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City officials continue working to make Iowa City's recycling system sustainable. Officials have previously taken steps such as banning cardboard in the landfill and requiring multifamily residences to provide recycling bins.



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Iowa football's time for improvement

Coming off a bye week, Iowa's game against Minnesota on Saturday is a big one if the Hawkeyes want to make it to Indianapolis. After a disappointing game against Wisconsin, Iowa (and *The Daily Iowan*) had a week to relax and look at what can be better.



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Schott proves worth for Hawkeye cross-country

In her junior season, Megan Schott wore the Iowa State cardinal and gold, but she switched to the Hawkeyes' black and gold for her senior year. Despite the change, Schott has shown what she can do on the track, leading to her No. 2 spot for Iowa.



Tune in for LIVE updates
Watch for campus and city news, weather, and Hawkeye sports coverage every day at 8:30 a.m. at dailyiowan.com.



Memorial fund established in Mollie Tibbetts' honor

Mollie Tibbetts' memory lives on in the Mollie Tibbetts Memorial Fund for Child and Adolescent Psychiatry.

BY JULIA DIGIACOMO
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A memorial fund established by Mollie Tibbetts' family will support Child and Adolescent Psychiatry at University of Iowa Stead Family Children's Hospital.

According to a UI press release, more than 270 people have donated more than \$20,000.

"We are so grateful to everyone who has shared in our grief," Tibbetts' mother, Laura Calderwood, said in the release. "Thank you for exhibiting the values Mollie cherished — kindness and generosity."

Calderwood said Tibbetts, a psy-

chology major, had dreamed of becoming a child psychologist at the UI.

Now the fund in her name will benefit the Stead Family Children's Hospital, which provides a variety of mental-health services for children and adolescents.

Tibbetts disappeared from her hometown of Brooklyn, Iowa, in July and was found in a nearby cornfield around a month later.

Donations can be made to the Mollie Tibbetts Memorial Fund for Child and Adolescent Psychiatry here.

"We are incredibly thankful to everyone who has contributed to Mollie's fund," Calderwood said in the release. "She was incredibly generous in her life, so it is fitting that her name will live on by benefiting others."

Who's who in City Council election?

Focusing on such issues as affordable housing and transportation, Ann Freerks and Bruce Teague vie for the vacant City Council seat in today's special election.

BY CHARLES PECKMAN
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Charles Peckman/*The Daily Iowan*
City Council candidate Bruce Teague discusses his platform in the Adler Building on Sept. 20.

Today, two candidates will battle for the vacant seat on the Iowa City City Council — following the Sept. 4 special primary, former Iowa City Planning & Zoning Commission member Ann Freerks and Caring Hands & More owner Bruce Teague were the two left vying for the position. Whoever wins will hold the council seat until Dec. 31, 2021.

The polls are open from 7 a.m. to 8 p.m. Johnson County elections deputy Carrie Nierling said to check the Johnson County Auditor's website for information about the location of your polling place.

Early voting for the special election has been going on since Sept. 21. In-person early voting ended Monday.

In the primary election, Freerks received 27 percent of the vote, and Teague garnered 21 percent.

Christine Ralston, Brianna Wills, and Ryan Hall received 20 percent, 18 percent, and 14 percent of the vote in the primary, respectively.

Freerks, whose volunteer work includes serving on the advisory board of Any Given Child, said the issues her platform focuses the most on are affordable housing and transportation. She also



Katina Zentz/*The Daily Iowan*
City Council candidate Ann Freerks talks about her platform in the Adler Building on Sept. 26.

SEE COUNCIL, 2

Dance Marathon 25 ups sustainability efforts

Dance Marathon 25 hopes to boost sustainability at the Big Event.



Katie Goodale/*The Daily Iowan*

Dancers stay hydrated during Dance Marathon 24's Big Event at the IMU on Feb. 3.

BY ALEXANDRA SKORES
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As Dance Marathon 25's Big Event quickly approaches, the crew members have taken it upon themselves to push new efforts to increase sustainability.

"Dance Marathon 25's plan for sustainability is to look at every committee and every event in order to find areas where waste can be reduced," said Jessica Oliver, the group's sustainability chair. "We are looking to see what

is going to the landfill and if there are changes that could be made, such as using tape that can be recycled instead of thrown away. We are also working to be able to track our waste, emissions, and energy use."

Oliver also noted that Dance Marathon 25 is working with the Sustainability Office and the IMU to get the information of energy use at the Big Event, emissions from the transportation the UI and Dance Marathon has provided,

SEE DANCE, 2

LGBTQ History Month will feature campus resources

The resource center has many plans to get the community involved in LGBTQ+ History Month.

BY ALEXANDRA SKORES
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October marks LGBTQ History Month, and the LGBTQ Cultural Resource Center has many plans to educate the University of Iowa campus on the resources it provides in hopes to gain continuing support from the Iowa City and UI communities.

Jacob Gordon, the president of Reaching OUT in Business, said the Resource Center will provide many events to support that community with National Coming Out Day on Oct. 11 and a Queer Pumpkin Carving later this month.

Guest speakers lined up for the month include Raymond Perry, a cofounder of Gay Liberation Front at the UI, the nation's first officially recognized gay student organization. Perry will appear at the Resource Center from 7-9 p.m. Oct. 9.

In addition to the two events, Reaching OUT in Business will also have an info table on National Coming Out Day, Oct. 11, to provide more information and resources for students who identify as LGBTQ and are also students at the UI Tippie College of Business.

"These events will increase LGBTQ+ awareness on campus and provide a place for students to be their authentic self," Gordon said.

SEE LGBTQ, 2

BE PHIL | October 1-5

THE UI FACULTY/STAFF GIVING PROGRAM | foriowa.org/facultystaff

MONDAY IN THE PARK



Thomas A. Stewart/The Daily Iowan

Amam Nasir, a senior majoring in human physiology, parks his moped outside the Main Library on Monday. "I have been parking here since freshman year," he said.

DANCE

CONTINUED FROM FRONT

and waste. This year, the organization will also create the first-ever five-year sustainability plan for Dance Marathon 26-30, Oliver said.

"In past years, there wasn't much focus on [tracking] our output, but Dance Marathon 24 started to track the energy use at the Big Event," she said. "By tracking our output, we will be able to easily see our progress as we become more sustainable, which wasn't easy to do in previous years."

Erika Renkes, a member of the sustainability subcommittee, said a lot of the emphasis on sustainability will be pushed in other committees to ensure they are all improving their efforts in the area.

"I want to take all the necessary efforts we possibly can to create a sustainable environment for our organization within reason," Renkes said. "And I want to use the other amazing committee members on our sustainability subcommittee along with all the other creative ideas that are cycling to create a more sustainable



File photo/The Daily Iowan

Big Event/ organization all year round."

