

## INSIDE



**80 Hours**  
**Tastes of the World**  
 Culinary specialists from all over the world land in Johnson County ready to serve up dishes unique to their countries of origin, bringing a diversity of cuisine that reflects the diversity of their customers. The *DI* offers a look at a few of such restaurants.  
**80 HOURS, 1B**

**Shelter House project brings permanent housing for homeless**  
 A team of Johnson County organizations, including Iowa City's Shelter House, will bring a project to Cross Park Place that will provide unconditional, permanent housing to Iowa City's chronically homeless population. The building, composed of 24 one-bedroom apartments, is slated to open in January.

**DI** Go to [dailyiowan.com](http://dailyiowan.com) to see the full story.



**6A**  
**Women's basketball looks to overtake a dynasty**  
 The Hawkeyes will try to bounce back from their first loss of the season in South Bend when they face the No. 1 Irish.



**6A**  
**Hawkeyes may head for the sun**  
 With a bowl announcement just around the corner, the Hawkeyes have their sights set on San Diego and the Holiday Bowl.



**6A**  
**Gary Dolphin suspended**  
 After accidental on-air comments during Iowa's basketball game against Pittsburgh, longtime Hawkeye voice Gary Dolphin has been suspended for two games.



**Tune in for LIVE updates**  
 Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at [dailyiowan.com](http://dailyiowan.com).



## Discussion continues on Disability Services location

After a petition, UI officials and students have begun conversations about accessibility on campus.

**BY CHARLES PECKMAN**  
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As conversations with University of Iowa administrators continue, students with disabilities keep up advocacy for a more accessible campus.

One student organization, UI Students for Disability Advocacy & Awareness, launched a petition

in October with the hope of moving Student Disability Services' location by 2020. For 30 years, Student Disability Services has been housed in Burge Residence Hall.

As of 4 p.m. on Wednesday, the petition had garnered 2,884 signatures — 2,651 of which from undergraduate and graduate students, and 233 from faculty, staff,

and alumni.

UI Media Relations Director Anne Bassett in a statement iterated the importance of accessibility on campus.

"A group convened by Vice President for Student Life and interim Chief Diversity

Officer Melissa Shivers and Director of Campus Planning Joe Bilotta that includes representatives from Student Disability Services, Student Disability Advocates, UISG, and GPSG is engaged in very early conversations about the potential co-location of Student Disability Services, University



**Bassett**

SEE **DISABILITY, 2A**

## COGS unveils initial contract proposal

COGS shared its initial contract proposal with the state Board of Regents, asking for higher wages and the restoration of previous bargaining language.



Wyatt Dlouhy/The Daily Iowan

The Bargaining Committee for the state Board of Regents hears proposals during a meeting with COGS on Wednesday. The COGS proposal aims to solidify salaries, hours of work, benefits, and other terms and conditions for graduate-student employees.

**BY KATIE ANN MCCARVER**  
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The Campaign to Organize Graduate Students kicked off negotiations for a new contract at a meeting with representatives of the state Board of Regents on Wednesday with an initial proposal that primarily focused upon a raise and a contract that restores all topics of bargaining.

The contract negotiations come after COGS' re-

cent recertification election, which followed a 2017 state law change that requires renewal of public-employee bargaining units such as COGS every two years. Under the law, not voting counts as a no vote, and bargaining units must receive 50 percent plus one yes votes to remain the bargaining unit.

"This proposal represents 22 years of graduate students' voices," COGS President Laura Szech said. "Our hope and expectation is that we will have the chance to negotiate successfully."

Szech addressed the regents' decision to review the original contract with COGS, which led to removing specific language from the document and limiting the topics the organization is allowed to bargain upon.

"We know that our teaching and leadership are vital," Szech said. "Having language in contract and not just a policy protects our rights in the ra-

SEE **COGS, 2A**

## Jackson addresses UI Health Care strategic plan

In a presentation on Wednesday, Vice President Brooks Jackson noted challenges facing UI Health Care and potential solutions.



Katina Zentz/The Daily Iowan

UI Vice President for Medical Affairs Brooks Jackson, also the dean of the Carver College of Medicine, speaks during "State of the Enterprise: Strengths, Challenges, and the Path Forward" at the Medical Education & Research Facility on Wednesday.

**BY KATIE ANN MCCARVER**  
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In a presentation to the Carver College of Medicine on Wednesday evening, UI Vice President for Medical Affairs Brooks Jackson briefed faculty and staff on the strengths and challenges facing UI Health Care, as well as the path forward.

Unlike many other institutions in the nation, the UI Hospitals & Clinics is integrated with the Carver College of Medicine, a relationship that should be taken advantage of, said Jackson, also the dean of the medical school.

"We are a very large entity," he said. "We

SEE **JACKSON, 2A**

## City eyes new plan for ash borer

City officials have decided to start treating ash trees affected by the invasive insect with an insecticide.

**BY CALEB MCCULLOUGH**  
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Iowa City officials plan a new approach to fight the emerald ash borer, an invasive insect that has quickly spread throughout the city's ash trees.

The City Council has decided to treat some of the ash trees in the city with an insecticide, Parks & Recreation Department Director Juli Seydell Johnson said.

After deciding to treat some of the trees, the Parks Department conducted a survey to determine which trees were suitable for treatment, Parks Superintendent Zac Hall said.

"We walked from tree to tree, inspecting and looking for any kind of infestation," he said.

If trees are too badly damaged by the insect, Hall said, they cannot be treated and have to be removed. In the survey, officials found approximately 140 trees that could be treated. There are around 3,500 ash trees in the city, said Mark Vitosh, a district forester for the Iowa Department of Natural Resources in Iowa City.

Treatment will begin in the spring. The insecticide would not be effective in the winter, Hall said, because the beetles are dormant.

After considering the safety concerns that come with treating the trees with pesticides, such as po-



**Seydell Johnson**

SEE **ASH BORER, 2A**

A QUIET PLACE



Katrina Zentz/The Daily Iowan

UI sophomore Samantha Walker reads a book at the Main Library on Wednesday. "I like coming up to the second floor of the library to study," Walker said. "It's quieter, and there's always a good spot to sit."

The Daily Iowan

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BREAKING NEWS

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COGS

CONTINUED FROM FRONT

re case we need to exercise them."

COGS represents around 1,900 graduate students, more than 80 percent of whom voted for the organization to remain the bargaining unit for graduate-student employees in October.

"1,954 people voted to ensure that our collective voice would be heard," Szech said.

"We expect that the university will show that they value us."

The proposal for the 2019-20 contract between COGS and the regents included a series of requests and suggestions, including the restoration of union recognition, hours of work, appointments, and grievance procedure, among other items. COGS members seek a raise that would factor in the cost of living plus 3 percent.

COGS Campus Chief Steward Jaelyn Crumbley Carver

emphasized the importance of a mutually beneficial agreement between the parties, referring to the COGS contract from 1996 and onward as evidence.

"The term agreement is essential to understanding what this document represents," she said. "Calling a contract an agreement means the employer and employee have discussed and consented to."

Other arguments in the proposed contract by COGS included the stress of unre-

alistic deadlines, fair wages, and paid versus unpaid leave, citing that graduate students should not have to choose between working and being with family.

The regents' representatives present agreed to meet with COGS again in the future to further hash out details surrounding the proposed contract.

"Within two weeks, the Board of Regents will respond with its counterproposal, after which the formal negotiations begin where we

find an agreement that is mutually satisfactory," said Michael Goldberg, COGS' bargaining and grievance member-at-large.

Goldberg said much of the conversation regarding restoration of the articles that were taken off the bargaining table was in response to the change in collective-bargaining laws, which now require both parties to mutually agree on topics for negotiation. If not, they are not up for negotiation.

