Orchards bask in ideal weather

By AARON WALKER

A mild summer has surmounted to a strong season for apple growers.

Bruce Braley received support this weekend from two out-of-state senators: Bernie Sanders and Debbie Stabenow.

By LAUREN COFFEY

By AARON WALKER

By LINDSEY DRILLING

By LILY ABROMEIT

By LILY FRIEL
quiet year as far as extremism went. “It’s overall, it’s been a fairly quiet year,” he said. (Kow).
By GRACE PATERAS
grace-pateras@uiowa.edu

Ankeny, Iowa, resident Kelsey Andreson has been out of recovery for nine years. After treating her eating disorder at the University of Iowa Hospitals and Clinics eating disorders program, she said she was tired of hearing stories about friends and peers suffering from similar disorders. She decided to take action by organizing more than 100 participants to register to raise funds and awareness for the disease.

Over the weekend, Andreson hosted the first-ever Iowa City National Eating Disorders Association walk at Willow Creek Park. “I hope to make it a yearly thing,” she said. “Because of the [high] turnout, we most likely will be doing it next year.”

According to the National Association of Anorexia Nervosa and Associated Disorders, up to 24 million people suffer from an eating disorder in the United States. The group defines a “clinically significant” eating disorder as including anorexia nervosa, bulimia nervosa, binge eating disorder, and any other unspecified eating disorders. From the local walk event, $10,500 was donated to the association. “Our initial goal was $5,000,” Andreson said. “After we surpassed that, we went to $7,500, then $10,000. We’ve had a great response from walkers and the community.”

The event brought together 80 participants in the mile-long walk, despite the chilly weather. Lori Hosea, a 44-year-old who recently finished recovery for an eating disorder, traveled from Waverly, Iowa, to participate in the walk, along with friends she had made during her recovery.

“I think the walk is wonderful,” she said. “Unfortunately, there’s a lot of shame that comes with eating disorders, and with more awareness, more people will get help.” Hosea had dealt with an eating disorder for seven years. Once her disease became life-threatening, she spent the past summer in a treatment center in Iowa City. “It feels good to be in recovery and to be strong enough to be able to do a walk,” she said. “The disease really robs you of your life.”

Participants were given T-shirts to wear throughout the walk, which was paid for by registration fees. In addition, 20 T-shirts were sold online. Business in the area, including Target and Costco, donated drinks and snacks for participants to enjoy. Fruit snacks, bananas, and cookies covered tables near the end of the walk. These donations helped offset costs for the event, allowing the organization to donate its money raised to the national fundraiser.

The UI has a program to help students on campus, the Eating Disorder Awareness Advocate Program, to raise awareness and help for those in need. Erin Arneson, a graduate student in public health, said the program provides outreach services such as tabling events and panel discussions. Kelly Coughenour, staff psychologist at the University Counseling Services, said the UI has resources to aid students based on their needs. “This program has a dietitian and psychologist,” she said. “We work closely with the University of Iowa Health Center.”

Advocates gathered this weekend to raise funds and awareness against eating disorders.

Event battles eating disorders

Celebrating diversity

The Diversity Festival included food and clothing vendors, kids’ crafts, and live entertainment at Hubbard Park on Oct. 5. This event was one of the first campus activities to kick off Homecoming Week. (The Daily Iowan/Lauren Muth)
Standing for freedom

I you spent this weekend watching football games, you probably noticed the high influx of political advertisements. The November elections are approaching and candidates are blowing the last cash in their electoral funds. As students probably muted the televisions and waited for the commercials to be over, most probably don’t realize how fancy they are to have the freedom of direct elections.

More than 7,500 miles across the Pacific Ocean, students in Hong Kong are fighting for this same right.

Hong Kong became a part of the People’s Republic of China in 1997, ending a long period of British rule. While technically under the umbrella of China, Hong Kong is a remarkably different place in which citizens experience freedoms unheard of in mainland China. Hong Kong has freedom of press and easier access to countries in Europe and North America. Also, all the Edward Snowden’s first chances to flee to.

When China’s Standing Committee of National People’s Congress released its decision on electoral procedures this September, Hong Kong’s rich culture of freedom became endangered. The new policy dictates that these candidates would be allowed to vote on those candidates, but the people would still need to be voted by the central government.

In other words, the government is playing the same game with its citizens as parents play with their 3-year-old children. The options for dinner are broccoli, cauliflower, or cheese. The kid gets to choose, but one way or another, they are going to eat that veggie that night.

This result has sparked interest in a now referred to as the Umbrella Revolution. Theumbrella have come into play because protestor want us to shield themselves from pepper spray. Led by a group called Occupy Central with Love and Peace, the protestors, who are mainly students, are demanding Hong Kong return to a full democracy.

The method championed here is that of civil disobedience. On Oct. 4, thousands of protesters gathered in Hong Kong’s business district and parked the streets, preventing the passage of any vehicles.

