



Bluebird Diner turns 10
The Iowa City community gathered in Bluebird Diner on Dec. 8 to commemorate the 10th anniversary of the diner's opening and serving breakfast food to packed tables every week.



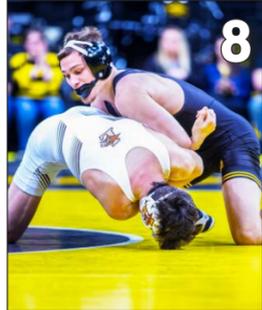
A new molecule could aid in treating diabetes and fibrosis

In a research collaboration between the UI and University of Milan, a new molecule called carnosinol has been developed to treat diseases in the future.



Midwestern winters as told by a Texas resident

DI reporter Katie Ann McCarver talks about her first experience with Midwestern winters since moving to the UI from Houston.



Iowa wrestling turns focus to bonus points

Against Iowa State, the Hawkeyes struggled with wrestling a full seven minutes, leading to a 1-point win. But when Iowa took on Lehigh on Dec. 8, bonus points played a key role when the Hawkeyes needed a victory.



Hawkeye women's hoops' wins come with strong defense

It's clear that stellar defense has played a key role for Iowa women's basketball in its three-game winning streak. That intensity on the defensive end was especially important when the Hawkeyes' offensive production took a dip.



Tune in for LIVE updates
Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at dailyiowan.com.



UI brings back LLC for first-generation students

UI Housing and First Generation at Iowa reintroduce a Living Learning Community for first-generation students and create a rhetoric course to help those students transition to college.

BY RYLEE WILSON
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For the 2019-20 academic year, incoming students will have a new Living Learning Community option for first-generation students.

While the program has been an option previously, it has not been offered to students for several years. Next year, it will return with an add-

ed academic component, a rhetoric course that all LLC members will take.

The journalism and mass communication LLC will be taken away as an option for students next year.

The first-generation LLC will be located in Burge and can house up to 80 students.

Angela Lamb, an assistant director of academic retention & support

for the University College, said it was important to provide an LLC option for first-generation students.

"We had the LLC, and then it went away, [and] not having it left kind of a hole. A lot of people have been asking where to go," Lamb said. "Supporting first-generation students is at the forefront of a lot of initiatives on our campus right now. For me, bringing this LLC back is another way that we are able to continue working to support first generation students."

er way that we are able to continue working to support first generation students."

Ashley Wells, a lecturer in the Rhetoric Department and a member of the First Gen Task Force, is working to develop the academic component of the LLC.

Wells said rhetoric was a good

SEE LLC, 2

Ruling on fetal-heartbeat bill to come soon

A motion for summary judgment in an ongoing lawsuit against Iowa's controversial fetal-heartbeat law was heard by an Iowa District Court judge. He will rule in the next 60 days.



Zach Boyden-Holmes/The Des Moines Register

Martin Cannon, a lawyer for the Thomas More Society, represents the state of Iowa during arguments in a legal challenge to Iowa's fetal-heartbeat law in District Court on Dec. 7.

BY ELIANNA NOVITCH
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Opponents of Iowa's controversial fetal-heartbeat law, which would ban abortions after a fetal heartbeat is detected, argued that "the law is patently

unconstitutional and would gravely harm Iowa women if allowed to take effect" in an ongoing lawsuit against the state of Iowa.

At a hearing in Des Moines on Dec. 7, District Court 5C Judge Michael Huppert did not

rule on a motion for summary judgment that was filed in September but said he would rule in the next 60 days.

The summary judgment asks the court to decide a case based on the parties' legal arguments without waiting for a

trial, contending that the basic facts of the case are not in dispute.

The motion was filed by co-petitioners Jill Meadows and Planned Parenthood of the Heartland — both represented by Planned Parenthood and

the American Civil Liberties Union of Iowa — and the Emma Goldman Clinic against Gov. Kim Reynolds, the Iowa Board of Medicine, and the state.

SEE ABORTION, 2

Lit City turns a tremendous 10

In its 10th year as a City of Literature, Iowa City continues to be a hub for literary lovers.



Katina Zentz/The Daily Iowan

Two students read books in the Dey House on Nov. 27. Iowa City is celebrating 10 years of being a UNESCO City of Literature.

BY KINSEY PHIPPS
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Iowa City was designated the world's third City of Literature by the UNESCO on Nov. 20, 2008. It has been a decade of recognizing, learning, writing, listening, and appreciating literature here in the heart of the U.S.

The UNESCO Creative Cities Network was established in 2004, hoping to increase cooperation among cities who feel that creativity is essential

to city growth and development. Crafts and folk art, design, film, gastronomy, literature, media arts, and music are all creative titles awarded to cities dedicated to their craft.

Edinburgh, Scotland, was the first City of Literature in 2004. Four years later, a group with members of the International Writing Program, Iowa City, the Iowa City Public Library, and the University of Iowa came together to build an

Winnike remembers time as night mayor

After being hired in 2017, Angela Winnike worked with local businesses to facilitate Iowa City's night life. She left this weekend for a new job in Los Angeles.

BY CALEB MCCULLOUGH
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The country's first night mayor has said farewell to the city she's long called home.

Angela Winnike was hired in April 2017 as Iowa City's first-ever night mayor, a position that she said was the first of its kind in the country. After a year and a half as night mayor, Winnike left the position this past weekend for a new job in Los Angeles.

"It was something new, so there were no expectations, which always makes a job easier and harder at the same time," she said.

The night-mayor position was created as part of an initiative to encourage activities and support the nighttime economy, said Nancy Bird, the executive director of the Iowa City Downtown District.

"We really felt like we needed to be deliberate to encourage people who hadn't been downtown in a while ... to come and just invite people back to see the project,"



Winnike

SEE LITERATURE, 2

SEE MAYOR, 2

WISHING YOU A BRASSY HOLIDAY



Tate Hildyard/The Daily Iowan

The UI Tuba and Euphonium Ensemble plays on the Old Capitol steps during its annual Christmas show on Dec. 7.

The Daily Iowan

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BREAKING NEWS

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LLC
CONTINUED FROM FRONT

choice for that component, because it fulfills general-education requirements for all students. The course will have a theme concerning ideas of intersecting identities.

As a first-generation stu-

dent herself, Wells hopes to create a supportive atmosphere in the rhetoric classroom.

"I didn't always feel comfortable talking to my professors or asking questions that I thought might sound dumb, that I thought my classmates already knew the answers to. Rhetoric is perfect, because it's a small class, and the themes we talk about and en-

gage with lead to really great discussions," Wells said. "They get to know classmates and professors as well, and we can answer those questions for them in low-pressure ways because they don't have classmates that they think already know."

Students will receive extra support from peer tutors from the Success in Rhetoric Center. Tutors who are

first-generation students themselves will be placed with rhetoric sections from the first-generation LLC.

"They [students] can connect better with the tutors," Lamb said. "A lot of times, people get stuck in this deficient mindset thinking, 'Oh, you're first gen, you have all these struggles,' and that's really not the narrative that we want to focus on."

Andrew Beckett, associate dean of the University College, said in an email to *The Daily Iowan* that providing a first-generation LLC helps the UI to fulfill requirements for Higher Learning Commission's accreditation. The LLC is based on similar programs at other universities.