Such was the case in the 2017-19 contract, which only contained one page, with an article pertaining to wages. Szech attributed this to the law change in 2017, when the regents chose to cut everything from the contract that they legally could, except for wages.

"We call on the university to respect the democratic decision made by the employees," Szech said. "We propose that all legal contract language be restored so that our rights are also restored."

DISABILITY

CONTINUED FROM FRONT

ty Counseling Service, and Student Health, and Student Wellness," Bassett said in the statement.

The university realizes the importance of an equitable campus, she said.

"The group looks forward to continuing to explore more ways to fulfill the university's core mission of helping students be as successful as possible," she said.

UI Students for Disability Advocacy & Awareness President Andrea Courtney said that although the petition was supposed to close at 5 p.m. Tuesday, it will remain open until the final count can be presented in conjunction with a UI Student Government and Graduate/Professional Student Government resolution in support of moving the office.

Courtney said she has been moved by optimistic responses from community members in regard to the petition and said the concerns raised by students are equally important.

"I think overall, the reaction has been pretty posi-

tive, but I do think one main question people have asked is 'Where will [Disability Services] go and is there a new location selected?'" she said. "It surprises me because people think we have any power with that — but with that said, we'll definitely advocate for where we think the location would be best for students overall."

In an interview with *The Daily Iowan* on Oct. 30, Vice President for Student Life Melissa Shivers said she shares students' concerns about the location of Disability Services.

"I was continuing to hear from students that there were a lot of concerns about its location, and quite frankly, those are concerns that I also share," Shivers said. "And because of that, I created two sort of work groups."

Shivers said her "dream" is to have a centralized location for the University Counseling Service, Student Health & Wellness, and Student Disability Services.

"The challenge is, where's it going to be? Is it going to be a new building?" Shivers said. "And we know that's very challenging to do, and if it's not going to be a new building, would it be a current existing

space that we could repurpose for those three units?"

Looking forward, Courtney said she hopes students will be involved in conversations about Disability Services' new location.

Disability Advocacy & Awareness President-elect Kaydee Ecker shared the enthusiasm about the petition's results so far but said there is still work to be done.

"We recently updated the petition to reflect where we want it to go and what we would like to happen," Ecker said. "Our goal, ultimately, is to have a plan put in place to establish a timeline for the office's move."

Ecker said some of the top priorities for the new office is a central location, ease of access, and expansion of services for students.

"Generally, we want to make sure that meetings are taking place between ... staff and students so that when all of the specific choices are being handled everything is being brought to the table and every viewpoint is being taken into consideration," Ecker said. "We don't want any decisions being made without all of the options being explored."

ASH BORER

CONTINUED FROM FRONT

tential harm to water or other wildlife, officials decided the treatment was necessary.

"There's just some unknowns with any chemical you use in the natural environment," Seydell Johnson said.

Vitosh said the insecticide is generally safe.

While some insecticides are injected or poured into the ground around the tree, he said, the chemical the city uses is injected directly into the tree. This reduces the risk of contaminating the soil or water in the surrounding area.

The emerald ash borer has been in the United States since 2002, Hall said. It was first found in Iowa City in 2016 near the University of Iowa Main Library, but Vitosh thinks it may have been in the city since 2010.

Despite treatment efforts, the emerald ash borer situation is most likely going to get worse before it gets better, Vitosh said. The infestation has gotten much worse this year, he noted, and these types of

infestations usually follow an exponential curve, in which more and more trees start to die very quickly.

"Probably within the next five years, we're going to get to that exponential stage," he said.

Eventually, Vitosh said, the infestation will begin to slow down. Even if most of the large ash trees die, there will be a lot of small ones growing that aren't infected.

"The pest is still going to be around, but if you lose a majority of the big [trees], there is going to drop in the population at some point," he said.

When trees are too unhealthy to be treated, they

need to be cut down, Seydell Johnson said. No one likes to lose trees, and officials plan to only remove trees that are at risk of falling and damaging people or property.

"We only take them down when we feel like it's a public-safety hazard," she said.

In the next couple years, she estimates that a significant portion of the ash trees in Iowa City will need to be removed. In their place, the Parks Department plans to plant a diverse range of species so they won't be susceptible to a single pest or disease.

"That's really the best way to fight any of this," Seydell Johnson said.

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JACKSON

CONTINUED FROM FRONT

have a mission in that being a state institution, we really have special obligations to all the populations of Iowa."

A focus on strong leadership in research, faculty, ranking, and outreach will bring more attention to UIHC and the medical college, leading to a bigger return on investment, Jackson said.

"Growing patient volumes and achieving a better payer mix is very important," he said. "The reason is the academic health systems are extremely high fixed-cost enterprises."

The biggest challenges facing UI Health Care is the lack of scholarship money to attract both resident and nonresident students, low to negative health-care reim-

bursement, state reductions in funding of higher education, among other items, Jackson said.

"Obviously, with such a large organization, you can imagine the demands and who should be prioritized," he said. "We have to work together."

In an effort to look ahead strategically, Jackson introduced the state of the enterprise committee, a faculty-led unit that will make sure UIHC and the medical college have their priorities and timelines aligned.

"Ten heads are better than one," Jackson said. "This work group is not just the leaders, the chairs, and the administrators, it's a lot of key players in our organization."

He concluded with an outline of opportunities to continue operating as an integrated unit, including partnering with health

systems throughout Iowa, making education more affordable, and advocating for money and policy change where there is bipartisan agreement.

"We do have some great innovative scientists and providers here," Jackson said. "Everyone pays attention to rankings. I think scholarship is extremely important."

He emphasized the need for more recruitment in faculty and patients, both at UI facilities and in outpatient clinics across the state.

A larger population of patients means more opportunities for observation and leadership in clinical tests and trials, he said, noting that this coincides with a need for expansion in facilities.

"We need more access to physician practices," said Brad Haws, the UIHC associate vice president for finance. "We've talked about putting

physicians in other communities. Some of it's just reputation and having the right people."

The latter is congruent with another point made by Jackson, who said the UI should aim to recruit and retain faculty members with its achievements.

In a May interview with *The Daily Iowan*, UI President Bruce Harrell addressed UI Health Care, which is fiscally half the UI system and dependent upon referrals for more complex medical cases, which seem to be decreasing statewide.

"We don't do much primary and secondary care," Harrell said. "As across the U.S., the system is consolidating, and people are starting to actually build big, huge complexes ... they're more inclined to keep their patients in their own systems, so that's an issue for us."

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**BASKETBALL**  
CONTINUED FROM 6A

The Hawkeyes will certainly give the Irish a hard time. Even without Doyle, Iowa is putting up 90.2 points per game, sixth in the country in scoring. This has come by way of clean shooting; Iowa sports a field-goal percentage of 56, behind only Baylor in the NCAA.

This is largely because of the work Gustafson put in. This week marks her third-straight as Big Ten Player of the Week; she leads the team with 23.2 points and 12.6 rebounds per contest.

The duo of Gustafson and forward Hannah Stewart have given teams headaches this season. Together, they have come up big with 31 assists, 13 blocks, and 9 steals through the first five contests. They have played

smart, as well; when teams double-team Gustafson, Stewart has been able to capitalize.

Iowa has also shot well from beyond the arc. Behind Makenzie Meyer and Tania Davis, the team has averaged 40 percent in 3-pointers. This has been vital, because a team that can shoot that well and have stars in the paint such as Gustafson undoubtedly enjoys success.

