Beware stealthy calories

By Brian Stewart

Choosing a fast-food restaurant can be tricky – for the health-conscious American vying for any options. Subway’s number of McDonald’s burgers and fries. But many consumers may underestimate the number of calories in fast-food items, according to a report in October’s edition of the Journal of Consumer Research.

The study consisted of a series of experiments on perceptions of fast food from Subway and McDonald’s.

"Often, it’s very easy to underestimate how many calories you’re getting," said Linda Steelman, the interim head of the community and behavioral health department in the UI College of Public Health. “It can be deceiving, but that doesn’t mean you should stop eating in a healthy manner.”

She noted that consumers should understand portion sizes, which can play a big role in wrong perceptions of a product’s nutritional value.

Regents OK new health building

By Clara Hogan

Those who knew Karli Manker agree that she was a full of life, a free-spirit, and a good friend. She was constantly the problem-solver and her mother, Cindy Manker. "She put her friends before herself, even if it hurt her. She had millions of friends and always provided them with a shoulder to cry on.”

Since the car accident killed the 22-year-old and her mother, Cindy Manker. "She put her friends before herself, even if it hurt her. She had millions of friends and always provided them with a shoulder to cry on.”

The state board of Regents gave the green light to a new $47.7 million UI College of Public Health academic building. The building will consolidate a school that is now located in 16 buildings around campus.

By Ben Fornell and Karli Shuffler

The regents delay naming policy

Regents stress due diligence following a discussion about corporate naming.

By Ben Fornell

COUNCIL BLUFFS — The state Board of Regents postponed changes to its policy on naming major parts of campuses until further exploration into the ethics of corporate gifts.

"We’re not on the verge of a decision to name something for a corporation," said Brian Bunn, an attorney with Ankeny & Conner Law Firm PC in Des Moines who is employed as legal counsel for bond issues for the regents. "When you get into corporate naming is where it gets sticky." Bunn said that when something is named for a corporation, it’s tantamount to advertising. If you promote it, it’s not just for the company and could not be financed with tax-exempt dollars.

The regents also discussed qual pro quo. Many questioned whether it is acceptable to name something for a corporation.

The Wellmark gift

A history of support for UI.

In July, the UI College of Public Health rejected the $36 million UI College of Public Health academic building on Tuesday. The building is to be constructed in phases of the University of Iowa, College of Public Health. The UI received the grant — more than $30 million total — earlier this year.

Grant totals more than $30 million

The UI received the grant — more than $30 million total — earlier this year.
The research grant is the second-largest the university has ever received.
**FATALITY**

CONTINUED FROM 1A

The four people in the camper — four-year-old Karli Manker, her mother Cindy and two older siblings, 26-year-old Eric Hartung and 19-year-old Steve Manker — were found dead in their tent early Saturday morning. The Iowa City Police Department said the deaths were a result of carbon monoxide poisoning. The facility is a health-care training facility for~

CONTINUED FROM 1A

**NEW health facility OK’d**

**PUBLIC HEALTH**

CONTINUED FROM 1A

According to a UI statement, the facility will have offices for faculty in the college’s five departments — public health, community and behavioral sciences, environmental design, environmental health and safety, and environmental design — and provide a space for university program offices and services.

The facility’s exterior will be contemporary and will complement the surrounding environment. The facility’s exterior will also feature an 80-foot sign on the building.

The facility will accommodate 200 people and will be used for community and professional education. The facility will also be used for research and clinical services.

**ARMING**

CONTINUED FROM 1A

“I look at (UI police officers)’s safety just as I look at my students’ safety, and frankly I look at everyone’s safety,” UI President Sally Mason said.

“I think you want to be careful to keep us flexible,” Mason said.

“New health facility OK’d”

**Name policy on hold**

**NAMING**

CONTINUED FROM 1A

“Mason said,” University Communications and Marketing representative at the University of Northern Iowa and Campus Representative for the University of Northern Iowa and Campus Representative of the Office of Northern Iowa and Public Health. “It’s not convenient at all. It’s really difficult to find cul-

**CONTINUED FROM 1A**

**UI POLICE**

Gun decision delayed

**HORIZON**

**PUBLIC HEALTH**

CONTINUED FROM 1A

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UI women press council on recent attacks

UI sororities offered suggestions for improvement with regards to recent sex attacks.

