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State could face physician-assistant shortage
In the next 15 years, a study conducted by Tippie shows Iowa could face a physician-assistant shortage as people filling the occupation age and the need for those jobs is on the rise in rural communities.



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Iowa head coach Tom Brands pointed out new faces and winning in the classroom as two things the Hawkeyes are focused on heading into the new season. Among those who can have an effect are Austin DeSanto and Kaleb Young.



8
Iowa football looks to move on
Hawkeye football's loss to Purdue didn't leave it in a good spot in the Big Ten Championship picture. But with a good chunk of the season still remaining, it's clear that Iowa still has a lot to play for.



Tune in for LIVE updates
Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at dailyiowan.com.



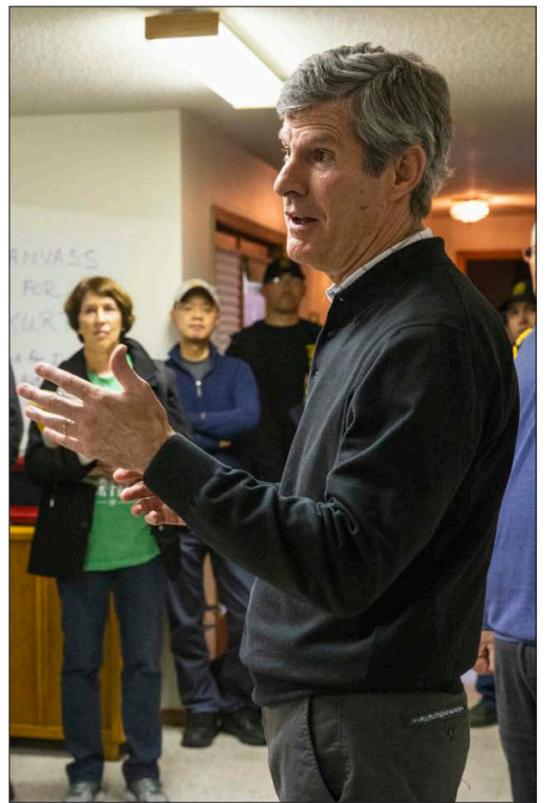
ETHICS & POLITICS IOWA POLITICS

Reynolds, Hubbell hit last-minute stops

The candidates for Iowa governor crisscross the state in a late push for votes.



LEFT: Gov. Kim Reynolds speaks during a rally at the Eastern Iowa Airport on Monday as Lt. Gov. Adam Gregg, Rep. Rod Blum, R-Iowa, Sen. Joni Ernst, R-Iowa, watch. The event was part of Reynolds' flying tour of Iowa on the day before the midterm elections. **RIGHT:** Democratic gubernatorial candidate Fred Hubbell addresses campaign volunteers at a canvassing location in the home of volunteer Janice Weiner on Monday.



Nick Rohlman/The Daily Iowan

BY SARAH WATSON AND JULIA SHANAHAN
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Polls will close at 9 p.m. today to end a competitive and expensive gubernatorial race. Both candidates have been barnstorming the state in the last weekend to reach last-minute voters and energize volunteers for Election Day get-out-

the-vote efforts. In visits to eastern Iowa, the two kept largely to their core campaign messages.

Republican Gov. Kim Reynolds touted a growing Iowa economy and urged voters to stay in line with the "No. 1 state" in the nation in stops in Coralville on Sunday and Cedar Rapids on Monday.

"Do you want to continue to see your wages go

up, do you want to see the economy keep growing, do you want to lead the nation, do you want to maintain Iowa's No. 1 status in the country?" Reynolds said to reporters.

Nearly every Republican statewide elected official cheered alongside Reynolds at a Monday

SEE GOVERNOR, 2

Local businesses push voting

Iowa City businesses are using their platforms to encourage residents to vote today in the midterm elections.



A customer displays a voting sticker to an employee at Yotopia on Monday.

BY KATE PIXLEY
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With Election Day looming, many downtown businesses have displayed signs encouraging people to vote.

Frozen yogurt shop Yotopia, 132 S. Clinton St., offers a 20.18 percent discount on orders for customers who come in on Election Day.

"I think that it's important to remind customers of our civic duty," Yotopia owner Veronica Tessler said. "This is a really

important election that has enormous consequences on the way we live our lives, and I think it's important to remind our customers that their voice really matters and that if they don't share their voice through their voting, if you're not using your voice, you're letting others use you."

The Deadwood, 6 S. Dubuque St., also encourages people to go to the polls. Deadwood employee Daniel Frana said that while the establishment hasn't posted any

SEE BUSINESSES, 2

What you need to know about voting on Election Day

Johnson County Auditor's Office offers resources for area residents to learn more about voting and what to know for Election Day.

BY ALEXANDRA SKORES
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Whether people work a full day's shift or have classes, there are many opportunities for people to cast their ballots.

Students who are not registered may show up to their polling locations today with IDs and proof of residency, using a school address, said Johnson County Auditor Travis Weipert.

For the full list of acceptable documents and to locate your polling place, visit the Johnson County Auditor's website.

Polls will be open from 7 a.m. to 9 p.m. today.

Weipert said the Auditor's Office will do everything possible to make sure lines are not long and voting is a smooth process for Johnson County residents.

The Iowa secretary of state's website said that under some special circumstances, voters are entitled to up to three hours of paid time off from work to vote. If they do not have three consecutive hours when they are not required to be at work when the polls are open, the employer is required to allocate time off.

Employees must have made a written request to their employer for time off to vote before election day, said the secretary of state's website.

Iowa is one of a few states that allow employees time off to vote on Election Day, and one of an even smaller percentage of states that allow paid time off.

"I encourage the student population to get out and vote today," Weipert said. "It is important for your voice to be heard."



Weipert

NOVEMBER INSPIRATION



Katina Zentz/The Daily Iowan

Clayton Lindhorst performs during Inspiration Station at Public Space One on Monday. Inspiration Station encouraged audience members to share their material during an open-mic session. The open mic was preceded by two musical acts.

The Daily Iowan

Volume 150
Issue 56

BREAKING NEWS

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Policy: The Daily Iowan strives for accuracy and fairness in the reporting of news. If a report is wrong or misleading, a request for a correction or a clarification may be made.