Audrey Felderman, also a sustainability subcommittee member, said, Shape Your Impact, Dance Marathon's first-ever campaign that was launched a few weeks ago, will have a lot of participants feeling as though they can make a difference in areas such as sustainability efforts.

"With the Shape Your Impact campaign this year, we want all to feel as though they

are making a difference," Felderman said. "Even if that means joining the sustainability committee, that not only makes a huge impact on the kiddos but also on the planet. It's important to us that we have feedback from all the dancers with any ideas to help keep us more sustainable."

She emphasized the importance of the support from the organization to carry out the group's efforts and have an effect.

"My personal goal is to inspire people to become more sustainable in their daily lives," Oliver said. "I don't want the thought of being environmentally friendly to be overwhelming. There are so many simple switches people can make that can make a big impact, using a reusable water bottle instead of a disposable one, bringing a reusable mug when getting coffee, using a cloth bag instead of a plastic one when they're at the store."



Thomas A. Stewart/The Daily Iowan

The LGBTQ Resource Center is seen on Monday, October is LGBTQ+ History Month, which will feature events and highlight campus resources.

LGBTQ

CONTINUED FROM FRONT

Gamma Rho Lambda, a progressive sorority that focuses on LGBTQ issues, has partnered with Delta Lambda Phi, a fraternity founded by LGBTQ-identifying males, to put on an information table on the T. Anne Cleary Walkway on Oct. 11 to seek out support for the Resource Center events.

Gordon stressed that these events have not occurred in years past, and there is a growing movement in the LGBTQ Resource Center to provide

students with the support they need.

Danielle Kaplan, a member of Reaching OUT in Business, said, "LGBTQ+ History Month is especially important for the education of both LGBTQ+ identifying students and also nonidentifying students. I believe the word 'ally' is misunderstood and miscommunicated in general."

Kaplan said the importance of having events on campus was to ensure that all LGBTQ+ students feel comfortable in their identities on campus, and the UI can support them and advocate for them alongside educating both identifying

and nonidentifying UI students.

Colin Lakadat, the UI Student Government's LGBTQ constituency senator, said, "The University of Iowa and Iowa City is so accepting of LGBTQ+ youth, and it's important we celebrate and acknowledge LGBTQ+ History Month because not all of us are afforded the privilege to live in an accepting area."

Lakadat also said October should be dedicated to recognizing those that fought to make these places open and accepting to begin with.

"My time in this community as a LGBTQ+ identifying

person on campus has been nothing short of amazing," he said. "The contrast from my hometown to my new home here on campus is night and day."

The LGBTQ+ Resource Center and House of Lorde will also holding their first monthly Rainbow Brunch from 12:30 to 3 p.m. Saturday.

"I always hope that activities and events held during LGBTQ History Month will educate the masses on what it means to be deemed an ally, as well as the importance of the representation and effective support of queer people overall," Kaplan said.

The Daily Iowan

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BREAKING NEWS

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CITY COUNCIL

CONTINUED FROM FRONT

hopes to implement affordable-housing measures for residents who do not necessarily qualify for affordable housing but struggle to pay their rent.

"Quality housing — it will start from the outside," Freerks said. "Places will become a little less expensive the farther away [from downtown Iowa City] you are."

In terms of transportation, Freerks said, she wishes to make transportation for workers easier and hopes to create a regional bus pass once the city's transportation study is complete.

"I'm an independent voter in the way that I look at things," Freerks said. "I carefully assess everything, and the situation, and what is the best for the city. It's not even about my vision, I'm just one of the tools to make things happen. I see it as me helping to fulfill those goals. If things aren't goal-based, then things fall apart."

Teague said he is running for the vacant seat because he wishes to do something more for Iowa City. He has noted that he moved to Iowa City while he was in high school — without his parents — and said he found a family in the community.

Affordable housing is an area Teague said is frequently discussed in the Iowa City area, but the way we talk about it needs to change.

"There are students, either single students or students with families, who need affordable housing," he said. "I think that the current model of how we do affordable units is not sustainable. I think that we need to look at sustainable models."

Even though both candidates discuss issues important to the Iowa City area, Nierling said, many people do not understand the importance of local elections.

"Special elections do tend to have a lower turnout," she said. "There isn't much press with more local elections. Local candidates tend to be less known — people say to themselves, 'There is a general election in November,' so when you have a special election, they're not expecting it."

Despite this attitude among voters, Nierling said, she hopes the special election has a higher turnout than the special primary, which garnered fewer than 9 percent of eligible voters.

"I mean obviously, it's important to vote in local elections — they're as important as national elections," she said. "Groups like City Council have a lot more of an impact on a local level."

A crossword puzzle grid with some words filled in, including 'POTSIE BARD BAD', 'APATOW OTTOE OUR', 'WAXONWAXOFF BRA', 'SLIP ZIPLOCBAG', 'SALON RHYS', 'MARTINA ARMOR', 'GLENCLOSE WIFE', 'MOD SIERES GRU', 'TEAM USBOCHARGER', 'SWAPS OWESTO', 'NAN DOEST', 'JOBHUNTER TAMS', 'TKE BACKCHANNEL', 'WIE TIDIE HUNTING', 'EAT SOYS SEEOUT'.

Advertisement for 'IMPRINTED INK' featuring a t-shirt with 'YOUR DESIGN HERE!' and 'CUSTOM SHIRTS FOR: BUSINESSES, BAR CRAWLS, GROUPS/ORGS, GIFTS'. It includes the slogan 'LET US CREATE YOUR OWN ONLINE APPAREL STORE!' and 'CREATE AND SELL APPAREL FOR YOUR STORE/ORG./FUNDRAISER THROUGH US!'. The address is '411 2ND STREET CORALVILLE, IOWA 52241' and phone number is '319-337-2685'. It also features 'BEST PRICE' banners.

Fit in Four promotes healthy lifestyles

A new program from Student Health & Wellness focuses on exercise and nutrition to encourage healthy living among students and faculty.

BY CALEB MCCULLOUGH
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Student Health & Wellness offers a brand-new fitness program in October for students and faculty.

The program, called Fit in Four, focuses on exercise and fruit and vegetable intake to promote healthy living.

JoAnn Daehler-Miller, a Student Health dietician, directs the program. She has led several similar programs in the past, but this is the first time this specific program has been offered, she said.

Fit in Four is a four-week program focused on increasing physical activity in addition to fruit and vegetable intake. The program is designed to slowly build from week to week, Daehler-Miller said.

Participants will begin the first week with 20 minutes of physical exercise and two to three servings of fruits and vegetables at least five days during the week.

By the last week, participants are asked to spend 40 minutes exercising and eat four to five servings of vegetables, mixing in at least three colors.