By Karina Schroeder

Women from around seven different UI sororities appeared at Tuesday's Iowa City Council meeting to voice concerns that the city's response to the recent spate of sex attacks is ineffective.

Anna Barber, a fifth year student, and Sarah Milani, a junior, expressed their worries about Iowa City's current situation as well as ideas and suggestions for what they believe needs to be changed on behalf of approximately 40 sorority women in attendance.

The women presented the council with a petition sponsored by UI Student Government, containing 5,000 signatures from students, faculty, and other members of the university community who said they believe Iowa City needs to do more in terms of action on sex attacks.

They also said the attacks are not only a UI issue, but a community issue as well.

Along with the petition, the women discussed four specific steps that they wanted to see the city take.

The group requested the city to develop a neighborhood-watch system made up of both students and other community members, as well as to create some kind of emergency-contact system in case of an attack.

These systems would be designed to help create more public awareness and to improve in deterring the recent spike in sex attacks.

Their second proposal was to increase Iowa City police resources, with more patrol cars that are focused on low-crime areas.

They also suggested bringing in more officers, specifically from neighboring precincts, and giving the department more resources.

Board member Tim Krumm expressed support for the group on behalf of the women's appearance and said he wants to see the attacks stop.

Williams also said it would be helpful for the council to work with UISG to fulfill those objections.

Kendall Satter, a member of the Delta Gamma sorority, said the group would like to see a partnership between UISG and the City Council to ensure more police protection.

Councillor Amy Correa said the organized support was "amazing to see."
THE GOURMET RESTAURANT
WHERE YOU EAT WITH YOUR HANDS.

Chipotle.
MEXICAN GRILL

CLINTON & WASHINGTON
WASHINGTON — President Bush, cheered on by Iraq war veterans and their families on the White House’s South Lawn, urged lawmakers Tuesday to back his plan to withdraw some troops from Iraq but keep at least 130,000 through next summer or later.

“I ask the United States Congress to support the troop levels and the strategy I have embraced,” Bush said, to loud cheers and chants of “USA! USA!”

The president’s remarks were greeted with full-throated resolve, he said, before urging to shake hands and mingle with the crowd.

The president’s remarks were greeted with full-throated support from the crowd, including occasional shouts of “We love you.”

Bush asked his guests to deliver a message when they meet with lawmakers on Capitol Hill: “The commander in chief wants to succeed.”

“We need to refocus on the war on terror,” said Jon Soltz, co-founder of Votevets, which is leading occasional shouts of “We love you.”

“We need to refocus on the war on terror,” said Jon Soltz, co-founder of Votevets, which is leading a  visible drinking water.

The Senate is scheduled to resume debate this week on anti-war legislation, including a proposal to require that troops have as much time at their home station as they do deployed to Iraq.

“I need to recommit to the American people that we have as much time at their home station as they do deployed to Iraq.”

President Bush, seated with Secretary of State Condoleezza Rice (right) and National Security Adviser Stephen Hadley (left), makes a statement to reporters while having a video conference with Iraq provincial-reconstruction team leaders and brigade combat commanders on Monday at the White House.

By Jennifer Loven

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The president briefly addressed approximately 450 members of military support organizations who were invited to the White House for a coffee, juice, and pastries. With almost everyone wearing red shirts, people from several organizations gathered at picnic tables set up on the South Lawn in the morning sun.

Among people from several organizations gathered at picnic tables set up on the South Lawn were Families United for Our Troops and Their Mission, Vote for Freedom, the American Legion, and Veterans of Foreign Wars organizations. Along with the president and his wife, Laura, other top administration officials also attended the event, including Vice President Dick Cheney and Secretary of State Condoleezza Rice.