Lamb believes the UI is unique in the level of support it provides first-generation

students.

"Supporting first-generation students is something this campus is very much committed to," she said. "Bringing back the LLC is one of the ways we're trying to show this is really something we're committed to. A lot of institutions are really struggling for campus buy in; this campus [the support] truly is campus wide."

ABORTION
CONTINUED FROM FRONT

"Summary judgment is warranted here because there is really only one fact that this court need find to decide this case, and it's an undisputed fact," Alice Clapman, an attorney for Planned Parenthood, said during the hearing. "That is the fact that a six-week embryo is not viable outside the uterus. Under the law, that is conducive to establish that the ban is an unconstitutional pre-viability ban."

Martin Cannon of the Thomas More Society representing the state and defending the heartbeat law, challenged Clapman's call for summary judgment.

"Summary judgment is not appropriate when material facts are in dispute," he said. "In this case, material facts are in dispute."

Cannon disputed facts listed in the complaint, including Planned Parenthood and other opponents' claims that the law would ban nearly all abortions, that legal abortion is one of the safest procedures and safer than childbirth, and that cardiac tones, or heartbeats, generally are detectable at six weeks or earlier.

"That is heavily disputed,"

Cannon said when referring to when heartbeats can be detected.

The argument over heartbeats and how they are detected drew lengthy debate from both sides.

While Clapman argued that a heartbeat could be detected as early as six weeks using a transvaginal ultrasound, Cannon contended that under the law, a heartbeat must be detected using an abdominal ultrasound, with which, he said, a heartbeat would be detected in the seventh week.

Cannon also responded to concerns over limiting the time window during which women could seek an abortion, contending that the law provides time for women to seek an abortion.

"This bill does not ban one single abortion. Not one. It simply requires that all abortions be done earlier," Cannon said during the hearing. "If you're going to have an abortion, do it promptly before the child reaches this milestone that is so compelling, so provocative, so instinctively understood by people that it has a heartbeat and is living under ordinary standards."

The fetal-heartbeat law had been set to go into effect on July 1 of this year.

However, the law was temporarily blocked on June 1 by an Iowa District Court judge after

the ACLU of Iowa and Planned Parenthood of the Heartland filed a lawsuit against Reynolds and the Iowa Board of Medicine to stall the law both temporarily while the suit makes its way through the courts and block it from permanently going into effect.

The law aims to ban physicians from performing most abortions after a fetal heartbeat is detected, which can occur at around six weeks. The fetal-heartbeat law was passed in the 2018 legislative session.

The Iowa Supreme Court ruled this summer that a mandatory 72-hour waiting period for all women seeking abortion violates the state Constitution. The waiting period requirement was a part of a law that legislators passed in 2017 that was signed by then-Gov. Terry Branstad. Reynolds was his lieutenant governor.

That waiting period requirement was also challenged by Planned Parenthood of the Heartland and the ACLU of Iowa.

The Iowa Supreme Court's ruling on June 29 declared that Iowa women have a fundamental right to abortion under the Iowa Constitution, causing legal experts to question the chances of the fetal-heartbeat law being heard by the highest court in Iowa.

During the hearing Dec. 7,

Cannon argued that the Iowa Supreme Court's ruling didn't explicitly prevent abortions from being regulated.

"The other side wants to say if a three-day delay on otherwise legal abortions can't pass muster, then a prohibition on some of those abortions can't either," Cannon said during the hearing. "I think they misunderstand the ruling [and] assume things not in it. The court did not say we can't regulate abortion. They didn't say that 72-hours failed because it was too great in restriction. Seven-

ty-two hours failed because it wasn't narrowly tailored under the strict scrutiny analysis."

Proponents of the law have said they would like to see it go all the way to the U.S. Supreme Court as a case that could potentially overturn *Roe v. Wade*. Before making it to the U.S. Supreme Court, the law would have to be taken up by the Iowa Supreme Court.

However if the Iowa's highest court rules that the fetal-heartbeat law violates the Iowa Constitution, it would be difficult for advocates of the law to get it

before the U.S. Supreme Court because federal courts don't generally decide debates over state constitutions.

Rita Bettis, the ACLU of Iowa legal director, told reporters after the hearing she didn't think a trial would be necessary.

"The Iowa Supreme Court has decided just earlier this year that abortion is a fundamental right under the Iowa Constitution," Bettis said. "... Because of that, we know that this law is unconstitutional because it restricts abortions so early in pregnancy."



Zach Boyden-Holmes/The Des Moines Register

District Court 5C Judge Michael Huppert presides over a legal challenge to Iowa's fetal heartbeat law on Dec. 7.

LITERATURE
CONTINUED FROM FRONT

application for UNESCO. The town was designated as the third City of Literature a couple weeks behind Melbourne, Australia, local City of Literature Executive Director John Kenyon said.

Just months after the floods of 2008, Iowa City received the City of Literature designation.

Rachael Carlson, Iowa City UNESCO director of operations, said this was a bright light in a dark time for the community, because so much of the Arts Campus was lost.

"You can't tell the story without talking about the flood," she said. "The arts community responded to the flood and has flourished since."

After the designation, Kenyon said, every literary aspect of the city grew. The Iowa City Book Festival and the Mission

Creek Festival get larger every year, drawing in more artists, writers, and art connoisseurs. Along with New York City and Los Angeles, authors have Iowa City on their tour list when promoting new work, Kenyon said.

"Iowa City was a City of Literature long before the UNESCO designation," Kenyon said.

With the famous IWP, the Iowa Writers' Workshop, Prairie Lights, numerous libraries, and the heavy arts scene, Iowa City has always been a hub for lovers

of literature, Kenyon said.

The 28 Cities of Literature around the globe learn from each other, implementing innovative practices. One Book Two Book, Iowa City's children's book festival, will implement Manchester's idea in 2019, accepting writing submissions for contest in the native language of the child. Iowa City is accepting submissions in English, French, and Spanish with the goal to expand more each year, Carlson said.

The UI is home to more than 30,000 students, living and learning in a City of Literature.

"One of the reasons I chose the University of Iowa was the fact that it was a City of Literature and its creative-writing program is so esteemed," first-year UI student Ashley Vannoy said. "I didn't even know all the things that go along with being a City of Literature until I got here, and so now I'm so excited and ready to further my writing."

The U.S. government is planning to leave UNESCO as a member, Kenyon said, but that will not affect Iowa City's designation.

"In the next 10 years, I see a lot of fruits of our labors in terms of collaborative efforts among cities around the world," he said. "We learn from the best cities around the world and teach them what we're doing. [Being a City of Literature] is not only a celebratory thing, it's a membership to a network."

MAYOR
CONTINUED FROM FRONT

Bird said.

Winnike worked with local bars and restaurants downtown to organize nighttime events. She said she worked in harm reduction, leading alcohol-safety initiatives with business owners downtown.

Pints manager Taylor Riedemann has worked closely

with Winnike since she started as night mayor. He said she worked to get Pints involved during RAGBRAI and other big events in the city.

"She's always fighting for us," Riedemann said. "She's made it really easy for us to just make the most of it."