Daehler-Miller stressed the importance of healthy eating habits for freshmen.

"For first-year students, it's the first time they're eating on their own," she said. "This is a good chance to start establishing healthy habits."

The program began on Monday, but registration is open until Thursday, Daehler-Miller said.

Participants are asked to use tracking sheets to record their exercise and

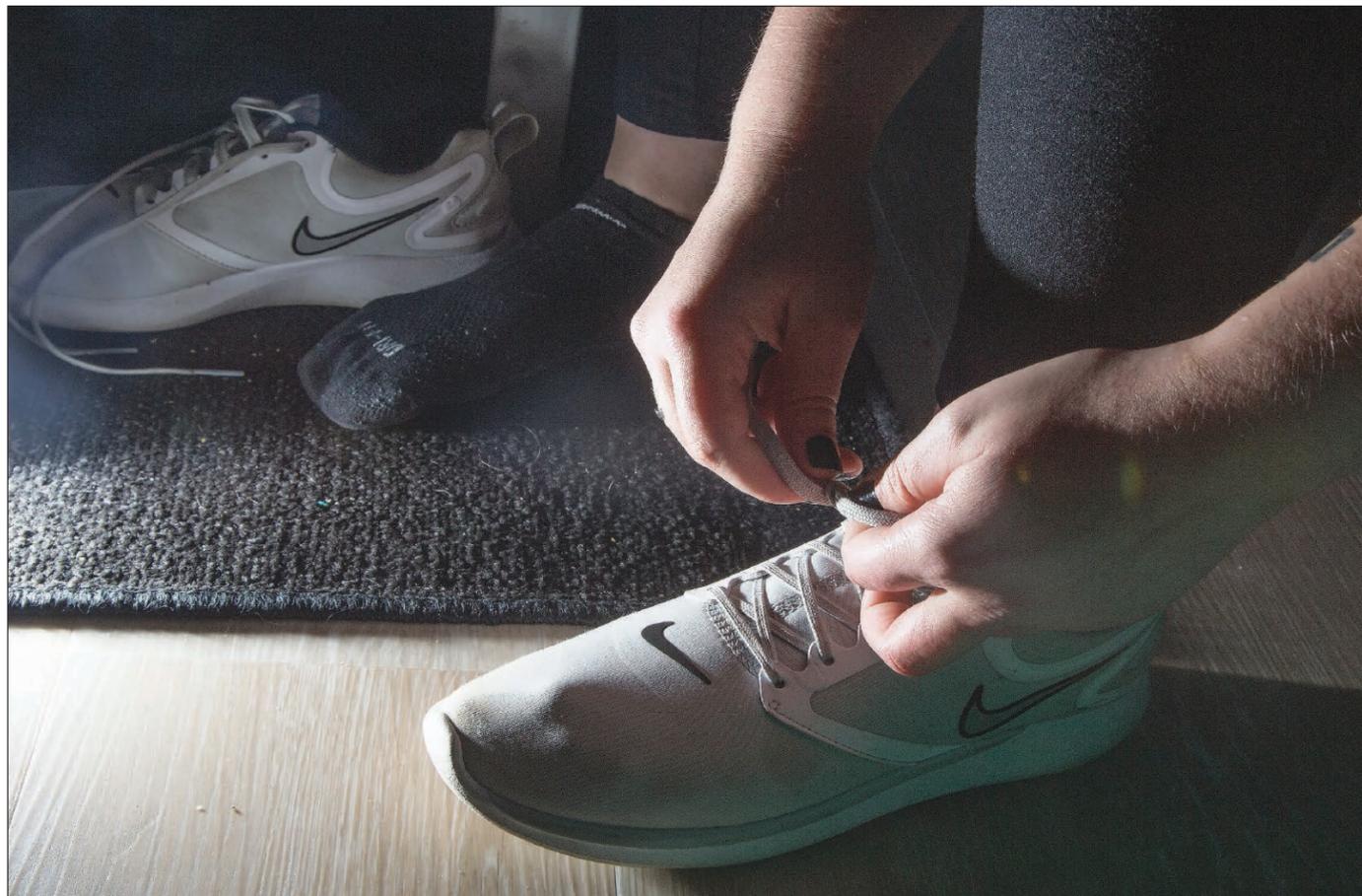


Photo Illustration by Katie Goodale

fruit and vegetable intake, and they will be asked to submit reflections at the end of the four weeks. After submitting the reflections, all participants will receive a prize of a salad shaker, a cutting board, earbuds, or a water bottle, Daehler-Miller said.

There is no penalty for not meeting all the requirements of the program, and she said the program is designed to be fun and supportive.

"Just by making an effort, people will eat better and exercise better," she said.

Erin Litton, a UI senior behavioral health consultant, is in charge of the faculty side of the program. All university faculty are eligible to participate, and they usually get around 1,000 faculty participants, Litton said.

"I think it's an opportunity for our campus to focus on well-being together," she said.

Litton also highlighted the Healthiest State Walks on Wednesday, a series of walks around Iowa. They are part of the Healthiest State Initiative, a program that aims to make Iowa the healthiest of the 50 states. Litton said there were a number of walks on campus that could merge well with Fit in Four.

"A way to kick off Fit in Four might be to participate in the Healthiest State Walk," she said.

Sandra Amouzou, a student taking the course, said she appreciates that the program focuses on both physical exercise and nutrition. She has participated in a similar program in the past that was focused on counting steps, which she said wasn't as effective.

"By the end, I was more focused on increasing the number of steps versus being active," she said.

She believes it would be beneficial if there were a

component of the program devoted to mental health. Student Health operates a number of mental-health events and services, but it would be interesting if it were incorporated into programs such as Fit in Four, she said.

Still, Amouzou expects that the program will be beneficial.

"I'm hoping by the end of it, I can improve my fruit and vegetable intake," she said.

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(AKA Do Not Enter)

(don't run out of juice)

(Movies and chill)



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Opinions

GUEST OPINION – WE ARE PHIL

Philanthropy's impact exceeds expectations

E. Dale Abel, the director of the Fraternal Order of Eagles Diabetes Research Center, encourages people to consider donating what they can to the UI.

The power of philanthropy brought me to the University of Iowa. The generosity of the Fraternal Order of Eagles enabled an opportunity to build an internationally recognized diabetes research center. As I learned more about this intriguing possibility, I became increasingly aware of the passion and selflessness of the Eagles and the members' desire to leverage their gift into meaningful results. With their help, we have advanced diabetes research in Iowa through recruitment of faculty and by supporting their most innovative research ideas. By all measures, the return on the Eagles' investment has exceeded 200 percent.

