

THE DAILY IOWAN

Published by the Students of the State University of Iowa

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No. 79

ALL APPROVE ATHLETICS

PROFESSORS TELL OF BENEFITS FROM ATHLETICS

Few Injuries, Very Many Benefits, Say University Professors—Makes Heroes, Says Harriman

President MacLean's testimony to the fact that in eighteen years' connection with varsity football, he had known of no cases of injury and very many cases of benefit to those participating in football finds a concurrence in the experience of many members of the faculties of the university.

The IOWAN has obtained the following statements in this regard from professors and others who have watched athletics carefully:

MANY BENEFITED SAYS KNIPE

Dr. A. A. Knipe, physical director of athletics, in a dispatch to the IOWAN from New York city, says "In my experience with athletics, I have known of but one case of serious physical injury. I have known of very many who have been greatly benefited physically and morally by athletics.

OF GREAT BENEFIT—DEAN.

Dr. L. W. Dean, professor of physiology in the medical college, says: "Provided athletics are carefully supervised by a director who has a medical training, athletics are of great benefit to a student, physically and in every way in his future life. There is absolutely no doubt about this."

MORE SHOULD TAKE PART.

Dr. W. R. Whiteis, professor of histology in the medical college says: "Granted proper physical direction, I only wish we had more athletics, for all students without exception ought to take part in them. I say this after considerable experience in a professional way with the students of the university of Iowa. I know the great benefit participation in athletics is to them. Nowadays an athlete seldom contracts heart trouble, save in cases overtraining, which would not occur under proper physical direction. Athletics should be continued beyond normal. We need exercise every day. I never heard of too large lungs. Competition in athletics is a benefit, adding zest and adding to the mental powers. It does no harm whatever."

FOOTBALL MAKES HEROES—HARRIMAN

Dr. J. W. Harriman, professor of anatomy and director of the medical hospital, says: I am greatly in favor of athletics under proper provision. I noticed that the men who fell in Cuba were football men and fine athletes. Football had developed them and brought out their noble qualities. I think myself that a man who can play a varsity game of football would not feel at all queer in the front of the firing line in Cuba.

University athletics are a great incentive for students to keep their work up. It teaches them

loyalty to the university.

"There is nothing wrong in the spirit of competition. It is a benefit, in that it puts pleasure and incentive in the exercise.

'05's COTILLION

Sophomores Start the Class Parties of the Year With a Successful Dance

The pre-lental class party given by the sophomores last night was a happy event for everyone concerned. Although not as largely attended as class parties sometime are, yet as was said, it was just the right sized crowd.

The grand march led by Col. and Mrs. Burnett began at 10 o'clock and the dancing, consisting of twenty-four carefully selected numbers and several extras lasted until the small hours. Quite a large audience viewed the pleasing scene from the gallery.

The decorations, consisting of plain old gold and white bunting made a pleasing effect. The music by Meyers' orchestra of Cedar Rapids was good. Refreshments were served during the evening. Taking everything, decorations, music, refreshments and crowd the party was a success and a credit to the class of '05.

The committee who had the party in charge were: Leslie McAuliff, R. H. Finkbine, Max W. Emmert, B. B. Burnquist, I. I. Struble, G. A. Drake and R. J. Olinger.

The patronesses of the evening were the Mesdames George E. MacLean, T. H. Macbride, Preston Coast, George R. Burnett and Miss Gregory.

Notice

Next week being examination week the IOWAN will not be published. Heretofore under the term system, publication has been suspended during the week just preceding the Christmas recess but this year publication was continued up to the end of the term and the vacation will be taken at this time instead.

B. B. McPheeters Ph. '99 is in business in Harlan.

The engineering students enjoyed a dance in the Woodman hall Thursday night.

Clarence E. Wood, L. A. '95, is located at Pocatello, Idaho where he is engaged in running the Daily Tribune of that city.

Judge W. J. Haddock has been presented with a handsome oak desk and typewriter by his friends in the university as a testimonial of their esteem and affection and their appreciation of his faithful service to the university.

Professor I. A. Loos leaves early next week for Ann Arbor, Michigan, to attend the meeting of the Michigan Political Science Association including the Business Men's session which will be held in that city Wednesday, Thursday and Friday.