PUBLISHING INFO

The Daily Iowan (USPS 143.360) is published by Student Publications Inc., E131 Adler Journalism Building, Iowa City, Iowa 52242-2004, daily except Fridays, Saturdays, Sundays, legal and university holidays, and university vacations. Periodicals postage paid at the Iowa City Post Office under the Act of Congress of March 2, 1879.

SUBSCRIPTIONS

Call: Juli Krause at 335-5783
Email: daily-iowan@uiowa.edu

Subscription rates:
Iowa City and Coralville: \$30 for one semester, \$60 for two semesters, \$5 for summer session, \$60 for full year.

Out of town: \$50 for one semester, \$100 for two semesters, \$10 for summer session, \$100 all year.

Send address changes to:

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Iowa City, Iowa 52242-2004

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BUSINESSES

CONTINUED FROM FRONT

signs, it actively urges customers to vote.

“Basically, we’ve just been encouraging people to go out and vote,” Frana said. “We don’t have any political signs up in the bar, but we’ve just been encouraging people to vote.”

Voter turnout in the June 2018 primaries in Johnson County beat the previous primary record set in the 1994, according to a tweet from Johnson County Auditor Travis Weipert.

Offering voter initiatives or sales has historically been a difficult issue, because offering discounts to voters during federal elections is against 18 U.S. Code 597.

The code states, “Whoever makes or offers to make an expenditure to any person, either to vote



McCall Radavich/The Daily Iowan

Students take their right to vote out for some exercise at one of Iowa City’s polling stations on Nov. 4, 2014.

or withhold his vote, or to vote for or against any candidate; and whoever solicits, accepts, or receives

any such expenditure in consideration of his vote or the withholding of his vote shall be fined under this ti-

tle or imprisoned not more than one year, or both; and if the violation was willful, shall be fined under this ti-

tle or imprisoned not more than two years, or both.”

Tessler said that she was aware of the law and used that knowledge when formulating her shop’s promotion.

“So that’s where we think our plan is ... if you come in wearing an “I Voted” sticker, we will ring our cowbell,” she said. “Think of it as an Election Day froyo celebration that encourages everybody to vote and to celebrate this historic day in our country.”

Iowa City social-media startup Sculpt, 105 E. College St., has the word “VOTE” spelled out across its windows. Fliers spelling out “VOTE” contain information about registering to vote.

Austin Smoldt-Saenz, a communications designer

for Sculpt, said he hopes its endorsement of voting will spur nonvoters to get registered.

“[Our goal with the posters is] to try to encourage people to get out and vote,” Smoldt-Saenz said. “Well, I guess we’re hoping to get people that haven’t considered going out to the polls to either vote early or on Election Day.”

Smoldt-Saenz also said he believes it’s important to encourage voting as a matter of civil discourse.

“I think that [the role of businesses in elections] probably depends on the business owner and the company and what they stand for,” he said. “In general, I think we should all be encouraging people to go out and vote.”

GOVERNOR

CONTINUED FROM FRONT

campaign stop at the Eastern Iowa Airport. It was one of nine stops she made that day while traveling on a chartered plane.

Democratic challenger and retired businessman Fred Hubbell iterated the ways in which he hopes to change Iowa. First in a rally Sunday in Iowa City and then in a smaller gathering in Johnson County, he promised to reverse privatized state Medicaid, improve education-funding, address mental-health services, and fund efforts to address air and water quality.

Throughout Hubbell’s visit to Iowa City on Monday, he thanked his longtime supporters, including Sen.

year, early voters are turning out in higher numbers than 2014.

In Iowa, more than 20 percent of registered voters have cast their ballots, according to totals released by the secretary of state. Those early vote totals favor Democrats when comparing to the 2014 midterm elections. The number of Republican-cast absentee ballots remained about the same between the two election years, while Democrats have topped their 2014 totals by around 31,000 ballots this year.

Sen. Chuck Grassley, R-Iowa, said Monday that while Republicans weren’t showing gains in early voting, he was confident Republicans would turn out on Election Day.

“I think Iowans really honor voting on Election Day and not voting early,” Grass-



Nick Rohlman/The Daily Iowan

Democratic candidate for governor Fred Hubbell speaks during a rally at Big Grove on Sunday. Hubbell and opponent Gov. Kim Reynolds ramped up the number of their appearances in the last days of their campaigns.

‘It’s a statewide election, not a local election. We’re trying to get as many voters all across the state as we can. We may win Johnson County, but we want to get as many people in Johnson County voting for us as possible.’

— Fred Hubbell, gubernatorial candidate

Mary Mascher, D-Iowa City. He interacted with volunteers ahead of the most crucial day of his campaign.

“We’re going to allocate money out of wasteful corporate tax giveaways,” he said. “... We’re going to put it into education, and we’re going to put it into things like mental health. We’re going to restore funding to Planned Parenthood again.”

Candidates will have to wait until 9 p.m., to see which candidate’s message resonated most with voters. One clue into election turnout may be early votes. This

ley said. “I happened to have cast an absentee ballot, but most Republicans want to vote the old-fashioned way.”

Grassley, who presided over now-Supreme Court Justice Brett Kavanaugh’s confirmation hearings, said he thought the justice’s confirmation would boost Republican support.

He told the crowd to “never change horses in the middle of the stream” at the Cedar Rapids rally, emphasizing a need to continue Iowa’s economic policies under a Reynolds administration.

Hubbell told reporters

he was optimistic about the race, emphasizing that he had traveled all across the state to garner votes. In Johnson County, where Democratic voters outnumber Republicans 2 to 1, he said his team was trying to gain as many votes as possible.

“It’s a statewide election, not a local election,” Hubbell said. “We’re trying to get as many voters all across the state as we can. We may win Johnson County, but we want to get as many people in Johnson County voting for us as possible.”

Polls are open from 7 a.m. to 9 p.m. today. For full list of polling locations, search for an address on the secretary of state’s website or the Johnson County auditor’s website.



Nick Rohlman/The Daily Iowan

Gov. Kim Reynolds and other state Republicans applaud after remarks at a rally in the Eastern Iowa Airport on Monday.

Light boxes may lighten winter's load

UISG and Student Health have teamed up to offer a new method of therapy for students with seasonal affective disorder.

BY MASTURA IBNAT
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The University of Iowa Student Government is offering special lamps to help students get the light they need during the darkest part of the year.

For UISG Director of Health and Safety Micah Augusma, seasonal affective disorder can take a toll on academics and mental health.