My endowed-chair position has allowed me to sustain my research program and mentor trainees despite inherent challenges to maintain external grant funding. As director of the Fraternal Order of Eagles Diabetes Research Center — and more recently as chair of the Internal Medicine Department — I have the privilege to meet with donors and potential donors who have expressed a desire to support the University of Iowa's important missions.

For some donors, their generosity arises from a sense of

paying it forward given the transformative and defining effect the university has had in their lives or their gratitude for the care they received from faculty in my department.

I enjoy spending time with donors to outline our faculty's tremendous achievements and identify areas of ongoing need. I enjoy sharing how investing in our faculty has a powerful impact not only in their careers but in advancing our understanding of some of the most challenging problems in medicine and developing promising new treatments. Many of our university's missions — and those of the academic medical center — would falter without the generosity of donors, whose support has enabled us to take risks and dream big.

I contribute to the university, and I encourage anyone who calls the UI home to consider sharing an investment of generosity of any size. I assure you that the impact of your gift will likely exceed your expectations.

— **E. Dale Abel, M.D., Ph.D.**, chair/department executive officer, Internal Medicine Department director, Fraternal Order of Eagles Diabetes Research Center

GUEST OPINION – WE ARE PHIL

Shouting out thanks to those who give

Lynette Marshall thanks all involved with the annual Phil Week campaign.

This week, our faculty and staff are launching their annual We Are Phil campaign. At the University of Iowa, Phil represents philanthropy and stands for our generous network of donors who help make our university remarkable.

During campaign week, many UI employees will make donations to their favorite university causes. Our faculty and staff already dedicate so much of their time and talents to the UI. That's why I'm particularly grateful for those who go above and beyond and pledge their support this week.

I also am grateful to this year's campaign co-chairs: Susan Assouline, the director of the Belin/Blank International Center for Gifted Education and Talent Development; Dave Jackson, the assistant director of UI Facilities Management; and Chris Laubenthal, clinical department administrator, UI Carver College of Medicine.

As always, we encourage UI employees to make their gifts to any area that they're passionate about. This year, faculty and staff also can choose to make a gift through GOLDrush, the UI's crowd-funding platform. GOLDrush is a joint effort of the UI Center for Advancement and the UI Office of the Vice President for Research and Economic Development; it offers faculty, staff, and student groups a tool to raise money for their projects.

I'm proud of the collaborative spirit on our campus and of all that our university does for our students and our state. And I'm even more proud that our most engaged and dedicated community members — our faculty and staff — set such a powerful example by giving back to Iowa ... for Iowa.

— **Lynette Marshall**, president and CEO, UI Center for Advancement

COLUMN

Sexual-assault survivors shouldn't face backlash

Survivors of sexual assault are put in a completely unfair position in terms of reporting their experience because of toxic social stigma and statutes of limitations.



NICHOLE SHAW
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Sexual-assault allegations against Supreme Court nominee Judge Brett Kavanaugh bring about concerns regarding blaming the victim and further coercion into not reporting sex crimes. It is important to note that Christine Blasey Ford, the victim of Kavanaugh's alleged sexual abuse, had her letter leaked because she didn't want to publicly report the misconduct initially.

Understanding why sexual-assault survivors don't immediately report, or report their experience at all, is crucial.

President Trump has pledged his full support for Kavanaugh and dismissed Ford's charges of alleged sexual abuse and second accuser Deborah Ramirez with harsh comments directed at the women. Trump took to Twitter Sept. 21 to say, "If the attack on Dr. Ford was as bad as she says, charges would have been immediately filed with local law-enforcement authorities by either her or her loving parents." This mentality is rooted in a judgmental mindset that shames victims and disregards their trauma.

Trump has labeled Ramirez as "totally inebriated and all messed up" at the time of the reported assault. That narrative is toxic because it perpetuates victim-blaming stigmas that excuse abusers by asserting that a victim didn't do enough



Saul Loeb/Pool/Abaca Press/TNS

Professor Christine Blasey Ford (center), who has accused Supreme Court nominee Judge Brett Kavanaugh of sexually assaulting her at a party 36 years ago, testifies before the Senate Judiciary Committee on Capitol Hill on Sept. 27.

to stop the assault. Statements such as this exemplify how aggressive and ugly the backlash of coming forward with sexual-assault allegations can be.

Another detrimental effect on sexual-assault victims are statutes of limitations. They were initially established to discourage convictions from unreliable witnesses' testimony, according to the Rape, Abuse, & Incest National Network. This includes events recalled from memory.

Iowa's statute of limitations for sexual abuse is 10 years — 25 years after sexual-assault victims turn 18 if they were a minor at the time of the crime — according to Iowa Code 802.2. The exception for Iowa is if the perpetrator is identified by use of a DNA profile, indictment should occur within three

years of identification.

That statute brings about the argument that after a certain number of years, people's decision to come forward with the trauma they've experienced will no longer be valid. This is especially interesting in the case of Kavanaugh, because the alleged sexual assault happened more than 10 years ago. Thus, Ford's testimony would be useless in terms of charging or convicting Kavanaugh had the crime taken place in Iowa.

This invalidation disregards a survivor not being ready to endure the intense process of reporting sexual assault. In fact, two in three sexual assaults go unreported, because survivors had a fear of retaliation, believed police wouldn't do anything to help, or thought it was a private matter, among

other reasons. Furthermore, approximately two-thirds of victims know the perpetrators, which could also explain lack of reporting because they don't want to hurt that person or would feel embarrassed for doing so. Iowa's statute further complicates the issue because it puts the victim on a timer to report something they might not be emotionally ready to grapple with.

Both the statutes of limitations and social perceptions that sexual-assault survivors should immediately report their experience is unreasonable and inconsiderate. It perpetuates blaming the victim in rape culture and wrongfully invalidates a person's trauma and experience of sexual assault.

Survivors deserve justice, no matter how long it takes.

Trump and the United Nations



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IC recycling regulations continue to evolve after a year

After passing regulations requiring multifamily residences to provide recycling bins, as well as banning cardboard in the landfill, Iowa City is working its way to having a sustainable recycling system.

BY MARIA KUIPER
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Almost two years have passed since the city of Iowa City began making immense changes to recycling procedures.

In November 2016, the City Council required landlords and property managers to provide recycling. This ordinance was followed by requiring rental units with four or more tenants to provide recycling services using renewal of rental permits.

City recycling coordinator Jane Wilch said half of Iowa City's housing is made up of rentals.

Before the implementation of the recycling regulation for multifamily rentals, she said, half of Iowa City's residents were without provided recycling bins and education. Most of these residents are students or work in Iowa City. These groups of people are more likely to not have cars, Wilch said.

These tenants were disenfranchised by being unable to take recycling to the appropriate centers. Wilch said this was the spark that initiated the rule enforcement to make it easier on the population, she said.

City senior housing inspector Stan Laverman said there are a couple of months left for landlords and property managers to renew their permits.