Winnike said she worked as a communication bridge between downtown businesses and the city, which was important in preserving relationships. Because most

restaurant and bar owners are not at work during traditional business hours, Winnike said, it's important to preserve communication between them and city officials.

Winnike said one of the major goals of her work was getting UI students involved in the nightlife. She has partnered with Campus Activities Board, as well as Graduate and Professional Student government to connect UI students with resources and

get them involved.

"Doing events that don't involve alcohol but are still fun, for me, was really important," she said.

One of the biggest events that Winnike organized was the Downtown Block Party, which she said drew 45,000 people in 2017. Winnike said the block party was a great example of an all-ages event that everyone in the community could be involved in.

"The ability for this commu-

nity to come together and just have fun like that, that's what our nightlife does on a regular basis," she said.

As one of the first people in the country to occupy this kind of role, Winnike said she was able to be part of a national network of night mayors created after appointment, helping cities that want to create a similar position.

The network was started by Winnike and the night manager in Pittsburgh and includes

such cities as San Francisco, Seattle, and Orlando.

The Downtown District will refocus the role of the night mayor, Bird said, and officials will find a replacement for Winnike in February. They will conduct surveys with downtown business owners on how to best change the position.

"We're really exploring the next steps," Bird said. "We've learned so much in the past couple years about what's happening downtown."

New molecule may help treat illnesses associated with obesity

University of Iowa researchers collaborated with the University of Milan on a new chemical that could treat fibrosis.

BY CALEB MCCULLOUGH
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In a recent international collaboration, researchers at the University of Iowa worked with scientists at the University of Milan, Italy, to create a new molecule that could help treat disorders related to obesity.

The molecule, called carnosinol, is nearly identical to a different protein called carnosine that already exists in our bodies, said Ethan Anderson, a UI professor of Pharmacy.

Carnosine is present mainly in the muscles, heart, and brain. Anderson said the protein works similar to an antioxidant: It removes a number of bad chemicals in our bodies that cause disease.

"It's like a sponge that cleans up all the gunk," he said.

The carnosine present in our bodies decreases as we age, Anderson said. Every decade past the age of 50 sees a 15 to 20 percent reduction in carnosine. Carnosine is present in food, but the body breaks it down very



Ethan Anderson/Contributed

quickly.

Carnosinol was created by researchers at the University of Milan and then tested at the UI by Anderson and his colleagues. Carnosinol was designed to be a more resilient version of carnosine, said Giancarlo Aldini, a researcher at the University of Milan, in an

email to *The Daily Iowan*.

"They just made a slight change chemically to carnosine and made it an alcohol," Anderson said.

In his lab, he began the process by feeding mice a high-fat and high-sugar diet to make them obese. He said the mice became insulin-resistant and showed all

the signs of Type 2 diabetes. Additionally, the liver and heart became very unhealthy.

The next phase in the process was to mix carnosinol into the drinking water of the mice and observe the effects. The mice became much healthier over the next few months. Their glu-

cose levels returned to normal, and they became insulin-sensitive again.

"They remained obese, but what happened was, over the course of the next 10 to 12 weeks, it totally reversed all of the disorders," Anderson said.

While carnosinol hasn't been tested on humans yet, the researchers said it has potential to treat a number of disorders related to obesity. In addition to combating fibrosis and diabetes, Anderson said, the chemical could reduce the risk of heart attack and stroke.

"Carnosinol could be useful to reduce the chronic inflammatory response ... involved in several chronic diseases, including atherosclerosis and cardiometabolic diseases," Aldini said in his email.

UI graduate research assistant Blake Monroe, who was a co-author on the paper, studied the effects of carnosinol on fibrosis in the liver of the mice, showing positive effects.

"Treatment of carnosinol ameliorated the formation

of liver fibrosis in diabetic and obese mice," he said.

This was not the first time an analog of carnosine has been made, but Anderson said that it has showed the most promise. He said the UI College of Pharmacy is working on different ways to use the natural effects of carnosine.

Anderson said it is unclear when carnosinol will move on to human trials. The commercial rights to the chemical are held by Flamma, an Italian chemical company.

"It certainly will lead to some type of carnosine-based therapy," Anderson said.

Bluebird sings along, 10 years later

Ten years ago, owners Hart Gepstein and Jon Wilson developed an idea for Bluebird Diner and now reflect upon its growth.



Michael Guhin/The Daily Iowan

The Bluebird Diner is seen on Dec. 8.

BY ALEXANDRA SKORES
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After 10 years of serving breakfast food to the Iowa City community, Bluebird Diner, 330 E. Market St., celebrated its 10th anniversary with the Iowa City community on Dec. 8.

Just a little over 10 years ago, Bluebird owner Jon Wilson found himself unemployed with no job prospects, waiting for an opportunity to find a new start. When the Market Street building was put up for sale, he immediately jumped on the opportunity to start something new.

Owners Hart Gepstein and Wilson, who describe themselves as "longtime Iowa City people," had known each other through friends of friends, but never would have thought to team up to become partners. With the purchase of the building and an idea in mind, they soon established Bluebird Diner.

"We showed Iowa City in the last 10 years that breakfast didn't have to be traditional 'country

kitchen' greasy food," Gepstein said. "We made our food a little more upscale than the stereotype."

Saturday evening brought mimosas and snacks to celebrating community members.

"A big thank-you goes out the Iowa City community for supporting us over the years," Gepstein said.

'This restaurant started as a dream come true to an opportunity to making a living of it.'

-Hart Gepstein, co-owner

Gepstein and Wilson said Bluebird has attracted many different types of customers over the years.

"Our customers come from all over," Wilson said. "We don't really draw more of one group than another."

Bluebird has many regulars who Gepstein and Wilson know on a first-name basis, alongside a staff with a good mixture of the

community.

One staff member, Chad Clark, has worked at Bluebird for around three years and loved every second of it.

"I absolutely love working here," he said. "The food is amazing, the coworkers are amazing, and I get insurance to work here — which is a big thing for me as a waiter."

Wilson said he would attribute the last 10 years' success to the location of the restaurant and how convenient it is for the Iowa City community.

"We worked in the business day in and day out," Wilson said. "The location helped immensely, but we were also able to watch the place grow over time."

Gepstein said Bluebird's opening 10 years ago helped fill

a void in the community.

"I think whether or not the community knew it, we were filling a need for them 10 years ago," Gepstein said. "They really warmed up to us pretty quickly."

Wilson and Gepstein said that, alongside their traditional breakfast food, Bluebird's coffee is often a fan favorite. Many will take a bag of the coffee grounds to go.

"Just about 90 percent, if not more, of our food is homemade," Gepstein said. "We do just about everything we can from scratch and try to limit buying things from a truck."

Wilson and Gepstein said the last 10 years have been fun, from getting to know their staff to becoming a part of the Iowa City community.

"It has been a blast," Gepstein said. "I can't believe it has been 10 years. This restaurant started as a dream come true to an opportunity to make a living out of it. We are very thankful for where we are today."

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Opinions

COLUMN

Fighting climate change isn't just for tree huggers anymore

Strong environmental policies are crucial to keeping Iowa's agricultural economy alive.



