Chinese health method a hit with some

By PATRICK DAVIS

The reason is not to do just to do it. It's to increase bone density and to activate your qi.

— Teresa Freese

Robert Elliot's injuries:
- Facial skin damage — two bruises with short-term memory and finding words.
- Nose flattened from hit left eye (causing a temporary change)
- Chins chaffed, scratched/ripped lungs
- Knee some ligaments ripped with cartilage
- Shoulder clipping from left eye (causing a permanent change)
- Lacerated hand
- Hammered calf and bruises
- Bone graft from his hip to replace bone in the spine
- Nose was taken right from his right eye
- Irritated inner spine
- The rough 10 years, ranging from 1 to 2 to 3 bone injuries

Edith Elizbeth Munir engages in "brushing" — in which she repeatedly rubs her face with a brush to awaken her energy while Joseph Johnson (rear) meditates with his head in the stomach and a brick in his hands.

Robert Gillis (rear) talks with a girl at the festival on Saturday.

Last Lance Dance

For the first time, Lance Armstrong gives up the Champy-Osprey dressed in yellow.

INDEX

A 5
B 7
C 5
D 3
E 4
F 6
G 2
H 2
I 4
J 6
K 3
L 4
M 2
N 4
O 5
P 5
Q 4
R 7
S 5
T 5
U 5
V 4
W 5
X 3
Y 3
Z 6

{


We scream, the Iowa Daily.

**Dog days hit travel agency**

BY AMANDA MASKER

Aloha! We're sizzling in Iowa City as temperatures soar.

**Glenn and Susan**

Glenn and Susan are having a good time with their friend Linda Turner in Hawaii. They're enjoying the beautiful beaches and amazing food.

**Alcohol under the thumb**

An estimated 35% of adults in the United States report drinking alcoholic beverages daily.

**Meridia**

Meridia, a weight loss medication, is FDA approved for use in people 18 years of age or older who have not responded to diet and exercise.

**Increased heart rate**

An increased heart rate can be a sign of stress or physical activity, such as running or exercising.

**Weight loss**

Weight loss can be achieved through a combination of diet, exercise, and behavior modification.

**Weight loss center**

A weight loss center typically offers a variety of services, including consultation, education, and meal planning.

**Ice Cream employees**

Ice Cream employees Kelsey Albair and David John Frain, address 1001 S. Capitol St., 600 S. Capitol St., were charged on July 23 with possession of a controlled substance.

**Man charged with burglary**

The man charged with burglary is described as a white male, 25 years old, 5'10" tall, and weighing 190 pounds.

**Wanted poster**

A wanted poster for the man charged with burglary is attached to the building. The poster includes a photo and description of the suspect.

**PROCESSIONAL**

The procession is set to begin at 2:00 PM on July 22 with drumming and singing.

**DO YOU HAVE SPRINGTIME ALLERGIES TO TREE POLLEN?**

Volunteers ages 12 and older are invited to participate in an ASTHMA RESEARCH STUDY. Participants will be compensated for their time and all related procedures and medications will be covered.

**IOWA T-SHIRTS GET 1 FREE!**

Shirts, hoodies, and ladies' tops are on sale for $50 off.

**SWAITSHIRTS & SWAINTHINGS LONGSLEEVES**

IOWA COLLECTIBLES GLASSWARE, FLAGS, MUGS, HATS

**SUBSCRIPTIONS**

To subscribe, call 319-335-6063. For more information, please call 338-5522 (local) or 338-5522 (toll free).

---

**MECROPOLIS**

Guinness hits Holiday Inn

The Guinness Holiday Inn was held up by an armed gunman at approximately 11:30 PM on July 21.

**Metro**

A press release issued by the Council Bluffs police stated that the suspect was a male with a beard and wearing a black shirt.

**Woman charged with assault on officer**

The suspect was described as a white male, 21 years old, 5'10" tall, and weighing 200 pounds.

**Police blotter**

Zachary Adam, 19, was charged Sunday with public intoxication.

**Jordin Riedeberg**

Jordin Riedeberg, 20, was charged Tuesday with passing a bad check.

**Tracy.'' Reynolds**

Tracy Reynolds, 20, was charged Tuesday with public intoxication.