The last properties that have not fulfilled the recycling ruling had renewed their rental permit before recycling bins would be required, he said. Those per-



Ben Allan Smith/The Daily Iowan

Bins to recycle cardboard sit behind the Three Towers apartment complex on South Gilbert Street on Jan. 28. The City Council passed a mandate in November 2016 requiring all rental units of four tenants or more to provide recycling services. The resolution will be enforced by the end of 2018.

mits will be renewed at the end of this month.

Soon, he said, it will be mandatory for all multifamily rentals to have the necessary containers.

Iowa City also switched to single-stream recycling at the end of 2017, and at the start of 2018, it banned cardboard from the landfill.

"In 2011, the landfill consisted of 12 percent cardboard. In 2017, right before

the ban of cardboard, it made up 3 percent," Wilch said. "However, 3 percent of the landfill was still equal to 3,000 or 4,000 tons."

Another contributor to the influx of recycling is the former City Carton recycling center burning down. The people who formerly took their recycling to that center are now dispersing to the other centers in Iowa City. Wilch said the re-

cycling centers went from emptying a few times a week to emptying every day.

The UI has been following Iowa City's recycling programs and working to better itself as well. UI recycling coordinator Beth MacKenzie said the university and Iowa City support each other by working together. There has been many new updates to UI's recycling program, she said.

"While we continue to

work with buildings on campus to conduct waste audits and building assessments to see where recycling improvements can be made, we are putting more effort into identifying opportunities for waste reduction," MacKenzie said. "Waste reduction ranks at the top of the EPA's waste hierarchy and offers the most benefits for the university in terms of environmental, social, and economic impacts."

Both Wilch and Laverman agree that the road to recycling is a slow process; tenants and landlords have to be educated on proper recycling habits.

"It is naïve to think it is all going to go perfectly on the part of the tenants' recycling and the landlords' providing services," Laverman said. "The big picture is going well, but there are growing pains as you make these changes."

Researchers find new method to delay strokes after surgery

UI researchers from different departments at the UI have found a new way to help patients who are at-risk for strokes by creating a new protein-infused coating that can be applied to brain stents, decreasing the likelihood of a stroke.

BY JORDAN PROCHNOW
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In order to decrease the number of blood clots, researchers from University of Iowa Hospitals & Clinics and the UI Optical Science and Technology Center have found a new option for brain stents.

Blood clots can lead to strokes in patients who suffer brain aneurysms.

Researchers from different departments worked together in order to improve the smoothness and functionality of stents, tubular supports placed temporarily in arteries to stop clotting and obstructions. The team focused on finding a coating to apply to stents, which would decrease the likelihood of a stroke, said Aju Jugessur, the director of the Microfabrication Facility in the Optical Center.

According to the American Stroke Association, strokes are the fifth-leading cause of death in the United States.

Because strokes affect a large segment of the American population, UI neurosurgery Professor David Hasan, who led the team of researchers, decided to find a more viable option for assisting patients who may be at risk.

"I treat my patients with brain aneurysms by placing this stent across the neck of the aneurysm," Hasan said. "Because these patients require anti-platelets therapy, I tried to minimize that or eliminate it, so I thought of creating a coating that could help."

The breakthrough, which has a thickness of approximately 30 nanometers, offers a protein-infused coating to be applied to stents in order to reduce blood clotting. The coating is nearly 3,000 times thinner than the human hair, Hasan said.

"The nano-coating developed by the UI team will improve the blood flow in the stent device by enhancing the anti-clot properties and will

function more effectively for a longer time and improve patient survival rate," Jugessur said.

Hasan worked with researchers specializing in chemistry, neuroscience, pharmaceutical sciences, and other fields in order to find a new treatment.

UI Associate Professor of chemistry Ned Bowden said that a new kind of stent was needed in order to ensure that patients wouldn't continue to suffer from more problems after undergoing treatment for brain aneurysms.

"The problem when you put something foreign in your body is that it causes clotting," Bowden said. "Your proteins bind to it, and there's a whole cascade of problems that can happen."

After patients suffer from an aneurysm or other brain-related problems, he said, they are given anti-clotting medication. He noted that 3 to 5 percent of patients can die while

on those medications.

"If we can get the stent worked out and commercialized, our goal is to help those 3 to 5 percent of people," he said.

The stent, while not yet tested in human trials, has done well in animal trials, Hasan said.

According to the results of the laboratory tests, which were recently published in the American Chemical Society journal *Applied Nano Materials*, showed that "the technology has the potential to make a significant patient-care impact." In the future, the team

hopes to investigate the flexibility of terminative and reactive platform layers.

"We tested in baboons, and it works," Hasan said. "Now, we have to find a larger company to help us translate it into clinical practice after doing trials with humans."

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FOOTBALL

CONTINUED FROM 8

ball-hawking level of Jackson yet, A.J. Epenesa has been a menace up front. The sophomore from Glen Car-

bon, Illinois, forced a fumble in his first two games and as he gets more time on the field, he can cause even more havoc.

Amani Hooker has been a playmaker for the Hawkeye defense in the past, so it's only a matter of time be-

fore he starts causing more turnovers against opposing offenses.

Iowa's defense has been fantastic so far, still leading the conference in scoring defense, but creating a few more turnovers wouldn't hurt.

Special Teams

Iowa's special teams haven't been terrible for the most part, but they made some glaring errors against Wisconsin.

Two turnovers and a fair catch at the 3-yard line high-

lighted punt-return miscues, hurting the Hawkeyes' chances to win.

Kicker Miguel Recinos has been shaky thus far, making 5-of-8 field-goal attempts this season after going 11-for-13 last year. He missed 2 against Iowa State, 1 against North-

ern Iowa, then hit his only attempt against Wisconsin.

Punter Colten Rastetter has been a pleasant surprise for Iowa fans, ranking fourth in the conference with 43.7 yards per punt, and he is tied for second with a long punt of 69.

X-C

CONTINUED FROM 8

and two teammates from the past, Iowa State's Abby Caldwell and Karly Ackley.

The senior made her transfer from Ames to Iowa City after not seeing eye-to-eye with the Cyclone coaching staff. Schott devoted her 2018 spring semester to finishing her course work and graduating early. With no academic baggage, the Des Moines native joined Iowa head coach Randy Hasenbank's squad.

Schott took the summer to transition into the group of Hawkeye harriers so by the time the first practice of the season rolled around, the relative rookie felt as if she had a community.

"I was so psyched to have [Shine] as a training partner," Schott said. "I felt like

we already had that connection, so I walked out to practice and it was really comfortable. I felt like I already had a family."

The sense of family is already mirrored by the Iowa women.

