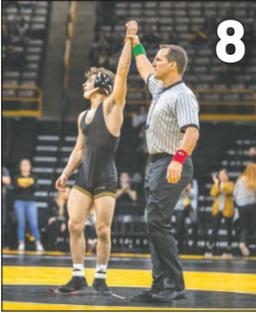
The Associated Press reported the UI is not aware of anyone falling for the scam.

### House votes to rebuke white supremacy amid King scrutiny

After House Republicans on Monday moved to deny Rep. Steve King, R-Iowa, any committee membership, the House voted 426-1 on a resolution that "rejects white nationalism and white supremacy as hateful expressions of intolerance that are contradictory to the values that define the people of the United States."



Some are calling for King's resignation after he told the *The New York Times*, "White nationalist, white supremacist, Western civilization — how did that language become offensive?"



### DeSanto set for second-consecutive top-10 match

Iowa 133-pounder Austin DeSanto is coming off a big win over Minnesota's Ethan Lizak. With No. 3 Nick Suriano of Rutgers coming up next, DeSanto has the opportunity to discuss with the two Hawkeyes who have topped the Scarlet Knight before.



### Iowa men's hoops heads to Penn State

Head coach Fran McCaffery and the Iowa men's basketball team ended its road conference losing streak against Northwestern Jan. 9. Now, the Hawkeyes will try to turn it into a winning streak, but they might have to do it without one of their best players.



but they might have to do it without one of their best players.



**Tune in for LIVE updates**  
Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at [dailyiowan.com](http://dailyiowan.com).



## ETHICS & POLITICS IOWA POLITICS

# Universities may see funding boost this year

Amid a trend of declining state support for public higher education, the UI is slated to receive an extra \$7 million in funding for fiscal 2020 if the Legislature approves Gov. Kim Reynolds' proposal.

BY EMILY WANGEN  
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DES MOINES — The University of Iowa may see \$12 million of increased funding to the university general fund by fiscal 2021, according to Gov. Kim Reynolds' budget proposal released Tuesday.

Reynolds' budget request includes increased funding for the state Board of Regents universities — Io-

wa State University, the UI, and the University of Northern Iowa — totaling \$18 million in fiscal 2020. The UI and ISU would each see an extra \$7 million and UNI an extra \$4 million.

The UI received \$211.6 million in general funding in fiscal 2018 and is estimated to receive \$214.7 million in

fiscal 2019.

Regent Executive Director Mark Braun released a statement following the release of the budget, noting that the regents support Reynolds' recommendation.

"The governor's budget supports many of the board's top initiatives," Braun wrote in a statement. "With this level of funding, our universities can continue to provide the accessible, top-quality education that Iowa

students deserve."

In total, higher education could see an increase in funding totaling \$46 million in fiscal 2020. If the Legislature approves Reynolds' recommendations, most of the funding would go to the regents. The remaining funds are set to be appropriated to the state's community colleges and the College Student Aid Com-

SEE FUNDING, 2

# 'The future is now' for Iowa

Gov. Kim Reynolds' second Condition of the State address — her first as an elected governor — focused on mental health, correctional reform, and education and workforce training.

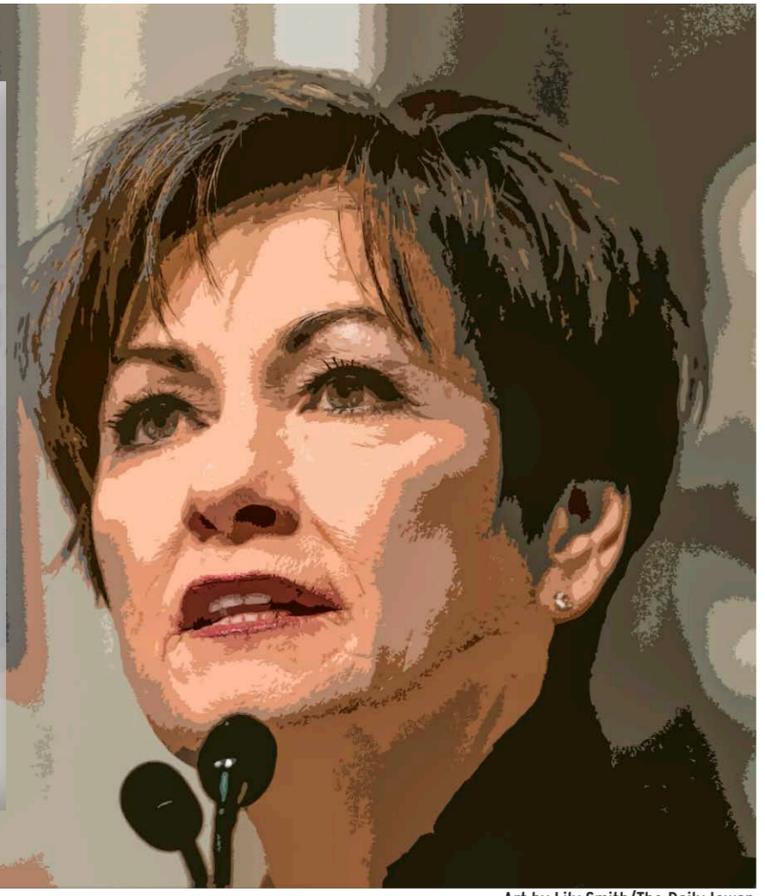
BY DI STAFF  
daily-iowan@uiowa.edu

DES MOINES — Iowa Gov. Kim Reynolds delivered her second Condition of the State address on Tuesday at the State Capitol — her first as an elected governor. Reynolds laid out mental health, education, correctional reform, and workforce development as priorities for the upcoming session.

The next four years are a chance to determine the course of state government now that she has been elected to her own four-year term, she told legislators in her address.

"My vision for the future of Iowa hasn't changed," Reynolds said. "But the future I see isn't around the corner or after the next election. The future is now. The time is now to deliver on the promises we've made to Iowans looking for a way up."

SEE FUTURE, 2



Art by Lily Smith/The Daily Iowan

# New scholarship honors 67-year-old graduate

The Bernadine Franks Scholarship Fund was established in honor of the challenges a recent graduate overcame.



Contributed

BY JOSIE FISCHELS  
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A new scholarship available for students in the School of Social Work is in the fundraising stage of development following the graduation of 67-year-old Bernadine Franks.

Franks accepted her diploma from the University of Iowa Social Work School in December 2018, fulfilling a 50-year-old promise she made to her mother that she would graduate from college.

Her accomplishment was preceded by years of challenges, from becoming pregnant when she was only 14 to battling and overcoming drug and alcohol abuse in the midst of searching for a job and raising a family.

Franks' decision to make good on her promise and attend the UI also came with its challenges. The 67-year-old grandmother recalled sitting in classes with pencil and paper while surrounded by younger students

SEE SCHOLARSHIP, 2

# Project-based housing aims to end local homelessness

Cross Park Place, a 24-unit, low-income apartment building, is the setting for a partnership between two local housing groups.

BY CHARLES PECKMAN  
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A new partnership between two Iowa City housing groups aims to provide something that many take for granted — access to housing.

The Iowa City Housing Authority has partnered with Shelter House by providing financial assistance to Cross Park Place, a low-income housing building in Iowa City. Previously, the building's 24 units used tenant-based vouchers, but they will be converted to project-based vouchers.



Vannatta

Angelica Vannatta, Shelter House's development director, said there is an important distinction between tenant-based and project-based vouchers.

Tenant-based vouchers, she said, are given to families in the private rental market. Project-based vouchers are tied to a specific unit or property.

In the case of Cross Park Place, tenants will pay the difference between the actual rent charged by the building and the amount subsidized by the voucher.