---

**DO YOU HAVE ASTHMA?**

Volunteers ages 12 and older are invited to participate in an ASTHMA RESEARCH STUDY. Participants will be compensated for their time and all related procedures and medications will be covered.

**Iowa Hospital**

The Iowa Hospital is located at 123 E. Washington St., 600 S. Capitol St., in Iowa City.

---

**Claremore's**

Claremore's is a popular restaurant in Iowa City, offering a variety of dishes and a relaxing atmosphere.

---

**Clouds**

Clouds is a casual dining restaurant in Iowa City, featuring a diverse menu and a laid-back vibe.

---

**Iowa City**

Iowa City is a vibrant city located in the heart of the Midwest, known for its rich cultural heritage and a thriving arts scene.

---

**The Daily Iowan**

The Daily Iowan is a student-run newspaper at the University of Iowa, dedicated to providing accurate and fair coverage of news.

---

**Advertising**

For more information, please call 338-5522 (local) or 338-5522 (toll free).
Bomber kills 22 in Baghdad

BY SAMER N. YACOUB

BAGHDAD — A suicide bomber drove a truck packed with explosives outside the Baghdad police station on Sunday, killing at least 22 people, police said.

Police Commissioner Imer Farhat said he had received a tip that a man had parked a truck near the police station and had left his keys in the ignition. When police officers went to investigate, the man detonated the explosives, killing at least 22 people, police said.

Blows were killed in the blast, and of those killed, 18 were police officers, Farhat said. Another 35 people were wounded in the blast.

Farhat said that the bomber was last seen entering the police station in a van, and police officers had been questioned by the bomber inside the police station before the explosion.

In addition to the police officers, the bomber also killed eight bystanders and eight police officers who were outside the police station.

Farhat said that the investigation is ongoing, and police are still trying to determine the identity of the bomber.

Farhat said that the attack is just one of many that have occurred in Baghdad in recent months.

In another attack in Baghdad on Sunday, a suicide bomber killed at least 10 people and wounded 35 others.

The attacks come as the United States is planning to withdraw its troops from Iraq by the end of the year.

Meanwhile, in Kirkuk, four people were killed and 18 wounded in a suicide bombing at a police station.

The attacks are just two of many that have occurred in recent months, and they are likely to continue as the United States begins to pull its troops out of Iraq.
Let's talk about the bar.
More than a mere clone

**FILM REVIEW**

**by Will Scheibel**

Michael Bay's "The Island," a science-fiction thriller about a future world where some thought-provoking philosophy, though, you best mock chewdown. There are those when The Island is just as big as just as big, and just as dumb as Bay's previous outings ("The Rock" and "Armageddon"). Without succumbing to the high-camp of Independence Day (1996) or the pretentious head games of The Matrix (1999), there is a certain pop-y tack that provides something it somewhat — and it's surprisingly good for what it is — even if that is a little bit too

It's the bottom of the seventh month, and in come Billy Bob Thornton's "Bad News Bears" (2005), the baseball underdog classic. China's经济 crisis has derailed the film's financial fortunes, but in the face of this setback, "Bad News Bears" (2005) delivers in all of its freshness, vitality and charm. It's a movie that, while not as well-made as its predecessors, still manages to offer some bad nectar. Thornton stars as the unrepentant coach of a little league team who, despite facing numerous obstacles and setbacks, refuses to give up on his team. The story is a positive one, with themes of never giving up and fighting against the odds. Though the film is not without its flaws, overall the acting and direction are strong. The chemistry between the characters is excellent, and the storyline is compelling and well-paced. In short, "Bad News Bears" (2005) is a heartwarming tale of perseverance and determination that should not be missed.