"[Schott] is a really strong leader," Shine said. "She helps teach me new ways to approach running as well as the younger girls, so I think that her ability to share her personal experiences and her knowledge of running is impacting the team by giving us all a different and positive outlook on how to approach competitions."

With just three meets as a Hawkeye in the books, Schott has proved to be not only a valuable asset but a necessary one. It has been a prominent challenge for the women to close the gap between the No. 1 to No. 5 scoring positions in races.

Shine has filled the No. 1

spot. As for the No. 2 spot? Schott has been the answer.

"That role was kind of an expectation I had for myself," Schott said. "It was actually a huge draw when I was deciding to come here. In my conversations with Randy, we talked about how this is an opportunity to really build a new team and make some things happen."

Schott's presence has made things happen. The Hawkeye women finished second at the Hawkeye Invitational, third at the Woody Greeno Invitational, and seventh at the competitive Notre Dame Joe Piane Invitational.

At this point last year, the average time between Iowa's first finisher and fifth finisher was 93 seconds. Now, it's 83 seconds. When harriers are crossing the finish line within milliseconds, a 10-second shrinkage in the gap counts.



Sid Peterson/The Daily Iowan
Andrea Shine warms up at the Hawkeye Invitational on Aug. 31 at the Ashton Cross-Country Course. The Hawkeyes lost to Iowa State, 24-56. Shine placed first in the women's 4K with a time of 14:07.5.

TENNIS

CONTINUED FROM 8

There was plenty of other action over the weekend, though. On Sept. 29, Tyler led things off for the Hawkeyes, notching a straight-set victory over Hofstra's Jan Leithner (6-2, 6-1), giving him his second victory in the tournament after winning his first round by default.

Following that victory, Larsen also secured his spot to the Round of 64 after getting two three-set victories. He first defeated Kennosuke Nouchi of Western Michigan (3-6, 6-3, 6-4). Then in his Round of 128 match, Larsen beat Southern Utah's Agustin Tamagnone (6-3, 2-6, 6-1).

Unfortunately for Iowa, Larsen and Tyler both dropped their matches in the prequalifying Round of 64 on Sunday. Larsen lost (6-4, 6-2) to Jan Galka of Louisiana, while Tyler fell to Columbia's Rian Pandole (6-0, 7-5).

On the other hand, Davies continued his excellent start to the fall season after edging out Johnathan Small of Notre Dame in a three-set tiebreaker to advance to the Round of 128 before falling in three sets to New Mexico's Dominic West (3-6, 6-4, 7-5).

Getting that first year under his belt is all Davies needed in order to excel in his sophomore campaign.

"Being a sophomore this year, I feel more comfortable. I'm playing with a lot more confidence, and I believe in

myself," he said in a release. "Last weekend, I played with some good stuff and played well."

Not every Hawkeye was able to come out with a win, however. Sophomore Piotr Smietana had a disappointing opening match, dropping his Round of 256 battle to Andrew Li of Georgia Tech (6-1, 6-3).

While it would be nice for the Hawkeyes if they performed well at the tournament, success isn't everything. For Iowa, the fall season is a chance to get playing opportunities against elite competition and grow prior to the start of team competition in the spring.

That's the main goal, but the team has still performed pretty well on the court up to



Shivansh Ahuja/The Daily Iowan
Iowa's Will Davies hits a forehand against Western Michigan at the Hawkeye Tennis Complex on Jan. 19.

this point. "There are a lot really good teams in the Big Ten," Iowa head coach Ross Wilson said

in a release. "Our goal every year is to finish in the top four of the conference and qualify for the NCAA Tour-

nament. Over the years, I believe we've shown, especially last year, that we can compete with anybody."

The Daily Break



The New York Times Crossword

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1	2	3	4	5	6	7	8	9	10	11	12	13
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49	50	51	52	53	54	55	56	57	58	59	60	61
62	63	64	65	66	67	68	69	70	71	72	73	74

Across

- Richie and Ralph's pal on "Happy Days"
- Shakespearean title
- Misbehaving
- "Knocked Up" director Judd
- Tribe at Council Bluffs
- First word of the Lord's Prayer
- Teaching catchphrase popularized by "The Karate Kid"
- Sports ____
- Spot for a yacht
- Resealable container for chips or cheese
- Place to get a perm
- Jean who wrote "Wide Sargasso Sea"
- Spot for a yacht

Down

- What dogs "shake" with
- Australia's national gem
- Prepare to go on the runway
- Comes calling
- B+, e.g.
- "Gross!"
- Trap, as a car
- On
- "Hilarious!" briefly
- Twist out of shape
- Loser of tennis's Battle of the Sexes
- Mysterious vibes
- What a Pride Day parader might dress in
- ____ dye
- Vittles
- Raggedy ____ (dolls)
- Prepare for a hockey game
- Powers that be: Abbr.
- Sunburn soother
- Really sunburned
- "Gimme just ____"
- Do some farrier's work on
- What frugal people make do with
- Ball in the sky
- Be in a dither
- What the "€" symbol stands for
- Makes the cut?
- [Blown kiss]
- Royal attendants
- Wolf-headed Egyptian god
- Finnish-based consumer electronics giant
- Hockey feints
- Tolkien beast
- Nonsense talk
- ____ alphabet
- Soft-serve chain
- ____ Domini
- It might start with "For Starters"
- Part of a TV schedule
- That dude's
- Ending with many fruit names

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SOLUTION ON PAGE 2

WHAT'S HAPPENING TODAY

- Fall Engineering Career Fair, noon-5 p.m., IMU Main Lounge
- Make & Take: For the Kids, blankets & cards, noon-3 p.m., IMU Hawkeye Room
- Global Internship Info Session, 1:30 p.m., S104 Pappajohn
- Manuscripts at Special Collections, 4-7 p.m., Main Library Special Collections
- Challenges in American Corporate Culture, Don Liu, 5 p.m., 235 Boyd
- Idea Storm, Creative Concepts: Innovation through art, design, history, music, and literature, 5:30 p.m., 116 Art West
- Latinx/Asian Fusion, 6:30 p.m., Latino Native American Cultural Center
- Iowa City Book Festival, Jane Gregory, Emily Sieu Liebowitz, and Anastacia-René, poetry, 7 p.m., Prairie Lights, 15 S. Dubuque
- Alex Johnson, bassoon, 7:30 p.m., Voxman Recital Hall

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Mid-Morning Drive 10-11am	Off The Ivy 6 6-7pm
Michael Minus Andrew 11am-12:15pm	Good Bad with Jake Jacobs 7-8pm
Ask a Lawyer! 12:30-1pm	Goon Town 9-10pm
DebateBabble 1-2pm	Local Tunes 10pm-12am
Four Star Show 2-3pm	

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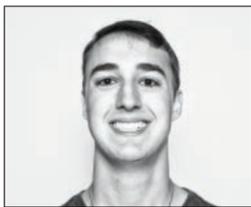
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POINT/COUNTERPOINT

Who should Iowa's offense use most following bye week?