Initially, Shelter House received \$2.7 million from the Iowa Finance Authority and \$463,000 in funds from the Housing Trust Fund of Johnson County to construct the 24-unit building.

"Our ultimate goal is to end chronic homelessness — we

SEE CROSS PARK, 2

## SHAPES OF DREAMS



Katina Zentz/The Daily Iowan

UI graduate student Claire Whitehurst pauses for a portrait in the Visual Arts Building on Tuesday. "I paint about dreams and the real world through observation," Whitehurst said. "I dream a lot of shapes."

FUNDING  
CONTINUED FROM FRONT

mission.

Last session, the Legislature cut \$10.9 million from the regents' budget to be equally split between ISU and the UI. The UI responded with a construction-project moratorium, which ended in September 2018, and the closing of or reduced funding for several UI programs.

Freshman Sen. Zach

Wahls, D-Coralville, said he hopes the new Legislature will prioritize education this session.

"We saw some midyear budget cuts last year that I thought were disastrous," he said. "We got to make sure that doesn't happen again this year."

He serves on the Senate Education Committee and is a ranking member on the education appropriations joint subcommittee. He said he will work to address affordability of education for

students.

"I went to the University of Iowa, and I chose Iowa because it was an affordable option for a high-quality education," Wahls said. "That's what we're known for and we have to protect that."

Sen. Joe Bolkcom, D-Iowa City, said he was unsure how well legislators will cooperate in the new session.

"I think at this point it remains to be seen kind of how things are going to go," he said. "We've had a couple really turbulent years preced-

ing these with Republicans in charge."

UI President Bruce Harrel told *The Daily Iowan* in December 2018 that after the state found new resources last year but didn't restore the entirety of the cuts made to regent institutions, he and others did not readily believe the state would increase its appropriation — even in light of the economic strength GOP politicians have touted.

"I think we've got a point of view that the institutions

## The Daily Iowan

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## BREAKING NEWS

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FUTURE  
CONTINUED FROM FRONT

Then-Lt. Gov. Reynolds took over the governor's office in 2017 when former Gov. Terry Branstad resigned to become the U.S. ambassador to China.

Her speech also focused on a theme of second chances. She proposed restoring voting rights to felons and initiatives to employ and train prisoners and to protect employers who hire people with criminal records.

"... [Iowa is] a place where, if life got in the way of those dreams, you can make a new start," she said. "And if you've made mistakes, you can find a second chance."

Senate Minority Leader Janet Petersen said she was glad to hear the governor speak about changes to the adult mental-health system and work toward establishing a children's mental-health system.

She outlined some priorities that I think will receive bipartisan support on. She made a lot of promises on the campaign trail, and it is time

to make due on those promises," Petersen said. "So we look forward to seeing those proposals as they come forward this legislative session."

**Mental-health reform**

Reynolds proposed to set aside \$11 million in funding for fiscal 2020 to continue mental-health services supporting legislation passed in 2018 that expanded resources, including six access centers for patients who do not need to be hospitalized.

In 2013, the statewide mental-health system shifted from a county-by-county system to a region-based system. She also told the chamber she wanted to modify a spending cap that limited some regions' budget and spending priorities.

"There may still be more to do, so I'm asking everyone in this chamber to work with me to ensure that we have sustainable funding that will keep our mental-health system strong," Reynolds said.

To remedy what legislators and the governor call a psychiatry shortage, the

governor set aside an additional \$1 million for four psychiatry residencies at the University of Iowa to be given to doctors who practice in rural communities.

She proposed an additional \$3 million be used to train teachers in mental health and behavioral health for fiscal 2020. She said she will introduce a bill to create a mental-health system for children to work in tandem with the regional adult system. A committee met over the last session to provide recommendations.

On Monday, Rep. Mary Mascher, D-Iowa City, told *The Daily Iowan* that the committee had laid out concrete recommendations she believed would pass this session.

"The days of merely talking are over," Reynolds said about mental-health reform.

**Boosting education funding**

Fiscal 2020 will likely see increased funding to education with a recommended increase of \$140 million, \$94 million of which will focus

on K-12 education.

"A strong K-12 education system is the foundation of any state, and Iowa has a solid foundation to build upon," she said.

Reynolds recommended higher-education funding be increased by \$46 million, \$18 million of which for the three regent universities — Iowa State University and the University of Iowa, which would each receive \$7 million, and the University of Northern Iowa, which would receive \$4 million.

Reynolds also touted her Future Ready Iowa initiative, which was created in 2018 and included 18 summits last fall across the state. To move the initiative forward, Reynolds called on the Legislature to appropriate \$20 million for the program.

"Future Ready Iowa is a powerful tool to grow family incomes, meet employer needs, and strengthen communities," Reynolds said.

She also highlighted schools across the country to continue implementing STEM programming.

"Kids today are growing up immersed in a world of

digital technology," she said. "The workforce is continually impacted by innovation and globalization. And we need an education system that adapts to those changes."

**Rural Iowa: preventing 'fading'**

Revitalizing rural communities was also a key point in Reynolds' address. She proposed splitting \$20 million over fiscal 2020 and 2021 for rural-broadband access.

The recommendation came from a series of Empower Rural Iowa Summits that Reynolds created by executive order last year. In her speech on Tuesday, she also announced a center for rural revitalization in the Iowa Economic Authority.

In her fiscal 2020 budget, she also proposed doubling tax credits for workforce housing set aside for rural communities.

**'Second chances'**

Reynolds proposed two constitutional amendments — one that would restore voting rights for felons and

another that would enshrine

victim rights in the Iowa Constitution. Constitutional amendments go through a two-plus year process.

**Taxes**

Briefly in her speech, Reynolds mentioned tax reform, which will be a factor in budget years until 2023. The Legislature passed a tax-change package last year that will continue to reduce taxes if certain "triggers" are met.

On Monday, Senate Majority Leader Jack Whitver said he wanted to put Iowa on a "pro-growth" agenda.

Senate File 2417, which was signed into law in the 2018 session, reduced individual and corporate income taxes in waves, while raising sales and use taxes. There are two series of checkpoints that budget-revenue projections will need to meet in order for the majority of income tax cuts to be enacted in 2023.

The current budget year is estimated to end with a \$127 million surplus, and officials expect a \$196 million surplus for the end of the current budget year.

CROSS PARK  
CONTINUED FROM FRONT

truly believe that housing is a human right, and there should be no obstacles standing in the way of people getting a home," Vannatta said.

Cross Park Place program manager Laura Iosbaker said that even though the project provides assistance to those in need, there are still stipulations to residency.

"Project-based vouchers provide guaranteed rental assistance for each unit since they're tied to the project and not the tenant; however, all tenants receiving project-based assistance are still required to make rent payments equal to 30 percent of their income," Iosbaker said in an email to *The Daily Iowan*.

Tenants can live in the units as long as they uphold their leases, Iosbaker said, and they can stay "as long as they choose."

Housing Administrator Steve Rackis said he believes housing-first projects have the ability to give people who experience chronic homelessness a

sense of place. Chronic homelessness, as defined by the Department of Housing and Urban Development, occurs when a person is without a home for 12-consecutive months or experiences four instances of homelessness [totaling 12 months] in three years.

"I think in this particular circumstance, because it's a housing-first project, is unlike some of the things that have been done in the past," he said. "In the past, people have tried to 'deal' with the homeless population with services first, but this is the opposite. We're saying, 'Let's get them a place to live, and then focus on those services' — I think that having the project based on vouchers makes the project much more equitable."

Rackis said he hopes more affordable-housing initiatives are adopted across the city, state, and country.