"Seasonal affective disorder is a form of depression," he said. "As the name suggests, it is dependent on the season and thought to be caused by lack of light, so it should come to no surprise that it is particularly strong in the fall and winter seasons with symptoms being that the affected [person] feels moody, lethargic, and lacking general energy."

Because of this, Augusma decided to team up with Student Health & Wellness behavioral health manager Trisha Welter to create a solution for students suffering from the disorder. Student Health is coordinating the light-box program with the University Counseling Service and UISG-provided funding.

"Our office specifically will

help with checkout, tracking, and assessment of the effectiveness of the program," Welter said.

The lamps, also known as light boxes or light-therapy boxes, are a method of therapy for students with the disorder. Patrick Rossmann, a Student Health behavioral health consultant, said the light boxes are designed to mimic outdoor lighting, which affect chemicals in the brain that are linked to mood and sleep.

"The light-therapy boxes we use give off UV-free light and deliver the recommended 10,000 lux intensity," he said.

Augusma said the idea initially came to him during a research opportunity in Armenia this past summer.

"I had an opportunity to do research in Armenia, where the sun was always shining and the positive effects it had on not only me but the people as well," he said. "It just so happened that this was around the time that I began considering my goals and initiatives for the upcoming administration."

There are 10 light boxes located at four different locations. Students can check out light boxes, for two weeks, at Student Health at



A HappyLight is seen on Monday. The light is supposed to help with seasonal affective disorder.

Westlawn, the Campus Recreation & Wellness Center, and the University Counseling Service at Westlawn or its University Capitol Center location.

"Big or small, there was something that I could do to help my fellow Hawks," Au-

gusma said. "So while doing research, I eventually came onto the idea [of] seasonal affective disorder lamps."

Augusma and Welter said the cost of the initiative totals \$1,500.

"They last a really long time, so hopefully this will provide

the program for many years to come," Welter said. "Student Wellness will also pay some marketing costs, but that is minimal."

Rossmann suggested using the light box in the morning after waking up to optimize light therapy. The lamp should

Thomas A. Stewart/The Daily Iowan

be positioned at a range between 6 to 24 inches away from the face, he said, and should also be slightly off-center. Users are advised not to look directly into the lamp. He also suggests using it for 30 to 60 minutes a day with consistency to optimize results.

Physician-assistant shortage may loom in Iowa

UI's Tippie College of Business conducted a study that determined in the next 15 years, the state could face a physician-assistant shortage.

BY KELSEY HARRELL
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Iowa could face a physician-assistant shortage in the next 15 years because of aging personnel and an increasing need to fill positions in rural communities.

In a study conducted by the Tippie College of Business, researchers found the number of physician assistants in Iowa grew from 1995 to 2015.

However, 30 percent of the physician-assistant workforce is over 50, because it's a relatively new profession, said Professor Thomas Gruca, a co-author of the study.

Gruca said he and his team found that part or all of 61 of 99 counties in Iowa have a shortage of primary-care physicians. In Iowa, 56 percent of physician assistants work in primary care; of that number, 44 percent are in shortage areas, he said.

The current issue is physician assistants are reaching retirement age, and there aren't enough people coming into the profession to fill the high need for them in the state, Gruca said.

There hasn't been as high of a retention rate for physician assistants, he said. Iowa medical professionals will have to look for ways to make physician-assistant positions in rural areas seem attractive to graduates. Along with increased emphasis to work in rural communities, the area of specialists also faces increased demand.

"For [physician assistants] being trained, they'll have the

pick of where they want to go," Gruca said. "But as a state, we have to also think about what are we doing to make those positions attractive so we can keep people in small towns and rural areas doing primary care. So that's the big challenge."

'But as a state, we have to also think about what are we doing to make those positions attractive so we can keep people in small towns and rural areas doing primary care. So that's the big challenge.'

— Thomas Gruca, coauthor of the study

pick of where they want to go," Gruca said. "But as a state, we have to also think about what are we doing to make those positions attractive so we can keep people in small towns and rural areas doing primary care. So that's the big challenge."

By having physician assistants in rural areas, it increases access to care, and there are a number of areas in the state in which the assistants function as primary-care pro-

viders, said Professor David Asprey, the chair of UI Physician Assistant Studies and Services.

There may not be a high enough volume of people in rural areas to be able to afford to have a primary-care physician in their community, he said. Some areas can only afford to hire a physician assistant.

In Iowa, there are only four universities that offer physician-assistant programs; two of which were started in the last few years. However, the UI's program is unique compared to others, Asprey said. The students at the UI take the same classes as medi-

cal students do during their first three semesters and are trained using the same methods as physicians, he said.

"We're fortunate enough to have placed first or second in the U.S. News & World Report's best programs survey for the last 12 or 14 years," Asprey said. The integration into the medical school allows students to build relationships with their future colleagues, because they have lectures with the same people, said Samantha Sparrow, a

senior in the physician-assistant program.

The faculty is easily accessible for students. The class size is smaller so students are able to build relationships with their instructors, she said.

When looking at physician

assistants in rural communities, they have the time to offer more one-on-one consultations for patients compared to a primary-care physician who has other roles, Sparrow said. This allows physician assistants to have a good work-to-life balance and get involved

with their communities.

"I think that it's a tough thing, especially in Iowa," Sparrow said about the need for physician assistants in Iowa. "I think that [physician assistants] fill the role of primary-care physicians. We need them in Iowa."

UI Department of Theatre Arts theatre.uiowa.edu

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Opinions

POINT/COUNTERPOINT

Painting pages of the Bible

Two writers discuss why people should or shouldn't paint in the Bible and analyze the trend that has appeared on social media.



TAYLOR NEWBY
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Painting pages in Bible is a way to express yourself.

Painting over the pages of text is an incredible commitment, a daring step — especially when that text is the

'I have always been someone who...remembers things when it has a story, shape, and structure.'

word of God. So, is it a good idea to take artistic skill and scribble it across Scripture?

I have always been someone who learns as she does — someone who remembers things when it has a story, shape, and structure. And reading Scripture is no different. When I spend time reading my Bible, it's important for me to scrawl out the message in a way that makes sense to me. And studies show I'm not alone in that.

Psychology Today says people learn material better when they make out a summary of what they're reading or learning, and painting is an easy way to encapsulate what

Scripture is saying, by summary and by illustrating what you're seeing in the Scripture

you're reading.

It's easy to get hesitant in marking the Word of God, but if it makes us better believers by being able to reflect and remember verses, then why not? I will say, the aesthetic of painting the pages of the Bible has less appeal when the person doing the painting is not necessarily prioritizing what is being said.