In order to upset the top-ranked team in the country, a lot will have to go right for Iowa. There is somewhat of a chip on the shoulder of the Hawkeyes, because the program has not beaten a No. 1 team since 1987.

"It's going to be fun," senior guard Davis said. "They're the No. 1 team in the country. We need to know our scouting report and stay disciplined to the game plan. We're just going to go out there and play our hardest."



Iowa forward Megan Gustafson goes for a rebound against Penn State in Carver-Hawkeye on Feb. 8. The Hawkeyes defeated the Penn State Lions, 80-76. Lily Smith/The Daily Iowan

**BOWL**  
CONTINUED FROM 6A

nounced on Dec. 1, Iowa plays the waiting game — a waiting game that might include a warm winter break.

After the game, Ferentz was asked about going to somewhere slightly warmer than New York in December.

"I have no idea. I know it will be warmer than last year," he said. "Make a prediction, go out on a limb. We had a great experience last year. I'm not minimizing that at all. It was a great experience. We're looking forward to wherever they want to send us."

Ferentz is right; the program expressed its gratitude for playing in the Pinstripe Bowl and aside from taking home a trophy, the players got unique experiences such as going to the Stock Exchange and the 9/11 Memorial.

But in December, a coastal game in the Sunshine or Golden State would make everyone happy, including the fans (which the university does take into account last year there was concern at the beginning with ticket sales starting off sluggishly for the Pinstripe Bowl). Hawkeye Nation travels relatively well for bowl games, maybe not so much for games played in sub-freezing temperatures, though. But as far as Iowa's résumé goes, the Holiday, Outback, and Citrus Bowl remain the top options.

ESPN's latest bowl projections have Iowa facing either Oregon or Utah in the Holiday Bowl, and that might be the most logical destination. Throw in Stanford for another team in the mix, but the majority of outlets have predicted the Black and Gold to play on Dec. 31 in San Diego.

Bleacher Report and USA Today had Iowa in the Holi-

day Bowl, too, and, for what it's worth, on Tuesday, Ferentz appeared on 97.3 The Fan (A San Diego radio station dedicated to sports).

The Hawkeyes haven't appeared in a Holiday Bowl since 1991. In the history of the bowl, Iowa has played in three games, winning two.

It would be a nice change of pace. Iowa went to the Outback Bowl in 2017, and, including that game, the Hawkeyes have made five appearances since 2004.

Iowa hasn't been to a Citrus Bowl in the past 10 years, but the bowl is higher in the pecking order as far as team selection goes. Northwestern, the winner of the Big Ten West, would likely be higher on the committee's list.

Nothing is set in stone, but the Holiday Bowl appears to be (at this time) the most logical choice for Iowa football. We'll find out for sure in less than a week.



Iowa head coach Kirk Ferentz enters Kinnick before the Iowa/Maryland game on Oct. 20. Katie Goodale/The Daily Iowan

**DOLPHIN**  
CONTINUED FROM 6A

are in double figures. I like them."

After the conclusion of Tuesday's game, Dolphin issued an on-air apology.

"We want to offer a public apology, and it won't happen again," Dolphin said following the win. "You have to assume there's an open mic all the time, and that is no excuse. We said it. We own it. So our sincere apologies on behalf of the Hawkeye Radio Network to Coach [Fran] McCaffery and his team."

Dolphin, alongside color commentator Bobby Hansen, has covered Iowa basketball for 22-straight seasons.

Hawkeye Athletics Director Gary Barta issued a statement on Wednesday and while doing so, revealed that there have been "built-up tensions over the past couple of years" between Dolphin and the program.

"Gary knows we are extremely disappointed in the comment he made about Maishe Dailey and the impact his remark

had on our players and staff," Gary Barta said in a release. "The two-game suspension is a result of those comments, as well as some ongoing tensions that have built up over the past couple of years. This time away from the microphone will allow a chance to work through some of these issues. I truly appreciate the time and energy Gary puts into promoting Hawkeye athletics. I'm extremely proud of our student-athletes and coaches' great start to the season. All focus and attention is on beating Wisconsin Friday night."

Learfield said that the replacement for Dolphin on play-by-play has not been chosen, but the company will announce the decision when a selection has been made.

Learfield Vice President

of Broadcast Operations Tom Boman issued a statement as well, citing technical errors as the reason Dolphin's comments went on air.

"We unfortunately encountered a technical error at our network broadcast operations center that allowed off-air comments to be aired during a portion of the first-half commercial break," Boman said in a release. "We thoroughly reviewed the situation here at our Broadcast Ops center to ensure this doesn't happen again, and we've also been communicating closely with Gary Barta and his administration, the entire broadcast team, and our local Hawkeye Sports Properties staff."

Iowa will host Wisconsin on Friday for its Big Ten opener, with a tip-off set for 7:06 p.m. in Carver.



Veteran voice of Hawkeye football and men's basketball Gary Dolphin speaks with Iowa linebacker coach Seth Wallace during football media day on Aug. 5, 2017. Joseph Cress/The Daily Iowan

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# Opinions

## 20 Out of 20: Baldwin brings relief from incivility

The understated Midwestern senator might be the type of pragmatic solver of problems Iowa and America are looking for.



ELIJAH HELTON  
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Iowa is going to become the battleground of the 2020 presidential primary in only a few months. It shouldn't come as a surprise that the Democratic nomination is shaping up to be one of the most crowded and divisive races in modern primary history. With all the clutter and yelling, many of those yearning for a reinstatement of political normalcy might just stay home and let the grandiose ideologues duke it out.

Democrats need an option of someone calm, collected, and willing to be reasonable in our era of outrage. That option can be found right across the river for Democratic Iowans in the form of Sen. Tammy Baldwin of Wisconsin.

### Is she going to run?

With 20 Out of 20, we normally look at candidates who look like they're going to make a bid for the presidency. Baldwin doesn't look like she will right now; she hasn't

campaigned in Iowa and New Hampshire or clamored for prime-time attention.

But the Dairyland senator, who just won her second term, shouldn't rule herself out.

Leading Democrats such as former Vice President Joe Biden have publicly mused about how he'd "beat the hell" out of the incumbent president. That kind of language alienates those who oppose the current administration without wanting to stoop to its level of unhinged rhetoric.

Baldwin has contrarily made attempts at bipartisanship, especially in regards to trade. Being from a Midwestern state that swung Republican in 2016 gives her an incentive to work as a pragmatist.

### Is she going to be nominated?

This is where the prospect of a Baldwin candidacy begins to get interesting. She has become dedicated to being a pragmatic problem-solver in the age of increasingly divided politics. She has introduced several pieces of legislation with Iowa's Republican Sen. Joni Ernst on issues ranging from mental health for farmers to rural high-speed internet access.

These are real issues with real solutions Iowa can get behind. It's not flashy, but flashy probably isn't the way to bring the country together.



Sen. Tammy Baldwin, D-Wis., speaks during the Joint Select Committee on the Solvency of Multiemployer Pension Plans' fifth public hearing on July 25.

But Baldwin isn't entirely low-profile. She was the first member of Congress to be openly gay when first elected to the House in 1998. In 2012, she became the first openly gay member of the Senate. That sort of trailblazing record is exceedingly attractive, especially to those in more progressive primary states on the coasts.

Baldwin offers something for everyone, which brings us to our last question.

### Is she going to beat Donald Trump?

The Democratic Party is understandably furious with the state of current politics. They believe the president is unhinged and his party is unwilling

to do anything to stop him. Distrust like this doesn't stoke a lot of warm feelings of "uniting the country." But if nominated, Baldwin could strike a healthy balance between opposing Trump and winning over the divided country.