"Affordable housing is an issue all across the country," he said. "It's particularly an issue in communities where there are college campuses. If you want to get someone economically engaged, the best way to do that is stabilize the family first."

SCHOLARSHIP  
CONTINUED FROM FRONT

taking notes on laptops, but her age never deterred her from reaching her goal.

"The promise I made to my mom was the big motivator," she said. "So despite all of the challenges, giving up did not cross my mind, especially the closer I got to achieving the goal."

Franks' accomplishments have gained her national attention. She appeared live on the "Today Show" with her granddaughter, Meganne, on Jan. 4 to share her story with the world.

During her interview, the "Today Show" surprised Franks by officially announcing the Social Work School's decision to establish the Bernadine Franks Scholarship, which will support a nontraditional, underrepresented students similar to Franks in the future.

Dana Larson, the executive director of communication and marketing at the

UI Center for Advancement, said the fund had been set up beforehand and was officially announced live to surprise Franks.

Larson said people inspired by Franks' story are now able to donate to the fund by going to the Center of Advancement's website.

"Really, any amount people give is going to help a student. And particularly in this case, it's going to help a nontraditional, underrepresented student," she said. "Even if a scholarship just covers a portion of your tuition or your textbooks, all of that helps."

Jen Knights, the marketing, community, and engagement specialist at the Social Work School, said having a student such as Franks in the classroom was beneficial not only for the 67-year-old but for many of the other students as well.

"It's not very often that you have a student like Bernadine, who comes in as an undergrad but is so demographically different from



Katina Zentz/The Daily Iowan

Bernadine Franks poses for a portrait in Wild Bill's Coffeeshop on Dec. 11, 2018. Fifty years ago, Franks promised her mother she would graduate from college.

the greater population of undergrads," she said. "It was incredibly valuable. It's not a thing that we went out and looked for or curated. Nontraditional students contribute to the classroom in a way that no one else can."

Knights said the Social Work School hopes to be able to award the scholarship by next semester and potential-

ly grow it enough to make it an endowed scholarship that will benefit students similar to Franks well into the future.

"It's so inspiring to know that it's never too late to turn your life around, to keep a promise, to accomplish your goals," she said. "It means that all of us are still at a point in our lives where anything can happen."

# Reynolds optimistic about state economy

Gov. Kim Reynolds is confident in funding her fiscal 2020 budget priorities after growth in the state economy.

BY SARAH WATSON  
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DES MOINES — Gov. Kim Reynolds remains confident that the state's economy is strong.

After two years of dropping commodity prices and a turbulent trade war throwing inconsistency into Iowa's budget revenue, Reynolds is confident her fiscal policies have steadied the budget ship that so the midyear budget cuts of 2017 and 2018 will be history.

"Yeah, there is," Reynolds said when asked if there is enough money in the state budget to sustain the priorities she expanded upon in her address to the Legislature. "Because we've been very fiscally responsible in the budget that we put together, we passed policies that are growing the economy."

In Reynolds' fiscal 2020 and 2021 budget, she laid out plans to better fund legislation passed last year in areas including mental-health reform and workforce development and proposed increased appropriations for other state-funded programs. She also proposed to amend the Constitution to add voting rights for felons and enshrine rights for victims of crimes.

Budget officials expect the next few years to end with extra dollars in the state's coffers. Fiscal 2018 ended with \$127 million left over, and in the current budget year, which ends June 30, there's

expected to be a \$185 million balance. In fiscal 2021, too, officials expect some funds to be left over.

Legislators are expected to look over Reynolds' nearly \$8 billion proposed budget over the next few months and adopt or modify the proposals.

Budget officials told reporters Tuesday morning Iowa is expected to take in \$7.96 billion in taxpayer dollars during fiscal 2020, which begins July 1. Approximately \$7.65 billion of that revenue will pay for appropriations to state services and programs, an increase of \$180 million from \$7.47 billion in fiscal 2019.

If the Legislature adopts Reynolds' recommendations for the 2020 budget year, programs across state government will see increases including an additional:

- \$94 million for pre-K through K-12, a 2.3 percent increase for each student
  - \$46 million for higher education, including increases to College Aid Commission, community colleges, \$18 million for the regent universities, and \$20 million for Future Ready Iowa
  - \$26 million for human services, including \$6.5 million in mental health, added services such as access centers and 22 mobile treatment teams
  - \$5 million added to the courts' budget, though budget officials said Reynolds isn't considering salary increases
- After tax change passed the Legislature in 2018, two



Joseph Cress/The Daily Iowan

Iowa Gov. Kim Reynolds speaks during her first Condition of the State address in the State Capitol on Jan. 9, 2018.

growth checkpoints must be met before the majority of the tax package can be implemented in 2023. By then, nearly \$1 billion will go to the tax cuts.

Reynolds said she's confident, too, that the budget will meet the final triggers to implement the tax cuts. She suggested that if Iowa continues to have larger-than-expected surpluses, officials could potentially move up the cuts.

"If we keep moving like we are, we could potentially move them up, but we're watching the economy," she said. "We'll be

mindful of that as we continue forward. As I mentioned, we have some pretty good ending balances."

Many Democrats agree revenue will keep up to fund Reynolds' proposals, but some say social-service programs could still receive more.

"In some areas, yes, I think there is enough money. But we can always do better," said Sen. Liz Mathis, D-Hiawatha.

Mathis said she was happy with the funding increase that would go to education. In fiscal 2019, there was a 1 percent increase to the K-12 budget, but in 2020, each stu-

dent would receive 2.3 percent more in funding.

"So a 2.3 percent increase, if it turns out to be that, I think that that's adequate. Some of the other things appear a little skimpy," she said. "Some of the things I'm looking at in the budget, when you divide it across the statewide need, it gets a little thin."

Rep. Mary Mascher, D-Iowa City, said she was happy to see the regent-governed universities would get an increase in funding.

"The thing I was really pleased to see was the regents' funding," she said. "We have not seen those kinds of increases for a long time, and it has been long overdue."

# Grants take aim at substance use in Native communities

A series of grants awarded to a UI professor will focus on holistic training and services aimed at aiding Native American tribes in fighting alcohol and opioid abuse and promoting mental health.

BY CHRISTOPHER BORRO  
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A University of Iowa professor has received a series of grants to develop strategies for alcohol and drug prevention in Native American communities totaling \$9.5 million across five years.

Anne Skinstad, a clinical professor of community and behavioral health and the grant recipient, serves as the director of the Addiction Technology Transfer Center projects. The center is a coalition of programs aimed at helping Native American communities combat drug and alcohol addiction.

The Substance Abuse and Mental Health Services Administration of the Department of Health and Human Services, provided the grants. They will be used to aid the National American Indian/Alaska Native ATTC, the Tribal Affairs TTC, and the Tribal Affairs Prevention TTC. The three centers received \$4 million, \$3 million, and \$2.5 million, respectively.

The center underwent a three-month gap in funding in 2017 while they had to realign in Health & Human Services regions, but a new funding cycle began in Janu-

ary the following year, Skinstad said.

The ATTC network was founded in 1993, and Skinstad received her first grants, aimed specifically at serving Iowa, two years later. In 1998, it expanded to serve what is now called the Great Plains Area of the Indian Health Service, covering Iowa, Nebraska, and the Dakotas.

"The ATTCs were developed to support the substance-abuse workforce in their efforts to implement evidence-based services," Skinstad said.

Evidence-based practices are combined with experience-based and knowledge-based techniques at the ATTCs in order to better translate Western technology and research into strategies that have effective results for the Native American demographics they serve, Skinstad said.

Native culture better lends itself to oral traditions and accumulative knowledge, and the job of her project is to equip tribal communities to combat alcohol and drug addiction using those practices.