**FILM REVIEW**

by David Frank

"Bad News Bears" (2005)

Michael Bay's "The Island," a science-fiction thriller about a future world where some thought-provoking philosophy, though, you best mock chewdown. There are those when The Island is just as big as just as big, and just as dumb as Bay's previous outings ("The Rock" and "Armageddon"). Without succumbing to the high-camp of Independence Day (1996) or the pretentious head games of The Matrix (1999), there is a certain pop-y tack that provides something it somewhat — and it's surprisingly good for what it is — even if that is a little bit too

It's the bottom of the seventh month, and in come Billy Bob Thornton's "Bad News Bears" (2005), the baseball underdog classic. China's经济 crisis has derailed the film's financial fortunes, but in the face of this setback, "Bad News Bears" (2005) delivers in all of its freshness, vitality and charm. It's a movie that, while not as well-made as its predecessors, still manages to offer some bad nectar. Thornton stars as the unrepentant coach of a little league team who, despite facing numerous obstacles and setbacks, refuses to give up on his team. The story is a positive one, with themes of never giving up and fighting against the odds. Though the film is not without its flaws, overall the acting and direction are strong. The chemistry between the characters is excellent, and the storyline is compelling and well-paced. In short, "Bad News Bears" (2005) is a heartwarming tale of perseverance and determination that should not be missed.

**MORE THAN A MERE CLONE**

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.

STILL AT THE TOP IN IOWA...

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.

STILL AT THE TOP IN IOWA...

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.

STILL AT THE TOP IN IOWA...

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.

STILL AT THE TOP IN IOWA...

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.

STILL AT THE TOP IN IOWA...

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.

STILL AT THE TOP IN IOWA...

Once again, UI Hospitals and Clinics is named one of America's top hospitals, for the past 16 years, University of Iowa Hospitals and Clinics has been recognized as one of the nation's leading cancer hospitals by US News & World Report. While we continue to be honored by this title, we are acutely aware that excellence in patient care is a continuous journey. As such, we strive to improve and expand our services to meet the needs of our community. We appreciate the support of our patients, their families, and the community in making this possible. As always, we are committed to providing the highest quality care and customer service possible. Thank you for choosing UI Hospitals and Clinics.
**The purpose of terrorism is they think we will run, [but] the answer is no. I don't like to dance to the music of terrorism.**

— From Woschitz, a doctor from Frankfurt who was one of the terrorists who did not leave South Ossetia, Egypt, after the terrorist attacks on July 20 that killed at least 60 people. Some 8,000 tourists did flee the resort in the day after the attack.

---

**DISSERT**

**NEWS YOU NEED TO KNOW**

---

---

**DISSERT**

**NEWS YOU NEED TO KNOW**
Walking the walk

He is just amazing - what he has been through, how far he has come, Judith Elliot.

The sentiment turned to a"good day" with the Elliot family, friends, Rich, Bob Elliot and Judith Elliot last week at the University of Nebraska Medical Center in Omaha.

After falling sick on the ski slope, the next thing the psychology major remembers was being put on ice and confined to bed. He was in the recovery room, he said, at the University of Nebraska Medical Center.

It was a rude awakening, the 20-year-old said. He had no idea what would happen to him. He might not move his legs, he said, or he might be able to walk again. But where he was treated for numerous injuries, a doctor informed him it was unlikely that he would ever walk again.

Before the attack, the military had worked on finding out who was behind the drive-by shootings that killed and killed at least seven people, some of whom were under 16. The investigation led to a major Audrey's/Auburn Hills, Mich., and killed six people, including a woman and a 14-year-old girl.

Before the attack, the military had worked on finding out who was behind the drive-by shootings that killed and killed at least seven people, some of whom were under 16. The investigation led to a major Audrey's/Auburn Hills, Mich., and killed six people, including a woman and a 14-year-old girl.

Before the attack, the military had worked on finding out who was behind the drive-by shootings that killed and killed at least seven people, some of whom were under 16. The investigation led to a major Audrey's/Auburn Hills, Mich., and killed six people, including a woman and a 14-year-old girl.

Before the attack, the military had worked on finding out who was behind the drive-by shootings that killed and killed at least seven people, some of whom were under 16. The investigation led to a major Audrey's/Auburn Hills, Mich., and killed six people, including a woman and a 14-year-old girl.

Before the attack, the military had worked on finding out who was behind the drive-by shootings that killed and killed at least seven people, some of whom were under 16. The investigation led to a major Audrey's/Auburn Hills, Mich., and killed six people, including a woman and a 14-year-old girl.

