A professor and her class at the University of Iowa have brought music-therapy sessions to people all over the area this semester, ranging all the way from pre-schoolers to dementia patients.

UI music Professor Mary Adamek works in music therapy and found ways to increase access to it for more than 50 years. Adamek works with preschoolers for speech development.

Most recently, the UI Art Share Program was able to fund a service-learning component of one of her classes through a Better Futures for Iowans grant. Her project received approximately $1,000.

Adamek, two other music therapists, and a group of 16 students went to four area nursing homes with patients with dementia and held music-therapy sessions with the patients and their family members.

“Do they can have a meaningful experience, and that’s what we were trying to bring to these people, and it was great,” she said. “It doesn’t seem like a big deal, but it’s engagement. It’s something that they can do together.”

Dementia generally refers to loss of memory and other cognitive ability. Up to 5.3 million Americans currently have Alzheimer’s disease, which is the leading type of dementia. A 2010 estimate found more than 69,000 Iowans are living with Alzheimer’s or another form of dementia.

Linda Myers, an academic clinical program specialist in the UI College of Nursing, participated in one of the sessions with her mother.

“It was fantastic,” she said. “Mentally, she wasn’t always present, but the music brought her such happiness. It took her to some really happy places for that moment.”

Myers said shortly after the session, she looked for more music-therapy services for her mother. Her mother passed away unexpectedly weeks later.

“Little did I know she was at the end of her life,” she said. “But it was one of the best days we had in some time.”

In the sessions students and music therapists led music-therapy exercises, including group singing-songs and instrument playing. “I think the neatest thing for me was we are exactly what we were talking about (in close-in real life),” UI student Tessa Hursh said.

UI Professor Mary Adamek (center) and music-therapy student Sarah Wade play instruments with preschool students in the Wendell Johnson Speech and Hearing Clinic on Tuesday. (The Daily Iowan/Sarah Selby)

By CASSIDY RILEY

It has been 50 years since Martin Luther King Jr. began to write the “Letter from Birmingham Jail.”

Tuesday marked the 50th anniversary of the day Martin Luther King Jr. began to write the “Letter from Birmingham Jail.”

In celebration, professors and students at the University of Iowa hosted a reading of King’s legendary letter. Written on April 16, 1963, King’s letter became one of the most crucial moments in the civil-rights movement.

“Written on April 16, 1963, King’s letter the difference of ‘just laws’ and ‘unjust laws,’ and the fact that people have a moral responsibility to break the laws that are unjust,” TI student Austin Skousen said.

The terrain of injustice has shifted since the letter, and there is no better time to read this piece of work than now. – Stephen Vlastos, UI professor

Since the civil-rights movement of the 1960s, issues of human rights have continued to flourish in various forms.

The Iowa City School District estimates it will save over $14,000 in fiscal 2014.

By NICH HASSETT

With spring arriving, the Iowa City School Board voted unanimously to bring school groundkeeping in-house.

The district’s contract with the most recent grounds-care provider, Quality Care, expired at the end of fiscal 2012, leaving the district with sever- al options on how to proceed.

Though the item was postponed the last time it came before the board, the members voted 5-0 to begin the process of bringing grounds care in-house.

“The grass is growing now, and we feel there’s an opportunity to get work- ing on this,” said David Duke, the School District’s chief operating officer.

The estimated cost savings for the measure were $14,087 in fiscal 2014, $15,930 in fiscal 2015, $15,924 in fiscal 2016, with continued savings across the five-year estimates.

The district hopes to fully trans- fer all grounds care being han- dled in-house by the start of the 2015-2016 school year.

“It’s too much to do immediately,” Duke said. “We’ll get quotes from vendors for athletics fields, spe- cialized equipment and training, and make sure our people get up to speed.”

Board member Sarah Swisher ex- pressed several reasons she support- ed the change.

“The timing of the revenue-pur- pose statement to expand [the phys- ical plant and equipment levy] in a different direction made really great sense,” she said. “I enjoyed the idea that we were bringing some workers into the district bargaining agreement.”

The district hopes to continue to expand work in-house.