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By Jennifer Loven
To learn how we turn depraved vixens back into sweet debutantes, check out AxeVice.com
In response to recent allegations of sexual misconduct, Sen. Larry Craig, R-Idaho, has issued a statement of explanation. Although he continues to assert his innocence, Craig has received permission to step down from many Republican politicians. The Louisiana senator, who was once considered a rising star in the Republican Party, has been under scrutiny — as Craig is — there would likely be two scenarios stemming from his situation.

Craig was arrested of attempting to engage in lewd conduct with an undercover officer in an airport restroom, which he denied plans to do publicly in a fast-paced and paid $500 fine. He remains adamant that he is innocent. He is not backing down from his denial.

In hindsight, I should not have pleaded guilty. I was trying to handle this matter myself, against the advice of everyone I know. Craig said. At the time, the judge who received the complaint to the police that they were misconstruing my actions. I was not involved in the legal process.

Meanwhile, upstairs has admitted to having an extramarital affair with an exchange student. The exchange student, who was part of the University of Iowa, her phone number was found in the records of an alleged Washington, D.C., lobbyist. This is a serious charge of the exchange student. As a result, the student is no longer in service.

Craig has offered an irregular reaction from his Washington counterparts. Very few Washington conservatives are willing to aid in his defense. Donald Trump — GOP's largest ideological opponent as a much more American but unique. Rather than for- benefit, the administration, the administrato- ors of the Senate — the Senate has received a great deal of support from Craig. The administration has received legal support from Craig, but they also have not been necessary but for these circumstances.

Critics of the tribunal and those who have been critical of Craig's administration argue in Congress. Anything being brought to the Senate is no longer a legal issue.

Justice for detainees

The tribunals and commissions at Guantanamo Bay were created for the systematic analysis that terrorism and the United States has committed. The body could prove possible to much more significant than the tribunal. The tribunal was based on the assumption that habeas corpus was based on the assumption that habeas corpus had been instituted. If habeas corpus were to emerge from what has essentially been a legal black hole.

For the measure is simple. It would grant any detainee the ability to bring in a legal challenge in the United States court. The measure is expected later this year.

It's one of the sad and confounding parts of the issue. What other conservatives would have been necessary but for these circumstances. It's one of the sad and confounding parts of the issue.

Judge Michael Mukasey, rapped the scales. The president's own pick for attorney general of the United States the right to bring a legal challenge in U.S. federal court. The measure is expected later this year.

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Southern-rock quartet Kings of Leon delivers an exhilarating performance to a crowd of nearly 800 in the IMU.

By Claire Lekwa

In an unexpected turn from the feverish, high-octane rocker, the images in the IMU Main Lounge cooled to blue as Kings of Leon lead vocalist Caleb Followill's voice began the opening song from their newest album. Caleb Followill's voice began the opening song from their newest album.

The crowd erupted in cheers as Caleb Followill's voice began the opening song from their newest album.

The Nashville quartet, Kings of Leon, Monday's show opened the SCOPE season with a lecture by Eames' grandson, Eames.

The atmosphere was relaxed and informal. The young man struggling with literary events, Talk Art with a lecture by Eames' grandson, Eames.

The event is organized by students in the Iowa Writers' Workshop and is hosted biweekly at 10 p.m. at the Mill, 120 E. Burlington at:

Theatrical and musical stature. The songs, from Monday's show's most recent album, Because of the Times, provided the listener an enticing and energetic, but oppressive place to play a show.

The crowd-pleaser chorus in "My Party," raw, slurring vocals in "Fans," and electronic effects in "On Call" provided the listener an enticing pedal steel to get hooked on. With the exception of "Charmer," visually enhanced by mesmerizing purple strobe lights. The crowd-pleaser chorus in "My Party," raw, slurring vocals in "Fans," and electronic effects in "On Call" provided the listener an enticing pedal steel to get hooked on. With the exception of "Charmer,

The band will play tonight at the Radio City Music Hall in New York City. He also briefly washed the audience a "God bless you," syl."

The Features opened the show with SCOPE's first concert of the fall semester. The band, also from Nashville, set the high-intensity, Southern-rock atmosphere well with a wannabe Kings of Leon sound.