ELIJAH HELTON
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If I asked you to imagine someone who's really concerned about the environment, what type of person would come to mind? A hippie college student? A European scientist? How about an Iowa farmer?

The reason why climate change is such a critical issue is because it threatens so many different aspects of the world as we know it. Everything from immigration to economics is rapidly

going to circle around environmental issues, and it's going to come for agriculture early.

Let's zoom out from the doomsday talk for a moment and examine our current situation with corn. It's our state of Iowa's most famous product, and it's everywhere. In my hometown of Mount Pleasant, Iowa, there are corn crops on both ends of the Walmart parking lot. You can't go more than a couple miles without seeing someone's crop. Corn is our state's No. 1 export by far. In fact, former Iowa Gov. Terry Branstad is the current Ambassador to China because of our agricultural knowhow and prowess.

All of that is threatened by climate change. Rising global temperatures will throw a well-calibrated water cycle

out of whack. Too much evaporation from high heat leads to too much precipitation for our crops. Iowa has enjoyed its place in the heart of the highly fertile Corn Belt for generations, but our perfect soil and weather for strong crop yields is looking less pristine.

In fact, according to a report from Iowa and 17 other states, "absent significant adaptation by Iowa farmers, the state could face declines in its corn crop of 18-77 percent." Of course, that's without adapting to the changing climate, but adaptation is merely dealing with the symptoms. If we want to avoid devastation for those depend on the agriculture industry, we need to address the causes of a rapidly heating earth.

We know greenhouse gas emissions are the major con-

tributing factor to the planet-wide rise in temperature. According to the Environmental Protection Agency (which has been rendered largely useless by the Trump Administration, but that's another issue), 65 percent of global greenhouse gas emissions come from carbon dioxide via the burning of fossil fuels and other industrial processes. If we have any chance at saving our farms, it's going to include cutting out a lot of coal from our electricity diet.

Iowa is already setting a good example; we generate over a third of our electricity from wind power. While that's not enough in the long term, it's something we can build on. We need to invest more into renewable energy sources like wind as well as solar power. We can do this.

Maybe saving countless vul-



Harvesters are lined up in Steve Hemp's cornfield after they and friends of Hemp finish harvesting in Ashkum, Ill., on November, 4, 2017. Hemp died in September of a heart attack

nerable species from extinction, our coastal cities from rising oceans, or our children from toxic air pollutants isn't enough motivation to fight the War on Climate Change. But

if we're not willing to save our farms, our breadbasket and breadwinner, then the environment is going get nasty for a lot more of us than the hippies and scientists.

COLUMN

Student teaching: all work, no pay

Should student teachers be paid? Or at least compensated in some way for their semester-long student teaching service? I tackle these questions and give some perspective from fellow students and the associate dean of the College of Education.



ZACH WEIGEL
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Many argue that college athletes — particularly football and basketball players — should be paid. Some argue that these athletes devote time to their sport and make tons of money for their universities. Therefore, they deserve a share of the massive pot of money that they help generate.

Meanwhile, although the argument for paying student teachers has been around for years, little attention has been given to the prospects of paying student teachers.

This coming semester I will be a student teacher and as such I will be tasked with refining all that I have learned in my education classes and teaching experiences by co-teaching with a veteran instructor. Hence, es-

entially this coming semester will serve as internship or apprenticeship, where I will work with and learn from a full-time, experienced professional.

But, unlike many other students who partake in internships during college, my student teaching internship will be unpaid. In fact, I will have to pay full tuition and fees, in addition to other miscellaneous fees, for this on-the-job experience.

Ergo, my question is this: if people are up in arms about college athletes being exploited, shouldn't we also be up in arms about student teachers being slighted?

Most college athletes get scholarships that cover their room and board even if they don't get paid outright. These scholarships help defray the extravagant costs associated with attending college. Yet, in comparison, student teachers have to pay full price for their student teaching experience, with no supplemental monetary support in the form of a scholarship. Student teachers also don't get their tuition waived like graduate teaching or research assistants.

On a certain level I can un-

derstand why student teachers have to pay for their apprenticeship. Unlike student-athletes or graduate teaching/research assistants, student teachers don't work directly for the university. They work in elementary, middle, or high schools — entities that are under the auspices of state and local government, not the university. So it makes sense that the university wouldn't pay student teachers or waive their tuition because their service does not directly benefit the university.

While students in other majors have the option to partake in an internship, students looking to become teachers don't have the option to forgo student teaching because it is required for nearly all teachers to get licensed. Only students who already have a bachelor's and job experience in a secondary education content area have the option of bypassing the student teaching semester through an alternative pathway to teaching called RAPIL (Regents Alternative Pathway to Iowa Licensure) that allows professionals to take online teaching classes and intern at a school district.

To give a little more credence to my point about student teaching being an unpaid semester long apprenticeship, I asked some fellow students, faculty, and administrators to give their perspective on student teaching.

One student expressed concern about paying for tuition and the fees associated with student teaching.

"We have to pay tuition which is justified, but 15 semester hours is a large sum. Plus, there are additional fees of about \$500 just for student teaching, \$300 to take edTPA [Educational Teacher Performance Assessment — a required evaluation to be recommended for licensure], \$150 to \$200 to apply for licensure and get a background check, and provide our own transportation to where we teach," the student said.

Moreover, this same student mentioned staff in the College of Education recommended that she quit her part-time job so that she could focus on student teaching.

Another student in the teacher education program suggested, "In terms of costs and savings, I don't see why student teaching couldn't be compensated by pro-

rating tuition on the university's end or providing a stipend on the district's. I do think teachers are stuck in a weird gray area when we compare student teaching with internships and apprenticeships in other disciplines."

Furthermore, this same student suggested that licensure may in fact be to blame for student-teachers' precarious situation. "Fields which require licensure seem to require long stints of unpaid work to attain it. When licensure isn't required, people seem to get paid. The problem is, teaching isn't a licensure which gives you big returns on investment, and unskilled teaching isn't as much of a liability to a school like unskilled dentistry would be to a practice."

Dr. Nancy Langguth, Associate Dean of the College of Education, mentioned that the tuition student teachers pay goes in part toward coordinating the student teaching placements and assisting teacher candidates in their job search.

"Once we get money back from the university it helps fund things like mock interviews with area administra-

tors, pay for the College of Ed's job fair, refine students' résumés, and network with school administrators. There's also one staff member who is devoted to processing licensure paperwork and requirements."

More to the point, a faculty member in the College of Education gave additional insight into where tuition money goes, saying that student teaching supervisors have to be paid. Plus, school districts get a stipend for allowing a student to student teach. Not to be remiss, special site placements in different states and countries have to be accommodated too.

Therefore, like paying college-athletes, it seems that the issue of paying student-teachers — or at least paring down the costs associated with student teaching — is quite a precarious situation with no cut-and dried right or wrong answer.

Nonetheless, it'd sure be nice if all of us student teachers could get paid or not have to pay full tuition for our student teaching semester.

IN THEIR OWN WORDS

What is important to keep in mind during finals week?

UI students reflect on what is important to remember during the stress and sleep deprivation of finals week.