She's had success with that strategy on the state level, doubling her margin of victory from 2012 to 2018. She has

carved out a place in the Badger State amid the Republican trend in the formerly solid blue Rust Belt. Strictly from an Electoral College standpoint, winning back Wisconsin and other Midwestern states would almost guarantee a Democratic White House.

Of course, the biggest hurdle for her now is just joining the race.

### COLUMN

## Sugar and spice, and everything natural

It is not sugar we should stay away from, it is added sugar we should become more aware of.



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As a child, I remember the feeling of excitement that ran through me when I got bribed to do a chore with the reward of candy. Nothing like 20 grams of sugar to get my little mind motivated.

Since I never stashed candy at my house growing up, such a "treat" seemed like a great privilege. Despite my love affair with candy when I was young, here I am, a 21-year-old college student, trying my best to stay away from any food with added sugar.

People should be more aware of the amount of added sugar in their food.

Added sugar consist of syrups and sugars that are mixed into processed foods. I have become mindful of added sugar in food since I began to notice how much extra sugar is sneaked into such products as pre-made pasta sauce and salad dressings. Personally, I can say

that I feel much better physically and more mentally focused when there is less sugar in my diet.

Another example of sugars that sneak up on people is at the Campus Recreation & Wellness Center Power Café. The healthy fresh-fruit smoothies have numerous pumps of sugar in them, perhaps to mask the tart flavor of some fruits.

UI dietitian JoAnn Daehler-Miller said, "We are concerned about added sugar, not natural sugar."

While fruits and natural foods will always organically have sugar in them, it is the extra sugar that is put in healthy products such as smoothies that is concerning.

Daehler-Miller said, "Sugar is added to so many foods, so people consume high amounts of sugar, which is where our concerns are ... a lot of sugar does not give us our feeling of fullness, so there is weight gain."

Added sugars are increasing calorie intake, but they don't contain nutrients. While Daehler-Miller does not recommend eliminating added sugar from one's diet, because it increases desire, but she does recommend getting sugar from more foods with great nutrients, such as fruit.

Sugar additives in food make it easy to go over the recommended amount of sugar. According to the American Heart Association, men should take in 37.5 grams of sugar a day and women should take in 25 grams of sugar a day. Yet the average American consumes 82 grams of sugar every day, almost triple the advised amount. The culprit? Added sugar.

People know that they need to fulfill their cookie cravings in moderation, but not all realize that they need to watch their salad dressing and tomato sauce as well.

Today, Iowa ranks at No. 4 in the highest obesity rate among the 50 states. The rate is at a whopping 36.4 percent in 2017. In addition, 22.6 percent of people ages 18-25 are in the obese range. The numbers alone should deter us from consuming added sugars in our food.

While I think it is important to "treat oneself," we should become more cognizant of the amount of sugar in our foods — especially hidden added sugars. It is easy to exceed the suggested amount of sugar intake, but becoming more aware of how much sugar we consume could help us stay in the suggested range of sugar consumption.

### COLUMN

## Part-time jobs provide success for university students

Students are set up for success when they pursue part-time jobs during the school year.



TAYLOR NEWBY  
taylor-newby@uiowa.edu

First semester is winding down with only a few weeks left as plans are prepared for January that will carry over into the coming months — opportunities arriving in abundance. Spring semester schedules are filled with classes and on-campus activities — such as clubs and organizations that leave little room for leisure time. And what students choose to do with their leftover hours can shape the success of their second semesters.

One of the more beneficial ways students reap rewards in their remaining time is by picking up part-time jobs — chalking up 10 to 15 hours a week is enough to offer an influence on students' success. Pursuing part-time jobs on or off campus provides success for students in a number of ways. And though many students work solely for financial benefits or because of financial neces-

sity, part-time jobs offer more perks than just paychecks.

According to *Forbes*, part-time jobs provide opportunities to apply the concepts and material students learn in class. Though part-time jobs don't always perfectly align with majors or areas of study, they do provide a way to wider perspectives and chances to create and connect with people outside of the classroom.

And with that, according to *US News*, students with part-time jobs are more likely than other students to persist in their education and earn degrees.

By fitting part-time jobs into the oncoming spring semester schedules, students are able to steward time-management in ways they otherwise haven't had to before. By laying out course loads and readings alongside social events or campus clubs, there is a need to make time for what matters. Especially when factoring self-care — allowing time throughout the week to take time doing what they enjoy.

And with part-time jobs thrown into the mix, students are given certain rhythms in their routines, by prioritizing and preparing their plans in advance.

While part-time jobs pro-

vide paychecks, perspective, and the importance of penciling in priorities, they also allow clarity over personal career goals by allowing students the chance to try out different part-time positions. Therefore, it can be a good thing to rotate through the wearing of many hats.

Whether that be in marketing, a daycare, working with admissions for the University of Iowa, or by being baristas — it's good to pursue a part-time job, even if it doesn't look the same as declared majors.

And amid the discovering and debating that comes with trying out different part-time jobs, it's important for students to remain rooted in studies and schoolwork while finding time to take care of themselves. So in the search for part-time jobs, students should pursue those that allow flexibility in balancing work, school, and personal lives.

The benefits of picking up part-time jobs are both incredible and encouraging for students. No matter the reason, whether it be for the paychecks or the number of other perks that a part-time job offer, students are set up for success when they fit part-time jobs into their schedules.

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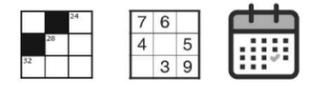
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# The Daily Break



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- 32 Something that's tailor-made  
33 Shooting game  
35 Stage name of rapper Sandra Denton  
38 Seasoning for un ceuf  
39 Prefix with nautical  
40 What may blossom from buds?  
43 Worker in a chamber: Abbr.  
45 Oft-repeated words  
46 See 45-Across  
51 That's an order  
53 Trail  
54 German opposite of alt  
55 Pat who played filmom's Mr. Miyagi  
57 Vented, say  
59 See 61-Across  
61 Bed selection  
62 Garden crawler  
63 Not yellow  
64 Neighbor of a Jayhawker  
65 Tears for Fears, e.g.  
66 Disseminated  
67 Have (to)
- Down**  
1 Ran out  
2 Firm affirmation  
3 African country that's a member of OPEC  
4 Dutch artist Jan van der \_\_\_  
5 Verizon, e.g.  
6 Anti-fracking legislation, e.g.  
7 Part of a tennis serve  
8 Sinusitis treater, for short  
9 Bond producers  
10 Muslim ascetic  
11 Rigged game in "Casablanca"  
12 Deep blue dye  
13 "Bill & \_\_\_ Excellent Adventure"  
19 Adler in "A Scandal in Bohemia"  
21 Popular smoothie ingredient  
25 Twofold  
27 Fraud  
28 Censor  
30 Sarcastic laugh syllable  
31 Freudian subject  
34 Cape Town coin  
35 "Masterpiece" network  
36 Slice of history  
37 Boots  
38 Rabbit's tail  
41 Result of stress, maybe  
42 One dieting strategy  
43 Gobbled (up)  
44 Lucky thing to get in Ping-Pong  
47 Nook  
48 Like a live radio announcer  
49 Dog, slangily  
50 Physically prompted  
52 San \_\_\_, Calif.  
55 Waterfall feature  
56 Exclusively  
57 "Saint Joan" playwright  
58 One-named singer with the 2006 hit "Smack That"  
60 \_\_\_-Magnon man

- Across**  
1 Actor Hemsworth  
5 Where chapeaux go  
10 Greek house, for short  
14 Rough spots?  
15 \_\_\_ Lodge  
16 Top-notch  
17 Footnote info  
18 See 17-Across  
20 Looks beneath the surface, in a way  
22 Not real emergencies  
23 Night school subj.  
24 2010 health measure, in brief  
25 John who founded a Fortune 500 company  
26 See 29-Across  
29 Common article