Daily Iowan Sports Editor Pete Ruden and Assistant Sports Editor Anna Kayser debate whom Iowa needs to use most after the bye week.

Moving on from the bye week, the Hawkeye offense has to find a way to find its groove again. But who is the best player to help it do that?



PETE RUDEN
peter-ruden@uiowa.edu

Nick Easley

Let me state the obvious really quickly: Iowa's offense is so much better when its best playmakers are involved.



Take the game against Northern Iowa for example. In the 38-14 win, the offense finally got on track, with Nick Easley leading the way offensively. The Hawkeyes looked Easley's way early and often, and he responded by catching 10 passes for 103 yards and a touchdown.

In the other three games? A total of 2 receptions for 29 yards. Not the kind of numbers a No. 1 receiver such as Easley should have.

The offense struggled mightily against Iowa State and in the first half against Northern Illinois. But if you put one of those games next to the battle against the Panthers, they look like completely different games.

The offense was in such a rhythm against Northern Iowa, and a large part of that was thanks to Easley's ability to allow the offense to settle in. He made plays



Shivansh Ahuja/The Daily Iowan

Iowa's Nick Easley evades the defense against Wisconsin on Sept. 22 in Kinnick. The Hawkeyes lost to the Badgers, 28-17.

when his name was called. He was consistent. He did exactly what he needed to do.

It's worth noting that Iowa's next leading receiver that game was Noah Fant, who caught 5 passes for 99 yards and a touchdown.

A tight end-wide receiver duo such as Fant and Easley is hard to stop. It's very helpful for a quarterback to have two pass-catchers he can trust in any situation, and Fant and Easley fill that role.

The Hawkeyes need to get Easley and Fant involved as early and often as possible.



ANNA KAYSER
anna-kayser@uiowa.edu

Toren Young

Iowa's offense is nothing without its running game, and a major part of that is Toren Young — when he gets the ball.

In the injury absence of counterpart Ivory Kelly-Martin,

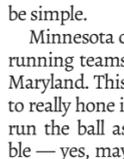
Young proved that he can step up into the running-back role. He has 49 carries for 242 yards for an average of 5.5 yards per carry this season.

Kelly-Martin came back to play against Wisconsin and took most of the carries. However, through the season, Young's average yards per carry has been greater than Kelly-Martin's.

Maybe it's just me, but don't you want to go to the guy who averages longer runs more often? I'm pretty sure gaining ground is what the offense is meant to do.

Kelly-Martin and Young both should be on the field with their individual skills, and when a

team has that much talent at the position, that should allow flexibility. But in a situation where you absolutely need to put points on the board, the decision to hand the ball to Young should



Young

be simple. Minnesota can't defend good running teams, as seen against Maryland. This is Iowa's chance to really hone in on its craft and run the ball as much as possible — yes, maybe (probably) on third down.

Give Young the ball, and let him do what he does best. It's that simple.

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HAWKEYE UPDATES

Depth-chart update

Coming off a bye week, there are some changes to Iowa's linebacker corps.

Barrington Wade is listed as the starter at outside linebacker with Nick Niemann out after suffering a leg injury against Wisconsin.

Djimon Colbert is the new No. 1 at weak-side linebacker, replacing Kristian Welch, who is now listed as the backup at the outside and weak-side positions.

True freshman Riley Moss is now on the two-deep, listed as co-backup right cornerback, along with Josh Turner.



Wade

Running back Kyshaun Bryan to transfer

Hawkeye running back Kyshaun Bryan will leave the Iowa football program and will look at his options to transfer.

"I want to thank the University of Iowa, my teammates, and Coach Ferentz for the opportunity to be an Iowa Hawkeye," Bryan tweeted. "I have created great memories and became a better student-athlete while attending this university. I will no longer be

furthering my career as an Iowa Hawkeye. My family and I feel it is the best decision for my future."

The redshirt freshman from Fort Lauderdale, Florida, previously took a leave of absence from the team after redshirting in 2017.

Bryan didn't have a big role in the Hawkeye backfield this season, with Ivory Kelly-Martin, Toren Young, and Mekhi Sargent garnering the majority of work.

True freshman Henry Geil has also gotten in on the action, recording 15 carries through the first four games.



Bryan



Baseball releases 2019 schedule

Iowa baseball's 2019 baseball schedule is complete, head coach Rick Heller announced Monday.

The Hawkeyes will play 26 of their 54 games at Banks Field, where they have put together a record of 72-20 since the beginning of the 2015 season.

Iowa has conference games against Illinois, Rutgers, Nebraska, Michigan State, Indiana, Purdue, Ohio State, and Maryland, without playing Michigan, Minnesota, Northwestern, or Penn State.

The Hawkeyes also have 12 road games scheduled against four NCAA Tournament teams: Oklahoma State, Indiana, Purdue, and Ohio State.

Iowa will open the season at the Diamond 9 Sunshine State Classic Series in Kissimmee, Florida, before making the trip to Hawaii for a series against the Rainbow Warriors.

QUOTE OF THE DAY

"I was so psyched to have [Andrea Shine] as a training partner. I felt like we already had that connection so I walked out to practice and it was really comfortable. I felt like I already had a family."