This clear confrontation between freedom and authoritarian control puts the United States in a sticky situation.

Warring an opinion piece on McClatchyDC last week, President Obama addressed America’s role in promoting freedom. In the protestor’s words, “We are here to a proud legacy of freedom. We are prepared to do what is necessary to secure that legacy for generations to come.”

Certainly, the United States has a history of vocally and militarily supporting democratic movements around the world.

Yet in this case, so far, America seems muted. The American consulate in Hong Kong released a statement declaring that, “We do not take sides in the discussion of Hong Kong’s political development, nor do we support any individual or group involved in it.” Last week, Secretary of State John Kerry reiterated America’s position on “apartheid suffrage,” but has gone further. America, so far, has pleaded to China to hold back. Hong Kong holds over $13.1 billion in U.S. territory bonds. That is a lot of our debt. China is also our second-largest trading partner, right after Japan. Hong Kong may be hesitant to build on any tensions.

The Daily Iowan Editorial Board believes that while any criticism of the situation in Hong Kong may cause damage, it is a strongly worded statement from Obama could go a long way in the momentum for democracy on the streets of the city. Just as the protestor wrote, we must be a leader in this moment.

The United States can show the world that we are not hypocrites; we stand for freedom, even if it isn’t easy.

London reacts to heat

As I walked down Portobello Road this past weekend, the morning on Oct. 3, I saw a last bit of summer still lithe, leaving just a little more to explore the famous Friday market. At its heart lies London’s East End, for which the market is known.

My habitual mode of travel to the market, cycling to the north end and using the Underground, was not the most efficient. Walking could easily span hours of work and two hours of uphill. The market is always the same, crowded, no matter the time, and the streets narrowed by the ever-growing numbers of tourists. The crowds were not an issue this time.

The market was, however, as crowded as expected, with people perusing the wares. It was a scene of people selling all manner of goods, from food to antiques, to art, and even clothing. The streets were packed with people, but the sense of order was tangible.

The market closed at 5 p.m., but the streets were still crowded. People continued to walk, which is common for London. The city is always a buzz with activity, no matter the hour.

I was struck by the number of people out and about, enjoying the warm weather. It reminded me of the summers in Iowa City, where the temperatures are often warm, but the people take advantage of the weather. It is a reminder of how fortunate we are to live in a city where we can enjoy the outdoors.

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Kirkwood gets IT $$

By Michael Kadrie

Kirkwood Community College will soon enjoy the benefits of improved information-technology coursework and job placement services.

Kirkwood is set to receive approximately $11 million in federal funding for its Information Technology program.

“The funding will help us to better simulate the work environments that our graduates will encounter with new equipment and updated software for use in projects and hands-on lab exercises,” said Jim Glasgow, a Kirkwood assistant professor of computer information systems.

Funding originates from a grant awarded to a consortium of 15 Iowa community colleges under the U.S. Department of Labor’s Trade Adjustment Assistance Community College and Career Training Grant Program.

The program’s purpose is to provide institutions of higher learning with the financial means to expand and improve their programs, which can be completed in two years or less.

The Iowa consortium includes Kirkwood and was awarded $11.5 million.

“This is the fourth, and final, round of funding for the program, which has been awarded in three parts,” said Linda Allen, the president of Kirkwood Community College.

Hawkeye Community College is the Iowa consortium leader in this process of writing the grants. It will host representatives from the other 14 consortium members to complete the disbursement of the reduced funds, pending approval from the Labor Department.

One of the projects Kirkwood business and information technology coordinator Lisa Dutchik is most excited about is the “virtual help desk.”

All the details are yet to be solidified, but the promise is the opportunity to experience real-world situations with built-in evaluation.

Another emphasis of the funding is in Kirkwood’s attempt to implement what Dutchik calls a “pathway” model of education.

Students can complete parts of degrees or certificates in order to return for additional education as their career becomes convenient.

Dutchik said the model is meant to encourage prospective students who might pass on a full two-year degree program to return to complete their education.

“Some of our students may go to college, but many are career changers, returning in small pieces whose traditional work environments have become difficult to find,” Glasgow said. “They often need educational opportunities that are short- and more focused, but just as effective as degrees from larger programs.”

Kirkwood also wants to use the funding to promote apprenticeship programs as a more common educational avenue in the IT field.

Apprenticeships are similar to a lengthy intern- ership. However, in an apprenticeship the employee, not only the employer, makes a commitment to training and eventual employment.

Dutchik said it’s a newer model and, as such, has its complications.

She said Kirkwood’s continuing work to forge partnerships in the business community should eventually allow the program to succeed.

Allen said Hawkeye Community College plans to re-vamp equipment and also increase its marketing to attract more students with the funding.

All the members of the consortium, including Kirkwood, agreed the funding would help create a specialized, statewide virtual database.