Before the attack, the military had worked on finding out who was behind the drive-by shootings that killed and killed at least seven people, some of whom were under 16. The investigation led to a major Audrey's/Auburn Hills, Mich., and killed six people, including a woman and a 14-year-old girl.
**SPONSORS N STUFF**

**DECISION MAKERS**

In a week, you won't be able to make your own decision, but the news will be on the ground. After all, the future is blank, and the news will be on the ground.

The new owner, David Lerner, is in town to talk about the future of the team. Lerner is the new owner of the New York Yankees, replacing George Steinbrenner. Lerner is expected to bring a new level of professionalism and stability to the team, after a tumultuous ownership period under Steinbrenner.

Lerner's approach to baseball operations will focus on building a strong farm system and developing young talent over the long term. He plans to prioritize player development and analytics, while also investing in the team's infrastructure, including facilities and technology.

Lerner's appointment comes during a crucial time for the Yankees, who are facing the end of the current regime of CEO Brian Cashman. Under Cashman's leadership, the Yankees have had a mixed record, with some successful seasons mixed in with several disappointing ones.

Lerner will face the challenge of replacing Cashman's full-time role, which he is expected to do immediately. He will also oversee the ongoing quest for a new stadium, which has been a priority for the team for years.

Lerner has a strong background in the sports industry, having served as the chairman of the board of the NHL's New York Rangers. He is also a partner in the New York Islanders of the NHL and the New York Liberty of the WNBA.

Lerner's appointment is widely seen as a positive move for the Yankees, as he brings a fresh perspective and a new vision for the team's future. It remains to be seen how successful he will be in leading the franchise to success, but his track record in the sports industry gives hope that he will make a positive impact.

**SCHEDULE**

- **April 1**: The New York Yankees host the Boston Red Sox in the season opener. The game is expected to draw a large television audience.
- **April 2**: The Yankees travel to Toronto to play the Blue Jays.
- **April 3**: A home game against the Baltimore Orioles.
- **April 4**: A home game against the Philadelphia Phillies.

Lerner's first season as owner will be filled with high expectations, as the Yankees are one of the most storied franchises in baseball. He will need to navigate the challenges of running a large organization, while also focusing on the team's performance on the field.

The Yankees are expected to be a strong contender for the American League East title, with a lineup that includes many talented players, such as Aaron Judge, Giancarlo Stanton, and Todd Frazier.

Lerner's appointment is a significant event for baseball fans, as it marks the end of an era and the beginning of a new chapter for the Yankees. It remains to be seen how successful he will be in leading the team to success, but his track record in the sports industry gives hope that he will make a positive impact.
Looking forward to a Tour without Armstrong, said his agent Burnett, "It's up to you now.

One hand on his handlebars, the silver holding a flash of carriage, Armstrong tucked his image into the pocket of his spandex, a few different points, but he looked seven figures - once each side and a piece of paper with the number 7 written on it.

Looking great, his cheeks bloated after riding 2,232.7 miles across France and its mountainous three weeks, Armstrong could walk on the ceiling.

President Bush called to say that Armstrong was "great, looking forward to the Tour."

Vandervelde, who has a "Greatest Teacher" trophy for a smile, a chuckle, a computerized, noightingal, and defensive services, is set on saving kids. He said.

"There are some guys who are doing a good job on the Anthill, and some others who are doing a terrible job."

Milwaukee turned each year, with its six-weeks - two taken from President Madison, a few trips to the Madison State Capitol, the University of Wisconsin, the Wisconsin Humane Society, the Wisconsin Wildlife Federation, the Wisconsin Electric Power Company, and the Wisconsin Department of Natural Resources.

This is the way we want to finish our season, it's very emotional, said Armstrong.

Armstrong's departure begins a new era for the 33-year-old Tour, with a clear mission. Armstrong's riding and his inspiring message

Looking for a Tour without Armstrong, said his agent Burnett. "It's up to you now."

Three of his teammates "dropped" and ended the race, Armstrong said. "It's the wrong thing to do, but I'm happy it happened."

Vandervelde, who has a "Greatest Teacher" trophy for a smile, a chuckle, a computerized, noightingal, and defensive services, is set on saving kids. He said.

"There are some guys who are doing a good job on the Anthill, and some others who are doing a terrible job."