— Iowa cross-country runner Megan Schott after transferring from Iowa State

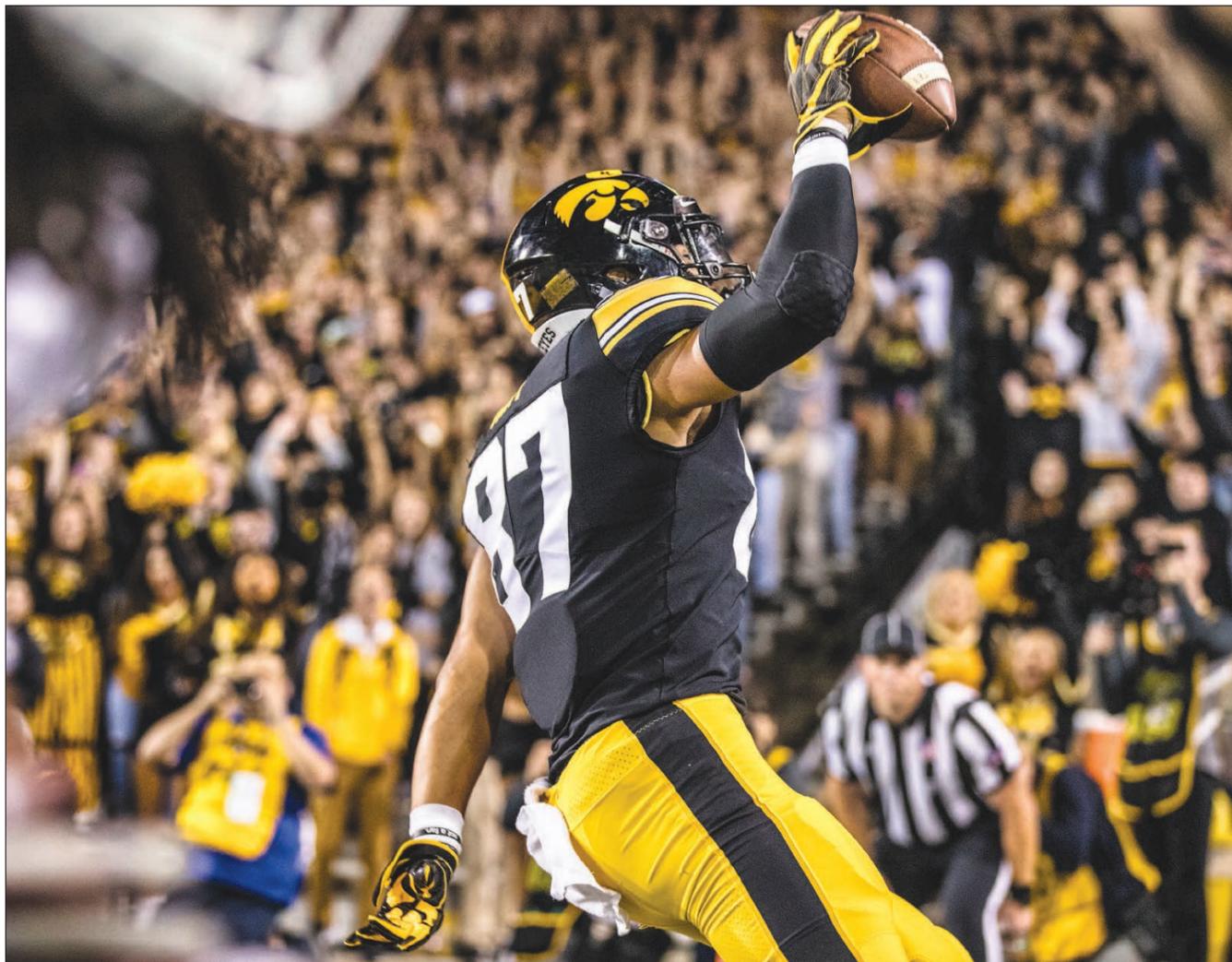
STAT OF THE DAY

Iowa has the best fourth-down defense in the Big Ten; teams have not converted on fourth in three attempts.

Fourth
down conversions

Football face-to-face with get-better time

Coming out of the bye week, it's time for Iowa football to turn up the improvement dial.



Nick Rohlfman/The Daily Iowan

Iowa tight end Noah Fant celebrates scoring a touchdown against Wisconsin at Kinnick on Sept. 22. The Hawkeyes lost, 28-17.

BY PETE RUDEN

peter-ruden@uiowa.edu

Noah Fant's involvement

Luckily for Iowa football, it had a bye week to rest and recover following a disappointing 28-17 loss to Wisconsin in a game that could go a long way in determining the Big Ten West champion.

In addition to relaxing, the week off served as a time to look at what can be improved.

The loss to the Badgers showed that there are numerous areas in which the Hawkeyes can improve, and there are plenty of other pieces to look at from the previous three games as well.

Now heading into the rest of the season with one conference game under their belts, it's time for the Hawkeyes to take a step forward if they wish to see Indianapolis.

Noah Fant hasn't been bad this season. He ranks fifth among tight ends in the conference with 169 yards, which is decent, but given the hype entering the season, not so much as many people had expected.

Throw out his 5-catch, 99-yard performance against Northern Iowa on Sept. 15, and he would only have 10 catches for 70 yards this season.

When Iowa went for it on fourth down on its first possession against Wisconsin, the Hawkeyes trusted Nate Stanley to reach the first-down marker on a quarterback sneak.

Stanley didn't get it, though, and that hurts even more when you see Fant in one-on-one coverage on the outside — a scenario that would likely produce a touchdown more often than not.

Fant has been doing what he needs to do, though. Iowa has T.J. Hockenson on the other

side, and he has racked up 15 catches for a team-high 238 yards.

Unsurprisingly, Fant has also been scoring touchdowns at will. He is tied for third in the Big Ten with 4.

Turnover margin

The Hawkeyes have lost the turnover battle so far, with a turnover margin of minus-1 — tied for No. 84 in the country, ninth in the Big Ten.

Iowa has thrown 4 picks this season, while intercepting only 2 passes. The Hawkeyes have also lost 2 fumbles, but they have recovered 3.

At this point last year, Josh Jackson had 2 interceptions, picking off both in the first three games. While the secondary might not be on the

SEE FOOTBALL, 6

Running from cardinal & gold to black & gold

Iowa State transfer Megan Schott has taken on the role as the No. 2 spot for Iowa cross-country.



Katie Goodale/The Daily Iowan

Hawkeye senior Megan Schott approaches the finish line during the Hawkeye Invitational at the Ashton Cross-Country Course on Aug. 31.

BY HANNA MALZENSKI

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début as a Hawkeye.

"The Hawk meet, I was really nervous," Schott said. "I knew [Iowa State] was going to be there, and I knew I was going to be wearing all black."

Schott finished fourth that race behind front-runner and teammate Andrea Shine

Men's tennis continues to grow in Oklahoma

Three Hawkeyes pulled off wins in the All-American Championships, and two players remain in the qualifying round.

BY CODY SMITH

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The Iowa men's tennis team had an up-and-down weekend playing in the qualifying round of the All-American Championship.

Of the five Hawkeye players who traveled to Tulsa, Oklahoma, three of them picked up at least one win this past weekend. Will Davies, Jonas Larsen, and Joe Tyler all earned victories in their first matches on Sept. 29 playing in the Round of 256 for singles at the at the Michael D. Case Tennis Center.

In fact, Larsen and Tyler were even able to make it to the Round of 64 after winning two rounds of prequalifying matches. However, just because the weekend is over doesn't mean the tournament is.

The All-American Championship is still going on — and play will continue throughout this week after beginning on Monday with the start of the qualifying round. On Day 3, Allaf lost in the Round of 128 to Southern Alabama's Clement Marzol in a third set tiebreaker.

Allaf and doubles partner Jonas Larsen — ranked No. 35 in the country as a team — also fell in their Round of 64 to Tim Handel and Ruben Montano of Northern Arizona (6-2, 6-2). Handel and Montano went 14-0 last season, including an undefeated run in conference play.



Davies

SEE X-C, 6

SEE TENNIS, 6