"If we're looking at the culture from a Native American standpoint, substance

abuse does not fit within the culture ... there isn't always a place for alcohol," said Sean Bear, a co-director of the ATTCs. "Because of teachings and beliefs and things like that, it doesn't mix very well."

Bear listed ropes courses, archery training, canoeing, and hiking as some of the more culturally oriented opportunities the projects provide to help individuals, particularly youth, stay away from more damaging pastimes.

In order to best aid the communities they serve, the ATTCs offer in-person training and help grow the workforce in tribal areas.

The centers also support them remotely by hosting webinars to cover various issues and by creating a newsletter.

"When we cover a topic, we like to highlight a program somewhere in the country that's doing it well, specifically serving Native communities," said Kate Thrums, a research support coordinator who works as a media specialist for the projects.

Of the 573 nationally recognized tribes across the country, Skinstad said, the projects assist 137 of them.

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# Opinions

## GUEST OPINION: THE DOCTOR IS IN

### To sleep or not to sleep; the slings and arrows of too little

The effects of sleep deprivation are multifold and the toll is often a great consequence to the health of young adults and teens.

One more hour of Netflix. Ten more minutes on Instagram. We all have delayed our sleep at some point. However, the less we sleep, the more we lose focus and concentration and the less we are the people we want to be.

In this day and age, in which our attention is continually being drawn to the newest on-demand headline or the awaiting text message on our phones, our sleep is what we have sacrificed. It's a byproduct of our workaholic attitude and our technology-centric society. This movement seems to be hitting younger and younger, where we see even children fixated on using their iPhones or iPads (which they are quite adept at) all through the day and often in the middle of the night.

'Beyond the physical toll, the mental and psychological effects loom, and they are often of greater consequence for typically healthy young adults and teens.'

But the crossroads of all these stressors hits most strikingly at the high-school and college levels. Every year, a new batch of freshmen are introduced to social and academic stressors the like of which they have never encountered. Nights are often filled with cram sessions and weekends with late-night parties and binge drinking. Sometimes the demands are so overwhelming that they result in devastating consequences.

We all know the basic tenet that sleep is vital, and we know that not having enough makes us feel off our game. But many do not put one and one together to realize what chronic sleep debt, let alone missing a single night of snoozing, does to our overall physical and mental well-being.

The Centers for Disease Control & Prevention reports that on average, a person sleeps approximately one-and-a-half to two hours fewer than a person in the last century. A teenager on average requires eight to 10 hours per day to function properly, and to make matters worse, the natural circadian rhythm of teens and young adults is shifted, so their bodies want to go to sleep and wake up later. A cross-sectional survey found that 69 percent of students did not achieve the recommended eight hours of sleep.

But what havoc does this wreak? The human body undergoes several physiological changes when presented with a lack of sleep that most closely mimics an acute stress response with a release of cortisol, an elevation of white blood cells and a ramping up of the immune system. Downstream, this acute stress response triggers a wave of inflammatory factors that results in weight gain, diabetes, and heart disease. It can also be a contributing factor to strokes, cardiac arrhythmias, and decreased libido.

In fact, in a CDC study of adults who were short sleepers, there was a significant increase in the incidence of 10 chronic diseases including heart attacks, strokes, asthma, cancer, arthritis, and kidney disease. Simply put, you tend to age faster and look and feel worse in comparison.

Beyond the physical toll, the mental and psychological effects loom, and they are often of greater consequence for typically healthy young adults and teens. The negative effects of sleep deprivation affect memory and concentration, trigger mood changes, hinder creativity and problem-solving skills,

and lead to increased accidents and poor performance. While the exact mechanism is not known, the prevailing hypotheses argue that certain memories, including how to perform a task or remember certain facts, are based on the succession of sleep cycles through REM and non-REM sleep. These successive patterns are abruptly shortened when our sleep is cut short, which stops us from consolidating our memories.

Last, it may be critical in our happiness because irregular sleep schedules have been associated with a greater prevalence of depressive symptoms, which is especially a problem in our college years — nearly 1 in 5 report a diagnosis of depression. What about a short and simple all-nighter? What harm could that cause? The truth is that even a single night has detrimental effects.

This troubling trend will only worsen as technology creeps into our bedtimes and our sleep hygiene is further disrupted. Awareness is key, as is understanding the impact of sleep on learning and on the health of students. People can take steps to alleviate this, such as delaying morning classes or timed naps throughout the day, both of which have shown to be habits of high academic performers. The bottom line is be wary the next time you choose to stay awake those few extra hours.

— Pavane Gorrepati  
M.D. candidate  
University of Iowa  
Carver College of Medicine

## COLUMN

### You could have just Googled that

With technology making information more accessible and available, minorities and people of color wonder if they are obligated to answer questions easily answered on the internet.

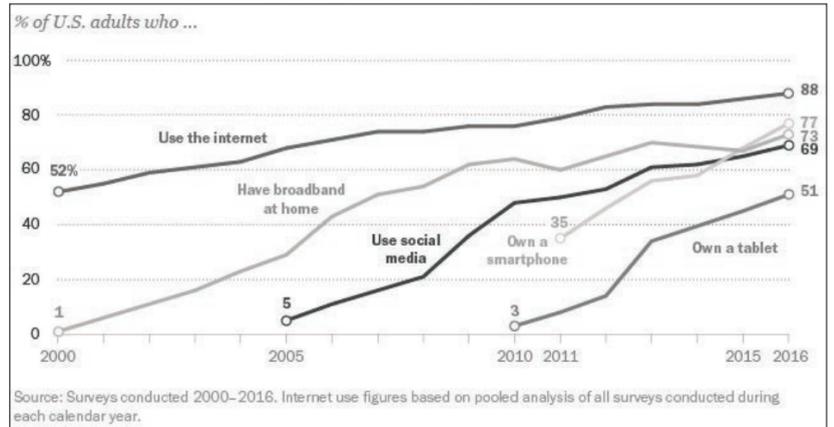


MICHELLE KUMAR  
michelle-kumar@uiowa.edu

People often say, "There are no dumb questions," but honestly, that's not true. I find myself thinking about this a lot when people ask me things about my culture. With the rise of globalization and access to technology, when it comes to questions about other cultures, minorities and people of color should no longer be Americans' only resource for information, if at all.

The world has changed a lot since I've grown up. In fact, we become more globalized and interconnected every single day. With this rapid globalization, there has been a spread of cultures, cultural fusion, and disbursement of knowledge. Because of this, the information that's available to us in the U.S. about other countries and societies is abundant and readily available. As of 2017, the Pew Research Center estimates that 77 percent of American adults own a smartphone and 88 percent use the internet.

Compared with other countries, we are very privileged in the United States to have this access, and we



Source: Pew Research Center

should, honestly, capitalize on it every chance we get to better educate ourselves. To me, it seems like a no-brainer, but it's easy to see how we can take it for granted because of its availability.

Our history and unique situation of being a melting pot has also given us the comfort of ignorance in thinking interactions with minorities and people of color are enough to be educated. As for lack of access to those in poverty or where technology is not readily available, that's an issue of the lack of investment in education and public libraries, but it's a different story.

This is not in any way trying to be hostile, it's a genuine curiosity of why we don't try to do more to educate ourselves when we have plenty of opportunities to do so. I do sincerely appreciate it when people want to know

more about my culture. It's why so many people of color and minorities on campus join their respective student organizations — to spread awareness and be a resource.

But when people ask questions and I have to answer them, it often feels like a justification for my existence and sometimes a burden. It begins to feel like that when people in my personal life ask basic questions when I'm just going about my daily business. The context in which questions arise matter just as much as how they are asked. There's a big difference between asking me about the food at a cultural event versus asking me while I'm in the middle of eating lunch.