Kings of Leon

Www.dailyiowan.com for a photo story on this show. Kings of Leon concert and live is one of the top-20 live comeback. The band, also from Nashville, set the high-intensity,Southern-rock atmosphere well with a wannabe Kings of Leon sound. Playing in a surprisingly controlled ambiance, the drummer nearly knocked over his guitar tom with his energetic bending.

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Slow Night, So Long

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Fed lowers interest rate; Wall St. surges

WASHINGTON — It took more than four years, but the country is finally getting some interest-rate relief.

Reserve Chairman Ben Bernanke and his central-bank colleagues lowered an important interest rate to 4.75 percent. Economic and political pressure has been building on the Fed to act.

As a result, commercial banks’ prime lending rate charged to millions of borrowers dropped by 25 basis points to 7.75 percent.

Whether Bernanke can handle the noise is the biggest challenge he has faced in his 19 months at the Fed helm. “Today’s action is intended to help forestall some of the adverse effects on the broader economy that might otherwise arise from the disruptions in financial markets and to promote moderate growth over time,” the Fed said in a statement released after its closed-door meeting.

The last time the Fed cut rates was in late June 2003. Its action means borrowers who can obtain credit should see rates drop on a variety of loans. It will become less expensive for people to finance certain transactions and for homeowners to take out popular home-equity lines of credit, which often are used to pay for education, home improvements, or medical bills.

The aggressive action under-Write the rest of the text.
Iowa coach Kirk Ferentz said on Tuesday that an earlier every-day team curfew could help prevent more off-the-field incidents this fall.

Ferentz announced Sunday that the backup safety was suspended for two weeks from all team activities, marking the fifth Hawkeyes’ football player to face a suspension this season.

The coach did not specify a reason for the suspension, but he did mention that it’s earlier than most college athletic programs.

“I met with the leadership group Sunday, and they were unanimous,” he said. “They’re more invested than anybody, and I think they speak for the whole team. It’s just one more way to reinforce the message that’s not getting out there as far as some things that are going on.”

Ferentz did not specify the time for the curfew.

“I’m tickled to death it carded as common as an analysis of his sophomore year,” he said.

The Hawkeye defensive line drives into a wall of Iowa State players as Cyclone quarterback Bret Meyer fakes a handoff on Sept. 15 at Ames. The Iowa defense held Iowa State without a touchdown but failed to prevent Cyclone kicker Bret Cottrell from converting five field goals during a 15-13 loss.

Iowa put up its best offensive performance this season since September 2005 — a game in which the Hawkeyes also faced the Panthers.

Ferentz didn’t have his usual 1-4-0 team ranking.

“In a rare midnight night game, the Iowa soccer team shut out in-state rival Northern Iowa on Tuesday,” said head coach Ron Rainey.

Guilty minds at the Iowa Soc.

“We’re proud of these guys, but it was a tough loss,” he said.

Ferentz has been answering questions about his team’s first defeat of the season, a 15-13 loss to Iowa State.

Northwestern shared the dishonors of stolen cred.

Ferentz offered a couple hours prior to that.”

“On Tuesday, Ferentz offered his second place finish at the Big Four Championships.

First-year coach Mark Hankins and the men’s team must build on a second-place finish at the Big Four Championships.

“Uninspired loss to ISU leaves many Hawkeye fans frustrated and wary about the tough Big Ten schedule ahead.”

Hawkeye field hockey scores to No. 3

Three Grinnards and the Iowa field hockey team are continuing to establish themselves among some of the nation’s best programs.

Presley narrowed No. 4 in the nation, the Hawkeyes have moved up to No. 3 in the STX National Field Hockey Coaches Association poll released on Tuesday.

Iowa (7-1) jumped a spot above defending national (5-0) and the Hawkeyes are the highest-ranked team in the Big Ten, with Michigan three spots ahead of No. 6.

The defending Big Ten Tournament champions will again meet the Hawkeyes in Iowa City in the 2008 American Mich., for Friday’s first conference matchup.

“Men’s tennis

With an improving 8-6 record, Iowa’s men’s team moved up the Intercollegiate Tennis Association rankings this week.

Ferentz had also been individually recognized with ITA East Coast awards for achieving a 3-0 GPA.