By HILLARY ROSENHAN

The new president said he will focus on college affordability, career success for students.

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Health research week kicks off

The University of Iowa College of Medicine celebrated the 20th anniversary of its Health Sciences Research Week, kicking off it with Stan- ford and Yale-educated speaker Kenneth Kendler.

Kendler spoke at Medicine’s Health Sciences Research Week, and Yale-educated speaker Kenneth Kendler.

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Gillig has three prima-
ry platforms for the next
school year.

The first is the afford-
ability of graduate and
professional education.
The second is degree com-
pletion — Gillig said a
great deal of graduate
and professional stu-
dents either don’t gradu-
ate or take a long time to
do so, which is not a
success.

The Executive Council
has seen change during
President Michael Appel’s
tenure. His time as presi-
dent included the concep-
tion of the One Biggest
Change initiative. This initia-
tive challenges group
members to make a difference by
encouraging them to take
one thing they don’t like about
their student ex-
perience and change it.

These changes varied
between putting in a stu-
dent lounge and getting
new chairs for the Roby
Law Building.

Gillig said he hopes to
build helpful pathways
for graduate and profes-
sional students to get
jobs and take their roles
in the economic develop-
ment of Iowa.

“I think the biggest
challenge for the coming
year will be making time-
ly decisions about issues
that are important to
[graduate and profession-
al students],” Gillig said.

Gillig’s plans include
e a Fall Forum, basically
a listening tour around
the various graduate and
professional colleges on
the UI campus.

“We’ve very much lis-
tened in our individual
deadlines, as going all over
and listening to students
about what matters to
them is really impor-
tant,” Gillig said. “From
there, we would develop
a student survey, which
would formulate some
recommendations about
what we can achieve in
regard to our three
issues.”

Council members of the
Executive Council are
selected in a parliamen-
tary fashion — instead of
being elected in a mass
vote, current represen-
tatives in individual de-
partments and colleges
elect candidates.

Matt Enriquez, new-
voted vice president of
the group, said he be-
lieves that it’s important
to raise awareness about
the body.

“We need to go out and
explain to our classmates
what we do,” he said.

“The challenge is that
most people don’t realize
what that is.”

Enriquez and there is
a lot of room for improve-
ment in student con-
sciousness.

“I think the best ap-
proach is word of mouth,”
he said.
were detonated near the marathon’s finish line. Devices may have been discovered in Boston. A more.

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Vlastos said. Chaden Djalali, the dean of the UI College of Liberal Arts and Sciences, elaborated on how citizens are responsible for maintaining values and the way in which King’s letter helps illustrate what it means to be human and persevere through struggle.

“This is a reminder to all of us here about our role as a depository for core cultural values,” he said.

Since 1847, the motto of the Iowa State Seal has read, “Our liberties we prize, and our rights we will maintain.” Similar in his motive, but intent on taking his cause past the state and to the national level, King writes, “Injustice anywhere is a threat to justice everywhere.”

Djalali said King’s words and teachings are a crucial part of this country’s history.

“We have held onto these words, cherished them and studied them,” Djalali said. “And these words have made us all a little bit more human. Martin Luther King Jr. is a founding father of our country, and even though struggles continue today, we must never forget what this man had to say.”

UI students Justin Roberson, Jeannette Gabriel, Kate Kedley, and Amanda Murphy each took turns reading King’s letter.

Michael Hill, a UI assistant professor of English and African American studies, conducted a facilitated discussion to follow the reading. Hill lectured the audience on the importance of King’s work, and his motives behind using a letter to present his thoughts.

“There is such an oratorical art behind this letter,” he said. “King proves that he can really talk his behind off. His letter presents the idea of reflection and revision… He illustrates the tension between the personal and the public, and his condition at the time — the solitary moments of the soul.”

KING CONTINUED FROM FRONT

“Assertions about the events during the transition, backed by the current outsourced work and the new in-house plan, she ultimately voted in favor of the measure.

Though board member Tuyet Dorau had some concerns about the costs during the transition period between the current outsourced work and the new in-house plan, she ultimately voted in favor of the measure.

However, Dude didn’t think the costs would be a concern.