Complex issues, such as the recent protests of Hindu women in India trying to enter a temple, are definitely welcomed discussions that should take place because

each person has a different approach based on experience. Discussions such as that are how we learn. However, if you call out Priyanka Chopra for having a "lavish" three-day wedding, when you simply could have searched "Indian weddings" and discovered that it's pretty standard and has religious significance, then probably don't ask me about it.

The line is really fine, and like most controversies, we have to figure it out together to see what works. It's up to us to use the opportunity that we have in the U.S. to educate ourselves because we really don't have any excuses. People shouldn't have to feel as if their lives are abnormal because of our own discomfort or lack of knowledge. So by all means ask questions, but before you do, ask yourself, "Is this the right time?" and, "Could I just just Google this?"

## COLUMN

### Iowa's history-making year in review

Record-breaking momentum propels the Hawkeye State's people forward into 2019.



TAYLOR NEWBY  
taylor-newby@uiowa.edu

The year 2018 brought with it a number of breakthroughs and the population of Iowa was bettered because of it. Though division has flanked our country in devastating measure, it's important to remember and recount the ways that 2018 shaped us into a better and braver people.

The beginning of the year was ushered in with twirling glasses, crackling sparklers, and resolutions scrawled across pieces of college-ruled notebook paper. Promises to pursue a healthier living with grounded commitment arose in conversation countless times — and throughout the course of the year, were undoubtedly exemplified.

Iowans are determined people. And it certainly shows. In this last year, our state has managed to make astounding advances in a

number of areas. So much so, *U.S. News* appointed Iowa the No. 1 Best State early on in the year.

Iowa has shaped lifestyles and living standards in such a way that our state has the rest of the country striving to fall in step with its exceptional resilience. Along with being the overall No. 1 Best State, Iowa also managed to snag a number of *U.S. News'* Top 10 rankings throughout 2018.

High-ranking health care found a home in our state by way of accessibility to care, quality of care, and the overall health of Iowa's population — leaving Iowa at No. 3 in the nation for health care. Through consideration of Iowa's growing economy, minimal unemployment rates and lessening income inequality gap, our state landed in No. 4 for opportunity.

With nearly 92 percent of Iowa's total population above the age of 25 having completed high school or higher and the state's unshakable commitment to early childhood education, Iowa is ranked at No. 5 for education across the nation.

Along with health care, opportunity and education, Iowa is ranked Top 10 in a handful of other categories by *U.S. News* — including



Ben Allan Smith/The Daily Iowan

The State Capitol in Des Moines is seen on April 29, 2018.

quality of life at No. 9. And while these achievements are more than praiseworthy, it would have been unrealistic to say the state had reached the pinnacle of its social, political, and economic advancements.

The people of Iowa knew with steadfast diligence and unparalleled grit that there was more work to be done, more room to be reached, and more populations to be pulled safely out of poverty-stricken circumstances.

And so, when polls opened in November, a record-breaking number of Iowans showed up to vote. According to the *Des Moines Register*, almost 180,000 more Iowans cast votes in the 2018 midterm election compared with four years ago. With

that, an all-time record high for midterm elections in the state.

Out of Iowa's record-breaking 2018 midterm election, history was made; Kim Reynolds became Iowa's first elected female governor, and Abby Finkenauer and Cindy Axne became the first women to represent the state in the U.S. House. What's more: History continues to be made as the American people continue honing their voices.

With 2018 having come to a finish with Iowa's high-rankings and broken records, the persistence of the Iowan people prevails — speaking volumes to where we are now as a state and more closely, as a community of people waving in a new year with an undeniable force of promise.

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# UI moves on energy-efficient lighting

Over the years, UI Facilities Management has worked to eliminate fluorescent light fixtures across campus to be more sustainable.

BY KELSEY HARRELL  
kelsey-harrell@uiowa.edu

As part of efforts to have a more sustainable campus, the University of Iowa Facilities Management has worked to install high-efficiency LED light fixtures in buildings being constructed, as well as in older facilities.

In the past four years, the light-retrofitting projects by Facilities Management have contributed to 10 million kilowatt hours in savings, said Kathleen Rossmann, the manager of Data Analytics & Commissioning at Facilities Management, in an email to *The Daily Iowan*. To put those savings into perspective, that would be about the same as removing 1,400 cars from the roads.

The projects allow the UI to receive utility rebates that have generated around \$900,000, Rossmann said. The rebates are then used for other lighting projects or energy-conservation measures on campus.

In the last year, Facilities Management has used the rebates for an LED retrofit project in the Macbride Auditorium, Rossmann said. The funds have also been used to support the Facilities Management steam-trap audit.

In the audit, she said, officials survey the steam distribution and equipment for steam-trap failures and maintenance needs, some of which can contribute to energy inefficiencies.

The utilities group has also done lighting retrofits and upgrades in mechanical spaces, Rossmann said.

"Lighting projects such as these and other energy-reduction measures, including sustainable de-



Grace Colton/The Daily Iowan

Eco-friendly light fixtures are seen in the Main Library on Dec. 13, 2018.

sign and smart buildings, help offset the addition of new buildings and advance the UI's continual goal of a more sustainable campus," Rossmann said.

Over the years, the university has gone from fluorescent to LED fixtures through the retrofitting projects, said Marc Brown, a Facilities Management controls engineer. The projects helped reduce energy consumption by 40

percent, he said.

The LED projects Brown has been involved with have a maintenance component, he said. By getting rid of fluorescents, the UI no longer has to worry about recycling them. The LED fixtures are guaranteed for 50,000 hours, allowing maintenance costs to be reduced, he said.

Retrofitting projects are a continuous effort for Facilities Management,

Brown said. The department will work to retrofit fixtures until there aren't any fluorescent fixtures on campus, he said.

"It's just been a constant energy reduction, efficiency in the products and that," Brown said. "We try to take advantage of that through the university."

Through a partnership with MidAmerican Energy, the UI receives rebates for retrofitting projects pro-

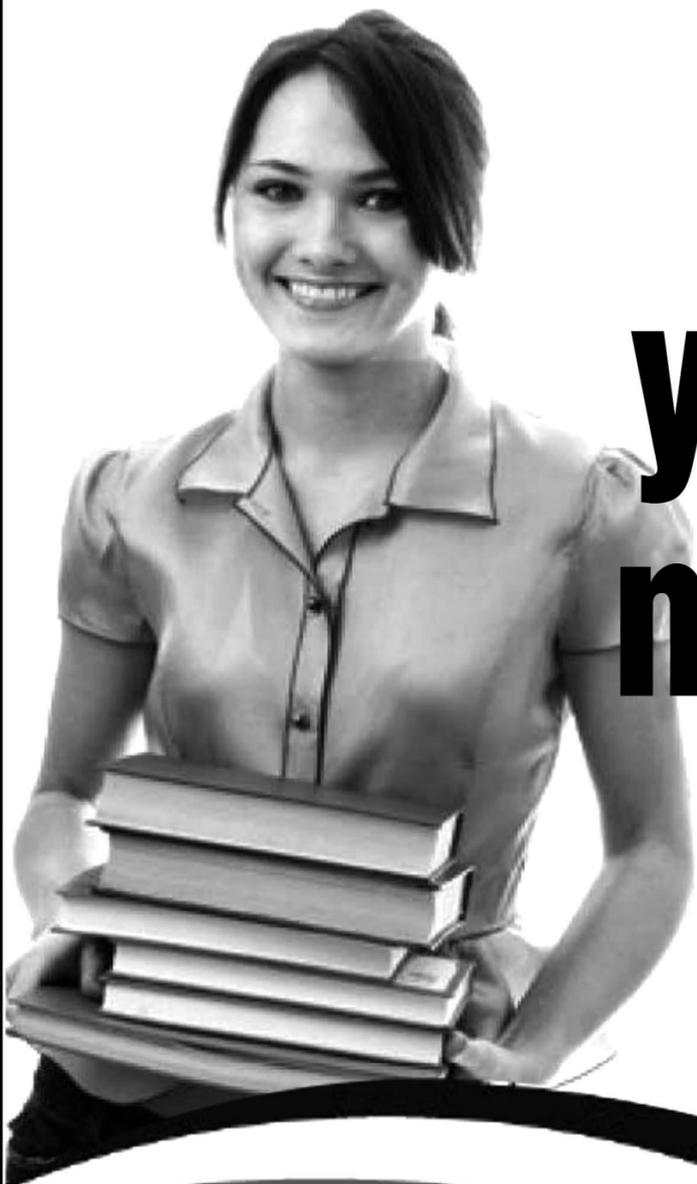
viding better energy efficiency, Brown said.