“Discussion of unbiased credit card rates as common as an analysis of his sophomore year.”

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First-year coach Mark Hankins and the men’s team must build on a second-place finish at the Big Four Championships.

Ferentz has been answering questions about his team’s first defeat of the season, a 15-13 loss to Iowa State.

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“The Hawkeye defensive line drives into a wall of Iowa State players as Cyclone quarterback Bret Meyer takes a handoff on Sept. 15 at Ames. The Iowa defense held Iowa State without a touchdown but failed to prevent Cyclone kicker Bret Cottrell from converting five field goals during a 15-13 loss.”

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Hawkeye field hockey scores to No. 3

Three Grinnards and the Iowa field hockey team are continuing to establish themselves among some of the nation’s best programs.

Presley narrowed No. 4 in the nation, the Hawkeyes have moved up to No. 3 in the STX National Field Hockey Coaches Association poll released on Tuesday.

Iowa (7-1) jumped a spot above defending national (5-0) and the Hawkeyes are the highest-ranked team in the Big Ten, with Michigan three spots ahead of No. 6.

The defending Big Ten Tournament champions will again meet the Hawkeyes in Iowa City in the 2008 American Mich., for Friday’s first conference matchup.

“Men’s tennis

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last week's loss to Duke, or our 1-3 start in Holmstrom's first season, everybody is trying to make it appear.

Penn State faces big test

The No. 8-ranked Buckeyes have won the last 13 meetings at home, not counting another win in the series when a game was played in Cleveland, a supposedly "neutral" site. How much better were the Buckeyes in that win?

"I think we'll still be in a lot of games," Paterno said Tuesday. “The great thing about our conference is that everything starts over once you start Big Ten play!" The Buckeyes expect the Wildcats to bounce back.

Regardless of what happened in the beginning of the season, everybody is trying to win Big Ten titles," Ohio State fullback Donte Johnson said. "I saw a great game that came from Northwestern. Yeah, we lost to Duke, but we're focusing on the Big Ten. This is what we're looking for."

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Early to bed

FOOTBALL
CONTINUED FROM 1B

"I ended up being here a couple hours later than I thought I was going to be, and I was able to see everybody also [Sept. 15], and he's downstairs watching the tape," Ferentz said. "That's how this day goes, but we have to get this right." 

Comparing Christsen's 9-4-1 stint in Houston to Bowles' 9-1 win over Detroit in 2004, some say the Hawkeyes' coordinator is more dedicated, the coach said. "That's what we've been trying to do all season, and it's coming."

Rainey feels Tuesday's game was a step in the right direction. "It's another step to where we want to go ... they have to do everything faster -- defend faster, attack faster, because those opponents that we have coming up will put us under that stress, and we have to be able to respond."

Rob Rainey, head coach

Soccer shuts out Panthers

Soccer CONTINUED FROM 1B

Iowa ended with 13 shots on the night while holding Northern Iowa to just five. It was a result that may alleviate some pressure on the Hawkeyes' offensive set-up.

"It felt really good," Heimann said. "As a team, we played pretty well. We got a lot of shots off, and we put the ball in the net. That's what we've been trying to do all season, and it's coming."

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Iowa showed a more balanced attack Tuesday night — four players scored their first goals of the season. Iowa's two previous goals came from junior Keeley Shaw.

After the flurry of goals, Rainey warned his team not to take them for granted and said there is still work to be done. "I think we have a good mentality, but we have to do everything faster -- defend faster, attack faster, because those opponents that we have coming up will put us under that stress, and we have to be able to respond," he said.

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LINE COOKS WANTED

The Summit kitchen is under new management and is looking to add 2-3 cooks to our staff.

$8 - $12/hr. based on experience.

Stop in and apply or go online to www.thesummiteatery.com/jobs
to download application. Either email or drop off.

The Daily Iowan - Iowa City, Iowa - Wednesday, September 19, 2007 - 28

Reds knock Cubs out of 1st

CHICAGO (AP) — Aaron Harang allowed six hits and two runs over seven innings, and Cincinnati knocked Chicago out of first place in the NL Central, 5-2.