“The costs were fairly similar between the two; the difference is what funds we can use to pay for them,” he said. “Time will tell; we could be wrong.”

The district hopes to use physical plant and equipment levy funds to help pay for the groundswomanship. Voters approved $4.1 million for the tax fund in fiscal 2013, an increase of $274,541 from the previous year, according to.

Several community members expressed support for the move.

“This is exciting; this is a big change,” community member Julie Van Dyke said. “Vendors have seen that [the School District] is no longer the golden goose. I expect prices will come down, and we’ll get better deals and better service than we’ve ever seen.”

Van Dyke also thought the move in-house would bring greater benefits and wages to community members and hoped the district would continue to evaluate the changes.

“I see just win, win, win on this,” she said. "I look forward to learning how [Dude] looks at this in a year from a hindsight perspective.”

UI student Justin Roberson reads from Martin Luther King Jr’s “Letter from the Birmingham Jail” in the Old Capitol on Sunday. (The Daily Iowan/Tessa Hursh)
HUNGRY?

Check out the Daily Iowan Dining Guide
only at dailyiowan.com

today’s events

- "When Worlds Collide: A Dialogue on Anarchist Thought" with Kris Egerton and Sir William Macquart, 5 p.m., Main Library, 202 S. Clinton
- "A Symposium on the Theory and Practice of Atheism," 7 p.m., Hancher Auditorium
- "Women and Self-Deprecation," 7:30 p.m., State Theatre
- "Women and Self-Deprecation," 8 p.m., Bijou Theatre
- "Women and Self-Deprecation," 8 p.m., Englert Theatre

UI TV schedule

Wednesday, April 17, 2013

• Life in Iowa Career Series, 1-2 p.m., horn, 7:30 p.m., Uptown Bill’s, 730 S. Dubuque
• Open Mike, 7 p.m., Uptown Bill’s, 730 S. Dubuque
• Open mike
• Movie and Discussion, 8:15 p.m., Bijou Theatre

horoscopes

ARIES (March 21-April 19): Win money and come out of it because your financial and social situation will make a major change for the better in the near future. Focus on your career goals and keep moving forward. Money is very important to you now.

GEMINI (May 21-June 20): Put your skills to work and talk a lot. The more you work, the more you will be able to show off your intelligence and charm. You can bring in new friends and make new connections.

LEO (July 23-Aug. 22): Don’t trust anyone making rash changes or using force or pressure to get ahead. Your emotions will be difficult to control, leaving you in a vulnerable position. Don’t take no for an answer. Offer what you feel is fair in return.

VIRGO (Aug. 23-Sept. 22): Be responsible. The decisions you make will be made with your responsibilities in mind. Be careful not to overextend yourself. You will not be able to handle anything more than you can handle.

LIBRA (Sept. 23-Oct. 22): You will be valuable to you now. Change the natural order of things. A new discovery will be made while you are trying to find solutions. Part- nerships are highlighted, and networking functions should be attended. Love is in the news.

SAGITTARIUS (Nov. 22-Dec. 21): Your personal needs first. A partnership may try to pressure you, but it should be handled with caution to avoid embarrassing situations. Look at the big picture before you decide to make a move that could jeopardize your reputation.

CANCER (June 21-July 22): Keep the crowds away from you. Devote all your energy to getting things done. Business interests can be highlighted. You may be able to find new and different ways to do things.

TAURUS (April 20-May 20): Offer too much information in the meantime. A third party will make the difference when it comes to the outcome of a personal situation you face.

PISCES (Feb. 19-March 20): Because the best comedy isn’t funny, it’s sad. Work on self-esteem as well as moving forward with decisions that will improve your reputation. A good idea can help you make your space more inspirational. Take on a physical challenge.

Capricorn (Dec. 22-Jan. 19): Things are changing in your life, and you will come up with a new idea, product, or service that can help you bring in extra money. Money will come and go because of temptations that keep you from staying true to your values. Take care of your health and your budget.

Aquarius (Jan. 20-Feb. 18): Communication will be your strong point. Speak up — you will get your voice heard. Look for changes that are suggested. Fake physical and mental strength to reach your goals. People need you and will work with you in the past. Don’t agree to anything you are going, because you might not get there.