One of the projects was in the Field House, which required renting lifts to reach the light fixtures because of the ceiling height. The university received a payback for the work from MidAmerican, he said.

"[Brown] faced all the glitches, gremlins, and bugs head-on to help lead the transition into pneumatic to digital controls,

incandescent to fluorescent to LED lighting, and occupancy sensors and lighting controls," said Eric Foresman, a Facilities Management project engineer, in an email to the *DI*. "Marc and other members of the Facilities Management team have made these major technological advances seamless for the campus, while at the same time saving energy and resources for future generations."

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Nick Rohlman/The Daily Iowan

Iowa's Ryan Kriener drives against Nebraska in Carver-Hawkeye on Jan. 6.

**MEN'S**  
CONTINUED FROM 8

ered the run and responded with a streak of its own. "Sometimes on the road, it can snowball on you if you're quick-shooting the ball. We have had at times a tendency to do that," McCaffery said. "We're not afraid to shoot the ball, we play fast, we play with freedom, but there's a right time and a wrong time to do that."

As Iowa travels to Penn State for its fourth conference contest on the road, the Hawkeyes may be without one of their key pieces, making that mindset all the more critical.

Tyler Cook took a hard fall late in the second half of Iowa's victory against Ohio State on Jan. 12, coming down on his ankle. Cook was not able to practice on Monday, but McCaffery said he'd give it a shot Tuesday.

In the meantime, if Cook can't play, McCaffery noted that "in all likelihood" Nicholas Baer would assume his starting spot.

Fellow forward Ryan Kriener might see his name thrown into the mix, should McCaffery want to play a bigger lineup. Both he and Baer have showed promise in their extended roles this season, especially on the defensive end.

Baer (6.9) and Kriener (3.7) have the highest defensive box plus/minus of any of the Hawkeyes this season. No other Hawkeyes have a rating above 2.8. Kriener also leads the team in defensive rebounding percentage (19.7). Baer is second, grabbing 19.4 percent of available rebounds when he's on defense.

But if Cook is unable to go tonight, his injury shouldn't derail him for too much longer. During his teleconference, McCaffery said that in comparison to Luka Garza's injury (which kept him out

for three games), Cook's won't keep him out so long. "[I'm] more encouraged than Luka's," McCaffery said. "Luka's was a bad one. This is not a good one, but it's not like that — you knew Luka was going to be out for a while."

Iowa can win on the road without Cook. The Northwestern game that broke the eight-game losing streak came when the junior missed time with an injury as well.

Iowa has had its fair share of injuries, though, and demonstrated the ability to stay competitive.

"You need everybody," McCaffery said. "Not knowing from one game to the next who's healthy and who's not, others have to step up and play more minutes, play a different position, guard a different guy than they would have. You're seeing a great energy and a great cohesiveness as a result, because we all recognize the situation that we're in."

**WRESTLING**  
CONTINUED FROM 8

"I mean, he's been the guy since we were little," DeSanto said. "He's always been good. I've never wrestled him before, so it's going to be pretty cool just to wrestle him."

DeSanto is currently 11-1, and he heads into the match after winning a Midlands title and a match against another top-10 opponent.

"DeSanto is growing up in the sport a bit more — he's only a true sophomore," Brands said. "He's become more savvy, more position-oriented. I'll tell you one thing, he's going to wrestle seven minutes, and he's a handful."

Suriano has only suffered five losses in his career, and two of those have come from Hawkeyes. Thomas Gilman defeated him, 3-2, two seasons ago, and last season, Spencer

Lee battled Suriano in the 125-pound national title match and beat him, 5-1.

As DeSanto tries to be the third Hawkeye to defeat Suriano, he will go to Lee for advice.

"Spencer has wrestled him many, many times, so of course I'm going to go to him, who has the experience with wrestling him," DeSanto said. "We have Gilman up there who has wrestled him before. We're going to be trying to wrestle hard and do what I do. I'm just going to go out there and have fun — that's most important."

Lee and DeSanto met on the mat to wrestle for a championship title twice in high school but now work every day to make each other better.

In fact, after DeSanto beat Lee, Lee said he told him he should be a Hawkeye, but DeSanto just laughed it off because he was already committed to Drexel. But, once DeSanto

decided he would transfer, Lee helped recruit him to Iowa.

"That doesn't happen every day," Brands said. "That shows the unselfishness of both of them. It shows Spencer Lee's leadership in our program. It shows DeSanto doesn't have to be the big man on campus, except he's going to be the big man on campus if he keeps wrestling the way he's wrestling."

DeSanto will have another chance to show he can be the big man on campus against Suriano. As DeSanto heads into his big match, he plans to use his lungs to his advantage and push the pace.

"That should be a pay-per-view match," Brands said. "The Big Ten Network should sell the 133-pound match pay-per-view. The Big Ten Network's running, stop at 133, pay-per-view DeSanto-Suriano, and then get the free TV going again."

**WOMEN'S**  
CONTINUED FROM 8

tical categories. Oh, and she is also the all-time leading scorer and rebounder for both men and women at Iowa.

**Spreading the wealth**

While Gustafson is undoubtedly the focal point of the Hawkeye offense, she hasn't been the only one putting the ball in the hoop.

As a team, Iowa averages 80.6 points per game, good enough for 20th nationally.

A big reason for the Hawkeyes' potent offense has been their ability to pass. Iowa averages 22.1 assists per

game, third nationally.

Six Hawkeyes have dished out at least 20 assists so far this season, with Tania Davis leading the team at 75 (4.7 per contest) and Makenzie Meyer not too far behind at 72 (4.5).

In the first five Big Ten games, Kathleen Doyle has proved herself as a phenomenal passer; she averages 7 assists a game, third in the conference.

**A consistent Stewart**

Gustafson gets all the attention with gaudy numbers and smashed records, but one of the most dependable players for head coach Lisa Bluder's squad has been Hannah Stewart.