ELLA HECKMAN

"The most important thing for me is eating regularly, because I tend to forget. Other than that, just thinking of like, 'It's going to end, and I am going to get through this. I've survived worse and this is not going to be the thing that breaks me.'"



HECTOR TREJO

"Take care of yourself. This is my fourth year at Iowa and I remember some finals I would just sleep like two hours a night, then not eat, then comes the final and you can't handle it. You're done. So yeah, eating food and sleeping. Naps. A lot of naps and snacking."



SYDNEY BOSCH

"I'm trying to balance studying and sleeping. So I am not like super tired and not willing to study. Because sometimes I'll stay up super late and just never want to study so I'm trying to keep an equal balance and not stay up super late or anything."



CONRAD HELLMAN

"Not to stress yourself out, I mean it's not the end of the world if you do bad on an exam. It's important to keep a level head and study when you can, take your leisure time as well, that important just as much. Just don't stress yourself out, that is the most important thing, that's what I've been doing the past couple years. Just take it easy."



AMANDA MIANO

"Just time management, making sure I have enough time for studying and also putting in some relaxing time as well, so I'm not stressed the entire week."

STAFF

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Adapting to Midwest winter's icy claws

As the first (and second) snowfall of the winter comes and goes, students from in and out of state acclimate to the cold weather.

BY KATIE ANN MCCARVER
katie-mccarver@uiowa.edu

As an out-of-state student from Houston, my experience with severe winter weather is limited, to say the least. When Iowa City was blanketed by its second snowstorm of the season this month, I was equally amazed by the beauty of the winter storm and its chilling temperatures.

Although the icy streets have since thawed and the sun is shining, the freezing weather remains. While I have taken to wearing three layers of clothes to protect me on my walk between classes, students native to the Midwest seem unfazed.

"I've lived in Iowa my whole life," UI freshman Olivia Fourneau said. "It's normal, but I don't like the cold at all."

One of the worst parts of winter, she said, was adapting to the streets constantly being salted or submerged in sand to avoid collisions because of the ice.

UI spokesperson Anne Bassett said the last time a full day of classes was canceled at the UI occurred in February 2011.

On the contrary, the precedent for winter weather at my high school in Houston was cancellation if the snowflake icon even appeared in the weather app on our smartphones.

"As long as students and their instructors are able to travel to and from campus safely, regularly scheduled classes will continue to meet," Bassett said. "Individual circumstances may vary, and you should avoid serious risks."

Bassett said that on days when severe weather is forecast, the Vice President for Student Life consults with several different university officials to determine

whether student safety is at risk. Like many the schools throughout the state, UI administrators seem to understand that snowstorms are inevitable in the state we live in, and students and staff must learn to work around them and the obstacles they pose.

Nevertheless, for me and other nonresident students, the harsh winds and flurries of snow take some getting used to. UI junior Cassandra Chia transferred to the UI for the spring semester of this year, moving from a warm Malaysian climate to a cold Midwestern one.

"It was brutal," Chia said. "I got lost in the snow, and my phone died because of the cold the week before my first classes started. I definitely had a hard time getting around."

Another surprise was the dry Iowa air, so different from the rainy seasons she's used to. It prompted her to buy some lotion.

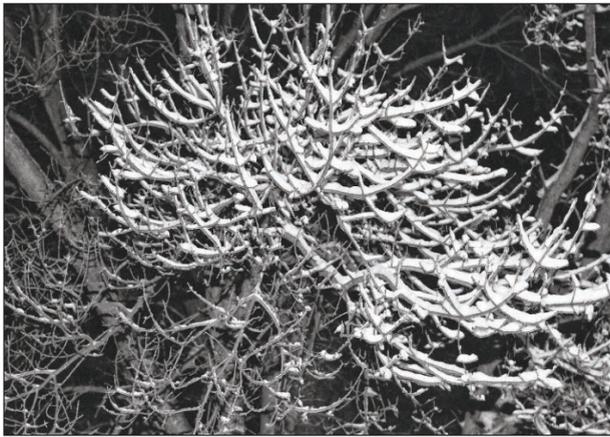
Chia said she has since learned how to prepare for the winter weather, purchasing snow boots

and more than anything shifting her mentality to be excited about the cold.

"One day, I decided I'm not going to sit there and complain around the weather because I chose to come here," Chia said. "Part of the whole package is that we have four seasons — it's really cool."

Similar to Chia, I come from a very hot and humid climate, spotted by showers and flash floods. I know how to drive in deep water but not what to do if my car drifts on a patch of black ice. I can brave record-breaking degrees of heat, but I shy away from negative wind chills.

The differences are undeniable, but already, the white backdrop of a Midwestern winter has proved worth it. I will go home for winter break, where it's warm enough for me to go swimming on Christmas Day. But I will come back to sledding and snowmen and snowball fights, concepts so foreign I almost can't wait for my return.



Tate Hildyard/The Daily Iowan

Iowa City is covered in snow following a winter storm on Nov. 25.

To 'Bah-humbug,' or not to 'bah humbug'

The holiday season — a time for joy and togetherness or chore and never-ness?

BY CHARLES PECKMAN
charles-peckman@uiowa.edu

The holiday season is upon us — and love it or hate it, there is little to be done (except for stopping the passage of time) to squelch the holiday.

To some, the smell of eggnog and sight of holly causes a warmth in the soul. To others, the sound of Rudolph on TV and taste of snickerdoodles is nothing short of nauseating.

University of Iowa students have been straining their eyes in front of coffee-stained desks and sticker-laden computer screens for the past few weeks, nervously crunching numbers with the hope of getting their 79 percent to an 80 percent. In a few short days, many of these students will travel home — some to faraway lands, and others to the oft-mentioned "small-town in Iowa." I spoke with two of these students, one who loves the holiday season and one who despises it.

UI junior Mariah Pride said she loves the festive nature of this time of year.

"I was raised Christian, so when we were little, my dad used to make us toast and hot chocolate," she said. "Christmas morning we would sit and read the 'Christmas Story' before we opened presents."

To Pride, coming from a close family allowed her to take relax during the holiday season and catch up with family members.

"Christmas is a good time for us to take a step back, and hang out, and fill each other in on what is going on in our lives," she said. "We like to put on the Temptations' Christmas album and be goofy and sing along. It's

a really happy time for us."

Even though she enjoys spending Christmas with her family, Pride said she understands why some dislike this time of year.

"I know sometimes the holidays can be a really depressing time for people, especially if something really sad has happened to them around this time of year," she said. "That being said, I think if you're able to find one good thing about the season to focus on might help when the sad feelings start to present themselves."

UI senior Libby Skriver said she likes the idea of the holiday season, but Christmas has become a "commercialized nightmare."

"I just feel like there's this huge hype around it," she said. "There's a lot of anxiety, especially for those who are not close to their families and members of the LGBTQ+ community who can't be themselves around their families."

Skriver said she hopes people start to realize the true meaning of the holiday season and try not to get distracted by its unimportant elements.

"This season should be a time where everyone sits around and talks and when people get a chance to recharge their emotional energy," she said. "When it gets dark early and it's always cold, it's hard enough as is to feel uplifted."