- Down**  
1 Ran out  
2 Firm affirmation  
3 African country that's a member of OPEC  
4 Dutch artist Jan van der \_\_\_  
5 Verizon, e.g.  
6 Anti-fracking legislation, e.g.  
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30 Sarcastic laugh syllable  
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55 Waterfall feature  
56 Exclusively  
57 "Saint Joan" playwright  
58 One-named singer with the 2006 hit "Smack That"  
60 \_\_\_-Magnon man

## WHAT'S HAPPENING TODAY

- **Creating Home from Refuge**, Nickie Nguyen, 7:30 p.m., 1117 University Capitol Center
- **Horn Studio Recotal No. 1**, 7:30 p.m., 2400 Voxman
- **Maevie McGonigal, Flute**, 7:30 p.m., Voxman Recital Hall
- **Spanish Foreign Flix**, 7:30 p.m., 100 Phillips
- **Area 51**, 8 p.m., Voxman Stark Opera Studio
- **Collaborative Performance: "The General Idea"**, 8 p.m., Space/Place
- **Adam Haslett & Jess Walter Reading**, 8 p.m., Frank Conroy Reading Room
- **Why Is This Night Different?**, 8 p.m., Theater Building Theater B
- **Breakfast & Gratitude**, 10 p.m.-midnight, Petersen
- **A Movie for Change**, 10 p.m.-midnight
- **Stress-Less Mason Jars**, 10 p.m.-midnight

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## THURSDAY SCHEDULE

- DITV Crossover** 8:45-9am  
**MERGE: Homeland to Heartland** 12-1pm  
**Cryptobabble** 1-2pm  
**News at 4** 4-4:30pm  
**A Moment with Diviin** 5-6pm  
**SVP AF** 6-7pm  
**Jam of the Week** 8-9pm  
**Stereocilia** 9-11pm  
**Take Five!** 11pm-12am

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## HAWKEYE UPDATES

### Spencer Lee listed in probable CyHawk lineup

Iowa wrestling won its first meet without No. 1 125-pounder Spencer Lee against Purdue on Nov. 24.

Lee wasn't listed on the lineup card because of undisclosed reasons. However, for Iowa's upcoming meet against Iowa State in Carver-Hawkeye on Saturday, he's back at the top.



Lee

Both Lee and his backup, Perez Perez, are listed in the 125 slate, so it will be a game-time decision of who goes out to wrestle Iowa State's listed starter, Alex Mackall.

Iowa only has two meets left before the Midlands Championships on Dec. 29 and 30 – this weekend against Iowa State and a home meet on Dec. 8 against Lehigh.



### Iowa offense earns honors

Iowa's two tight ends, T.J. Hockenson and Noah Fant, highlighted Iowa's Big Ten honors released on Wednesday.

Hockenson was named the Kwalick-Clark Tight End of the Year for the Big Ten to go along with a first-team All-Big Ten honor, voted by the media.



Hockenson

Fant was voted into his first-team All-Big Ten Honor by the league coaches.

Other members of the Iowa offense to earn honors were wide receiver Ihmir Smith-Marsette, Ross Reynolds, Keegan Render, and Tristan Wirfs.



### Louis earns All-Big Ten honors

Iowa senior outside hitter Taylor Louis earned second-team All-Big Ten honors following her performance this season.

Louis, who transferred to Iowa for her junior season, had 430 kills this season to lead

the team. Her offensive output contributed to her finishing the season as the NCAA Division 1 leader in active kills, with 1,964 in her college career.

Louis recorded double-digit kills in 23 out of Iowa's 31 matches, with her season high (24) coming against Wisconsin on Nov. 6.

This is Louis' fourth conference honor during her career at both Iowa and Marquette.



Louis

## QUOTE OF THE DAY

**"I know each and every one of us has had this circled on our calendars for a long time."**

– Women's basketball senior center Megan Gustafson on facing No. 1 Notre Dame



## STAT OF THE DAY

Women's basketball hasn't beaten a No. 1 team in 31 years.

**31** years

# Gustafson, Hawkeyes eye taking down No. 1 Irish

Iowa hopes to bring down the reigning national champions in the ACC/Big Ten challenge with Megan Gustafson and the sixth-ranked offense in the country.



David Harmantas/The Daily Iowan  
Iowa forward Hannah Stewart (21) gets set to pass to Megan Gustafson (10) against Oral Roberts on Nov. 9. The Hawkeyes defeated the Golden Eagles, 90-77.

BY PETE MILLS  
peter-mills@uiowa.edu

The ACC/Big Ten Challenge kicks off this week in the women's basketball world. Iowa faces a juggernaut, the reigning national champions and No. 1 ranked Notre Dame, in its matchup this evening in South Bend, Indiana.

The Hawkeyes will take on the dynasty of Irish head coach Muffet McGraw with limited numbers. Guard Kathleen Doyle continues her hiatus with a wrist injury, so Iowa will not be able to attack with the full force it had hoped for entering the season.

After a runner-up finish in the Junkaroo Jam last weekend after a 4-point loss to Florida State, Iowa's mouth is watering at the thought of a win over a top-ranked team.

"We're really excited," senior center Megan Gustafson said. "I know each and every one of us has had this circled on our calendars for a long time."

It will be no easy task, because Notre Dame is continuing where it left off last season. This is no surprise, given that four of the five starters from the team's championship run returned this year.

And Notre Dame has two wins over competitive top-15 teams in DePaul and Oregon State.

Notre Dame guard Arike Ogunbowale has continued her domination from last season, averaging 24.5 points per game. She has helped lift the Irish to 88.8 points per contest, with only 66.7 put up by their opponents.

"Nothing like a challenge," Iowa head coach Lisa Bluder said. "Obviously, this week is a big one for us, playing at No. 1 Notre Dame. We're going into this game wanting to play our best and focusing on our game."

It is clear that anything is possible with Gustafson and Company.

SEE BASKETBALL, 3A

## Warm bowling for Hawkeyes?

Iowa's bowl destination has yet to be announced, but one thing is certain — the Hawkeyes will play in somewhere warmer than New York in December.



David Harmantas/The Daily Iowan

Iowa head coach Kirk Ferentz paces the sidelines during the Hawks' game against Northern Iowa in Kinnick on Sept. 15. The Hawkeyes defeated the Panthers, 38-14.

BY ADAM HENSLEY  
adam-hensley@uiowa.edu

After an 8-4 finish to 2018, Iowa football can expect a warmer bowl game than last year's finale on the tundra of New York City, where the Hawkeyes took down Boston College in the New Era Pinstripe Bowl.

This season, Kirk Ferentz and Company have visions of a warm vacation in their minds, but the question remains: Which bowl game will Iowa go to?

Bowl representatives from the Holiday (San Diego), Outback (Tampa), and Citrus

(Orlando) Bowls made the trip to Kinnick to watch Iowa's 31-28 win over Nebraska on Black Friday.

None of the players had their minds on a bowl game after Miguel Recinos' game-winning kick sailed through the uprights, and rightfully so.

"That's a little soon right now," defensive end Anthony Nelson said. "I'm just really happy — these seniors, that's all I'm thinking about ... we've got a special group."

But now, with bowl games being an-

## Hawkeye voice Dolphin lands in hot water

Criticizing Iowa's ability to recruit and guard Maishe Dailey, Hawkeye men's basketball play-by-play commentator Gary Dolphin has been suspended by Learfield Sports for two games.