But either way, the point of reading the Bible is less about us and more about what God is saying to us through His Scripture. It's more about talking with him while we thumb through his text. And if what helps us in prayer or in conversation with God is painting, then let's glorify Him through painting pages as a way of making better sense of his timeless message.



MARINA JAIMES
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Better uses for a Bible than as a canvas.

"I thought it'd be cute to paint the cover of my Bible ... but I accidentally did it backwards, so now there's an upside down cross on the back of my Bible. Great. I love me." writes Twitter user @sydney-reneec.

Sydney's blunder somehow found its way onto my timeline and prompted me to question: Why would a person paint the Bible in the first place? Bibles

are better left read than painted. And in this case, simply opening the book and reading its pages would have signaled to the painter which way was right-side up.

Painting Bibles happens to be one of my least-favorite trends I see on social media. From Snapchat to Instagram, users publi-

ing on the inside cover.

I write my favorite verses on a yellow notepad and place it in the most central area of my room. It's tattered, wrinkly, and not the most visually pleasing to look at. What's beautiful about it are the words that fill its pages; words that have affected me in my best and worst of times. No

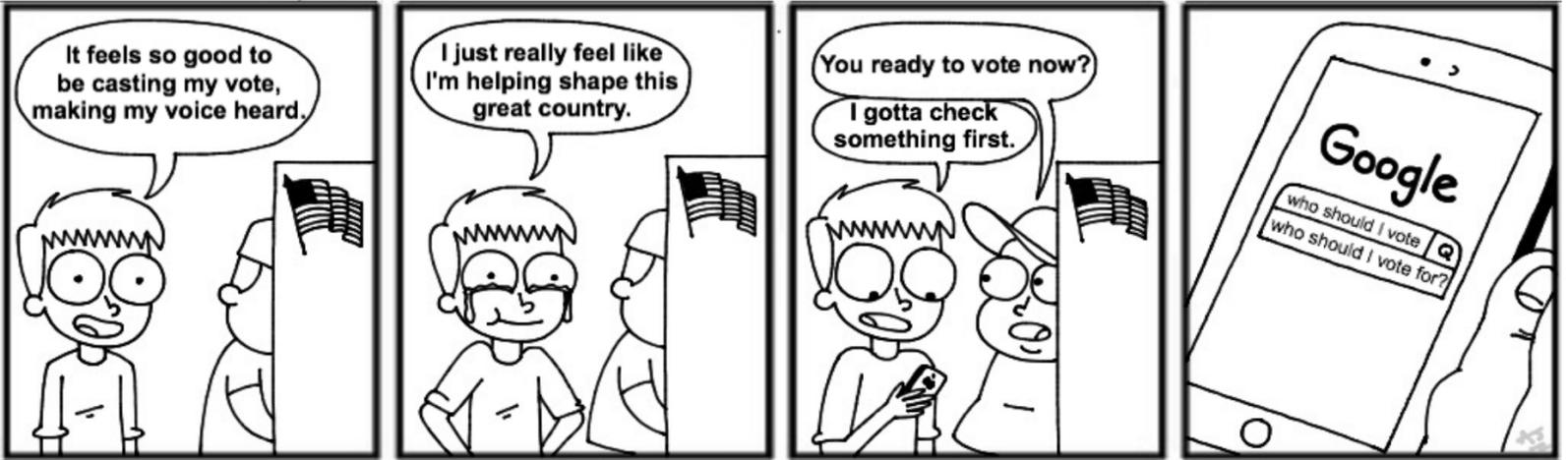
'What's beautiful about it are the words that fill its pages.'

cize their artwork on the inside and outside of the Bible. I, too, enjoy marking my favorite verses with highlighter to refer back to and spreading it with my followers, but somehow, I have never gathered up the energy to use a page as a canvas. The only writing found anywhere in my Bible reads "Just because I love you!!" in my uncle's handwriting

artwork of mine could ever compare to the hope and joy that the Bible has given me.

My point: The best way to celebrate the Bible is to read, understand, and spread its word to others in need of it. All options would be a more productive form of worship that many of us make far too little time for in the first place.

"The Youth Vote" by AJ Boulund



COLUMN

Jenner's voice is selfish, exclusionary

While it is important for people to speak up when they are directly attacked, it's also important that they speak up for those who don't have a voice and support them in their fight for fairness and equality in a world of systemic oppression.



NICHOLE SHAW
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Caitlin Jenner wrote an opinions piece on Oct. 25 for the *Washington Post* announcing she could no longer stand by President Trump's marginalization of minority groups. Jenner's piece came two years after Trump's election and was in response to the attack of transgender rights with the impending threat of GOP redefining gender based on biological sex rather than a person's identity.

While I support her decision to speak up for a group whose right to exist and be supported is being attacked by one of the highest forms of power in our nation, she also displays a problematic mindset: One should only speak up when one is directly affected.

The fight for equality should

be a common goal reached through societal support by many, not just the group that is being affected. Otherwise, change would virtually never happen, and a better way of life would never be achieved for those who are oppressed.

While the new GOP stance on gender is not considered a hate crime, it does plan to erase an entire group of people and strip them of their rights with the narrow definition of gender as a "biological, immutable condition determined by genitalia at birth." This attack on the basic rights of 1.4 million people in the United States, according to a study by the Williams Institute, is something everyone should be concerned about. It's going to irrevocably affect neighbors, friends, family members, and our community.

So regardless of gender identity, it's imperative that people stand with transgender individuals to ensure exclusionary proposals such as this is never passed.

It's also imperative to recognize other groups that are systematically marginalized and stripped of their rights, living

in fear of those who abuse their power and terrorize a community. It's important to realize that when Trump comes for the blacks, the Mexicans, the Muslims, and so many others, everyone must speak up and support those who are under attack. To stay quiet and ignore the issue because it doesn't directly affect them is to enable those in power, persuade victims that they're not important and worthless, and decrease chances of eliminating that marginalization or oppression.

When I reached out to the LGBTQ Resource Center, sources said they didn't feel comfortable speaking on the issue. When I reached out to UI Trans Alliance, spokesperson Andrew Crowley declined to comment.

Despite their lack of response, the transgender community and their supporters have not been quiet on campus — they held a protest for transgender rights Oct. 25 on the Pentacrest. It's of paramount importance that people maintain their energy surrounding this issue and others as they vote in the midterm elections today.