Regardless of your position on whatever holiday (if any) you celebrate, one thing is for sure — there is no feeling like turning in your last final exam or paper. Well, the taste of my grandpa's German fruit cake may rival that feeling, but that's a different story.

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Hawkeye track starts season on high note

The indoor track season begins for a Iowa women's track and field team seeking to make some strides.

BY SYDNEY BECKER
sydney-becker@uiowa.edu

The Iowa women's track team worked hard to set the tone for the upcoming season at the Jimmy Grant Invitational on Dec. 8 in the Rec Building, complete with a school record, a handful of career bests, and numerous wins.

Opening the indoor season, Iowa State, Illinois State, Drake, and Northern Iowa came to compete.

Junior Lauauga Tausaga, who took home eighth place in the Big Ten Championships earlier this year in the weight throw, started the morning with a school-record-breaking weight throw to win (20.19 meters), as well as a first-place stop in the shot put (16.46 meters).

"I would say it's pretty special, because it is the first meet of the season, so coming out and being able to do that just sets me up for a really great season," Tausaga said. "I'm trying to come back, and I'm trying to do some damage when I get back in weight. With shot, my outdoor season was amazing, so I'm just trying to take that feel that I had for the last half of my season of last year and bring it in full swing for this upcoming season."

Jenny Kimbro not only took home first place in the 60-meter hurdles, she set a career best (8.34).

"I was pretty nervous, but I was mostly excited," she said. "It was just fun to see how everyone's training came together."

"It definitely was unexpected, but I'm excited moving forward, to keep

training with everyone and better the time as the season goes on."

Antonise Christian, a sophomore sprinter, took the second-place spot in the 60 meters preliminaries. Later that evening, she took first in the finals (7.64).

"Coming from last season, it just feels like a blessing, and I'm excited," Christian said. "My main goal is to just get points and help the team score."

Taylor Arco earned a win and a career best in the 600 meters (1:32.82), beating her previous mark by slightly more than three seconds. Additional career marks in the 600 included those by Tia Saunders (1:33.30) and Alexis Gay (1:37.72).

Three others brought in Hawkeye wins: Daneisha Woodside in the 500 meters (1:17.03), Macie Weber in the 1,000 meters (3:00.83), and Hannah Schilb in the triple jump (12.10 meters).

Jada Laye, a freshman sprinter, sat less than a second under the time to beat in the 300 meters.

"I was a little disappointed because I know how to execute it to my full ability," she said. "I just need to focus on my technique and what I do in practice every day. I came back, and I think I redeemed myself in the 4-x-4."

If the tone of the rest of the season is anything like the first meet, the Hawkeyes are in for some fun.

The teams will host their second indoor Jan. 11-12, competing against Iowa State, Northern Iowa, Iowa Central, Wichita State, Bradley, Loyola, and South Dakota.



Antonio Woodard and Raymonte Dow pass the baton in the 4x400 relay during the Wieczorek Invitational meet in the Rec Building on Jan. 20. Paxton Corey/The Daily Iowan

Personal best's and facility records propel men's track team to outstanding opening meet.

BY ROBERT READ
robert-read@uiowa.edu

The Iowa men's track & field team took no time getting into the habit of winning at the indoor season-opening Jimmy Grant Invitational — it picked up victories in seven events.

Senior Reno Tuufuli notched the first victory in the shot put (18.04 meters). Tuufuli is regarded as one of the best throwers in the nation, as demonstrated by the early season victory.

"It was a good confidence-builder, competing in the first meet of the season and getting a win," Tuufuli said. "I'll carry that confidence with me and try to get better each week the rest of the season."

Junior Antonio Woodard

was the star of the entire day, winning two events and setting a facility record in the process. He won the 60 meter (6.88) and set the record in the 300 meters (32.89).

Woodard had expected to open the season with some salsa, and his times backed up the expectations.

"It feels good," Woodard said. "I just wanted to get out there and trust my training, trust my coach, trust my fitness, do what I could to win, and just let everything else take care of itself. It was a pretty good day."

Breaking the facility record was a special moment for him.

"This is our home track, everyone is watching, so I just wanted to do everything I could to make my teammates and my coaches proud,"

Woodard said. "So I was happy to come out with the win."

Iowa Director of Track & Field Joey Woody was just as pleased to see the record-book moment.

"Seeing Antonio go out and have a great meet today, that was fun to watch, especially seeing him run back-to-back 60 meters and still see him come back and break the facility record," Woody said.

Other victorious Hawkeyes include James Carter in the triple jump (14.53 meters), MarYea Harris in the 600 meters (1:18.77), and the men's 1,600-meter relay team — Raymund Clarke, Austin Leitz, Tyler Olson, and Harris — (3:13.34).

The event was the first in December for the Hawkeyes, replacing the traditional intrasquad meet to open the

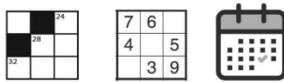
season, and the new competition yielded excellent results.

Along with having success to start the season, the meet also gave Iowa the opportunity to honor a former Hawkeye.

"It was a long day, but it was fun. This is the first time we have ever had this Jimmy Grant Invitational, and it is exciting to be able to honor our former women's coach Jimmy Grant and to be able to have a meet in his name," Woody said. "To be able to open up the season with an actual meet, not just an intrasquad meet, we can tell the energy was a lot higher. We came away with some great performances."

The Hawkeyes will continue the indoor season Jan. 11-12 in the Rec Building at the Hawkeye Invitational.

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- 37 ___-relief
- 38 Two marks in "résumés"
- 41 Easy-to-chew food
- 42 It ends with diciembre
- 43 Danny who co-starred in "White Christmas"
- 44 Make red-faced
- 46 Brittle, spicy cookie
- 50 Besides
- 51 Hilarious person
- 52 Plan going forward, as for peace
- 54 As originally placed
- 57 Constantly rising things in gentrifying neighborhoods
- 58 Where Hartford is: Abbr.
- 59 Broadcast news snippets ... or an apt description for 17-, 28- and 46-Across?
- 64 Grand-scale production
- 65 ___ Krabappel, teacher on "The Simpsons"
- 66 Love, love, love
- 67 Meyers of late-night
- 68 Most mammals have four of them
- 69 Core belief
- 11 On top of
- 12 Withdraw gradually (from)
- 13 Unfunny, as a joke
- 18 Apple desktop
- 22 Mother canonized in 2016
- 23 Long-winded sort
- 24 Italian designer Giorgio
- 25 Attaches using string
- 26 Unknown author, for short
- 29 Fuss in front of the mirror
- 30 Incendiary weapon used in the Vietnam War
- 31 Category for a minor-league team
- 32 Rap, by another name
- 34 "Grab this!"
- 39 Amusement park ride that goes around and around
- 40 Growth under the skin
- 45 Unflattering angle of one's face
- 47 Christmas stealer in a Dr. Seuss book
- 48 Stadiums
- 49 Duck's habitat
- 53 Hitler's turn to hit
- 54 Helps reduce the swelling of, say
- 55 Slangy refusal
- 56 Foul mood
- 57 Step on a ladder
- 60 Poem of praise
- 61 2,000 pounds
- 62 Before, poetically
- 63 "On your mark, get ___ ..."