BY ADAM HENSLEY  
adam-hensley@uiowa.edu

Gary Dolphin, the voice of the football and men's basketball Hawkeyes, has been suspended by Learfield Sports after comments made during a break in the action of No. 15 Iowa's 69-68 win over Pittsburgh on Tuesday in Carver-Hawkeye.

The Panthers led, 46-40, at halftime, and Pitt's freshmen guards Xavier Johnson and Trey McGowens had 12 and 10 points, respectively.

During a commercial break, Dolphin's mic was still on, and it picked up comments directed toward Iowa's ability to recruit and the play of guard Maishe Dailey, who had 4 points and a turnover in eight first-half minutes.

"[Xavier Johnson] is pretty good, too. How do we not get anybody like that?" Dolphin said after the half-time buzzer. "Year after year after year ... a key piece like that — just get one. [Pitt's] got three or four. It's the guy's first year ... We get Maishe Dailey, who dribbles into a double team with his head down. Three pure freshmen. Two of them



Dolphin

SEE BOWL, 3A

SEE DOLPHIN, 3A

# 80 Hours

The weekend in arts & entertainment

Thursday, November 29, 2018

## Tastes of the World

A look at a few Iowa City eateries that bring international flair and flavors to the heart the area.

BY SARAH STORTZ | SARAH-STORTZ@UIOWA.EDU

### Crêpes de Luxe Café

**Owner:** Hicha Chehouhani  
**Address:** 309 E. College St.  
**Origin:** France



Katina Zentz/The Daily Iowan

### Oasis Falafel

**Owners:** Naftaly Stramer and Ofer Sivan  
**Address:** 206 N. Linn St.  
**Origin:** Israel



Katina Zentz/The Daily Iowan

### Nile Ethiopian Restaurant

**Owner:** Kiya Sultan  
**Address:** 89 Second St. No. 2, Coralville  
**Origin:** Ethiopia



Tate Hildyard/The Daily Iowan

DESIGN BY LILY SMITH

SEE FOOD, 4B

#### On the web

Get updates about local arts & entertainment events on Twitter @DailyIowanArts

#### On the air

Tune in to KRUI 89.7 FM at 5 p.m. on Thursdays to hear about this weekend in arts & entertainment.

#### Events calendar

Want your event to be printed in *The Daily Iowan* and included in our online calendar? To submit a listing, visit [dailyiowan.com/pages/calendarsubmit](http://dailyiowan.com/pages/calendarsubmit).

# WEEKEND EVENTS ● ● ● ● ● ● ● ● ● ●



## TODAY 11.29

- MUSIC**
- AREA 51 JAZZ COMBO, 5:30 P.M., VOXMAN STARK OPERA STUDIO
  - CANADIAN BRASS: CHRISTMAS TIME IS HERE, 7:30 P.M. HANCHER
  - HORN STUDIO RECITAL, 7:30 P.M., 2400 VOXMAN
  - MAEVE MCGONIGAL, 7:30 P.M., VOXMAN RECITAL HALL
  - BACKROOM COLLECTIVE, 8 P.M., GABE'S, 330 E. WASHINGTON
  - KID FRAZE, VARSITY, 8 P.M., GABE'S

- FILM**
- CAN YOU EVER FORGIVE ME?, 3 & 8 P.M., FILMSCENE, 118 E. COLLEGE
  - THE PICTURE SHOW: MIRACLE ON 34TH STREET, 3:30 P.M., FILMSCENE
  - BEAUTIFUL BOY, 5:30 P.M., FILMSCENE
  - BOY ERASED, 5:45 & 8:15 P.M., FILMSCENE

- THEATER**
- WHY IS THIS NIGHT DIFFERENT?, 8 P.M., THEATER BUILDING THEATER B

## FRIDAY 11.30

- MUSIC**
- ALEXANDRO CAZARES, 3:30 P.M., VOXMAN STARK OPERA STUDIO
  - JOSHUA PALZZOLO, 7:30 P.M. VOXMAN RECITAL HALL
  - OLD SHOE, 9 P.M., GABE'S
  - SOULSHAKE, 10 P.M., GABE'S

- FILM**
- BOY ERASED, 3 & 5:30 P.M., FILMSCENE
  - WILDLIFE, 3:30, 6, & 8:30 P.M., FILMSCENE

- THEATER**
- WHY IS THIS NIGHT DIFFERENT?, 8 P.M., THEATER B
  - NUTCRACKER, 7:30 P.M., ENGLERT, 221 E. WASHINGTON
  - ROTTEN EGGNOG, 7:30 P.M., RIVERSIDE THEATER, 213 N. LINN
  - MRS. BOB CRATCHIT'S WILD CHRISTMAS BINGE, 8 P.M., IC COMMUNITY THEATER, JOHNSON COUNTY FAIRGROUNDS

- LITERATURE**
- ANDREA GIBSON IN CONVERSATION WITH MALLORY HELLMAN, 7 P.M. PRAIRIE LIGHTS, 15 S. DUBUQUE



## SATURDAY 12.01

- MUSIC**
- FACULTY SHOWCASE, BRANDON "RE@L TALK" WILLIAMS PRESENTS, 7:30 P.M., VOXMAN RECITAL HALL
  - IOWA CLARINET CHOIR & ENSEMBLES, 7:30 P.M., 5 VOXMAN
  - WOLF MIXER, 10 P.M., GABE'S

- FILM**
- THE PICTURE SHOW: SCROOGED, 10 A.M., FILMSCENE
  - BOY ERASED, 10:30 A.M., 1, 3:30, 6:30, & 9 P.M., FILMSCENE
  - WILDLIFE, 12:30, 3, 5:30, & 7:45 P.M., FILMSCENE
  - BIJOU AFTER HOURS: TO WONG FOO, THANKS FOR EVERYTHING, JULIE NEWMAR, 11 P.M., FILMSCENE

- THEATER**
- NUTCRACKER, 2 & 7:30 P.M., ENGLERT
  - ROTTEN EGGNOG, 7:30 P.M., RIVERSIDE
  - MRS. BOB CRATCHIT'S WILD CHRISTMAS BINGE, 8 P.M., IC COMMUNITY THEATER
  - WHY IS THIS NIGHT DIFFERENT?, 8 P.M., THEATRE B

## SUNDAY 12.02

- MUSIC**
- JAZZ COMBO WORKSHOP, 3:30 P.M., VOXMAN STARK OPERA STUDIO

- FILM**
- THE PICTURE SHOW: SCROOGED, 10 A.M., FILMSCENE
  - BOY ERASED, 10:30 A.M., 1 & 3:30 P.M., FILMSCENE
  - WILDLIFE, 12:30, 3, & 6:30 P.M., FILMSCENE
  - VINO VERITÉ: CERES, 7 P.M., FILMSCENE

- THEATER**
- NUTCRACKER, 2 & 6:30 P.M., ENGLERT
  - ROTTEN EGGNOG, 2 P.M., RIVERSIDE
  - MRS. BOB CRATCHIT'S WILD CHRISTMAS BINGE, 2 P.M., IC COMMUNITY THEATER
  - WHY IS THIS NIGHT DIFFERENT?, 8 P.M., THEATER B



# OPENING MOVIE

WILDLIFE



Based on the novel by Richard Ford, *Wildlife* follows Jerry Brinson (Jake Gyllenhaal), a golf pro at a course in Montana. After Jerry unexpectedly loses his job, he leaves his wife, Jeanette (Carey Mulligan) and teenage son Joe (Ed Oxenbould) behind to fight wildfires. While Jerry is away, Jeanette begins to develop a relationship with another man. Joe is left to salvage what remains of a divided family.