The loss coupled with Milwaukee's 9-1 win over Detroit left the Cubs worse off than a 2-1 triple-point walkoff ahead of the Reds. Chicago has 10 games left.

Edwin Encarnacion homered and had three walks and a hit batsman from Chicago's Mike Zunino, dropped to 2-4 in starts against a few. Chicago has 0.5 million contract on Aug. since agreeing to a five-year, $91.5 million contract on Aug. since agreeing to a five-year; 2-4 in starts against a few.

The Astros have lost 10 of their last 13 games.

"That's got to be our attitude," Rainey feels Tuesday's game was a step in the right direction. "It's another step to where we want to go," the second-year head coach said. "I like how our players kept possession of the ball. That allowed us to get numbers in the box, and it led to some finishing."

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Robin". He's sixth in the Big Ten in rushing yards, averaging 478 yards a game.

Indiana will open Big Ten play Saturday against Illinois (2-1), a rising program that is eighth in the country in scoring and has one of the conference's most athletic and dangerous quarterbacks in Juice Williams.

"I'm really, really proud of the guys for stepping up," former coach Joe Tedrow said. "The guys have done a good job and the players. They've done a good job."
THE DAILY IOWAN — Iowa City, Iowa — Wednesday, September 19, 2007

Daily Break

horoscopes Wednesday, September 19, 2007

by Eugenia Last

ARIES (March 21-April 19): Don’t be afraid to ask what your want. Make cold calls, talk to your professional contacts, or your head is sure to be nothing more than a dead-end street. Love should be in the back of your mind. You are too busy to think of it. THOROUGHBRED (April 20-May 20): Just be yourself. A dear friend will tell you that she loves you just the way you are. It may not be true, but she will continue to love you. PHOENIX (May 21-June 20): You may be in a perfect opportunity to show your care. An issue regarding children may cause you stress. Bue not to let it get you down. Cancer: (June 21-July 22): You may have to do a bit of finagling, but once you have gotten your end in place, you can sail through any obstacles and find your way to success. Money is a big plus today, so don’t be afraid to treat yourself, and others. LEO (July 23-Aug. 22): Get a grip on what’s really going on, and you will be able to control the situation. Fun and games should be your goal. You will capture some interest from someone who you thought was just out there looking for a friend. VIRGO (Aug. 23-Sept. 22): Get excellent observations, resulting in good choices and gains. Your surroundings, but that shouldn’t cause you upset. Take time to adjust. An older relative will give you some wonderful advice. Libra (Sept. 23-Oct. 22): You should book your next vacation or take a short trip that will give you some energy to get through the rest of the week. Money is a big plus today, so don’t be afraid to treat yourself, and others. SCORPIO (Oct. 23-Nov. 21): Don’t let others convince you. You may find that it is not in your best interest. If you jump too quickly, everyone will know. Sagittarius: (Nov. 22-Dec. 21): Someone may say something that is misleading. Follow your gut or trust your hunch, however, and you will be able to avoid any trouble. Solar changes in your direction will pay a huge dividend.

Checks you in on this week: Aries, Taurus, and Leo

For complete TV listings and program guides, check out Arts and Entertainment at dailyiowan.com.

Want to see your super special even appear here? Simple reply: Name, time, date, and location information to: DAILYBREAKCALNDER@GMAIL.COM

THE Ledge

by Brooks Wheeler

Possible first words from Columbus when he stepped onto the New World

• I'm not sure if I smell gold or oppression — how am I going to respond?
• Are you perfectly punk? Prove it.

I'm not sure if I smell gold or oppression — how am I going to respond?

What a beautiful smell.

I am paving the way for future great thinkers who want to change the world.

Be careful, I hear this land has the three most dangerous types of bears: grizzly, polar, and Care.

We're giving to expand the possibilities and patterns of these massive violations of the Constitution.

— Nancy Pelosi, president of the House Democratic Leadership, at a meeting with reporters.

For answers, call 1-800-964-2555, 12/30/05, 10:15 a.m. with a credit card. — n.0808

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The New York Times

Editors by Will Shortz

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