Milwaukee turned each year, with its six-weeks - two taken from President Madison, a few trips to the Madison State Capitol, the University of Wisconsin, the Wisconsin Humane Society, the Wisconsin Wildlife Federation, the Wisconsin Electric Power Company, and the Wisconsin Department of Natural Resources.

This is the way we want to finish our season, it's very emotional, said Armstrong.  

Armstrong's departure begins a new era for the 33-year-old Tour, with a clear mission. Armstrong's riding and his inspiring message

Looking for a Tour without Armstrong, said his agent Burnett. "It's up to you now."

Three of his teammates "dropped" and ended the race, Armstrong said. "It's the wrong thing to do, but I'm happy it happened."

Vandervelde, who has a "Greatest Teacher" trophy for a smile, a chuckle, a computerized, noightingal, and defensive services, is set on saving kids. He said.

"There are some guys who are doing a good job on the Anthill, and some others who are doing a terrible job."

Milwaukee turned each year, with its six-weeks - two taken from President Madison, a few trips to the Madison State Capitol, the University of Wisconsin, the Wisconsin Humane Society, the Wisconsin Wildlife Federation, the Wisconsin Electric Power Company, and the Wisconsin Department of Natural Resources.

This is the way we want to finish our season, it's very emotional, said Armstrong.  

Armstrong's departure begins a new era for the 33-year-old Tour, with a clear mission. Armstrong's riding and his inspiring message

Looking for a Tour without Armstrong, said his agent Burnett. "It's up to you now."

Three of his teammates "dropped" and ended the race, Armstrong said. "It's the wrong thing to do, but I'm happy it happened."

Vandervelde, who has a "Greatest Teacher" trophy for a smile, a chuckle, a computerized, noightingal, and defensive services, is set on saving kids. He said.

"There are some guys who are doing a good job on the Anthill, and some others who are doing a terrible job."

Milwaukee turned each year, with its six-weeks - two taken from President Madison, a few trips to the Madison State Capitol, the University of Wisconsin, the Wisconsin Humane Society, the Wisconsin Wildlife Federation, the Wisconsin Electric Power Company, and the Wisconsin Department of Natural Resources.

This is the way we want to finish our season, it's very emotional, said Armstrong.
HELP WANTED

FOR SALE

Iowa City, Iowa

April 99,

Available August

Stalls available

WANTED! Used of wrecked

Schnuer

Box 3168

Office Assistant

FOR SALE: CASH <

Computer entry

Secretary.

Responsibilities:

Resume

10-

----------

Servers ·

Coob

PROVIDERs :

Deadline for submitting

Dl CALENDAR

Unlv.rslly Athletic Club

HIRING

f0<

1 360 Melrose

for

person between 2 -4pm .

NOW

$7/hour .

Bltrtenclers

NOW

greeting clients ;

be

in person.

flexible

days

to start .

Items

may

In a lock

low

rat a ;

nowt

in any

Negagoe . 8/t/05. $535 .

FEMALE

Vehicles, lots

In any

In any

Homes,

汜aus

to the calendar

at

DAILY Iowan, Adler

Items

In

In

In

items.

In

物品

In

DAILY Iowan, Adler

Unavailable

on

DAILY Iowan, Adler

Items

In

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.

In

Items

In

In

items.
Lance Armstrong withdraws from the Champ-Eyes race on his way to winning an unprecedented seventh-straight Tour de France on Sunday. After the race, Armstrong declared that he will retire.

BY JOHN LEICESTER

PARIS — One last time, "The Bull-Splashed" running out over the Champ-Eyes is honor of Lance Armstrong.

One last time, on the pedals against the backdrop of the Arc de Triomphe, the man survivor who became the greatest cyclist in Tour de France history slugged into the leader's coveted jersey Tuesday. This time, it was the winner's jersey, for an unprecedented seventh-consecutive year, for the world's most grueling race.

He held his poker-ace heart as the American author planted, and his twin 3-year-old daughters, Grace and Isabella, were mimicking yellow jerseys.

"You're in Tour Power!" Armstrong said.

"You're in Tour Power!"

Lance Armstrong upset the Champ-Eyes upset on his way to winning an unprecedented seventh-straight Tour de France on Sunday. After the race, Armstrong declared that he will retire.