- Across**
- 1 Pulsate, as with pain
 - 6 What a red traffic light means
 - 10 Container for soup or cereal
 - 14 ___ acid (protein builder)
 - 15 "Very funny!"
 - 16 Eye layer
 - 17 Chocolate candy on a stick
 - 19 500 sheets of paper
 - 20 Realtors' showings
 - 21 Endless, in poetry
 - 23 Guard at an entrance
 - 26 Length x width, for a rectangle
 - 27 Desertlike
 - 28 Breakfast cereal with a naval officer on its box
 - 33 Put through a blast furnace, say
 - 35 Dissolute sort
 - 36 Rope-a-dope boxer

- Down**
- 1 Tit for ___
 - 2 Care provider, briefly
 - 3 2016 Olympics host, informally
 - 4 Hush-hush, slangily
 - 5 ___ buddy
 - 6 "For Your Eyes Only" singer Easton
 - 7 Water spigots
 - 8 "Look what I found!"
 - 9 Slice from a book?
 - 10 The "B" of F.B.I.

SOLUTION ON PAGE 3

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SOLUTION ON PAGE 3

WHAT'S HAPPENING TODAY

- **Flippin' into Finals Pancake Breakfast**, 6:30-10:30 a.m., IMU Main Lounge
- **Graduating Senior Show, School of Art & Art History**, 8 a.m.-8 p.m., W540 Visual Arts
- **Finals@IMU: Healthy Snacks**, 2-3 p.m., throughout IMU
- **Arabic Grammar Table**, 5 p.m., 612 Phillips
- **Montana Crawford Senior Recital, Violin**, 5:30 p.m., Voxman Recital Hall
- **Finals@IMU: Therapy Dog Session**, 6:30-8 p.m., 181 & 179 IMU
- **Finals@IMU: Massages**, 8 p.m.-Midnight, First Floor
- **Finals@IMU: Yoga**, 9 p.m., 179 IMU
- **Finals@IMU: Free Snacks**, 10 p.m., Welcome Center
- **Finals@IMU: Free Coffee**, 11 p.m., Welcome Center

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MONDAY SCHEDULE

DITV Crossover 8:45-9am	The 606 6-7pm
DJ Training 11:30am-1:30pm	Soul Sample 7-8pm
We Still Here Radio 3-4pm	It's a Date! 8-9pm
News at 4 4-4:30pm	HipHopHealinG 10-11pm
Science for Sixty 5-6pm	

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WRESTLING
CONTINUED FROM 8

ven Holloway, and Aaron Costello are all backups for holes in Iowa's lineup, and they all faced ranked opponents from Lehigh.

The bonus points scored from all of Iowa's ranked wrestlers showed an improvement from the week before, and now it's time to go to work on raising the backups to that level of dominance.

"We have to keep getting better so guys like Costello and Moody, those guys that we're relying on that are backups, can go with those top-tiered guys in the country," head coach Tom Brands said. "The last month, we've had to rely heavily on backups, and it's important that those backups continue to get better and embrace their role in that way."

Following Iowa's close win over Iowa State and the five matches it dropped in the dual, the entire team had a sharper focus on wrestling seven minutes.

Instead of losing matches in the last second to unranked opponents, wrestlers such as Murin and Lugo flipped the script and ran away with their matches against Lehigh.

A key part of their success has been the example different teammates display day in and day out.

"Since last week the coaches have been on me — quick starts and wrestle a full seven minutes," Murin said. "I knew I could do it, I didn't have to look very far. Guys on the team like Marinelli, DeSanto, they do it every match. They wrestle a full seven minutes, they wrestle hard with their pace, their pressure, and I knew I could do the same."



Iowa's Max Murin wrestles Iowa State's Ian Parker in Carver-Hawkeye on Dec. 1. Parker defeated Murin, 5-4.

Wyatt Dlouhy/The Daily Iowan

SWIMMING
CONTINUED FROM 8

The swimmers also had strong performances, and some earned season-best times.

Senior Abbey Schneider was the first to grab a victory for the Hawkeyes, taking the first event of the night, the 1,000 free (career-best 9:58.39).

Typically a freestyle swimmer, junior Hannah Burvill switched events and grabbed first place in the 200 back (season-best 1:58.07).

Senior Kelly McNamara swam a season best time of 53.80 in the 100 fly, finishing second behind sophomore Kelsey Drake (53.64).

Drake also swam a career-best 1:58.68 in the 200 fly, which moved her into

second place in school history.

Sophomore Lexi Horner swam a season-best time 2:19.47 in the 200 breast but came up short and finished in second.

The sprinters continued to have a spectacular performance. In the 50 free, sophomore Sarah Schemmel took first (23.06), and McNamara finished closed behind in third (23.58). Schemmel's time in the 50 free tied her career best. She also finished first in the 100 free just 0.1 shy of a career best (50.25).

Junior Allyssa Fluit placed right behind her, finishing second (50.32), 0.01 shy of her career best.

"For me personally, the takeaway is confidence because I am swimming just as fast as I did midseason a couple weeks ago and we are not tapered now," Schemmel said. "As a team, just building confidence as a whole as this whole season we have shown we can compete even though our team is so much smaller."

B-BALL
CONTINUED FROM 8

nents are shooting just 30.5 percent (11-of-36) from the floor and 20 percent (3-of-15) from deep. A large chunk of the Hawkeye defense down the stretch against the Jaguars came thanks to some stellar guard play.

Iowa nabbed 8 steals in the second half of that game, with Tania Davis grabbing 3.

"Tania can create offense through her defense," Bluder said. "[She] loves that part of the game, so it's fun to see [her] out there really putting a defensive stamp on things."

The great defense played by Iowa against the Jaguars was something that the Hawkeyes desperately needed, because it struggled on offense.

Everyone not named Megan Gustafson shot 33.3 percent from the floor and managed just 13-pointers in 14 attempts.

One Hawkeye in particular has played some exceptional

defense during the current winning streak: Amanda Ollinger. As a regular off the bench, she is confident and comfortable in her role.

"It's my role on the team to crash [the boards] hard and to play good defense, and I embrace that role completely," she said. "If I feel like there's anything I can do to help my teammates out, I am going to do that."

She has done just that over the past three games — she has grabbed 12 boards and 4 steals, along with a block in 50 minutes of action.

Before hitting the hardwood again, Iowa will have a week off to focus on finals. It also means time for reflection.

"It will be a nice little break from games," Gustafson said. "We'll be able to focus on ourselves individually and get some rest. But at the same time, we'll be able to reflect on what we've been able to do this season."

Iowa will try to keep its stellar defense going when it takes on Northern Iowa Dec. 16 in Carver-Hawkeye at 2 p.m.

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HAWKEYE UPDATES

Hawkeye football announces awards

Iowa tight end T.J. Hockenson and defensive back Amani Hooker were named Roy J. Carver Most Valuable Players for the past season, the team announced at its annual banquet Sunday.

In addition to the team honors, four captains were announced: quarterback Nate Stanley, offensive lineman Keegan Render, safety Jake



Hockenson
Gervase, and defensive end Parker Hesse. Render, Gervase, and Hesse also won the Hayden Fry Award, which is given to players who

showed exemplary leadership and dedication throughout the season. Kicker Miguel Recinos, along with kick returner Ithmir Smith-Marsette and punt returner Kyle Groeneweg, picked up the Reggie Roby Special Teams Award.