GILCHRIST WANTS A GYM

GYMNASIUM NEEDED FOR COLLEGE ATHLETICS

Many Faults Found With Present System of College Athletics—Wrong All Round, Pretty Nearly, Says Dr. J. G. Gilchrist

Dr. J. Gilchrist, in an address on "College Amateur Athletics," at the Baconian society last evening, found many things at fault with the present system. Dr. Gilchrist's suggestions for a remedy of present conditions were:

"A gymnasium is the first essential. But much of the apparatus found in the ordinary gymnasium is not only unnecessary but undesirable, as it leads to feats of competition and acrobatic performances that are physically hurtful, even dangerous.

"There must be a thoroughly competent director, who must be a man of medical training, especially along physiological lines. He must enjoy the authority of a professor or head of a department and must be a teacher of the methods to preserve the physical equilibrium of the body.

"The schedule of work should recognize first, the fundamental fact that healthful exercise is not work but must have a predominating element of pleasure. All students must take the work, none being excused. Each student must be carefully studied, individually examined, and given work of a kind and amount that will remedy or minimize a perfect defect. Physical development must be stopped when normality is reached. A distinction must be made between maintaining a normal and developing an imperfect function or part. There must be no competition and no acrobatic feats. Their must be pleasure through all."

THE INDICTMENT OF ATHLETICS

In his indictment against college athletics, Dr. Gilchrist said: "The college athlete of today is doomed to a premature death, he must fall behind in his studies or else work under such a strain that mental as well as physical ruin is imminent, his own moral character as well as that of his associates must suffer and the moral and intellectual tone of his college must be lowered or at least seriously imperiled," is part of the indictment which Dr. Gilchrist brings against college athletics. "If an individual amateur cannot receive money for services how can an amateur organized body do so.

College athletics are not amateur, Dr. Gilchrist holds, because of the period spent in training, the hiring of coaches and the taking of gate money at the game. Placing the athlete under the stern rule of the trainer, and the strict unvarying, diet, sleeping and living; the necessity the athlete is under of studying in the evenings which should be given to recreation, and the teachings

of the ways and tricks of the professional by the coach, are found objectional in the present system of training. Normal training is sufficient for the purposes of life. The body needs care but not abuse.

Dr. Gilchrist holds that the coeds are morally corrupted by athletics as well as the young men. He says, "We not only notice a serious moral decadence in the athlete himself but to an even greater degree in the whole student body, or a sufficient number to give character to the whole. They gradually acquire a careless dress, slangy and vulgar speech, coarseness of manners. This is bad enough in the case of young men, but then, as in coeducation colleges, the young women show similar characteristics, the aspect is deplorable. I have seen, and I doubt not other colleges can duplicate it, young men at the theatre, in the evening in the presence of ladies, in sweaters! seen them walking the streets in the same dress, with young women, and smoking a pipe!

"I have plenty of reason to and expect a change of the present college athletic methods," says Dr. Gilchrist. "Games of all kinds, football, tennis, baseball, some forms of track performances, rowing, swimming, and fencing can be made perfectly satisfactory if the element of competition can be removed. Let us have our field for games and sports of all kinds but let it be purely amateur, no striving for records, no contests with teams of other colleges, no exhibitions, no striving to excel in feats that none but a professional acrobat could ever find useful. And above all else, no coach, no trainer."

At the close of the paper it was spiritedly discussed by Prof. Smith and Nutting and Dr. Becker. Prof. Nutting attacked it as radical extreme and unnecessary. He argued against it as visionary and unpracticable, Prof. Smith took issue with Dr. Gilchrist on the moral effect, contending that athletics certainly raise the moral standard of both athlete and student body. He also rebutted Dr. Gilchrist's professional idea. Dr. Becker favored Dr. Gilchrist's way of looking at things contending that the training given athletes was harmful.

Spoke at Michigan

Professor Arthur L. Frothingham, Jr., who speaks in the general lecture room next Monday evening, delivered his lecture on "Roman Triumphant Arches" to a university of Michigan audience at Ann Arbor Wednesday evening.

Dr. Seashore Writes

Reprints in pamphlet from the Psychological Review for January have been received at the university of Prof. Seashore's paper on "A Sound Perimeter."

It occupies four octavo pages with a full page illustration of the apparatus, which was invented by the author.

THE DAILY IOWAN
SECOND YEAR. No. 79

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Iowa City, Iowa

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Calendar for the Week.

Jan. 31, Oratorical benefit, auditorium, 8:00 p. m.
Feb. 2 Monday 8 p. m. Prof. A. L. Frothingham, Jr., auditorium.
Feb. 6 Friday, semester ends.