SCORPIO (Oct. 23-Nov. 21): Keep your crowds away from you. Devote all your energy to getting things done. Business interests can be highlighted. You may be able to find new and different ways to do things.

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The Iowa men’s tennis team has faced stiff competition over the course of their first Big Ten season, leaving them at risk of their first Big Ten win of the season.

The conference has established itself as one of the premier tennis conferences in the nation. The Big Ten fields the second-most teams in the country with 10 — that trails just past the SEC, which leads that category with 11.

“Iowa’s men’s tennis team is still battling to pick up its first conference win of the season, regardless of their troubles this season, because playing in a prestigious conference is what led the program to the NCAA Tournament,” Dierckx said.

Dierckx has seen his fair share of ranked opponents throughout his Big Ten season. Dierckx has seen their rosters.

The Hawkeyes are searching for their first Big Ten win of the season. Dierckx is the Hawkeyes’ top singles player and player with Juan Estenssoro in doubles play.

Moore’s tuition, fees, and stipend were paid by the AAU. That raises a question of whether the former player would be considered an employee by the NCAA. "If they do bring former players back, they have to be fully educated and aware of what’s going on. If I’m the NCAA, I look at this and say, ‘What did you do to earn their stipend?’" Dierckx said.

The Hawkeyes have welcomed the challenge of competing in the Big Ten, regardless of their troubles this season, because playing in a prestigious conference is what led the program to the NCAA Tournament.

The Hawkeyes have a 26-2 record, and their five ranked opponents this season. Dierckx said. "I’ve played five or six top-20 players this season, and they’ve been tough, but it’s good that they’ve put us in a competitive situation. We will be better.

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Iowa's Johnnie Dowling runs the bases against Nebraska at Pearl Field on April 5. (The Daily Iowan/Tork Mason)

**GOLF**

ConTInueD from 10

Roberts has recognized this strategy and uses it to her advantage. “Honestly, I just use the batter’s box after contact and reach base has provided the Hawkeyes offense with more scoring opportunities. The ability to reach base more often helps the team build confidence. “It’s hard to argue when no one’s on base. It takes a long ball, and those don’t come along that often,” Iowa shortstop and BBI leader Megan Blank said. “It helps for sure with the momentum, like if you get a runner on, then the dugout gets crazy, and everybody gets loud. It gets everybody pumped.”

The momentum doesn’t stop on the bases; base runners are encouraged to circle back to home. “I’m very happy with (her hitting change), especially with a hitter who is already on base,” Dowling said. “She just goes right in, and she does it; she goes right on base, and she just hits me on it.”

**Sports**

ConTInueD from 10

There are the results Looper knew Dowling could produce. She said Dowling spent nearly the whole summer between her sophomore and junior seasons working on her new swinging and buying into the idea. “That alone brought a smile to Looper’s face.”

“Not everybody has that ability to excel in it, but everybody gets loud. It helps for sure with the momentum, like if you get a runner on, then the dugout goes crazy, and everybody gets loud. It gets everybody pumped.”

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**SOFTBALL**

ConTInueD from 10

Williams’ goals are set high this year, and if she can get over some mental hurdles to get her mind in the right place, she’s not just constantly thinking about high jump, high jump, high jump,” Williams said. “So I’m just working at that and hope that comes.”

She is a contender for the outdoor title after placing second in the high jump at the indoor Big Ten meet in February. “Certainly, she’s one of two or three people who, if they jump at or near their best, have a legitimate shot to [win the Big Ten championship],” Anderson said.

Iowa’s Johnnie Dowling runs the bases against Nebraska at Pearl Field on April 5. (The Daily Iowan/Tork Mason)

**WILLIAMS**

ConTInueD from 10

Iowa’s Khanishah Williams runs the 60-meter hurdles at the Iowa Invitational in Des Moines on April 6. (The Daily Iowan/Brandon Weisker)

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**SOFTBALL**

ConTInueD from 10

Williams’ goals are set high this year, and if she can get over some mental hurdles to get her mind in the right place, she’s not just constantly thinking about high jump, high jump, high jump,” Williams said. “So I’m just working at that and hope that comes.”