Gervase, Recinos, defensive lineman Sam Brincks, and wide receiver Nick Easley earned the Brett Greenwood Award.

This season's Comeback Player of the Year honor was shared by Matt Nelson and Dalton Ferguson. Ferguson underwent knee surgery in 2017, and Nelson missed the majority of the offseason.

Linebacker Jack Hockaday, fullback Austin Kelly, and safety Geno Stone won the Next Man In Award; it was Stone's second year in a row earning the honor.

Coaches Appreciation Award honors went to Reynolds, Hooker, Hesse, wide receiver Brandon Smith, defensive end A.J. Epenesa, linebacker Amani Jones, and defensive back John Milani, while Team Hustle Awards were given to Groeneweg, Hockenson, Hesse, Matt Nelson, defensive ends Anthony Nelson and Chauncey Golston, running back Toren Young, and defensive back Devonte Young.

Kittle nearly breaks NFL record

Former Iowa and current San Francisco 49er tight end George Kittle nearly broke an NFL record in the 49ers' win over the Denver Broncos Sunday — in one half.



Kittle
In the first half, Kittle hauled in 7 passes for 210 yards and a touchdown, including an 85-yard catch-and-run touchdown, which marked the longest play of Kittle's career. The 210 yards were just 4 shy of a record set by Hall of Famer Shannon Sharpe for receiving yards by a tight end in a single game.

In the second half, though, Kittle was held without a catch and finished just short of Sharpe's record. Kittle still broke some 49er franchise records, becoming the first San Francisco tight end to reach the 1,000-yard mark in a season.

In his record-breaking performance, Kittle almost racked up as many receiving yards as he had in his junior season at Iowa (290) and was around only 100 yards under the mark he reached as a senior (314).

Kittle now has 69 receptions for 1,103 yards and 4 touchdowns.

QUOTE OF THE DAY

“He started to smell blood a little bit, that guy was starting to fade and we picked it up.”

— Iowa wrestling head coach Tom Brands on 184-pounder Cash Wilcke after his upset of No. 6 Ryan Preisch of Lehigh



STAT OF THE DAY

Iowa sprinter **Antonio Woodard** set a facility record in the 300 meters on Dec. 8 with a time of **32.89**.

32.89
seconds in 300 meters

Wrestling in the bonus

A big part of Iowa's win over Lehigh came from dominance in scoring points.



Shivansh Ahuja/The Daily Iowan

Iowa's Spencer Lee wrestles Lehigh's Luke Resnick in Carver-Hawkeye on Dec. 8. Lee, No. 1 at 125, defeated Resnick, 15-0, and the Hawkeyes defeated the Mountain Hawks, 28-14.

BY ANNA KAYSER
anna-kayser@uiowa.edu

For the past two weeks, bonus points have played big roles in two very different Iowa wrestling wins.

On Dec. 1 against Iowa State, a pin by No. 4 Alex Marinelli and a major decision by No. 1 Spencer Lee ultimately led to Iowa's 1-point win. Had Lee given up his major decision — as he almost did near the end of his match — Iowa could have lost the dual on criteria in the event of a tie.

When Iowa took on No. 16 Lehigh on Dec. 8,

bonus points told a different story.

Three of the first four Hawkeyes on the mat lost their matches against the Cyclones, only to bounce back hard this weekend. Lee started things off with 2 bonus points in a technical fall. No. 12 Austin DeSanto, No. 20 Max Murin, and No. 10 Pat Lugo all followed up with 1 bonus point each from their respective major decisions.

Iowa's success came from wrestling hard and fast right out of the tunnel.

“I'm the first guy, so I feel like it's my job to

get the ball rolling, and score as many points as I can, and get the team fired up in a good way,” Lee said. “I feel like that was my job. When we start at other weights, then it's another guy's job.”

Marinelli tacked on 2 bonus points of his own in a technical fall, and with decisions by No. 8 Kaleb Young and No. 14 Cash Wilcke, Iowa cruised to a 28-14 dual win.

Lehigh recorded bonus points of its own in all three of its match wins. Jeremiah Moody, Ste-

SEE WRESTLING, 7

Late defense sparks Iowa winning streak

Despite its offensive woes, Iowa's defensive effort wins the day for the Hawkeyes over Indiana/Purdue-Indianapolis.



Katina Zentz/The Daily Iowan

Iowa guard Tania Davis chases the loose ball against Indiana/Purdue-Indianapolis in Carver-Hawkeye on Dec. 8. The Hawkeyes defeated the Jaguars, 72-58.

BY JORDAN ZUNIGA
jordan-zuniga@uiowa.edu

If defense wins championships, then the Iowa women's basketball team has played to win over the past week.

Its 72-58 win over Indiana/Purdue-Indianapolis on Dec. 8 made it the third-straight game that the Hawkeyes held an opponent to 70 points or fewer.

What makes that feat especially impressive is they've been able to do it against good teams, with their last two wins coming against teams with top-30 RPIs.

“I think our defense in the second half was re-

ally good,” Iowa head coach Lisa Bluder said. “We knew this was going to be a hard-fought game. This is a good team, they're well coached, they're fundamental, they work hard.”

Throughout the three-game streak, the second-half defense has been the story for the Hawkeyes.

Specifically, their fourth-quarter defense. Over the past three games, Iowa has stifled teams in the fourth, holding them to just an average of 10.3 points.

In the past three fourth quarters, Iowa's opponent shooting percentages are abysmal. Oppo-

Swimming dunks ISU for 9th-consecutive series win

The Hawkeye women's swimming & diving team dominated this past weekend, taking down Iowa State.

BY TANNER DESPLANQUE
tanner-desplanque@uiowa.edu

The Iowa women's swimming & diving team defeated Iowa State in yet another Cy-Hawk battle on Dec. 7, 162-138, at the Campus Recreation & Wellness Center.

This victory marked the ninth-straight victory for the Hawkeye swimming & diving team in the Cy-Hawk Series. The win also allowed Iowa to clinch the series for 2018-2019; the Hawkeyes lead the Cyclones, 13-6.

“We knew Iowa State would come in and have the best meet of the year for them, so we knew we had to be on our best,” head coach Marc Long said. “Some of the goals, obviously, we wanted to win the meet overall, and we needed to have everyone step up in every event because we are a little thin on the depth. That's exactly what we did, and diving tore it up on the boards. We are just really proud how they performed tonight.”



Mathews

Iowa performed lights-out in both swimming and diving events. Hawkeye divers swept the 1-meter and 3-meter springboards. For the first time this season, sophomore Jayah Mathews (343.05), freshman Sam Tamborski (321.10), and senior Jacintha Thomas (299) placed in the top three spots on the 3-meter.

The divers wanted to out-do themselves on the 1-meter and did so, taking first, second, third, and fourth. Mathews led the way (315.35), followed by Thomas (295.60) and Tamborski (294.05). Sophomore Claire Park finished fourth for the Hawkeyes (285.95).

SEE B-BALL, 7

SEE SWIMMING, 7