Coming into this season, Stewart had never started

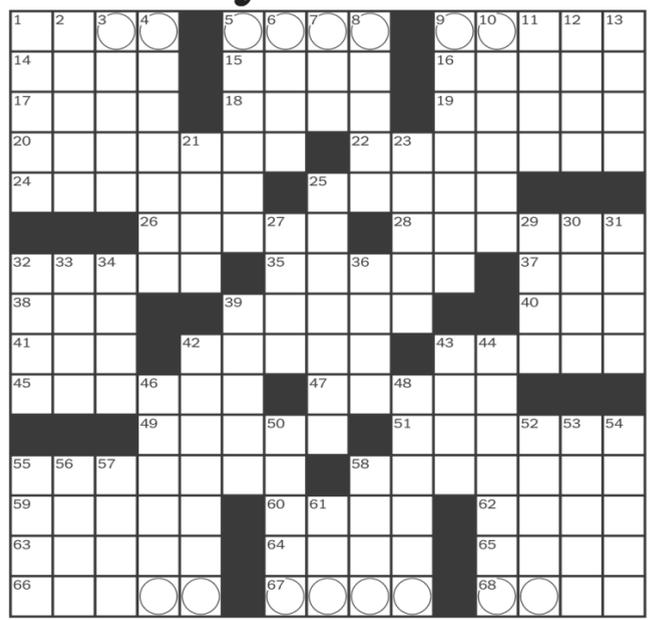
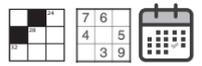
a game at the college level. Now, she's started all 15 of Iowa's games and looks like a seasoned veteran.

She averages 12.9 points, 5.8 rebounds, and 2.1 assists along with a 57.1 field-goal percentage that ranks fourth in the Big Ten, 26th nationally.

What's most impressive about Stewart's performance this year has been her consistency. She has put up at least 12 points in 11 games and has only failed to reach double figures once. She has also recorded at least 5 rebounds in 10 games as well.

Stewart also contributes defensively in a major way. She is third on the team with 18 steals and second on the squad with 12 blocks.

**The Daily Break**



**Across**

- 1 Baja resort
- 5 Prefix with cycle or sphere
- 9 Choice words
- 14 Informed about
- 15 Big publisher of romance novels
- 16 Tour leader
- 17 Debate venues
- 18 Nickname of an Israeli leader
- 19 What Fortune magazine called "America's most innovative company" for six consecutive years
- 20 With 58-Across, iconic frontman of 39-Across
- 22 25-Down, notably
- 24 \_\_\_ of Hormuz
- 25 Words in an old French cheer
- 26 Manhattan Project physicist Bruno \_\_\_
- 28 Many a decal
- 32 Home run, in slang
- 35 June Cleaver or Marge Simpson
- 37 Bedazzle
- 38 1977 album with a palindromic title
- 39 British rock band that gave an iconic performance at 25-Down
- 40 Subject of a spot check?
- 41 Easygoing, and then some
- 42 Darfur's locale
- 43 Exclaims
- 45 Sevastopol's locale
- 47 Something to debate
- 49 Softened
- 51 Service, maybe
- 55 25-Down, notably
- 58 See 20-Across
- 59 White mushroom
- 60 River in W.W. I fighting
- 62 Sting, e.g.
- 63 April Fools' Day birth, e.g.
- 64 Make silent
- 65 "Where \_\_\_?"
- 66 One of three biblical gifts
- 67 Part of a dog breed's name
- 68 Went platinum?

**Down**

- 1 Police officer's equipment
- 2 Left on a ship
- 3 Hole maker
- 4 How you might go zip-lining
- 5 Things that are kicked
- 6 Wilcox daughter in "Howards End"
- 7 Flash \_\_\_
- 8 How fish on a fishing boat are stored
- 9 Benchmark figure given how old a person is
- 10 Vatican diplomat
- 11 Urgent
- 12 Fragrance
- 13 Hit musical set in 1990s New York
- 21 Designer who said "My dream is to save women from nature"
- 23 Hunter in the heavens
- 25 1985 fund-raising event watched by 1.5+ billion people
- 27 Tuxedo shirt attachment
- 29 "Life Is Beautiful" extra
- 30 Baby's boo-boo
- 31 Clears
- 32 Rash decision?
- 33 Cracked a little
- 34 Lyft alternative
- 36 Kind of store or chorus
- 39 Somewhat
- 42 Haddock or hake
- 43 One who might work in the wings of a theater
- 44 Flinched or blinked
- 46 Not as assertive
- 48 Two-channel
- 50 Root words
- 52 Bad-tempered and unfriendly
- 53 Leave no trace of
- 54 Entered (in)
- 55 Radiant smile
- 56 Professor Higgins, to Eliza
- 57 "Strangers on a Train" film genre
- 58 2015 World Series team
- 61 Bro hello

PUZZLE SOLUTIONS ON PAGE 3

**WHAT'S HAPPENING TODAY**

- "The Chinese Model of Democracy is a Major Competitor to Liberal Democracy," John Reitz, noon, Congregational Church, 30 N. Clinton
- College of Pharmacy PSET Seminar, Laxmi Shanthi Chede, 12:30 p.m., S538 Pharmacy Building
- Anatomy/Cell Biology Seminar, Anne West, 1 p.m., 1-561 Bowen
- Next Generation Sequencing Interest Group, 2 p.m., 283 Eckstein Medical Research Building
- Strength in Numbers General Meeting, 3:30 p.m., 214 IMU
- Update on Diversity, Equity, and Inclusion, Chief Diversity Office, 5 p.m., IMU Main Lounge

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**WEDNESDAY SCHEDULE**

- DITV Crossover 8:45-9am
- Makran Time 11am-12pm
- We Still Here Radio 2-3pm
- Joke Local 5-6pm
- Descent Into Radness 7-8pm
- Amalgorium Emporium 9:30-10:30pm
- Single Synopsis 11pm-12am

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	3	1					
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						7	3
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				2		9	6
	4	7	8				

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**BECOME A BIOTEST PLASMA SUPERHERO!**

# Women's tennis making the marks

The Iowa women's squad is inexperienced, to say the least. The team features five newcomers.

BY CODY SMITH  
cody-r-smith@uiowa.edu

Iowa women's tennis will get the spring season underway on Friday, hosting Xavier in the home-opener.

Last season, the Hawkeyes were much more experienced, using five upperclassmen, four of whom were seniors. However, this season will be rather different; the Hawkeyes will have five newbies: freshmen Michelle Bacalla, Sophie Clark, Cloe Ruetter, Samantha Mannix and sophomore transfer Ashleigh Jacobs from Gonzaga.

With that, here are some numbers that will give an idea on how Iowa will stack up in the Big Ten.

## 2 - Upperclassmen

That's right, only two upperclassmen remain on the Hawkeye roster.

After losing three senior letter winners — Montana Crawford, Zoe Douglas, and Anastasia Reimchen — lone senior Adorabol Huckleby and junior Elise van Heuvelen Treadwell remain to lead the inexperienced group.

Huckleby, a former Big Ten Sportsmanship Award winner, has been one of the more vocal leaders for Iowa in years past. Undoubtedly, it's what she'll need to continue to do this season as she and two-time All-Big Ten performer van Heuvelen Treadwell prepare to set the example for the younger athletes.

## .421 - Fall doubles winning percentage

That was the percentage the Hawkeyes posted this fall season after falling to 16-22 in doubles.

Obviously, that was not what head coach Sasha Schmid had envisioned entering the season. However, the percentage is deceiving.

Although the Hawkeyes were below .500 in doubles, they managed to go 29-19 (.604) in singles, a positive note given how youthful the team is.

Even more so, these numbers are not a huge concern because the team only played in two tournaments this fall season; in years past, Iowa played at least twice as many.

Playing in the first few college matches is not easy, especially when paired with an unfamiliar partner, and it showed for Iowa.

## 0 - Injuries

For the first time in a long time, the Hawkeyes will start the season healthy.

Last season, injuries crippled Iowa, especially to such key players as Yu-fei Long, Reimchen, and Douglas. It was one of the main reasons Iowa fell to 10-14, 4-9 on the road.

Again this fall, the Hawkeyes couldn't stay healthy. For the majority of time in the fall, veteran van Heuvelen Treadwell was out with a wrist injury before coming back in her lone November appearance. She went 2-1 in the Rebel Tennis Women's Invitational.