She is a contender for the outdoor title after placing second in the high jump at the indoor Big Ten meet in February. “Certainly, she’s one of two or three people who, if they jump at or near their best, have a legitimate shot to [win the Big Ten championship],” Anderson said.

Iowa’s Johnnie Dowling runs the bases against Nebraska at Pearl Field on April 5. (The Daily Iowan/Tork Mason)

**WILLIAMS**

ConTInueD from 10

Robert’s has recognized this strategy and uses it to her advantage. “Honestly, I just use the batter’s box after contact and reach base has provided the Hawkeyes offense with more scoring opportunities. The ability to reach base more often helps the team build confidence. ‘It’s hard to argue when no one’s on base. It takes a long ball, and those don’t come along that often,’ Iowa shortstop and BBI leader Megan Blank said. ‘It helps for sure with the momentum, like if you get a runner on, then the dugout gets crazy, and everybody gets loud. It gets everybody pumped.’

The momentum doesn’t stop on the bases; base runners are encouraged to circle back to home. ‘I’m very happy with (her hitting change), especially with a hitter who is already on base,’ Dowling said. ‘She just goes right in, and she does it; she goes right on base, and she just hits me on it.’
Khanishah Williams has set personal records in different events during the last two meets, and she will try to improve the rest of the season.

By DANNY PAYNE

A key piece to Khanishah Williams' performance is her confidence and mindset — something Iowa’s track and field assistant coach Clive Roberts has worked on with her.

"[Coach Roberts and I] talked a lot about my confidence and how I maintain that from last year to this year," Williams said.

Consistency, Roberts said, has been a key factor in boosting the sophomore’s confidence.

"I think we just got Khanishah’s mind in the right place," he said. "I think just being more consistent in practice and getting her mind where it needs to be leads to the consistency you see on the track."

That has paid dividends for the Burlington natives, exemplified by her recent string of personal records.

Williams jumped 5-11½ at the Jim Click Invitational on April 6 and clocked a time of 14.49 in the 100-meter hurdles on April 13 at the Calhoun Invitational. Both marks were good for first in each meet.

Williams enjoys competing in numerous events — she believes it helps her perform better.

"I like running in a lot of events," the former high-school state champ said, adding that it keeps her from thinking too hard about one event.

"I mean, you need to be focused on an event, but it’s just so I’m not freaking out about one thing." Also necessary steps to do this are the consistent confidence and mindset, according to Williams.

With results dating back to 2008, the website has grown from 24 pages in 2008 to 70 pages in 2013. "This type of statistical analysis is fairly common among the Iowa golfers, and it’s how coach Glueck has the website will help the Overland Park, Kan., native after college.

Baseball shuts out Mavericks

The Iowa baseball team held Nebraska Omaha scoreless Tuesday in a 3-0 victory at Werner Park in Papillion.

"It was a good effort by our guys, and it started on the mound before being relieved by sophomore Taylor Kaufman in the sixth. "Calvin and Taylor both threw the ball extremely well," Iowa pitcher Jack Dailey said in a release. "They both attacked the strike zone very well, and the defense did a great job behind them. It was a good effort by our guys, and it started on the mound before being relieved by sophomore Taylor Kaufman in the sixth."

Iowa didn’t score a run until the fifth inning with the help of junior first baseman Johnnie Dowling, who hit a bases-loaded two-run double to tie the score 1-1.

"I had to hit almost every day," Dowling said. "I thought it would, but it was a whole different feel, and I needed to get my coordination down on the left side."

Williams uses website for PGA bid

Winson uses website for PGA bid

"It came a little easier to me than I thought it would," she said. "It was a little different feel, and I needed to get my coordination down on the left side."

"If he struggles with his swing to fix it, he needs to be leads to the consistency you see on the track."

The people who originally created the site have released a website (http://joepwinslow.webs.com/) to help his game today.

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Tiger Woods is a brand synonymous with Nike Golf and业绩非常卓越。然而，当他是一名高中高尔夫球员时，他用过的球杆和球包非常棒。

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