Winning the record ride
Lance Armstrong rode into history Sunday by winning his Tour de France for a seventh time.

Record winning astonishment

<table>
<thead>
<tr>
<th>Year</th>
<th>Rider</th>
<th>Time (h:mm:ss)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
<td>Armstrong</td>
<td>89:11:52</td>
</tr>
<tr>
<td>2002</td>
<td>Armstrong</td>
<td>89:51:39</td>
</tr>
<tr>
<td>2003</td>
<td>Armstrong</td>
<td>87:35:58</td>
</tr>
<tr>
<td>2004</td>
<td>Armstrong</td>
<td>89:11:52</td>
</tr>
<tr>
<td>2005</td>
<td>Armstrong</td>
<td>89:51:39</td>
</tr>
<tr>
<td>2006</td>
<td>Armstrong</td>
<td>87:35:58</td>
</tr>
</tbody>
</table>

The Champ-Eyes is honor of Lance Armstrong.

One last time, on the pedals against the backdrop of the Arc de Triomphe, the man survivor who became the greatest cyclist in Tour de France history slugged into the leader's coveted jersey Tuesday. This time, it was the winner's jersey, for an unprecedented seventh-consecutive year, for the world's most grueling race.

He held his poker-ace heart as the American author planted, and his twin 3-year-old daughters, Grace and Isabella, were mimicking yellow jerseys.

"You're in Tour Power!" Armstrong said.

"You're in Tour Power!"

Lance Armstrong upset the Champ-Eyes upset on his way to winning an unprecedented seventh-straight Tour de France on Sunday. After the race, Armstrong declared that he will retire.

Winning the record ride
Lance Armstrong rode into history Sunday by winning his Tour de France for a seventh time.

Record winning astonishment

<table>
<thead>
<tr>
<th>Year</th>
<th>Rider</th>
<th>Time (h:mm:ss)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
<td>Armstrong</td>
<td>89:11:52</td>
</tr>
<tr>
<td>2002</td>
<td>Armstrong</td>
<td>89:51:39</td>
</tr>
<tr>
<td>2003</td>
<td>Armstrong</td>
<td>87:35:58</td>
</tr>
<tr>
<td>2004</td>
<td>Armstrong</td>
<td>89:11:52</td>
</tr>
<tr>
<td>2005</td>
<td>Armstrong</td>
<td>89:51:39</td>
</tr>
<tr>
<td>2006</td>
<td>Armstrong</td>
<td>87:35:58</td>
</tr>
</tbody>
</table>

The Champ-Eyes is honor of Lance Armstrong.

One last time, on the pedals against the backdrop of the Arc de Triomphe, the man survivor who became the greatest cyclist in Tour de France history slugged into the leader's coveted jersey Tuesday. This time, it was the winner's jersey, for an unprecedented seventh-consecutive year, for the world's most grueling race.

He held his poker-ace heart as the American author planted, and his twin 3-year-old daughters, Grace and Isabella, were mimicking yellow jerseys.

"You're in Tour Power!" Armstrong said.

"You're in Tour Power!"

Lance Armstrong upset the Champ-Eyes upset on his way to winning an unprecedented seventh-straight Tour de France on Sunday. After the race, Armstrong declared that he will retire.

Winning the record ride
Lance Armstrong rode into history Sunday by winning his Tour de France for a seventh time.

Record winning astonishment

<table>
<thead>
<tr>
<th>Year</th>
<th>Rider</th>
<th>Time (h:mm:ss)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
<td>Armstrong</td>
<td>89:11:52</td>
</tr>
<tr>
<td>2002</td>
<td>Armstrong</td>
<td>89:51:39</td>
</tr>
<tr>
<td>2003</td>
<td>Armstrong</td>
<td>87:35:58</td>
</tr>
<tr>
<td>2004</td>
<td>Armstrong</td>
<td>89:11:52</td>
</tr>
<tr>
<td>2005</td>
<td>Armstrong</td>
<td>89:51:39</td>
</tr>
<tr>
<td>2006</td>
<td>Armstrong</td>
<td>87:35:58</td>
</tr>
</tbody>
</table>