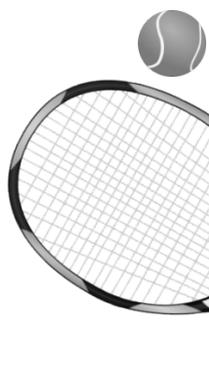
Now, the Hawkeyes are set to put it all together as they have no apparent injuries.

After Xavier comes to town, Iowa will take on North Texas at the Tennis Complex on Jan. 20. The Hawkeyes will then hit the road to Hanover, New Hampshire, to compete against Dartmouth and Brown Jan. 26-27.



Megan Nagorzanski/The Daily Iowan

Hawkeye Adorabol Huckleby returns a shot against Minnesota at the Hawkeye Tennis Complex on April 20, 2018.



## Quick numbers: Iowa tennis

- 2** upperclassmen on roster
- 42.1** winning percentage in doubles
- 60.4** winning percentage in singles
- 0** major injuries

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TWO bedroom on Newton Road. Off-street parking, no pets, no smoking. Available now. [www.northbayproperties.com](http://www.northbayproperties.com) (319)338-5900.

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**\$404,500**  
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[kathy@cbrep.com](mailto:kathy@cbrep.com)  
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# Sports

WEDNESDAY, JANUARY 16, 2019

THE MOST COMPLETE HAWKEYE SPORTS COVERAGE IN IOWA

DAILYIOWAN.COM

## HAWKEYE UPDATES

### Soccer names Quinn associate head coach

Iowa soccer has picked Blair Quinn to be the program's associate head coach, head coach Dave Dilanni announced Tuesday.

"My family and I are excited to be joining the Hawkeye family," Quinn said in a release. "I want to thank [senior associate athletics director] Matt Henderson, Dave Dilanni, and everyone involved in the hiring process for giving me this opportunity. I can't wait to get started."

Quinn served as the New Mexico State head coach from 2011-13, and he has had stops at Houston, Arizona State, Loyola Marymount, Kansas, Johnson County Community College, Rockhurst, and St. Mary.

Quinn most recently coached at Houston, where he served as an assistant coach, while also working with the Houston Dash of the National Women's Soccer League.

Quinn will coach the Hawkeye goalkeepers, replacing Rade Tanaskovic, who left Iowa for a job with the Chicago Red Stars.

"We are thrilled to announce Blair Quinn as our associate head coach," Dilanni said in a release. "Blair has a passion to teach the game, has a strong soccer IQ and work ethic, and West Coast recruiting connections that will make him a great addition to this program, Athletics Department, and institution."

### Iowa baseball under a month away from first pitch

The Hawkeye baseball team will kick off its season in less than a month, when it travels to Kissimmee, Florida, to compete in the Diamond 9 Sunshine State Classic Series, beginning Feb. 15.

Iowa finished 2018 with a 30-20 record, its fifth-straight season with at least 30 wins.

Head coach Rick Heller announced the team captains earlier this month: seniors Mitchell Boe, Chris Whelan, and Cole McDonald, and junior Kyle Shimp.

Iowa's first two series are at Hawaii and No. 18 Oklahoma State before the Hawkeyes play Simpson College in their home-opener on March 6.

### Iowa Wrestling Intermat Rankings

- 125 - Spencer Lee (2)
- 133 - Austin DeSanto (8)
- 141 - Max Murin (15)
- 149 - Pat Lugo (12)
- 157 - Kaleb Young (5)
- 165 - Alex Marinelli (2)
- 184 - Cash Wilcke (13)
- 197 - Jacob Warner (5)
- 285 - Sam Stoll (3)

## QUOTE OF THE DAY

**"The Big Ten Network should sell the 133-pound match. Pay-Per-View."**



- Iowa wrestling head coach Tom Brands on Friday's DeSanto-Suriano matchup

## STAT OF THE DAY

Iowa wrestling has posted **20 undefeated seasons** at Carver-Hawkeye.

**20** undefeated seasons

# DeSanto in upset mode

No. 8 Austin DeSanto will try to tally back-to-back top-10 upsets in his match at Carver-Hawkeye on Friday.

BY SARAH ALTEMEIER  
sarah-altemeier@uiowa.edu

Austin DeSanto has been a key pickup for Hawkeye wrestling, and he proved it in Iowa's 24-10 win over Minnesota when he upset No. 6 Ethan Lizak, 6-1.

"DeSanto showed me [in his match against Lizak] that he's doing what he needs to do to keep getting better and wrestling a high level," Iowa head coach Tom Brands said. "He's getting more relaxed out there to where he's managing his matches better. We need to keep getting better there."

DeSanto has an even greater challenge this week — he will face No. 3 Nick Suriano when Iowa hosts a dual meet against Rutgers at 8 p.m. Friday in Carver-Hawkeye.

Unsurprisingly, DeSanto looks forward to the chance to wrestle another top-10 opponent.

SEE WRESTLING, 6



PHOTO BY NICK ROHLMAN

# Injury, road test loom for Hawkeyes

Iowa aims to win its second conference game on the road, but it might be without one of its top players.



Megan Nagorzanski/The Daily Iowan

Iowa forward Nicholas Baer intercepts a pass against Wisconsin in Carver-Hawkeye on Nov. 30, 2018. The Hawkeyes lost, 72-66.

BY ADAM HENSLEY  
adam-hensley@uiowa.edu

Playing on the road, especially in the Big Ten, hasn't been kind to Iowa basketball — at least up until Jan. 9, when Iowa toppled Northwestern, 73-63.

That game marked the first time in eight tries that the Hawkeyes won a true road game in conference play.

"You have to be intelligent in how you play on the road," head coach Fran Mc-

Caffery said in his teleconference on Tuesday. "You've got to be tough-minded. Everybody thinks it's all about a road-warrior mentality — which is true, but there's a lot more to it than that."

In Evanston, the Hawkeyes proved that they can, in fact, combat runs and win in venues not named Carver.

Northwestern jumped out to a fast start in the second half, but Iowa weath-

SEE MEN'S, 6

# Hawkeyes prove to be among nation's best

The Daily Iowan takes a look at where the Hawkeyes stack up against the nation.

BY JORDAN ZUNIGA  
jordan-zuniga@uiowa.edu

With classes starting up again and Big Ten play underway, the Iowa women's basketball team is about at the halfway point of the season.

As the Big Ten standings sit, the Hawkeyes are in fifth. While that is a respectable place, it is low for a team that set season goals as high as Iowa did.

However, there are 13 games left — an ample opportunity for the Hawkeyes to improve their standing before the postseason.

Here's a closer look at what has been working for the Hawkeyes through the first half of the season.



Gustafson

### Gustafson is unstoppable

Anybody who has watched the team even for one quarter would agree there is no doubt Megan Gustafson is an elite player, and the Hawkeyes' opponents treat her as such.

They attack her with double and triple teams, but that doesn't matter. Even with the majority of the opposing defenses' attention on her, she has managed to put up an average of 26.4 points per game, leading the nation.

What's most impressive is her effectiveness late in games when her team needs it the most. Gustafson averages 8.8 points with a 73.1 field-goal percentage in the fourth quarter.

She also ranks in the top five nationally in eight statis-

SEE WOMEN'S, 6

## Quick stats

No. 23 Iowa at Penn State

14-3 (3-3)

**Tyler Cook**  
17.1 points  
8.3 rebounds

7-10 (0-6)

**Lamar Stevens**  
18.6 points  
8 rebounds

**When:** 6 p.m.  
**Where:** Jordan Center  
**Watch:**

## Women's basketball by the numbers

- 26.4** Points per game from Megan Gustafson
- 22.1** Iowa's assists per game
- 15** Starts this season by Hannah Stewart