— Joshua Balicki

# ALBUM PICK



Jaden Smith's *The Sunset Tapes: A Cool Tape Story*

Will Smith's offspring Jaden obviously inherited dad's talent, as Jaden showcases singing and rapping skills in the younger Smith's third album, released on Nov. 17. The ambient mix of hip-hop and R&B is reminiscent of Chance the Rapper's song "Smoke Break." The album cover of Smith standing in a sunset captures the essence of the album's tranquil tone. "Play This on a Mountain at Sunset" combines Smith's smooth vocals with rhythmic rapping; the other tracks seem to stick with mostly one style.

Smith's use of Auto-Tune as an instrument in songs such as "Distant" add complexity as the voice echoes with no background music, creating an a cappella effect. "Yeah Yeah" is one of the album's more fun explorations of synth drums. In an ode to Smith's album *SYRE*, released last year, "FALLEN Part 2" was released, which is Smith's continuation of the love song "Fallen" — a cool way to connect all of the music together.

Song pick: "Now I'm Here"

— Natalie Betz

# STUDENT FASHION



Thomas A. Stewart/The Daily Iowan

Name: Matthew Volker

Year: Junior

What's your fashion style?:

I guess I consider myself to be kind of a preppy person. I really like the old '70s and '60s styles, which are a little more conservative dressing but with a little bit of poppy color.

How has your fashion changed over the years?:

I used to really be into Hollister for a while, like that typical high-school thing, and I grew up a little bit. I wanted to look more professional and put together.

Where do you shop?:

I go to the outlet malls a lot, where they have sales for Ralph Lauren, Birch Brothers, I go to L.L. Bean if I'm up in Minnesota. I do a lot of eBay.

What is your fashion inspiration:

Instagram is definitely my go to. There's a couple guys I follow and I really like. There's a guy by the name of The Preppy Texan who is my absolute go-to for style. That guy knows exactly what he's doing.

**Night Owl**  
Eats, Drinks and Entertainment Specials This Weekend

**LUB CAR** 122 Wright St Iowa City theclubcar.com  
THUR: \$3 Dom Bottles  
FRI: \$4.25 All Bombs \$3 Domestic Mugs  
SAT: \$3 Well Drinks \$3 Tall Boys

**Sports Column** 12 S Dubuque, Iowa City sportscolumnbar.com  
THUR: PITCHER PALOOZA! 8pm-close \$2.50 48oz. Pitchers of Keystone Light  
FRI: 8pm-close - Away Games \$3.00 Wells, Calls & Shots  
SAT: 8pm-close - Away Games \$4 Big Beers Keystone Light \$3 3 Olives Shots, Drinks & Bombs

**Cactus** MEXICAN RESTAURANT & CANTINA  
CACTUS 1 245 S Gilbert 319-338-5647  
CACTUS II 314 E Burlington 319-337-2464  
CACTUS III 114 S Clinton  
••• THUR: Burrito Sanchos \$7.99/Lunch - \$8.99/Dinner \$4.99 Jumbo Lime Margs \$5.99 Mex Bulldog Margs  
••••• FRI: Fajitas \$7.49/Lunch - \$8.99/Dinner \$3 Mexican Draft Pints  
••••• SAT: \$2 Shots  
Cactus Shots, Tequila Shots, Delrio Shots Watch the Iowa game here!

**Quinton's** BAR & DELI 215 E Washington St Iowa City quintonsbaranddeli.com  
THUR: 1/2 Price Drinks  
FRI: \$4 Big Girl Margaritas \$2 Shots of Fireball  
SATURDAY: \$1 OFF Signature Cocktails \$5 Double Wells

**The Wedge Pizza** 517 S. Riverside Dr. Iowa City | 337-6677 thewedgepizza.com  
**\$5 OFF** 1st online order \$20+  
www.thewedgepizza.com  
Gluten free crust & Vegan cheese available

**Shakespeare's** 819 S 1st Ave Iowa City shakespearespubandgrill.com  
THUR: PINT NIGHT 5pm-Midnight: \$1 OFF w/Shake's Glass \$6 for 6 Wings and Fries  
FRI: Pitcher Special 5pm-close: \$6.50 Domestic Pitchers \$12.25 Steak Special  
SAT: \$6 Moscow Mules \$3 Dom Tallboys During Game  
BISCUITS 'N GRAVY, 7AM-11AM, MON-FRI

“THRILLING, SPECTACULAR  
& UNFORGETTABLE”

- The New York Times



# M. Les Misérables

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The performance on Sunday, December 9 at 1 pm will feature an American Sign Language interpreter and live audio description, provided by IRIS. Please contact our box office if you would like to use either of these services.

## FOOD

CONTINUED FROM FRONT

Around the world, all people have a tongue that speaks their own language. It is also used to taste delicacies unique to their country, region, or city.

Similar to customs, religion, and clothing, food can speak volumes on what a culture is all about. As with artists from other countries, culinary specialists use different approaches while creating their edible work.

With many restaurants scattered throughout Johnson County, only a select few have the capability of taking their customers into another country through their menus.

According to the 2018 Culinary Forecast from Restaurant.com, ethnic cuisine is becoming more prominent at eateries. In the Downtown District alone, there are 13 restaurants with Asian origin, with specialties ranging from dumplings to pho. Mexican, Asian, Italian, Indian, and French cuisine can be found scattered throughout the city, for Iowa City residents to travel the world through their taste buds.

Besides sitting down at a restaurant, residents can find foreign commodities in small shops, such as Asia Plus, an Asian grocery store inside the Old Capitol Town Center.

Nancy Bird, the executive director of the Iowa City

Downtown District, said the number of international restaurants help make Iowa City a stronger community.

"We have a lot interest in ethnic food, and we have strong market for it," Bird said. "They're driven by owners from all over the world."

## Oasis Falafel

Two men from Israel sat inside the Old Capitol Town Center, neither having formal experience in cooking, discussing there being no falafel store found around the area.

As a means to bring this signature Mediterranean food to Iowa City, Naftaly Stramer and Ofer Sivan, the two owners of Oasis Falafel, first set up a booth during the town's summer festivals. After they met overwhelmingly positive feedback, the two officially moved their business into a building in 2004.

Since then, the restaurant has had a notable effect on Iowa City, with their signature hummus and falafel easily found in many grocery store aisles.

Deep in the basement, they keep several bags of dried chickpeas, which they eventually soak overnight. Once they're ready, they cook them for a few hours inside their tight kitchen. Meanwhile, one of the staff members will chop vegetables.

Mixed together in a bowl, the chickpeas are finely chopped. With dashes of baking powder, they go on

to sculpt the perfect falafel.

"It has a unique taste," Stramer said. "Everything comes together in some kind of taste that blends. People love it."

Emulating food found in fast-food shacks in Israel, the owners make sure the meals remain fresh and healthy.

"What's important to us is the quality of the food," Stramer said. "We start from scratch as low as we can."

In order to appeal to an American audience, there needed to be alterations to the menu, such as their Turkish coffee. Popular throughout several Middle Eastern countries, the coffee is ground very finely and cooked in the water. Because of its strong taste, it's typically served in a small cup.

The two started off serving the drink traditionally, but once they received complaints on its size, they began putting it in normal cups.

Sivan said people should look into having more variety in their food selections, especially if it comes from a different country.

"The more variety you have, the more rich experience you have in life," he said. "Towns that are less diverse can benefit more from ethnic eateries. Iowa City was certainly lacking in this type of food before we opened."

## Crêpes de Luxe Café

Pouring batter into a pan,

Hicham Chehouhani, the head chef of Crêpes de Luxe Café, prepares a variety of crêpes right in front of his customers.