It is to Laugh

Dr. Gilchrist's attack upon college athletics at the Baconian society last evening finds its weightiest charge in the fact that we have no gymnasium. That this is a great deficiency, has been recognized by nearly every one connected with the university, save possibly a few worshippers of the sacred musk-ox, for some time. The gymnasium is wished that all students may receive the benefits of athletic training and until we have it, the work that should be done is necessarily incomplete. The university has been trying to do its best until it does have a gymnasium, by offering advantages in trying for the various team and in gymnastic work for the coeds. Physicians have testified to the good that this partial work is doing the students who take it, and while it is, of course, not all it should be, in the absence of a university gymnasium, there is every reason to do the best we can with what we have to do with.

The rest of Dr. Gilchrist's paper is an anomaly. Either it was written to make out a full charge against everything connected with

athletics, since the author started with some deficiencies noted because of the lack of a gymnasium and a completed scheme of physical training, or it is a joke. If Dr. Gilchrist wrote the paper in earnest, it is remarkable in showing how blind those can be who have advantages for seeing. With the plain advantages, physically, intellectually and morally, which have come from athletics to Iowa students in the score of years Dr. Gilchrist has been here, it is strange he should not have seen the good and rejoiced in it

The charges of physical injury in athletics are those that might be made against athletics without proper supervision, but not those that are warranted by present day athletics. Dr. Gilchrist fails to note that many students have been compelled to keep their studies up to a high grade by the conference rules, so much so that it has been said that the athletes are the only students required to be scholars. Athletes acquire the habit of using their time better than students who do not spend an hour or so a day in exercise. Dr. Gilchrist is probably the one physician in a thousand who would see physical harm in the carefully supervised cross-country run last fall. That the men dropped out when tired should be approved instead of cited as an evidence of its harmfulness.

The moral indictment brought by Dr. Gilchrist is something fearful. Sweaters are worn! Awful moral corruption! It makes us laugh.

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At Other Colleges

Professor Samuel Calvin of the department of geology, was elected vice-president of the American Geological Association at its late meeting.

Solid and spherical geometry have been dropped from the list of subjects required for graduation from the College of Literature and Art at Illinois.

Dr. D.—"Mr. B—, go into Dr. W—'s room and get some chairs."

Mr. B— (returning)—"Dr., they're all full in there."

Dr. D—(surprised)—"They are!"

Mr. B— "I mean the chairs are full."

Amusements

Harry Tracy, the famous Oregon outlaw, was sentenced to prison for robbing an express car, and that robbery is one of the features of the new comedy melodrama, that will be the attraction at the opera house next Monday, February 2.

Those who saw Miss Adelaide Thurston when she played Lady Babbie in "The Little Minister" several seasons ago, and last year in "Sweet Clover," will remember what a pretty and clever little actress she was. Mr. Col-dren has arranged with her and her fine company to appear here soon in "A Cozy Corner" which has been making a big hit everywhere they have appeared,

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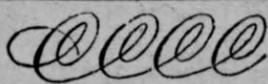
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Official Bulletin

Students in the College of liberal arts are earnestly advised to attend at once to the registration for the second semester as provided for by the Registrar. See her notice.

At the time of registration seniors should see to it that all conditions for graduation are met or settled except those covered by the next semester's program.

The Classification committee will hold its last meeting of the semester for the consideration of petitions as to programs for the next semester at 4:00 p. m., Tuesday, February 3rd. After that day petitions are not entitled to favorable consideration except in cases of unavoidable delay or of conditions not previously known.

AMOS N. CURRIER.

Monday at 8 p. m. Prof. A. L. Frothingham Jr., will Princeton University, of lecture before the Archaeological Society in G.L. room on "Roman Triumphal Arches, especially the arch of Beneventum." Open to members of the university and their friends.

Phi Rho Sigma held an informal smoker Thursday evening at their halls on Clinton St.

The Middletonians enjoyed a very pleasing program Thursday night. Vocal solo by F. Bailly and piano solo by Miss Evans were the musical features of the program.

Dr. J. F. Brown, of the university is out on a high school inspecting tour in the western part of the state. Sioux City is his base of operations. He will be gone two weeks.

D. H. Fitzpatrick is suffering from a painful injury to his knee cap resulting from striking, it against the edge of the stage in his elation over the Irving victory last Friday night.

Students of the university of Minnesota will give "a circus" in the gymnasium.

The Wisconsin board of athletic control has decided to grant diplomas with every "W" sweater in the future stating how the "W" was earned.

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