Michael Brochstein/Sipa USA/TNS

There is power in numbers and intersectionality in activism. Oppressive systems are often inherently connected to one another, according to the Spectrum. So it's inherently important for people to educate themselves on these oppressors and take action against them. That

doesn't mean they have to go to every single march or dedicate insane amounts of time to posting about every single social issue. However, it does mean supporting community members and voting those oppressors out of power today and in every election.

Unlike Caitlyn Jenner, people shouldn't only speak up when they're the ones being directly affected. It is inhumane and selfish to not speak up when they see other groups of people being targeted, abused, marginalized simply because it doesn't affect them directly.

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Hoop dreams drive the club lane

After realizing no women's basketball club existed at the UI, a sophomore set out to establish one for students.

BY KATIE ANN MCCARVER
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Golf, rugby, and quidditch — these are just a few of the numerous sports clubs available through the University of Iowa Recreational Services. Students can play, coach, or lead in many sports, but until recently, shooting hoops wasn't an option.

Sophomore Sarah Welsh didn't want to play college basketball, but she didn't want to give the sport up, either. When she realized there was no basketball club at Sports Programs, she decided to establish one herself.

"No one ever took the initiative," Welsh said. "I never thought I'd be that person, but I'm glad I did."

Welsh met with sports clubs advisers, sent out a mass email, held an interest meeting, conducted tryouts, and finally had her team.

"After seeing everyone's talent, it was hard to make cuts," Welsh said. "So we got two teams of 13. I think the girls were pretty excited about that."

As president of the club's executive board, Welsh is responsible for coordinating such items as tournaments, while two coaches oversee the A and B teams.

"Leading is super new to me," Welsh said. "I'm definitely more of a team player."

Welsh, who transferred here from the University of Missouri, tried intramural basketball but missed the competition and travel that comes in sports clubs. Now, the teams will travel to Iowa State in December for their first tournament.

"Our first practice, and it was like a flashback to high school," Welsh said. "You could tell everyone had played their whole lives and was excited to be back in the gym."

Because sports clubs do not receive university funding until their second year, Welsh said, the team functions on a self-sustained budget, comprising tryout fees and member dues.

Sports Programs Assistant Director Shannon Tumelty said other requirements include that the team has at least 10 members and represents UI at competitions outside Johnson County.

"Essentially, it's based on student interest," Tumelty said. "We definitely give them the resources, knowledge, and experience to be successful."

As a former club athlete herself, Tumelty was also surprised to realize that no club basketball club existed. Welsh was the first to go through the process of registering for a student organization and meeting with Recreational Services.

"Sport clubs are an opportunity for students to be leaders and compete in the sport they love," Tumelty said. "It usually takes just that one person reaching out."



Members of the Iowa Women's Club Basketball team practice at the Field House on Oct. 29. The club, in its first year, is preparing for a tournament in December. Megan Nagorzanski/The Daily Iowan

Tumelty emphasized that the club's exposure to tournaments will show Sports Programs that those interested can maintain membership and be successful.

Freshman Lindsey LaBorde said the women's basketball club is very competitive, and she hopes people will see that and want to join so it continues to grow.

"Basketball is something that's been a huge part of my life as long as I can remember," LaBorde said. "It's really awesome to see these girls from different backgrounds coming together with a mutual love for this sport."

After such an unexpected turnout at tryouts, LaBorde said, she and her teammates have bonded on and off the court to make the club more successful.

"It's been amazing so far," LaBorde said. "I don't know if Sarah expected that many girls, but it's really neat that they're not only my teammates but my friends."

Catching a Wave: High school adopts Hawkeye Wave

Inspired by the Hawkeye tradition, Jefferson High School in El Paso, Texas, started the 'Wave of Love' to children at the El Paso Children's Hospital after the first quarter of every home football game.

BY KINSEY PHIPPS
kinsey-hipps@uiowa.edu

Looking out the window of his daughter's hospital room at El Paso Children's Hospital, Jesse Tovar saw nothing but traffic. One day, he ventured to the other side of the hospital wing to see Jefferson High School's football field not far below. That's when Tovar was reminded, he said, of the Hawkeyes' famous Wave.

About a year later, Tovar sat and ate lunch with friend Ed Stansbury. They were talking about the upcoming football season and what it may have in store for local high schools. That's when Tovar remembered Jefferson and the Children's Hospital, he said.

Stansbury and Tovar began throwing ideas back and forth, and Stansbury contacted people he knew at El Paso Children's Hospital.

Tovar reached out to an old friend of his, Jefferson High School's head football coach, Tony Martinez. As soon as Tovar described the idea, he was on board, Martinez said.

An avid college football fanatic, Martinez was familiar

with the Hawkeye Wave. He had noticed the proximity of the hospital before, but the idea had never crossed his mind, Martinez said. "Wave of Love" was born on Sept. 28 after the first quarter of Jefferson High's varsity game.

"I loved the idea. Our kids are from a very poor community, but they are compassionate about the situation," Martinez said. "They understand that though they might have a tough situation at home; they don't have it quite as bad as the kids up there fighting for their lives. It's brought a sense of awareness."

Both home and opposing football teams, cheerleaders, coaches, and fans walk together to the side of the stadium most visible to the children at the Children's Hospital to wave at every home game, Tovar said.

"Easily, this is the most 'impactful' event to be a part of," Stansbury said. "To be standing on the field, to start seeing the silhouettes of the kids, parents, and staff at the hospital is a tear jerker. I am so proud and happy to be a part of this."

Before their last home game on Nov. 2, the football team got the opportunity to visit the children they had been waving to from the field. Players made posters, and hospital employees organized a plan for the students to greet sick patients.

"To be able to have the team there, and walk the halls, and see the rooms that the kids, and families, and staff stand in and look down to do the wave, it comes full-circle," Stansbury said. "You could see it in the faces of the Jefferson football team how special it was."

Martinez foresees the wave carrying on for seasons to come, he said.

"It's growing," Tovar said. "I can't wait to see what they do."

"Wave of Love" has extended passed just Jefferson High's community. People from all over the city who have no affiliation with the team are coming to the game just to experience what it's like to wave to the children, Tovar said.

"I would just like to thank the University of Iowa for inspiring us to do such a neat thing," Martinez said. "It really has humbled our kids, and

they really look forward to doing it. We haven't had a very successful season, but this has made it all worthwhile to [the team]."