The searchable database offers users “the ability to find out where jobs are, what you need to be certified, and where to get that certification.”

Allen said. “Overall, IT is the nu- trition and in our local ec- onomy really needs to build a pipeline of workers...”

Glasgow added, “Students can complete their Information Technology courses in six months with funding to help create apprenticeships. It will also allow the program to succeed.

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Sexual misconduct reported

University of Iowa officials received a report of sexual misconduct last week.

The UI police issued a warning on campus.

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JONI ERSN IS OUT OF TOUCH WITH UNIVERSITY OF IOWA STUDENTS.

Joni Ernst said, “I don’t know the science behind climate change.”

Ernst supports letting corporations dump more pollution in the air we breathe and the water we drink.

Ernst sponsored a bill which would prohibit common forms of birth control.

She doesn’t know the science?!

150 Iowa scientists have warned that climate change is already impacting Iowa’s economy and Iowans’ health.

JONI ERSN: NOT RIGHT FOR IOWA VOTE BY NOVEMBER 4th

“Joni Ernst says she doesn’t know the science of climate change. Why is she ignoring the students and experts right here at the University of Iowa? We could give her the basic facts.”

- Michael Werner, Student Leader of the American Wind Energy Association, UI ’15

nextgenclimate.org
Iowa golfer Shelby Phillips hits her ball out of a sand trap during the Thomason Invitational at Finkbine on Oct. 4. The Cardinals, 8-0. (The Daily Iowan/McCall Radavich)

Iowa midfielder Mackenzie Sapp drives the ball against Ball State at Grant Field on Oct. 3. The Hawkeyes shut out the Cardinals, 8-0. (The Daily Iowan/McCall Radavich)

REPORT CARD
Another interesting stat: The Hawkeyes have allowed just 56 plays of 10-plus yards this season. While that might seem like a lot — right at 10 such plays per game — it actually ranks No. 9 in the country in such plays. Even more, four of the kickoff returns landed to Iowa in that category that played one fewer game.

“I think we've got the poise of our defense and the guys in the right spots now,” defensive coordinator Phil Parker said. “We're really working good as a team.”

Special Teams: D
The punting game is not as good as it D-11. Northern Illinois has kicked all 23 of Iowa's punts this year, with 10 yards per punt. That's the difference in the outcome of the Big Ten and outside the conference.

Marshall Koehn seems to have figured it out in the field-goal game. While he's just 5-of-10 with a long of just 39 yards, he's connect- ed on six last three after starting 2-of-5. Koehn also owns the nation's best touchdown percentage in field goals — 2 percent.

But the kickoff-return game could be better. Iowa's return men average 21 yards per return, which is good for 86th in the na- tion. The punt-return game has basically been nones- sential — just 6.7 yards per return, good for 84th.

Early season MVP: Mark Weisman
The hammer hasn't been as potent in Iowa's running game so far this season, but he's done the job extremely well. He averages just 3.3 yards per carry but leads all Hawkeyes running backs with 80 net yards rushing and 4 touchdowns — the lat- ter for 25th in the country.

Needs Improvement: Total offense
Head coach Kirk Fer- esta will say — and, in a few different ways, he said — that it all comes down to execution. Luck- ily for Iowa, the season is still young, and the opportunities are still there for the taking. There is still time to cor- rect the mistakes.

Follow Steveгоденов on Twitter for updates and analysis about the Iowa football team.
Hawk report card: Hmm

By COURTNEY BAUMANN

The Iowa football team had its first bye this past weekend, which was a good time for The Daily Iowan to hand out an early season report card.

Without further ado...

Offense: C

This is a pretty generous grade. At times, Iowa’s offense has been incredibly difficult to watch. Part of that is on the play calling.

But an even bigger reason has been the lack of execution.

Iowa currently ranks 46th out of 128 in total offense, averaging slightly more than 372 yards per game. The passing game hasn’t been mediocrity, at just 232.2 yards per game, but it hasn’t been great, either. The running game has been better, with just 140.2 yards per game. That’s good for 61st in the nation.

“We feel like we were really close getting the win starting the game,” head coach Kirk Ferentz said. “We don’t have a great answer as to why that was.”

Iowa’s defense ranks among the nation’s top 20 in scoring defense (No. 16), rushing defense (No. 21), total defense (No. 17), and pass defense (No. 20).

“The offense has shown that it can be electric and dangerous, but it hasn’t shown that consistently,” Ferentz said. “The talent is certainly there to be one of the better offenses in the Big Ten.

It’s just a matter of executing better.

Defense: B+

A well-earned B+, at that. If the first five games are any indication of what the rest of the season will hold, it’s that the defense will carry this season’s team.

Iowa’s defense ranks first in the nation’s top 20 in scoring defense (No. 16), rushing defense (No. 7), and total defense (No. 15).

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