After three minutes pass, the crêpe is removed, later adding fresh toppings, whether they're savory or sweet. As he serves the iconic French snack to his patrons, classical French music plays in the background, giving off a Parisian vibe.

Having lived in three countries, Chehouhani cultivated his skills from various perspectives. Originally from Morocco, he began cooking at a young age, surrounded by food heavily influenced by French cuisine. Once his family moved to Nice, France, Chehouhani continued with his craft at culinary school.

After graduating, he took his skills to the seas, cooking on various cruise ships and yachts.

He eventually settled in Iowa City around 2002, wanting to open his own French-Moroccan fusion restaurant. However, because of the high price of rent, he resorted to operating a crêpe cart on the Pedestrian Mall.

He gained a following for his crêpes, but extreme weather made things difficult. So later, he moved to create a small business.

"I'm unique in all around Iowa City," he said. "There are no other crêperies [around here.]"

Chehouhani has skills in

various different types of food, but his background in France means he excels in French cuisine.

"My roots are French and Moroccan," he said. "I can make sushi and Mexican ... but it's not going to be as pure and authentic if you don't live in China, Japan, or Mexico."

Chehouhani said French cuisine has a heavy emphasis on design, and the plates need to be visually interesting.

"When you plate it, you don't plate it as you just dump it on a plate," he said. "Everything has to separate into a beautiful decoration."

Similarly, Chehouhani said he believes it's important for a town to have internationally diverse restaurants, especially in a university setting.

"We have a lot of international students from everywhere in the world," he said. "It's very important that when they come back here, they have the taste of everything."

## Nile Ethiopian Restuarant

Hidden behind a large tank of fish, customers can be found sharing their meals, a common practice in Ethiopian culture. As the sound of a football game blares from the television, the customers tear apart their injera bread to pick up some morsel, all experiencing the rich taste.

As the owner of one of the

few African restaurants in Johnson County, Kiya Sultan opened Nile Ethiopian Restaurant after spending a few months working for his uncle's restaurant outside the state.

Sultan has been cooking for the majority of his life, but he wanted to explore his abilities in a different setting.

Prior to the restaurant's opening, Sultan owned a hookah lounge, giving him the necessary skills to operate a business.

Similar to Chehouhani, Sultan has skills in many different cuisines, but his main draw to Ethiopian food is the specific spices often used.

"Most of them are made fresh, so it's very healthy food," he said.

He will often use these spices with injera bread and mantra sauce to make a dish that appeals to a universal audience.

A common misconception people have about Ethiopian food is it's often spicy, Sultan said. However, the majority of the food on his menu is more mild. He uses spices to give the dishes more flavor rather than making them spicier.

Sultan said people are too accustomed to deeply processed fast food, and he encourages them to explore the different restaurants to explore a different type of taste.

"They don't have anything like this in Iowa," Sultan said.

## STUDENT SPOTLIGHT

## Bustin' moves in 'Wild, Wild Wes'

Wesley Estrada 'broke' his way into b-boying. He now serves as the president of Iowa dance group UI Breakers.

BY SARAH STORTZ

sarah-stortz@uiowa.edu

Breakdancing embodies something special for University of Iowa senior Wesley Estrada — freedom.

Also known as "Wild Wes," Estrada has been heavily involved with gymnastics throughout his life. Different people have reached out to

him to try out breakdancing, but he didn't make his way to the dance floor until a year ago.

One of his gymnastic teammates encouraged Estrada to visit a session with the UI Breakers, and he has continued to visit since. The former president of the club decided to graduate early, meaning the group could possibly dis-

band. To continue the club's status, Estrada decided to take up the position as the leader.

He said gymnastics helped him give a smooth transition to breakdancing, already having the required upper body strength, control, and flexibility.

"When someone taught me something, they'd be like, 'What the heck, that took me like two weeks to learn, you just learned it in an hour,'" Estrada said.

Breakdancing carries several signature moves, such as head spinning, popping, and locking. He said he finds breakdancing is a way to cut loose with his body.

"Unless you're in a battle or competition, there are not many rules in breakdancing," he said. "There are all sorts of directions, and everyone has their own style to it ... you just kind of get the music playing and move however you can. You just have all the freedom to dance however you want."

One dancer Estrada looks up to is Hong 10, a b-boy from South Korea, because of his

innovative style.

"He made a lot of the moves by himself," Estrada said. "He doesn't just copy from other people, he has signature moves."

Outside of UI Breakers, Estrada is also the president of the Pre-Veterinary Club. While he prepares to become a veterinarian, he said, he previously struggled to balance his coursework with dancing.

"I kind of took breakdancing a little too seriously," he said. "The past two weeks, I kind of needed to back off a little bit and focus more on school, because I had several exams and projects. You just kind of have to judge it and go in when you have the chance to."

To balance time, Estrada took up the 365 Challenge, in which he would do a mini-breakdancing session every day.

"Even when I'm super busy, I'll finish an exam and dance for 10 minutes," he said. "It keeps me going."

For breakdancing newcomers who may feel intimidated by the style, he encour-



Tate Hildyard/The Daily Iowan

University of Iowa student, Wesley Estrada practices his breakdancing routine on Nov. 14.

ages them to keep an open mind and imagination.

"Don't compare yourself to somebody who's been doing

for seven years, because then you'll get discouraged about it," he said. "Just take it step-by-step and commit."

## On Passover, family conflicts don't

In *Why Is This Night Different?* a play set during Passover, secrets are unveiled, and things turn sour for the family.

BY MADISON LOTENSCHTEIN

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The holidays take first place when it comes to food, travel, and most importantly, family drama. The holidays wouldn't be the holidays if adult children didn't bring home unwanted spouses and their insecurities into a home they are no longer familiar with.

*Why Is This Night Different?* is a comedic family drama whose conflict ignites on the night of Passover and follows a family through the rituals of the Passover meal, Seder. The show will premiere at 8 p.m. today in Theater Building Theater B.

"It's a play about a real family with real relationships," said Arthur Borreca, a co-head of the Playwrights Workshop. "It's looking at the question of what family is and the

struggles that go on in a family. Everything that can go wrong during a holiday event goes wrong."

Set in an upper-middle-class suburban home, characters fume over the course of the Seder, and some parts of the meal are done in parallel with readings from the Torah.

The family await their adult children to arrive but come to discover that one of their daughters' boyfriend is more than 20 years older than her, and in a whopping \$150,000 in debt. Another curtain is unveiled, when it turns out that the parents are in the beginning of separating.

Mom, one of the leading roles, helps drives the plot with changes she's fabricated in her personal life. UI student Liat Graf, who plays the role, says that in the process of enveloping herself into the character, she found some similarities.

"It really is a process of reading the script time and time again," she said. "She's finding who she is as a complete human being. I've been finding similarities between her and me and have found some similarities between her and my own parents. I can understand where she's coming from; she just wants her family to understand her. She teaches the audience to live their lives truthfully and fearlessly."

For playwright Aja Nisenson, her characters are very dear.

"I typically hear the characters, and they speak to me, and I write what they say," she said. "Each character has a soft spot in my heart. Mom definitely drives this play forward, but every character has his or her powerful force and influence on the play."

While Passover isn't celebrated until March, the



Jenna Galligan/The Daily Iowan

Actors interact and set a table during *Why is This Night Different?* at the Theater Building on Tuesday.

audience can relate to the family tensions, secrets, and surprises coming from any social/religious perspective.

"This play is about find-

ing your true self and expressing your inner desires in full," director Sarah Hamilton said. "As it goes on, each character works to break free of the restraints

that this family and society have placed on them, so that they can fully express their individuality. I think this is something we can all relate to."