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Marinelli enters season with new mindset

Sophomore Alex Marinelli, one of Iowa's four All-Americans, is in a better mindset and ready to go this season.

BY SARAH ALTEMEIER
sarah-altemeier@uiowa.edu

The Iowa wrestling team returns seven starters and four All-Americans from last season, and sophomore Alex Marinelli is one of the key returners.

"Fans get excited about those guys returning," Iowa head coach Tom Brands said. "Let's talk about Marinelli. He's a ferocious competitor; we love him. He lives the right lifestyle, and he's the voice in the locker room."

The team's starter at 165 pounds, Marinelli, redshirted his freshman year but recorded a 13-2 overall record competing unattached, losing only to top and second-ranked opponents.

Last season, Marinelli started off strong, going undefeated in his first 14 matches. He didn't lose a single dual competition, starting 10-0 and scoring 40 team points. He finished the season 19-6, placing sixth at both the Big Ten and the NCAA Tournaments.

Along with providing others with the example of how to get it done on the mat, Marinelli plays an important leadership role for the Hawkeyes.

"He's real, real important to our program from a leadership point of view and how he competes," Brands said. "He and [Michael] Kemerer are kind of the ones that brought it back. But just how he's ready to go every day. He's clapping his hands. He's



Shivansh Ahuja/The Daily Iowan

Alex Marinelli answers questions during wrestling media day in the Dan Gable Wrestling Complex on Monday.

ready to go for us. Can't beat that energy."

In the past, Marinelli found it hard to let go of situations that didn't go his way, Brands said.

"Marinelli is a guy that loves to win," the coach said. "When things are going right, he's hopping, feels really good about himself. When things don't go so right, he tends to hang on-

to it maybe too long. I think that's probably the biggest thing he's had to adjust."

This summer, Marinelli worked with his coaches on handling adversity.

"I would say [I've focused on] re-evaluating myself," Marinelli said. "[I've been] getting back to what I do best and feeling good. I know that whatever I do on the mat, I can come out as a winner

because if I wrestle my best, there is nothing that I can't do."

He believes that having self-confidence while being humble is the attitude that wrestlers must have in order to be successful.

"No one likes to lose, but at the same time, you still got to think that you're the baddest dude on campus," Marinelli said. "It's easy to move on

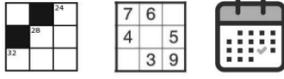
with success, but if you lose, don't let it knock you off. You got to keep grinding and telling yourself that you're going to be a national champion, and that's kind of what my philosophy is."

In the wrestle-offs, Marinelli defeated freshman Nelson Brands, 6-3, for the 165 spot. The Hawkeyes will head to Kent, Ohio, for their first dual meets of the season on

Nov. 9. Marinelli is from Miamisburg, Ohio, and is excited to compete in front of his friends and family.

"[I'm] looking forward to going to Ohio," he said. "I've got a lot of friends and family who are going to be there. I'm looking forward to competing with my brothers. We're a family. We've got a good atmosphere going into this first meet."

The Daily Break





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Across

1 Mends with stitches

6 Schools of thought

10 Glasgow girl

14 Heavenly hunter

15 Process part

16 John Irving's "A Prayer for _____ Meany"

17 Mega-corporation? [1996, 1970]

19 Singer Suzanne

20 Sorrowful sound

21 Exception to a "no pets" policy

23 Prison sentence

25 N's in Athens

26 Pomade? [1968, 1972]

32 Where G.I.s fought in the '60s

35 Stitch loosely

36 Like some pitchers

37 Milan's La _____

Down

1 _____ Ferry, N.Y.

2 Running wild

3 Severity

4 Night, in Nogales

5 Elitist sort

6 AOL, e.g.

7 Deer sir?

8 Carte that comes before the course

9 Secret agent's activity

10 Parlor piece

11 Immensely impressed

12 Utah's state flower

13 Fly in the ointment

18 Shade of brown

22 A shotgun wedding might be held under this

24 Doesn't take things too seriously

27 Formal response at the door

28 University official

29 Star Yankees 3B for 10 seasons

30 Ward of "The Fugitive"

31 Fall setting

32 Office-inappropriate, in web shorthand

33 _____ na tigela (fruity Brazilian dish)

34 Artist Chagall

35 Ne'er-do-well

38 War of 1812 locale

43 Duane _____ (pharmacy)

46 Dork

49 Folksy restroom sign

50 In progress

51 Fencing move

52 Hollywood honor

53 V-formation fliers

54 Artist's inspiration

55 Not much

56 Deborah who starred in "The King and I"

57 Guesstimate phrase

58 Lady of Spain

62 Stick in the microwave

SOLUTION ON PAGE 3

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SOLUTION ON PAGE 3

WHAT'S HAPPENING TODAY

- Study Abroad Info Session: Sicily, 11:30 a.m., 1111B University Capitol Center
- Make & Take: Musical Takeover, noon-3 p.m., IMU Hawkeye Room
- "Negotiation for Graduate Students," Amy Kristof-Brown, noon, B111 Med Labs
- Demystifying General Education, 3 p.m., 1117 University Capitol Center
- Global Internship Info Session, 3 p.m., S126 Pappajohn
- Manuscripts at Special Collections, 4-7 p.m., Main Library Special Collections
- Election Night Returns Party, 6 p.m., Mill, 120 E. Burlington
- Body Love Yoga, 6:30 p.m., Field House Yoga Room
- Global Medicine Society Trivia Night, 7 p.m., 1110, 1117, 2117, & Atrium Medical Education & Research Facility

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Mid-Morning Drive 10-11am	Off The Ivy 6 6-7pm
Michael Minus Andrew 11am-12:15pm	Good Bad with Jake Jacobs 7-8pm
Ask a Lawyer! 12:30-1pm	Goon Town 9-10pm
Debateable 1-2pm	Local Tunes 10pm-12am
Four Star Show 2-3pm	

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WRESTLING
CONTINUED FROM 7

Win, graduate, do it right

A big part of Iowa's focus comes off of the mat, in what each athlete does in the classroom and in life. Brands spoke over and over about numerous athletes who embody the Athletics Department's motto of "win, graduate, do it right."

First up, Spencer Lee. Coming off of a national championship, he is often in the spotlight as one of the faces of the program. His

work ethic comes from being immersed in the culture and the program.

"He is a leader just being in that wrestling room," Brands said. "The way he competes, the way he holds himself, the way that he looks to his future — win, graduate, do it right template. It was made for him, or he came in and maybe that's what inspires him."

DeSanto shows off his strong work ethic both in the wrestling room and in the classroom. There's a balance to his striving to be successful.

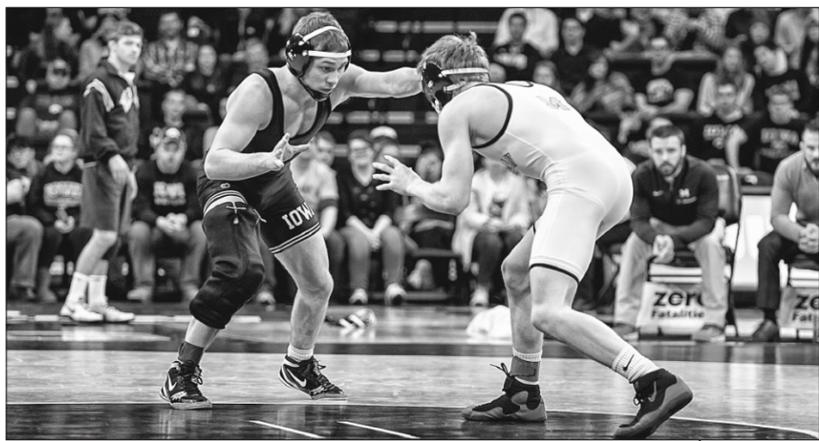
"He's a great student," Brands said. "When I say he's a great student, he's not the most talented, gifted student, but he's a great student

because he works hard at it."

Young makes the academic-achievement list as well with his grades and the accolades he collects in his education.

This season, the strong focus on academics is paying homage to how the program has built up its culture to embody what the entire Athletics Department is trying to do.

"Our academics are definitely as strong as they've ever been, as well," Brands said. "That's not something that I'm just slipping in there to make the program look good. I mean, this is real. This is win, graduate, and do it right. That's real. It's not fake."



David Harmantas/The Daily Iowan
Iowa wrestler Spencer Lee grapples with Michigan wrestler Drew Martin in Carver-Hawkeye on Jan. 27. The Wolverines defeated the Hawkeyes, 19-17.

FOOTBALL
CONTINUED FROM 7

coach Kirk Ferentz said. "But if this door shuts, we're working on the next one."

Iowa still has a shot at winning the division and making a trip to Indianapolis, but those hopes are looking more and more like dreams rather than anything tangible.

The Hawkeyes need to win out, plain and simple, and yes, that is entirely possi-

ble. Iowa hosts Northwestern, its toughest remaining opponent, before traveling to Illinois and finishing the regular season with a home game against Nebraska.

"We still have a lot to play for," quarterback Nate Stanley said. "We still have the ability to win 10 games this year. That's something that's pretty special, no matter how you do it. We have a group of really good guys on our team. We play for each other, really. Everybody's put in the time, the work, the effort — just stick

together and play for your teammates."

However, Iowa needs a lot to work in its favor outside of its control.

Northwestern, Wisconsin, and Purdue will need to lose two out of their last three games, but that isn't as likely as Iowa's chances of winning out.

Northwestern, the team to beat in the division, plays Iowa, Minnesota, and Illinois. The Gophers and Illini will not be favored in their games against the Wildcats, and rightfully so.

Meanwhile, Wisconsin and Purdue play each other, but then the Badgers also travel to Penn State and host Minnesota. The Boilermakers travel for a contest with the Gophers before finishing the season on the road against Indiana.

So, a lot has to happen for Iowa to reach Indianapolis, and a lot of those crucial factors are out of the Hawkeyes' control.

"This is tough," Ferentz said. "It's going to take effort to get back on our feet, and be positive, and go back

to work."

It's been a season of what-ifs for Hawkeye football; all three of Iowa's losses have been more than winnable games, and even Ferentz said after the most recent loss that he believes his team has had quite the chance at representing the West Division in the conference championship.

"I think we've had a chance at least," he said. "I've felt that way about a lot of our teams ... it's hard to predict. I don't think anybody figured Ohio State was going to go

down [to Purdue] two weeks ago. That's football — you just keep playing."

But as Ferentz and the rest of his team said, there's plenty of football to be played — the question, however, is if it's enough for the Black and Gold to see Lucas Oil Stadium?

For the remaining three games, the mantra is simple. "Just win. Win the games. Stop losing," A.J. Epenesa said. "Just showing up to practice every day and improving like it's always been since Week 1."

BASKETBALL
CONTINUED FROM 7

teammates, shooting an unbelievable 73.8 percent from the field. Her teammates averaged just 33.7 percent in those games.

Those are numbers that Iowa can't sustain if it wants to prove to the country that it is worthy of its top-15 ranking.

Not only that, but the better Gustafson's teammates

play, the easier it is for Gustafson.

"If we can make shots on the outside, then it's going to open up the inside for Megan," guard Makenzie Meyer said. "Megan's already established that she can score like crazy down low, so it gives us a lot of open opportunities on the perimeter so we need to do our part and try to open up the middle."

One player who figures to have a major effect this season is senior Tania Davis, who is coming off a

second-straight season in which she tore an ACL.

She provides a calming presence for the Iowa offense, and that should be a big help to Gustafson's support group.

"I think people forget how good Tania is because she hasn't been in the last two full seasons," Iowa head coach Lisa Bluder said. She's our X factor. She's one of our best 3-point shooters, she's an amazing passer, and [for her] to have an injury-free year would be terrific."

Meyer is another player who figures to be a nice Gustafson alternative; she put up impressive numbers last season, averaging 10.8 points a game with 4.3 assists.

She's known for her shooting ability — for her career, she shoots 40.3 percent behind the arc as a Hawkeye. This season, she wants to complement her shooting ability by driving in the lane a bit more.

"She's a sniper out there," guard Kathleen Doyle said. "I think she's really gained

some confidence in the pre-season, and we're hoping it carries over to the rest of the season."

Along with a couple of key starters this season, the Hawkeyes also boast a much better bench than they had a year ago.

With just 11 players — two of whom were true freshmen — the Hawkeyes had trouble giving starters much of a break, especially when some injuries battered it to start the Big Ten season.

This season, the Hawkeyes

have 13 players on the roster and hope to have more contributions from the bench mob.

"It is a lot deeper," forward Hannah Stewart said. "That's really exciting. That means that if you're a starter, you won't play the whole game, and we're going to have some really good backups coming in."

Gustafson and her supporting cast will have their first flash of the season at 7 p.m. today in an exhibition game against Dakota Wesleyan at Carver-Hawkeye.

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HAWKEYE UPDATES

AROUND THE BIG TEN Co-Offensive Players of the Week — Reggie Corbin, running back (Illinois) and Terry Wright, wide receiver (Purdue)

Corbin rushed for a career-high 213 yards and 2 touchdowns — each at least 70 yards — on just 13 carries in the Illini's 55-31 over Minnesota.

It was the eighth-most yards in Illinois history, and Corbin passed Red Grange, who ran for 212 yards against Michigan in 1924.

Wright recorded 6 receptions for 146 yards and 3 touchdowns in the Boilermakers' 38-36 win over Iowa. Two of his touchdowns went for at least 40 yards, including an 82-yard score.

His performance made him the first Purdue receiver with 3 touchdown receptions in a game since 2012.



Corbin

Defensive Player of the Week — Joe Bachie, line-backer (Michigan State)

Bachie forced 3 fumbles, recovering 1, while racking up 2 pass breakups and 7 tackles with 2 going for a loss in Michigan State's 24-3 beatdown of Maryland.

He led a Spartan defense that held the Terrapins to just 100 yards of total offense and 9 first downs.



Bachie

Special Teams Player of the Week — Spencer Evans, kicker (Purdue)

Evans hit a game-winning 25-yard field goal to give Purdue a 38-36 lead over Iowa with eight seconds remaining.

It was the first time the Boilermakers won on a game-winning field goal since 2016. Evans scored 8 of Purdue's 38 points, making all 5 of his PAT attempts as well.

Co-Freshmen of the Year — Rashod Bateman, wide receiver (Minnesota) and Adrian Martinez, quarterback (Nebraska)

Bateman racked up a career-high 175 receiving yards and 2 touchdowns on 7 catches.

His scores went for 61 and 86 yards, with the 86-yarder being Minnesota's longest touchdown since 2003.

Martinez posted 300 yards of total offense for the fifth time this season, after recording 338 in Nebraska's 36-31 loss at Ohio State.

He went 22-of-33 passing for 266 yards and had 72 rushing yards with 2 rushing touchdowns.

AP TOP TEN

- 1) Alabama (60)
- 2) Clemson
- 3) Notre Dame
- 4) Michigan
- 5) Georgia
- 6) Oklahoma
- 7) West Virginia
- 8) Ohio State
- 9) LSU
- 10) Washington State

QUOTE OF THE DAY

"Are you going to take my word for it or are you going to take these people out in Timbuktu's word for it? Take my word for it."



— Iowa wrestling head coach Tom Brands on Austin DeSanto's reputation

STAT OF THE DAY

Iowa women's basketball has made a postseason appearance in 17 of head coach Lisa Bluder's 18 seasons at the helm.

17
post seasons

Wrestling pins: Win, graduate, do it right

Hawkeye wrestling focuses on two big components of the upcoming season to foster success.



Shivansh Ahuja/The Daily Iowan

Spencer Lee stands for a portrait during wrestling media day in the Dan Gable Wrestling Complex on Monday.

BY ANNA KAYSER
anna-kayser@uiowa.edu

Wrestling season is officially in full swing following Iowa's media day on Monday, and head coach Tom Brands had a few points of emphasis.

New faces

Iowa's goal this year is to build a complete roster from the first weight class to the 10th. With four All-Americans returning, Brands said six weight classes are open for the taking.

Austin DeSanto, a sophomore transfer from

Drexel, qualified for the NCAA Championships at 133 pounds in his first year of college competition.

DeSanto's energy and competitiveness on the mat is overaggressive at times, something that Iowa is going to attempt to manage without taking away from his game.

"We want him to have that edge," Brands said. "We want him to have that competitive fire. His reputation precedes him. That's a good thing."

Returning sophomore Kaleb Young was also on Brands' list of new faces, despite not being new.

Young is moving down a weight after primarily wrestling at 165 and 174 last season, some-

thing that the coaching staff admits might not have put him in the best position.

"Going down two weights helps him," Brands. "He's naturally a 57/65. We tried to get him big to 74. I'm not sure that's the best thing for that guy. He has a high metabolism rate."

Redshirt freshman Max Murin is a candidate to take the deep 141 spot after recording wins against the competition for the spot.

However, it's not a done deal yet. "That's up to Murin to go out and compete hard," Brands said.

SEE WRESTLING, 7

Now what for Hawkeye football?

Iowa's bid to represent the West in Indianapolis is running out of air — what's next for Hawkeye football?



Katina Zentz/The Daily Iowan

Iowa head coach Kirk Ferentz and offensive coordinator Brian Ferentz watch the game against Indiana in Bloomington on Oct. 13. The Hawkeyes beat the Hoosiers, 42-16.

BY ADAM HENSLEY
adam-hensley@uiowa.edu

Now what? Iowa football sits at 6-3, in fourth place in the Big Ten West behind Northwestern, Wisconsin, and Purdue.

The Hawkeyes had a prime shot at tak-

ing control of the Big Ten West, but a loss to Purdue on Nov. 3 essentially ended those hopes.

"What we're trying to do is be the best we can be, and if it works out, great; it's tough to get [to the Big Ten Championship]," head

SEE FOOTBALL, 7

Gustafson seeks some supporting cast

There's no question that Megan Gustafson is one of the nation's best players, but for the Hawkeyes to be successful, they need those around her to step up.

BY JORDAN ZUNIGA
jordan-zuniga@uiowa.edu

Last season, Iowa women's basketball had a breakout season.



Gustafson

It finished 24-8 (13-3 Big Ten) and broke a rare two-year absence from the NCAA Tournament.

Megan Gustafson led the charge for Iowa and finished top in the country in numerous categories. She was named an All-American and Co-Big Ten Player of the Year.

Despite the successful regular season, the Hawkeyes faltered in March, going just 1-2 in the Big Ten Tournament and the NCAA Tournament. Much of that was due to the lack of production by everybody not named Gustafson.

If more success in March is on the list of goals for Iowa, it is going to need more from Gustafson's supporting cast. In the Hawkeye's final two losses last season, Gustafson accounted for 48.4 percent of Iowa's points.

Furthermore, she was far more effective than her

SEE BASKETBALL, 7